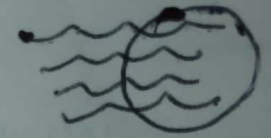


66 DEAR DATA


















Q2: how motivated I am for online work?





How to Read:

- each color represents a day of week with 24 hours segments quarterly
- different symbols & colors represent WHEN, how much & what.

Symbols & colors:

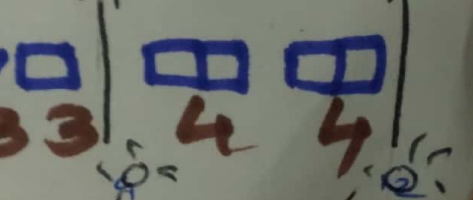
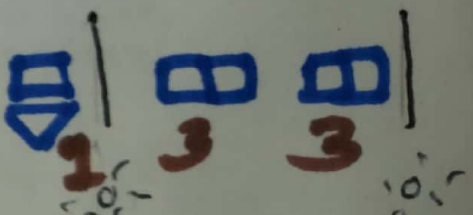
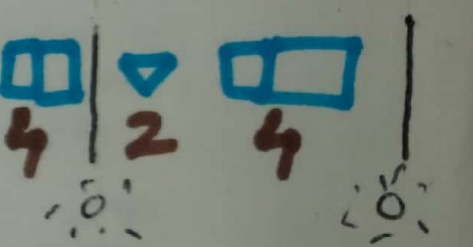
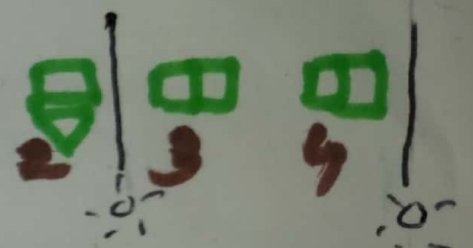
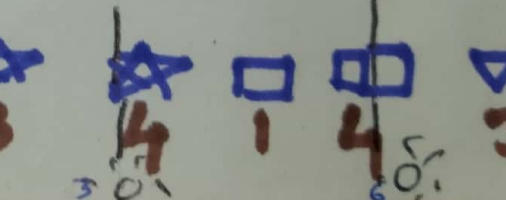
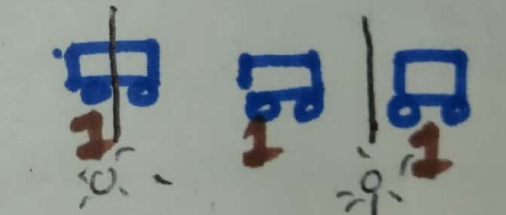
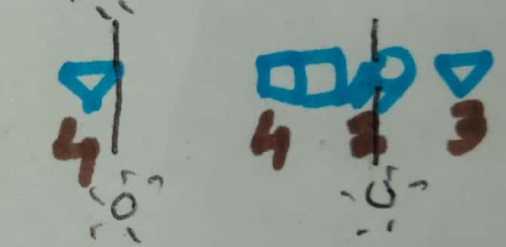
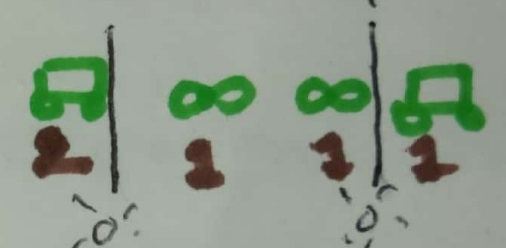
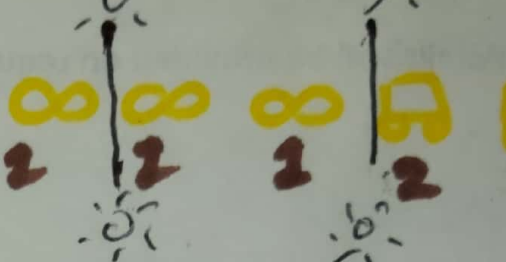
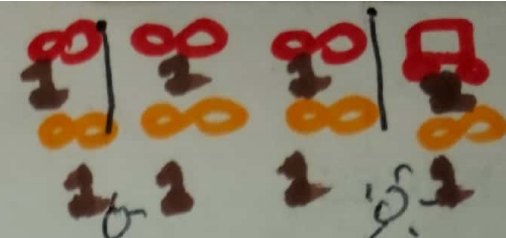
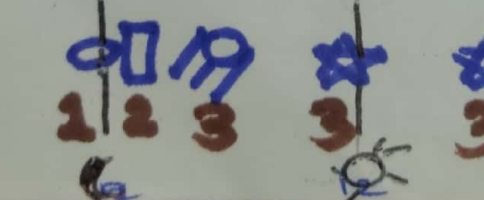
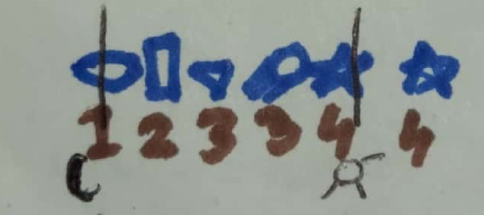
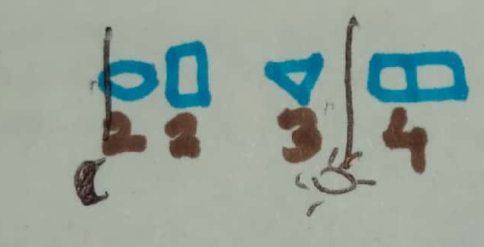
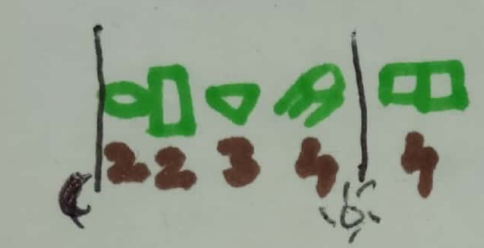
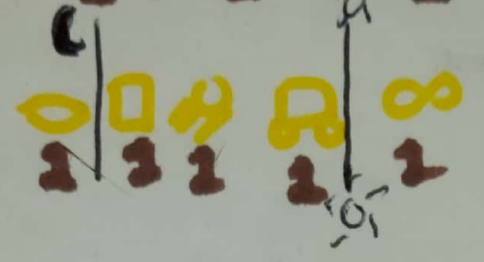
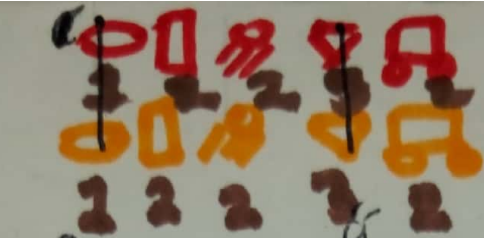
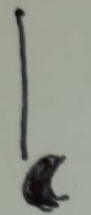
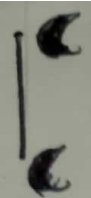
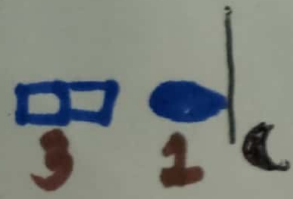
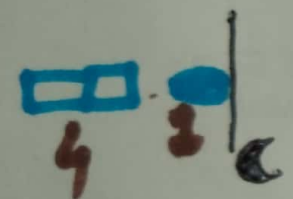
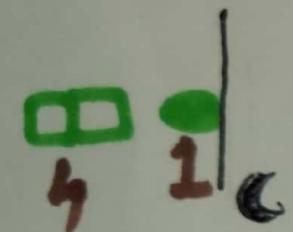
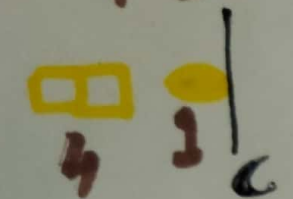
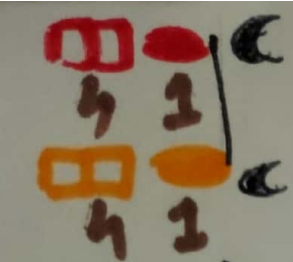
- | | |
|--|--|
|  - Monday | 1 - distracted |
|  - Tuesday | 2 - low motivation level |
|  - Wednesday | 3 - medium motivation |
|  - Thursday | 4 - highly motivated |
|  - Friday |  - watching show |
|  - Saturday |  - freshen up |
|  - Sunday |  - traveling/grocery shop |
|  - wake up |  - study |
|  - sleep |  - part time job |
|  - food |  - in class |
|  - mobile use | |

 night
12am - 11:59pm

 day
12pm - 11:59pm

SEND TO:

CANADA



28 sep monday	29 sep tuesday	30 sep wed	1 sep thurs	25 sep fri	26 sep sat	27 sep sun.
wake up 9:30 1 mobile -10:15 2 breakfast 10:30 3 fresh up 11:30 3 class 12-4 3 class show 4-5:30 1 study 5:30-8 4 food & show 8-9 3 study 9-12 4 12-2:30 study 12:01-2:30 3 sleep 2:30- 1	wake up 9:30 1 mobile -10:15 2 food -10:45 3 fresh up -11 3 class 11-12 4 class 12-2 4 bus 2 & shopping 2-7:30 2 food & show 8-9 1 study 9:30-12 3 study 12-3 4 sleep 3:10 1	wake up 10:30 2 mobile -11:30 2 food -12 3 study -12 2 4 food -2:30 4 study -5 4 fresh up -5:30 2 food -6 3 study -8:30 4 food -9:30 2 study -9:30-12 4 study 12-3 1	wake up 9:30 2 -10:30 mobile -11 3 food -11 3 fresh up -11:30 4 study -12 4 study -12-2 4 bus 2-3 2 work 3-6:30 1 bus 6:30-7:30 1 food & show 7:30-8:30 2 study 8:30-12 4 food & show 7:30-8:30 2 study 8:30-12 4 sleep 12-1 1 study 12-1 4 sleep 1-1 1	wake up 8:30 1 mobile -9 1 fresh up -9:20 1 bus 10:30 1 10:30-12:30 work 12-6:30 1 bus 7:30 2 food & show 8:30-9:30 2 study 12-1 4 sleep 1 1 study 12-1 4 sleep 1 1	wake up -9:30 1 mobile -10:30 2 fresh up -11 2 food -11:30 3 bus -12 2 work 12-6:30 1 bus 7:30 2 food & show 8:30-9:30 2 study 9:30 4 15 study 12-1 4 sleep 1 1	wake up -9:30 1 mobile -10:30 2 fresh up -11 2 food -11:30 3 bus -12 2 work 12-6:30 1 bus -7:30 2 food & show 8:30 2 study 8:30 4 study 12-1 4 sleep 1 1