**Changing Perspectives**

Mar 11

Written By [Mike Bonertz](https://www.harmreductionadvocate.com/blog?author=659d9b879d7e344f8409888e)

A colorful explosion of light

AI-generated content may be incorrect.

Welcome to the Changing Perspectives blog. This conglomeration of posts is intended to create a space for discussing psychedelics, including their efficacy, trending topics in the sector, personal testimonials, and more.

I also invite you to follow me on LinkedIn, Instagram, Twitter and TikTok to stay abreast of new posts!

Topic Guidelines:

* Discussion on the need to change perspectives on natural tools
* Encouragement to embrace the benefits of natural substances
* Real-world examples challenging common misconceptions
* Invitation to explore what is natural and beneficial

Specific Topics:

* The Failure(s) of the Western Medical System
* Autism
* The Cannabis Legalization Catastrophe in Canada
* Eating Disorders
* Indigenous Respect, Reciprocity and Representation - Exploration of and integration of sacred and important wisdom and traditions
* Evidence on Psilocybin for Migraines
* Evidence for Psychedelics Promoting Brain Growth and Protection and in Treating Traumatic Brain Injury (TBI), Stroke, and Brain Damage
* Substance Use - Focuses on Opiates, Cocaine,
* Psychedelic Screening - Background, History, Evidence