[1.1] Given

(0) $\langle A|B\rangle \in \mathbb{C}$ (since it is defined to be an inner product)

(1)
$$\langle C | \{ |A \rangle + |B \rangle \} = \langle C |A \rangle = \langle C |B \rangle$$

$$(2) \langle B | A \rangle = \langle A | B \rangle^*$$

Prove

(a)
$$\left\{ \left\langle A \middle| + \left\langle B \middle| \right\} \middle| C \right\rangle = \left\langle A \middle| C \right\rangle + \left\langle B \middle| C \right\rangle$$

(b)
$$\langle A | A \rangle \in \mathbb{R}$$

Solution.

(a) From (0), let
$$\langle C | A \rangle = a + bi$$
 and $\langle C | B \rangle = c + di$. Then

(3) Claim
$$(\langle C|A\rangle + \langle C|B\rangle)^* = \langle C|A\rangle^* + \langle C|B\rangle^*$$
:
$$[(a+bi) + (c+di)]^* = [(a+c) + (b+d)i]^* = (a+c) - (b+d)i$$

$$= (a+bi) + (c+di) = (a+bi)^* + (c+di)^*$$

So,

$$\begin{cases}
\langle A | + \langle B | \} | C \rangle \stackrel{\text{(2)}}{=} \langle C | \{ | A \rangle + | B \rangle \} \rangle^* \stackrel{\text{(1)}}{=} (\langle C | A \rangle + \langle C | B \rangle)^* \\
= \langle C | A \rangle^* + \langle C | B \rangle^* \stackrel{\text{(2)}}{=} \langle A | C \rangle + \langle B | C \rangle
\end{cases}$$

(b) From (0), let
$$\langle A | A \rangle = x + yi$$
. By (2),

$$x - yi = \langle A | A \rangle^* \stackrel{(2)}{=} \langle A | A \rangle = x + yi \quad \Rightarrow \quad y = 0$$
$$\Rightarrow \quad \langle A | A \rangle = x \in \mathbb{R}$$