



ATTENDANCE CERTIFICATE

We certify that Mr. **Jonny Sixpack**

I.d. number

Born in **KARLOVAC (CROATIA)**

On the **12/02/19**

Job title **MECHANIC**

Attended successfully the training course

WORKING AT HEIGHT AND SAFE WORKING INTO CONFINED SPACES COURSE

Attended hours: 16 hours

Course period from **16.07.2019** to **17.07.2019**

Reference field: METAL MECHANIC

Course organiser: **APT Antincendio**

Course location: FieldCore Service Solutions GmbH Sp. z o.o. – Elblag (POLAND)

Progressive registration No. :

Course organiser subject and responsible signature: **APT Antincendio**

Date: **17.07.2019**

Place: **Sant'Alessio con Vialone**



Delivered contents certification:

Module	Duration	Programme	
WORKING AT HEIGHT AND SAFE WORKING INTO CONFINED SPACES COURSE	16 HOURS	<p><u>WORK AT HEIGHT MODULE - THEORY</u></p> <ul style="list-style-type: none"> - Introduction - European Directive 45 / CE / 2001 - Art.107 Legislative Decree 81-08: Definition of work at height - Art.111 D.Lgs 81-08: Obligations of the employer in the use of equipment for work at height - Art.115 D.Lgs 81-08: Protection systems against falls from a height - Art.77 D.lgs. 81-08: Obligations of the employer - Art.78 Legislative Decree 81-08: Worker's obligations - Prevention and risk assessment - Classification of PPE - PPE safety requirements - Fall factor - Total fall distance - DPI management and assessment - Use of fall prevention PPE: <ul style="list-style-type: none"> • fall arrest harness • helmet with chin strap • positioning lanyard • lanyards • energy absorber • connectors • anti-fall retractable - Fixed and mobile anchors - Work permit - Fall objects - Safety of the work area - Art.113 D.Lgs 81-08: Transportable ladders - Types of work at height - Inert suspension - Rescue at height <p><u>WORK AT HEIGHT MODULE – PRACTICE</u></p> <ul style="list-style-type: none"> - Use of PPE: <ul style="list-style-type: none"> • helmet with chin strap • harness • connectors • retractable fall arrester • positioning lanyard • double hooks with integrated absorber • ladder transportable ladder with integrated life line • fixed ladder with rungs and anti-fall trolley • practical demonstration of safe access to scaffolding 	<p><u>CONFINED SPACE MODULE-THEORY</u></p> <ul style="list-style-type: none"> - Introduction - Regulatory framework: - Presidential Decree 177: Polluted or confined areas - Art 66 Legislative Decree 81-08: Works in areas suspected of pollution - Art.121 D.Lgs 81-08: Presence of gas in the excavations - Illustrated manual for works in suspected pollution or confined environments - Definition of confined space - Risks related to confined spaces - Characteristics of confined spaces - Work permit - Isolation - Control of hazardous substances and explosive atmosphere - Ventilation - Gas detectors and use controls - Types of toxic gases - Communications - Equipment for confined spaces - Tripods and anti-fall devices - RPE - Emergency management in confined spaces <p><u>CONFINED SPACE MODULE-PRACTICE</u></p> <ul style="list-style-type: none"> - PPE 3rd category and equipment: - Use of davit or tripod. - Use of fall arrest systems. - Retractable convertible into fall arrest. - Winch. - Retractable for external attendant. - Use of slings for confined spaces. - Use of helmets with a chin strap. - Use of S.C.B.A - Self-rescue (ESCAPE). - Use of multi-gas detector. - Emergency extrication manoeuvre from confined space using a spreader (vertical) - - Extrication manoeuvre from confined space by SKED stretcher (horizontal).

Methodology: Theory and practical training Trainer: Deiana Antonio Usardi Christian

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