



7/4 Independence Day

JULY 2016



Cousin's Day 7/24

Republican Convention

7/18- 7/21



U niversity P lace BEAT

7/27 Korean War
Veteran's Day



Democrat Convention

7/25-7/28



My Favorite Parts of Summer

Summer is nice,
Summer is sweet.
It's as sweet as a
tasty treat.

Such as a popsicle,
tasty and sweet
It's the perfect treat
for me to eat!

Summer is so beautiful
The sun shines so bright.
Flowers open up so pretty
And fireflies fly in the night.

Buzzing around is what
they like to do,
To light up the night
for me and you.

Pools are fun,
sprinklers too,
Getting you wet is



When it rains,
look for
RAINBOWS.
When it's dark
look for STARS.





JULY 2016 HAPPY DAYS



HAPPY BIRTHDAY

01 Margaret Wood
01 Beverly Mayfield
02 Betty Wade
02 Ron Stroup
03 Edie Soderberg
16 Jan Stroud
19 Phyllis Wasson
23 Mary Helen Zink
30 Michael Rossman

HAPPY ANNIVERSARY

14 Jan and Bruce Cooke
23 Karl and Mary Zollner

Consider making a donation
to the UPR Foundation on
your friend's or loved one's
special day.



**“Old age is like everything else.
To make a success of it, you’ve got to start young.”**
Theodore Roosevelt

Because the University Place population changes almost daily, if we did not include your happy date, we are sorry and would like to be notified of the omission. Regarding IL & GH call Beth Brumit, 463-0203; for AL & HC call Concierge, 464-5600.

THIRD FLOOR NEWS

BARBARA & JIM HITTLE witnessed a most unusual event on May 5th by having a window peeper on the 3rd floor. Actually it was someone inspecting the stone structure outside our living room window, but the window peeper makes a better story. Now, let's go racing, the recent Indianapolis 500 Mile Race that is. On Tuesday, May 10th, son Mark, our grandson Brad, Mark's father-in-law, and his brother-in-law, were all four interviewed by ESPN. Segments of the interviews were shown prior to the race on ABC. Maybe some of you saw this. Most of our small family (including four great-grandchildren) were in the town of Speedway on May 29th for the race, and they descended on our daughter-in-law's parents home. Her parents also have three other children and their families. BIG CROWD!! Of course not all of them went to the race. That evening daughter Leslie and her family (husband Matt, grandson Ross, and Ross' wife Victoria) stopped in here for a short visit. They were on their way back to Milwaukee. Next day (May 30th) the rest of the stragglers (10) came in for a picnic lunch, and they furnished the goodies. The group included four great grandchildren. There was son Mark and wife Lynn from Lowell, IN, grandson

Brad and family (wife Mindy and children Christina and Jacob) from Saco, Maine, and grand-daughter Angie and family (husband Dave and children Gwen and Davie) from Crown Point, IN, with four young ones running about, it was a noisy but most memorable day. We were still not through with visitations. On June 6th daughter Lora and husband John from Green River, WY, made their entrance, Mark, Lynn, and Leslie returned and we had a mini-reunion. The kids treated us to dinner at 9 Irish Brothers, and we had a great time. Lora and John stayed until the 8th and left for WY, with our car. We are now carless. We transferred the title June 7th which was the day our registration expired, and the insurance ended on June 12th. Perfect timing! -- Jim Hittle

GARDEN HOUSE NEWS

Welcome to BILL & CECILLIA MULL in 2252. They came here from North Carolina.

Welcome to MELVIN SORTON who is coming to 2236.

JOHN R. RICE HAS BEEN GRANTED A NEW PATENT on March 1, 2016: "METHODS, SYSTEMS, AND COMPUTER READABLE METHODS FOR PREVENTING SOFTWARE PIRACY AND PROTECTING DIGITAL DOCUMENTS USING SAME."

MAX JACKSON is the new representative for Garden Homes and would like to hear any news.

BERNARD and ELLIE ZOOK are back from a three-month world cruise. Those hollyhocks of many colors sure look beautiful on the south side of their home.

The Story of the Fourth of July

The United States celebrates American Independence Day on the Fourth of July every year. We think of July 4, 1776, as a day that represents the Declaration of Independence and the birth of the United States of America as an independent nation.

But July 4, 1776, wasn't the day that the Continental Congress decided to declare independence; they did that on July 2, 1776. It wasn't the day we started the American Revolution either; that had happened back in April 1775. And it wasn't the day Thomas Jefferson wrote the first draft of the Declaration of Independence; that was in June 1776, or the date on which the Declaration was delivered to Great Britain; that didn't happen until November 1776, or the date it was signed which was August 2, 1776.

So what did happen on July 4, 1776? The Continental Congress approved the final wording of the Declaration of Independence on July 4, 1776. They'd been working on it for a couple of days after the draft was submitted on July 2nd and finally agreed on all of the edits and changes.

July 4, 1776, became the date that was included on the Declaration of Independence, and the fancy handwritten copy that was signed in August (the copy now displayed at the National Archives in Washington, D.C.) It's also the date that was printed on the Dunlap Broadides, the original printed copies of the Declaration that were circulated throughout the new nation. So when people thought of the Declaration of Independence, July 4, 1776 was the date they remembered.

In contrast, we celebrate Constitution Day on September 17th of each year, the anniversary of the date the Constitution was signed, not the anniversary of the date it was

approved. If we'd followed this same approach for the Declaration of Independence, we'd be celebrating July 4th on August 2nd of each year, the day the Declaration of Independence was signed!

PRESIDENTS WHO DIED ON JULY 4TH

For America's first five presidents, the Fourth of July was not only a celebration of their great achievement, but it was also, apparently, a prime day to die. Three of America's first five presidents died on Independence Day.

John Adams, the second president, and Thomas Jefferson, the third president, were bitter rivals throughout their political careers, but nearly twins in their deaths. They died hours apart on July 4, 1826, Adams at age 90 in Massachusetts and Jefferson at age 83 in Virginia.

James Monroe, the fifth president, also died on July 4th, five years after Adams and Jefferson, in 1831. The 30th president, Calvin Coolidge, was born on the Fourth of July in 1872.



OUR LIBERTY BELL

A history of the Liberty Bell appeared in your February, 2015, UP BEAT because the final expansion of its crack that rendered the bell un-ringable was on Washington's Birthday in 1846. The bell is also symbolic of Independence Day and is inscribed "Proclaim LIBERTY throughout all the Land unto all the Inhabitants thereof—Lev. XXV X. By Order of the ASSEMBLY OF the Province of PENNSYLVANIA for the State House in Philadelphia." On every Fourth of July, at 2 p.m. Eastern time, children who are descendants of Declaration signers symbolically tap the Liberty Bell thirteen times while bells across the nation also ring thirteen times in honor of the patriots from the original thirteen states.

A MESSAGE FROM OUR UNIVERSITY PLACE
EXECUTIVE DIRECTOR, DAVE KINDER

Change is all around us. Look around you. Has there been a change in you or your life in the past five years? Three years? One year? Six months? Some change is easier to see. A new birth, a marriage, or a death in the family are very noticeable. Other change is harder to detect, but is change all the same. It might be our eyesight getting slightly worse, or we walk a little slower, or not having the same amount of energy we had a few months ago. Change is coming to University Place. This change will be both easy to detect and yet subtle at the same time.

By the first of January, University Place will have a 22-unit Memory Support area in place. The unit will be located on what is the second floor of our current Assisted Living area. In August, before construction begins in late September, the unit will be established as University Place braces for its first major construction project since the building originally opened.

Why does University Place need a Memory Support unit and why now? First and foremost, we have residents living here who have been residents for a long time with varying forms of dementia. These residents and their families deserve to know they are safe and being cared for appropriately. Currently, without a locked unit, University Place cannot guarantee their safety if they decide to wander from the building. Over the past year our numbers in Assisted Living have dwindled substantially. The calls marketing receives today are usually not calls about Assisted Living, but calls inquiring about Memory Support. In the past three months, University Place has lost three families in Assisted Living because the residents needed a Memory Support unit and not Assisted Living. This was one of the two biggest needs I identified when I interviewed for the Executive Director position. I still believe a Memory Support unit is imperative to the overall success of University Place. The staff and corporate office agree with me. So what does a Memory Support unit look like at University Place? It will be a locked unit with additional staff and more activities. Two apartments on the second floor will be demolished and replaced by a dining/activities/lounging area. The plans are not yet complete, but the area will also include a new nursing station, a remodeled spa area and general improvements. All of the details have not yet been worked out regarding residents currently living on the second floor who do not need a Memory Support unit, or other residents throughout the building who do require Memory Support. There will be meetings with residents and their families in July to discuss the plans. There will be numerous meetings with residents now living in Assisted Living and their families to discuss potential moves and upcoming construction. Memory Support is a need at University Place. It is a need in the greater Lafayette community. It is better for University Place to be on the front end of change rather than doing nothing and possibly being left out of the equation. The changes will affect the staff too. There will be additional trainings, new job descriptions, and additional staff required. Some staff may be changing to different areas of the building. Many people do not like the word, others embrace it. Regardless, change will be coming to University Place in the very near future in the form of a Memory Support unit. Some of the changes will be easily noticed, some of the changes will be subtle. You will be kept abreast of what is happening. This is your home. It is time to make this the best home possible for everyone who lives here.

--Dave Kinder, Executive Director

BALLOT BOX BALLADS

On the evening of June 13, 2016, Suzanne and Jim presented an entertaining program of songs that were used in previous USA elections to promote certain presidential candidates. As in previous visits to U.P. they were dressed in period costumes. While their business card showed a home address, as San Rafael, CA, their real home is the motorized home they parked in our outdoor parking lot as they visited us. Once again they played a variety of musical instruments and gave verbal descriptions of the history behind each song.

After a rousing opening song the first song I recognized was used in the 1840 election. It was used by the Whig Party in parades and rallies opposed to Andrew Jackson and his successor, Martin Van Buren. Suzanne played the bones and Jim a five string banjo. These were instruments frequently used in minstrel shows of the day. The audience was invited to join in the chorus of "Tippecanoe and Tyler Too".

For the 1856 election James Buchanan, candidate for the Democratic Party, the first regional party, used a song written by Steven Foster. Jim remarked he thought it was the best song he researched. Suzanne played the flute and Jim the guitar.

During the 1896 election William McKinley featured the song "Marching Through Georgia" in the defeat William Jennings Bryan. It was a highly contested race over the issue of whether to switch to the silver standard versus the use of high tariffs. Suzanne played the auto harp and Jim the banjo for the lively song.

The 1908 election was dispirited as were the songs used by the candidates. William Howard Taft moved to the more conservative side of the Republican Party and won much to the dismay of Teddy Roosevelt. Suzanne played the guitar and Jim the five-string banjo.

The 1912 election was hard fought when Teddy Roosevelt split the divided Republican party against Taft while the Democrats won with Woodrow Wilson as their candidate using the tune of a then popular song and their own words to "It's Wilson, that's All." Suzanne used some sort of instrument played by mouth (They didn't name it) and Jim the five-string banjo.

In 1928 the popular Herbert Hoover won with an endorsement by Charles Lindbergh and a song that featured Lindbergh's name. Suzanne played the guitar and Jim the banjo.

In 1932 F.D. Roosevelt wanted to use "Anchors Away" but others in the party selected, "Happy Days Are Here Again."

In 1948 Henry Wallace, a third party candidate had the support of many musicians, and used the song, "It's the Same Old Merry-Go-Round" to disparage the two traditional parties. Again Suzanne played the guitar and Jim the five-string banjo.

I don't remember it, but apparently Clinton used a song called, "Don't Stop Thinking about Tomorrow."

It was a very enjoyable, interesting evening, sadly only attended by 25-30 U.P. residents. Jim asked that we invite them back in the future and most of us who were there would like to see that happen. -- Karl Zollner

Jazz Trio

Jazz is American music that developed especially from ragtime and blues, characterized by a syncopated rhythm that originated from African American communities of New Orleans in the late 18th and early 19th centuries. It is a style characterized by a strong but flexible rhythm understructure with solo and ensemble improvisations on basic tunes. The most common instruments on which jazz is played are the saxophone, trumpet, trombone, piano, bass, drums, and guitar. On June 3, 2016, 3 young men came from a high school in South Bend, 2 of whom had just graduated and are headed to Ball State to further pursue music studies. The 3rd member, Dave Richards, a junior, came as a surprise for his grandparents Betty and Jim Kremer. The trio performed on the bass and the guitar, the drums, and the sax to provide a pleasant sound without at all "blasting" the audience. (They used no amplifiers!). The bass, (always plucked - is that how it's done in jazz?) put nice "feet" under each piece; the drums filled in with a gentle background tempo that had the appreciative audience tapping its feet and fingers; the sax most ably carried the theme. Watching the players was interesting - there was no sheet music, and each added just a little body language indicative of total absorption in his music while also being keenly attuned to the group as a whole. The instruments seemed to balance each other nicely, none taking over, and selections seemed to blend well into each other. When it was solo time, each man beautifully showcased his instrument with his talent to really make his instrument "talk". It was a most pleasant hour, listening to and

appreciating these selections; although most themes were hard to identify, the music as a whole seemed gentler, taking into account the makeup of this older audience. -- Deb Lindenlaub



AN UPDATE ON THE UP GARDEN PLOTS

Have you never made a trip out to the garden area early in the morning? I want to tell you it is worth your effort. JIM and BETTY KREMER'S Lillies are just starting to bloom! The colors are lovely! Always a surprise and special. Kremers had on their farm 40 different varieties of hybrid lillies and they have filled 2 garden spaces with them and also planted some out front to bloom after the iris were finished blooming. And Betty says the ones in the gardens are of several different varieties and will no doubt bloom off and on through most of July so do go out and enjoy them sometime.

ADA JONES planted snow peas in her garden plot # 9, the last day of March and for the last two weeks they have been producing nice tender green snow peas which are so tender you can eat them from the bush. As soon as they are finished she will pull out the plants and you will be able to see her zinnias and bells of Ireland that are also blooming now. Many gardens have 3 to 6 tomato plants, which are doing nicely and on which green tomatoes are starting to set. With good luck we should have wonderful ripe tomatoes to give away in August! As you walk down the path of the gardens you will see some beds in all kinds of colors and some surprises which will make you ask, "Well I wonder what that is?" So as I suggested do take a walk out that way and enjoy the efforts of all our busy hardworking gardeners.

-- Ada Jones



July UP Beat 2016

THE GREENEST GREEN HERON

On Tuesday morning, June 7, 2016, The Walking Club participants with Andrew Airey were resting on the bench which overlooks UP's east pond and Lindberg Road. Someone said, "Look at that bird." Soon all eyes were fixed on a beautiful emerald green medium-sized heron-like bird. None had seen such a gorgeous bird, smaller than a Great Blue Heron, somewhat larger than a Green Heron (which is more black than green). As they continued to watch, the water became calmer, and a rope was spotted between our mystery "bird" and the pond's fountain. Not a bird but an anchor? Take a stroll, rest on that bench and enjoy the whatchamacallit's lovely green color.



WHAT'S BUZZIN CUZZIN?

Did you know- every year, July 24th is celebrated as Cousin's Day! This day is dedicated to the wonderful people who help us endure all the family get-togethers, and holidays, and make our lives so much better! If it wasn't for cousins, these family events would be much, much longer.

Cousin's Day honors your Aunt and Uncle's kids. This is a great day for your cousins. If you have cousins that means your cousins have cousins. And, that's you! Therefore, today is your day, too. Celebrating should be nothing but fun. Get together with your cousins, do anything you want to do..... as long as it's a fun time spent with your cousins.

Mel Is Glad, But We're So Sad

After 13 years at University Place, Mel Brutsman, Event Coordinator and Dining Services Manager, has achieved retirement. We planned a big "Surprise!" party for him which he was polite enough to pretend was a surprise, as if he didn't know what was being cooked up right under his nose. Half our tears were for our losing Mel, and the other half were happy tears for his new free time. The large Great Room was packed solid. Retirement decorations abounded. Sam Postlethwait had framed many enlarged photos of Mel's events over the years, for Mel to keep. Some of Mel's children were able to come, and finally his wife Gracie arrived, along with people from their church and from their career in restaurants in town and within Purdue University. Many of Mel and Grace's children also worked here at University Place.

Many residents and guests walked up to Mel to greet him and share memories. He must have been exhausted. When a microphone was found, even more people began to tell their tales about their time with Mel. We should have let him sit down. Eventually we learned that Mel will stay on the job for two more weeks, until July 5, while he trains a new person. There will never be another Mel, so we are in for big changes, but maybe that will help to keep us young. We took him for granted sometimes but we will always remember the parties he presented for us, the banquets, the residents' individual anniversary, birthday and funeral meals, the parties with themes from various countries around the world, and the countless servers he trained so that they could afford school or eventually move on to full time jobs. We say Well Done, Mel.

You gave us more than anyone could deserve. Please stop by and sit down to meals with us when you and Gracie are out and about.

Mel is remembered for his church community work, and he isn't slacking off. Perhaps he never took up golf, for instead of golfing, he is opening an Airbnb in their home. We had to learn what that it is; a Bed and Breakfast for people who fly on airplanes (?) or perhaps are guests of local people holding a wedding. The best part is that if they want time off, they can just not book guests for those days.

-- Sandra Weinhardt



COLUMBIAN PARK **ZOO AT UP**

We were truly warned! Katie had her 4 covered zoo cages ready for us on June 21, and started her visit with letting us know that one of her animals was a snake, and one was extremely LOUD - at which point something did indeed let loose with a very sudden, very piercingly LOUD screech!

This happened often enough that we'd almost forgotten, as Katie proceeded to tell us about her first (Sudden scream!) animal, a no-touch MEXICAN RED-KNEED TARANTULA, Aranja. From Mexico, she did indeed appear to have bright red knees. Being venomous, she attacks using her under-belly hairs to project an irritating venom. More females than males, since she eats the male after mating. (Another sudden loud outburst!)

Opie, a VIRGINIA 'POSSUM then made a sleepy appearance, being nocturnal. He was only the size of a jelly-bean when born and spent his growing up in his mom's pouch. He doesn't hang upside down by his tail because he's too heavy, his tail being used mostly for balance. Evidence of a possum's being in the vicinity is a destroyed garbage bin as he looks for bits of human food as they eat anything a human eats.

Sylvester is a BALL PYTHON, a boa constrictor, with absolutely beautiful bright black and brown markings. Since he spends time both on the ground and up in the trees, his coloring serves as camouflage in either area, and since he doesn't see well he used his keen sense of smell to help locate food. He must maintain an optimal temperature either by sitting in the sun to get warm, or in the shade to cool off. For protection he curls

up in a tight ball with his head down in the middle; it is nearly impossible to pry these hard muscles apart.

And finally - the screecher makes his appearance! This is Sylvester, a brilliant South American BLUE and GOLD MACCAW. With the intelligence of a 3-5 year old child, he knows how to get what he wants. He craves attention, as evidenced by his vocalizations while in his cage and unable to see humans. Once out on his perch, he was silent! His 'time out' punishment is to put him on the floor and ignore him, thus denying attention. Being ill-equipped to survive out in the wild his wing feathers are clipped to prevent flying. Katie said that if you ever see a flock of these parrots flying, the two flying while touching wingtips are life-long mates. Sylvester's zoo mate is Emmy who grooms and cuddles him. Katie said that when a mate dies, the survivor is very affected, may go into a deep depression actually; eventually there may be a new mate.

HAPPY 70TH WEDDING **ANNIVERSARY TO** **JIM & BETTY ERTEL**



UP TRANSPORTATION DEPARTMENT



SUE ELLEN MARTIN was born in Lafayette; she had three sisters and a brother. Sue attended school in Montmorenci for six years and graduated from Benton Central High School. After serving at Stiney's Restaurant and baby-sitting, she began her health care career at Heritage Health Care. After 8 ½ years there, she had achieved certificates for Activities Director, Nursing Assistant and a Commercial Driver's License. Sue has worked for the Franciscan Sisters for seventeen years, first as Activities Director at Saint Mary's Healthcare in Lafayette and eleven years in Transportation and Life Enrichment at University Place. Sue shares her Klondike Road home with her daughter and grandson but calls herself an "animal nut" so two dogs, two cats, two rats (one is a hairless rat), one Macaw and a Bearded Dragon also make their home with her. She collects pink pig figurines plus a few which are black and white. Sue enjoys recreational riding on her Three Wheeled Scooter (like a three wheeled Moped) and sometimes rides to work on it although it won't go more than 40 mph.!



RICHARD "RICH" MUSTON was born in Lebanon, IN, second oldest of thirteen children. After graduating from Zionsville High School, he spent three years in the U.S. Army as an Infantryman in Viet Nam and served a total of thirteen and a half years in service. Rich then spent a number of years driving eighteen-wheeler trucks, as a driver for the Lafayette Senior Center, and for a transportation company called "Where To?". Rich has been a UP driver plus working three days a week in Housekeeping since November, 2014. He lives on Morehouse Road with his two dogs and two cats. Rich has a daughter in Lebanon, Indiana, and two grandsons. His older grandson is studying veterinary medicine in Texas; the younger is undecided and presently at Vincennes University. Rich enjoys working in his yard and grows tomatoes, potatoes and beans in his garden. He loves NASCAR and goes to the Brickyard 400 every year. Joey Lagona is Rich's favorite driver. But Sue and Rich are our favorite drivers!



Alzheimer's Awareness

On June 6, 2016, Nancy Eberhard initiated our University Place campaign to raise funds to support Alzheimer research with a week of special activities.

To start the program Fred Fredericks gave an overview of his experience caring for his wife, Marsha. Fred was particularly grateful for the support of Brain-Builders for Marsha and the Circle of Friends that he attended. This program has participants who meet here regularly every Tuesday and Thursday from ten to twelve. Fred was also grateful for learning patience and what to expect at different stages of his wife's illness. He is thankful for the kindness and understanding shown by U. P. residents and staff. He urged us to reach out to the participants who meet here regularly.

Claudia Mornout, a Purdue Clinical Professor, continued the program. She is the Director of the Brain-Builders Project. She summarized the history of Alzheimer's disease and characteristics of different stages of its progression. Presently the disease is treated experimentally with advisors and care-givers focusing on achieving the best quality of life at each stage of mental decline in the patients.

The most useful information presented were the following ten tips to reduce cognitive decline:

1. Engage in regular cardiovascular exercise
2. Take a class, formal education
3. Quit smoking
4. Avoid obesity, high blood pressure, and diabetes
5. Avoid head injury; wear a seat-belt, helmet if riding bike, take steps to avoid falls.

6. Eat a balanced, nutritious diet
7. Get enough sleep; take a nap
8. Seek treatment for depression, anxiety, and other mental concerns
9. Stay socially engaged; make a friend
10. Do something challenging; master a new hobby

There are many types of dementia, but it spares none. Research is desperately needed to deal successfully with Alzheimer's disease.

-- Marion Baumgardner

Obstacle Course/Relay Races for Alzheimer's Week at UP

It was a bright, warm, sunny, breezy, Thursday afternoon on June 7, 2016, out on the UP patio as 6 teams of 2 persons each, got ready. Each person wore a colorful lei designating his/her team: either pink, orange, yellow, green, blue, or black. The first 2 up - "on your mark, get set, and GO!" yelled Leslie Dezarn. Announcer David Kinder provided minute to minute coverage of the races as the tricycles were furiously peddled up the sidewalk to the first marker; off the bike and into the potato sack and hopping (sort of) to the 2 darts to be tossed into a circle; at this point the team-mate took over to hit a ball with a swim-float bat, then on to the bag of crepe-paper rolls, one of which was used to wind 10 TIMES (count them!) around two team wrists before they dashed over the finish line. The Yellow team won first place, but each team got a ribbon. Decorations consisted of pink flamingos lining the route, and a bubble machine added to the fun. The 6 designated glass containers into which people placed bets on the winning team, added up to \$249 for the association. -- Deb Lindenlaub



ALZHEIMER'S ASSOCIATION FUNDRAISER

Residents and staff were treated to a mid-afternoon snack in the lobby of University Place on Wednesday, June 8th. Nicole McBee, Victoria Grey, and Umberto Mendez dished up generous serving of vanilla ice cream for a donation of \$4.00. A variety of toppings were arranged on a table by Leslie Dezeran to allow us to make our own flavored sundaes. Everyone enjoyed the treat and social time.

Thanks to the Glovers for the donation of several tubs of ice cream. We raised a total of \$660.42, for the Alzheimer's Association. This is part of the fundraising continuing from June 6th, through June 10th. -- Melva Esch

1950's Dress-Up Throwback Party



In the early afternoon on Thursday, June 9th, Ron Stroup and Betty Bennett judged nine (9) contestants dressed-up in 1950's attire. Leslie MC'd the event and provided Lawrence Welk type bubbles for every entrants' performance. Nineteen (19) residents attended this fun contest. The judging was very difficult and three (3)

finalists were chosen namely, Nicole, Rose and Sue (unfortunately no men entered this competition). The finalist was chosen by audience applause and it turned out to be our outgoing Life Enrichment Director, Nicole. Afterwards, Fred Fredrickson offered rides in a red 1960 Ford Sunliner convertible. A good time was had by all; however, it's too bad that a man or two didn't participate and that the audience was not better attended. -- Ron Stroup



COOK-OUT BENEFIT



Friday, June 10, 2016, IL residents enjoyed a delightful cookout on the patio to close our Alzheimer's Awareness Week and to kick off the summer season. Despite the sultry summer temperature of 90 degrees, about twenty residents braved the heat to enjoy lunch under the umbrella tables on the patio with others retreating to cooler environs in the Bistro. Umberto manned the grill serving up delicious hot dogs with the choice of seeded or plain bun; Nicole offered toppings of pickle relish, chopped onion, mustard, ketchup, assorted chips and choice of M&M, sugar, chocolate, or oatmeal raisin cookies.

Lemonade and raspberry iced tea completed a fun way to raise money for Alzheimer's with lunch for a five-dollar donation. Thank you to all who participated and gave generously this week.

-- Karen Byrd

Bernie Zook at the Memorial Day Celebration in front of a patriotic display in the main lobby.



CONCLUSION

This is the last of the Alzheimer's Awareness Week activities which were held to fund and support research for a cure. So far, UP has reached a part of their donation goal with all of the activities of the past week.





The University Place Softball Team

GETTING TO KNOW YOUR NEIGHBORS



The first issue of UP BEAT was November 1, 2003. Getting To Know Your Neighbors became a regular feature in 2006. As a result, a few current residents have never been written about, for instance, Russell H. Hart, Jr. Russ and his Scotty, Lady Angus, moved into their Garden Home at 2228 Franciscan Drive in July, 2003, from his Green Meadow home of the past 39 years. His wife, Mary, had died in December, 2001. Russ and his younger brother, Sam, were born in Chicago, Illinois, and therefore are lifelong Cubs fans. After Russ completed eighth grade, his family moved to Flossmoor, Illinois, from which Russ commuted by train to Thornton Township High School in Harvey, Illinois. Russ made the high school morning PA announcements, announced at football games, was in one school play, and was active in the Flossmoor Community Church. After high school Russ entered DePauw University where he lived in the Lambda Chi Alpha house and was its treasurer for two years and president during his senior year. In February of his senior year he met Mary Gehres at a fraternity party; she was a DePauw junior who had completed two years at William Woods College in

Missouri. Russ completed his A.B. in Economics in 1950. He was hired by General Electric and entered its training program in Bridgeport, CT. After her DePauw graduation, Russ and Mary were married in June, 1951. They lived in Chicago where he worked for GE until inducted into the Army in August 1951. After basic training at Camp Breckenridge, KY, Russ was assigned to Army Audit Agency classes at Fort Harrison, Indianapolis, and later assigned to Camp Atterbury, IN; after these and assignments at Fort Sheridan and Fort Harrison, he remained at Camp Atterbury until discharged in August, 1953; he then enrolled at Indiana University School of Law in Bloomington, graduating in January, 1956. He worked for the School of Law until after passing the Bar in April and starting his career in Lafayette with Stuart & Branigin LLP law firm. He was hired by the late UP resident George Schilling and was the firm's seventh lawyer; now it has more than thirty. Mary had been working at an Indianapolis printing company and then in the chemistry library at Eli Lilly Company until Russ went to law school; during that time she completed an M.S. in Chemistry at Indiana University and acquired a teaching certificate from Purdue in order to teach math at Sunnyside Middle School. She was a stay-at-home mother and community volunteer after their first child, Holly, was born in 1958. A graduate of DePauw and Indiana University School of Law, Holly is Chief of Staff and General Counsel for Lumina Foundation for Education and lives in Indianapolis. Her brother Bob arrived in 1960; he is a graduate of DePauw and Indiana

NEIGHBOR (cont'd)

University School of Medicine and is an urologist living in McLean, Virginia. Andy was born in 1964; a graduate of Purdue University and Indiana University School of Medicine, he practices Internal Medicine in Lafayette at IU Health Arnett's Greenbush Street offices. Russ has seven grandchildren. He retired from Stuart & Branigin in 1999 where his distinguished career included associations with Tippecanoe and American Bar Association and President (1987-1988) of the Indiana State Bar Association; President, 1995-1996, of the National Association of Railroad Trial Counsel; President of the Defense Trial Counsel of Indiana; Fellow of the American College of Trial Lawyers; International Academy of Trial Lawyers; International Society of Barristers; Indiana Bar Foundation; American Bar Foundation; Indiana University School of Law Academy of Law Alumni, 1997. In 2007 Russ received the Legendary Lawyer Award. He has served Central Presbyterian Church as an elder, deacon, trustee and president of the Board of Directors of Central Presbyterian Foundation for over 20 years. Russ enjoys fishing and photography; frequent subjects are the Bald Eagles, which have been nesting on his island since 1972. Mary's parents bought the five acre island at Sioux Narrows, Ontario, Canada, in 1946 which is about ninety miles due north of International Falls, MN. Mrs. Gehres named it Hemlock Island. Russ' first visit there was in 1952, and he has vacationed there every summer since then except 1958 and 2015.

Barbara Hobbs Barnes, a welcome frequent visitor to University Place, moved into 2228 Franciscan Drive in November,

2015, from her lakeside home of the past forty years in Indianapolis. Barbara and an older sister and brother were born in Danville, IL. The family moved to Indianapolis when Barbara was five. She was in the choir and Sub Deb Club at Arsenal Technical High School until moving to New York to finish high school and help her sister, a busy minister's wife with a new baby. Barbara stayed, worked two years as a medical secretary and assistant, returned to Indianapolis and worked two more years as a medical assistant before working at Eli Lilly Co. A friend arranged a blind date for Barbara with Dick Barnes, a Purdue mechanical engineering graduate who served during World War II and then earned an MBA from Indiana University. He and Barbara were married in 1951. While working four years at Eli Lilly, Barbara became a close friend of Mary Hart. Dick and Barbara's first visit with Russ and Mary at Hemlock Island was in 1952 and recurred many times as did the Harts' visits to the vacation condo in Marathon, FL, which the Barnes bought in 1976 to enjoy boating and fishing. Dick Barnes retired from Stone Industrial after thirty-four years and worked ten years longer as a manufacturing design engineer. He died in 1998. Barbara and Dick had two daughters, Janet of Alameda, California and Jenny, in Carmel, Indiana, the mother of Barbara's two grand-daughters: Cassidy, who will be a Butler University freshman this fall, and Zoe, who will be a freshman at Carmel High School. Barbara was active in her church, a member of P.E.O., loved Bridge and especially golf. Barbara, your neighbors are so happy to have you living here full time!

MELVA ESCH'S COLLECTION CASE

The first angel that I received was from my Dad when he went to Walla Walla, Washington, to visit his brother in an army hospital after he was injured in the war. Something happened to that angel as I no longer have it. I have been collecting for over a period of about 70 years. I wish I would have put a sticker on each one as I added them to my collection to remember where they originated. My husband, Harold, bought some of them as a memory of some of our trips, others were gifts from elementary students, family, friends, children and grandchildren. My daughter and daughters-in-law packed my angels very well for the trip to University Place so although some are very delicate they arrived in very good condition. My youngest son has made several shelves over the years to display them. One of the "special angels" has the name "Harold" on the front of it. We found that at the Precious Moments in Carthage, Missouri, on our way to Branson, Missouri.

-- Melva Esch



PASSAGE TO THE MIDDLE EAST AND SOUTHEAST ASIA

On June 14th about 40 people gathered in the Great Room to travel with the BERNIE and ELLIE ZOOK to the Middle East. It was the beginning of a 113-day trip aboard the Holland-American Line ship, the Rotterdam. They boarded their ship in Southampton, UK, in January and began the trip by crossing the Bay of Biscay.

The first port of call was Lisbon, Portugal, touring many beautiful cathedrals. They also marveled at how the cobblestone streets were laid out in a pattern of waves. This gave you the optical illusion of NOT walking on a level street.

They then traveled though the Straits of Gibraltar, separating Spain and Morocco. Next port was Malta, as this was very important in WWII, it held many stories of the St Johns hospitals and again beautiful cathedrals. On the Island of Crete they had to change their tour plans due to snow in the mountains.

Entering the Suez Canal, which was open in 1869 by the French, they traveled a full day. There are no locks on this canal and one side is all sand and the other side is lush and green due to the Nile delta. Oil is the biggest product shipped on the canal. The U.S. Navy is in charge of keeping the sea lanes open and safe.

As they sailed the Red Sea for eight days, the next port was Muscat, Oman. As they discover of oil and natural gas in the 1960s in Oman, all of the buildings and everything is brand new and very modern.

The Zooks then moved on to the cities of Abu Dhabi and Dubai in the UAE. Both cities have new and beautiful buildings. No expense is spared on the UAE buildings. Dubai has the tallest building in the world

Bernie and Ellie took the elevator and in just a few seconds they stepped out on the 124th floor of this building. The view was amazing! As the UAE know they may run out of the oil production, they are now focusing on building a tourist trade and financial center. Eighty-five of the populations are guest workers. Dubai is one of the most expensive cities to live in or visit. An average hotel room may rent for as much as \$6000 a night.

They then sailed on to Yangon Myanmar (formerly Rangoon, Burma) and toured the Schwedagon Pagoda. Bernie said it is the most beautiful building he has ever seen, and is most enchanting lit at night. The Pagoda is covered in gold (measured in tons not ounces) and 4000 diamonds. Each nook has a different Buddha to worship.

This was the end of part one of their trip and we can't wait to enjoy another evening with the Zooks and finish the trip with them.

--Wayne and Linda Firestone

SUMMER PARTY ON THE IL PATIO

On Tuesday, June 21, to celebrate the summer solstice (the longest day of the year), UP residents were treated to a picnic buffet featuring oven-fried chicken and pulled pork. Many took advantage of the warm, but pleasantly breezy, evening to eat their dinner on the patio under a tent. During our meal, we were entertained with Jeff's guitar playing and singing - mostly of songs that were familiar to us. After finishing our meal, a quite appreciative audience engaged in a sing-along with Jeff.

-- James BeMiller

Dry Tortugas National Park



Dry Tortugas National Park is a national park in the United States about 68 miles west of Key West in the Gulf of Mexico. It can only be accessed by boat or seaplane. The park preserves Fort Jefferson and the seven Dry Tortugas islands, the westernmost and most isolated of the Florida Keys.

Dry Tortugas National Park is known for its spectacular coral reefs teeming with aquatic life. This national park protects a seven-key (Garden, Loggerhead, Bush, Long, East, Hospital, and Middle) archipelago in the Gulf of Mexico with 64,700 acres.

Construction on Fort Jefferson began on a reef known as Garden Key in 1846. At the time of the Civil War, the fort was home to over 1,700 military and civilian people. Soldiers who disgraced themselves by deserting the Union were sent to the military prison at Fort Jefferson. A few civilians were also locked up there.

Fort Jefferson National Monument was designated by President Franklin D. Roosevelt under the Antiquities Act on January 4, 1935. The monument was expanded in 1983 and redesignated as Dry Tortugas National Park on October 26, 1992, by an act of Congress. Dry Tortugas is managed by the staff of Everglades National Park. The park was established to protect the island and marine ecosystems of the Dry Tortugas, to preserve Fort Jefferson and submerged cultural resources such as shipwrecks, and to allow for public access in a regulated manner.

The park is noted for abundant sea life, tropical bird breeding grounds, colorful coral reefs, and legends of shipwrecks and sunken treasures. The park's centerpiece is Fort Jefferson, a massive but unfinished coastal fortress. Fort Jefferson is the largest masonry structure in the Western Hemisphere, and is composed of more than 16 million bricks. Dry Tortugas is unique in its combination of a largely undisturbed tropical ecosystem with significant historic artifacts. This park averages 60,000 visitors each year. Activities include snorkeling, picnicking, bird watching, camping, scuba diving, saltwater fishing and kayaking.

The Dry Tortugas are classified as a borderline sub-tropical-tropical ecosystem, hosting species that do not breed or are uncommon anywhere else in the continental United States. It has an official bird list of 299 species, and also is home to many seabirds. Visitors are not permitted on some of the islands within the park to protect birds that are laying eggs.

--Betty Wade

SUMMERTIME IN INDIANA, 2016



"It's a smile, it's a kiss, it's a sip of wine, it's summertime!" -- Kenny Chesney

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