

Mental Wellness Quotient

Description-

It has been proven, that wellbeing, positive emotions and engagement can be taught to school children.

By teaching happiness, we can teach children to discover and build strengths and to boost their optimism. There can be several aspects of schooling that contribute to the happiness quotient of children/teachers/parents, such as, more activity-based learning than routine chalk and board one, reliably safe school, clean toilets, cheerful classrooms and surroundings, teachers who treat each other and children with respect and dignity, school that does well in many in diverse areas, school where parents are involved in some manner in the delivery of qualitative education, etc. The idea is to develop the parameters/indicators that go into making a school a happy school, and develop an web app for self-assessment.

Tech Stack - MERN

Architecture

