

# Calculating the Segmented Helix Formed by Repetitions of Identical Subunits and a Zoo of Platonic Helices

Robert L. Read \*email read.robert@gmail.com

*Founder, Public Invention, a non-profit.*

June 17, 2019

## Abstract

Eric Lord has observed:

In nature, helical structures arise when identical structural subunits combine sequentially, the orientational and translational relation between each unit and its predecessor remaining constant.[1]

This paper proves Lord's observation as a consequence of screw theory. Algorithm-like formulae for the segmented helix generated from the intrinsic properties of a stacked object and its conjoining rule are given. Standard results from screw theory[2] and previous work for finding the axis of a helix from points[3] are combined with corollaries of Lord's observation to allow calculations of segmented helices from either transformation matrices or four known points. The construction of these from the intrinsic properties of the rule for conjoining repeated subunits of arbitrary shape is provided. allowing the complete parameters describing the unique segmented helix generated by arbitrary stackings can be easily calculated. Interactive software is provided which performs this computation for arbitrary prisms along with 3D visualization. This allows either the deduction of intrinsic properties of a repeated subunit from known properties of a segmented helix, as a chemist might want to do, or the design of a segmented helix from known properties of a repeated subunit, as a mechanical engineer or robotocist might want. As a verification and demonstration, the software and paper compute, render, and catalog a "zoo" of all platonic helices, such as Boerdijk-Coxeter tetrahelix and various species of helices formed from dodecahedra, for example.

## Contents

### 1 Introduction

2

---

\*read.robert@gmail.com

<b>2</b>	<b>A Warm-up: Two Dimensions</b>	<b>3</b>
<b>3</b>	<b>The Segmented Helix</b>	<b>6</b>
<b>4</b>	<b>The Intrinsic Properties of Periodic Chains of Solids</b>	<b>7</b>
<b>5</b>	<b>Periodic Chains Produce Segmented Helices</b>	<b>8</b>
<b>6</b>	<b>Computing Screws and Segmented Helices from Transformation Matrices</b>	<b>10</b>
<b>7</b>	<b>PointAxis: Computing Segmented Helices from Joints</b>	<b>11</b>
7.1	A Sketch of the 4-Point Method . . . . .	13
7.2	The 4-Point Test . . . . .	13
7.3	The 4-Point Method . . . . .	13
7.4	Degenerate Cases . . . . .	14
<b>8</b>	<b>The Face Normal Method</b>	<b>16</b>
8.1	Rotating into balance from face normal vectors . . . . .	18
8.2	On the Choice of the Screw Axis Direction . . . . .	18
<b>9</b>	<b>Checks and Explorations</b>	<b>19</b>
9.1	Changing $\tau$ Smoothly Changes Tightness . . . . .	19
9.2	Qualitative observations . . . . .	19
<b>10</b>	<b>Applying to The Boerdijk-Coxeter Tetrahelix</b>	<b>20</b>
<b>11</b>	<b>Implications</b>	<b>20</b>
<b>12</b>	<b>The Platonic Helices</b>	<b>21</b>
12.1	Qualitative Descriptions and Interesting Shapes . . . . .	22
<b>13</b>	<b>Future Work</b>	<b>24</b>
<b>14</b>	<b>To Do</b>	<b>25</b>
<b>15</b>	<b>References that need to be studied or reviewed</b>	<b>26</b>
<b>16</b>	<b>Acknowledgements</b>	<b>26</b>

## 1 Introduction

During the Public Invention Mathathon of 2018[4], software was created to view chains of regular tetrahedra joined face-to-face. The participants noticed that whenever the rules for which face to add the next tetrahedron to were periodic, the resulting chain was always a helix.

Although unknown to us at that time, we now call Lord's Observation:

In nature, helical structures arise when identical structural subunits combine sequentially, the orientational and translational relation between each unit and its predecessor remaining constant.[1]

The purpose of this paper is to prove Lord’s Observation and provide mathematical tools and software for studying arbitrary segmented helices generated in this way.

Finding the properties of a segmented helix from four contiguous segments on the helix from screw theory[5, 2, 6, 3], is explained and reformulated. An interactive, 3D rendering website written in JavaScript which allows both calculation and interactive play and study. This allows a structure or molecule coincident to a segmented helix to be designed by adjustments to the repeated object, or for the shape of a repeated subunit to be inferred from the intrinsic properties of the segmented helix. Kahn’s method [3] is modified to cover some degenerate situations.

We exploit Lord’s Observation to discover symmetry which allows us to compute the helix when subunits are joined face-to-face with the same *twist*. Kahn was investigating proteins, which do not have faces, but geometric solids and other macroscopic solid objects do. This concept can be generalized to a *joint face angle*, even if the objects conjoined do not technically have flat faces. This symmetry allows us compute the parameters of the segmented helix purely from properties intrinsic to a single object and the joining rule. Finally, as an important demonstration, these tools are used to produce a catalog of all possible helices generated by vertex-matched face-to-face joints of the Platonic solids, of which only the tetrahelix[7, 8, 9, 10, 11] has been completely described to date.

## 2 A Warm-up: Two Dimensions

Considering the problem in two dimensions may be a valuable introduction. Suppose that we consider a polygon that has two edges, called  $A$  and  $B$ , and that we define the length  $L$  of the polygon as the distance between the midpoints of these edges. Suppose that we are only allowed to join these polygons by aligning  $A$  of one polygon to  $B$  of another polygon, with their midpoints coincident. Let us further assume that we disallow inversions of the polygon. Let us imagine that we have a countable number of polygons  $P_i$  indexed from 0. Then what shapes can we make by chaining these polygons together?

Each joint  $J_i$  between polygons  $P_i$  and  $P_{i+1}$  will place the axes of at the same angle,  $\theta$ , since our polygons do not change shape. Let us define  $\theta$  to be positive if we move anti-clockwise from  $P_i$  to  $P_{i+1}$  and negative if we move clockwise. If  $\theta = 0$ , the joints will be collinear.

If  $\theta \neq 0$ , it seems they polygon joints will always lie on a circle. A proof of this is that each polygon has associated with it an isosceles triangle  $A, B, C$ , where  $\angle CBA = \angle CAB = \theta/2$ , and  $\angle ACB = (\pi - \theta)$ .  $AC$  and  $BC$  are not necessarily aligned with an edge of the polygon. The length  $AB$  is  $L$ , and the lengths  $AC$  and  $BC$  are  $(L/2)/\sin(\pi - \theta)/2$ . In any chain of polygons, these triangles all meet at point  $C$ , and there all joints are on the circle centered at  $C$  with radius  $\frac{L}{2\sin \frac{\theta}{2}}$ .

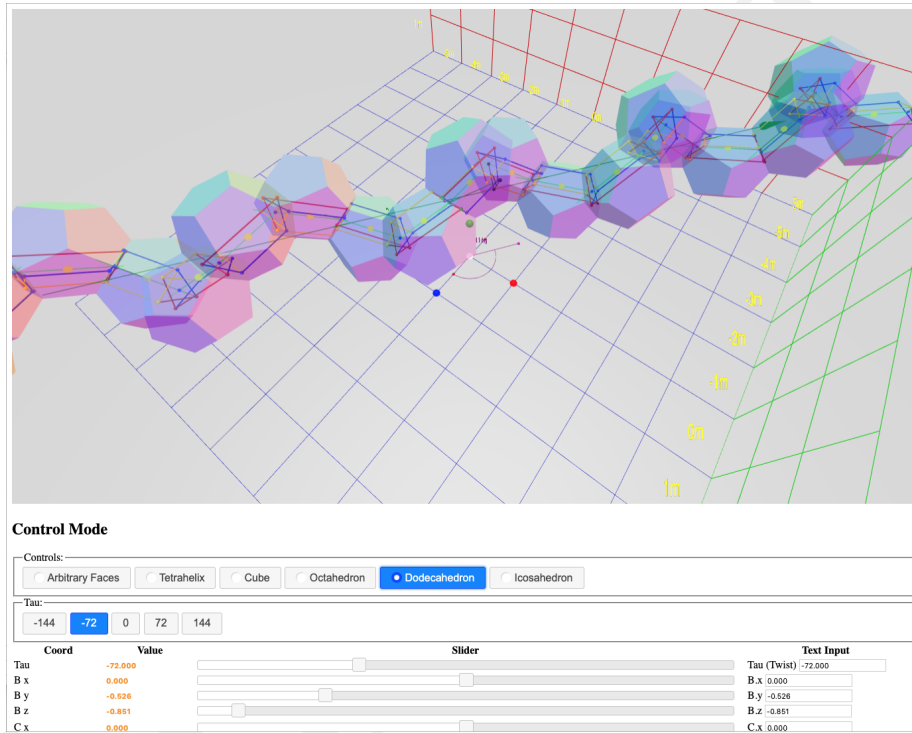


Figure 1: Example Segmented Helix Generated From the Dodecahedron

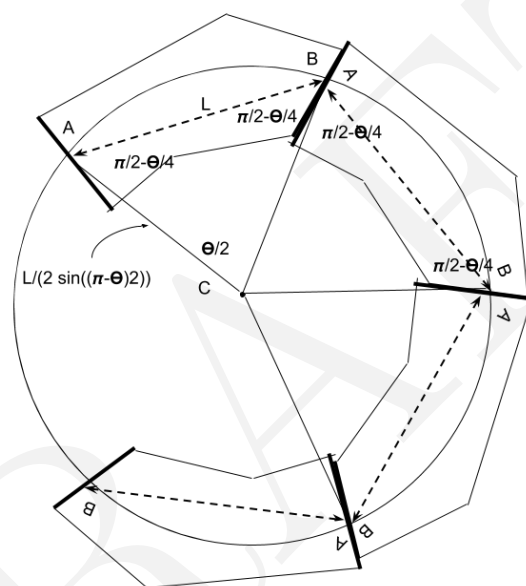


Figure 2: A 2D Analog of a Helix Generated by Repeated Subunits

### 3 The Segmented Helix

An analogous result holds in three dimensions.

In this section we consider a helix evaluated only at regular points.

Following the Wikipedia article <https://en.wikipedia.org/wiki/Helix>, we set up a helix parametrically.

$$\begin{aligned}P_x(t) &= r \sin t \\P_y(t) &= r \cos t \\P_z(t) &= bt\end{aligned}$$

Such a helix has a radius of  $r$  and slope (if  $r \neq 0$ ) of  $b/r$ . The pitch of helix, the change in  $t$  needed to make one complete revolution, is  $2\pi b$ . Note that a helix may be degenerate in two ways. If  $r = 0$ , these equations become a line. If  $b = 0$ , these equations describe a circle in the  $xy$ -plane. If  $r = 0$  and  $b = 0$ , the figure is a point.

Such helices are continuous, but we are investigating stacks of discrete objects. We in fact wish to derive the parameters for a continuous helix from such discrete objects which constrain discrete points, so we wish to study a helix evaluated at integral points. We call such an object a *segmented helix*. A segmented helix may be thought of as function that given an integer gives back a point in three space.

$$\begin{aligned}P_x(n) &= r \sin n\theta \\P_y(n) &= r \cos n\theta \\P_z(n) &= nd\end{aligned}$$

$d$  is the distance or *travel* along the axis between adjacent joints. In this canonical representation this is the  $z$ -axis.  $\theta$  is the rotation around the  $z$ -axis between adjacent points.  $r$  is the radius of the segmented helix. Note that if  $\theta = \pi$ , we have a third form of degeneracy (to the human eye) of a segmented helix which is a zig-zag contained completely within a single plane.

If we think of the segmented helix as describing a polyline in 3-space, we would like to investigate the properties of that polyline. If we consider only the intrinsic shape of the segmented helix, there are three degrees of freedom:  $r, d, \theta$ . We call these the *intrinsic* properties of the segmented helix.

A segmented helix located in space is completely determined by these parameters, a vector describing the axis of the helix, and the position of any one joint.

Because the segmented helix is a discrete structure, we reframe the concept of *pitch* as *sidedness*  $s$ : how many segments (sides) make a complete rotation?

- $L$  is the distance between any two adjacent points.
- $\theta$  rotation about the axis between two joints.
- $c$  is the length of a chord formed by the projection of the segment between two points projected along the axis of the segmented helix.
- $d$  is the distance along the axis of the helix between any two joints.
- $\phi$  is the angle between any vector between two adjacent joints and the axis of the helix. In physical screws used in mechanical engineering, this is analogous to the *helix angle* [12].

- $p$  is the pitch of the helix, the distance travelled in one complete rotation.
- $s$  is the number of segments in a complete rotation (in general not rational.)

These quantities are related:

$$c = 2r \sin \frac{\theta}{2} \quad (1)$$

$$L^2 = c^2 + d^2 \quad (2)$$

$$\arctan \frac{c}{d} = \phi \quad (3)$$

$$s = \frac{2\pi}{\theta} \quad (4)$$

$$d = L \cos \phi \quad (5)$$

$$p = ds \quad (6)$$

$$(7)$$

Measuring  $\phi$  requires us to decide on the sign of the direction of the axis, which is arbitrary and not based on the physical shape.

Any point on the segmented helix has a closest point on the axis of the helix. In particular, we will call the points closest to the joints *joint axis points*. Then  $d$  is the distance along the axis between consecutive joint axis points.

We seek to relate these properties to properties intrinsic to the joint or interface between two segments or objects in the segmented helix. If given an object, the length between the joints  $L$  is intrinsic.

## 4 The Intrinsic Properties of Periodic Chains of Solids

If we have chains of repeated 3D units conjoined identically, they generate a segmented helix coincident on their joints. Although fairly obvious from Chasles' Theorem, we have not found this stated in writing elsewhere, so we call this Lord's Observation:

**Observation 1** (Lord's Observation). *In nature, helical structures arise when identical structural subunits combine sequentially, the orientational and translational relation between each unit and its predecessor remaining constant.[1]*

Lord's Observation may perhaps be clarified that in fact identical objects conjoined via a rule produce periodic chains of objects that are uniformly intersected by segmented helices and that they may be degenerate in one of three ways that we might not strike us as a helix if we are not seeking them:

1. The segments may form a straight line. (For example, see Figure 8).
2. The segments may be planar about a center, forming a polygon or ring. (For example, see Figure 14).
3. The segments may form a planar saw-tooth or zig-zag pattern of indefinite extent (For example, see Figure 3).





Consider any rule that conjoins  $A$  of object  $i + 1$  to  $B$  such that from the frame of reference of  $i$ , the object  $i + 1$  and anything rigidly attached to it is always in the same position in the frame of reference for  $i$ . Informally,  $i + 1$  “looks the same” to  $i$ , no matter what  $i$  we choose,  $i < N$ . Call a chain of  $N$  identical rigid objects conjoined via a rule that conjoins  $A$  to  $B$  in such a way that every vector of  $B$  is always in the same position relative to a frame of reference constructed from  $A$  a periodic chain.

Any periodic chain of three or more objects has a unique segmented helix whose segments correspond to the axes of these objects.

*Proof.* We will proceed by induction.

Base Case ( $k = 3$ ):

Take an object  $AB$ . By Chasles’ theorem [https://en.wikipedia.org/wiki/Chasles%27\\_theorem\\_\(kinematics\)](https://en.wikipedia.org/wiki/Chasles%27_theorem_(kinematics)), there is a screw axis  $S$ , a set of rotations, and a transposition  $d$  which moves the first object to position where the second object  $BC$  is. Take one of the rotation angles of smallest value. Construct the points  $A'$ ,  $B'$  and  $C'$  as the closest points to  $A, B$  and  $C$  on this axis. These points are collinear by construction.

Now add the object  $CD$  to object  $BC$  by our rule of periodic chains. Consider the points  $B'$  and  $C'$  from  $A$ ’s frame of reference. Let  $d = \|\overline{C'} - \overline{B'}\|$ . Construct the point  $D'$  on our screw axis as the point closest to  $D$  on that line.

Now because  $C'D'$  in  $BC$ ’s frame of reference must look like  $B'C'$  in  $A$ ’s frame of reference, must look like  $B'C'$ , the distance  $\|\overline{D'} - \overline{C'}\| = d$ . From  $A$ ’s frame of reference,  $A'B'C'$  are collinear, the points  $B'C'D'$  must be collinear in  $B$ ’s frame of reference.

In any frame of reference, if  $A'B'C'$  are collinear and  $B'C'D'$  are collinear, then  $A'B'C'D'$  are collinear.

Now, looking backward from  $CD$  towards  $A$ , the distance  $A'B'$  must be the same as the distance  $B'C'$  so as to not violate our rule. So  $d = \|A'B'\| = \|B'C'\| = \|C'D'\|$ . Similarly because by construction  $r = \|BB'\| = \|CC'\|$ , and  $AA'$  is a rigid transformation of  $BB'$ , so  $r = \|AA'\|$ . By symmetry,  $r = \|DD'\|$ . Compute  $\theta$  as the rotation about  $S$  that takes  $BB'$  into  $CC'$ . By our rule of attachment,  $\theta$  also takes  $CC'$  into  $DD'$  and  $AA'$  into  $BB'$ .

Now construct a segmented helix, the radius  $r$ , distance, and angle  $\theta$ . This segmented helix can be positioned coincident with  $S$  so that  $H_0 = A$ . Then  $H_1 = B$ ,  $H_2 = C$ , and  $H_3 = D$ .

Therefore, for the base case of three objects, there is a segmented helix whose segments coincide with the axes of the objects.

Inductive Case ( $k + 1$ ): Assume there is a segmented helix coinciding with the first  $k$  objects, and consider the frame of reference of the  $k$ th object. The axis and any other rigid property of the  $k + 1$ th object stands in relation to object  $k$  as  $k$  stood to  $k - 1$ . By induction, the  $k$ th object had a segment of a segmented helix corresponding to its axis. Attach vectors  $V_{Ak}$  and  $V_{Bk}$  from the joints of  $k$  to the axis of the helix perpendicularly. Define these vectors in the frame of reference for  $k$ .

To the  $k - 1$ th, the tips of  $V_{Ak}$  and  $V_{Bk}$  define a line segment which lies on the axis of the segmented helix  $H$ , with the tip of  $V_{Ak}$  coincident with the tip of  $V_{B(k-1)}$ .

By our rule and by induction, since this is true of the  $k - 1$ th object, it is true of the  $k$ th object. Therefore the  $k + 1$ th objects  $V$  vectors point to a line segment which lies on the axis of  $H$ , extending it in the same direction. The axis of the  $k + 1$ th object therefore coincides with the  $k + 1$ th segment of  $H$ .

Therefore, by induction, identical objects conjoined by the same rule always coincide with some segmented helix, whose parameters are discoverable.  $\square$

This theorem leads to the following corollary. In engineering the term *helix angle* refers to the angle between a line tangent to a continuous helix and the axis of the helix. In segmented helices, this is the same as the angle between the axis of each object in a periodic chain and the axis of the segmented helix coincident to it.

**Corollary 1** (Segment Similarity). *The helix angle of a any object axis in a periodic chain is the same.*

*Proof.* The axes of each object coincide with a segment of a segmented helix. A segmented helix is completely symmetric no matter in which direction of the axis you look down or which point on the axis you begin at. The angle between each pair of objects is exactly the same.  $\square$

Corollary 1 is perhaps less obvious when one considers period chains of objects which are, taken as individuals, highly assymetric. For example, The  $B$  face does not have to be the same size as the  $A$  face. In fact, the object itself might be shaped like the letter “C”, and not completely enclose the axis. Taking the idea further, the object might be spiky like a stellated polyhedron or a sea urchin, and still be joined by joints relatively close to the center of the object. In this paper we do not concern ourself with the issue of self-collision of the objects, which would have to be considered if one attempted to make a period chain of sea urchins.

Corollary 1 will be used in our development of PointAxis algorithm and in our computation of segmented helix properties and to justify balancing face normals to produce an intrinsic out-vector and to apply the PointAxis algorithm without actually assigning objects Cartesian coordinates.

## 6 Computing Screws and Segmented Helices from Transformation Matrices

The rule for how objects in a periodic chain are joined may be convenient captured as a transformation matrix. In general, a human engineer will have to compute this transformation matrix from some other information, such as the face-to-face conjoining rule. We discuss how to do this from joint-face normal vectors in Section 8. However, a transformation matrix clearly capture the idea of “repetition”. Since by definition the objects in the chain are the same shape, moving one object into a new position and place an identical copy of that object in that position are practically the same.

Using standard screw theory[2], a screw can be computed from such a transformation matrix. This consists of the axis of the screw  $S$ , a point on the screw axis  $P$ ,

the rotation  $\theta$  around the axis, and the transposition, or travel, along the axis of one transformation.

Neither a transformation matrix or its corresponding screw completely define all of the intrinsic properties of a segmented helix. In particular, a matrix  $M$  maps any point  $p$  to a point  $p'$ . Since this applies to all points no matter how far from the screw axis or the axis of rotation and such transformation preserve distance to this axis (the radius), the radius of a segmented helix is not determined by a transformation matrix or a screw. Since the helix angle  $\phi$  changes with radius for a helix of a given pitch,  $\phi$  is not determined.

However, if we have transformation matrix and one joint position, all of the properties of segmented helix are determined. If we have a screw and one point on the axis of the screw fixing it in space and the location of one joint, all of the properties of the segmented helix are completely determined.

In our software, we have coded the calculation of the screw directly from a transformation matrix, and the additional routines which determine all intrinsic properties from a joint position.

As is common in kinematics[14], there are many ways to represent the same physical or mathematical situation. Four consecutive joint positions also completely determine a segmented helix. We present an approach to doing this in the code below. Because joints can be computed from transformation matrices and transformation matrices from joints, which method of calculation is preferable would be a matter of choice and clarity. We have in fact coded both and used the comparison as automated tests in our software to ensure the correctness of our coding.

A mechanical engineer, robotocist, or computer graphics expert is likely to find the computation from the transformation matrix more natural and convenient. A chemist or crystallographer is more likely to have learned the position of four points and wish to compute from that. At one level, of course, either method can be used.

## 7 PointAxis: Computing Segmented Helices from Joints

Kahn[3] has given a method for computing the axis of a helix in the context of chemistry. This method uses the observation that the angle bisectors of the segments on a segmented helix are perpendicular and intersect the axis of the helix. Because the helices may not be perfect and because the measurement of positions may not be perfectly accurate, it is common for chemists to use regression and fitting methods to fit helix parameters to observed positions on the helix. Kahn's method was a prelude to some error-tolerant methods applicable to the realm of organic chemistry. In this paper we are concerned with pure geometry. Also, Kahn was writing in 1989, and we now have more convenient computing tools. We give here a modification of Kahn's algorithm, called *PointAxis*, which relies on our ability, working in the realm of pure geometry, to position the segments on the axes to simplify the derivation and computation.

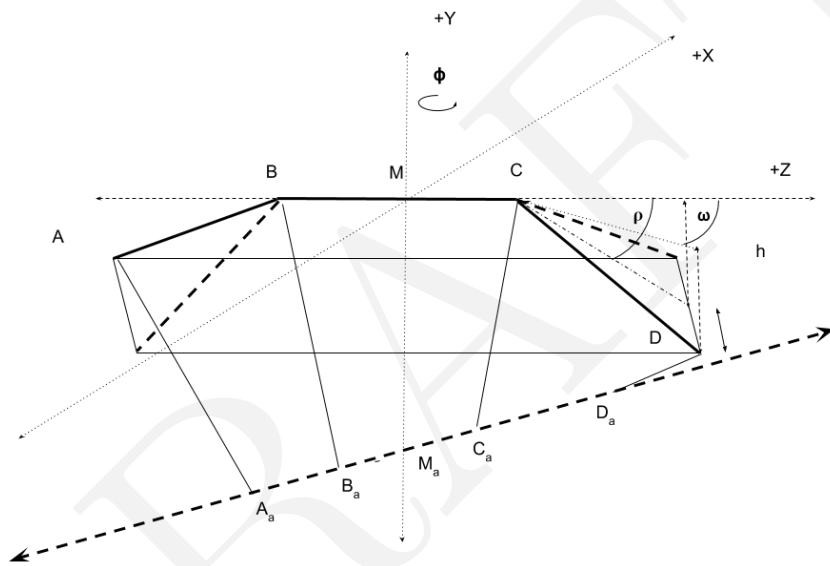


Figure 4: Three Symmetric Members

## 7.1 A Sketch of the 4-Point Method

Using tools from linear algebra and well-documented algorithms, a sketch of the finding the segmented helix from four consecutive known points  $A, B, C, D$  is:

- Compute the bisectors of the angle  $B_b$  of  $\angle ABC$  and the angle  $C_b$  of  $\angle BCD$ . If the points are collinear, we have a special case.
- Because these angle bisectors point at the axis of the segmented helix, their cross product is a vector in the direction of the axis. If  $B_b$  and  $C_b$  are parallel or anti-parallel the cross product is not defined and we have special cases.
- Otherwise the vectors  $B_b$  and  $C_b$  are skew, the algorithm for the closest points on two skew lines provides two points  $B_a$  and  $C_a$  on these vectors which are the closest points on those lines and are also points on the axis.
- The distance between  $B_a$  and  $B$  is the radius, and the distance between  $B_a$  and  $C_a$  is the travel  $d$  along the axis.
- The angle between  $B - B_a$  and  $C - C_a$  is  $\theta$ .

## 7.2 The 4-Point Test

It is useful to have a test if four proposed points really do lie on a segmented helix.

**Theorem 2** (Segmented Helix Test). *Four arbitrary sequential points  $A, B, C, D$  are consecutive joints of a segmented helix if and only if they segments  $\overline{AB}$ ,  $\overline{BC}$ , and  $\overline{CD}$  are equal length and the scalar projection of  $\overline{CD}$  onto  $\overline{BC}$  is equal to the negation of the scalar projection of  $\overline{AB}$  onto  $\overline{BC}$ .*

*Proof.* Case ( $A, B, C, D$  on segmented helix implies negation of scalar projections):

By Chasles' Theorem, there is a screw  $S$  that takes  $\overline{AB}$  into  $\overline{BC}$ , and a screw  $R$  that takes  $\overline{CD}$  into  $\overline{BC}$ . If  $R$  is the negation of  $S$ , the projections will be the same.

If the projections are the same, there is a midpoint. Without loss of generality, rotate around  $\overline{BC}$  so that the midpoint points straight down. Now  $A.x = -D.x$ , if the projections have the same length. If this is so, the screw that takes  $\overline{CD}$  into  $\overline{BC}$  ( $R$ ) has the same magnitude of rotation as  $S$ . The direction vector of  $S$  points in the opposite direction to  $R$ . The distance travelled is the same, therefore  $R$  is the negation of  $S$ .

Case (equality of scalar projection implies a segmented helix):

To Be Done

□

## 7.3 The 4-Point Method

Therefore four consecutive points completely determine at least one segmented helix. We will concern ourselves only with the helix that makes the least rotation between points. We provide a modification of the PointAxis algorithm with takes four such points (without loss of generality  $B$  and  $c$  are assumed to be centered on the  $z$ -axis, and that a rotation has been performed to balance  $A$  and  $D$  to that  $A.x = -D.x$ ,  $A.z = -D.z$ , and  $A.y = D.y$ . Thus the input to PointsAxis in fact has three only three degrees

of freedom, which determine the three intrinsic properties  $r, d, \theta$  which completely define the shape of a segments helix (but not its location in space.)

In the derivations below, we rely on certain facts about the segmented helix formed by the stack of objects, the first of which is key:

- Without loss of generality, we may think of any member whose faces and twist generate a non-degenerate helix as being “above” the axis of the helix. We furthermore choose to place the object in this figure so that  $B_y = C_y$ , that is, that the members are symmetric about the  $z$ -axis.  $A$  and  $D$  are “balanced” across the  $YZ$ -plane, and  $A_x = -D_x$  and  $A_y = D_y$ .
- Every joint  $(A, B, C, D)$  is the same distance  $r$  from the axis  $H$  of the helix.
- Every member is in the same angular relation  $\phi$  to the axis of the helix.
- Since every member cuts across a cylinder around the axis, the midpoint of every member is the same distance from the axis which is general a little less than  $r$ . In particular the midpoint  $M$  whose closest point on the helix axis  $m$  is on the  $y$ -axis and  $Mm < Bb$ .
- The points  $(A_a, B_a, C_a, D_a)$  on the axis closest to the joints  $(A, B, C, D)$  are equidistant about the axis and centered about the  $y$ -axis. In particular,  $\|\overline{B - B_a}\| = \|\overline{C - C_a}\|$ .

From the observations that  $\|\overline{B - B_a}\| = \|\overline{C - C_a}\|$  we concluded that the helix axis is in a plane parallel to the  $XZ$ -plane, it intersects the  $y$ -axis, but in general is not parallel to the  $z$ -axis.

Because the angle bisectors of each joint are in general skew, and intersect the axis perpendicularly, it is clear we can use linear algebra and the algorithm for the closest points on two skew lines to find  $B_a$  and  $C_a$ .

However, we can take advantage of the fact that a segmented helix has tremendous symmetry, and the angle bisectors are very far from being two generally skew lines. In fact, by taking advantage of the fact that the generating rule for an object chain requires similarity in every joint, we can arrange the objects as in Figure 4.

PointAxis takes a length and a point  $D$  known to be in a specific relation to  $B$  and  $C$ .

We have carefully arranging our axes so that we can compute  $\phi$ , the angle between the helical axis and the  $z$  axis. This, in combination with symmetry and the knowledge that the helical axis is in the  $XZ$  plane, lets us compute the points on the axis corresponding to the joints directly from  $\phi$ .

This algorithm coded below, is simple enough that Mathematica can actually produce symbolic closed-form formula for all computed valued in terms of  $L, x, y, z$ , but they are less comprehensible to the human eye than this algorithm, although their existence opens the possibility that, for example, the derivative representing the change in  $r$  with a change in  $D$  could be calculated.

## 7.4 Degenerate Cases

The fundamental insight that the axis of the helix  $H$  can be computed by a cross product of the angle bisector vectors ( $Bb$  and  $Cb$ ) applies only when the angle-bisectors

have a non-zero length and when they are not anti-parallel. When they are of zero length, this is the degenerate case of a straight line coinciding with all segments. This occurs only when  $z = L$ . When  $Bb$  and  $Cb$  are parallel (pointing in opposite directions), the zig-zag degeneracy occurs. This occurs only when  $y = 0$ .

Once  $H$  has been calculated, the signed travel along the axis  $da$  is the scalar projection of a segment  $(C - B)$  onto  $H$ . From this  $\phi$  is directly calculatable.  $\phi$  allows a direct calculation of the  $x, y$  and  $z$  components of the point  $Ba$  on the axis pointed to by  $Bb$ .  $r$  is the distance between  $Ba$  and  $B$ .  $c$  and  $\theta$  are easily computed from these values.

TODO: Move the tests that I have coded in JavaScript into Mathematica, handle special cases as separate math routines to report here.

```
ChordFromLDaxis[L_, Da_] := Sqrt[L^2 - Da^2]
RotationFromRadiusChord[R_, C_] := 2 ArcSin[C/(2R)]
PointAxis[L_, {x_, y_, z_}] := Block[{A, B, C, D, Cb, Bb, H,
                                     Bax, Bay, Baz, Ba,
                                     r, theta, da, c, phi},
  D = {x, y, z};
  A = {-x, y, -z};
  B = {0, 0, -L/2};
  C = {0, 0, L/2};
  Cb = (B+D)/2 - C;
  Bb = (A+C)/2 - B;
  H = Normalize[Cross[Bb,Cb]]; // Why am I calling Normalize twice?
  da = (C - B) . Normalize[H];
  phi = ArcCos[da/L];
  Bax = Sin[phi] da / 2;
  Baz = -Cos[phi] da / 2;
  Bay = Bb[[2]] (Bax / Bb[[1]]);
  Ba = {Bax, Bay, Baz};
  r = Norm[Ba - B];
  c = ChordFromLDaxis[L, da];
  theta = RotationFromRadiusChord[r, c];
  {r, theta, da, c, phi, H}
]
```

Note that in Figure 4 there is great room for confusion in terms of plane  $\omega$  is actually measured against. The three triangles  $\triangle BB_aC$ ,  $\triangle BM_aC$ , and  $\triangle BM_aC$  are all in general not co-planar, that is, they are all at slight angles to each other.

There is one reason one might prefer the transformation matrix method or the point method over the other: with modern computer algebra systems such as Mathematica it might be possible to use these “algorithms” to produce closed-form expressions of closed-form (alebraic) inputs. For example, the Platonic solids all have lengths and face normals which can be specified exactly in closed (thought irrational) form. Thus it might be possible to produce an expression for the radius of one of the Platonic Dodecahelicies of unit edge length. We have not undertaken this work.

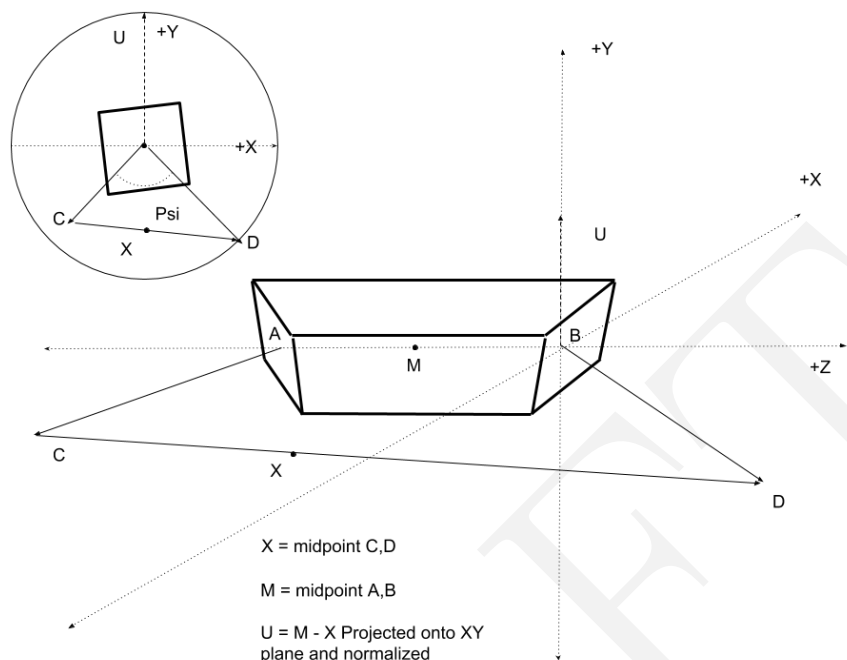


Figure 5: The rotatable prism of three objects

## 8 The Face Normal Method

PointAxis takes a point  $A$  known to be in a specific, balanced relation to  $B$  and  $C$ . A chemist might know 4 such points from crystallography, and be able to move them into this symmetric position along the  $z$ -axis.

However, we might instead know something of the subunits and how they are conjoined, without actually knowing where points  $A$  and  $D$  are.

We start with these intrinsic properties of an object, and additionally the rule for how objects are laid face-to-face. That is, knowing the length between two joint points and a vector normal to the faces of the two joints, we almost have enough to determine the unique stacking of objects. The final piece is that we must know the *twist*. That is, when face  $A$  of a second objects is placed on face  $B$  of a first object so that they are flush (that is, their normals are in opposite directions), it remains the case that the second object can be rotated about the normals. To define the joining rule, we must attach an *up vector* to each object. Then a joining rule is “place the second object against the first, joint point coincident to joint point, and twist it so that its up vector differs by  $\tau$  degrees from the up vector of the first object.” In this definition, the up vectors are considered to be measured against the plane containing the two axes meeting in a joint.

Define the *joint plane* to be the plane which contains the two axes meeting in a joint. Define the *joint line* to be the line through the joint perpendicular to the joint



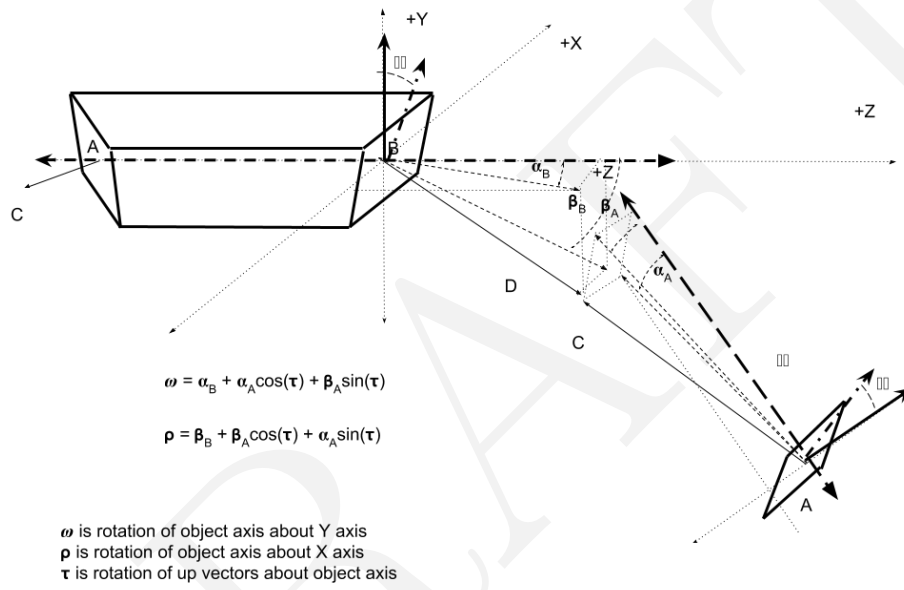


Figure 6: Joint Geometry

plane. Define the *joint angle* to be the angle of the first axis to the second measured about the joint line. The twist  $\tau$  is the change in the a vector attached to the object rotated about the joint line by the joint angle. That is, take any vector attached to the first object, place it at the joint, rotate it about the joint line via the joint angle.  $\tau$  is the difference between the angle of this vector measured against the joint plane and the angle of the up vector of the second object measured against the joint plane.

If the objects are macroscopic objects which have faces, this is the same as the rotation of the axis of the second object relative to the first in the plane of the coincident faces. We can indentify intrinsic properties:

- An object with two identified faces, labeled  $B$  and  $C$ . Assume there normalized vectors  $N_B$  and  $N_C$  from each of these points that is aligned with the axis of the conjoined object attached to that face. This normals might be enforced by the fact that flat faces are joined in the joint plane. However, molecules don't have faces; this conjoining relationship may be enforced some other way.
- The length  $L$  of an object, measured from joint point  $A$  to joint point  $B$ .
- A joint twist  $\tau$  defining the change in computed out-vector between objects, measured at the joint face.

## 8.1 Rotating into balance from face normal vectors

In order to use the PointAxis algorithm, we need a way to compute points  $A$  and  $D$  in balance around the axis  $BC$ . From Lord's Observation, we know that after placing  $BC$  along the  $z$ -axis, there is always an angle  $\psi$  which will rotate the points  $A$  and  $D$  into balance.

It is relatively easy to work out the math to adjoin objects face-to-face baces on the face normals; we will assume this as a subroutine called "adjoinPrism" which takes  $\tau$  (the rotation inside the plane of the joint).

The key insight to finding  $\psi$  to note that we can consider the projections of the  $B$  and  $C$  face normal vectors projected into the  $XY$  plane, and rotate these so that they are balanced around the negative  $y$  unit vector. Even if the lengths of the projections of the face normals in  $XY$  are different, this mechanism works.

TODO: Properly code in Mathematica and place code here. Figure out how to express this mathematically.

## 8.2 On the Choice of the Screw Axis Direction

Given only a physical segmented helix without position in space, we may arbitrarily choose the direction for the axis. Changing our decision will make the screw axis point in the negative direction, change the sign of the travel  $d$  along the axis, and choose  $\phi$  to be  $\pi - \phi$ .

As can be seen from interactive play with our software, it is entirely possible for the travel along the axis of the helix to be 0—in fact, choosing  $\tau \approx 0$  produces toruses, which have no travel along the axis.

We could represent this be makng the length of the vector representing the axis be the length of the travel  $d$ . However, this would have the drawback than when  $d$  is

zero we would be unable to determine the axis of revolution of the torus. Although somewhat arbitrary, I have chosen instead to represent the axis as a normalized vector of unit length, and to allow the travel to be negative. This has the value that changing  $\tau$  through zero smoothly changes  $d$ . However, it creates the problem that as  $\tau$  approaches  $\pi$  from different directions the signs of the axes are different. That is,  $\tau = \pi$  and  $\tau = -\pi$  describe exactly the same shape, but in our calculation they will have different signs for the axes. The radius, pitch and absolute value of the travel, which are intrinsic to the shape, will be the same, but the axis vector,  $\phi$ , and the sign of  $d$  will be different.

## 9 Checks and Explorations

Note: It is useful to compute  $\psi$ , the direction angle of the midpoint of the projections of the face normals. We also need to define the differences between these angles as well  $\delta$ . Choosing  $\tau$  so that the  $\delta$  is zero produces a torus-like structure. Choosing  $\tau$  so that  $\delta$  is  $180^\circ$  produces the zig-zag case, which is of maximum travel.

### 9.1 Changing $\tau$ Smoothly Changes Tightness

**Theorem 3** (Twist Spectrum). *For any choice of face normals having non-zero  $x$  or  $y$  components, changing  $\tau$  smoothly varies the segmented helix between a torus and zig-zag cases.*

*Proof.* By interactively manipulating the software it is apparent.  $\square$

**Theorem 4** (Torus Corollary). *For any choice of face normals, there is choice of the twist  $\tau$  for which the segmented helix is a planar polygon, thereby resembling a torus.*

*Proof.* By interactively manipulating the software it is apparent.  $\square$

TODO: Can we calculate the  $\tau$  value as a function of the face normals? That would make a nice little constructive theorem.

In this section add graphs. Also, a check against the BC helix. Possibly software should be used to produce a 3D simulation of the issues.

Idea: Define “tightness” to be  $p/r$ , where  $p$  is pitch and  $r$  is radius. Attempt to prove that in some ways tightness increases with increasing  $\tau$ .

### 9.2 Qualitative observations

Varying  $\tau$  smoothly varies the tightness of the coiling of the helix, moving through vary linear cases towards a torus, to a torus, to a very linear case on the other side.

In fact it is possible to that there is always a “tightest coil” which does not self-intersect. If we had many objects, we could pack them into a convenient space by computing the  $\tau$  of the tightest coil and stacking them this way. If we had a means to change  $\tau$ , perhaps via motors in a robot arm, we would have a smoothly telescoping and contracting robot arm.

## 10 Applying to The Boerdijk-Coxeter Tetrahelix

The Boerdijk-Coxeter tetrahelix is a periodic chain of conjoined regular tetrahedra which has been much studied[7, 8, 9, 10] and happens to have irrational measures, making it an ideal test case for our algorithms. Because the face-normals can be calculated and the positions of the elements of the BC helix directly calculated, we can use it to test our algorithms, and in fact these algorithms give the correct result.

However, it should be cautioned that the helix which Coxeter identified[7] goes through every node of every tetrahedron. Constructing the helix that goes through only “rail” nodes allows the tetrahelix to be modified[10]. However, the segmented helices defined in this paper do neither; rather, it is most natural to imagine them moving through the centroid of face of a tetrahedron. This complementary view is to think of the BC Helix not as the helix that intersects the vertices of the tetrahedron as Coxeter did[7], nor a single rail as may be valuable to engineers[10], but rather as a helix through the center point of the faces of the tetrahedron. This is a segmented helix of very small radius compared to the other two approaches, but it has the advantage that it is far more general. For example, it is clearly defined if one used truncated tetrahedra. The rotation of a segment thus matches the BC Helix ( $\arctan -3/2$ ), but the radius of the generating segmented helix in the paper would be smaller than those segmented helices that intersect the nodes.

In light of Lord’s observation and the Segmented Helix algorithms, we can now consider the BC Helix, and in fact a variety of segmented helices generated by face-to-face stacking of Platonic solids, examples of called *Platonic segmented helices*.

Note this also makes clear that in these cases we must also specify the *twist*, even if we insist on perfect face-to-face matching. Thinking of it this way, there are actually three tetrahedral segmented helices, depending on which twist  $120^\circ$  is chosen (keeping the faces matching). In the case of the tetrahedron, this creates the clockwise BC Helix, the anti-clockwise BC Helix, and the not-quite-closed tetrahedral torus.

In the case of the icosahedron, there are in fact many possibilities, as one need not choose the precisely opposite face as the joining face, and one may choose up to three twists. The “zoo” or Platonic helices can be studied via the calculations described here, and our software makes these interactively selectable (see Section12).

## 11 Implications

One of the implications of having an easily-calculatable understanding of the math is that it may be possible to design helices of any radius and pitch by designing periodic (possibly scalene) segments. Combined with slight irregularities, this means that you have a basis of design molecular helices out of “atoms” which correspond to our objects.

This would mean that if you wanted to build a brace of length exactly 3 meters with bars of exactly  $1/2$  meter you would be able to come as close to this as mathematically possible.

A modular robot constructed out of repetitions of the same shape-changing module will always product a helix whose precise shape can be controlled by uniformly changing the shape of all of the modules.

## 12 The Platonic Helices

In order to demonstrate the utility of the calculations explained in this paper, we have explored periodic chains of the five regular Platonic solids joined face-to-face so that their vertices coincide, which form *Platonic helices*. Such tetrahelices, icosahelices, octahelices and dodechelices have been mentioned in a number of papers[15, 16, 17], but not exhaustively studied in the purely helical form. We propose the name *cubahelix* for the helix made from cubes, as opposed to the equivalent but cumbersome *hexahedronahelix*. Because in some cases Platonic segmented helices may be found in nature or related to structures found in nature[18, 11], it would be convenient to have a table, and images, of all such Platonic segmented helices for reference.

To construct a periodic chain from a Platonic solid, one must decide which faces are joined by the rule. Additionally, one must determine a twist  $\tau$  as part of the rule, and this twist must be chosen from a small set if the vertices are to coincide. The set of vertex-matching twists differs slightly depending on the face chosen for octahedron, dodecahedron, and icosahedron (but not for the tetrahedron and the cube.) The of twists set will always be equal to the number of sides on a face.

Therefore the number of Platonic helices is in principle a summation of a number of faces times a number of sides, or  $4 \cdot 3 + 6 \cdot 4 + 8 \cdot 3 + 12 \cdot 5 + 20 \cdot 3 = 12 + 24 + 24 + 60 + 60 = 180$ . However, many of the possibly helices will be indistinguishable if we consider only the shapes produced. Furthermore, every non-toroidal helix will come in clockwise and counter-clockwise version.

Using the math in this paper, it was easy to evaluate all 180 helices, place them in table, and group them by radius and travel (collapsing chirality). The result is 27 unique shapes. In this number, no provision was made to exclude self-intersection, which does occur, but might not matter to an aerospace engineer building a collapsible space frame of rods and joints. We did not, exclude rules of the form “attach face zero to face zero”. Such rules always produce an object which is highly self-intersecting. Loosely speaking, it produces a diatomic molecule. Such shapes are uninteresting and require special-case handling mathematically (just as Chasle’s theorem does not apply to pure translational straight-line motion.) They have no definable radius or travel.

With those caveats, the resulting table and accompanying figures thus represents an exhaustive catalog, commonly called a “zoo” today, of all Platonic helices in Table 1. Many of these helices have been previously mentioned and even rendered in the literature, but as far as we know have not been cataloged. In this table, column *C-Face* refers to the face as numbered by the THREE.js software[19], which is somewhat arbitrary. The *# Analogs* column gives the number of Platonic Helices with the same shape, or the enantiomer of it, that is, the same shape in either the clockwise or anticlockwise direction. This list can be expanded completely in our interactive software.

Clearly, for each solid there is a change in twist which keeps the faces aligned if they start aligned. This is the  $2\pi/n$ , where  $n$  is the number of sides in a face. It is perhaps surprising, though, that the base twist that creates a perfect face-to-face match depends not only on the solid but the face we choose to conjoin to. For each of the Platonic solids, we have just computed this base angle by visual inspection and trial and error. The twist  $\tau$  if a species of helix is given in the column below.

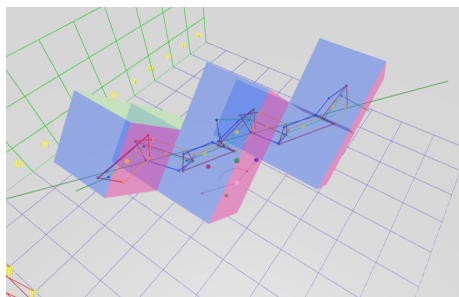


Figure 7: The Blockhelix

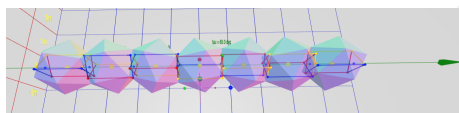


Figure 8: The Pearlshaft

## 12.1 Qualitative Descriptions and Interesting Shapes

For fun and to facilitate conversation, we have given all 27 of these Plathelices nicknames that we find descriptive. A few of these are interesting enough to be worthy of particular mention, and comparing them shows the possibility of designing structures using nothing but Platonic solids. The math in this paper works equally well with irregular shapes as well, allowing continuous spectra of designed structures from repeated shapes or molecules.

- “The Blockhelix” (Figure 7) is cubic rectilinear structure in which all angles are right angles; nonetheless a segmented helix hides inside it perhaps not apparent to the human eye at first glance.
- “Pearlshaft” (Figure 8). Conjoining parallel faces always produces a *shaft*. This icosahedron, being relatively round, resembles a string of pearls.
- However, shaft-like helices exist which do not join opposite faces. “The Dodecashaft” (Figure 9) is a remarkably tight non-self-intersecting dodecahelix with very narrow gaps between objects. Such a configuration might be formed by nanofibers under pressure.
- “The Dodecadoubler” (Figure 10) presents the appearance of being a double helix, even though in fact it is a single helix with a simple twist of  $72^\circ$  from the Dodecashaft
- “The Dodecacorkscrew” (Figure 11) is a contrasting example of a loose helix, reminiscent of a corkscrew for opening wine bottles.
- The “Quasi-planar” (Figure 12) icosahelix presents a slowly twisting metahelix, so perhaps 10 icosahedron could be said to “lay flat”. If this were a molecule or a physical structure made of less-than-perfect rigid members it might be possible

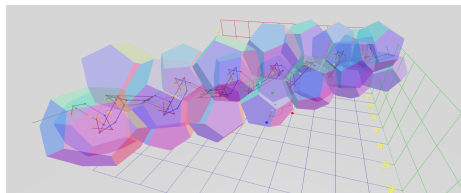


Figure 9: The Dodecashaft

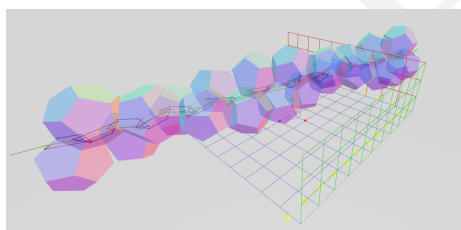


Figure 10: The Dodecadoubler

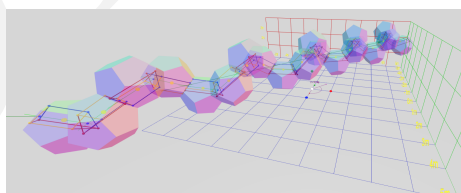


Figure 11: The Dodecacorkscrew

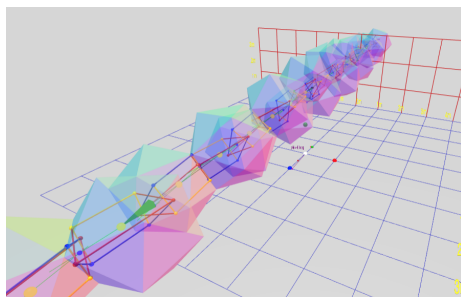


Figure 12: Quasi-planar icosahelix

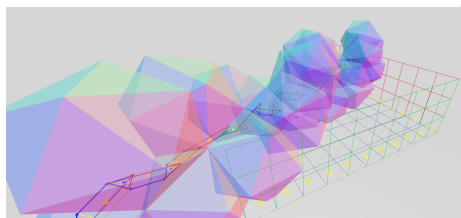


Figure 13: Two Strands

to force it into a pure planar configuration, thus wrapping a cylinder or a plane, studding it with icosahedra.

- “Two Strands” (Figure 13) is similar to the “Dodecadoubler” but even more visually striking. It is reminiscent of a depiction of a DNA double helix.
- “The Wheel” (Figure 14) resembles a modern car tire in proportions. All Platonic solids and indeed all shapes have torus-like configurations. In general they do not “close” perfectly; that is, there is a gap that prevents the final faces from fitting together perfectly. However, one could make tiny adjustments to repeated shape to close this gap.

## 13 Future Work

The algorithms and software described herein allow numerical calculation of the intrinsic properties of these Platonic helices, but it would be even better to describe them in with closed-form expressions, as Coxeter did for the Boerdijk-Coxeter tetrahelix. The math and the algorithms are simple enough that if coded in a symbolic algebra system like Mathematica, or with careful work, closed-form expressions could be produced for all the regular Platonic helices. These would be interesting if they happen to be short; we have no reason to believe they will be.



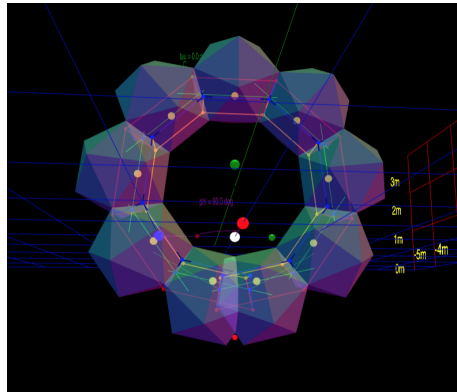


Figure 14: The Wheel

## 14 To Do

- add screenshots explaining concepts
- Clean up the code. 3 days
- Go through each reference 1 day
- Try to get list of references to the computation of a screw from an arbitrary matrix, and compare and contrast to our code. 1 day
- Need to understand what an “alpha coil” protein structure is. (Done: An alpha coil is one of the most common and studied protein forms, roughly providing distance in the protein, consisting of a helix formed by amino acids, which tend to be cross bonded. 1 hour
- Need to understand possibility of further simplifying specification of object.
- Need to understand if I can redefine things in terms of “pitch”. 2 hours
- Note further that Equations 7 and 8 of this paper[3] give BETTER equations for radius  $r$  and the distance  $d$  than what I have so far given.
- Need to get this paper, by hook or by crook, and probably cite: Note: An historical review of the theoretical development of rigid body displacements from Rodrigues parameters to the finite twist <https://www.sciencedirect.com/science/article/pii/S0094114X0500087X>
- Improve qualitative section, talk about toruses - 8 hours
- Consider better naming mechanism for faces - 4 hours
- Fix bug with phi in tau = 0 cases - 4 hours
- Write all of the algorithms in mathematical notation
- Consider assigning colors to faces, which would allow for more visibility

## 15 References that need to be studied or reviewed

This is a long, expensive book, but it may be quite relevant[20]: [https://books.google.com/books?hl=en&lr=&id=1LZ1SZ70RrQC&oi=fnd&pg=PP1&ots=0hSEwJv1UB&sig=xNG9UWv\\_H10XHwa0i0BJN7TW6xA#v=onepage&q&f=false](https://books.google.com/books?hl=en&lr=&id=1LZ1SZ70RrQC&oi=fnd&pg=PP1&ots=0hSEwJv1UB&sig=xNG9UWv_H10XHwa0i0BJN7TW6xA#v=onepage&q&f=false)

Note: There is another long, deep book that needs to be obtained and studied[21].  
<https://books.google.com/books?hl=en&lr=&id=FHP1DWvz1bEC&oi=fnd&pg=PP1&ots=TsOnodavEZ&sig=H086UUV1qRVWGqY-Tv02nb7x7NA#v=onepage&q&f=false>

[https://www.researchgate.net/publication/236066626\\_Segmented\\_helical\\_structures\\_formed\\_by\\_ABC\\_star\\_copolymers\\_in\\_nanopores](https://www.researchgate.net/publication/236066626_Segmented_helical_structures_formed_by_ABC_star_copolymers_in_nanopores)

This is a discussion of segmented coils in a protein structure:

<https://www.sciencedirect.com/science/article/pii/S0022283688903701>

This talks about tuning the period of a helix inside a nanopore:

<https://aip.scitation.org/doi/abs/10.1063/1.4794785>

A modern helix structure protein paper:

<https://www.sciencedirect.com/science/article/pii/S1476927108000583>

“Local Frustration Determines Molecular and Macroscopic Helix Structures”

<https://pubs.acs.org/doi/abs/10.1021/jp4040503>

“Analyzing Protein Structure Using Almost Delaunay Tetrahedra”

[https://www.researchgate.net/profile/Alexander\\_Tropsha/publication/250901525\\_Analyzing\\_Protein\\_Structure\\_Using\\_Almost-Delaunay\\_Tetrahedra/links/5578584408ae75215870347c/Analyzing-Protein-Structure-Using-Almost-Delaunay-Tetrahedra.pdf](https://www.researchgate.net/profile/Alexander_Tropsha/publication/250901525_Analyzing_Protein_Structure_Using_Almost-Delaunay_Tetrahedra/links/5578584408ae75215870347c/Analyzing-Protein-Structure-Using-Almost-Delaunay-Tetrahedra.pdf)

“Simulation of Suspensions of Helical Rigid Fibers” Y Al-Hassan : British Journal of Mathematics and Computer Science (PDF downloaded)

“HELFIT: Helix fitting by a total least squares method” : This needs to be studied closely! <https://www.sciencedirect.com/science/article/pii/S1476927108000418>

QHELIX: A Computational Tool for the Improved Measurement of Inter-Helical Angles in Proteins <https://link.springer.com/article/10.1007/s10930-007-9097-9>

Note: “On the Screw Axes and Other Special Lines Associated With Spatial Displacements of a Rigid Body” <http://manufacturingscience.asmedigitalcollection.asme.org/article.aspx?articleid=1439697>

Note: An historical review of the theoretical development of rigid body displacements from Rodrigues parameters to the finite twist <https://www.sciencedirect.com/science/article/pii/S0094114X0500087X>

Note: Might need to get this book. [https://link.springer.com/chapter/10.1007/978-3-319-31126-5\\_1](https://link.springer.com/chapter/10.1007/978-3-319-31126-5_1)

## 16 Acknowledgements

Thanks to Prof. Eric Lord for his direct communication and Mr. Robert Gatliff for his assistance.

The enthusiasm of the participants of the 2018 Public Invention Mathathon initiated this work.

## References

- [1] Eric A Lord. Helical structures: the geometry of protein helices and nanotubes. *Structural Chemistry*, 13(3-4):305–314, 2002.
- [2] Jens Wittenburg. *Kinematics: theory and applications*. Springer, 2016.
- [3] Peter C Kahn. Defining the axis of a helix. *Computers & chemistry*, 13(3):185–189, 1989.
- [4] Robert L. Read. The story fo a public, cooperative mathathon, December 2019. [Online; posted 12-December-2019].
- [5] Nasser M. Abbasi. Review of the geomety of screw axes, June 2015.
- [6] Wikipedia contributors. Screw axis — Wikipedia, the free encyclopedia, 2019. [Online; accessed 6-June-2019].
- [7] HSM Coxeter et al. The simplicial helix and the equation  $\tan(n\theta) = n \tan(\theta)$ . *Canad. Math. Bull.*, 28(4):385–393, 1985.
- [8] Garrett Sadler, Fang Fang, Julio Kovacs, and Klee Irwin. Periodic modification of the Boerdijk-Coxeter helix (tetrahelix). *arXiv preprint arXiv:1302.1174*, 2013.
- [9] R.B. Fuller and E.J. Applewhite. *Synergetics: explorations in the geometry of thinking*. Macmillan, 1982.
- [10] Robert Read. Transforming optimal tetrahelices between the boerdijk-coxeter helix and a planar-faced tetrahelix. *Journal of Mechanisms and Robotics*, June 2018.
- [11] Peter Pearce. *Structure in Nature is a Strategy for Design*. MIT press, 1990.
- [12] Wikipedia contributors. Helix angle — Wikipedia, the free encyclopedia, 2019. [Online; accessed 17-June-2019].
- [13] Lizhi Gu, Peng Lei, and Qi Hong. Research on discrete mathematical model of special helical surface. In *Green Communications and Networks*, pages 793–800. Springer, 2012.
- [14] Janez Funda and Richard P Paul. A computational analysis of screw transformations in robotics. *IEEE Transactions on Robotics and Automation*, 6(3):348–356, 1990.
- [15] Michael Elgersma and Stan Wagon. The quadrahelix: A nearly perfect loop of tetrahedra. *arXiv preprint arXiv:1610.00280*, 2016.
- [16] Hassan Babiker and Stanisław Janeczko. *Combinatorial cycles of tetrahedral chains*. IM PAN, 2012.
- [17] EA Lord and S Ranganathan. Sphere packing, helices and the polytope  $\{3, 3, 5\}$ . *The European Physical Journal D-Atomic, Molecular, Optical and Plasma Physics*, 15(3):335–343, 2001.
- [18] EA Lord and S Ranganathan. The  $\gamma$ -brass structure and the boerdijk-coxeter helix. *Journal of non-crystalline solids*, 334:121–125, 2004.
- [19] Jos Dirksen. *Learning Three.js: the JavaScript 3D library for WebGL*. Packt Publishing Ltd, 2013.

- [20] Stephen Hyde, Z Blum, T Landh, S Lidin, BW Ninham, S Andersson, and K Larsson. *The language of shape: the role of curvature in condensed matter: physics, chemistry and biology*. Elsevier, 1996.
- [21] Jean-François Sadoc and Rémy Mosseri. *Geometrical frustration*. Cambridge University Press, 2006.

Table 1: The Platonic Helices

Name	Solid	# Analogs	C-Face #	$\tau$	radius	d	$\phi$	$\theta$
Tetrahelix	Tet	6	1	-120	0.094	131.810	-0.516	161.565
Tetratorus	Tet	3	1	0	0.471	70.529	0.000	90.000
Boxbeam	Cub	4	1	-180	0.000	0.000	1.000	0.000
Staircase	Cub	4	2	-180	0.000	0.000	0.707	0.000
Blockhelix	Cub	8	2	-90	0.236	120.000	-0.577	144.736
Cubatorus	Cub	4	2	0	0.500	90.000	0.000	90.000
Octabeam	Oct	3	5	-60	0.000	0.000	1.155	0.000
Octaspikey	Oct	6	1	-120	0.148	146.443	-0.603	154.761
Octamedium	Oct	6	2	-120	0.163	131.810	-0.894	161.565
Octagear	Oct	3	1	0	0.408	109.471	0.000	90.000
Treestar	Oct	3	2	0	0.816	70.529	0.000	90.000
Dodecabeam	Dod	5	8	-108	0.000	0.000	1.589	0.000
Dodecadoubler	Dod	10	1	-144	0.113	161.301	-0.805	164.550
The Alternater	Dod	10	2	-144	0.118	149.520	-1.333	170.306
Dodecashaft	Dod	10	1	-72	0.351	129.657	-0.543	130.501
Dodecagear	Dod	5	1	0	0.491	116.565	0.000	90.000
Dodecacorkscrew	Dod	10	2	-72	0.546	93.026	-1.095	144.110
Dodecadonut	Dod	5	2	0	1.286	63.435	0.000	90.000
Pearlshaft	Ico	3	13	-60	0.000	0.000	1.589	0.000
Quasi-planar	Ico	6	8	165	0.049	167.764	1.294	4.347
Two Strands	Ico	6	1	120	0.137	159.446	0.499	28.340
Slow Twist	Ico	6	12	120	0.169	124.309	1.454	11.641
Rock Candy	Ico	12	2	120	0.204	146.443	0.830	25.239
Icosa Tree Star	Ico	3	1	0	0.304	138.190	0.000	90.000
Icosacorkscrew	Ico	6	8	-75	0.512	99.253	-1.037	143.042
Planar point cluster	Ico	6	2	0	0.562	109.471	0.000	90.000
Big Icosacorkscrew	Ico	6	8	45	0.803	82.064	0.756	54.343
The Wheel	Ico	3	12	0	2.080	41.810	0.000	90.000