



Sun opposition Moon



☉ ♌ ☾ Sun opposition Moon

People born when the Sun opposes the Moon have an internal struggle between their needs and their wants. In contrast to the Sun-Moon conjunction personality, the Full Moon personality is inclined towards lack of focus and indecision. Their ability to be objective is both an asset and a liability, simply because when they decide on one route, they are pulled in another direction at the same time. Something tugs at them, and they begin to question their stance. "But what if..." and "on the other hand..." are statements they can't help making and that plague them.

While Sun conjunct Moon people have an Aries style about them, Sun opposition Moon natives have a distinct Libra energy about them, in that they are always aware of the *opposing* point of view, the *other* side of the coin, and so forth.

strongly influence the vitality. They have many ups and downs, and it is hard to know if it is physical or emotional. In fact, it's likely both. These people might spend a week working hard, and the following week they lack motivation and find it hard to accomplish much. Their energy fluctuates more than most people, and it is very much a reflection of what is going on inside.

The messages they received in their early lives in terms of what was expected of them were conflicting, and even opposite. Some people born under the Full Moon viewed their parents as two very different and separate individuals who each wanted something very different from their child. Their parents or parent figures "stood for" two very different things, and their child internalized this. There may have been some emotional frustration in connection with the father and a stifling of the go by the mother.

It is hard for Sun opposition Moon people to find happiness within themselves. They tend to look outside of themselves for fulfillment. They are inclined to form serious relationships at an early age, simply because of this tendency to try to find an answer to happiness from an "other". They are prone to divorce, partly because of this prematurity, and partly because their needs are complicated. Full Moon people are also more apt to seek counseling because of this need to find answers.

These people appear to be very self-aware. They entertain a myriad of different points of view and perspectives. They are excellent psychologists and are able to read character and uncover motivations—but with an important caveat: if they are too emotionally close to the situation, they fumble. The truth is, although they appear to know much about how people tick, they spend a good part of their lives uncovering more of themselves and learning about themselves. Generally, this is done through comparisons or through the mirror of relationships.

They can most certainly frustrate the people who are close to them with their indecisiveness and frequent changes of mind (and of heart). A word to those who deal with this on a day-to-day basis: their changes of heart are not a form of insincerity—they are the result of an internal struggle that is very real and very confusing to live with! Sun opposition Moon people can be temperamental, insecure, and very sensitive. The ability to put themselves in someone else's shoes, and to consider other points of view, is a true asset.

This comes easy to New Moon people and can be a life-long struggle for Full Moon people. On the other hand, it is extremely easy for a Full Moon personality to understand others' points of view—something that doesn't come as easily to a New Moon personality. Sun opposition Moon people are generally interesting and complex. Born under a Full Moon, they can be a bit "loony", perhaps manifesting itself in a unique sense of humor.

Look for a planet that might trine and sextile the Sun-Moon opposition for a way to release the tension the opposition creates. Somehow, some way, through that planet, its sign, and its house position, the Sun opposition Moon person can find an "answer" to the struggle. Look also to the sign polarity involved for more details of the struggle. If it's Aries and Libra, for example, there is a conflict between two equal drives to be independent and to depend on others.

Some Famous People with Sun Opposition Moon: Lisa Bonet (the aspect is exact, or partile), Alicia Witt.

People born with a **Sun-Moon tension** can spend much of their lives struggling to balance the principles of the Sun and the Moon within their personalities, and will bring this struggle to some degree into their relationships. The urge to form meaningful relationships is generally powerful, but relationships can be as much of a struggle to these natives as the inner conflict is to themselves. This inner conflict occurs with the square, opposition, and quincunx.

The desire to find meaningful relationships is stronger than it is when the natal Sun and Moon form a sextile or trine, and early relationships, in particular, can be challenging until the stressful aspects are recognized as an *inner* tension.

A woman with **Sun opposition Moon**, who had lived through her parents' difficult divorce as a child, complained that her husband seemed to be quite complacent about their marriage, simply expecting that it would work out without much effort. His Sun and Moon form a sextile. When faced with a relationship problem, her instinct was to work on it actively, but her husband did not see such a need. In fact, he did not "see" the problems as clearly as his wife did. He felt that she was looking for problems that didn't exist, while she felt he was taking the relationship for granted by not addressing problems as they arose.

expectation that relationships can very easily fail, and the natives will be especially aware of conflicts in partnership, taking them to heart. The upside of this natal conflict is found in this sensitivity itself!

Those with a **Sun-Moon opposition**, in particular, are generally willing to work out problems in a relationship due to their acute awareness and sensitivity to the conflicts that arise in their partnerships. However, if they face a partner who denies the problems exist in the first place, as in the example above, they can easily become frustrated. This is because learning and growing through relationships is a basic urge – so basic that it is a need. These natives are learning about themselves through their relationships, and need partners who are willing to be a part of that process.

Sun square Moon suggests an internal “war” between two equally powerful desires: the desire for emotional commitment and the desire for autonomy. The native can be quite defensive and even belligerent with others, and often over-sensitive, which can take its toll in personal relationships. Partners may complain that the native often seems to be spoiling for a fight, and relationships can be turbulent until the native learns to compromise.

General discussion of Sun-Moon aspects.

Alternate interpretations:

Note: The square, semi-square, sesquiquadrate, and opposition are also called “hard”, “challenging”, or “inharmonious” aspects. The opposition is 180 degrees.

Sun in hard aspect to the Moon: Your innermost will feels like it’s in a constant state of trying to make peace with your feeling, emotional side. Even so, this lack of complete harmony within yourself can provide the spark that motivates you toward personal achievements.

Most likely there existed some kind of tension between your parents. Even if this was not openly expressed, you picked up on it as a child. As a result, you may have inner expectations that relationships must contain a certain element of conflict. At any rate,

Sun opposition Moon: The oppositions bring about awareness through compromise. Conflict within the opposition can involve either internal or external issues. The child has the Sun in opposition to the Moon, which is the Full Moon phase. This produces fluctuating energy flows. These children need to learn to take advantage of the highs to get things done and take a rest during the lows. The emotions and the basic willpower tend to compete, so these kids can be highly logical or, alternatively, extremely emotional.

This child will learn to understand through simple debate, or this could be seen as straight out arguing with friends and peers. They are likely to seek the viewpoints of friends in order to gain confidence but will make up their own minds. The child will still argue the point because other people's opinions will be the yardstick for this child, not the rulebook. There will be a tendency to have strong opinions, and these kids will usually fight for what they believe to be right. But they still want and need those alternative ideas and ideals. Alternatives give a sense of perspective to the basic philosophy.

These kids will seek truth. They will enjoy true stories about true heroes. Scientific and modern technology will intrigue because there is a real curiosity about progress and the world at large. Later, the child will respect people who make history or change the world in a big way. Idols will be great leaders and legends rather than a "five-minute-wonder" pop star idol.

Many people turn to the Full Moon person in times of need, but unfortunately, this can be difficult for these people because this phase has enough problems to cope with. Often the sea-saw personality reflects back to childhood. Maybe the parents or the home environment is indecisive or changeable. But when the balancing act in the emotional department has been learned, usually a very high achiever emerges. — Interpretation for the **KidZone report**.

Sun opposition Moon: (The Tug O'War) You feel that others do not understand you and constantly oppose your ideas or goals. Close relationships suffer if you vent anger or resentment. At times, you may feel pulled in two directions. If your life is one of endless

you” and use your enormous energy in a positive manner. — Interpretation from the **Spirit Success report**.

Sun opposition Moon: You will find yourself torn between an environment that is very comfortable and supportive versus a real need to grow, progress, and push out on your own. You are always being caught in the middle, forced to choose between surroundings that are supportive (but not progressive) and new directions that bring advancement that may be at the expense of your comfort. Getting these two opposing directions to work together may require some real compromising skills on your part. This could manifest as a love of history versus future trends, older persons versus younger, and so on. — Zet software.

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Back to the **general discussion of Sun-Moon aspects**.

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