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आई सी एम आर - राष्ट्रीय जानपदिक रोग विज्ञान संस्थान  
स्वास्थ्य अनुसंधान विभाग, स्वास्थ्य और परिवार  
कल्याण मंत्रालय, भारत सरकार

**ICMR-NATIONAL INSTITUTE OF EPIDEMIOLOGY**  
Department of Health Research, Ministry of Health and  
Family Welfare, Government of India

**Dr. Manoj Murhekar, M.D**  
**Director**



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I, Dr. Manoj Murhekar, Director of ICMR-National Institute of Epidemiology, am pleased to nominate Dr. Ganeshkumar Parasuraman for the Research Fellowship, recognizing his outstanding contributions to public health research in India. Dr. Parasuraman has demonstrated exceptional expertise in leading three significant research initiatives: the India Hypertension Control Initiative (IHCI) and the Global Alliance for Chronic Diseases (GACD) project on community-based interventions.

In the IHCI, Dr. Parasuraman played a pivotal role in implementing this landmark initiative across 154 districts in 26 states, enrolling nearly 51 lakh patients by June 2024. His leadership ensured quality improved care for hypertension patients at the primary healthcare facilities. Nearly half of the patients achieved controlled blood pressure. His contributions have led to high-impact publications, advancing global knowledge on hypertension management.

In the GACD project, Dr. Parasuraman has been instrumental in scaling up community-based interventions to improve hypertension and diabetes control in Kerala and Tamil Nadu. He has led efforts to evaluate the implementation of a Structured Lifestyle Modification (SLM) program, addressing key factors that influence its success. His meticulous needs assessment has set a strong foundation for improving health outcomes in these communities.

Dr. Parasuraman's leadership, innovation, and research insights have been central to the success of these initiatives, making him a deserving candidate for the Research Fellowship. I strongly endorse his nomination.

Dr. Manoj Murhekar,  
Director,  
ICMR-NIE.