

# **Self-Play Fine-Tuning Converts Weak Language Models to Strong Language Models**

Zixiang Chen, Yihe Deng, Huizhuo  
Yuan, Kaixuan Ji, Quanquan Gu  
2024

Presentation based on the research with the same title by  
Szymon Smagowski and Jerzy Kraszewski






# Table of contents

- + Introduction & Motivation
- + Problem Statement: Converting Weak LLMs to Strong
- + SPIN: Core Mechanism & Architecture
- + Self-Play Process & Training Flow
- + Theoretical Framework & Convergence
- + Experimental Setup
- + Results & Performance Analysis
- + Future Directions & Limitations

# Introduction & Motivation

## LLM Development Challenges

-  High costs of human-annotated data
-  Limited resources for model training
-  Need for continuous model improvement

## ② Key Question

*"Can we empower a weak LLM to improve itself without acquiring additional human annotated data?"*

## 💡 Our Solution: SPIN

- 🎮 Self-Play Fine-Tuning
- 🧩 Inspired by AlphaGo Zero's self-play mechanism
- 🗄️ Uses existing data more effectively

# Problem Statement:

## Converting Weak LLMs to Strong

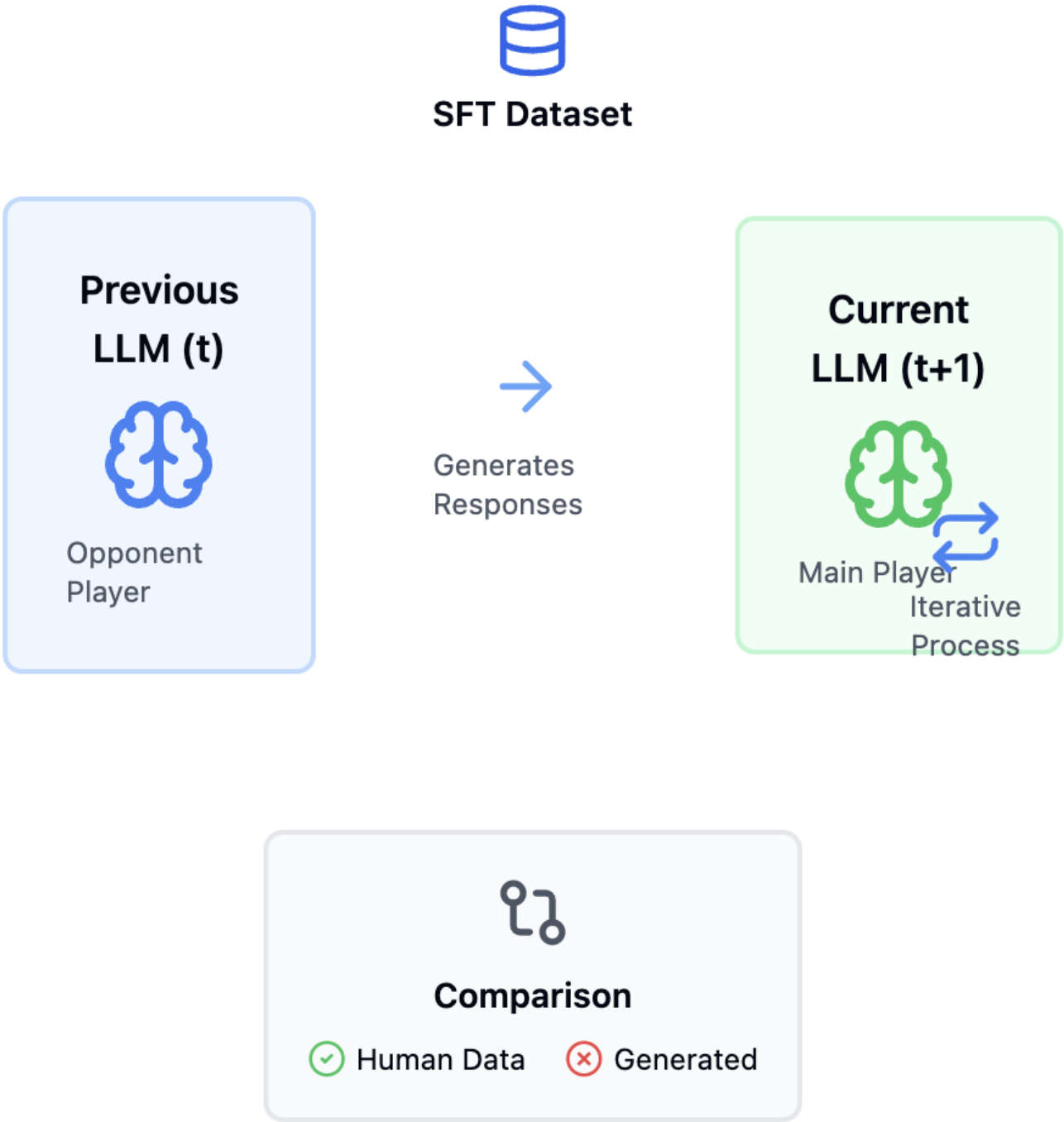
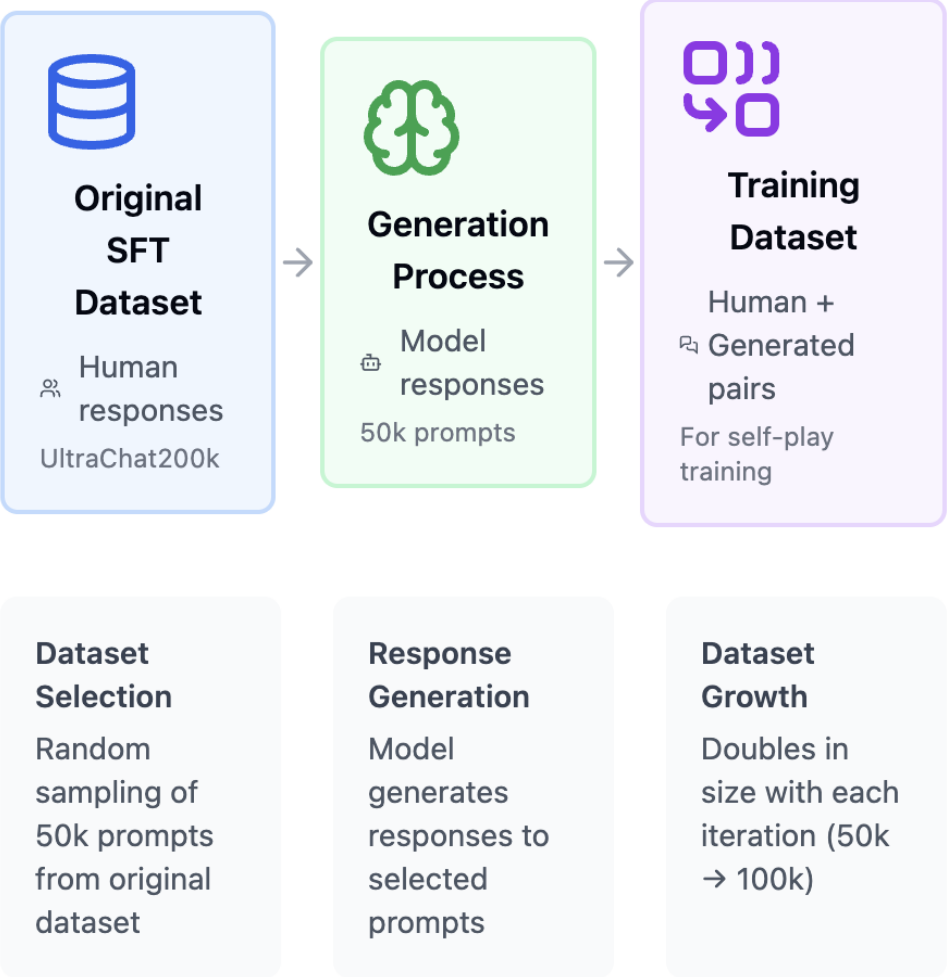


## Σ Key Constraints

- ⊘ No additional human-annotated data
- ⊘ No external model assistance (e.g., GPT-4)
- ✓ Must use existing SFT dataset only

Transform a weak LLM into a strong one through self-improvement, utilizing only the original supervised fine-tuning dataset




# SPIN: Core Mechanism & Architecture



# Key Aspects of SPIN




## Self-Play Mechanism

Model plays against previous versions of itself

-  Each iteration creates a self-competition scenario
-  Previous model version acts as opponent
-  Progressively improves through competitive learning




## Learning Process

Distinguishes between human and generated responses

-  Learns to identify quality differences in responses
-  Uses original SFT dataset as quality benchmark
-  Develops better response generation capabilities

## Continuous Improvement

Iterative refinement without additional data

-  Each iteration builds upon previous improvements
-  Performance increases with each training cycle
-  Maximizes value from existing training data



# Self-Play Process & Training Flow

## Generation

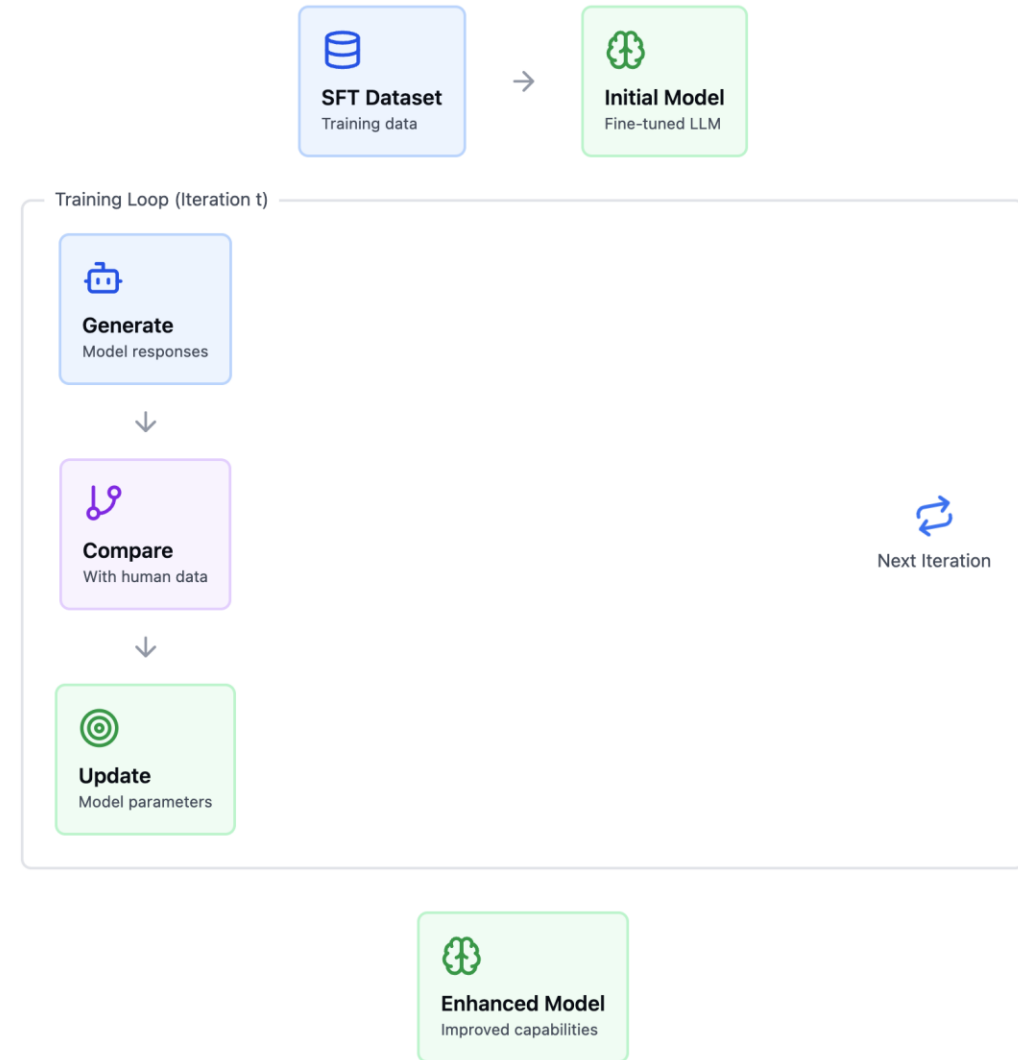
Model generates responses to prompts from dataset

## Evaluation

Compares generated vs human responses

## Refinement

Updates model to better match human data



# Theoretical Framework & Convergence

## Global Optimum Conditions

Theorem: The global optimum is achieved if and only if the LLM policy aligns with target data distribution

## Convergence Properties

### > Sufficiency:

If  $p_{\theta t}(\cdot|x) = p_{data}(\cdot|x)$ , then  $\theta_t$  is global minimum

$$LSPIN(\theta, \theta_t) \geq \ell(0) = LSPIN(\theta_t, \theta_t)$$

### > Necessity:

If  $p_{\theta t}(\cdot|x) \neq p_{data}(\cdot|x)$ , there exists  $\lambda$  where  $\theta_t$  is not optimal

## Self-Play Update Rule

For logistic loss function  $\ell(t) = \log(1 + \exp(-t))$ :

$$p_{\theta_{t+1}}(y|x) \propto p_{\theta_t}(y|x) [p_{\text{data}}(y|x)/p_{\theta_t}(y|x)]^{1/\lambda}$$

where:

- $p_{\theta_t}$ : LLM at iteration  $t$
- $p_{\text{data}}$ : Target data distribution
- $\lambda$ : Regularization parameter

$$f_{t+1} = \operatorname{argmin}_{f \in \mathcal{F}_t} \mathbb{E}[\ell(f(\mathbf{x}, \mathbf{y}) - f(\mathbf{x}, \mathbf{y}'))],$$

## Key Insight

SPIN naturally converges to target distribution through iterative self-play refinement

# Experimental Setup

## Base Model & Dataset

- **Base Model:**  
zephyr-7b-sft-full (fine-tuned from Mistral-7B)
- **Training Data:**  
50k samples from Ultrachat200k dataset  
Random sample from 200k high-quality dialogues

## Training Configuration

- **Optimizer:**  
RMSProp with no weight decay
- **Batch Size:**  
Global batch size of 64
- **Learning Rate:**  
5e-7 (iterations 0,1)  
1e-7 (iterations 2,3)

# Experimental Setup

## Evaluation Benchmarks

- ⦿ **Primary Benchmark:**  
HuggingFace Open LLM  
Leaderboard  
6 datasets: Arc, TruthfulQA,  
Winogrande, GSM8k, HellaSwag,  
MMLU
- ⦿ **Additional Tests:**  
MT-Bench  
Big-Bench datasets  
OpenBookQA

## Technical Details

- ⦿ **Implementation:**  
DeepSpeed ZeRO-3  
FlashAttention-2  
bfloat16 precision
- ⦿ **Training Schedule:**  
2 epochs per iteration  
10% warmup steps

# Results & Performance Analysis

## Main Performance Improvements

### Average Score Progress

Base SFT Model: **58.14%**

SPIN **60.80%**  
Iteration 0: (+2.66%)

SPIN **62.12%**  
Iteration 1: (+1.32%)

SPIN **62.97%**  
Iteration 2: (+0.85%)

SPIN **63.16%**  
Iteration 3: (+0.19%)

## Additional Benchmark Results

↗ **MT-Bench Score:**  
**5.94** → **6.78** (+0.84)

**Big-Bench Causal:**  
**56.15%** → **59.36%** (+3.21%)

↗ **OpenBookQA:**  
**45.4%** → **47.6%** (+2.2%)

## Significant Task Improvements

### TruthfulQA:

43.73% → 54.90% (+11.17%)

### GSM8k:

26.76% → 38.97% (+12.21%)

### Arc Challenge:

60.41% → 65.87% (+5.46%)

## Key Analytical Findings

↗ Outperforms DPO model trained with 62k additional GPT-4 preference data

↗ Improvement rate decreases with iterations (2.66% → 0.19%)

↗ Most significant gains in mathematical reasoning (GSM8k) and truthfulness (TruthfulQA)

↗ Maintains performance on general knowledge tasks (MMLU) while improving specialized capabilities

# Difference in generation at t step

## Chosen: ground truth completion



In Southampton, what is the most popular form of transportation for commuters?



I don't have access to current data. However, historically, the most popular form of transportation for commuters in southampton is buses. The city also has a good network of trains and taxis.

## Rejected: model generation @Iter 0



In Southampton, what is the most popular form of transportation for commuters?



55% of commuters in Southampton use cars as their primary mode of transportation, while 23% use public transportation, 12% use bikes, and 10% walk.

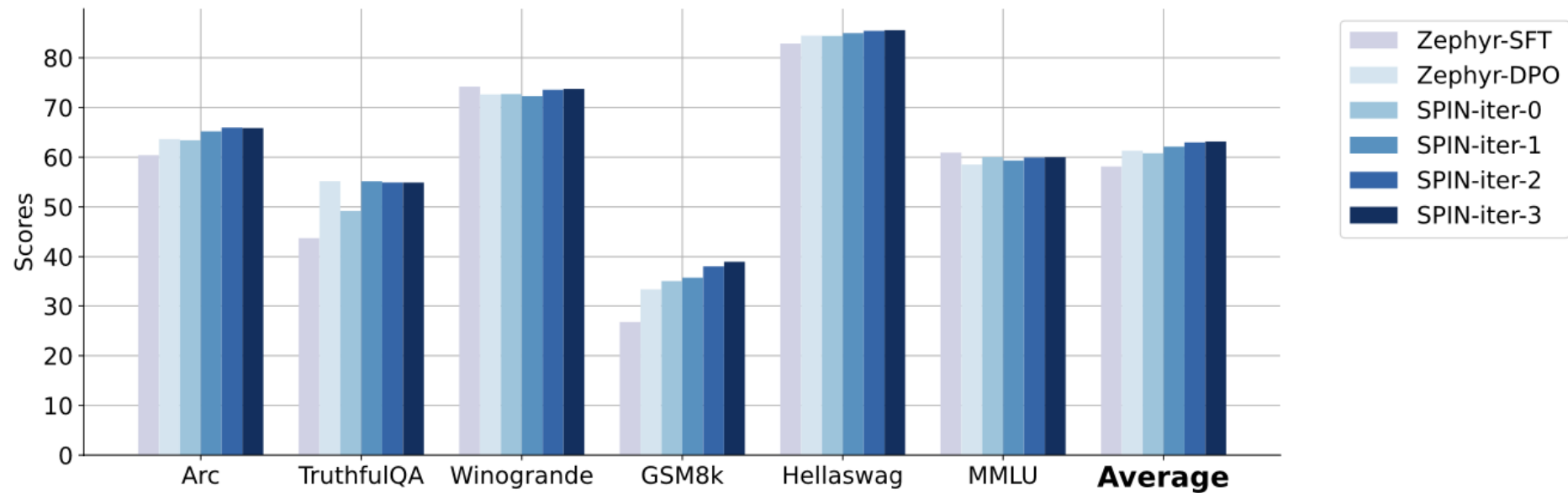
## Model generation @Iter 1



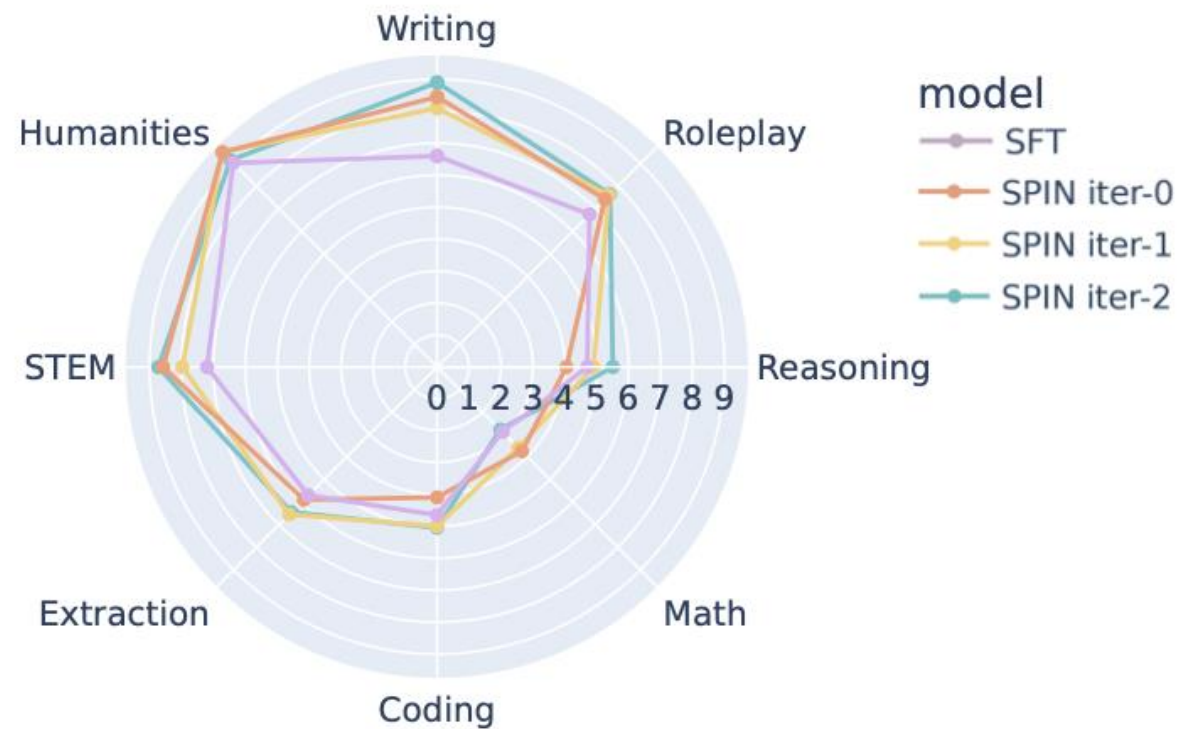
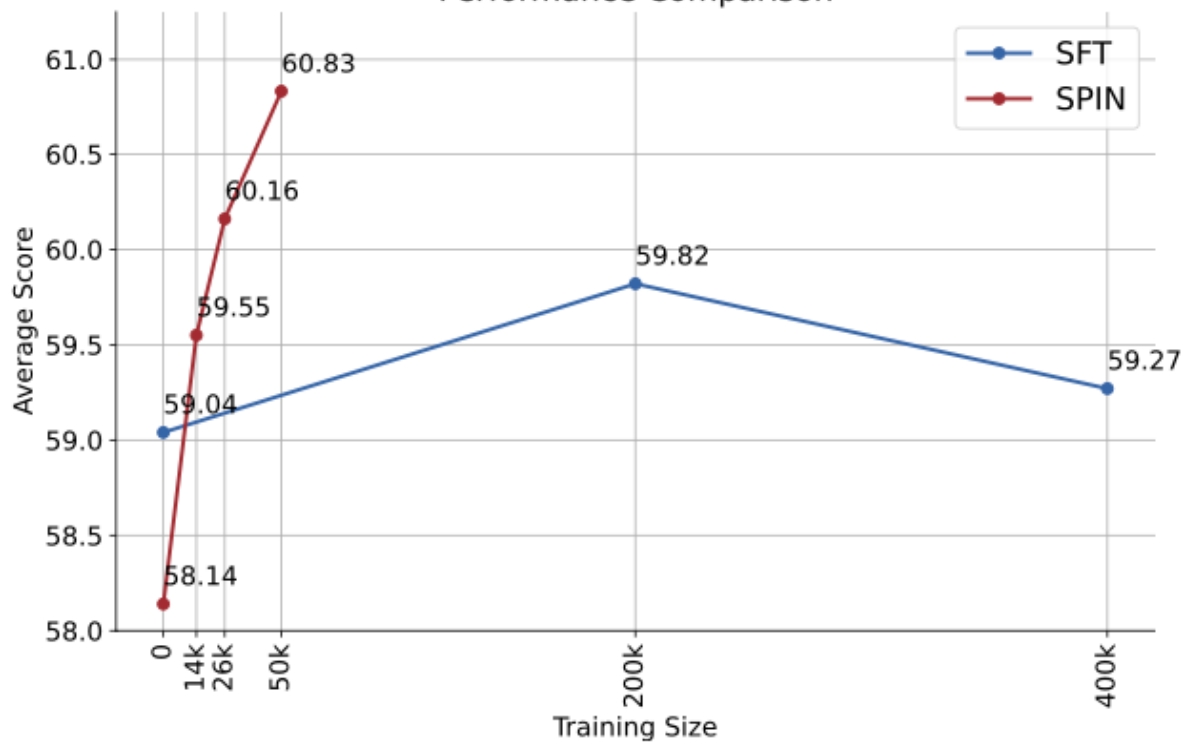
I do not have access to the latest updates and statistics of southampton. However, based on previous reports, the most popular form of transportation for commuters in southampton is the public transport network, **which includes buses, trains, and ferries. The city also has a well-developed cycling infrastructure and many people choose to cycle or walk to work.** Additionally, **private cars** and taxis are also commonly used for commuting.



# Results on different benchmarks



Performance Comparison



# Future Directions & Limitations

## ⚠ Current Limitations

### Fixed Target Distribution

Performance ceiling limited by human-generated training data quality

### Resource Demands

Significant computational resources required for synthetic data generation

## 💡 Future Research Directions

### Dynamic Target Distribution

Explore methods to evolve  
→ beyond fixed human-annotated data distribution

### Resource Optimization

Reduce synthetic data volume requirements while  
→ maintaining performance gains

### Super-Human Performance

Investigate techniques to  
→ surpass human-level performance ceiling

### Alternative Self-Play Mechanisms

Develop new self-play  
→ strategies for different types of language tasks