



Sun opposition Mars

☉ ♀♂ Sun opposition Mars, Sun square Mars

There is an unmistakable competitiveness and a “me-first” attitude with those who have Sun square or opposition Mars in their natal charts. The fighter persona is most apparent in youth, when the child is described as a “bundle of energy”, or it is remarked that he or she “can’t sit still”.

The abundant energy generated by the hard aspects (especially the square) between the Sun and Mars is hard to direct in childhood. Later in life, ideally, those with these aspects have learned to channel some of their excess energy into productive avenues—perhaps through career, sports, or any area where competitiveness is considered an asset.

Nevertheless, people with these aspects can meet up with more than their share of conflict, and they can most certainly rub people the wrong way. They are very motivated to get things done, to take action rather than simply talk about something, and to get from point A to point B as quickly as possible.

temperamental at times. They are easily frustrated, and they're given to impulsive actions and assertion of their wills. If the aspect is found in cardinal signs, it gives impulsiveness and a short temper. If the aspect is found in fixed signs, the natives can be very hard-headed and willful. If it's in mutable signs, it gives a restless and frustrated impatience.

Essentially, those with Sun square Mars in their charts have faced conflict and are not particularly afraid of it. They have faced having their need to assert themselves blocked. Their parents may have done as much as they could to "tame" what they felt to be excess energy or aggression. In other words, they know all about conflict and blockages, so that when they are faced with a challenge or a roadblock, they don't run away from it or hide under the covers feeling sorry for themselves. They meet challenges head-on.

Sun opposition Mars people are more confrontational and argumentative than active. In youth, they might feel that they often face anger from others. They might see the Mars energy as coming from the outside. If and when they face the fact that the aggression is actually a part of their own personalities, they are more equipped to direct the competitive energy into productive avenues.

Some Famous people with Sun square or opposition Mars: Jennifer Aniston (Sun square Mars and Neptune in fixed signs), Madonna, Muhammad Ali (square), Anne Heche (opposition).

General discussion of Sun-Mars aspects.

Alternate interpretations:

Note: The square, semi-square, sesquiquadrate, and opposition are also called "hard", "challenging", or "inharmonious" aspects.

Sun in hard aspect to Mars: You have a powerful instinct when it comes down to survival of the fittest and you are a force to be reckoned with whenever issues of survival are at stake. Watch the tendency to argue and compete with others just for the sake of

Sun opposition Mars: (The Appraiser) You must not only know who you are and what you want, but should examine the values of others to bring your life into balance. You need support, but seem to attract those with opposite views and will often find challenges to your ego. Seriously consider whether your beliefs are worth fighting for, for you see differences as personal affronts. Defend only what is really important to you. "All roads lead to Rome", and you may travel more than one to get there. — Interpretation from the **Spirit Success report**.

Sun opposite Mars: You may have trouble directing your energy toward real life goals. You sometimes lack the drive to get ahead, and waste valuable energy in nonproductive activities. You sometimes insist on opposing or vying with authority, going against your own best interests. Emotionally you can do and say things that seemingly are against your better judgment. Emotional stand-offs are not uncommon. — Interpretation from WinStar.

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