



## Sun sextile Moon



### ☉ \* ☾ Sun sextile Moon, Sun trine Moon

The emotions and the will are at peace with one another, suggesting a rather balanced personality. The "messages" received in childhood were not contradictory overall, and these people have a stronger sense of purpose and appreciation of harmony than most people. Many people with these aspects are personally popular, likely because they expect harmony in their relationships.

Sun sextile or trine Moon people are generally very attracted to relationships and are attractive to others. A certain level of self-confidence and a sense of security make these people quite easy to deal with on many levels. Their relaxed, easygoing disposition puts others at ease.

When the Sun and Moon are in harmonious aspect, the natives may not be prepared for conflict and could be inclined to avoid rocking the boat. They may acquiesce a little too

acceptance—of the self and of others—is most prominent with the trine. These people must be encouraged to question life, or they run the risk of taking things for granted.

Vitality is usually good and quite constant. These are not hard-driving people, unless other indications in the chart point to it, but the constitution is generally strong. At any rate, they are not prone to the kinds of ups and downs that plague those with challenging aspects between the Sun and Moon. This is because their goals and their emotional needs are in harmony, despite being different.

The trine aspect is the more dynamic of the two harmonious aspects. Those with the sextile can call upon these traits when needed, and those with the trine between the Venus and Neptune have incorporated the traits of the aspect into their personalities, expressing them naturally and consistently.

Some Famous People with Sun in Harmonious Aspect to the Moon: Sextiles – Jennifer Aniston, Matt Dillon; Trines – Tyra Banks, Oliver Stone.

When the **Sun and Moon are sextile or trine**, the native is unmistakably accepting, although rather strong-willed as well. There can be a tendency for the native to expect to get what he or she wants, simply because the desire nature is at peace within him- or herself. Complacency is a possibility and often a complaint of the native's partners. However, the ease with which this native deals with others can certainly be an asset. People with these aspects who don't go the complacent route are very much primed and ready for relationships.

**General discussion of Sun-Moon aspects.**

## Alternate interpretations:

**Note:** sextiles and trines are also considered "soft", "harmonious", or "flowing" aspects.

work for and not against, yourself. Your life goals are in sync with your emotional nature. You are basically well balanced and this aspect supports favorable outcomes even during crisis times.

Mom and Dad were probably quite satisfied with their relationship when you were born. Of course there's no telling how things eventually played out, but your earliest impression of relationships was most likely a favorable one. — Interpretation from the **Your Life Path report**.

**Sun sextile Moon:** Favorable Sun/Moon aspects suggest a congenial personality. Most likely you grew up in a supportive family, and this background helps you to overcome any inner conflicts that might otherwise hinder progress in your career. You may benefit through real estate or through matters related to domestic issues and the home.

Some with this aspect prefer to work at home. Your partner may actively participate in your career. This aspect usually indicates physical well-being and a reasonable amount of luck. — Interpretation from our **Career Report**.

**Sun sextile Moon:** You are easy-going and easy to get along with. You don't look for trouble, so don't usually find it. You dislike "taking sides" with friends because it disrupts the harmony you enjoy. If there are difficulties, you will try to resolve them in the simplest way. You confront your own problems without emotional turbulence and make short work of any negative attitudes that crop up as self-deprecation or depressions that might destroy your pleasant outlook. — Interpretation for the **KidZone report**.

**Sun conjunct Moon:** You are easy-going and easy to get along with. You don't look for trouble, so don't usually find it. You dislike "taking sides" with friends because it disrupts the harmony you enjoy. If there are difficulties, you will try to resolve them in the simplest way. You confront your own problems without emotional turbulence and make short work of any negative attitudes that crop up as self-deprecation or depressions that might destroy your pleasant outlook.— Interpretation from the **Spirit Success report**.

Back to **Planetary Aspects**

---

chart positions free with our **simple steps**.

Back to **Planetary Aspects**

Interpretations written by **Annie** unless otherwise noted.

## Search

## Site Menu:

**Astrology Reports**

**Birth Chart Interpretations**

**Horoscopes & Forecasts**

**Astrology Forecasts & Trends**

**Astrology Articles**

**Astrology of Love & Intimacy**

**Ask Annie**

**Famous People**

**Signs of the Zodiac**

**Planets & Points**

**Love Sign Compatibility**

**Birthdays & Divining Arts**

**Synastry/Relationships**

---

## Astrology Reference

---

### Astrology Topics

---

### Astrology Book Reviews

---

### Resources & Links

---

### Free Reports & Calculations

---

## Get a forecast report for the year ahead

Find out what the year has in store for you with a personal forecast report:

The **Time Line Forecast** explores the year's transits and progressions.

The **Year of Transits** report interprets transits in depth.

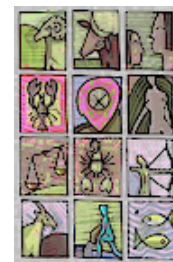
The **Personalized Horoscope Report Package** includes two transit reports.

Or, explore our **NEW reports**, including the Money, Your Year in Lunar Returns, Progressed Synastry, and more.

## More to Explore:

### The Astrology of 2025 with Horoscopes for All Signs

Look beyond Sun Signs. Click on a zodiac sign to read about the Sun, Moon, Mercury, Venus, Mars, and Ascendant in the signs:



Read about each zodiac sign



What Number Are You?

## The Astrology of 2025

See what the year 2025 has in store with **The Astrology of 2025: This Year in Astrology.**

each sign, with our feature article:  
**Jupiter in Cancer June 2025 to June 2026.**

## Current & Upcoming Transits

See current transits in the  
**Astrological Event Calendar.**

## Links



Cafe Astrology is  
brimming with free  
articles, features,  
interpretations, and  
tools that will appeal to

people with a casual interest in learning  
Astrology, as well as beginning through  
advanced students of Astrology. The site  
is run by astrologer Annie.

**Home**

**About**

**Contact Us**

**Terms of Use**

**Sitemap**

**Site News**

**Search**

## Favorites

**Shop for Reports**

**Free Charts & Reports**

**Daily Horoscopes**

**Monthly Horoscopes**

**Good Days Calendars**



ARIES



TAURUS



GEMINI



CANCER



LEO



VIRGO



LIBRA



SCORPIO



SAGITTARIUS



CAPRICORN



AQUARIUS



PISCES

By using this site, you agree to the [Terms of Use](#).

Cafe Astrology .com © 2002-2025