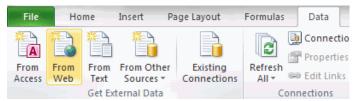
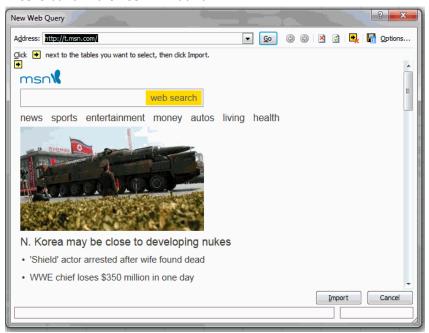
Instructions using import from web:

1. Under the "Data" tab in the menu ribbon select "From Web".



2. Excel's built in browser will launch.



3. Go to the website you would like to extract data from.

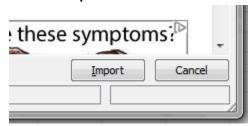


Note yellow arrows will appear next to data tables that can be imported into Excel.

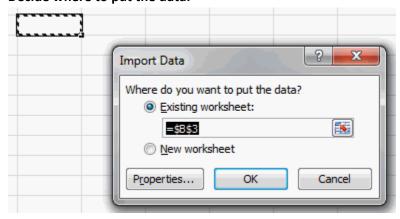
4. When the yellow arrow is clicked it will become a check mark, indicating that the data has been selected.



5. Click the import button in the bottom right corner of the browser.



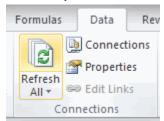
6. Decide where to put the data.



7. The data will appear.

Δ	Α	В	С	D
1				
2				
3		Prev Close:	1,885.08	
4		Open:	1,884.88	
4 5 6				
6				
7				

8. Refresh options are available under the "Data" tab in the ribbon menu.



9. Under "Properties" you can set the refresh rate, formatting and layout.

