



Sun Transits: Houses

SUN TRANSITS: THROUGH THE NATAL CHART HOUSES

[Back to Predictive Astrology Main Page](#)

Sun Transiting the Houses of the Horoscope

Techniques for Preparing for the Future and
Understanding the Past



Overview:

The Sun's transits through the houses of the horoscope are relatively short. Because many charts are drawn with unequal houses, the length of the Sun's stay in a house varies. On average, the Sun transits a house for a month. The Sun acts to spotlight and illuminate the affairs of a house.

Sun Transits to the Houses

Rebirth of the self The Sun illuminates your first house for the next few weeks, bringing issues surrounding your personal identity, appearance, outward behavior, and self-expression to the forefront. This marks the height of your physical solar cycle, and you are in the position to make an impression on others, and to assert your personal influence beyond its normal boundaries.

Spontaneity of expression is what this transit is about. You are ready to put your past behind you and to start a new personal cycle. You have presence and you project confidence. Increased energy and a renewed feeling of confidence is with you now, so take advantage. It's a great month to do something entirely new and pioneering—to go solo in some area of your life.

This particular season of the year smiles on your personal endeavors. This is a time when you more easily get in touch with a true sense of your identity and purpose. The most enterprising side of your nature pushes up and out, and it's time to seize opportunities. Problems in your life may be overcome by bravery, self-assertion, and directness.

There's nothing wrong with a bit of self-centeredness during this cycle, but avoid taking it too far. It's not the best time for team work and other cooperative endeavors. The spotlight is on you and your ability to lead, so make it a good one! Take steps to improve how you come across to others. It's time to carve your own path in life.

Sun Transits the Second House

The Sun highlights your second house for the next few weeks, and your focus is on material affairs and comfort issues. Security is a driving force for you right now, and you might find that you are especially interested in accumulating possessions. What you have and what you don't have come into focus—what makes you feel comfortable, your sense of security, and what you value. This is the time of year when personal finances and possessions receive maximum attention.

Pour your energy into your work and your finances, and you might just be able to take your ideas to the bank. Extravagance with your pocketbook is something you may want to look out for, however. If you find yourself itching to make unnecessary purchases,

good. This is not the most eventful time of year for you. You are more inclined to dig your heels in and hang on to what makes you feel most secure than to take big risks.

Sun Transits the Third House

The Sun is illuminating your communications sector for the next few weeks, suggesting “busy-ness” and movement. You are exploring and searching now, making connections, and paying attention to your immediate environment. Social interaction is emphasized during this period, and is for the most part light-hearted. Give other people a little extra time and attention, notice their efforts on your behalf, and strengthen your connections. You are more curious and alert than usual, and you could be quite busy with errands, paperwork, phone calls, and light socializing. Much energy is expended in understanding and adapting to your immediate environment.

Siblings, neighbors, close relatives, friends, and co-workers may play a more important role than usual in your life during this cycle. You are more interested in exploring your own neighborhood than you are a different country. This is not a time of big adventure-seeking. Rather, it’s a time of little adventures close to home. Neither is this a time when you are especially focused. In fact, you could have a finger in many pies right now.

You are especially resourceful now, and you could find yourself enjoying (or seeking) attention for your intellectual know-how. The ability to express and communicate your ideas is extremely important to you at this time. You are eager to investigate new things, whether scientific or technical.

Sun Transits the Fourth House

A time to “nest” The Sun is spotlighting your house of family and home for the next few weeks, and these areas are your instinctive focus during this period. Your family, home, property concerns, roots, and heritage come into focus and become a source of pride. You are likely quite preoccupied with feelings of security and your inner experiences.

entrust into a position of leadership on the home front. Ego confrontations with family members are possible now, but the best way to handle this energy is to do your best to strengthen your relationship to your family and your home base. This is a time to do what you can to build trust in your family life and a strong foundation within yourself, so that regardless of what you meet in the outside world over the next months, you have a secure place to return to.

Besides spending more time tending to domestic affairs, the focus can be on cultivating and nourishing your inner foundations that support you and your growth. This is a time to collect yourself—to fill your well, so to speak.

Sun Transits the Fifth House

The Sun illuminates your fifth house for the next month or so. After a period of nesting, you are coming out of your shell, ready to perform and to express yourself creatively. This is a very playful period of the year, when you are inspired creatively and emotionally. After a period of self-protectiveness, you are now more spontaneous and more willing to take risks.

You take more pride than usual in your creations, your love affairs, your children, and your hobbies. Pleasure and amusement play an important role in your search for freedom of self-expression now. Show off your best colors! You want others to take notice, and you are more sensitive to whether people appreciate you.

More than any time of the year, this is the cycle in which you focus on having fun, enjoying romance, and expressing yourself creatively. Your hobbies, leisure time, moments spent with children, gaming time, and so forth, all come into focus at this time of year. This is a cycle in which you find joy in expressing who you are—when your “inner child” comes out to play. This is a time when you are more flirtatious than usual, and when you might take a few risks in life—not only gambling with games but with life itself. You might be a bit of a showman at this time. You are likely feeling good in general, and you tend to spread the joy.

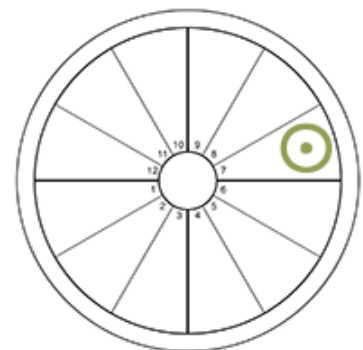
Sun Transits the Sixth House

take more pride in the work you do and in your health routines than any other time of the year. You are sorting through the experiences of the last several months, separating the worthwhile from the worthless. This is a good time to build your skills, to get organized, and to attend to your health and wellbeing. It's a great time to make improvements to your regular routines. Your self-esteem and your ego are tied up in the work you do and in the services you give.

Details are more important to you now. It's time to bring order to your life by focusing on the little things that make up the whole. This cycle presents an opportunity to get rid of what doesn't work in your life, while also discovering what does. You could seek distinction and strive towards perfection in your work. Efficiency should be your goal now. Your physical health, as well as the relationship between your body and your mind, are in focus.

Sun Transits the Seventh House

For the next month or so, the Sun illuminates your seventh house. At this time of year, you have a greater need than usual to be with a partner. Bouncing ideas off someone helps you to better understand yourself. A partner provides a mirror for your own self-discovery. Now is the time to realize your own potential through a significant other.



The Sun in the seventh house from the article, The Sun in the Houses

During this cycle, you focus on balancing your personal interests and objectives with your social life, or with those of a partner. The emphasis is on "us" rather than "me".

You need the energies, companionship, and support of other people, and they may also seek out your support and companionship. It's important to include others rather than to go solo for the time being.

However, bending too much to the will of another is not advised either. Social interactions of a personal, one-on-one kind are emphasized. Circumstances are such that your diplomacy skills are required. Your popularity is increasing, and is reinforced by your own ability to cooperate and harmonize. Your ego and pride are tied up in how you relate to

Sun Transits the Eighth House

For the next month or so, the Sun energizes your sector of transformation, change, sexuality, personal growth, regeneration, others' money and resources, addictions, and taxes. As a result, this is not the most gregarious of months for you. You take a step back, focus on intimacy with a partner, or simply retreat a little from the hectic pace of life.

This is an excellent time to create a budget or financial plan, or to rid yourself of bad habits that undermine your sense of personal power and self-mastery. All that is deeply personal comes into focus now. Intimate matters are especially important to you during this cycle. Just how well you are handling your life comes up for inspection.

Your self-mastery skills and psychological predisposition matter to you more than usual. This is the time of year when you are most desirous of change on a deep level. Clearing out psychic "junk" or ridding yourself of bad habits may be part of the picture now. You are more willing than usual to explore life's secrets.

This cycle brings greater in-depth understanding and an inclination to delve beneath the surface of matters to get to the bottom of them. Research uncovers new material that allows you to develop a better overall picture of the year's events. This is an especially introspective cycle during which you have the chance to truly uncover your personal strengths and talents. On a more practical level, you may be dealing with joint finances and shared resources now more than usual.

Sun Transits the Ninth House

For the next month or so, your focus turns outward, away from the more personal concerns that have occupied your thoughts in the last months. More than any other time during the year, you are feeling most adventurous and willing to take a leap of faith. This is a cycle in which you seek a higher meaning to your life, and/or seek out new experiences that take you beyond the here and now, and beyond the mundane details of day-to-day life. Anything that broadens your experiences attracts now.

would be wise for you to consider scheduling a vacation, adventure or sorts, or a course that expands your mind. These don't have to happen now, but taking the time to recognize your needs for escaping the daily grind, taking a few risks, and feeding your spirit for self-expression through some form of adventure or higher learning, will help you to feel good about yourself. The only caution with this cycle is that you could lose touch with everyday affairs and important details.

Sun Transits the Tenth House

For the next month or so, the Sun illuminates your career and reputation sector. More than any other time of the year, your focus is drawn to your "place" or standing in the outer world, and your reputation. This is the time when you are more interested in, and focused on, accomplishing something important. Your competency is something that you are especially sensitive to during this cycle. You want to shine. Your vision is practical right now, and you want to see tangible results for your efforts.

More contact with authority figures is likely during this period. Recognition is likely to come your way whether you ask for it or not, and the responsibility that comes right along with it! Do what you feel is right, keeping in mind that you are at your most visible during this period in the year.

Sun Transits the Eleventh House

The Sun illuminates your sector of friends, groups, and dreams coming true for the next month or so. It's a sociable sector of your chart, and that's exactly how you are feeling—happy, lighthearted, and social. Group affiliations capture your attention. Connections can be made now and networking pays off. Being part of a community or circle of friends and building your social network is important to you at this time.

This is a rather happy, goal-oriented cycle. A lively agenda is promised, you're attracting quite a bit of interest, and your energy for making contact with others is high. A stronger sense of community is with you during this cycle. Relationships take on a fun, if impersonal, tone now. Activities with children increase. You are more stimulated by all that is unconventional during this cycle, and your ideas are original and progressive now.

Sun Transits the Twelfth House

For the next month or so, the Sun travels through your twelfth house, marking a time of retreat and regeneration. Think about the attachments you have—to things, people, and routines—and consider which ones are dragging you down. This is a time when competitive energies and the ego are on a bit of a break. It's not the time to push ahead with brand new projects. Rather, it's a time of reflection, dreaming, and recharging your batteries. Situations that have naturally outgrown their usefulness in your life can now be put behind you.

Endings of natural cycles may be part of the picture at this time of year. Your energy is largely applied to personal and private affairs now. Your disposition is introspective. Rest and reflect, and prepare for a more outgoing cycle when the Sun moves into your first house.

[Back to Predictive Astrology Main Page](#)

Interpretations written by **Annie** unless otherwise noted.

References & suggested further reading:

[How to Predict Your Future: Secrets of Eastern and Western Astrology](#) (affiliate link) by James Braha. This is an excellent resource for outer planet transits: Jupiter through Pluto.



Search

Search this website

Site Menu:

Astrology Reports

Birth Chart Interpretations

Horoscopes & Forecasts

Astrology Forecasts & Trends

Astrology Articles

Astrology of Love & Intimacy

Ask Annie

Famous People

Signs of the Zodiac

Planets & Points

Strategy & Timing Tools

Synastry/Relationships

Predictive Astrology

Astrology Tools & Tables

Astrology Reference

Astrology Topics

Astrology Book Reviews

Resources & Links

Free Reports & Calculations

Predictive Astrology - In This Section:

Transits 1

Transits 2

Jupiter Transits

Jupiter Transits: Houses

Saturn Transits

Saturn Transits: Houses

Saturn Transits to the Planets

Uranus Transits

Uranus Transits: Houses

Neptune Transits

Neptune Transits: Houses

Pluto Transits

Pluto Transits: Houses

Chiron Transits

Inner Planet Transits

Mars Transits

Venus Transits

Mercury Transits

Sun Transits

Mars Transits: Houses

Mercury Transits Houses

Sun Transits: Houses

Transits of the Moon

Transits: Mercury Retrograde

Transits: Venus Retrograde

Transits: Mars Retrograde

Transits: Eclipses

Secondary Progressions

Secondary Progressions 2

Progressed Lunar Cycle

Progressed Moon's Aspects

Progressed Moon Signs

Progressed Planet Aspects

Solar Returns 1

Solar Returns 2

Solar Returns 3

Solar Returns: Ascendant

Solar Returns: Sun Aspects

Solar Returns: The Moon

Solar Returns: Books

Venus Returns

Predicting Love Relationships

Timing with the Moon

Timing with the Moon 2

Electional Astrology: Business

**Get a forecast report
for the year ahead**

Find out what the year has in
store for you with a personal
forecast report:

progressions.

The **Year of Transits** report interprets transits in depth.

The **Personalized Horoscope Report Package** includes two transit reports.

Or, explore our **NEW reports**, including the Money, Your Year in Lunar Returns, Progressed Synastry, and more.

The Astrology of 2025

See what the year 2025 has in store with **The Astrology of 2025: This Year in Astrology**.

Explore the meaning of Jupiter in Cancer, including horoscopes for each sign, with our feature article: **Jupiter in Cancer June 2025 to June 2026**.

Current & Upcoming

See current transits in the
Astrological Event Calendar.

Links



Cafe Astrology is
brimming with free
articles, features,
interpretations, and
tools that will appeal to

people with a casual interest in learning
Astrology, as well as beginning through
advanced students of Astrology. The site
is run by astrologer Annie.

Home

About

Contact Us

Terms of Use

Sitemap

Site News

Search

Favorites

Shop for Reports

Free Charts & Reports

Daily Horoscopes

Monthly Horoscopes

Good Days Calendars

Birth Chart Interpretations

This Week in Astrology



ARIES



TAURUS



GEMINI



CANCER



LEO



VIRGO



LIBRA



SCORPIO



SAGITTARIUS



CAPRICORN



AQUARIUS



PISCES

By using this site, you agree to the **Terms of Use.**

