

INSTITUTE OF HUMAN BEHAVIOUR &ALLIED SCIENCES

DILSHAD GARDEN, DELHI-110095 (India)

Dr. Manoj Kumar

MBBS, MD, DNB

Unit Head, Department of Psychiatry

Institute of Human Behaviour and Allied Sciences (IHBAS)

New Delhi, India

Email Address: drmanoj_k73@rediffmail.com Phone Number: 9868396888,9818973700

To Whom It May Concern,

I am writing to support the application of Dr. Vipul Janardan for the Research Fellowship in Medical Science Clinical Research. Dr. Vipul Janardan is a Senior Resident in our department, and I have had the privilege of supervising his research project titled "Comparative Study of Various Substance Use Disorders and Sexual Dysfunction."

This study is an observational and cross-sectional research project involving male participants over the age of 18 who have been diagnosed with substance use disorders and are admitted to the Drug Addiction Treatment and Rehabilitation Centre (DATRC) under Section 85 of the Mental Health care Act,2017. The participants were either married or have regular heterosexual partners and have provided consent to participate in the study. The primary aim of the research is to compare various types of sexual dysfunction across different substance use disorders.

The methodology of the study is robust, including a comprehensive assessment using the Changes in Sexual Functioning Questionnaire (CSFQ) and the International Index of Erectile Function (IIEF). These tools measure multiple dimensions of sexual functioning, such as sexual desire, arousal, orgasm, and overall satisfaction. The exclusion criteria ensure that the study results are not confounded by comorbid psychiatric disorders, primary sexual dysfunction, other organic disorders, or the use of drugs with known sexual side effects.

Dr. Janardan's research has significant clinical implications. Understanding the sexual dysfunction associated with substance use disorders is crucial for developing targeted therapeutic interventions and improving the quality of life for affected individuals. The findings of this study could pave the way for further research in this underexplored area and contribute to the development of comprehensive treatment plans for individuals with substance use disorders.

Dr. Janardan's research has been accepted for presentation at the prestigious Psychedelic Research Conference in Israel, highlighting the international recognition and relevance of his work. This fellowship will provide him with the necessary resources to continue his research further, collaborate with other experts in the field, and disseminate his findings to a broader audience.

Dr. Vipul Janardan is a dedicated and meticulous researcher with a strong commitment to advancing clinical knowledge and improving patient care. I have no doubt that he will make significant contributions to the field of clinical research through this fellowship.

I wholeheartedly support Dr. Janardan's application for the Research Fellowship in Medical Science Clinical Research and strongly recommend him for this esteemed fellowship.

Yours sincerely,

Dr. Manoj Kumar 23/3/2224

MBBS, MD, DNB

Unit Head, Department of Psychiatry Institute of Human Behaviour and Allied Sciences (IHBAS)

New Delhi, India