# **CSA Week by Week**

Please understand that this is only a plan and will not play out exactly how you see it here. You'll notice that lettuce and carrots are a part of almost every week. I like this idea but let me know if you think otherwise.

## Week 1 - May 22 & 25

- 1. Lettuce
- 2. Choice Herbs
- 3. Swiss Chard
- 4. Kale / Kohlrabi
- 5. Green Onions
- 6. Spinach
- 7. Bok Choi / Tatsoi / Komatsuna
- 8. Bok Choi / Tatsoi / Komatsuna
- 9. Baby Radishes
- 10. Baby Carrots

## Week 2 - May 29 & Jun 1

- 1. Lettuce
- 2. Choice Herbs
- 3. Swiss Chard
- 4. Kale / kohlrabi
- 5. Green Onions
- 6. Spinach
- 7. Baby Radishes
- 8. Baby Carrots
- 9. Arugula
- 10. Collard Greens

### Week 3 - Jun 5 & 8

- 1. Lettuce
- 2. Choice Herbs
- 3. Kale / Chard
- 4. Green onions
- 5. Spinach
- 6. Arugula
- 7. Collard Greens
- 8. Baby Radishes
- 9. Carrots
- 10. Broccoli Raab

### Week 4 - Jun 12 & 15

- 1. Lettuce
- 2. Carrots
- 3. Choice Herbs
- 4. Kale / Collards / Chard
- 5. Kale / Collards / Chard
- 6. Broccoli Raab
- 7. Snap Peas / Snow Peas
- 8. **Beets**

## Week 5 - Jun 19 & 22

- 1. Lettuce
- 2. Carrots
- 3. Choice Herbs
- 4. Kale / Collards / Chard
- 5. Kale / Collards / Chard
- 6. Broccoli Raab
- 7. Peas
- 8. Beets

#### Week 6 - Jun 26 & 29

- 1. Lettuce
- 2. Carrots
- 3. Choice Herbs
- 4. Kale / Collards / Chard
- 5. Kale / Collards / Chard
- 6. Peas
- 7. Beets
- 8. Cucumbers
- 9. **Zucchini**
- 10. Broccoli

### Week 7 - Jul 3 & 6

- 1. Lettuce
- 2. Carrots
- 3. Choice Herbs
- 4. Kale / Collards
- 5. Broccoli
- 6. Cucumbers
- 7. zucchini or yellow squash

- 8. New Potatoes
- 9. **Fennel Hearts**

### Week 8 - Jul 10 & 13

- 1. Lettuce / Kale
- 2. Carrots
- 3. Choice Herbs
- 4. Broccoli
- 5. Fennel Hearts
- 6. Cucumbers
- 7. zucchini or yellow squash
- 8. Potatoes
- 9. Cauliflower
- 10. Cabbage

### Week 9 - Jul 17 & 20

- 1. Lettuce / Kale
- 2. Carrots
- 3. Choice Herbs
- 4. Potatoes
- 5. Cabbage
- 6. Cauliflower
- 7. Cucumbers
- 8. Zucchini or yellow squash
- 9. Green Beans

### Week 10 - Jul 24 & 27

- 1. Lettuce / Kale
- 2. Carrots
- 3. Choice Herbs
- 4. Potatoes
- 5. Cabbage
- 6. Cucumbers
- 7. Zucchini or yellow squash
- 8. green beans
- 9. Eggplant
- 10. Cherry Tomatoes
- 11. Hybrid Tomatoes

## Week 11 - Jul 31 & Aug 3

- 1. Lettuce / Kale
- 2. Carrots
- 3. Choice Herbs
- 4. Potatoes
- 5. Cucumbers
- 6. Zucchini or yellow squash
- 7. green beans
- 8. Eggplant
- 9. Cherry tomatoes
- 10. Hybrid tomatoes

## Week 12 - Aug 7 & 10

- 1. Lettuce / Kale
- 2. Carrots
- 3. Choice Herbs
- 4. Potatoes
- 5. Eggplant / Bell Peppers
- 6. Cherry tomatoes
- 7. Hybrid tomatoes
- 8. Cantaloupe
- 9. **Hungarian peppers**

## Week 13 - Aug 14 & 17

- 1. Lettuce / Kale
- 2. Carrots
- 3. Choice Herbs
- 4. Potatoes
- 5. Eggplant / bell peppers
- 6. Cherry tomatoes
- 7. Hybrid tomatoes
- 8. Cantaloupe
- 9. Hungarian peppers
- 10. Purslane

## Week 14 - Aug 21 & 24

- 1. Lettuce / Kale
- 2. Carrots
- 3. Choice Herbs
- 4. Potatoes
- 5. Eggplant / Hungarian peppers / Bell peppers
- 6. Cherry tomatoes
- 7. Hybrid tomatoes / **Heirloom tomatoes**

- 8. Cantaloupe
- 9. Purslane
- 10. Watermelon

## Week 15 - Aug 28 & Aug 31

- 1. Lettuce / Kale
- 2. Carrots
- 3. Choice Herbs
- 4. Eggplant / Hungarian peppers / Bell peppers
- 5. Eggplant / Hungarian peppers / Bell peppers
- 6. Cherry tomatoes
- 7. Hybrid tomatoes / Heirloom tomatoes
- 8. Cantaloupe / Watermelon
- 9. Purslane
- 10. Edamame

## Week 16 - Sep 4 & 7

- 1. Lettuce / Kale
- 2. Carrots
- 3. Choice Herbs
- 4. Eggplant / Hungarian peppers / Bell peppers
- 5. Eggplant / Hungarian peppers / Bell peppers
- 6. Cherry tomatoes
- 7. Hybrid tomatoes / Heirloom tomatoes
- 8. Cantaloupe / Watermelon
- 9. Edamame
- 10. Leeks / Scallions / Onions
- 11. Leeks / Scallions / Onions
- 12.

### Week 17 - Sep 11 & 14

- 1. Lettuce / Kale
- 2. Carrots
- 3. Choice Herbs
- 4. Eggplant / Hungarian peppers / Bell peppers
- 5. Eggplant / Hungarian peppers / Bell peppers
- 6. Cherry tomatoes
- 7. Hybrid tomatoes / Heirloom tomatoes
- 8. Edamame
- 9. Leeks / Scallions / onions
- 10. Red cabbage / Green cabbage

### Week 18 - Sep 18 & 21

- 1. Lettuce / Kale
- 2. Carrots
- 3. Choice Herbs
- 4. Eggplant / Hungarian peppers / Bell peppers
- 5. Eggplant / Hungarian peppers / Bell peppers
- 6. Cherry tomatoes
- 7. Hybrid tomatoes / Heirloom tomatoes
- 8. Edamame
- 9. Leeks / Scallions / onions
- 10. Red cabbage / Green cabbage

## Week 19 - Sep 25 & 28

- 1. Lettuce / Kale
- 2. Carrots
- 3. Choice Herbs
- 4. Eggplant / Hungarian peppers / Bell peppers
- 5. Eggplant / Hungarian peppers / Bell peppers
- 6. Cherry tomatoes
- 7. Hybrid tomatoes / Heirloom tomatoes
- 8. Leeks / Scallions / onions
- 9. Red cabbage / Green cabbage / Napa cabbage
- 10. Red cabbage / Green cabbage / Napa cabbage
- 11. Bok Choi / Tatsoi / Komatsuna
- 12. Bok Choi / Tatsoi / Komatsuna

### Week 20 - Oct 2 & 5

- 1. Lettuce / Kale
- 2. Carrots
- 3. Choice Herbs
- 4. Eggplant / Hungarian peppers / Bell peppers
- 5. Eggplant / Hungarian peppers / Bell peppers
- 6. Cherry tomatoes
- 7. Hybrid tomatoes / Heirloom tomatoes
- 8. Red cabbage / Green cabbage / Napa cabbage
- 9. Red cabbage / Green cabbage / Napa cabbage
- 10. Bok Choi / Tatsoi / Komatsuna
- 11. Bok Choi / Tatsoi / Komatsuna

### Week 21 - Oct 9 & 12

- 1. Kale / Chard
- 2. Carrots
- 3. Choice Herbs
- 4. Red cabbage / Green cabbage / Napa cabbage
- 5. Red cabbage / Green cabbage / Napa cabbage
- 6. Bok Choi / Tatsoi / Komatsuna
- 7. Bok Choi / Tatsoi / Komatsuna
- 8. Delicata / Butternut / Pie Pumpkin
- 9. Delicata / Butternut / Pie Pumpkin

#### Week 22 - Oct 16 & 19

- 1. Kale / Chard
- 2. Carrots
- 3. Bok Choi / Tatsoi / Komatsuna
- 4. Bok Choi / Tatsoi / Komatsuna
- 5. Delicata / Butternut / Pie Pumpkin
- 6. Delicata / Butternut / Pie Pumpkin
- 7. Radishes: Watermelon / black Daikon / Miyashige
- 8. Radishes: Watermelon / black Daikon / Miyashige
- 9. Collard Greens
- 10. Broccoli / Cauliflower

#### Week 23- Oct 23 & 26

- 1. Kale / Chard
- 2. Carrots
- 3. Delicata / Butternut / Pie Pumpkin
- 4. Delicata / Butternut / Pie Pumpkin
- 5. Radishes: Watermelon / black Daikon / Miyashige
- 6. Radishes: Watermelon / black Daikon / Miyashige
- 7. Collard Greens
- 8. Broccoli / Cauliflower
- 9. Sweet Potatoes
- 10. **Beets / Turnips**

### Week 24 - Oct 30 & Nov 2

- 1. Kale / Chard
- 2. Carrots
- 3. Delicata / Butternut / Pie Pumpkin
- 4. Delicata / Butternut / Pie Pumpkin
- 5. Radishes: Watermelon / black Daikon / Miyashige
- 6. Radishes: Watermelon / black Daikon / Miyashige
- 7. Collard Greens

- 8. Broccoli / Cauliflower
- 9. Sweet Potatoes
- 10. Beets / Turnips

## Week 25 - Nov 6 & 9

- 1. Kale
- 2. Chard
- 3. Carrots
- 4. Radishes: Watermelon / black Daikon / Miyashige
- 5. Radishes: Watermelon / black Daikon / Miyashige
- 6. Collard Greens
- 7. Sweet Potatoes
- 8. Beets
- 9. Turnips