

# BEST PRACTICES: DESIGN STUDIOS

FEBRUARY 25TH: DISABILITY, BODIES, AND WORK

#### **RAISE ALL VOICES**



### Who is contributing?

Don't dominate the conversation, deliberately make space for quieter participants to offer insights.

Discussing new ideas is exciting! Let's foster enthusiasm while bringing others along to consciously elevating other voices.

#### **BE REAL**



#### Own your story.

The real value of collaboration occurs when we are our authentic selves. Fellow travelers offer perspective. Perspective offers moral realism. Moral realism offers a clear-eyed view of the challenges that lie before us and the work left to do.

#### **LISTEN DEEPLY**



#### **Hear. Absorb. Internalize.**

Deep listening requires hearing and absorbing without immediately critiquing and revising.

Progress takes collective wisdom. Collective wisdom takes empathy. Empathy takes really getting what others are offering—their intentions, stories, desires and vision.

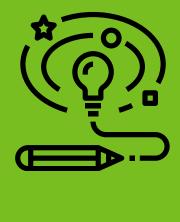
## EMBRACE UNCERTAINTY



## Say "I don't know" or "I don't understand."

We don't always know where we're going. That can be uncomfortable, but there are no ready-made answers. Embrace uncertainty and live at the limits of understanding. We achieve collective clarification through curiosity and conversation.

# PLAY!



## **Creativity should feel good.**

Embrace the fun! Remember that play generates joy and that joy helps to animate insight. So doodle, move, and stretch. Enjoy the playlist we all created together, and let the inspiration flow.

# **EXERCISE IMAGINATION**



# Imagination stretches the limits of you

Imagination makes the invisible visible—including who we become when we create together.

Imagination begins with openness and receptivity: a dynamic exchange between ourselves and our work.

What work is imagination doing in and through us?

How is it changing us? What might that tell us about the value of what we're up to—or not?



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