

LIST OF MOST SIGNIFICANT PUBLICATIONS

Development of diagnostic tools for assessment of degree of malnutrition by using anthropometric indices-

- 1) The growth pattern of Indian infants during the first year of life. *Hum Biol* 1973; 45: 341-9.
- 2-4) Growth in affluent Indian children *Indian Pediatr* 1992; 92:1203-82; 1994; 31: 377- 413 and 2001; 38: 1217-1235.
- 5) Statistics and applications 2015;11-23(ISSN 2454-7395 . and 6) Relationship of exclusive breast feeding for 6 mo to linear growth up to 18 mo of age. *Indian J Pediatr.* 2013;80(1):11-5 *Indian J Pediatr.* 2013;80(1):11-5. and .

biochemical tests 7) Free amino acid patterns of plasma, erythrocytes and leucocytes in hypoproteinemia. *B J N.* 1973; 29:151-157. 8) Erythrocytic enzymes and amino acids related to glutamic acid metabolism in childhood hypoproteinemia. *A J CN* 1981; 34; 924-927. 9) Composition of oedema fluid in hypoproteinemic disorders. *Acta Paediatr.* 1983; 74: 741-744 . 10) Biochemical changes in saliva of malnourished children. *A J CN.*1984; 39: 181- 184. 11) Salivary iron status in iron deficiency. *J Trop Pediatr* 1992; 38: 64-67. 12) Alterations in body fluids. *Ann Clin Med Res* 2021;2(2) article1031.

Adverse sequel of malnutrition- physical, neurological or cognitive deficits- 13) Placental morphometric and morphological alterations in maternal undernutrition. *Am J Obstet Gynec.* 1976; 124: 641-645.

- 14). Nutritional status of rural pregnant women and fetal outcome. *Indian Pediatr (IP).* 1987; 24: 703-707.
- 15) Birth weight pattern in rural undernourished pregnant women. *IP.* 2002; 37: 244-253. 16) Effect of intrauterine nutritional deprivation on neuromotor behavior of the newborn. *Acta Paediatr(AP).* 1979; 68: 561-566. 17) Sleep cycle studies in babies of undernourished mothers. *Arch Dis Child.* 1980; 55: 134-138.
- 18) Growth behavior, development and intelligence in rural children between 1- 3 years of life. *IP.* 1992; 29: 467-480. 19). Growth and behavior development in rural infants in relation to malnutrition and nutrition. *IP.* 1992; 29: 595-606. 20) Influence of malnutrition on social maturity, visual motor coordination and memory in rural school children. *Indian J Med Res(IJMR).*1989; 90: 320- 327. 21) Influence of malnutrition on intellectual development. *IJMR,* 1989; 90: 430-441. 22) Effect of mid-day meal programme on physical growth and mental function. *IJMR* 1989; 90: 163-164. 23) Soft neurological signs and EEG pattern in rural malnourished children. *AP.* 1989; 78: 873-878. 24) Learning disability in rural primary school children. *IJMR;* 1991; 94: 89-95.
- 25) Impact of undernutrition on higher mental functions in Indian boys aged 10-12 years. *AP.* 1995; 84: 1357-1361. 26). Muscular sufficiency, serum protein, enzymes and bioenergetic studies (phosphorus magnetic resonance spectroscopy) in chronic malnutrition. *AP* 1994; 83: 327-331. 27) Brain MRI and cognitive evoked potentials in rural chronically undernourished children. *Nutr Res(NR).*1996; 16: 1147-1151. 28) Persistence of soft neurological signs in chronic undernourished children. 1995; 15: 193-199 . 29) Sequelae of early undernutrition on reaction time of rural children at 11-14 years. *IJMR.* 1998; 107: 98-102. 30) Effects of dietary protein on fetal brain and glutamic acid metabolism in rats. *J Neurochem.* 1979; 32: 1309-1314. 24.
- 31) Protein deprivation and the brain: Effect on enzymes and free α amino acids related to glutamate metabolism in rats. *Ann Nutr Metab.* 1981; 25: 228-233. 32) Prevalence of anemia in pregnant and lactating women in India. *IJMR.* 2006; 124: 173-184. 33) Effect of maternal anemia on the placenta and the newborn. *AP* 1978; 67: 645-648 .xxiii) Placental tissue iron status in maternal hypoferrremia. *Am J Clin Nutr* 1979; 32: 1462-1465. 34) Storage iron in human fetal organs. *AP*1985; 74: 701-706. 35) Effect of early iron deficiency in rat on the gamma-aminobutyric acid shunt in brain. *J Neurochem* 1986; 46: 1670-1674. 36) Effect of latent iron deficiency on metal levels of rat brain regions. *Biol Tr Elem Res* 1989; 22; 141-152. 37) Latent iron deficiency alters gamma-aminobutyric acid and glutamate metabolism in rat brain. *Experientia* 1989; 45: 343-345. 38) Effect of latent iron deficiency on 5-hydroxytryptamine metabolism in rat brain. *J Neurochem* 1989; 52: 730-735. 39) Studies on brain catecholamine metabolism following latent iron deficiency and subsequent rehabilitation in rat. *Nutr Res.* 1989; 9: 1177- 1186. 40) Iron and the brain: neurotransmitter receptors and magnetic resonance spectroscopy. *Brit J Nutr.* 2001; 85: S147-S150. 41) Increased breast milk iron in severe maternal anemia: Physiological trapping or leakage. *AP* 1985; 74: 290-291. 42) Effect of latent iron deficiency on GABA and glutamate neuroreceptors in rat brain. *Indian J Clin Biochem.* 2003; 18: 111-116. 43) Impact of

anemia on prophylaxis in pregnancy on maternal hemoglobin, serum ferritin and birth weight IJMR 1991;94:277-80.

Treatment by dietary supplementation-

44) *Lactobacillus Casei* in the control of acute diarrhoea- a pilot study. *IP* 2001; 38,905-910.
45) Feasibility studies to control acute diarrhoea in children by feeding fermented milk preparations Actimel and Indian Dahi. *EJCN*.2002;56/ suppl-4 pp-556-559. 46& 47) A pilot study on the effects of curd (*dahi*) & leaf protein concentrate in children with PEM. *IJMR* 2007; 126: 199-203;&IJMR 2009; 130:31-36. 48) Berseem (*Trifolium Alexandrium*) Leaves in Diet as Immuno-Nutrient; Cytokine and T-Cell Subpopulation Responses in Malnutrition. *Ann Pediatr Res*. 2020;4(4):1046. 49) Indian Dahi as Immunonutrient Pilot Study. *Acta Sci Paediatr* 2018; 1: 2-4. 50) Dahi in India culture. *Intl J Med Sci Clin Res Studies* ISSN 2022:02(06) pp 505-511(DOI: <https://doi.org/10.47191/ijmscrs>).

A) Effects of massage & use of oil on growth, blood flow & sleep pattern in infants. *IJMR* 2000; 212-217.

B) Corticosteroids in erythropoiesis & prevention of red cell hemolysis: i) *Acta Paediat Scand*, 53: 149- 157, 1964.

ii) *Acta Endocrinolog*. 1964 supp; 93: 3-58.iii) *Acta Haemat* 1967; 38:11-18, iv) *Brit J Haemat* 1969; 17:179-185.

V) Corticosteroids and red cell system. Lambert Acad publ Co 2011.

C) 1 &2).Determination of protein requirements on vegetarian diet in healthy male & female volunteers. *IJ MR* 77: 654-658, 1983.& *IJMR* 78: 68-69, 1984. 3). In protein energy requirement studies in developing countries. Result of international Research, eds., Rand RU & Scrimshaw NS. The UNU Food and Nutrition Bulletin Supp.10: 889-95. 1984. Tokyo Japan.

D) Monographs:.i)The National Goitre Control Programme -A blueprint for its intensification. NFI Sci. Rep 1 (1983) MSW, Govt of India (Gol). ii) Growth Performance of Affluent Indian Children (Under-fives) - Growth standards NFI Sci Rep 11 (1991) HRD (WCD),Gol.iii). Nutritional status, physical work capacity and mental function in school children. UNICEF.NFI Sci Rep 6 (1987).iv). Anaemia in Pregnancy – Interstate Differences.NFI Sci Rep 16 2005 .5. The Growth Infancy to Adolescence. CBS Publ Delhi, 2015. 6.Child Care in Asian Cultures. Lambert Acad Publ. 7. Principles of Child Care CBS, N-Dehi and Hindi edition for public distribution.