



When the Sun trines Ascendant in the Natal Chart



Sun trine Ascendant

SUN TRINE ASCENDANT

With the **Sun** trine **Ascendant** in your natal chart, a wonderful air of warmth and authority surrounds you. You could have a marked interest in the performing arts and/or sports and games, whether as a spectator or participant or both. This is an especially

Unless other more difficult aspects dominate this energy, you generally find it easy to gain the cooperation of others. You naturally lead and direct. Your ability to gain cooperation is a strong suit, rendering your social interactions reassuring and confident. Generally, you have strong vitality and a solid constitution. Although these qualities are innate, you may take them for granted, only recognizing these potentials later in life.

Some Famous People with Sun Trine Ascendant:

The following lists famous people with the Sun in trine to the Ascendant in their charts in sign categories, where the first sign listed is the Sun sign and the second sign listed is the Ascendant sign. Note that because the Ascendant is very sensitive to birth time, only birth data that is rated AA for accuracy is included below.

Aries/Leo: David Tennant, Julia Butters

Aries/Sagittarius: Ali Wong

Taurus/Virgo: Bobby Cannavale

Taurus/Libra: André the Giant

Taurus/Capricorn: Rita Coolidge

Gemini/Libra: Kendrick Lamar

Gemini/Aquarius: Bill Moyers,

Cancer/Scorpio: Twyla Tharp, Kelly McGillis

Cancer/Pisces: Oriana Fallaci

Leo/Aries: Robert R. Seltzer, Giò Di Tonno

Leo/Sagittarius: Fred Carr

Virgo/Taurus: Ernst Witebsky, Ben Folds

Virgo/Capricorn: Sean Connery

Libra/Gemini: John Krasinski

Libra/Aquarius: Kamala Harris

Scorpio/Cancer: Jonathan Winters, Lisa Bonet, Finn Wittrock

Scorpio/Pisces: MC Loma

Sagittarius/Aries: Gilles Blanchard

Sagittarius/Leo: Flip Wilson, Teri Hatcher, Mayim Bialik

Capricorn/Taurus: Clarissa Pinheiro

Capricorn/Virgo: Marlene Dietrich, Donna Summer, Kevin Costner, Marco Mengoni

Aquarius/Gemini: Jennifer Jason Leigh, Darren Criss

Pisces/Cancer: Gabriel Attal

Pisces/Scorpio: Bernadette Peters, Niecy Nash

You might be interested in finding specific aspects or sign combinations in notable people's charts through **Astro's research feature**.

Examples of people with Sun trine the Ascendant in their natal charts are, of course, diverse, as it's only one of a multitude of astrological factors in their charts. However, common Sun-Ascendant themes are there, such as physical coordination, a comfortable and easy presentation, and likability.

About Trines

The trine is considered an easy, harmonious, positive aspect. It's 120 degrees. Because aspects rarely occur exactly, astrologers allow a range and apply an *orb* to identify which planets count as being trine to one another.

For example, if an astrologer uses a 7-degree orb for a trine, planets/points that are anywhere from 113 to 127 degrees apart would be considered forming a trine to one another.

The nature of a trine aspect: Planets in trine support each other. Indeed, trines, by nature, are accepting. They allow us to accept others, ourselves, and situations. The talents that trines offer a person are so natural that they are almost unconscious. Often enough, people don't truly appreciate the talents these trines bestow upon them. As a result, they may not try to develop them.

With a trine between the Sun and Ascendant, the positive traits of the Sun and Ascendant signs are more prominent. In other words, there's no forcing or trying involved with expressing these traits. Self-expression comes more readily.

Alternate interpretations:

Sun trine Ascendant:

You radiate a sense of pride, self-assurance, and a definite awareness of your own importance. It is hard to ignore you when you are present, and your personality may overshadow or dominate the scene.

— Interpretation from the [Merlin report](#).

You are very creative and project a powerful sense of yourself into everything that you do. People see you as someone who can and will do what you say you will do. You carry the air of authority with you. People like you because you seem more real to them, more alive to them than most people. This makes your life easier and more successful than most.

You are more comfortable with yourself than most people are and this quality shows. You have an easier time than most people in putting your positive attributes together in one place and expressing them.

— Interpretation sample from the [In-Depth Profile report](#).

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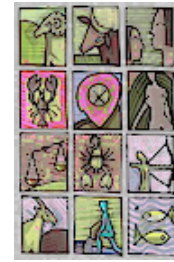
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