

## Emotions - Feelings Word Vocabulary

Emotion							
Intensity	Happy	Sad		Angry		Scared	Confused
Strong	ecstatic	crushed	sorrowful	abused	exploited	afraid	baffled
	elated	defeated	uncared for	betrayed	fuming	appalled	bewildered
	energized	dejected	worthless	enraged	mad	desperate	constricted
	enthusiastic	depressed	wounded	furious	patronized	dread	directionless
	excited	devastated	burdened	hateful	repulsed	fearful	flustered
	exuberant	disgraced	condemned	hostile	spiteful	frantic	stagnant
	jubilant	drained	demoralized	humiliated	throttled	horrified	trapped
	loved	exhausted	deserted	incensed	used	intimidated	
	marvelous	helpless	distraught	outraged	vindictive	overwhelmed	
	terrific	hopeless	empty	pissed off		panicky	
	thrilled	hurt	grievous	rebellious		petrified	
	uplifted	rejected	humbled	repulsed		shocked	
		terrible	miserable	seething		terrified	
		unloved	mournful	strangled		tormented	
		unwanted	pitiful	vengeful		vulnerable	
	discarded						
Mild	admired	ashamed	abandoned	agitated	aggravated	alarmed	ambivalent
	alive	despised	alienated	annoyed	anguished	apprehensive	awkward
	amused	disappointed	degraded	controlled	cheated	axed	disorganized
	appreciated	discouraged	deprived	disgusted	coerced	defensive	doubt
	assured	disheartened	disturbed	exasperated	deceived	guarded	foggy
	cheerful	disillusioned	drained	frustrated	dominated	insecure	hesitant
	confident	dismal	islanded	harassed	provoked	shaken	misunderstood
	delighted	distant	resigned	infantilized		skeptical	perplexed
	determined	distressed	slighted	irritated		startled	puzzled
	encouraged	inadequate	wasted	offended		stunned	torn
	fulfilled	isolated		peevied		suspicious	troubled
	grateful	lonely		resentful		tense	
	gratified	neglected		ridiculed		threatened	
	joyful	slighted		smothered		uneasy	
	justified	unappreciated		stifled			
weak	optimistic	upset					
	proud						
	relieved						
	resolved						
	respected						
	valued						
	content	apathetic		dismayed		anxious	bothered
	flattered	bad		displeased		concerned	distracted
	fortunate	deflated		tolerant		doubtful	surprised
	glad	disenchanted		uptight		impatient	uncertain
	good	lost				nervous	uncomfortable
	hopeful	sorry				perplexed	undecided
	peaceful					reluctant	unsettled
	pleased					shy	unsure
	relaxed					timid	
	satisfied					unsure	



## The Six Families of Emotions

Happy	Depressed	Surprised	Anxious	Angry	Creative
Content	Sad	Shocked	Fearful	Enraged	Imaginative
Ecstatic	Suicidal	Dumbfounded	Worried	Sarcastic	Resourceful
Joyous	Melancholy	Startled	Concerned	Annoyed	Artistic
Pleased	Grieving	Astonished	Nervous	Furious	Inspired
Cheerful	Gloomy	Amazed	Uneasy	Irritated	Innovative
Blissful	Miserable	Stunned	Restless	Irate	Ingenious
Exultant	Heartbroken	Flabbergasted	Fretful	Livid	Inquisitive
Delighted	Distressed	Astounded	Frightened	Incensed	Playful
Jovial	Apathetic	Taken Aback	Panicky	Cross	Pioneering