



Sun square Moon



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What people who were born with Sun square Moon in their natal charts want and what they need are in conflict. The Sun square Moon aspect is similar to the Sun opposition Moon aspect in this sense, but there are very notable differences. Whereas the struggle between wants and needs is mostly played out on the inside and through significant relationships with Sun opposition Moon people, Sun square Moon people tend to confront obstacles that come from the outside. In truth, the struggle *is* within, as it is a case of being "one's own worst enemy". There can be a tendency to attract challenging situations into the life as an unconscious attempt to recreate the tension of early childhood. As well, specific habits and attitudes can hamper their progress in life.

These people generally have a need to achieve and accomplish something important, and they act out their internal struggle along the way. For whatever reason, these people didn't feel needed or accepted. The clash between their parents or parent figures, if indeed there was one, made them feel unaccepted for who they were, and there can be a

Moon. It is more likely that their relationship was a continual struggle.

Sun square Moon individuals internalized the tension in the cosmic air that they were born into, and felt out of place as a result. In some cases, they literally felt unwanted by one or both parents. Even if the parents didn't clash, the early life was likely to have been over-stimulating and tense, causing the child to feel insecure.

These people experience a struggle between their need for nurture and their need for independence. When they get the autonomy that they seem to crave, they feel unsupported by others. When they receive the support they crave, they feel smothered. This internal clash is most apparent in the relationships they form, especially in the first half of their lives when they may not be aware of these patterns. Confrontations and challenges are frequent—not just with romantic partners, but also on the job, with friends, and so forth.

However, these people have a lot of drive and spunk. They are resilient creatures who have faced conflict and who have survived it. Although they face a struggle with fluctuating energy, they are motivated to accomplish something. Ideally, they learn through experience to accomplish something for themselves rather than to prove their worth to others.

Some Famous People with Sun Square Moon: Geena Davis, Michael Douglas, Ricky Martin.

People born with a **Sun-Moon tension** can spend much of their lives struggling to balance the principles of the Sun and the Moon within their personalities, and will bring this struggle to some degree into their relationships. The urge to form meaningful relationships is generally powerful, but relationships can be as much of a struggle to these natives as the inner conflict is to themselves. This inner conflict occurs with the square, opposition, and quincunx. The desire to find meaningful relationships is stronger than it is when the natal Sun and Moon form a sextile or trine, and early relationships in particular can be challenging until the stressful aspects are recognized as an *inner* tension.

expectation that relationships can very easily fail, and the natives will be especially aware of conflicts in partnership, taking them to heart. The upside of this natal conflict is found in this sensitivity itself!

Those with a **Sun-Moon opposition**, in particular, are generally willing to work out problems in a relationship due to their acute awareness and sensitivity to the conflicts that arise in their partnerships. However, if they face a partner who denies the problems exist in the first place, as in the example above, they can easily become frustrated. This is because learning and growing through relationships is a basic urge – so basic that it is a need. These natives are learning about themselves through their relationships, and need partners who are willing to be a part of that process.

Sun square Moon suggests an internal “war” between two equally powerful desires: the desire for emotional commitment and the desire for autonomy. The native can be quite defensive and even belligerent with others, and often over-sensitive, which can take its toll in personal relationships. Partners may complain that the native often seems to be spoiling for a fight, and relationships can be turbulent until the native learns to compromise.

General discussion of Sun-Moon aspects.

Alternate interpretations:

Note: The square, semi-square, sesquiquadrate, and opposition are also called “hard”, “challenging”, or “inharmonious” aspects. The square aspect is the 90-degree angle.

Sun in hard aspect to the Moon: Your innermost will feels like it’s in a constant state of trying to make peace with your feeling, emotional side. Even so this lack of complete harmony within yourself can provide the spark that motivates you toward personal achievements.

Most likely there existed some kind of tension between your parents. Even if this was not openly expressed, you picked up on it as a child. As a result you may have inner expectations that relationships must contain a certain element of conflict. At any rate,

Sun square Moon: Stressful Sun/Moon aspects indicate considerable intellectual ability that is hampered by psychological conflicts in which certain drives within the personality are pitted against one another. While growing up, you may have felt a lack of support or a sense that you somehow did not fit in to your family.

In the career arena this can translate into the pursuit of an occupation that does not meet your needs or one that conflicts with what you truly want to do. Because of this rough edge in your personality, others may view you as self-willed, oppositional, contentious, argumentative, or imperious. You tend to feel easily frustrated and may be prone to periods of depression. — Interpretation from our [Career Report](#).

Sun square Moon: The Sun is “squared off” against the Moon in this chart. This can cause a few problems for the child. This aspect is often a sign of a child who seems to have an on-going battle with the emotions. The real problem is the lack of self-acceptance. This is the lesson that will have to be faced throughout life – to accept the self. The only thing wrong with these children is that they think something is wrong with who they are. Try early to assure this little one that nothing is wrong. Try to maximize the good features, the things that they do well, their talents and the personality. Try to avoid personal criticisms.

Often this aspect indicates that there is some friction in the home. The parents could have very different ideas or have very different natures, or simply they may not have a relaxed relationship. The child is highly sensitive and will probably feel like the meat in the sandwich. The poor kid will try hard to please both parents and not really know how to achieve this. This is often the beginning of the inner confusion of not having a clue on how to act naturally. They become totally afraid to let their own light shine through.

The childhood can be difficult, but the child will actually learn a whole lot. During these years, the child will learn to deal with life and all its little problems. But this does not help the isolation that may be felt as a young child. Often this aspect signifies difficulty with romantic or sexual partners in adulthood. But if childhood resentments are minimized and addressed, this will not be a major issue.

examine, and accept change and growth. They will constantly reach for new heights and new goals and so stretch their capabilities naturally and in a healthy way. — Interpretation for the **KidZone report**.

Sun square Moon: There is a lack of harmony between your environment and your ambitions. What you need most is not always at hand to make the kind of progress you envision. Or, when the support is there, you can't get the instruction or direction you require. You may have forgotten where it was you wanted to get to, sort of "all dressed up, but which way to go?" It could be historical, too, as simple as being torn between your mother and your father — a struggle between that which seeks to nurture you (and perhaps baby you) and your ambitions — a need to succeed and be all that you can be. — Zet software.

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Sun square Moon: Your friends may see you as a "Jekyll and Hyde." Your emotions are close to the surface. You can be ultra-sensitive and hard to get along with. There is another side of you unlike the image you present. Drama belongs in the theater, and needs a director to refine it. Don't be afraid to ask for help. Your inner strength is more than equal to any test. You can uncover a new source of power that you knew was there but have never allowed yourself to experience before. — Interpretation from the **Spirit Success report**.

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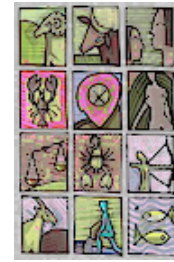
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