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Saturn Transits to the Planets

SATURN TRANSITS: PREDICTIVE ASTROLOGY - TECHNIQUES FOR PREDICTING THE FUTURE

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Saturn Transits to Personal Planets: Trines & Sextiles

Every now and again, we are blessed with a pleasing dose of practicality and a measure of control. Although Saturn's transits are not traditionally considered "blessings," Saturn does seem to know when we need stability, steadiness, and even "cooling down." These periods often coincide with Saturn trines and sextiles our personal planets or points.

Self-reliance characterizes these times, and some of us are less sociable during these transits. However, if this is the case, it is intentional, and we don't feel forced into solitude or "left out" like we might when Saturn transits in a hard aspect to our personal planets. Life seems more cut and dried in the affected natal areas, including the affairs





When transiting Saturn trines or sextiles our natal Sun, we feel more comfortable with who we are. Because we have a more mature grasp of our own capabilities, we project a more responsible, perhaps serious, and self-assured personality to others. We may be more open to receiving grounded, practical advice.



Our lives seem more stable during this period, likely because we look at ourselves in a realistic and reasonable manner. We are less vulnerable to self-delusions.

One of the major sources of stress and guilt in our lives stems from uncertainty. We might want to stop to think about how much pressure comes from overestimating our responsibilities and inevitably failing to meet them. Things nag at the back of our minds. Saturn offers us realism; with transits to the Sun, we see ourselves more clearly and realistically. This transit reduces the uncertainty, at the very least with regard to our capabilities. It also offers a welcome reprieve from feelings of guilt and fear.

At these times in our lives, we know what our responsibilities are, and we meet them.

When transiting Saturn trines or sextiles our natal Moon, we feel more in control of our emotions, domestic affairs, and personal habits. We feel considerably more mature and capable of handling our personal lives. Family matters assume more importance in our lives now, and we meet our responsibilities with maturity and competence.

We have much to learn from older people in our lives. During this transit, we are more likely to actually listen to what they have to say and learn from them.

Which house does/houses do the Moon rule in your chart? (There may be more than one). Wherever you find Cancer in your chart, you will notice this mature and steady energy.





romantic riing during this transit. You also reel more capable or dealing with children. You might begin a new romance that is considerably more mature in nature than previous ones. Instead, your current relationships become more practical or reliable. Because the fifth house rules our creative self-expression and Saturn has a stabilizing and realistic effect, we might turn our hobbies into businesses now. At the very least, our self-expression becomes more sober and practical.

If the Moon rules our seventh house, we might notice that our partnerships (including marriage) become more practical and goal-oriented. We manage these relationships with more maturity. If we are not involved in a partnership before the transit, we might enter into one, simply because it is a more relationship-friendly period of time when we get serious about our commitments.

When Saturn transits trine or sextile Mercury, we are more apt to organize our lives and to improve our skills. The progress we make during this period could bring us rewards in our careers or social lives—if not now, in the future.

Our thinking is clear, and we can study and absorb information, perhaps not more readily, but certainly more deeply. What we learn now, we retain. Our thinking is more realistic and practical. We are less inclined to jump to conclusions or to make poor judgments. This is because we consider the consequences, the probable outcome, and the bottom line.

This is not a time when we take risks unless they are very educated risks. We rely on time-honored, traditional approaches to new ventures. Fortunately, we are able to formulate plans, lists, and budgets, and we *think things through*.

When Saturn transits trine or sextile Venus, our romantic and financial lives become more grounded. This is a good time to formulate a plan to curb spending and cut away some accumulated debt because our outlook is more reasonable and practical with these matters.

We might begin a more serious romance, or our current relationship takes on a more responsible, mature, or serious tone. Relationships formed during this transit have a





energy and time for serious creative endeavors or romantic relationships.

Circumstances can be such that we mix business and pleasure in pleasing ways, make social contacts that lead to business propositions, or turn an artistic hobby into a business. Our overall manner in social situations is more mature. As such, we more easily make a good impression with our peers and those older than us.

When Saturn transits trine or sextile to Mars, we experience a period when disciplining ourselves is easier. We are more in touch with our bodies in the sense that we see them for what they are. As such, we might begin exercise programs during this transit. (This is, incidentally, one of the best aspects for starting an exercise routine, another being Saturn trine Ascendant).

Self-discipline and self-motivation, a necessary cooling of the passions, increased focus in work and activities, and a sense of purpose are themes now. We feel in control of our passions and our impulses, and we face life with more purpose and maturity. Also, we are more practical than usual, and our progress in most projects is perhaps slow but steady. This can be a very productive time in our lives.

Important Note: We have lumped together the **trine** and **sextile** aspect because they are similar in nature. However, there is a distinct difference that you should keep in mind when reading the interpretations above. While the changes come quite naturally and flowingly with the trine, the sextile represents opportunities that need to be grabbed. In other words, we need to be more conscious of opportunities with the sextile to benefit from the positive aspects of the transit.

Saturn Transits to Personal Planets: Conjunctions

Saturn's influence is direct and personal when it transits conjunct a personal planet.

When Saturn transits conjunct the Sun, our level of maturity, realism, and responsibility come up for inspection. It's a time when we're assessing the goals we have set for ourselves, as well as our very character. We're re-evaluating them for strength





Because the Sun rules our vitality, we may feel our energy is somewhat depleted. In fact, we begin to feel our age and the pressures that accompany it. We may feel alone and unparented or unsupported.

This can also be a time when we're assessing our achievements to date. Certainly, we're more sensitive to whether or not we have been recognized on either personal and professional levels. Whether others recognize our talents, abilities, and unique individuality and character becomes especially concerning to us.

We also tend to be self-critical and/or feel others do not support or recognize us enough. This process is necessary, as we are learning to see ourselves more realistically–without rose-colored glasses. That way, we can move forward with a stronger sense of purpose. It may be a time when we cut out projects or relationships that no longer work for us or were built on weak foundations. In essence, we're conserving our energy for those things that *do* work for us. Building and strengthening efforts are worthwhile.

When Saturn transits conjunct the Moon:

We are acutely aware of our support systems when transiting Saturn conjuncts the Moon in our birth charts. An increased awareness of the flaws or weaknesses in our support system is likely now. This can lead to some feelings of isolation or a feeling of being unparented and alone in this world. The purpose of this transit is for recognizing how our unacknowledged or unsupported emotions are negatively impacting our lives. It's time to take steps to change that!

This is a strong period for introspection. We might discover that we have not left enough doors open to our inner world. Instead, we recognize we haven't been supportive of others in tangible ways. This may be the reason we are not getting back what we want from important people in our lives. Or, we might realize that we've overdone our support for others and ignored our own needs for nurturing, support, compassion, and love. We need to take steps to strengthen our ties to others by first working on ourselves.





might be pulling yourself back from others, perhaps in self-pity or due to fear that your needs will not be met. If you are going through a self-pitying phase, allow it to happen for as long as it serves its purpose. Sometimes we can draw great strength from these phases. In fact, this transit eventually leads us to discover our own inner courage and strength.

Take some time to be alone, reflect, and understand what you want back from life on an emotional level. Deeply ingrained personal habits are also something to re-assess. You may need to leave some of them behind in order for you to move forward in a healthier manner.

While you could feel a little hardened or toughened up, as long as this puts you in a more realistic state rather than a resentful one, it may not be so bad. In fact, it could be exactly what you need right now.

When Saturn transits conjunct Mercury:

This transit marks a time of seriousness of thought, as you crave simple answers and truths. You may doubt many of the ideas you've had to date or the projects you've been putting your energy into.

The purpose of this transit is to pare down your thinking process, improve your communication skills, and simplify your tasks. You may experience a particular disdain for superficial interactions with others, either because you now view them as unnecessary, fake, or distracting. You may feel a little stiff around people as a result. Others could notice that you are a little withdrawn socially, perhaps sarcastic or negative in your speech, and less available in general.

You might be pouring more of your energy into a particular project, study, or course and have little time for others as a result. This is not the best time for presenting your ideas, as you might find that others are not supportive of them.

However, it's an excellent period for reviewing, reassessing, perfecting, and improving ideas, projects, skills, and communication so that in the future, you will be more





feel honestly confident about.

Certainly, you are becoming more mature in your thinking. While you may be swinging to a more negative or critical outlook in the initial stages of this transit, this process may be necessary to ultimately reach a balanced, mature, and realistic state.

When Saturn transits conjunct Venus:

What has carried you to date in the world of your social and romantic relationships may no longer feel satisfying or worthwhile during this transit. It's time to assess your relationship needs, attitudes, and capabilities.

You may withdraw yourself emotionally as you become more serious, critical, and concerned about a significant relationship. Circumstances are such that you more readily recognize serious flaws, and any superficial interactions could start to bother you. You might temporarily have a hard time "going through the motions."

Consider that fears of getting hurt could be self-fulfilling prophecies if you are not careful now. While you should definitely take some time to come to terms with what you are now seeing, you should also understand that in the initial stages of this transit, your thinking skews to the negative.

What's happening is you are losing the rose-colored glasses, and eventually, you will be able to see your relationships in the most realistic light-you will see them for exactly what they are. However, the first stage of this process is rather severe and unforgiving, so take your time before making any major decisions.

Differences in values between you and a partner may be glaring now. How each of you approaches the relationship in terms of commitment, loyalty, and pleasure are likely to be issues on the table. As well, you are now especially concerned with how a partner makes you feel attractive and wanted. The quality of your relationships is most important to you now.





them. Thus, relationship tests may occur now. It's time to work to improve and strengthen these weaknesses. Letting go of things that truly do not work for you anymore may be necessary, but there is also a strong probability that an existing partnership can be redefined and strengthened.

This can also be a time when you begin to question your ability to attract others or what you want from life. Questions of beauty, attractiveness, social charm and grace, and financial power can be themes now. You may no longer be comfortable with the ways you have employed charm or attractiveness in the past. Being self-critical is likely in these areas. Indeed, you no longer see yourself for what you want to see.

This can all take place in your inner world, but for many, there is an external trigger in the form of an event or circumstance that changes your perception of things. Eventually, you will come to a point where you are more confident of how you go about attracting love, money, favors, and pleasure into your life, and this comes from arriving at truths and realities.

It's a strong period for reassessing your spending habits. Financial stresses may be part of the picture now, leading to a more conservative, mature, and realistic approach to handling your finances.

When Saturn transits conjunct Mars:

The purpose of this transit is to cool your passions in some manner, conserve your energy for what truly matters, and discipline your approach to getting what you want from life. Circumstances may be such that you must exercise restraint in your life now.

You may encounter resistance or blockages if you push yourself too hard, assert yourself too strongly, or express anger excessively. Alternatively, something happens now that restricts your freedom of movement in some manner, positioning you to redirect your energies.

Initially, you might feel frustrated and thwarted, or you may experience a lack of drive and enthusiasm. As the transit progresses, you will be learning to direct your energies





You might also be learning to curb some of the excesses in your life and to go about getting what you want in a more mature, temperate, and moderate manner. You will examine how you express your anger, how that has hindered you in the past, and how you might better do so in the future.

Saturn Transits to Personal Planets: Squares & Oppositions

We feel Saturn's influence more acutely and in the form of a challenge when Saturn transits square or opposition to a personal planet.

When Saturn transits square or opposition the Sun, we may experience some form of disillusionment with an important person in our life, authority figures, personal plans and achievements, or aspects of our own personality.

We may feel "left out," blocked from advancing in our chosen life path and lacking in energy and confidence. Ego boosts don't seem to be forthcoming, or if they are, we don't see them in such a light. Some sort of buckling down is necessary now and is often perceived as limitations coming from other people or circumstances.

Financial blocks are quite possible, especially if the Sun is associated with the second or eighth house by position or rulership. Physically, this is apt to be a relatively low period when we don't have that extra "oomph" or drive to accomplish things. A general feeling of "slowdown" is likely, and if regular tasks seem more overwhelming than usual, it is likely due to poor spirits and lack of motivation.

Sometimes, this transit is associated with problems with the teeth, bones in general, and the skin. It is also associated with mechanical breakdowns in your life. However, these generally happen because you haven't been managing your life effectively, as we are all inclined to do from time to time, and Saturn wants you to identify the weaker areas of your life. It's time to fix or strengthen them.





tnings or people leave your life, it could be because the connection between you was weak, or they somehow no longer serve a healthy purpose in your life.

Taking a slow and steady approach to life is necessary now. Pushing too hard will likely lead to frustration and setbacks. Take it easy and work on self-improvement. Results are not immediate but will eventually come and bring healthy rewards.

When Saturn transits square or opposition the Moon, we may feel overlooked, left out, on our own, and even uncared for. This transit sometimes occurs when changes on the domestic front leave us feeling "alone in this world." For example, when we move out on our own, are separated from family or other loved ones, etc.

Domestic problems may be part of the picture, often connected to women and sometimes the mother. Everyday coping skills can be compromised at this time-chores and routines seem harder to do or more burdensome than usual. It can be challenging for us to take risks at this time, and we're more likely to focus on the negatives.

Fears and insecurities of all kinds magnify during this period–fear of rejection, fear of what the future might bring, fear that we won't be able to handle our lives masterfully, and so forth. Although we may long for emotional support from others, we don't receive it well if it is forthcoming. We may be given to sulking, feeling sorry for ourselves, dredging up the past, and focusing on what we haven't done or can't do. We may feel awkward and self-conscious and consequently less sociable as spontaneity is lacking for us now.

It is important to remember that this is very much our perception *at this time*. In truth, we can manage it if we familiarize ourselves with the general meaning of Saturn's influences. It is a time when we are called upon to take a realistic look at our personal and emotional lives. This is a period when progress on the domestic front is slow, delayed, or denied. Our personal popularity is weakened temporarily, and business may also be affected.

The best way of handling this energy is to recognize that it's a time to slow down and reevaluate our personal lives, and that pushing ourselves to do too much will be frustrating





changes to our daily routines to improve our lives.

When Saturn transits square or opposition Mercury, we may have a pessimistic attitude towards our lives, feel misunderstood, and find ourselves in conflict with others on intellectual levels.

We are likely to experience communication problems. It can appear that others are not especially sympathetic to our point of view. However, we must examine how we are communicating with others, as it is likely that negativity strongly colors our words.

It is very hard for us to see the "big picture" during this period. In some cases, we may end friendships over disagreements at this time—or come close to doing so. This transit calls on us to examine our thinking patterns to find rigid or negative attitudes that have held us back from advancing.

We are *ridding ourselves of projects that no longer serve their purpose* and learning to cut out the fluff in our lives so that we can focus on projects that truly matter.

It's not the best time to present your ideas. Rather, it's time to reassess them and work on perfecting them for presentation at a later date. You are seeking truths now, and in the process, you might experience many doubts.

When Saturn transits square or opposition Venus:

This might be a time of relationship tests, struggles, or trials. You may not be attracting things and people you want in your life as easily as you were before this transit, which can be eye-opening. It's a signal to work on improving your manner and the things you offer to others in partnership.

This transit can raise many doubts, and you could be withdrawing or slightly holding back as you attempt to figure out what you need, want, and can give. You are working towards ridding yourself of self-delusion regarding close partnerships, socializing,





Your goal is to find deeper connections to others. Relationships built on weak foundations may not survive, but other relationships can be improved and strengthened.

Financial matters might be stressful for the time being, which forces you into a position of conservation and moderation.

When Saturn transits square or opposition Mars:

This is a period when we face obstacles, blockages, or opposition to our sense of freedom, drive, and ambitions. Excessive or wasteful endeavors and personality traits may need tempering now. You are more cautious now, and you might experience a temporary loss of enthusiasm or setbacks that make you doubt your ability to win in life.

You are learning to live life in moderation. However, it can be frustrating initially as you face tests, rejections, or trials that remind you that pushing too hard or too fast doesn't always yield the results you crave. It's time to slow down a little, catch your breath, and experience some defeats. All of this is to come back stronger, more controlled, directed, and mature in your expectations and approach to the world.

Saturn Transits to Other Natal Points

When **transiting Saturn conjuncts natal Jupiter**, you are learning to temper your enthusiasm with practicality to achieve your goals. Where you may have overshot in the past, you're now more realistic. It's a good time to draw on self-discipline to build or rebuild your career, life path goals, or other important ventures and systems in your life. This transit often coincides with a new job or residence or a time of harder work with significant results.

This transit occurs approximately once every 29-30 years. Still, there are often three exact hits over the span of almost a year when it does occur.





Jupiter deal with your life priorities, and now they can better be organized or structured,.

They're also about your expectations and general outlook on life, and how you can come to a more realistic, mature, and balanced state of mind.

You may be required to re-align your plans and goals, particularly in business, towards more realistic avenues. Circumstances are such that you may need to pare down your endeavors and concentrate your energies on fewer, higher quality projects. Life situations or blockages bring you to question whether your expectations are too high or unrealistic.

Transiting Saturn square Jupiter When transiting Saturn squares natal Jupiter, you may be required to re-align your plans and goals, particularly in business, towards more realistic avenues. Circumstances may be such that you need to pare down your endeavors and concentrate your energies on fewer, higher-quality projects. Life situations or blockages may bring you to question whether your expectations have been too high or unrealistic.

Transits of Saturn square to natal Jupiter call up for questioning your life priorities and how they can better be organized or structured. This transit is also about your expectations and general outlook on life and how you can reach a more realistic, mature, and balanced state of mind.

Generally, areas where you've been overexpanding or overdoing things come up for inspection. Saturn is now asking you to moderate your expectations and behavior. You're receiving a lesson, of sorts, about healthy boundaries and limits.

It's possible you're dealing with fluctuating finances, career matters, or moods. Money may be tighter. However, this can also be a good time for business and real estate as you find ways to stretch your budget or become more careful with your resources. It's not the ideal period for legal matters and outcomes.

There can be a sense that you're getting nowhere or working too hard with minimal reward. In truth, the rewards for current efforts may simply be delayed. However, if a careful assessment of a particular venture leads to the realization that a project is an actual liability, it could make sense to cut your losses. However, keep in mind that your





need to get back on track eventually. This is especially true of projects you initiated about seven years before this transit.

Transiting Saturn sextile or trine Jupiter Your expectations and outlook on life are considerably more realistic now as you seek balance between too negative and overeager attitudes.

It's a strong time for realigning your projects and getting your life priorities straightened out. You are concerning yourself with the long term now, and practically preparing yourself for a better future.

When transiting Saturn sextiles natal Uranus, pleasant life milestones can happen. You feel capable, and your balanced approach to making changes and improvements benefits you. It can be a time when ideas or dreams take form. You can monetize a hobby, or you can more thoroughly enjoy your work and make use of your talents in concrete ways. You can be extraordinarily disciplined if you find joy in your work, chores, and duties.

Transiting Saturn square Uranus Watch for limiting yourself through abrupt behaviors during this period. You can feel frustrated by circumstances that seem to block your efforts to innovate, change, progress, and express your individuality or independence. Indeed, this transit challenges you to build something solid or real from your original ideas.

This can be a time when you feel restless but can't seem to find a way to satisfy the need for something different. Differences of opinion can be harder to tolerate than usual, as they seem to be blocking your progress now–it feels personal. Difficulties are possible with technology or group associations. Problems with teeth often accompany this transit.

It's a time to draw on your patience and determination since obstacles emerge more than usual, but they're also temporary. You may need to work on problem or weak areas to help achieve more freedom for your "future self."





one month but that more often occurs over the course of about nine months if there are three "hits" from transiting Saturn to natal Uranus due to Saturn's retrograde.

When transiting Saturn trines natal Uranus, there can be pleasant life milestones happening during this period. It can be a time when ideas or dreams take form. You may be able to monetize a hobby or more thoroughly enjoy your work and make use of your talents in concrete ways. You can be extraordinarily disciplined if you find joy in what you're doing.

When transiting Saturn sextiles natal Neptune, it's a fabulous period for making positive lifestyle changes and for putting more effort into or applying more structure to your spiritual practices, imaginative or creative pursuits, writing, art, charities, and causes. It's a good time to tighten up areas of your life that have become a little slack or neglected. It's also a fine time for getting the guidance you need, if applicable.

Transiting Saturn conjunct, square, or opposition Natal Neptune You may feel at odds with your fears and phobias, having difficulty understanding yourself and accepting bad habits, anxieties, and addictions. There can be some self-criticism as you begin to see some of your escapist tendencies for what they are. Or, you could feel incredibly frustrated with your more irrational addictions and fears you've previously accepted as you now see them in a harsher light.

You might often have the inexplicable feeling that something awful will happen – a feeling of doom. Old bad habits may resurface for resolve. There is likely to be some form of disillusionment happening now, with previously held beliefs, and possibly also with others who don't seem very sympathetic or compassionate. Beliefs or methods that previously helped to soothe you may no longer satisfy.

Positively, and especially with the conjunction, this can be a time for overcoming a fear or addiction, although there is likely to be initial impatience and a struggle involved.

When transiting Saturn conjuncts natal Pluto, you may be called to put in some hard work or to draw upon your self-discipline during the course of this transit. You can





years are going through the same transit. Still, it may not occur in the same house.

Transiting Saturn conjunct, square, or opposition Chiron You will be learning about your own inner strength during the course of this transit. Circumstances position you to question your own integrity and grow to a position where you respect yourself more, by eliminating attitudes that no longer serve a greater purpose for you. Frustrations with the demands, rules, or expectations of others are likely to surface in the process of these discoveries.

When transiting Saturn squares natal Chiron, feelings of vulnerability are stimulated by events in our lives that feel heavy or overwhelming. You can feel especially sensitive or put upon during this cycle. It can be difficult to find support from others, especially if you feel more defensive than usual. Criticism may come in that bothers you deeply. But in an effort to make improvements or fight back, you can end up making important edits and changes. These things help you build up your self-confidence or self-image.

Transiting Saturn sextile or trine Chiron When *transiting Saturn sextiles natal Chiron*, you find it easier to draw on your special wisdom or talents and apply them in the real world without fanfare but with decent success.

Learning to let go of regrets is a major theme of this transit. By working on facing up to your responsibilities, following the rules, and adopting a humbler approach to others, you gain a greater sense of purpose. You stand to learn much from your experiences and interactions with others now.

Transiting Saturn in aspect to the North Node When Saturn transits in aspect to the North Node, how you associate with others in terms of give-and-take and learning experiences, comes into question. Negative, greedy, or irritable attitudes towards others are things that you are learning to rid yourself of. You might meet mentors or those older or wiser than you who have something important to teach you.

Hard aspects are associated with troublesome social relationships or withdrawal from socializing. It's part of a necessary process of personal growth. You are learning to rely





Transiting Saturn conjunct, sextile, trine, square, or in opposition to the Part of

Fortune With these aspects, you are learning to find happiness in the simple things in life and in living a more structured and responsible existence.

The square and opposition may bring temporary trials, delays, frustrations, or oppositions. These force you to pare down your life in realistic ways or face responsibilities that you may have neglected.



Keys to Handling Saturn Transits:

Saturn teaches us about the value of moderation and caution. Perhaps the best way to "handle" challenging Saturn transits to personal planets and points is to avoid fighting these lessons. Accept that, at this time in your life, things may move at a slower speed (even a snail's pace).

Saturn wants us to work hard, put our energies into practical, useful, and meaningful projects, and live in the here-and-now. This period in your life is a time for building a solid foundation.

Understand that moderation at this point in your life is necessary for your spiritual growth and your physical body. Avoid blaming others for where you are now-doing this will only lead to melancholy and anger.





personal limits in addition to your inner strength. Carry these lessons as you move beyond this phase because how you handle your life now will make all the difference the next time (7 years later) Saturn makes a hard aspect to the same planet or point in your chart.

Saturn Transiting the Houses

A general description of transiting Saturn – excerpt from the **Sky Log report**:

"The planet Saturn is currently casting a gray light on your circumstances — but is it the bleak gray of sorrow or the clear, comforting gray of wisdom and digested experience? That's the choice.

Saturn is classically viewed as the "bad" planet, the "Greater Malefic." Don't believe it! Used correctly, its transits can bring dignity and self-respect. Essentially, Saturn is about maturity. The part of your life that's being touched by the Saturnian energies needs to grow up...which, despite the lies we're all told, is not a process one mysteriously completes on one's twenty-first birthday.

There is an area of your life where you have simply outgrown yourself, at least inwardly. The task now is to adjust your outward circumstances to reflect the maturity you've already attained psychically and invisibly.

It is a material problem, not fundamentally a psychological one. To succeed, there is first a need to face reality squarely, even if it's unsavory. Then to make a hard choice...that is, to reach an emotional bottom line and not be crippled by your awareness of the ambiguities in your situation. And finally, in a spirit of commitment, persistence, and self-discipline, to claim those circumstances in your life which reflect the hard inner work you've been doing over the last few years. That's Saturn in general."

Saturn Transiting the Houses





Saturn in Transit: Boundaries of Mind,... by Erin Sullivan (affiliate link). This book is heavy reading, but powerful and insightful.

Astrology, Karma & Transformation: The... by Stephen Arroyo (affiliate link). Excellent work. Deals with natal positions, synastry, and transits in relation to karma and spiritual growth.

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