

Exercise 4.2. If M and L are Hermitian, then $i[M, L]$ is Hermitian but not necessarily $[M, L]$.

Proof. Given $M^\dagger = M$ and $L^\dagger = L$, we wish to show that $\{i[M, L]\}^\dagger = i[M, L]$. Let

$M = [m_{ij}]$. Then $iM = [im_{ij}]$ and

$$(iM)^\dagger = \left[(im_{ij})^* \right] = [i^* m_{ji}^*] = [-im_{ji}^*] = -i[m_{ji}^*] = -iM^\dagger.$$

So

$$\begin{aligned} \{i[M, L]\}^\dagger &= \{i(ML - LM)\}^\dagger = \{(iM)L - L(iM)\}^\dagger = L^\dagger (iM)^\dagger - (iM)^\dagger L^\dagger \\ &= -iL^\dagger M^\dagger + iM^\dagger L^\dagger = i(M^\dagger L^\dagger - L^\dagger M^\dagger) = i[M^\dagger, L^\dagger] = i[M, L] \quad \checkmark \end{aligned}$$

However,

$$[M, L]^\dagger = (ML - LM)^\dagger = L^\dagger M^\dagger - M^\dagger L^\dagger = LM - ML = [L, M] = -[M, L],$$

not equal to $[M, L]$ unless M and L commute; i.e., unless $[M, L] = 0$. ■