



## Sun opposition Saturn



Sun opposite Saturn

### WHEN THE SUN OPPOSES SATURN IN THE NATAL CHART

With the Sun opposite Saturn in your natal chart, fear of making a mistake or a spectacle of yourself can prevent you from enjoying the spotlight or putting yourself out there. Feeling restricted on an ego level is a theme that you might struggle with, especially early in life. However, you can also learn to manage and work with this energy.

you are and what you truly want from life, free from the shackles or limiting expectations or defense mechanisms you've taken on as a result of early conditioning, judgment, and criticism. You'll also recognize where you may have adopted the judgmental qualities that so limited your own growth and work to free yourself from them.

Something else to watch for: pride that limits your experiences. You might miss out on happiness and pleasure because you don't want to concede or compromise.

Your sense of duty and responsibility is highly developed and can be a powerful asset, but like any strength, it can also work against you if taken too far. When balanced, it equips you with organization, thoroughness, determination, practicality, and morality. You possess an incredible drive to achieve something significant. And with your unique ability to separate the practical aspects of life from the emotional, you can accomplish a great deal.

## Examples of the Sun opposite Saturn in Natal Charts

Some Famous People with Sun in opposition to Saturn include (Sun sign/Saturn sign):

*Aries/Libra*: Hans Christian Anderson, Julia Stiles, Tisha Campbell, Marliu Henner, Cobie Smulders

*Aries/Scorpio*: Miranda Kerr

*Taurus/Scorpio*: Bob Saget, Jerry Seinfeld, Iwan Rheon

*Gemini/Sagittarius*: Banks, Ruth Westheimer

*Cancer/Capricorn*: Elizabeth McGovern, Forest Whitaker

*Leo/Aquarius*: Whitney Houston, Michelle Yeoh, Cara Delevingne, Wesley Snipes, Maia Mitchell, Karlie Kloss, Cameron Monaghan, Cole Sprouse, Dylan Sprouse

*Libra/Aries*: Hugh Jackman, Toni Braxton, Bella Thorne, Liev Schreiber, Vanessa Marcil, Jane Krakowski, Moon Zappa

*Libra or Scorpio/Taurus*: Amandla Stenberg

*Scorpio/Aries*: John Cleese

*Scorpio/Taurus*: Ethan Hawke, Ben Harper, Tonya Harding, Chris Jericho

*Scorpio/Gemini*: Joel McHale

*Sagittarius/Gemini*: Jimi Hendrix, Keith Richards, Christina Applegate, Aiko, Princess Toshi

*Capricorn/Cancer*: Bradley Cooper, Dax Shepard, Naomi Judd, Marina Hands, Stephenie Meyer

*Aquarius/Leo*: Kerry Washington, Shakira, Danai Gurira, Alice Cooper, Barbara Hershey, Eva Gabor, Justin Hartley

*Pisces/Leo*: Chelsea Peretti

*Pisces/Virgo*: Victor Hugo, Kurt Russell, Ivana Trump, Bobby McFerrin, Corinne Bailey Rae, Matthew Gray Gubler

### General discussion of Sun-Saturn aspects.

**Note:** The square, semi-square, sesquiquadrate, and *opposition* are considered “hard”, “challenging”, or “inharmonious” aspects.

potential.

Oppositions represent a state of divided loyalties. Inner discontent, uncertainty, and insecurity can be a result. While a square is urgent and courageous, an opposition is unsure and wavering.

When we use our oppositions correctly, we are more willing to consider the other side and we can be adept negotiators.

### Alternate interpretations of this aspect:

**Sun opposition Saturn:** Sometimes {child's name} may feel like she has the weight of the world on her back, and you will need to help her keep her perspective and not take everything so much to heart. She is very responsible, conscientious, and mature, even as a youngster, and she may never be an especially light, carefree child. It is hard for her to let down her guard and to relax. She tries so hard to do well and to be in control of herself, and she can be a stern judge of herself when she fails. Letting her know that you love and accept her even when she makes mistakes is very important. Friendly humor also helps her when she takes life too seriously. — Interpretation from the **Kiddie Gram Report**.

**Sun opposition Saturn:** You may have had a demanding and perfectionist or absent father. In any case, a lack of support and approval, a great deal of responsibility at an early age, and an underlying feeling that you can never quite measure up may hold you back. While you may meet much adversity and struggle alone through many of your trials in life, this makes you tough and determined. However, beware of becoming cynical, too hard on yourself, and too demanding and critical of others. — Interpretation from the **Merlin Report**.

**Sun conjunct or in hard aspect to Saturn:** You'll learn that determination and perseverance not only bring eventual success, these traits also forge a solid character that will see you through times that would make others give up. The key is to not allow pessimism or obstacles to ever get the upper hand.

Interpretation from the **Your Life Path Report**.

**Sun opposition Saturn:** The Sun is making a difficult contact with the planet Saturn in your chart indicating that you have to face some hardships before achieving your life goals. It's possible that you had a difficult childhood, experiencing either emotional or financial troubles. Perhaps your father, or a father figure, was an imposing and restrictive force in your life. As a child, you may have felt imprisoned, unable to communicate your innermost thoughts and feelings. You may have been frightened to venture forth in the world.

As an adult, you may still have difficulty expressing yourself and at times feel that external circumstances are still somewhat onerous. You're fearful, worrying about the outcome of decisions and actions. On a positive note, childhood difficulties can become the basis for adult wisdom, particularly if you're able to overcome your fears.

As you grow older, you learn that your natural reserve stands you in good stead, giving you the ability to stand back and assess situations. Your confidence grows enabling you to achieve your goals through attention to detail and hard work.

— Interpretation from the **Modern Natal Report**.

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Interpretations written by **Annie** unless otherwise noted.

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