

=====

Title: You're washing machine doesn't suck...you've just been using it all
w r o n g Ø>Ý+

=====

Generated on: 26/9/2025, 1:21:04 p.m.

I'm 36 years old and basically for my
entire life all I've done is fill up my
washing machine set it to the normal
setting and Let Jesus Take the Wheel but
then this summer I learned some really

interesting stuff about my dishwasher
down in the kitchen that made it work
way more effectively than I ever knew
possible and I thought hm I wonder if
the same thing is possible with the

washing machine it turns out it is hi if
you're new here my name is Callie also
known as that practical mom and I share
practical tips for just like managing
the daily chaos of life and today we are

going to talk about how to make your
washing machine work way more
effectively by just knowing a a little
bit about the settings and the Machine
itself let's do this I feel like washing

machines have so many settings it almost
feels a little bit excessive I don't

really know that I necessarily need that many settings on a washing machine but just by understanding the basics of your

like top three or four can help you use them a lot more effectively and essentially there is a hierarchy of them with normal regular Bean at the top then permanent press and then delicate so

your normal regular is going to use hot water it's going to use a fast agitation in the drum and is going to use a fast spin when it spins the clothes at the end permanent press is going to use a

more warm water it's going to use a slightly more mild agitation but then the spin is going to be a little slower at the end to prevent wrinkles and then your delicates are going to be a cold

wash it's going to be a slow agitation and a slow spin at the end all of these have pros and cons to them the hotter the water the cleaner your clothes are going to get but hot water has its

downsides it means it is more likely to fade your Fabrics it can leave your Fabrics more prone to being stretched well cold water will protect your Fabrics a little bit more but it's not

going to get your clothes as clean and then it's sort of the same with the spin cycle and the agitation the more Spin

The Cleaner your clothes are going to get but they're going to get stretched

out a little bit more they're going to be more prone to wrinkles where if you have a slower spin less likely to get as clean but you're protecting the Fabrics a little bit better thus why we use them

on delicates just understanding this has help me choose the proper settings when I go to wash my clothes typically I would always just use regular or normal because I fig that was regular or normal

but now I actually only use that for my clothes that really need to get clean so this is typically my children's clothes and then this is like kitchen towels and bath towels when I'm washing just my

everyday clothes my clothes my husband's clothes I find permanent presses totally fine I don't need to be using as hot of a water it's not going to fade or stretch our clothes as bad or leave them

as prone to wrinkles fun thing about doing laundry when you have children it's just the random stuff that you'll find in here sometimes today's a wood chip which is not the strangest thing

I've ever found in a washing machine for sure but then something else I learned about on my washing machine when you open your little compartment where the

soap goes you probably see that there is

detergent there is softener there's
probably spot for liquid bleach and then
there's a pre-wash I never really
thought about this pre-wash compartment
for all of the years of my life I just

let it be pre-wash I don't know why I
this is not for me I don't care now to
understand why pre-wash is great you
have to understand the basics of a
washing machine and that's that it goes

through a few cycles first it's going to
rinse and that's just with water then
it'll drain and it'll add in more water
plus your detergent to wash the clothes
then it's going to do a final rinse at

the end to rinse away all of the soap
what pre-wash does is it allows some
soap to go out in that initial rinse so
if you have something that is heavily
soiled and you want to give it a little

extra ump pre-wash is a really great
option in order to make pre-wash work
usually you need to choose it somewhere
on the front of your washing machine to
tell it to use the pre-wash but this can

be a really great way to sort of
manipulate what you're putting into your
washing machine maybe you're putting
something into the washing machine
that's just extra really super dirty and

you're going to put it on normal and you want to use the pre-wash I.E my second born's clothing always another option might be if I'm washing some of my clothes and they got a little bit

dirtier maybe I had a day that I was like hang out with the kids and like they got food all over me but I don't necessarily want to go to regular I don't want to risk going super super hot

but I do want to give it a little extra boost I can choose to pre-wash on permanent press and again get that little extra oomph of clean honestly prior to knowing this I lots of times

would wash my kids clothes and sometimes they would come back still dirty and I would be so irritated why did these come back dirty what did I do wrong and it was because I didn't know how to tweak

the settings properly for what I was putting into the washing machine a few other important things to know about the washing machine is how to properly clean your washing machine I feel like it's

one of those things where it's like it always feels silly to clean the things that clean but those are often the things that need to be cleaned the most I find specifically a washing machine is

something that I like to give a good clean every month or so and so here is how I like to do that okay first things first we're going to clean the detergent drawer this actually gets really gross

and I didn't know for a long time that you can actually remove it there's usually a little release tab of some kind kind take it out scrub it really well soak it in some warm soapy water

whatever you got to do to get all the residue off and then return it

[Music]

back now go ahead and wipe down the doors wipe down the seals so you can

just use a rag or paper towel to wipe all of the seals these get really gross surprisingly fast and then you also want to clean the seal between like the rubber part and the drum sometimes you

kind of have to pull this back to see how disgusting it's gotten in there and then just keep on scrubbing until it's nice and clean now you may notice that some of your seals have mild buildup of

like mold or mildew that you can't get rid of so you can get one of these mold removing gels and it just sits on it for a little while and then you wipe away the mold next go ahead and clean the

filter you might not know that your

front loading machine has a filter it's typically on the bottom of the machine you're going to place a towel or shallow bowl underneath the filter then open it

up you'll drain out the water in there and then take out the filter and soak it in like some hot soapy water or just scrub it really well to get out all of the junk and grossness now these can get

pretty gross if you've neglected them for a while if you have not cleaned this it's probably pretty gross and finally run a cleaning cycle before using it again you can use washing machine

cleaning tablets or just one or two cups of vinegar right into the drum and once it's done make sure to leave the machine door open to prevent any mold or mildew you notice that our appliances are

starting to not work as well we can just like complain about it and be like oh this thing doesn't work anymore and then think about having to buy a new one but learning Little Things about how to care

for and how to fix our appliances can make them last so much longer and I'm not saying this to like talk down because this is something that I really in the last few years have really just

learned how to do myself it's called adulthood and I'm slowly adopting it

into my life as being an boring adult
that makes videos about dishwashers and
washing machines oh boy to be 36 now

washing machine hack that I'm currently
hooked on right now is adding vinegar to
the bleach spot of my soap drawer so
vinegar is
actually a natural fabric softener cuz

it breaks down detergent residue and
softens your Fabrics naturally without
the buildup that many softeners add not
to mention it's chemical-free vinegar
also helps to remove odors from fabric

it's a mild disinfectant so it helps to
sanitize and it naturally brightens
whites I've honestly noticed a huge
difference to my clothing just the way
that they feel and the way that they

smell and how they literally feel
cleaner when I incorporate vinegar into
washing last but not least I want to
talk talk about laundry stripping cuz
this is something that I recently did in

a video that I had heard about for
probably 2 or 3 years but never actually
tried I decided to finally try it out so
let's roll that footage let's talk about
laundry stripping have you ever heard of

this you have maybe seen videos of this
on Instagram telling you you should
strip your towels it's basically just

the process of taking out any buildup of oils residues and detergents from your

laundry so you're going to start with clean laundry and you fill up your tub with hot water mix in 1/4 cup of borax 1/4 cup of washing soda this is different than baking soda or washing

detergent and then mix in some heavyduty detergent like a tide next mix in your laundry make sure it is fully submerged you want to give it a stir every 4 to 5 hours and you're going to be probably

shocked at the color of the water when you're done because yes that is all dirty residue that was on your laundry your clean laundry yucky water yes it is yucky water isn't it now run everything

through the wash again on cold water just to make sure it's fully rinsed of all of the stuff that you just used to strip it and this process will restore your Fabrics it can help to remove odors

that you can't seem to get rid of and it will strip out all of those oils and residues that may have been sitting around on your laundry also while we're on the topic let's just talk about Borax

and washing soda in your laundry because knowing how to use these can be awesome life hacks too so washing soda or pure Soda Ash has very high alkalinity which

means it's amazing for breaking down

stains so you can add some of this right into the drum of your laundry if you're looking to break down some tough stains in your laundry now borax I find is really great for odor elimination so add

some of this into your laundry if it's not smelling so great maybe you've had something you washed a few times and it still smells musty you're going to add this into your laundry to help remove

the odors that's why together they work really great for laundry stripping all right my friends that does it hopefully I taught you at least one or two things at least one or two just small little

things that maybe you didn't already know about your washing machine I like to think that I am not alone that I was not the only one who didn't know these things about my appliances as always

thank you so much for stopping by and watching I hope you're having a fantastic day remember to be kind to yourself and to others and I will see you all in my next video

=====

=

