

Project READ  
Literacy Network

- Assessment Services
- College Preparatory Programs
- Employment Services
- Employment Ontario
- English as a Second Language (ESL)
- Family Literacy
- High School Credits
- Language Instruction for Newcomers to Canada (LINC)
- Literacy & Basic Skills Programs
- Online Learning

# 2025 Edition

A Publication of  
Project READ  
Literacy Network  
Waterloo—Wellington

# The Directory of Programs

Canada

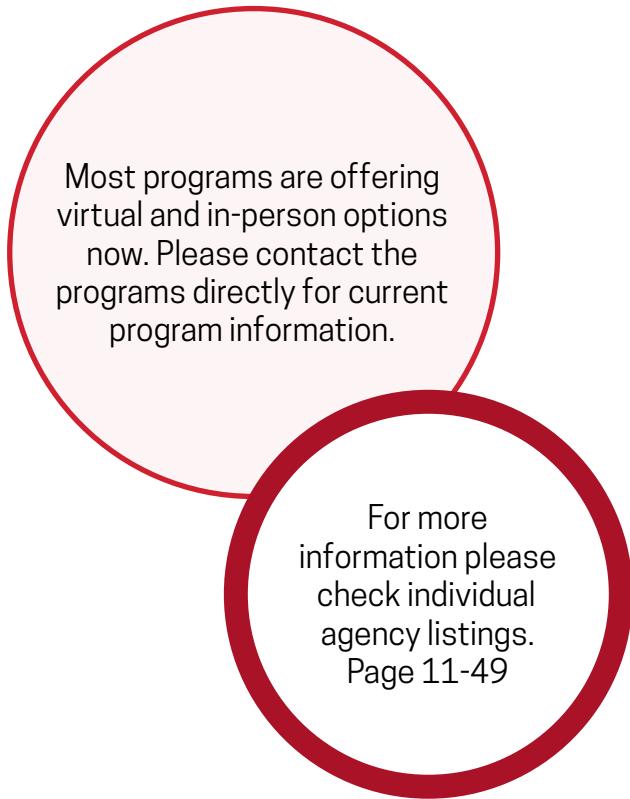
EMPLOYMENT  
ONTARIO

Ontario

The Employment Ontario programs & services are funded in part by the Government of Canada and the Government of Ontario and through the Canada-Ontario Job Fund Agreement.

## **Project READ Literacy Network**

presents this booklet in partnership with its associate organizations.



## **What is Project READ?**

### Mission:

Our mission is to ensure any adult or family in Waterloo Wellington has access to essential skills training and support services.

### We provide:

- **Clear Language Revisions**
- **Soft Skills Solutions Workshops**
- **Bridges Out of Poverty Workshops**
- **Assessments of Literacy and Skills for Success**
- **Family Literacy Programs**
- **Education and Training Referrals**
- **Literacy Service Planning**
- **Professional Development for Educators and Trainers**
- **Research and Development Projects**



(519) 570-3054

Email—[info@projectread.ca](mailto:info@projectread.ca)

Visit our website—[www.projectread.ca](http://www.projectread.ca)

**This booklet can be downloaded from our website for free.**



## **Who is this booklet for?**

It is for any adult who wants to find a training or employment program. It's never too late to return to school, upgrade your skills or search for a better job.

## **What is inside?**

You will find listings of Skills for Success, employment, language and training programs for adults living in the Waterloo and Wellington Region. Most programs are free and they are part of Employment Ontario. Many programs run day and evening, all year round.

- **Literacy & Basic Skills Training**
- **High School Credit Courses**
- **College Upgrading and Equivalency Courses**
- **Employment Services**
- **Family Literacy**
- **Library Programs**
- **English as a Second Language ESL**
- **Online Learning**

## **11-24**

### **→CAMBRIDGE**

**Conestoga College .....** 12

upgrading@conestogac.on.ca

**ESU: Essential Skills Upgrading .....** 13

(519) 885-4356 ext. 5224

**The Literacy Group  
of Waterloo Region .....** 14, 15

Adult Literacy

(519) 743-6090

Modular Program

(519) 743-6090 ext. 325

**Project READ Literacy Network .....** 16

(519) 570-3054

**St Louis Adult Learning  
& Continuing Education Centre .....** 22

Hair/Culinary—(519) 745-1201 ext. 201

PSW—(519) 745-1201 ext. 288

### **→GUELPH**

**Action Read  
Community Literacy Centre of Guelph....** 11

Office—(519) 836-2759

Work cell—(519) 731-7829

**Conestoga College .....** 12

upgrading@conestogac.on.ca

**Skills Upgrading Program .....** 17

(519) 836-7280 ext. 624

Student Services

(519) 836-7280 ext. 627



## →KITCHENER/WATERLOO

**Conestoga College .....** 12

upgrading@conestogac.on.ca

**ESU: Essential Skills Upgrading .....** 13

(519) 885-4356 ext. 5224

**ESU4i: Essential Skills Upgrading  
for Independence.....** 14

(519) 885-4356 ext. 5224

**The Literacy Group  
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Adult Literacy

(519) 743-6090

Modular Program

(519) 743-6090 ext. 325

**Project READ Literacy Network .....** 16

(519) 570-3054

**St Louis Adult Learning  
& Continuing Education Centre ..** 18, 20, 22

Adult Secondary School Credit

stlouis@wcdsb.ca

Core Essentials Upgrading

(519) 745-1201 ext. 238

School-to-Work Skills Training Programs

Hair/Culinary—(519) 745-1201 ext. 201

PSW—(519) 745-1201 ext. 288

## →RURAL WATERLOO REGION

**The Literacy Group  
of Waterloo Region .....** 14, 15

Adult Literacy

(519) 743-6090

Modular Program

(519) 743-6090 ext. 325

## →RURAL WELLINGTON REGION

**Skills Upgrading Program .....** 17

(519) 836-7280 ext. 624

**Wellington County Learning Centre .....** 24

(519) 848-3462



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### →CAMBRIDGE

- Cambridge Career Connections  
EmployNext Services ..... 27  
(519) 622-0815 ext. 223
- Kinbridge Community Association ..... 29  
(519) 496-5886
- Starling Community Services  
(Lutherwood) ..... 32  
(519) 623-9380
- Region of Waterloo ..... 34  
(519) 883-2101 ext. 5656
- YMCA of Three Rivers ..... 35  
(226) 989-3381

### →GUELPH

- 2<sup>nd</sup> Chance Employment Counselling . 25, 26  
(519) 823-2440
- Starling Community Services  
(Lutherwood) ..... 32, 33  
(519) 822-4141



## →KITCHENER/WATERLOO

**Conestoga Community Career Centre....28**

(519) 885-0300 ext. 5226

**KW Habilitation ..... 29, 30, 31**

Community and Employment Supports

(519) 744-6307 ext. 1213

KW Career Compass

(519) 744-6307 ext. 1252

LEG Up!

(519) 208-2225

YEP (Youth Exploring Possibilities)

(519) 744-6307 ext. 1213

**Starling Community Services  
(Lutherwood).....32**

Kitchener—(519) 743-2460

**Region of Waterloo ..... 34**

(519) 883-2101 ext. 5656

**YMCA of Three Rivers.....35**

(519) 504-2723

## →RURAL WATERLOO REGION

**Cambridge Career Connections**

**EmployNext Services.....27**

(519) 622-0815 ext. 223

**Conestoga Community Career Centre....28**

(519) 885-0300 ext. 5226



## →RURAL WELLINGTON REGION

**2<sup>nd</sup> Chance Employment Counselling . 25, 26**

(519) 823-2440

**Conestoga Community Career Centre.... 28**

(519) 885-0300 ext. 5226

**Starling Community Services**

**(Lutherwood)..... 33**

(519) 822-4141

## →VIRTUAL

**March of Dimes Canada**

**- SkillingUp Program ..... 34**

skillingup@marchofdimes.ca



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### →CAMBRIDGE

**Project Read Literacy Network .....** 37  
 (519) 570-3054

### →GUELPH

**Action Read  
 Community Literacy Centre of Guelph....** 36  
 (519) 836-2759

### →KITCHENER/WATERLOO

**Project Read Literacy Network .....** 37  
 (519) 570-3054

## **38-42**

### →CAMBRIDGE

**Cambridge Public Library.....** 38  
 Queen's Square—(519) 621-0460  
 Clemens Mill—(519) 740-6294  
 Hespeler—(519) 658-4412  
 Preston—(519) 653-3632  
 Old Post Office—(226) 533-2767

### →KITCHENER/WATERLOO

**Kitchener Public Library.....** 40, 41  
 (519) 743-0271 ext. 296

**Waterloo Public Library .....** 42  
 (519) 886-1310



## **43-46**

### →CAMBRIDGE

YMCA of Three Rivers ..... 46  
 (519) 621-1621

### →GUELPH

Upper Grand District School Board  
 (UGDSB) ..... 45  
 (519) 836-7280 ext. 624

### →KITCHENER/WATERLOO

St Louis Adult Learning  
 & Continuing Education Centre ..... 43  
 (519) 745-1201  
 ESL—ext. 229  
 LINC—ext. 400

YMCA of Three Rivers ..... 46  
 (519) 579-9622 ext. 6125

### →RURAL WELLINGTON REGION

Upper Grand District School Board  
 (UGDSB) ..... 45  
 (519) 836-7280 ext. 624

### →STRATFORD-PERTH

YMCA of Three Rivers ..... 46  
 (519) 621-1621

## **47-49**

### →ALL OF ONTARIO

ACE Distance Delivery ..... 47

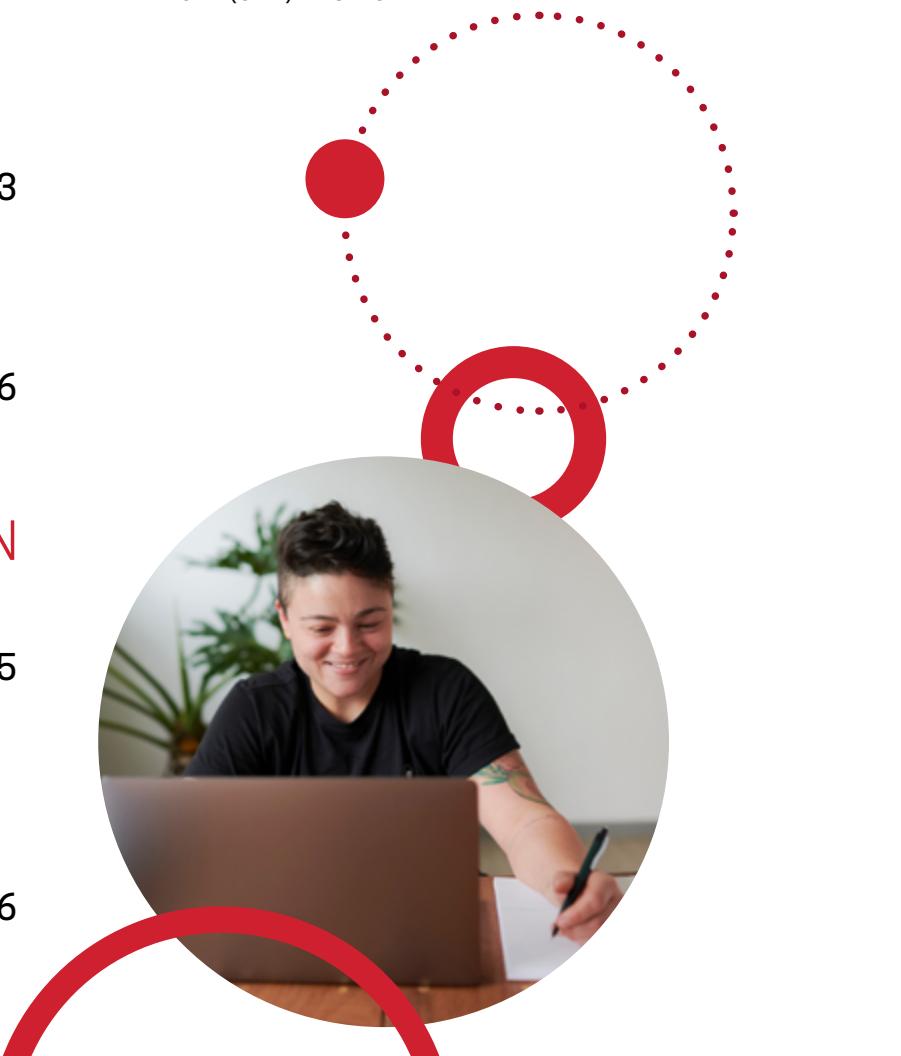
info@cscau.com

Good Learning Anywhere ..... 48

info@siouxhudsonliteracy.com  
 1-866-550-0697, Option 1

The Learning HUB ..... 49

info.learninghub@ed.amdsb.ca  
 or 1 (844) 470-7877



## Literacy & Upgrading

### Action Read Community Literacy Centre of Guelph

Adult Literacy Program

→GUELPH

[www.actionread.com](http://www.actionread.com)

**What:** A wide range of free adult learning programs for employment, independence, and education and training:

- 1 to 1 tutoring and small groups to improve reading, writing, spelling, and basic math.
- Pre-employment skills preparation to help learners obtain and keep jobs. Programs include cash register training, food handlers certification, receptionist training, light duty cleaner training, working in retail, communications training & others.
- Preparation for high school equivalency.
- Northstar Digital Literacy certification and advanced Microsoft computer courses.
- Learning assessment, training plan development, short term groups and workshops.
- Mobile computer lab to provide computer training offsite.

- Information and referral to other programs and services.
- Assist adults with learning disabilities.
- Wheelchair accessible.
- Childcare and transportation subsidy available.

**Who:** Adults (19+ years)

- When:**
- Mondays at 9:30am–8:30pm
  - Tuesdays at 9:30am–4:30pm
  - Wednesdays at 9:30am–4:30pm,  
5:30pm–8:30pm
  - Thursdays at 9:30am–4:30pm
  - Fridays at 9:30am–1:30pm

**Where:** Guelph—8 Cork Street East

We also offer remote 1 to 1 tutoring via Zoom

**Ask For:** Joanne Morant—Adult Program  
(519) 836-2759 (office)  
or (519) 731-7829 (work cell)  
[artutor@on.aibn.com](mailto:artutor@on.aibn.com)  
or [actionread@gmail.com](mailto:actionread@gmail.com)

# Conestoga College

Academic Upgrading

→CAMBRIDGE, GUELPH, WATERLOO

[www.conestogac.on.ca/caa/upgrading](http://www.conestogac.on.ca/caa/upgrading)

**What:**

- College Bound: individualized support to explore the possibilities of attending college
- Tuition free courses in Math, English, Biology, Chemistry, Computers
- Targeted academic preparation up to grade 12 equivalency for admission into college post secondary programs including apprenticeship training
- Developing Essential Skills for the workplace
- Preparation for high school equivalency
- Childcare, transportation, and internet subsidy for eligible learners
- Continuous intake, self-paced learning, self-directed with teacher support

**Who:** Adults (19+ years) with or without a grade 12 diploma (age exceptions may apply)

Students must have a Canadian Language Benchmark level 6 on all areas (documentation required)

**When:** All classes are being delivered online with in person support for select courses. Please connect with our intake team for more details at [upgrading@conestogac.on.ca](mailto:upgrading@conestogac.on.ca)

Self-directed study: Work at your own pace through the materials with an Instructor available in class to support you. Students can start anytime as part of our continuous intake

Teacher-led options: An Instructor teaches the class with all students starting and ending at the same time. Teacher-led classes are 15 weeks in length and students must attend all classes

**Where:** Cambridge—150 Main Street, Suite 402

Guelph—460 Speedvale Avenue West

Waterloo—108 University Avenue East

**Ask For:** Information on Academic Upgrading ACE or Preparatory Programs:

[upgrading@conestogac.on.ca](mailto:upgrading@conestogac.on.ca)

or [www.conestogac.on.ca/caa/upgrading](http://www.conestogac.on.ca/caa/upgrading)



# ESU: Essential Skills Upgrading

Waterloo Region District School Board (WRDSB)

→CAMBRIDGE, KITCHENER, WATERLOO

[schools.wrdsb.ca/esu](http://schools.wrdsb.ca/esu)

- What:**
- Free upgrading for reading, writing, math, and digital skills
  - Upgrading to:
    - earn Ontario High School Equivalency by writing the new CAEC test – the GED replacement
    - prepare for college entrance with or without an OSSD – via upgrading courses
    - prepare for finding work or for making changes at work
  - Training plans customized to meet your unique needs
  - Learn at your own speed
  - Start at any time
  - Respectful and encouraging adult environment
  - Free bus pass (if eligible)

**Who:** Adults (18+ years)

English Speaking and Listening requirement:  
ESU is not an ESL or LINC program. The level of speaking and listening skills will be determined at assessment, or may involve a Language Assessment. For reference, Speaking and Listening should be roughly equivalent to CLB6

Some restrictions for people with  
900 series SIN

**When:** Start any time from September – June (continuous intake)

ESU-Cambridge and ESU-KW

Monday – Thursday at 9:00am–12:00pm

Monday – Thursday at 12:30pm–3:30pm

ESU-Night School

Tuesday and Thursday at 6:00pm–8:30pm

**Where:** Morning and Afternoon Classes:

Cambridge—ESU-Cambridge

60 McDonald Avenue

Waterloo—ESU-KW

151 Weber Street South

Evening Classes:

Kitchener—ESU-Night School

72 Wilson Avenue

(Kingsdale Community Centre)

**Ask For:** Anna Boroznyets, Coordinator

(519) 885-4356 ext. 5224

[esu@wrdsb.ca](mailto:esu@wrdsb.ca)

or online contact form: [schools.wrdsb.ca/esu/locations-and-contacts/](http://schools.wrdsb.ca/esu/locations-and-contacts/)



## **ESU4i: Essential Skills Upgrading for Independence**

Waterloo Region District School Board (WRDSB)

→WATERLOO

[www.wrdsb.ca/esu/esu4i](http://www.wrdsb.ca/esu/esu4i)

- What:**
- Free learning program for adults with developmental disabilities
  - Upgrading of reading, writing, math, and digital skills
  - Upgrading to prepare for further training, employment or independence
  - Group setting
  - Can be customized for individual needs

**Who:** Adults (18+ years)

**When:** Friday at 9:00am–11:00am

**Where:** Waterloo—151 Weber Street South

**Ask For:** Anna Boroznyets—Coordinator  
(519) 885-4356 ext. 5224

[esu@wrdsb.ca](mailto:esu@wrdsb.ca)

or online contact form: [schools.wrdsb.ca/  
esu/locations-and-contacts/](http://schools.wrdsb.ca/esu/locations-and-contacts/)



## **The Literacy Group of Waterloo Region**

The Literacy Group

→CAMBRIDGE, KITCHENER, RURAL WATERLOO REGION,  
WATERLOO

[www.theliteracygroup.com](http://www.theliteracygroup.com)

- What:** Learner centred 1 to 1 tutoring & small group instruction in reading, writing, math, computers & workplace essential skills
- Programs provided online and in person.  
Contact us for more information.

**Who:** Adults (17+ years)

**When:** Cambridge

Monday – Thursday at 9:00am–9:00pm  
Friday at 9:00am–4:00pm

Kitchener

Monday – Thursday at 9:00am–9:00pm  
Friday at 9:00am–4:00pm

Rural Sites: Phone for times

**Where:** Cambridge—40 Ainslie Street South

Kitchener—300 Victoria Street North, Unit 8

Contact us for full site information

**Ask For:** Any staff member will be able to assist.

(519) 743-6090

or [info@tlgwr.ca](mailto:info@tlgwr.ca)

Twitter—@TLGwr

Facebook—@theliteracygroup1

Instagram—@tlgwr

## The Literacy Group of Waterloo Region

Modular Programs

→CAMBRIDGE, KITCHENER, RURAL WATERLOO REGION,  
WATERLOO

[www.theliteracygroup.com](http://www.theliteracygroup.com)

**What:** The Literacy Group provides small group, customized modular-based training for clients looking for short-term skills and literacy upgrading. Training topics range from Workplace Soft Skills, Customer Service and POS Cashier Training, Basic Computer Training, Grammar, Writing and more. Contact us for more details or visit our website to find out about our current programs and training opportunities.

Programs provided online and in person.  
Contact us for more information.

**Who:** Adults (17+ years)

**When:** Cambridge

Monday – Thursday at 9:00am–9:00pm  
Friday at 9:00am–4:00pm

Kitchener

Monday – Thursday at 9:00am–9:00pm  
Friday at 9:00am–4:00pm

Rural Sites: Phone for times

**Where:** Cambridge—40 Ainslie Street South

Kitchener—300 Victoria Street North, Unit 8

Contact us for full site information

**Ask For:** Laurie Mazur, Modular Program Coordinator

[laurie@theliteracygroup.com](mailto:laurie@theliteracygroup.com)

(519) 743-6090 ext. 325

Twitter—[@TLGwr](#)

Facebook—[@theliteracygroup1](#)

Instagram—[@tlgwr](#)



# Project READ Literacy Network

Assessments & Services

→CAMBRIDGE, KITCHENER, WATERLOO

[www.projectread.ca](http://www.projectread.ca)

## **What:** Educational Assessments:

- identify your skill levels in reading, writing and math
- provide a report that includes details about your current skill levels
- can be used to support Ontario Disability Support Program (ODSP) applications
- provide a referral to the best local program to meet your goals

## Better Jobs Ontario (BJO) Assessments:

- identify your skill levels in each of Canada's **Skills for Success** areas
- compare your skill levels now with the skill levels needed for your employment goal
- identify your training needs based on your employment goals
- provide a report that includes a step by step training plan for all of your skills upgrading & training needs
- can be used to support Better Jobs Ontario (BJO) applications
- provide referrals to the best local programs to meet your goals

## Services for Businesses

### & Non-Profit Organizations:

- Clear Writing services
- Bridges out of Poverty training
- Soft Skills Solutions certification training

All business & non-profit services are available for a fee.  
Contact us for an estimate.

**Who:** Adults (18+ years)

- When:**
- Assessments by appointment
  - Business or Non-Profit services upon request

- Where:**
- Cambridge, Kitchener and Waterloo
  - Assessments available in person or online
  - Employment Resource Centres, LBS program sites, or Ontario Works offices

**Ask For:** Assessment information,  
Business or Non-Profit services  
(519) 570-3054 or [info@projectread.ca](mailto:info@projectread.ca)



## **Skills Upgrading Program**

Upper Grand District School Board (UGDSB)  
→ GUELPH, FERGUS, MOUNT FOREST  
[www.ugdsb.ca/o/cep/page/skills-upgrading-program](http://www.ugdsb.ca/o/cep/page/skills-upgrading-program)

- What:**
- Skills upgrading in reading, writing, mathematics and digital skills
  - Preparing for high school diploma, college or high school equivalency
  - Improving Essential Skills for employment
  - Individualized learning plans and flexible hours

**Who:** Adults (18+ years) who are not currently registered in a high school.

English as a Second Language Learners with speaking, listening, reading and writing skills at a CLB 5

**When:** Continuous intake from September – June  
Monday – Thursday programming with day and evening times. Call to confirm times.

**Where:** Guelph—Wellington Centre for Continuing Education  
1428 Gordon Street

Guelph—Tytler Centre for Continuing Education  
131 Ontario Street, 3<sup>rd</sup> Floor

Fergus—Skyline Community Hub  
Centre Wellington Big Brothers,  
900 Tower Street South

Mount Forest—North Wellington Continuing Education  
405-B Sligo Road East

**Ask For:** Skills Upgrading Program Manager  
[skillsupgradingprogram@ugconed.ca](mailto:skillsupgradingprogram@ugconed.ca)  
(519) 836-7280 ext. 624

## **Skills Upgrading Program**

Upper Grand District School Board (UGDSB)  
Adult Day Credit Program  
→ GUELPH  
[www.ugdsb.ca/o/cep](http://www.ugdsb.ca/o/cep)

- What:**
- Grade 11 and 12, Senior Credit Courses in English, Mathematics, Chemistry and Biology at the workplace, college and university levels
  - Courses are offered on a rotational basis following a 6 week schedule.

**Who:** Adults (18+ years) who are not currently registered in a high school.

English as a Second Language Learners with speaking, listening, reading and writing skills at a CLB 7

**When:** Monday – Friday at 9:00am to 12:00pm (September – June)  
6 week sessions with mandatory attendance

**Where:** Guelph—Wellington Centre for Continuing Education  
1428 Gordon Street

**Ask For:** Student Services  
(519) 836-7280 ext. 627



# St Louis Adult Learning & Continuing Education Centre

Waterloo Catholic District School Board (WCDSB)  
Adult Secondary School Credit  
→KITCHENER, WATERLOO REGION  
[stlouis.wcdsb.ca](http://stlouis.wcdsb.ca)

- What:**
- There are 9 ways to earn Secondary School Credits at St. Louis. Up to 60 Secondary school credit courses available for various grade levels
  - Guidance Services is the first step to registering for ANY secondary school credit course for upgrading, post-secondary pre-requisites or completing high school diploma (OSSD)
  - Day class instruction for Grades 10-12 (Part-time or full-time) offered through in-person, dedicated class times
  - Language Credit classes (Gr. 9-12) offered once per week from Sept to June. Six languages to choose from
  - Prior Learning Assessment & Recognition (PLAR) for mature students to earn secondary school credits based on previous work and life experience. Earn up to 26 credits through meetings and short tests with Guidance

- Credits@Work—earn co-op credits while working (+20 hour Online or handout component). Every hour worked counts toward each hour needed to complete a secondary school credit. First credit is 90 hours + 20 hours to complete Student Co-op Learning Plan. Each credit afterward is 110 hours
- Correspondence, online, earn credits on your own schedule (20 lessons total at 2 lessons per week). Free student support available for Correspondence students
- No fees for Day Classes, Language Credit classes, PLAR, Summer or Credits@ Work. Correspondence requires a \$60 fee per course. School-to-Work courses and programs have materials fees.

**Who:** Adults (18+ years)

Students (16+ years) not attending school full time. For correspondence and Credits@ Work options only. Additional fees apply for full-time high school students.

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**When:**

Guidance Services:

- Complete online Guidance Intake Form to arrange Guidance Services
- September – June
- Monday – Friday at 8:30am–4:00pm

Day Class Instruction:

- Kitchener Main Campus only
- September – June
- 5 terms a year (7-week terms) starting Sept, Nov, Jan, March and May, plus Summer School class in July only
- Monday – Friday at 8:45am–11:45am and/or 12:30pm–3:30pm

Language Credit Class Instruction:

- St. Louis Kitchener Main Campus, Resurrection & St. Benedict Catholic Secondary Schools
- September – June
- Monday 5:30pm–9:00pm (Portuguese), Wednesday at 5:30pm–9:00pm (various), Saturday at 9:30am–1:00pm (Chinese)

Correspondence / Self-Directed Study:

- Kitchener Main Campus
- Monday – Thursday (no Fridays)
- Registration and student support booking information may be found on [stlouis.wcdsb.ca](http://stlouis.wcdsb.ca)

Prior Learning and Recognition (PLAR):

- Continuous registration and ongoing programming. See Guidance

Credits@Work:

- Continuous registration and ongoing programming. See Guidance
- Program runs 20 hours online and remainder of time at place of employment

Summer School:

- July 2-28, 2025, Monday – Friday at 8:30am–3:00pm (online or in-person to be determined)

Registration:

- Must complete online Guidance Intake Form (Monday to Friday) to enroll. Transcript or credit counselling summary from last high school required.
- Secondary School Credit Day Class registration generally starts 3 weeks before the start of each term. New term every 2 months.
- Correspondence, Credits@Work and PLAR registration ongoing during Guidance hours of operation
- Summer School and Language Credit registration begins in February

**Where:** St. Louis—Kitchener Main Campus

OR local WCDSB secondary school  
(to be determined)

**Ask For:** [stlouis@wcdsb.ca](mailto:stlouis@wcdsb.ca) or complete

Guidance Intake Form found on website

# St Louis Adult Learning & Continuing Education Centre

Waterloo Catholic District School Board (WCDSB)

Core Essentials Upgrading

→ KITCHENER

[stlouis.wcdsb.ca](http://stlouis.wcdsb.ca)

**What:** Core Essentials is a FREE Student Success Program helping students get from where they are to where they want to be. Offered in-person, online, or through a supported remote format. Core provides extra support while pursuing academic goals or Digital literacy skills.

## Students who take Core Essentials:

- Prepare for next steps such as: Secondary School Credit courses, employment, or volunteer work
- Prepare for PLAR (Prior Learning Assessment & Recognition) and School-to-Work Skills Training
- Discover academic strengths and any potential areas of growth
- Build confidence in reading, writing, numeracy, digital skills, problem solving, communication, creativity and innovation, collaboration, and study skills
- Prepare a pathway to achieve long-term goals and short-term academic goals

## Core Essentials offers:

- Comfortable in-person and online classroom environments
- Flexible daytime hours of study
- Instruction tailored to your goals
- Certified adult instructors who will guide and prepare you, respect your needs and eagerly help you learn
- Support through Independent Remote Learning (if preferred)
- Upgrading to prepare for many credit classes, including English and Math

**Who:** Adults (19+ years)

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**When:** Core Essentials:

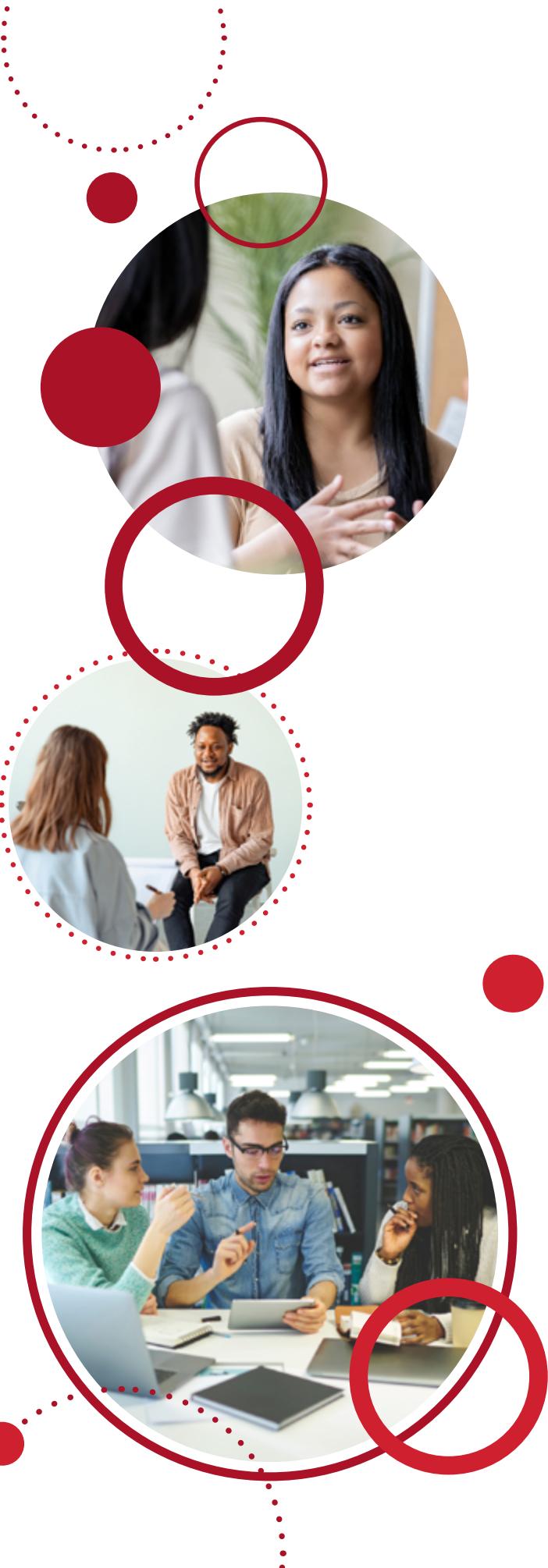
- September – June
- In-person classes: Monday – Thursday at 8:45am–11:45am and/or 12:30pm–3:00pm
- Synchronous: Monday – Thursday at 9:15am–11:45am and/or 12:45pm–3:15pm
- Remote: Monday – Thursday at 12:30pm–3:30pm
- Student Support (including Digital Essentials): Monday – Thursday 8:45am–11:45am and Tuesday – Wednesday 11:45am–7:45pm

PSW Essentials (for students wishing to enrol in St. Louis PSW Program):

- September – June
  - Supported Remote: Monday – Thursday at 9:15am–4:00pm\*
- (\* hours may change on PSW intake weeks or during workshops)

**Where:** St. Louis—Kitchener Main Campus  
80 Young Street (behind Kitchener City Hall)

**Ask For:** Core Essentials Program to book an interview with an intake coordinator  
(519) 745-1201 ext. 238  
or [stlouis@wcdsb.ca](mailto:stlouis@wcdsb.ca)



# St Louis Adult Learning & Continuing Education Centre

Waterloo Catholic District School Board (WCDSB)  
School-to-Work Skills Training Programs  
→CAMBRIDGE, KITCHENER  
[stlouis.wcdsb.ca](http://stlouis.wcdsb.ca)

- What:**
- Personal Support Worker Certificate Program (PSW) full-time and part-time programs (Kitchener, Waterloo and Cambridge)
  - Culinary Arts & Hospitality courses or Training Program (Kitchener only)
  - Hairstyling & Barber Training Program (Kitchener only)
  - All programs offer in-class instruction, experiential hands-on learning, secondary school elective credits and have minimum 220-hour co-op / work placements
  - Tuition is paid by Ministry of Education funding, additional non-refundable materials fees may apply (\$100 per Culinary course, \$2000/yr for Hairstyling/ Barber Training, PSW Certificate training free until March 2026).

Fees are subject to change

- Who:**
- All School-to-Work programs
  - Adults (18+ years)
- Instructors are Certified Teachers or Registered Nurses (PSW). All have a minimum of 5 years industry experience.

**When:** Full-time day, in-class instruction for all programs, class times vary, plus two-month work placement.

## Culinary Arts:

- New courses offered every 2 months Monday – Friday at 8:45am–11:45am and/or 12:30pm–3:30pm
- September – June. No classes in summer. Co-op available

## Hairstyling & Barbering:

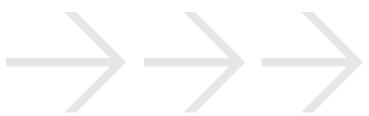
- Full-time, Monday – Friday at 8:45am–3:30pm.
- Start dates in September, November and March.
- Co-op placement times vary

## PSW:

- Full-time Day: Monday – Friday at 8:45am–3:30pm
- Part-time Day: Tuesday – Thursday at 8:45am–3:30pm
- Part-time Evening: Tuesday – Thursday and one Monday per month, at 4:30pm–9:30pm
- Start dates in September, January and February
- Work placement times vary

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#### Registration:

Intake / Registration sessions for Hair & PSW offered throughout the year. See [stlouis.wcdsb.ca](http://stlouis.wcdsb.ca) for details.

Registration for Culinary & Hospitality courses is offered at the same times as Secondary School Credit registration – 5 terms per year. Visit [stlouis.wcdsb.ca](http://stlouis.wcdsb.ca) for upcoming dates and registration processes.

#### **Where:** Culinary, Hair, PSW

- St. Louis—Kitchener Main Campus  
80 Young Street  
(behind Kitchener City Hall)

#### PSW Part-Time Day Program

- September only
- Follows a “Living Classroom” learning model
- St. Louis—Fairview Seniors Community Cambridge—515 Langs Drive

#### PSW Full-Time Day Program

- September and January
- Follows a “Living Classroom” learning model
- St. Louis—Parkwood Seniors Community Waterloo—726-730 New Hampshire Street

#### **Ask For:** Information about the specific program

[stlouis@wcdsb.ca](mailto:stlouis@wcdsb.ca) or  
(519) 745-1201 ext. 201 (Hair/Culinary)  
(519) 745-1201 ext. 288 (PSW)



# Wellington County Learning Centre

Wellington County Learning Centre

→RURAL WELLINGTON

[www.thewclc.ca](http://www.thewclc.ca)

- What:**
- Digital Literacy
  - Preparation for high school equivalency – call for interview and assessment
  - Just For Youth after school 1 to 1 tutoring program
  - Literacy and numeracy assessments
  - Math or reading groups for children 6 to 12 years old
  - Let's Get Real – research and development on education/career options for young adults not in school
  - Safe Food Handling
  - Financial Literacy
  - Smart Serve and Customer Service
  - Literacy, numeracy and basic skills, employability skills programming

**Who:** Youth (6–24 years)

Adults (18–99 years)

- When:**
- Call the Learning Centre for dates and times of programs.
  - Office Hours: Monday – Thursday at 9:00am–4:00pm
  - Friday at 9:00am–12:00pm via appointment

**Where:** Arthur—148 George Street

Transportation can be arranged for those who require to and from the office in Arthur.

**Ask For:** Stephanie Roeder  
(519) 848-3462 or [literacy@thewclc.ca](mailto:literacy@thewclc.ca)



## Employment Training & Information

### 2<sup>nd</sup> Chance Employment Counselling

Employment Ontario

→GUELPH, FERGUS, RURAL WELLINGTON

[www.2ndchance.ca](http://www.2ndchance.ca)

- What:**
- Employment Resource Centre
  - Job Boards
  - Access to computers, internet, photocopying
  - Access to training programs
  - 1 to 1 Assistance
  - Training incentives for businesses

**Who:** Job Seekers

**When:** Fergus

Monday – Friday at 8:30am–4:00pm

Guelph—Norfolk Location

Monday – Friday at 8:30am–4:00pm

Guelph—Youth Resource Centre,  
Stone Road Mall

Monday – Closed

Tuesday and Thursday at 9:00am–4:00pm

Wednesday at 12:00pm–6:00pm

**Where:** Fergus  
160 St. David Street South, Unit 104  
  
Guelph—Norfolk location  
177 Norfolk Street  
  
Guelph—Youth Resource Centre,  
Stone Road Mall  
435 Stone Road West, 2<sup>nd</sup> Floor

**Ask For:** Guelph and Fergus locations  
(519) 823-2440



## **2<sup>nd</sup> Chance Employment Counselling**

ways2work

→GUELPH

[www.2ndchance.ca](http://www.2ndchance.ca)

**What:** Group-based employability skills and work placement program

**Who:** Youth up to the age of 30

**When:** Monday – Friday at 8:30am–4:00pm

**Where:** Guelph and Wellington County

**Ask For:** (519) 823-2440

## **2<sup>nd</sup> Chance Employment Counselling**

Women2Work

→GUELPH, RURAL WELLINGTON

[www.2ndchance.ca](http://www.2ndchance.ca)

**What:** Group-based employability skills and work placement program

**Who:** Women of all ages with a disability

**When:** Monday – Friday at 8:30am–4:00pm

**Where:** Guelph and Wellington County

**Ask For:** (519) 823-2440



# **Cambridge Career Connections**

## **EmployNext Services**

John Howard Society of Waterloo–Wellington  
→CAMBRIDGE, NORTH DUMFRIES  
[www.cambridgecareerconnections.com](http://www.cambridgecareerconnections.com)

**What:** As an *Employment Ontario* service provider, we have free employment-related programs for job seekers, employers and educators.

### For Job Seekers:

- Assists job seekers to find and keep successful employment, training and apprenticeships
- Connects job seekers to other community services and opportunities for overcoming barriers and life stabilization
- Fully equipped and accessible resource room
- Provides information and application assistance for *Better Jobs Ontario* funding for eligible participants

### For Employers:

- Job matching and placement services
- Job boards, job fairs, and job marketing support
- Incentives and supports for employment placements
- *Canada Ontario Job Grant* for employee training and other training supports

Please call for more details on any of our programs or services.

**Who:** All ages are welcome

**When:** Office hours:  
Monday – Friday at 8:30am–4:30pm

**Where:** Cambridge  
40 Ainslie Street South  
(across the street from the bus terminal)

Langs  
1145 Concession Road  
Ayr  
Variety of community settings

**Ask For:** Employment Coordinator  
(519) 622-0815 ext. 223  
[ccc@jhsww.ca](mailto:ccc@jhsww.ca)



Job  
Fair

# Conestoga Community Career Centre

Integrated Employment Services,  
Employment Ontario, EmployNext  
→ WATERLOO, KITCHENER, NEW HAMBURG, ELMIRA,  
RURAL WELLINGTON, WELLESLEY, WILMOT  
[www.conestogac.on.ca/career-centre](http://www.conestogac.on.ca/career-centre)

**What:** As part of Conestoga's Talent Hub, the Community Career Centre provides employment services to community members for job search, career planning support, and training opportunities. Our experienced staff can open doors to help find the right fit for employment and training in line with the current labour market's demands.

## Services Include:

- Individualized Job Search and Resume Assistance
- Career Planning and Advisement
- Connections to employers
- Access to our Resource Centre and Virtual Job Board (MyCareer)
- Referrals for Workplace Certifications relevant to today's labour market
- Better Jobs Ontario Funding Information and Application Support
- Financial Incentives may be available for eligible employers and Job Seekers
- Internationally Trained Immigrant Advisement & Credential Assessment
- Post-Secondary Education Program Information/Registration
- Trade/Apprenticeship financial incentives Information
- Canada Ontario Job Grant for Employers



**Who:** Job seekers and Employers looking to hire or access the Canada Ontario Job Grant

**When:** Monday – Friday at 8:30am–4:30pm\*

\* Please contact us in advance to schedule an appointment.

**Where:** Kitchener

Doon Campus Welcome Centre  
299 Doon Valley Drive

Downtown Kitchener

Downtown Kitchener Campus Talent Hub  
49 Frederick Street

Waterloo

332 Marsland Drive, 2<sup>nd</sup> floor

New Hamburg, Elmira, Wilmot and Wellesley contact us for details and to schedule an appointment

**Ask For:** For information or to access the Community Career Centre, contact staff at (519) 885-0300 ext. 5226 or [waterloocareercentre@conestogac.on.ca](mailto:waterloocareercentre@conestogac.on.ca)

For information other Talent Hub Employer or Student employment services at Conestoga, contact [Talenthub@conestogac.on.ca](mailto:Talenthub@conestogac.on.ca)

Appointments are available virtually and in person. Please inquire about appointment availability

## Kinbridge Community Association

Newcomer Employment Outreach  
→CAMBRIDGE  
[kinbridge.ca](http://kinbridge.ca)

- What:**
- Resume support
  - Interview coaching
  - Group workshops and training
  - Referrals to other services
  - Referrals to employers (not guaranteed)

**Who:** Adults 18+, eligible to work in Canada,  
Cambridge residents only

**When:** Monday – Friday at 9:00am–4:00pm

**Where:** Cambridge—200 Christopher Drive  
(and online)

**Ask For:** Lily Magnus—Program Coordinator  
(519) 496-5886, [LilyM@kinbridge.ca](mailto:LilyM@kinbridge.ca)

Intake/referral form:  
<https://forms.office.com/r/fv1mzkRadF>



## KW Habilitation

Community and Employment Supports  
→KITCHENER  
[www.kwhab.ca/kw-career-compass](http://www.kwhab.ca/kw-career-compass)

- What:** Job readiness education and training  
for adults who are interested in working  
toward competitive employment  
(minimum wage or better).
- Workplace literacy
  - Workplace numeracy
  - Soft skills development (social and  
interpersonal)
  - Experiential learning opportunities in  
authentic work and community settings
  - Education may include bus training and  
on-site job coaching

### Out and About Waterloo Region

The aim of Out and About WR is to connect  
you to your neighbourhood, to the things  
that are important to you in your local  
community. This includes recreation and  
leisure activities, learning opportunities,  
and volunteerism

**Who:** Adults (18+ years)

**When:** Contact us for more information

**Where:** Kitchener—99 Ottawa Street South

**Ask For:** Amy Haynes—Supervisor, Community and  
Employment Supports  
(519) 744-6307 ext. 1213

## KW Habilitation

KW Career Compass

→KITCHENER

[www.kwhab.ca/kw-career-compass](http://www.kwhab.ca/kw-career-compass)

**What:** We assist Job Seekers to find meaningful work by matching interests, skills, and career goals. This individual approach helps job seekers find the perfect employment fit!

### Create an Employment Plan:

Individualized supports to plan for all the steps in reaching employment goals

### Job Readiness Coaching and Courses:

Career exploration, workshops, resume building, bus training and interview preparation

### Experiential Learning Opportunities:

Authentic work and community settings to help identify individual interests and skill levels

### Job Development:

Personalized plans to help match individuals with jobs that align with their skills and goals

### Job Coaches:

On the job training and ongoing job retention and maintenance supports

**Who:** Adults (18+ years) with barriers to employment

**When:** Contact us for more information.

**Where:** Kitchener—99 Ottawa Street South

**Ask For:** Stacey Mitchel—Manager, Community and Employment Supports  
(519) 744-6307 ext. 1252

## KW Habilitation

LEG Up!

→KITCHENER

[kwhab.ca/services/leg-up/](http://kwhab.ca/services/leg-up/)

**What:** Learning, Experience, Goals!

A learning and skill building program that provides small group learning and training geared towards adults seeking to enhance their skills for employment, volunteerism and independent living.

**Who:** Adults 18+ with developmental disabilities.

**When:** Sessions are offered throughout the year

Visit [kwhab.ca/services/leg-up/](http://kwhab.ca/services/leg-up/) for registration information.

**Where:** Kitchener—109 Ottawa Street South, Unit D

**Ask For:** Annita Boer, Marc Seymour or Michelle Ennis, LEG Up! Instructors  
(519) 208-2225  
[legup@kwhab.ca](mailto:legup@kwhab.ca)



## KW Habilitation

YEP (Youth Exploring Possibilities)

→KITCHENER

[www.kwhab.ca/services/youth-exploring-possibilities-yep/](http://www.kwhab.ca/services/youth-exploring-possibilities-yep/)

**What:** Programs offered:

YEP (Youth Exploring Possibilities) is open to youth with developmental disabilities between the ages of 13 and 25. This is an opportunity for youth to stay connected with their peers – year-round!

Activities are planned with all ages in mind, and when required, smaller groups are created to consider bringing youth who are closer in age together.

YEP Social:

focused on social activities like baking, exploring the community on the GRT, and other things based on suggestions from past participants. Offered throughout the year on evenings, weekends, PD Days and March Break.

YEP Skills:

6-week-long courses where learning focuses on skill building in a variety of areas, based on feedback from youth. Offered throughout the year.

YEP Summer:

for 9 weeks in July and August. Activities are held on weekdays and include community recreational activities, work readiness skills, fitness, and much more.

**Who:** YEP Skills and YEP Social are open to youth (13–25 years) with developmental disabilities.

YEP Summer is open to youth (13–25 years) with developmental disabilities.

**When:** Offered throughout the year on evenings, weekends, PD Days, and March Break.

See the “what” section above for program schedules.

**Where:** Kitchener—99 Ottawa Street South

**Ask For:** Amy Haynes—Supervisor, Community Supports  
(519) 744-6307 ext. 1213



## **Starling Community Services (Lutherwood)**

Employment Services

→CAMBRIDGE, GUELPH, KITCHENER

[www.lutherwood.ca/employment](http://www.lutherwood.ca/employment)

- What:**
- Job search assistance, career exploration workshops and 1 to 1 support
  - Labour market information
  - Coaching, networking and mentorship opportunities
  - Connections to employers
  - Better Jobs Ontario funding information and applications
  - Apprenticeship information and support
  - Job boards and job search resources
  - Free access to fax, photocopier, computers and phones

**Who:** Services are available to anyone of legal working age, living in Ontario and eligible to work in Canada seeking support with employment and/or training (Under 18 must be legally excused from attending school)

**When:** Monday – Friday at 8:30am–4:30pm

**Where:** Cambridge—35 Dickson Street

Guelph—89 Wyndham Street North

Kitchener—165 King Street East

**Ask For:** Speak to our resource centre staff to determine the employment services program that would best meet your needs.

Cambridge—(519) 623-9380

Guelph—(519) 822-4141

Kitchener—(519) 743-2460

## **Starling Community Services (Lutherwood)**

Getting Ahead in the Workplace

→CAMBRIDGE, KITCHENER, WATERLOO

[www.lutherwood.ca/employment](http://www.lutherwood.ca/employment)

- What:**
- Youth-specific employment skill building program including 1 to 1 support, group workshops, and paid placement components
  - Workshops build both employment skills (ex. Resumes, cover letters, interviews, etc.) and personal wellbeing skills (ex. Personal finances, conflict resolution, professionalism, etc.)
  - Ideal for youth who need some extra time and assistance to break into the workforce

**Who:** 15–30 years of age (inclusive)

**When:** Monday – Friday at 8:30am–4:30pm

**Where:** Kitchener—165 King Street East

**Ask For:** Speak to our resource centre staff to determine the employment services program that would best meet your needs.

Cambridge—(519) 623-9380

Kitchener—(519) 743-2460



## **Starling Community Services (Lutherwood)**

Newcomer Career Support & Navigation

→GUELPH, RURAL WELLINGTON

[www.lutherwood.ca/employment](http://www.lutherwood.ca/employment)

- What:**
- Job Search Workshops for Newcomers, in person and online
  - Mentorship for internationally trained professionals to connect with volunteer mentors in their field
  - Information for immigrants about their occupational field in Canada, targeted resumes and cover letters, self-marketing, benefits of networking and other job search tips
  - Assistance to navigate the complex systems involved in accessing further education, training, apprenticeship and employment
  - Help determining eligibility and applying for credential evaluation
  - Support for Tigrinya and Amharic speakers to access employment services and navigate job search for finding and maintaining employment
  - Help for newcomer youth (15-30) to find local job opportunities and navigate the job search process through Job Search Workshops, coaching and developing connections with potential employers
  - Services available in multiple languages: English, French, Spanish, Portuguese, Pashto, Urdu, Tigrinya, Amharic, Tagalog and Ukrainian

**Who:** Newcomers (Permanent Residents, Convention Refugees, Protected Persons) living in Guelph and Wellington County

**When:** Monday – Friday at 8:30am–4:30pm

**Where:** Guelph—89 Wyndham Street North, 3<sup>rd</sup> Floor

**Ask For:** Speak to our Resource Centre staff to determine the employment services program that would best meet your needs.

Guelph—(519) 822-4141



## **March of Dimes Canada – SkillingUp Program**

Newcomer Employment Outreach

→ VIRTUAL

[www.skillingup.ca](http://www.skillingup.ca)

- What:**
- Free, self-paced digital skills training program
  - Focus and enhance employability for people with disabilities or employment barriers

**Key Features:**

- Learn digital skills
- Earn Microsoft certifications
- Build confidence for tech-enabled workforce participation
- Offers learning pathways from beginner to advanced levels
- Includes job development support and virtual mentorships
- No diagnosis disclosure is required

**Who:** 16+ years of age

**When:** Days of the week and times:  
Virtual program – everyday

Monday – Friday at 9:00am–4:00pm

**Where:** Online

**Ask For:** Justine Wight—Program Coordinator  
[skillingup@marchofdimes.ca](mailto:skillingup@marchofdimes.ca)

## **Region of Waterloo**

Employment Ontario (EO) Programs

→ CAMBRIDGE, KITCHENER, WATERLOO

[www.regionofwaterloo.ca](http://www.regionofwaterloo.ca)

- What:**
- Employment Ontario Service Provider
  - Help with resumes, interviews, job searching and accessing training
  - 1 to 1 support from an Employment Facilitator
  - Access to Job Development Services

**Who:** All services are open to adults

**When:** Employment Services:  
Monday – Friday at 8:30am to 4:30pm

Available in person, in the community, online and by phone.

Resources are also available on our website at <https://www.regionofwaterloo.ca/en/living-here/employment-support.aspx>

**Where:** Cambridge — 150 Main Street

Kitchener — 20 Weber Street

Waterloo — 99 Regina Street South

**Ask For:** Contact Person—Employment services  
(519) 883-2101 ext. 5656



## YMCA of Three Rivers

Employment Services

→CAMBRIDGE, KITCHENER

[www.ymcaemploymentservices.ca](http://www.ymcaemploymentservices.ca)

- What:**
- Career exploration, 1 to 1 support
  - Job search assistance, workshops
  - Labour market information
  - Employment supports
  - Resource centre with computers, printers
  - Services for employers
  - Better Jobs Ontario

**Who:** All are welcome

Cambridge office provides services in French

**When:** Monday – Friday at 8:30am–4:30pm

**Where:** Cambridge—250 Hespeler Road, 2<sup>nd</sup> Floor

Kitchener—800 King Street West, 3<sup>rd</sup> Floor

**Ask For:** Cambridge—(226) 989-3381

Kitchener—(519) 504-2723



## Family Literacy, Reading & Support Services

### Action Read Community Literacy Centre of Guelph

Early Start Family Literacy Program

→GUELPH

[www.actionread.com](http://www.actionread.com)

- What:**
- Free, high quality, welcoming early literacy and numeracy skills-building program at locations throughout the city of Guelph
  - Themed early learning games, songs, story-time, rhymes, wordplay, puzzles and crafts
  - Great place to make friends and meet neighbours
  - Helps young children make successful transitions to school and to lifelong learning
  - Early literacy activities, strategies, and resources to try at home
  - Resources for families to borrow (e.g. 'Rainbow Connections' early learning kits)

**Who:** Parents and caregivers with children, newborns to 6 years.

**When:** Monday – Friday mornings, September 2024 – June 2025

**Where:** Please visit our website for locations.

**Ask For:** Register for program with Brenda MacDonald—Coordinator/Facilitator (519) 836-2759, [arearlystart@on.aibn.com](mailto:arearlystart@on.aibn.com)



# Project Read Literacy Network

Family Literacy

→CAMBRIDGE, KITCHENER, WATERLOO

[www.projectread.ca](http://www.projectread.ca)



**What:** Project READ offers Family Literacy programs and training for individuals, families, and elementary schools.

## Get Set Learn (GSL) Programs

Fun, free programs for parents and children (0–6 years) include:

- Learn activities to help your child in school
- Storytime and songs
- Hands-on learning
- Parent time
- 8 week programs (once or twice a week)

Program options include:

- Get Set Learn (in-person)
- Get Set Learn (online)
- Get Set Learn Outdoor Play (in-person, outdoor)
- Get Set Learn Go Green (in-person, outdoor)
- Get Set Learn Coding- unplugged (online)
- Get Set Learn for Newcomers (in-person)

## Family Learning & Fun Nights

This is a fee-for-service program offered to elementary schools in Waterloo Region. Project READ provides activities and coordinates with the local school to coordinate and host the program. It is designed to be a 1.5-hour event that brings families into the school to participate in family literacy activities together as a family and community.

## GSL Family Literacy Training or Certification

These fee-for-service programs provide comprehensive knowledge of family literacy for professionals. Participants will gain knowledge and tools to support family literacy by completing the training. Participants will gain additional access to resources and support to independently offer Get Set Learn programs in their communities by completing the certification.

**Who:** Get Set Learn Programs are for parents with, or without, their children (0–6 years).

Family Learning & Fun Nights are for elementary schools in Waterloo Region.

GSL Family Literacy Training or Certification programs are for professionals who are passionate about supporting families and children.

**When:** ▪ Spring, Winter, Fall - contact us or check the website for start dates  
▪ Days and times vary depending on the site  
▪ Fee-for-service programs available upon request

**Where:** Various locations in Waterloo Region or Virtual (contact us or check the website for details)

**Ask For:** Family Literacy program information (519) 570-3054 or [info@projectread.ca](mailto:info@projectread.ca)

# Libraries

## Cambridge Public Library

Adult & Family Library Programs

→CAMBRIDGE

[ideaexchange.org](http://ideaexchange.org)

- What:**
- Free Early Literacy Programming
  - Includes Baby, Toddler, and School Readiness programs offered online and in-person
  - Immersive Learning Children's Collections include, but are not limited to, the Rainbow Kits, Levelled book kits for each reading stage, and the playSmarts Toy and Game Collection, which is Built around ten activities such as counting, feeling, moving, sensing, and more, with suggested age ranges for each item.
  - Literacy Collection for adults learning the basics of letters and numbers.
  - Audio Kits, Books and CDs. Also available online through TumbleBooks.
  - Language Learning Resources
  - High-interest, Low-Vocabulary Books designed for readers who prefer simpler text with engaging content.

- Movies and Music in Other Languages
- Conversation Circles
- Settlement Worker
- Available onsite at the Queen's Square location two days per week.
- Courses on Teaching English and ESL
- Access through the online platform [Lynda.com](https://www.lynda.com).
- Free Internet Access
- Use library computers or bring your own device or iPad Loans
- Book a session with staff for help using computers or other devices to guide with Digital Library
- Free access to equipment such as a laser cutter, sewing machines, and 3D printers

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**Who:** Everyone, all ages and skill levels

**When:** Queen's Square

Monday – Thursday at 9:30am–8:30pm  
Friday and Saturday at 9:30am–5:30pm  
Sunday at 1:00pm–5:00pm

Hespeler, Preston and Clemens Mill

Monday – Thursday at 10:00am–8:30pm  
Friday at 10:00am–5:30pm  
Saturday at 9:30am–5:30pm  
Sunday at 1:00pm–5:00pm

Old Post Office

Monday at 10:00am–5:30pm  
Tuesday – Thursday at 10:00am–8:30pm  
Friday at 10:00am–5:30pm  
Saturday at 9:30am–5:30pm  
Sunday at 1:00pm–5:00pm

**Where:** Queen's Square

1 North Square

Clemens Mill

50 Saginaw Parkway

Hespeler

5 Tannery Street East

Preston

435 King Street East

Old Post Office

12 Water Street South

**Ask For:** Queen's Square—(519) 621-0460

Clemens Mill—(519) 740-6294

Hespeler—(519) 658-4412

Preston—(519) 653-3632

Old Post Office—(226) 533-2767

# Kitchener Public Library

Programs for Adults, Children and Families

→KITCHENER

[www.kpl.org](http://www.kpl.org)

## What:

- All programs are free
- Adult Literacy Collection for Teachers, Tutors, and Students
- Family Literacy programs for parents, caregivers, and children
- Computer and Technology Programs
- Access to Internet, printers, photocopiers, scanning and fax
- Volunteer Opportunities
- Career and resume help
- ESL conversation circles
- Study Rooms
- WiFi Hotspots
- Accessibility Centre (JAWS, Dragon Dictate, ZoomText, C-Pen readers etc.)
- Heffner Studio: 3D printers, Music Editing, Digital Conversion, Audio Production

**Who:** Programs for all ages. All are welcome.

**When:** Monday – Thursday at 9:00am–9:00pm

Friday – Saturday at 9:00am–5:30pm

Sunday at 1:00pm–5:00pm

(Central Library only, Fall – Spring)

## Where:

Central Library  
85 Queen Street North

Country Hills Library  
1500 Block Line Road

Forest Heights Library  
251 Fischer-Hallman Road

Grand River Stanley Park Library  
175 Indian Road

Pioneer Park Community Library  
150 Pioneer Park Drive

## Ask For:

Madeleine Kong  
Literacy and Lifelong Learning Librarian  
(519) 743-0271 ext. 296

[Madeleine.Kong@kpl.org](mailto:Madeleine.Kong@kpl.org)



# Kitchener Public Library

Cool Things

→KITCHENER

[kpl.org/things-to-check-out/cool-things](http://kpl.org/things-to-check-out/cool-things)

Headphones – In-Library Use – [iiivega.com](http://iiivega.com)



- What:**
- Device charging kits for 4-hour in-library use
  - Nintendo Switch Lite in-library use – no holds
  - Headphones – in-library use

**Who:** In-Library Use Headphones

- Available to customers of all age groups.
- Can be borrowed by most library membership types, including Unconfirmed and Computer Use Only customers.

Device Charging Kits and Switch Lite Consoles

- Adults (18 years and older) must present ID along with their library card to borrow these

**When:** Monday – Thursday at 9:00am–9:00pm

Friday – Saturday at 9:00am–5:30pm

Sunday at 1:00pm–5:00pm

(Central Library only, Fall – Spring)

**Where:** Central Library

85 Queen Street North

Country Hills Library

1500 Block Line Road

Forest Heights Library

251 Fischer-Hallman Road

Grand River Stanley Park Library

175 Indian Road

Pioneer Park Community Library

150 Pioneer Park Drive

**Ask For:** Madeleine Kong

Literacy and Lifelong Learning Librarian

(519) 743-0271 ext. 296

[Madeleine.Kong@kpl.org](mailto:Madeleine.Kong@kpl.org)



# Waterloo Public Library

Adult & Family Library Programs

→WATERLOO

[www.wpl.ca](http://www.wpl.ca)

- What:**
- Career, job search and resume information
  - Library Settlement Program workers for specific newcomer and employment support
  - Tech Connect 1 to 1 technology help
  - Access to computers, printers, photocopiers and scanners
  - WiFi Internet access and loanable mobile WiFi Hotspots (with WPL card)
  - Gale and LinkedIn Learning online courses (with WPL card)
  - Language learning resources and English conversation circle
  - Adult literacy collections
  - Early literacy programming and collections for children
  - Local History resources
  - Online resources
  - Explore our programs and events
  - Explore our services
  - Cool Things to Borrow

**Who:** Open to everyone. Programs, collections and services for all ages and skill levels.

**When:** Main Library

Monday – Thursday at 9:30am–9:00pm  
Friday – Saturday at 9:30am–5:30pm  
Sundays at 1:00pm–4:00pm (October – May)

Branches

Monday – Thursday at 9:30am–9:00pm  
Friday – Saturday at 9:30am–5:30pm

**Where:** Main Library

35 Albert Street

John M. Harper Branch

500 Fischer Hallman Road North

McCormick Branch

500 Parkside Drive

Eastside Branch

2001 University Avenue East

**Ask For:** (519) 886-1310

[askus@wpl.ca](mailto:askus@wpl.ca)





## **English as a Second Language (ESL)**

### **St Louis Adult Learning & Continuing Education Centre**

Waterloo Catholic District School Board (WCDSB)

English as a Second Language (ESL)

Language Instruction for Newcomers to Canada (LINC)

→KITCHENER

[stlouis.wcdsb.ca](http://stlouis.wcdsb.ca)

- What:**
- Improved English to open more work and professional opportunities, broaden education choices and strengthen community connections
  - FREE LINC / ESL classes for eligible students
  - English Language Classes for Literacy and Canadian Language Benchmark (CLB) 1-7 taught by TESL certified teachers
  - Reading, Writing, Listening & Speaking for English Language Learners at all CLB levels
  - Portfolio-based language assessment (PBLA) where real-world task-based learning determines CLB level progress
  - Licensed Child Care and Care for Newcomer Children available
  - In-person classes and limited online classes are offered at the locations stated for students CLB literacy to Level 8

**Who:** Adults (18+ years) whose English has been assessed at any Canadian Language Benchmark (CLB) level and is a Convention Refugee, Refugee Claimant or Permanent Resident, or Landed Immigrant or Canadian Citizen not born in Canada and English is not your first language.

- When:** September – June (school year)
- Monday – Thursday at 8:45am–11:45am / Friday at 10:00am–11:45am (mornings)
  - Monday – Thursday at 12:30pm–3:00pm / Friday at 12:30pm–2:00pm (afternoons)
  - Tuesday and Wednesday at 6:30pm–8:30pm (evening)

#### Summer school for ESL

- To be determined for 2025. Visit [stlouis.wcdsb.ca](http://stlouis.wcdsb.ca) in April for class schedules.

Continued on next page →





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**Where:** St. Louis—Kitchener Main Campus

- LINC – all CLB levels – day only / ESL evening
- 80 Young Street  
(behind Kitchener City Hall)



St. Louis—Kitchener St. Mary's Campus

- ESL – day only
- 77 Young Street (across the street from 80 Young Street)

St. Louis—Kitchener St. Francis Campus

- LINC & ESL – literacy to CLB 7 – day only
- 154 Gatewood Road (corner of Blueridge Road West and Queen's Boulevard)

Highland Baptist Church—Kitchener

- LINC – literacy to CLB 4 – mornings only
- 135 Highland Road West  
(near St. Mary's Hospital)

Online—contact ESL for details

**Ask For:** [esl.stlouis@wcdsb.ca](mailto:esl.stlouis@wcdsb.ca)

(519) 745-1201

ESL—ext. 229

LINC—ext. 400



Funded by Immigration, Refugees and Citizenship Canada and the Province of Ontario.

# **Upper Grand District School Board (UGDSB)**

Adult English as a Second Language

→GUELPH, RURAL WELLINGTON

<https://www.ugdsb.ca/o/cep/page/adult-esl-and-linc-programs>

- What:**
- Federally and Provincially funded Language Instruction for Newcomers (LINC) and English as a Second Language (ESL) program
  - Offer Classes from Foundational (ESL) Literacy to Canadian Language Benchmark 6
  - Classes are offered in-person and online

**Who:** Learner must be:

- 18+ years or a graduate of secondary school
- must have a first language that is other than English
- must be residing in Canada as a naturalized Canadian citizen, Permanent Resident, Convention Refugee or Refugee Claimant, or have arrived through the Live-in Caregiver program or Canada-Ukraine Authorization for Emergency Travel
- must first have a language assessment at Immigrant Services Guelph-Wellington

**When:** Days of the week and times:

- Mondays at 12:00pm–7:00 pm
- Wednesdays 9:00am–3:00pm

Classes are offered in July and August.  
Please contact us for days and times.

**Where:** Fergus—Skyline Community Hub  
Centre Wellington Big Brothers  
900 Tower Street South

**Ask For:** Narjis Ahmed—Program Manager  
[narjis.ahmed@ugdsb.on.ca](mailto:narjis.ahmed@ugdsb.on.ca)  
(519) 836-7280 ext. 624



## **YMCA of Three Rivers**

YMCA Immigrant Services – Coordinated Language Assessment and Referral Services  
→CAMBRIDGE, KITCHENER, STRATFORD-PERTH  
[www.ymcathreerivers.ca](http://www.ymcathreerivers.ca)

**What:** Programs offered:

- Language Assessment and Referral Services
- Community and School Settlement Services
- Community Connections
- Employment Related: Mentorship and Power of Trades

**Who:** Adult Immigrants to Canada (18+ years)

**When:** Cambridge

- Monday – Thursday at 8:30am–4:30pm (in person and remote services)
- Friday at 8:30am–12:00pm (remote only)

Kitchener

- Monday – Thursday at 8:30am–4:30pm (in person and remote services)
- Friday at 8:30am–12:00pm (remote only)

Stratford-Perth

- Monday – Thursday at 8:30am–4:30pm (in person and remote services)
- Friday at 8:30am–12:00pm (remote only)

**Where:** Cambridge—250 Hespeler Road

Kitchener—800 King Street West, 3<sup>rd</sup> floor

Stratford-Perth—204 Downie Street

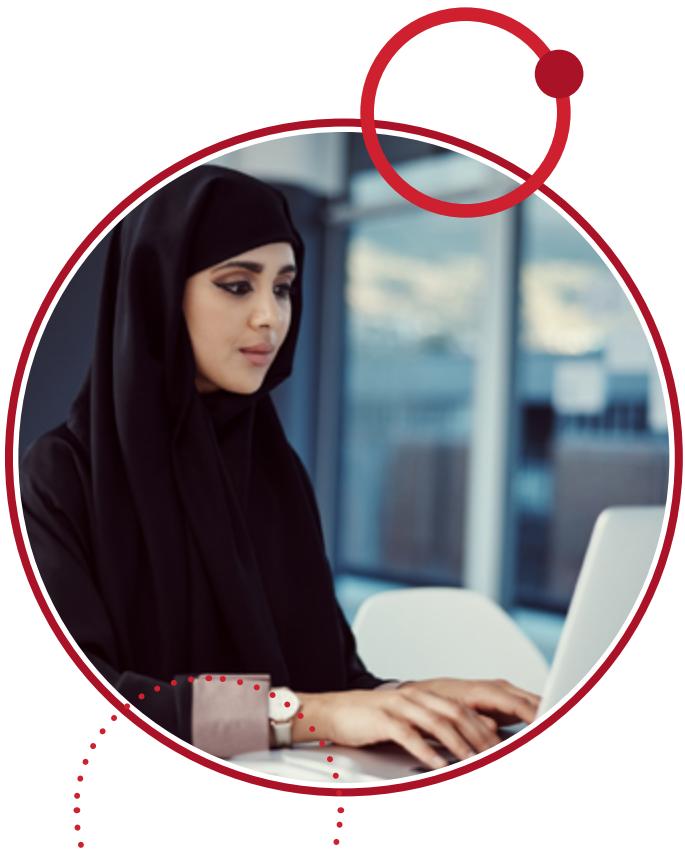
**Ask For:** Cambridge and Stratford-Perth

Marian Rozman and/or Lisset Jacinto  
Immigrant Services Lead  
(519) 621-1621

[newcomers@ytr.ymca.ca](mailto:newcomers@ytr.ymca.ca)

Kitchener and Waterloo

Sunanda Sachdev  
Immigrant Services Lead  
[intake@ytr.ymca.ca](mailto:intake@ytr.ymca.ca)  
(519) 579-9622 ext. 6125



## Online Learning

### ACE Distance Delivery

College Sector Committee for Adult Upgrading  
→ONTARIO

[www.acedistancedelivery.ca](http://www.acedistancedelivery.ca)

**What:** Academic upgrading (grade 12 equivalent) courses are offered online through Ontario's public colleges.

#### Courses include:

- Communications (English)
- Apprenticeship math
- Business math
- Core math
- Technical math
- Biology
- Chemistry
- Physics

#### Other courses available:

- Self Management - Self Direction
- Computer Fundamentals
- Numeracy Support
- Writing Support
- Reading Support
- Communications Support (read/write)
- Learn to Learn Orientation course (required for all incoming learners)

**Who:** Ontario residents, 18+ years

Proficient in the English language - based on skills assessments at entry

Not on an International Study Visa

Have reliable access to a PC or laptop (not just a Smartphone) and internet

**When:** Free intakes are offered in January, March, April, June, September and November for those who have completed the Learn to Learn orientation and meet the entry standard required for ACE courses.

Assessments and Learn to Learn are available weekly throughout most of the year.

**Where:** All courses are offered asynchronously and fully online

**Ask For:** General Inquiries  
[info@cscau.com](mailto:info@cscau.com)

# Good Learning Anywhere

Sioux-Hudson Literacy Council

→ONTARIO

[www.goodlearninganywhere.com](http://www.goodlearninganywhere.com)

- What:**
- Good Learning Anywhere is the award winning Aboriginal Lead for the MLITSD funded e-Channel program.
  - It provides access to online learning at no charge. Content is designed for adults who strive to improve their computer, reading, writing, math, or Essential Skills to improve their quality of life at home, at work and in the community.
  - Focus on providing a culturally supportive online environment for Aboriginal individuals, communities, and groups.

**Who:** Adults (18+ years), residents of Ontario, and must have access to a computer with internet connection.

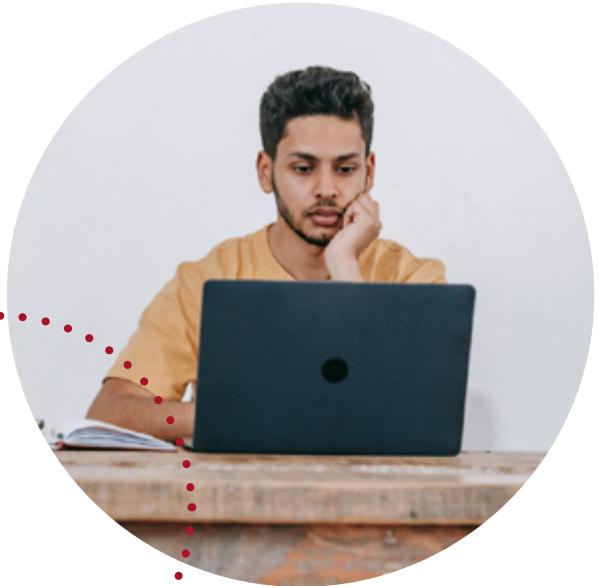
- When:**
- Check out our course catalogue available online for course descriptions and dates.
  - LIVE online instructor-led classes are available Monday – Friday
  - Independent and short courses are available anytime.

**Where:** All courses are offered online  
[www.goodlearninganywhere.com](http://www.goodlearninganywhere.com)

**Ask For:** Register online or contact us for more information.

[info@siouxhudsonliteracy.com](mailto:info@siouxhudsonliteracy.com)

1-866-550-0697, Option 1



# The Learning HUB

Avon Maitland District School Board

→ONTARIO

[www.learninghub.ca](http://www.learninghub.ca)

**What:** Online upgrading and preparation for:

- Employment and soft skills
- Entry into Postsecondary Education, ACE or apprenticeship
- Canadian Adult Education Credential (CAEC) Preparation
- Secondary School credit courses or preparation for highschool equivalency
- Digital Technology skills
- Personal management skills

**Who:** Adults in Ontario (18+ years)

**When:** Anytime Learning – 24 hours/day, 7 days/week year round

Live Classes – on a scheduled basis  
October – May

**Where:** Online upgrading can be accessed any time of the day with a computer and Internet access.

To register, visit [www.learninghub.ca](http://www.learninghub.ca)

**Ask For:** LearningHUB General Inquiries

[info.learninghub@ed.amdsb.ca](mailto:info.learninghub@ed.amdsb.ca)

or 1 (844) 470-7877



For Access to  
Deaf Online Learning  
Opportunities:  
**Deaf Learn Now**  
[www.deaflearnnow.ca](http://www.deaflearnnow.ca)

For Access to  
Francophone  
Online Learning  
Opportunities:  
**La F@D**  
[www.sefad.ca](http://www.sefad.ca)

## Did You Know?

### Almost $\frac{1}{2}$

our population does not have the literacy skills to get and keep a living wage job.



### 1 in 4

adults can't read dosage directions on over-the-counter or prescription medicines or complete job applications or medical forms.

### 1 in 4

adults in Waterloo—Wellington 16 years and over fall into the lowest level of literacy.

Statistics Canada showed that a 1% increase in adult literacy levels would generate a 3% permanent increase in the GDP per capita. In Canada, this would amount to about

### \$54 billion

a year that could be re-invested.

### 79%

of people entering Canadian prisons don't have their high school diploma.

## Benefits of Upgrading Your Skills!



Helps you find work or keep your job



Makes it easier to help your children



Helps you to reach your goals



Gives you freedom to grow and succeed

# FAQ about Literacy

## 1. How do I access Literacy and Basic Skills (LBS) programs?

Call Project READ for the Information and Referral Hotline and we will refer you or your client to the appropriate program.

## 2. Are Literacy and Basic Skills (LBS) programs part of Employment Ontario?

Yes.

## 3. Can a learner be enrolled in more than one Employment Ontario program at a time?

Yes, they can even be enrolled in more than one LBS program at a time, as learners may have different levels and needs.

## 4. How long does it take to complete a Literacy and Basic Skills (LBS) program?

The length of time a learner is in the program depends on their pace of learning, the level they are starting at, their commitment to learning and their individualized training plan goal.

## 5. Are the LBS programs free to attend?

Yes.

## 6. Are Literacy and Basic Skills (LBS) programs full-time or part-time? Can I study at home?

LBS programs are offered on a full-time and/or part-time basis. You can study at home using the Online Learning programs found in the Directory of Programs.

## 7. What is blended learning?

Blended learning is a mix of face to face instruction and online learning and resources within the class or group environment.

## 8. What is the difference between Literacy and Basic Skills (LBS) and English as a Second Language (ESL)?

LBS programs are for learners who speak English as a first language. If English is not your first language, you need to have a current Canadian Language Benchmark Level of 6 or higher in listening and speaking to be eligible to attend LBS classes.

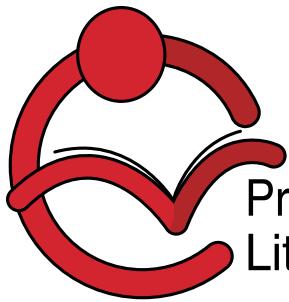
## 9. What is the difference between Essential Skills and Skills for Success?

The Skills for Success model replaces the former Essential Skills framework. They respond to the needs of today's and tomorrow's workplace. For more information go to <https://www.canada.ca/en/services/jobs/training/initiatives/skills-success.html>



(519) 570-3054  
Email—[info@projectread.ca](mailto:info@projectread.ca)  
Visit our website—[www.projectread.ca](http://www.projectread.ca)





## Project READ Literacy Network

Our vision is to improve quality of life through literacy.

### Get your family ready for school!

#### Fun, free program!

For parents, with children 0–6 years at home or school

- Free snacks and books
- Parent learning time included
- Have fun with books and songs
- Learn activities to help your child in school

#### To Sign Up:

Email—[info@projectread.ca](mailto:info@projectread.ca)  
Phone—(519) 570-3054  
[www.projectread.ca](http://www.projectread.ca)

**For the online version of this program directory,  
or for more information, visit our website:  
[www.projectread.ca](http://www.projectread.ca)**

#### Mailing Address

Project READ Literacy Network  
c/o UPS Store  
50 Ottawa Street South, Suite 189  
Kitchener, ON, N2G 3S7

**(519) 570-3054 | [info@projectread.ca](mailto:info@projectread.ca)**

 [facebook.com/ProjectREADLitNetwork](https://facebook.com/ProjectREADLitNetwork)

 [x.com/ProjectREADWW](https://x.com/ProjectREADWW)

 [instagram.com/projectreadlitnetwork](https://instagram.com/projectreadlitnetwork)

 [linkedin.com/company/project-read-literacy-network](https://linkedin.com/company/project-read-literacy-network)

## The Ontario Adult Literacy Curriculum Framework (OALCF)

The Curriculum Framework is comprised of six competencies that organize learning content and describe learner proficiency, using three levels of performance.

### OALCF Competencies and Task Groups

- A. Find and Use Information**
  - A1.** Read continuous text
  - A2.** Interpret documents
  - A3.** Extract info from films, broadcasts and presentations
- B. Communicate Ideas and Information**
  - B1.** Interact with others
  - B2.** Write continuous text
  - B3.** Complete and create documents
  - B4.** Express oneself creatively
- C. Understand and Use Numbers**
  - C1.** Manage money
  - C2.** Manage time
  - C3.** Use measures
  - C4.** Manage data
- D. Use Digital Technology**
- E. Manage Learning**
- F. Engage with Others**

