



David Hockney — *Portrait of Nick Wilder*, 1966

CLINICAL GRAND ROUNDS

Coercion in Outpatient Community Mental Health Services

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the Adult Psychosis Program Staff

Jewish General Hospital

SESSION CHAIRED BY NASR FAROOQI, MD

DATE AND TIME

January 15, 2026

12:00 PM – 1:00 PM (ET)

G-23 (ICFP), 4333 Côte-St-Catherine Rd., Montreal QC H3T 1E4

In person only

The realities of coercion in outpatient mental health care: what it looks like, why it happens, and how clinicians manage it in practice.

Learning objectives

- Review the literature on coercion in community mental health services and underlying causes.
- Explore the concept of procedural justice and its use as a counterpoint to coercion.
- Discuss clinical cases that illustrate these themes in day-to-day practice.

Arash Nakhost, MD, PhD is a psychiatrist providing comprehensive psychiatric care to adults, including diagnostic assessment, medication management, and psychotherapeutic interventions, with a focus on mood, anxiety, and psychotic disorders. He is committed to evidence-based, patient-centred, and collaborative clinical practice.

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Accreditation

The *Clinical Grand Rounds* is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

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