# **Bio-data**

1.Name- **DR. SUMAN BALA SHARMA (nee PACHORI)** 

2 Designation: **Director- Professor** 

3 Date of Birth: 18.06.1956

4. Nationality: Indian

5. E-mail: <u>drsbs08@hotmail.com</u>

6.Mobile 09818041119

7. Qualification M.Sc., Ph.D. (Medical Biochemistry)

8.Department Biochemistry

9. Dates of Appointments

(i) In the teaching profession Oct. 1981, (Affiliated College/Univ.),

(S.N.Medical College, Agra

GSVM Medical College, Kanpur)

(ii) In the UCMS (Univerrsity of Delhi)

Reader - 22<sup>nd</sup> August 1992

Professor - 22<sup>nd</sup> August 2000

Director- Professor - Dec. 2008 to till date

Date of Superannuation - 30<sup>th</sup> June, 2021

(iii) ESIC, Medical college & Hospital, Faridabad

Professor - Join on 24 th July, 2021 & still continuing

# **Teaching & Research Experience**

I have been engaged actively in Teaching of Medical students (both UG and PG) in Prestigious Govt Medical colleges from past **thirty-five years** I am also engaged in active research from past four decades on various biochemical problems related to Diabetes and cardiovascular complications with special emphasis on medicinal plants which includes isolation and purification of active compounds of medicinal use.

<u>i .US AND INDIAN PATENTS GRANTED</u> – A U.S. Patent (No. 6,428,825dt 6<sup>th</sup> August 2002) and Indian patents (No.188759 dated May 2003) andProduct patentNo 230753 February 2009) have been granted for the isolation of active anti-hyperglycemic principle from the pulp of *Eugenia jambolana* in a ICMR funded project for which I was the Principal Investigator. U.S. Patent has been granted for the first time on research work done in the University College of Medical Sciences, Delhi. Since, diabetes mellitus is a most challenging health problem for the 21<sup>st</sup> Century in the developing countries. We are hopeful that after proper toxicological studies and clinical trials it would have commercial potential and would benefit patients suffering from diabetes mellitus.

ii. .Anti-hyperglycemic and hypolipidemic compound and a process thereof from cassia auriculata leaves. (Patent No.417835 dt 12<sup>th</sup> Jan , 2023)

#### Patent filed -

i. A process for the preparation of Alpha hydroxy Succinamic acid:A herbal anti-diabetic compound isolated from E. Jambolana.Patent application No. 201911030346 dated 26<sup>th</sup> July,2019.

ii.A herbal compound from germinated Glycine Max seeds for controlling diabetes & dyslipidemia .Patent application No. 481/DEL/2014has been filed on 19<sup>th</sup> Feb,2014.

#### ii. AWARDS /HONORS/FELLOWSHIPS

- UCMS LIFE TIME ACHIEVEMENT AWARD To Prof S.B.Sharma( Ex-Director- Professor University college of Medical Sciencs, Delhi)
   A brilliant academician, renowed researcher, an excellent teacher having devoted life time to the UCMS, Delhi, 2022
- 2 Awarded ISAR FELLOW in recognition and appreciation for the outstanding contribution to atherosclerosis research. 8<sup>th</sup> Nov, 2019, LHMC, Delhi
- 3.Awarded ACBI FELLOW for recognition of outstanding contribution in 40<sup>th</sup>ACBICON, 2013, 3-6<sup>th</sup> Dec held at Delhi
- 4.Awarded Seth GS Medical College& KEM Hospital Oration Award at 29<sup>th</sup> ACBICON at Ranchi held on 12-14 December 2012
- 5.Awarded Fellowship of SOBSI for recognition of outstanding contribution towards the development of the medical and biological sciences at Jolly grant medical college Dehradun on 27<sup>th</sup> Jan 2012.
- 6..KURUP ORATION AWARD- Awarded in 23<sup>rd</sup> Annual Conference of Indian Society for Atherosclerosis Research & International Symposium on Atherosclerosis from Bench to Bedside held in 13<sup>th</sup> 14<sup>th</sup> November, 2010 at University College of Medical Sciences & GTB Hospital, Delhi.
- 7.APCCB AWARD- Awarded in  $10^{\text{th}}$ Asian pacific congress of clinical biochemistry held in Sept. 2004 at Perth , Australia
- 8.ASIA B AWARD- I have been awarded ASIA-B award for the research work entitled "Coronary risk in the young male asymptomatic smokers" in the International Congress of Clinical Chemistry held on Oct. 2002 at Kyoto, Japan.

## iii.Reviewer (Research Project)-

Indian Council of Medical research, New Delhi.

## iv.Reviewer (Research Paper)-

- 1. Indian Journal of Medical Research, New Delhi
- 2. Current Pharmaceutical design, Spain
- 3. Medical Principals and Practice, Kuwait
- 4. Indian Journal of Clinical Biochemistry, India
- 5. Indian Journal of Experimental Biology, India

## v.Membership of Academic Society-

- 1, Indian Society of Atherosclerosis Research- life member (NO. DC-LM-4)since 1998.
- 2. Association of clinical biochemists of India- life member (No.1123) since 18.3.1987

# Research projects

# **Chief-Investigator**

- 1.Effect of Succinamic acid derivative(alpha-HSA) derived from fruit pulp of E.jambolana on the growth kinetics-----Neck cancer cell line(SCC4), MRU, UCMS (2019-2021)
- 2.Design and synthesis of alpha hydroxyl ......in STZ induced diabetic rats, ICMR, New Delhi (2015-19)
- 3. Effect of germinating *Glycine max* seeds on GPR55 gene expression A potential receptor for type 2 diabetes ICMR, New Delhi (2013- 2015).
- 4.Studies on molecular mechanism of anti-hyperglycemic compound isolated from *Eugenia jambolana* in type 2 diabetes mellitus funded by ICMR, New Delhi (2012-2015)
- 5.. Assessment of sub-chronic effects of antidiabetic compound isolated from leaves of *Cassia auriculata* on liver in rat model. ICMR, New Delhi (2012-Jan 2014).
- 6.. Studies on isolation and mechanism of action of anti-hyperglycemic compound(s) from germinating seeds of *Glycine max* in experimental diabetes funded by UGC, New Delhi (2010-2013).

- 7. Molecular and Immuno-histochemical studies on Cardioprotective mechanism of Terminalia Arjuna, Eugenia Jambolana in Ischemic model of myocardial Infarction: An Experimental study funded by AYUSH, New Delhi, (2008-2011).
- 8.Effect of anti-diabetic compound isolated from E. jambolana on diabetic complications in experimental animals funded by ICMR, New Delhi 2006.
- 9.Studies on isolation and mechanism of action of the antihyperglycemic and hypolipidemic compound(s) from cassia auriculata leaf sponsored by Dept. of Science and Technology, New Delhi 2005

10.To evaluate the anti- diabetic activity of selected Indian plants of Cucurbitaceae family sponsored by Council of Scientific and Industrial Research New Delhi.2004.

- 11.Investigations on Hypoglycemic activity of *Eugenia jambolana* in rabbits" sponsored by Indian Council of Medical Research (ICMR), New Delhi 1996-2002.
- 12.Study of Immunological response in mice treated with herbo-mineral preparation sponsored by Himalaya Drug Co. Ltd (Bangalore) 1993- 1994.

#### **PUBLICATIONS**

#### 1.Book Published

Authored by: S.B. Sharma. Essentials of Medical Biochemistry (Based on MCQs & Case Oriented approach as per New MCI Curriculum) 1<sup>ST</sup> Edition. 2021.HP Hamilton Ltd.

## 2. Research Papers Published

1.Nikhil Khurana and **Suman balaSharma**.Modulation of glucose metabolism related genes in diabetic rats treated with herbal synthetic anti-diabetic compound ((α-HSA): insights from transcriptomic profiling. J Complement Integr Med 2023 Jul 4. doi: 10.1515/jcim-2023-0156

2.Nikhil Khurana, Pankaj Sharma, Sunita Bhagat, **SB Sharma.** "Modulation of Antidiabetic and Antioxidative Status in Experimental Diabetic Rats following Intake of a Novel Succinamic Acid Derivative( $\alpha$ -HSA)". International . J. Diabetes 2021, 2(1) 68-75

- 3.S.V.Madhu<sup>a</sup>AzazSiddiqui<sup>a</sup>N.G.Desai<sup>b</sup>**S.B.Sharma**<sup>c</sup>A.K.Bansal<sup>d</sup> Chronic stress, sense of coherence and risk of type 2 diabetes mellitus. Diabetes & Metabolic syndrome: Clinical Research & Reviews 2019, 13;18-23
- 4.Nikhil Khurana<sup>1</sup>,#, Pankaj Sharma<sup>2</sup>,#, Sunita Bhagat<sup>3</sup>, **Suman Bala Sharma**<sup>4</sup>,\*Effect of a novel succinamic acid derivative as potential anti-diabetic agent in experimental diabetic rats.Journal of Drug Delivery and Therapeutics. 2018; 8(6-s):57-62
- 5.Aiman Abbas Jafri<sup>1</sup>, **Suman Bala Sharma**<sup>1\*</sup>, Kalpana Luthra<sup>2</sup>, Mohit Mehndiratta<sup>1</sup>, Nikhil Khurana<sup>1</sup> and Usha Rani Singh<sup>3</sup>. Regulation of Gene Expression in Downstream Signaling Molecules by herbal Compound in Insulin Resistant Diabetic Rats. Altern Integr Med 2017, 6:243.
- 6.Kumari Asha,<sup>1</sup> Archana Singal,<sup>2</sup> Suman Bala Sharma,<sup>1</sup> Vinod Kumar Arora,<sup>3</sup> and Amitesh Aggarwal<sup>4</sup> .Dyslipidaemia& oxidative stress in patients of psoriasis: Emerging cardiovascular risk factors. Indian J Med Res. 2017 Dec; 146(6): 708–713.
- 7.Gupta R, **Sharma SB**, Singh UR. Salutary effects of Glycine Max seeds on post prandial hyperglycemia and dyslipidemia- evidence from in vivo and in vitro studies. AlternIntegr Med. 2017; vol6: Issue 2
- 8.Khurana N, **SharmaSB**, Jafri AA. Sharma AM. Azaphilones: Their Role in Various Biological Activities. Asian J Biomed PharmaceutSci 2017; 7(60):34.
- 9.Tanwar RS, **Sharma SB**, Prabhu KM. In vivo assessment of antidiabetic and antioxidative activity of natural phytochemical isolated from fruit-pulp of Eugenia jambolana in streptozotocin-induced diabetic rats. Redox rep. 2016 Sep 21:1-7.
- 10.Gupta G, **Sharma SB**, Gupta R, Gupta S, Singh UR. Assessment of prophylactic effect of Sennaauriculata (L.) Roxb. leaves on alcohol induced pancreatitis in rat model. Ind. Jr. of Experimental Biology. 2016 (Sep.) 54: 612-614
- 11.Aiman A Jafri, <u>Suman B Sharma</u>, Usha R Singh, KalpanaLuthra. Herbal Antihyperglycemic compound Improves Glycemic control and Insulin sensitivity in diabetic Rats.J. DiabetesObes 2016;3(2):1-6
- 12.SunitaMahto, <u>SumanBala Sharma</u>, ShridharDwivedi, Mani Sethi, Rahul Saxena. Potential role of apolipoprotein B /A1 ration in Obese and non –obese female patients of coronary artery disease. Asian Jr of Medical Sciences. Vol. 7(3) 2016 18-22.
- 13.GS Ranga, N Bansal, SB Sharma, R Avasthi. Human carcinoembryonic antigen is a useful biomarker for diagnosis of acute ischemic stroke-Apilot study. Neurology Asia 2016; 21(1): 1-6

- 14.Gajender Singh Ranga, GauravMuktesh, <u>SumanBala Sharma</u>, SV Madhu. A study of carcino embryonic antigen concentration in patients with coronary artery disease. Journal of Acute Medicine. 2016; 6: 11–18
- 15.KapilDev, <u>Suman B Sharma</u>, SeemaGarg, AmiteshAggarwal and MadhuSV:Glycatedapolipoprotein B- A surrogate marker of subclinical atherosclerosis.Diabetes& metabolic syndrome: clinical research&reviews . online 9<sup>th</sup> Oct 2015
- 16.Santosh Kumar Shukla, <u>SumanBala Sharma</u>, Usha Rani Singh, Sayeed Hamad, ShridharDwivedi.Terminaliaarjuna( Roxb.)wight&Arn. Augments cardioprotectionviaantioxidantand anti-apoptotic cascade in isoproterenol induced cardiotoxicity in rats.Ind.Jr of Exp. Bilo 2015: 53: 810-818.
- 17. Suruchi Vohra, Archana Singal, **Suman Bala Sharma**. Cinical and serological efficacy of topical calcineurin inhibitors in oral lichen planus: a prospective randomized controlled trial. International Journal of Dermatology. doi: 10.1111/ijd.12887.
- 18.KapilDev, SeemaGarg, <u>Suman B Sharma</u>, AmiteshAggarwal and MadhuSV.Study on Association of APOB Gene Polymorphism with Glycation of LowDensity Lipoprotein in Type 2 Diabetes J Diabetes Metab 2015, 6:6 .http://dx.doi.org/10.4172/2155-6156.1000553
- 19.AzazSiddique, SV Madhu, <u>SB Sharma</u>. Endocrine stress responses and risk of type 2diabetes. Jr of STRESS.DOI:10.3109/10253890.2015.1067677
- 20KapilDev, SeemaGarg, <u>Suman B Sharma</u>, AmiteshAggarwal, MadhuSV.Study on Association of APOB Gene Polymorphism with Glycation of Low Density Lipoproteinin Type 2 Diabetes. J. Diabetes Metab 2015,6:6
- 21.Santosh Kumar Shukla, <u>SumanBala Sharma</u>, Usha Rani Singh. β-adrenoreceptor Agonist Isoproterenol Alters Oxidative Status, Inflammatory Signaling, Injury markers and Apoptotic Cell Death in Myocardium of Rats. IJCB 2015;30(1):27-3
  - 22.Santosh k Shukla, <u>Suman B Sharma</u>, Usha R Singh. Pretreatment with  $\alpha$ -tocopheroland Terminaliaarjuna ameliorates, pro-inflammatory cytokines, cardiac and apoptotic markers in myocardial infracted rats. Redox report, 2015:20(2);49-59
  - 23.Chhonker D, Faridi MM, Narang M, **Sharma SB**, Does type of feeding ininfancy influence lipid profile in later life? Indian J Pediatr. 2015;82(4):345-8.

- **24.S.B. Sharma** and Richa Gupta. Drug Development from Natural Resource: A Systematic Approach. Mini-Reviews in Medicinal Chemistry,2015;15; DOI:10.2174/1389557515011224160518 page no.52-57
- 25.Santosh Kumar Shukla, <u>SumanBalaSharma</u>, Usha Rani Singh, SayeedAhamad, ShridharDwivedi, AnkurMaheshwari, ManmohanMisro. *Eugenia jambolana*Pretreatment Prevents Isoproterenol-Induced Myocardial Damage in Rats: Evidencefrom biochemical, molecular and histopathological studies. Journal of Medicinal Food2014. Feb 17 (2): 244-53.
- 26.Asha K, Sharma SB, Singal A, Aggarwal A. Association of carotid intima-media thickness with leptin and apoliprotein b/apoliprotein a-I ratio reveals imminent predictors of subclinical atherosclerosis in psoriasis patients. Acta Medica (Hrade Kralove). 2014; 57(1):21-7.
- 27.SunitaMahto, <u>SB Sharma</u>, S Dwivedi, D Puri, RL Tripathi. Biomarkers for early detection of Risk in Female Patients with Coronary Artery Disease: Pilot study.API 2013, 61; 23-25.
- 28.Santosh Kumar Shukla, SumanBala Sharma, Usha Rani Singh, SayeedAhamad, ShridharDwivedi, AnkurMaheshwari, ManmohanMisro. Eugenia jambolana Pretreatment Prevents Isoproterenol-Induced Myocardial Damage in Rats: Evidence from biochemical, molecular and histopathological studies. Journal of Medicinal Food 2014. Feb 17 (2): 244-53.
- 29.H.Anand, M. M. Misro, Sharma S. B. & S. Prakash. Cytoprotective effects of fruit pulp of Eugenia jambolana on H2O2-induced oxidative stress and apoptosis in rat Leydig cells in vitro. Andrologia 2012, XX, 1-13.
- 30.HimaniAnand ,M. M. Misro, S. B. Sharma ,SantPrakashsiRNAas a tool to delineatepathway channelization in H2O2 induced apoptosis of primary Leydig cells in vitro. Apoptosis. 2012; 17 (11):1131-43.
- 31.Sharma, SumanB, Garg, Seema. Small Dense LDL: Risk Factor for Coronary Artery Disease (CAD) and its Therapeutic Modulation. Ind J Biochemistry &Biophysics,2012,49(2);77-85.
  - 32.Richa Gupta, <u>SumanBala Sharma</u>. Effect of germinated Glycine max seeds on glycemic control in STZ+NAD induced type 2 diabetic models: a preliminary study. J ExpIntegr Med. 2012; 2(2): 155-160

- 33. Shipra Gupta, SumanBala Sharma U R Singh, S K Bansal. Salutary effect of *Cassia auriculata* leaf extract on hyperglycemia-induced atherosclerotic environment in streptozotocin rats. Cardiovascular Toxicology 2011; 11(4):308-315.
- 34.Reenu Singh Tanwar, <u>SumanBala Sharma</u>, Usha Rani Singh and Krishna MadhavaPrabhu. Antiatherosclerotic Potential of Active Principle Isolated from Eugenia jambolana in Streptozotocin-Induced Diabetic Rats.Evidence-Based Complementary and Alternative Medicine 2011; 10: 1155.
- <u>35.SumanBala Sharma</u>, Reenu Singh Tanwar, AfreenaNasir, Krishna MadhavaPrabhu. Antihyperlipidemic effect of active principle isolated from seed of Eugenia jambolana on alloxan induced diabetic rabbits. Journal of Medicinal Food; 14 (4) 2010. DOI: 10.1089/jmf.2010.1227.
- 36.Reenu Singh Tanwar, <u>SumanBala Sharma</u>, Usha Rani Singh and Krishna MadhavaPrabhu. Attenuation of renal dysfunction by herbal compound isolated from *Eugenia jambolana*in Streptozotocin induced diabetic rats. Indian Journal of Biochemistry and Biophysics;47;83-89;2010
- **37.SumanBala Sharma**, Reenu Singh Tanwar, Rini AC, Usha Rani singh, Shipra Gupta &Santosh Kumar Shukla. Protective effect of *Morusrubra* L. leaf extract on diet induced atherosclerosis in diabetic rats. Indian Journal of Biochemistry and Biophysics;47(1);26-31;2010.
- 38.Shipra Gupta, <u>Suman B Sharma</u>, Usha Rani Singh, Surendra K Bansal, Krishna M Prabhu. Elucidation of Mechanism of Action of *Cassia auriculata* Leaf Extract for its Antidiabetic Activity in Steptozotocin-Induced Diabetic Rats. Journal of Medicinal Food June 2010; 13(3) ,528-534.
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- **40.SumanBala Sharma**, Shipra Gupta, Rini AC, Usha Rani Singh, ReenuRajpoot and Santosh Kumar Shukla. Antidiabetogenic action of *Morusrubra* L. leaf extract in streptozotocin-induced diabetic rats. Journal of Pharmacy and Pharmacology 2010; 67: 247-255.
- 41.SumanBala Sharma, ReenuRajpoot, AfreenaNasir, Krishna MadhavaPrabhu and PothapragadaSuryanarayana Murthy. Ameliorative effect of active principle isolated

- from seeds of *Eugenia jambolana* on carbohydrate metabolism in experimental diabetes. Evidence Based Complementary and Alternative Medicine 2009, doi:10.1093/ecam/nep233.
- 42.Santosh Kumar Shukla, ShridharDwivedi, Usha Rani Singh, <u>SumanBala Sharma</u>. Studies on antioxidant activity of water and hydroalcoholic extract of *Terminaliaarjuna* in normal male albino rats. Journal of Advance Researches in Biological Sciences 2009;1(2):6-11.
- 43.Shipra Gupta, <u>Suman B Sharma</u>, Surendra K Bansal, Krishna M Prabhu. Ameliorative effect of Cassia auriculata leaf extract on blood glucose and atherogenic lipid profile in alloxan-induced diabetic rabbits. Indian Journal of Experimental Biology 2009; 47: 974-980.3
- 44.Shipra Gupta, <u>Suman B Sharma</u>, Surendra K Bansal, Krishna M Prabhu.Protective role of *Cassia auriculata*leaf extract against hyperglycemia-induced oxidative stress and its safety evaluation. Indian Journal of Biochemistry and Biophysics 2009; 46: 371-377.
- 45.Gupta Shipra, <u>Sharma SB</u>, Bansal SK & Prabhu KM. Antihyperglycemic and hypolipidemic activity of aqueous extract of Cassia auriculata L. leaves in experimental diabetes. JEthnopharmacology 2009; 123: 499-503.
- 46.S Khanna, S Dwivedi, M P Agarwal, ASuneja, S B Sharma, A Agarwal. Atherosclerotic markers in pregnant mothers and umbilical cord blood of their offspring. Atherosclerosis Supplements 2008; 9(1):98.DOI:10.1016/S1567-5688(08)70392-1.
- 47.SV Madhu,S Kant, S Srivastav, R Kant, <u>S B Sharma</u>,D P Bhadoria.Post—Prandial lipaemia in patients with impaired fasting glucose, impaired glucose tolerance and diabetes mellitus.Diabetes research and clinical practice. 2008; 80(3):380-385.
- **48.Suman B sharma** ,SeemaGarg, AbhinavVeerwal and ShridherDwivedi. hs-CRP and oxidative stress in young CAD patients: A pilot study . Indian journal of clinical biochemistry, 2008/23 (4) 334-336.
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- <u>53.Sharma</u> <u>SB</u>. Cardioprotective medicinal plants of India. Proceedings of 15<sup>th</sup> International CME on Atherosclerosis, hypertension and Coronary arterydisease 2005, UCMS, Delhi.
- **<u>54.Sharma SB</u>**, Dwivedi S, Prabhu KM, Singh G, Kumar N, LalMK.Coronary risk variables in young asymptomatic smokers in East Delhi. Ind. J.Med.Res. 2005: 122; 205-10.
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