

John Henry Group	JHG Operations Method Statements	
Reference Number: PRO-JHG-MS201	Version Number: 2	
Published Date: 24/08/2023	Next Review Date: 24/08/2024	
Document Owner: Head of Health & Safety	Approved By: HSEQ Director	

F-JHG MS26: Pulling in a Cable

Scope of Works

Pulling in Cable:

Note: A POWRA shall be completed prior to commencement of works. The particular hazards associated with this task are documented in the library of Risk Assessments.

Sequence of Works

- Park vehicle safely.
- Ensure that a HSEQ Manual is on site, together with job pack
- Check and ensure that all relevant site access permits, safety cards and paperwork is available on site and correct before commencement of works.
- Check and ensure that all plant and machinery are in good working order, have up to date certification and the operators have the compliant and in date licenses
- Check that client and relevant persons are informed and agree commencement date
- Check that all required materials are available and on site when required.
- Ensure that Briefing and Toolbox talk documents are available.
- Ensure that the site has been booked in to upon attendance (site provider requirement, check job pack)
- Check site for potential hazards and note on POWRA. Rectify if possible. Mark danger area & inform crew regarding potential hazard.
- Place emergency equipment (fire extinguisher & first aid kit) in designated area.
- Select an appropriate Traffic Management plan.
- Ensure that all PPE is available, has been checked and is in good working order prior to carrying out any activities.
- Ensure that all relevant and appropriate Health and Safety Barriers & traffic management signage are in place before commencement of work.
- Ensure that the cable drum is placed on firm and stable ground
- Ensure that the equipment used to support the cable drum is in good working order and suitable for the weight of the drum
- Only remove the cable protection once the drum is in its final position
- An agreed system of communication must be established between the launch and reception areas before starting any winching operations
- Winches & vehicles are to be secured with brakes & locked in position prior to any operations
- To avoid any risk of injury all nails shall be removed from cable drums
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Plant & Equipment and Certification Required

Cable Carrier, Cable, Winch, Cable Connections.

All plant & Equipment must be serviced, and/or calibrated to the requirement of legislation and the manufacture. Any electrical tools required will all be 110v in line with the current regulations.

Staff Involved and Certification Required

Only trained, competent authorised personnel shall be permitted to carry out works. All Construction workers must have the required basic legislative health and safety training and Manual Handling Training. Each crew collectively should have a combined training of:

- Sign, lighting and guarding,
- 1st aid training
- Accreditation in Pulling in cable

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Access and Egress Points

Only permitted access/egress points will be used. Vehicles will be parked in a suitable location, causing no obstruction to the site provider/ or adjoining users. Any directions / instructions issued by the site provider, as detailed in the site survey will be adhered to.

Interface with Public

Access is generally arranged by the office and arrangements conveyed to the PICW. All required third party notification / procedures will be addressed by the P.I.C.W. Work area will be cordoned off to prevent unauthorized access. Appropriate signage will be erected.

Signage:

Working hours

Normal Working Hours will be 08.00-17.00. Where an emergency Call out is required the working hours may be altered to suit the Client requirements to be agreed by JHG Supervisor.

PPE

Safety Boots, Helmet, Gloves , Hi Viz Clothing, Eye protection (as required), Ear protection (as required), Dust Mask (as required)