

Dr. Jaspreet Kaur Jaura

MBBS

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Date of Birth: 8 May 1978
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WORK EXPERIENCE

- Working as Assistant Professor in the Department of Physiology, Teerthanker Mahaveer Medical College & Research Center, Teerthanker Mahaveer University, Delhi Road, Moradabad from 19th October, 2020
- Worked as Tutor in the Department of Physiology, Teerthanker Mahaveer Medical College & Research Center, Teerthanker Mahaveer University, Delhi Road, Moradabad from 4th July, 2019
- Worked as PG Demonstrator in the Department of Physiology, Teerthanker Mahaveer Medical College & Research Center, Teerthanker Mahaveer University, Delhi Road, Moradabad from 3rd May, 2016 to 14th June, 2019.
- Worked as Lecturer in Sri Sukhmani Dental College & Hospital from 25th November, 2013 to 11th January, 2016.
- Worked as Junior Resident in Gian Sagar Medical College and Hospital (GSMCH), Patiala from 16th April, 2009 to 30th April, 2012.
- Worked as Medical Domain Advisor in Backline Infotech, Chandigarh for 6 months from 1st March – 27th August, 2007.

ACADEMIC QUALIFICATION:

- **MBBS:** College- Tajik State Medical University named after Abuali ibn Sino, in Dushanbe in Tajikistan (Former Russia). Year of passing: 2003
- **MD (Physiology):** College: Teerthanker Mahaveer Medical College & Research Center, Teerthanker Mahaveer University, Moradabad. Year of Passing 2019.

PERMANANT MEDICAL REGISTRATION:

- **MBBS:** Permanent Registration No. 31023 dated 15-05-2007 (MCI)
- **MD:** Certificate No. 21-001763

JOB EXPERIENCE

- Worked as Research personal in conducting research in collaboration with other clinical, and nonclinical departments
- Conducting theory and practical classes of BDS Students
- Conducting theory classes of BPT, MPT and BSc (Nursing) Students
- Conducting tutorials and practical classes of MBBS Students.
- As Medical domain advisor.

EXPERIENCE:

- I finished my Class Xth (Central Board of Secondary Examination) in 1994 from St. Joseph's Convent Secondary School in Bhatinda, Punjab.

- I completed my XIIth (Central Board of Secondary Examination) from M G D A V College in Bhatinda in 1996.
- In October 1996, I got admitted into the Tajik Technical University Named after M S Osmi in Dushanbe in Tajikistan (Former Russia). I finished my Russian Language and other disciplines in full scale of Secondary Program and Graduated in 1997.
- In September 1997, I joined The Tajik State Medical University named after Abuali ibn Sino, in Dushanbe in Tajikistan (Former Russia). And completed my MBBS in June 2003.
- As regards my internship; I did 12 months of rotational internship in The Tajik State Medical University named after Abuali ibn Sino, in Dushanbe in Tajikistan (Former Russia) from 2002-2003.
- I appeared for screening test In India by National Board of Examination in September 2005 under the Roll No. 02050898 and cleared the exam in the same year.
- I have completed my Internship in India from Civil Hospital, Ludhiana 2006-07.
- Completed a Professional Diploma in Clinical Research (PDCR) form Catalyst Clinical Services, New Delhi.
- In May 2016, I joined Teerthanker Mahaveer Medical College & Research Center, Teerthanker Mahaveer University, Moradabad. And completed my MD in June 2019.

RESEARCH EXPERIENCE:

- Evaluation of diabetic neuropathy changes in newly diagnosed patients of Type II Diabetic mellitus (T2DM) conducted as a part of MD-Thesis Protocol

POSTER PRESENTATION:

- “To assess stress on medical students in a medical school at various intervals of time of medical education” at 3rd International Conference of Society for Prevention of Injuries & Corporal Punishment in TMU, Moradabad on 30th July, 2016

ORAL PRESENTATION

- “Informed Consent Document (ICD) as educational tool for Medical School” at 2nd International Conference TMU Forensic Medicine-2017 & CMD/CDE of Indo-Pacific Academy of Forensic Odontology in TMU, Moradabad on 29th July, 2017
- “To study the symptoms of neuropathy in newly diagnosed patients with type 2 diabetes mellitus (T2DM) vs. control” at 8th Annual Conference of UP-UK Chapter of Association of Physiologists and Pharmacologists of India – UP-UK APPICON 2018 at SRMSIMS, Bareilly from 14th to 15th April, 2018.

PUBLICATIONS:

- Ahuja P, **Kaur J**, Puri D, Meshram P, Matreja PS, Kumar JB. A cross sectional study of knowledge, attitude and practices of medical students regarding COVID-19 in Northern India. J Clin Med Kaz 2023; 20(2):26-3
- Puri D, **Kaur J**, Gaur N, Kodidala SR. Role of glycated hemoglobin in microvascular complications in type 2 diabetes mellitus. International Journal of Endocrinology (Ukraine). 2022;18(6):319-23.

- Matreja PS, **Kaur J**, Yadav L. Acceptability of the use of crossword puzzles as an assessment method in Pharmacology. *J Adv Med Educ Prof*. 2021;9(3):154- 159
- Verma A, Kumar B, Adhana A, Kumar R, **Kaur J**, Jheetay S, et.al. Association of body mass index with sympathetic function by CPT in male adults. *International Journal of Health and Clinical Research*, 2021;4(10):234-236
- Verma A, Chaurasia R, Adhana R, Ballabh J, **Kaur J**. Interdependence of major blood group with bleeding time and clotting time. *MedPulse International Journal of Physiology* 2019;11(2):34-7.
- **Kaur J**, Kumar J, Singh VK, Pandey RK, Matreja PS, Adhana R, et.al. Study of prevalence of diabetic peripheral neuropathy in newly diagnosed patients of type 2 diabetes mellitus (T2DM) in a tertiary care hospital. *Int J Med Res Prof* 2019;5(1):248-53.
- Verma A, Kumar M, Adhana R, Kumar JB, **Kaur J**. Cardiovascular reactivity (CVR) in male young adults of hypertensive parents in North India. *MedPulse International Journal of Physiology* 2019;11(1):11-5.
- **Kaur J**, Matreja PS. Adherence to medication in patients suffering from hypertension: A cross-sectional study. *IP International Journal of Comprehensive and Advanced Pharmacology* 2018; 3 (2): 44-8.
- To study the symptoms of neuropathy in newly diagnosed patients with type 2 diabetes mellitus (T2DM) vs. control, Abstract published in Souvenir of 8th Annual Conference of UP-UK Chapter of Association of Physiologists and Pharmacologists of India – UP-UK APPICON 2018 page 53.
- Narula N, Katyal N, Matreja PS, **Kaur J**. Competency of a graduate after doing MBBS in practicing geriatric medicine. *Indian Journal of Gerontology* 2015; 29: 481-93.
- Kaur G, Matreja PS, **Kaur J**, Gupta AK, Singh A, Khanna PML. To study level of stress in students in professional school. *World Journal of Medical Education and Research* 2015; 9: 14-8.
- Matreja PS, **Kaur J**, Gupta AK, Singh A. Canagliflozin in Type 2 Diabetes Mellitus. *Journal of Research in Medical Education and Ethics* 2014;2:109-16.
- Matreja PS, **Kaur J**, Gupta AK, Singh A, Khanna PML, Kaur G. To assess the level of stress in professional course students at time of education in a professional school in India. Abstract Published in Souvenir ISRPTCON 2013 Ludhiana; 72.
- Matreja PS, **Kaur J**, Gupta AK, Singh A, Khosla PP, Kaur S. To assess stress on medical students at various intervals of time of Medical Education. *Journal of Research in Medical Education and Ethics* 2012; 2; 217-21.
- Matreja PS, Singh A, Gupta AK, **Kaur J**. Informed Consent Document (ICD) as Educational Tool for Medical School. *Education in Medicine Journal* 2013; 5 (2): e38-44.
- Matreja PS, **Kaur J**, Gupta AK, Singh A, Khanna PML, Kayath HP. DPP IV inhibitors for diabetes mellitus. *Journal of Research in Medical Education and Ethics* 2012; 2: 18-27.
- Matreja PS, Gupta V, **Kaur J**, Singh S. Efficacy of fluticasone and oxymetazoline as treatment for allergic rhinitis. *Journal of Clinical and Diagnostic Research* [serial online] 2012 February [cited: 2012 Feb 14]; 6:85-88. Available from http://www.jcdr.net/back_issues.asp?issn=0973-709x&year=2012&month=February&volume=6&issue=1&page=85-88&id=1846

- Matreja PS, **Kaur J.** Pharmacological management of osteoporosis. Trendz in Medical World 2009; 1 (4): 28-37.
- Matreja PS, **Kaur J.** Treating Brest Cancer with Chemotherapy. Trendz in Medical World 2009; 2 (1): 8-14.
- Matreja PS, **Kaur J.** Pharmacotherapy of Obesity. Trendz in Medical World 2009; 2 (3): 34-40.

CONFERENCE ATTENDED:

- “UP PATHCON 2021 – 28th Annual Conference of IAPM” at TMMC&RC, Moradabad from 30th to 31st October 2021
- “IWA 2021” at TMMC&RC, Moradabad from 22nd to 23rd October 2021
- “RBCW & AETCOM Training Module” at TMMC&RC, Moradabad from 26th to 28th August 2021
- “Basic and Clinical Aspects of Autonomic Functions” at AIIMS, Deoghar on 27th February 2021
- “Webinar on Mission Fit India” at MGM Institute of Health Sciences, Navi Mumbai on 12th February, 2021
- “CISP II” at TMMC&RC from 28th-29th October, 2020
- “ISRPT-Webicon 2020 on 10th October, 2020 at TMMC&RC, Moradabad
- “Online SOPI – Symposium” on 23rd September, 2020 at TMMC&RC, Moradabad
- “COVID-19 training program” from 7th to 11th June, at TMMC&RC, Moradabad
- “ISACONUP 2019” from 27th to 29th September, 2019 at TMMC&RC, Moradabad
- “9th Annual Conference of UP-UK Chapter of Association of Physiologists and Pharmacologists of India – UP-UK APPICON 2019” at SSMS, Greater Noida from 5th to 6th April, 2019.
- “8th Annual Conference of UP-UK Chapter of Association of Physiologists and Pharmacologists of India – UP-UK APPICON 2018” at SRMSIMS, Barielly from 14th to 15th April, 2018.
- “Research Methodology workshop for Medical Undergraduates 2017” at SGRRIM&HS, Dehradun on 16th December, 2017
- “2nd International Conference TMU Forensic Medicine-2017 & CMD/CDE of Indo-Pacific Academy of Forensic Odontology” at TMU, Moradabad on 29th July, 2017
- “Medico-Legal Issues and Documentation in Medical Practice” at TMU, Moradabad on 21st October, 2016
- “3rd International Conference of Society for Prevention of Injuries & Corporal Punishment” at TMU, Moradabad on 30th July, 2016

OTHER SKILLS

- Russian Language course: Tajik Technical University Named after M S Osmi in Dushanbe in Tajikistan (Former Russia).
- Diploma in Medical Massage Treatment: Dushanbe Association Jnahiye

LANGUAGE PROFICIENCY:

English, Hindi, Punjabi, Russian

PC LITREACY:

Windows XP, MS Office 2000, Internet browsing and data searching

INTERESTS:

- Flare for **Sketching, Drawing and Painting** as a motivation towards creativity and innovation. Fond of listening to contemporary **music (Indian & Western), Ghazals and instrumentals.**