#### Dance moves reference

###### Bachata moves

<https://bachatasteps.com/?options=level>

**List of moves:**

arm slide

bachata shine a

basic dip

basic rompo

basic step forward and back

basic step left to right

body roll to show position impulso

bolero

box step

candy

change places

change places mix up

change places to double delayed spin

changes places and variations

chiropractor

completo

dance positions mix up

dip to body roll

double overhead turn to arm flick

double trouble

follower in front

followers spin to frame

followers turn inside

followers turn outside

hairbrush

haka

hammerlock

hammerlock circular walks

hammerlock forward walks

hammerlock heaven

hammerlock leads

hammerlock mix up

hammerlock to hip circle

hammerlock to roll out

hammerlock to single leg spin

hip circle to side wave

hip twist in shadow

hip twist in sweetheart

hustle turns

in and out to body roll

in and out to shadow

in and out to snake

jaysons open walks

lead in front

leaders in front with body waves

leaders turn inside

leaders turn outside

magic circle

media manton and salida

media taps and salida

media vuelta and salida

open left box

outside swivels

pasaela and free spin

peek a boo

reverse basic

reverse basic hip circle whiplash

reverse basic to rumpo to impulso

rib isolations

rompo and impulso

rumpo and impulso

rumpo and media

rumpo to shadow and salida

shadow side to side with variations

shadow swivels to dip

shadow walks

shoulder rolls

side waves

side waves and hip circles

sit and dive

sunshine to arm locks and wave

sweetheart

sweetheart back hand change

sweetheart circular walks

sweetheart forward walks

sweetheart side to sides

sweetheart to butterfly

the scoop

timing changes

timing mix up

tsunami

turning basic

unknown moves

wave madness

wedding swivels

whiplash

windmill spin