**Expert Advice for the Psychedelic Curious**

Our services.

* **Everyone Can Benefit: Grandma, Psychonauts, School Teachers, Medical Professionals, Patients, Counsellors, Guides**

Mike Bonertz’s work as a Harm Reduction Advocate includes but is not limited to offering consultations, education, support, and advice to the psychedelic curious, expert psychonauts, suffering patients, healthcare providers, family members, psychedelic guides and counselors, and businesses of all types (including retreats, facilitators, and treatment centers) to reduce harm and increase safety.

* **Donation-Based Pricing Philosophy**

We believe in providing accessible services for those who need them; thus, payment for our consulting and educational services is entirely donation-based. These services are conducted remotely and can be done by phone or video.

These consulting services are not intended to replace accurate medical advice or a medical diagnosis from a licensed medical professional.

* **Onboarding for Consultations**

Our aim with our onboarding process is is to ascertain a client’s risk factors for psychedelic therapy (if there are any), and to determine the type of support a client may need outside of what R.E.L. can provide, including references to other professionals if a client’s situation appears beyond the abilities and outside the intended scope of our Harm Reduction services.

So, after you’ve found a time that works best for a remote Harm Reduction Consultation with Mike, you’ll receive a few items in your email to fill out beforehand.

The information asked for in these documents is intended to ensure the safety and well-being of individuals interested in participating in psychedelic experiences. They’ll provide us with a comprehensive understanding of your medical history, mental health status, substance use patterns, goals, and current state of mind.

It is important to be 100% completely honest with all of the answers, as it helps to weigh any potential risks or concerns before proceeding with a psychedelic session.

* **Consultation Fees**

At R.E.L., we believe Harm Reduction is about meeting the patients where they are, finding out what therapies they are interested in, and what works for them. Access is also a massive priority for us. Not just availability--access. Access to information, especially on alternative healing methods, should not have a price tag.

Therefore, our consultation services have no set fee--they are entirely donation-based. There is also no minimum donation to speak with me. Simply contribute whatever your current situation allows, and the universe will take care of the rest!

[Book a Consultation](https://www.harmreductionadvocate.com/services)