

PERSONAL DETAILS:

Professor Sujoy Ghosh

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Designation: Professor, Dept. of Endocrinology, Institute of Post Graduate Medical Education &

Research, Kolkata, West Bengal, India

Academic qualifications: MBBS, MD, DM (Endocrinology), MRCP (UK), FRCP (London, Glasgow, Edinburgh), Specialty Certificate of Endocrinology & Diabetes (UK), FACE

CURRENTLY HELD POSITIONS:

ADMINISTRATIVE POSITIONS:

Honorary National Secretary Endocrine Society of India.

National Joint Secretary Indian Thyroid Society.

National Joint Secretary Research Society for the Study of Diabetes in India (RSSDI).

Executive Member, South Asian Federation of Endocrine Societies.

Member, Specialty Expert Committee, (Endocrinology & Diabetes) Drug Controller General of India.

ACADEMIC POSITIONS:

Professor, Dept of Endocrinology, Institute of Post Graduate Medical Education & Research, Kolkata, India

Executive Editor: Indian Journal of Endocrinology & Metabolism (Journal of Endocrine Society of India)

Executive Editor: Thyroid Research & Practice (Journal of Indian Thyroid Society)

Associate Editor: International Journal of Diabetes in Developing Countries (Journal of Research Society for the Study of Diabetes in India)

Editor in chief (elect): Journal of Indian Medical Association (Journal of Indian Medical Association)

International Advisory Board Member: Davidson's Principles & Practice of Internal Medicine (Endocrinology & Diabetes Section)

Member core committee of **National Guidelines of Diabetes** published jointly by Endocrine Society of India & Research Society for the Study of Diabetes in India: 2020 (published)

FELLOWSHIPS:

Fellow of American College of Endocrinology

Fellow of Royal College of Physicians, London

Fellow of Royal College of Physicians, Edinburgh

Fellow of Royal College of Physicians & Surgeons, Glasgow

Fellow of Indian College of Physicians

Fellow of Research Society for the study of Diabetes in India

ACADEMIC DISTINCTIONS/AWARDS:

Won several awards at under-graduate, post-graduate and postdoctoral level for academic excellence. Rank holder at all university examinations, stood **first** in post-graduate, postdoctoral examinations.

Awarded University scholarships for academic excellence. Several Gold medals at undergraduate, post-graduate and postdoctoral level.

RESEARCH AWARDS

- First prize for best research: awarded by Department of Science and Technology, Government of India 2020.
- Best Research paper in Endocrinology 2009. European Endocrine Conference. Istanbul April 2009.
- 1ST Prize for best poster presentation at the Triennial Conference of Royal College of Physicians and surgeons, Glasgow November 2008.
- 1st Prize for best research presentation. Royal Medico-Chirurgical society of Glasgow 2007.
- Runners up- Eli-Lily Abracadabra award, London March 2009. For Best clinical research in Diabetes.
- Research award: 50th Annual research competition of Scottish Society of Physicians, October 2008.
- Winner: Annual Research Competition of Royal Medico-Chirurgical society of Glasgow 2009.
- Stood first in India in the neurology session for presentation of scientific paper in Annual conference of India, held in Jaipur, 2000

SOCIAL ACTIVITIES/CURRENT TIMES:

COVID Times:

The world over humanity has been facing the challenges of a Global pandemic, like never seen before. This pandemic has affect us in India as well. The effects have been multifaceted and I have tried my best to help professional colleagues, particularly those in the front line and also patients and society at large.

For Health care professionals: As secretary of Endocrine society of India I took the initiative at the very beginning of the outbreak of the pandemic to arrange for protective gear (PPE, masks, sanitisers, gloves etc) for every single endocrine teaching centre of the country and provided protective gear of all staffs of those departments concerned, including endocrinology trainees, faculties, support staff. In my own state of West Bengal, I arranged for the same for all practising endocrinologist, irrespective of whether they were working in an institute (government or otherwise) or in private practice.

For Patients: Collated a list of all type 1 patients across the state of West Bengal on an emergency basis. Arranged for insulin, syringes, glucometer strips supply for 3 months for free and delivered the same during the lockdown period to their homes, in the remotest of villages spread across the state, travelling over 1000 kilometers from house to house.

For all patients with type 2 diabetes created a free online portal for teleconsultation/video consultation for advice along with COVID CARE NETWORK, a voluntary organisation. Helped patients who developed COVID to get medical help at door step and where-ever needed made home visits for free and arranged for transfers to hospital and further treatment in government COVID designated hospitals for free.

Arranged several programs and educational materials to increase awareness for general public regarding need for better management of metabolic comorbidities for prevention and better outcomes.

COVID Testing facility: Converted my own Endocrinology Molecular biology lab into a COVID testing facility, where my post-doctoral student did RT-PCR tests for COVID for almost 3 months, until the government was able to establish enough testing facilities

DOUBLE WHAMMY: Cyclone AMPHAN

On 20th May 2020 my state was hit by cyclone AMPHAN, the severest cyclone to hit my state in recorded history, with wind speeds upto 185 kilometers/hour and affected 10 million people and 86 people were killed and many thousands left homeless. This happened in the midst of the lockdown. Thousands were homeless. Due to the lockdown many were already jobless (especially the migrant workers) and rescue work was difficult. Along with several non-government organisations I helped set up 8 temporary shelters and camps, where we built up community kitchens and provided food for almost 10000 people daily for almost two months, until the government and other non-government aid helped restore normalcy. We also provided free medical facilities for them all. We also provided books, stationeries to 5,500 school children who had lost everything in the disaster.

ADVOCACY & INFRASTRUCTURE DEVELOPMENT

Type 1 Diabetes: The National Programme for prevention&Control of Cancer, Diabetes, Cardiovascular Diseases& stroke (NPCDCS) in India formulated by the government of India and implemented by all state governments are implementing measures to tackle non-communicable disease including Diabetes. Unfortunately the government did not include any plans for those suffering from Type 1 diabetes.

Buoyed on the success of establishing a state of the art paediatric diabetes clinic (in my University Hospital, which now caters to more than 400 children with type 1 diabetes: all investigations, insulin, glucometers, strips, consultations, free of cost), I embarked upon launching a state wideprogramme for type 1 diabetes. After a long battle I have finally got the go ahead, including funding for setting up one diabetes clinic for children in every district general hospital of the state of West Bengal. The funding is being provided partly by state and partly by central government (as a project in innovation, project in partnership) for the next 3 years, with the promise that if this model works, then it would get integrated into the NPCDCS programme, wherein one paediatric diabetes clinic would be set up in each district to provide state of the art, free treatment for children with diabetes. This has been a great achievement for me and my team, in make the government atleast agree upon to start the pilot project.

Institute of Metabolic & Endocrine Diseases: The Government of West Bengal has given funding and approval of a 12 storied self sufficient Institute including facilities for training and service delivery for not only diabetes and endocrinology, but also paediatric endocrinology, gynaecological endocrinology and nuclear endocrinology and endocrine surgery. It will take 3 years for the institute to be fully functional.

Molecular Biology, Cell culture and Clinical Endocrinology Lab: Have already set up these state of art facilities from CSR (corporate social responsibility) funding. Currently providing facilities to many PhD students and post-doctoral fellows to pursue their research endeavors in endocrinology.

Population Laboratory and Implementation Research:

Have been instrumental in setting up a community based care set up in the district of Birbhum, West Bengal wherein I have helped set up 60 metabolic ports. Each of the ports has multipurpose metabolic health care workers, equipped with questionnaires, glucometer, blood pressure machine, weighing machine and measuring tape. These workers have trained to collect basic information on metabolic health of the population, provide basic education related to metabolic health and give education related to prevention of disease and management of metabolic disorders. We have already managed to cover a population of 1,27,000. This project has recently received approval from the government for adoption as a pilot project, which if successful will be the basis of delivery of care for Non-communicable diseases in India, at community level.

Teaching & Mentoring:

As a faculty in the department of Endocrinology, I am actively involved in the teaching, training and mentoring of the Post-doctoral fellows, post graduate students and also paramedical and support staff involved in the diabetes care. Guide and co-guide of dissertations of post-doctoral post graduate and PhD students.

LIST OF PUBLICATIONS:

Books:

SL No.	Title	Authors Name	Publisher	Year of Publication
1.	Fundoscopy Made Easy	Sujoy Ghosh, Andrew Collier	Elsevier	2010
2.	Churchill's Pocket Book of Diabetes	Sujoy Ghosh, Andrew Collier	Elsevier	2012
3.	RSSDI Year Book of Diabetes	Sujoy Ghosh	Jaypee Brothers	2017
4.	MCQs in Endocrinology	Amritava Ghosh, Sowrabha Bhat, Sarita Bajaj, Sujoy Ghosh	Jaypee Brothers	2018
5.	Manual of Lipidology	Sujoy Ghosh Bansil Saboo	Jaypee Brothers	2020
6	RSSDI Year Book of Diabetes	Sujoy Ghosh	Jaypee Brothers	2020 (in press)

ARTICLES:

- Neogi S, Mukhopadhyay P, Sarkar N, Dutta P, Basu M, Ghosh S. OVERT & SUBCLINICAL ADRENAL INSUFFICIENCY IN PULMONARY TUBERCULOSIS. *Endocrine Practice*. 2020. EP-2020-0668. DOI:10.4158/EP-2020-0668.
- Dutta S, Tarafdar S, Mukhopadhyay P, Bhattacharyya NP, Ghosh S. Plasma Cell-Free DNA to Differentiate Malignant from Benign Thyroid Nodules. *J Clin Endocrinol Metab*. 2021 Apr 23;106(5):e2262-e2270. doi: 10.1210/clinem/dgab030.
- Chakraborty P, Mukhopadhyay P, Bhattacharjee K, Chakraborty A, Chowdhury S, Ghosh S. Periodontal Disease in Type 1 Diabetes Mellitus: Influence of Pubertal Stage and Glycemic Control. *Endocr Pract*. 2021 Aug;27(8):765-768. doi: 10.1016/j.eprac.2021.01.010.
- Bhat S, Mukhopadhyay P, Raychaudhury A, Chowdhury S, Ghosh S. Predictors of hypopituitarism due to vasculotoxic snake bite with acute kidney injury. *Pituitary*. 2019 Dec;22(6):594-600. doi: 10.1007/s11102-019-00990-8.
- Ghosh S, Pramanik S, Biswas K, Bhattacharjee K, Sarkar R, Chowdhury S, Mukhopadhyay P. Levothyroxine Absorption Test to Differentiate Pseudomalabsorption from True Malabsorption. *Eur Thyroid J*. 2020 Jan;9(1):19-24. doi: 10.1159/000504218. Epub 2019 Nov 20.
- Pramanik S, Mukhopadhyay P, Ghosh S. Total T4 rise in pregnancy: a relook? *Thyroid Res*. 2020 Jul 31;13:14. doi: 10.1186/s13044-020-00088-5.
- Ghosh I, Mukhopadhyay P, Das K, Anne M B, Ali Mondal S, Basu M, Nargis T, Pandit K, Chakrabarti P, Ghosh S. Incretins in fibrocalculous pancreatic diabetes: A unique subtype of pancreatogenic diabetes. *J Diabetes*. 2021 Jun;13(6):506-511. doi: 10.1111/1753-0407.
- Collier A, Ghosh S, Nowell S, Clark D. INCREASED MORTALITY IN PATIENTS WITH PRIMARY HYPERPARATHYROIDISM: DOES SURGERY MAKE A DIFFERENCE? *Endocr Pract*. 2019 Apr;25(4):335-339. doi: 10.4158/EP-2018-0407.PMID: 30995426
- Ghosh S, Collier A, Clark D, Storey C, Malik I. Social deprivation and primary hyperparathyroidism. *Endocr Pract*. 2010 Nov-Dec;16(6):982-5. doi: 10.4158/EP09331.OR.PMID: 20497939
- De D, Dutta S, Tarafdar S, Kar SS, Das U, Basu K, Mukhopadhyay P, Ghosh S. Comparison between Sonographic Features and Fine Needle Aspiration Cytology with Histopathology in the Diagnosis of Solitary Thyroid Nodule. *Indian J Endocrinol Metab*. 2020 Jul-Aug;24(4):349-354. doi: 10.4103/ijem.IJEM_349_20.
- Singha A, Saha S, Bhattacharjee R, Mondal S, Choudhuri S, Biswas D, Das SK, Ghosh S, Mukhopadhyay S, Chowdhury S. DETERIORATION OF OVARIAN FUNCTION AFTER TOTAL ABDOMINAL HYSTERECTOMY WITH

PRESERVATION OF OVARIES. *Endocr Pract.* 2016 Dec;22(12):1387-1392. doi: 10.4158/EP161215.OR.

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- Ghosh I, Basu M, Anne B, Mukhopadhyay P, Ghosh S. Exocrine Pancreatic Dysfunction in Diabetes: An Observational Study. *Indian J Endocrinol Metab.* 2021 Jan-Feb;25(1):67-68. doi: 10.4103/ijem.IJEM_822_20.
- Laha S, Saha C, Dutta S, Basu M, Chatterjee R, Ghosh S, Bhattacharyya NP. In silico analysis of altered expression of long non-coding RNA in SARS-CoV-2 infected cells and their possible regulation by STAT1, STAT3 and interferon regulatory factors. *Heliyon.* 2021 Mar;7(3):e06395. doi: 10.1016/j.heliyon.2021.e06395.
- Sarkar J, Nargis T, Tanti O, Ghosh S, Chakrabarti P. Increased Plasma Dipeptidyl Peptidase-4 (DPP4) Activity Is an Obesity-Independent Parameter for Glycemic Deregulation in Type 2 Diabetes Patients. *Front Endocrinol (Lausanne).* 2019 Jul 25;10:505. doi: 10.3389/fendo.2019.00505.
- Collier A, Connelly PJ, Hair M, Cameron L, Ghosh S, Waugh N. Mortality risk remains higher in individuals with type 1 diabetes: A population-based cohort study (the Ayrshire diabetes follow-up cohort [ADOC]). *Diabetes Obes Metab.* 2018 Aug;20(8):1965-1971. doi: 10.1111/dom.13334. Epub 2018 May 29.
- Kalra S, Aydin H, Sahay M, Ghosh S, Ruder S, Tiwaskar M, Kilov G, Kishor K, Nair T, Makkar V, Unnikrishnan AG, Dhanda D, Gupta N, Srinivasan B, Kumar A. Cardiorenal Syndrome in Type 2 Diabetes Mellitus - Rational Use of Sodium-glucose Cotransporter-2 Inhibitors. *Eur Endocrinol.* 2020 Oct;16(2):113-121. doi: 10.17925/EE.2020.16.2.113.
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- Basu M, Pandit K, Banerjee M, Mondal SA, Mukhopadhyay P, Ghosh S. Profile of Auto-antibodies (Disease Related and Other) in Children with Type 1 Diabetes. *Indian J Endocrinol Metab.* 2020 May-Jun;24(3):256-259. doi: 10.4103/ijem.IJEM_63_20.
- Chattopadhyay B et al., Therapeutic Implications of *Gymnadenia Orchidis* Lindl Root Salep Against Induced-Diabetes. *American Journal of PharmTech Research* 2018.
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- Pandit K, Mukhopadhyay P, Chatterjee P, Majhi B, Chowdhury S, Ghosh S. Assessment of Insulin Resistance Indices in Individuals with Lean and Obese Metabolic Syndrome Compared to Normal Individuals: A Population Based Study. *J Assoc Physicians India.* 2020 Oct;68(10):29-33.
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- Singha A, Bhattacharjee R, Ghosh S, Chakrabarti SK, Baidya A, Chowdhury S. Concurrence of Lipoatrophy and Lipohypertrophy in Children With Type 1 Diabetes Using Recombinant Human Insulin: Two Case Reports. *Clin Diabetes.* 2016 Jan;34(1):51-3. doi: 10.2337/diaclin.34.1.51.
- Agrawal N, Kar SS, Singh A, Samanta S, Mukhopadhyay P, Ghosh S. Diffusion-weighted MRI in Localization of Insulinoma. *Indian J Endocrinol Metab.* 2020 Mar-Apr;24(2):222-224. doi: 10.4103/ijem.IJEM_636_19. Epub 2020 Apr 30.
- Basu M, Banerjee M, Mukhopadhyay P, Ghosh S. Trends of Seasonality and Age of onset in T1DM: A snapshot from Eastern India. *Indian J Endocrinol Metab.* 2020 Mar-Apr;24(2):219-220. doi: 10.4103/ijem.IJEM_72_20.
- Pramanik S, Mukhopadhyay P, Bhattacharjee K, Bhattacharjee R, Mukherjee B, Mondal SA, Bandhopadhyay S, Biswas S, Chowdhury S, Ghosh S. Trimester-Specific Reference Intervals for Thyroid Function Parameters in Indian Pregnant Women during Final Phase of Transition to Iodine Sufficiency. *Indian J Endocrinol Metab.* 2020 Mar-Apr;24(2):160-164. doi: 10.4103/ijem.IJEM_561_19.
- Majumder A, Chatterjee S, Maji D, Roychaudhuri S, Ghosh S, Selvan C, George B, Kalra P, Maisnam I, Sanyal D. IDEA Group Consensus Statement on Medical Management of Adult Gender Incongruent Individuals Seeking Gender Reaffirmation as Female. *Indian J Endocrinol Metab.* 2020 Mar-Apr;24(2):128-135. doi: 10.4103/ijem.IJEM_593_19.

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- Ghosh S, Ghosh R. Glargine-300: An updated literature review on randomized controlled trials and real-world studies. *World J Diabetes.* 2020 Apr 15;11(4):100-114. doi: 10.4239/wjd.v11.i4.100.
- Anne B, Ghosh S, Ghosh I, Ray S, Chowdhury S, Dutta D. Prevalence of End-Organ Damage, Beta Cell Reserve, and Exocrine Pancreas Defect in Fibrocalculous Pancreatic Diabetes: An Eastern India Perspective. *Indian J Endocrinol Metab.* 2019 Jul-Aug;23(4):438-445. doi: 10.4103/ijem.IJEM_214_19.
- Mukhopadhyay P, Ghosh S, Bhattacharjee K, Chowdhury S. Inverse Relationship Between 25 Hydroxy Vitamin D and Parathormone: Are there Two Inflection Points? *Indian J Endocrinol Metab.* 2019 Jul-Aug;23(4):422-427. doi: 10.4103/ijem.IJEM_322_19.
- Ghosh S, Bose S, Gowda S, Mukhopadhyay P. Biosimilar Insulins - What a Clinician Needs to Know? *Indian J Endocrinol Metab.* 2019 Jul-Aug;23(4):400-406. doi: 10.4103/ijem.IJEM_180_19.
- Maity P, Jha AK, Sengupta M, Basu K, Chatterjee U, Ghosh S. Thyroid Bethesda Atypia of Undetermined Significance or Follicular Lesion of Undetermined Significance (AUS/FLUS): A Heterogenous Group. *J Cytol.* 2019 Oct-Dec;36(4):200-204. doi: 10.4103/JOC.JOC_160_18. Epub 2019 Jun 11.
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International Task Force. *Indian J Endocrinol Metab.* 2018 Jan-Feb;22(1):132-157. doi: 10.4103/ijem.IJEM_556_17.

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