



April 1

# APRIL 2016

April 22



April 10

## U niversity P lace BEAT

April 22



April 15



The pictures below are Spring flowers and decorations that welcome people through the various entrances at University Place.





# APRIL HAPPY DAYS 2016



## HAPPY BIRTHDAY

01 Karen Bogan  
07 Jim BeMiller  
09 Opal Reiff  
12 David Landgrebe  
15 Max Jackson  
15 Marj Mannering  
16 Sam Postlewait  
23 Haines McKibben  
26 Ella Sheehan  
30 Dee Cox-Peterson



## HAPPY ANNIVERSARY

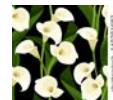
10 Maralee & Marion Baumgardner  
15 Emma & Harley Frey

**Consider making a donation  
to the UPR Foundation on  
your friend's or loved one's  
special day.**

Happy Birthday to all AL and HC residents who have birthdays in April.



**“The life of the body is the soul; the life of the soul is God.”**  
~ St. Anthony of Padua



Because the University Place population changes almost daily, if we did not include your happy date, we are sorry and would like to be notified of the omission. Regarding IL & GH call Beth Brumit, 463-0203; for AL & HC call Concierge, 464-5600.



## **FIRST FLOOR NEWS**

Congratulations to JEAN CHEW for being the lucky resident to have had her name drawn to receive a dinner for herself and three friends or family members hosted by Chef Joseph, for having completed her resident satisfaction survey on time.

On March 9, 2016, at about 11:00 p.m. MARY and KARL ZOLLNER found the hard way that the emergency pull cords in our bathrooms do now work as was recently announced. These are the cords that for so long had the sign on them stating that they are "Out of Order". Karl was starting to get ready to go to bed. With his bad back and knee he braced himself on both sides of the walls to pull himself up off the toilet seat. In doing so he must have inadvertently pulled the emergency cord with his left hand. Within a very few minutes there was a knock at our apartment door. While we were red-faced with embarrassment the very friendly nurse on duty said we shouldn't be because we were not the first ones to whom this has happened and she was more than happy to come over to check out the situation. We were glad to see the response was so rapid.

Take down all of your "Out of Order" signs if you have not already done so.

--Karl Zollner

Before he left for Texas Tom Kelly asked me to take over his role as the U.P. punster. I objected indicating that I am not very good at puns even though Mary and I have a son who is excellent at verbalizing puns. That said every so often I will come across one that tickles my fancy. When that happens I will share it with all of you. The following is the latest: "A man entered a local

newspaper's pun contest. He sent in ten different puns, hoping that at least one of them would win. Unfortunately, no pun in ten did." --Karl Zollner

## **SECOND FLOOR NEWS**

CLIFF and DORIS SWENSEN want to thank the residents who inquired about the state of their granddaughter's house after they experienced a fire before Thanksgiving. Allen woke about 3:30 a.m. to the smell of smoke. He got up to investigate and encountered smoke coming up the stairs. He immediately went back up, yelled at everyone and managed to get Karen, the baby and Evie and Charlie outside. That happened to be a cold night -9 degrees. They were in their nightclothes and barefooted. They were in the car quickly. The fire department arrived in a matter of minutes. Floors were removed, both on the 1st floor and in the basement. Some structural damage needed to be repaired and it meant they were living in a motel for three months. They were grateful for their safety but being in a motel with three small children and a dog was challenging. They are now in their house, unpacking boxes and the house looks beautiful. They are extremely grateful.

-- Doris Swensen



### **THIRD FLOORS NEWS**

This Easter tree welcomes visitors, friends and residents to the 3rd floor.



### **GARDEN HOME NEWS**



### **CAR CLUB AND ACTIVITIES KEEP UNIVERSITY PLACE RESIDENT AND PURDUE GRADUATE FRED FREDRICKS BUSY**

As a member of a local car club, University Place resident and Purdue Graduate ELDON "FRED" FREDRICKS" enjoys driving his 1960 convertible and making road trips with friends. And because Fred is living a maintenance-free lifestyle at University Place, he has more time to enjoy his favorite hobby.

"If the bathroom faucet is loose, I put in a work order and someone shows up and tightens it. Essentially, everything is done for you. If the roof goes bad, I don't have to replace it. University Place will. I have a

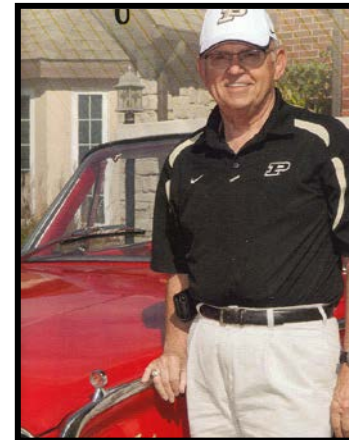
nice lawn with no effort expended. Basically, no tools needed," Fred said.

While he has a passion for cars, Fred also takes advantage of life-enriching activities offered at University Place.

"There are activities for everyone and they are going on all day. It is like living on a cruise ship that never leaves port," Fred said.

Come see for yourself why University Place residents, like Fred, appreciate the freedom that comes with a maintenance-free lifestyle by calling (765) 464-5611 today to schedule a personal appointment.

The article you just read was from the January/February 2016 issue of the PURDUE ALUMNI MAGAZINE in which Fred Fredricks was featured.



Almost 39 years ago DICK and MARILYN LAHR moved to West Lafayette where as Indiana University graduates, they enjoyed usually friendly rivalry with almost everyone they met here in Purdue territory. Imagine Marilyn's surprise since March 19<sup>th</sup> to find herself, a New Albany High School graduate, as a rival of Tippecanoe County's McCutcheon High School fans in competition for the IHSAA Class 4A boys' basketball championship. Final score on March 26: New Albany Bulldogs 62, McCutcheon Mavericks 59.

**A MESSAGE FROM OUR**  
**UNIVERSITY PLACE**  
**EXECUTIVE DIRECTOR,**  
**DAVE KINDER**



As winter turns to spring and nature comes to life again, so do changes occur at University Place.

I know some of you are going to be cynical and say the Executive Director position has become a bit of a revolving door at University Place and it does not matter what season it is. Hopefully, I can make this one permanent change and ease everyone's mind about the leadership at University Place.

You have all been so kind to me and have welcomed me with open arms. I could not have asked for a better reception from the residents and the staff. In case I have not told you personally, I feel very much at home here and I plan to make this my working home for quite a while.

Before arriving here, I had a feeling the management team was fairly new to University Place. Just for fun, the management team did a visual experiment early in March. We placed pieces of tape on the floor. Each piece of tape represented a year of existence for University Place. The staff then stood on the year representing when they were hired. Half of the staff had eight or more years of experience, while half of the staff

had less than one year of experience at University Place. There was no one between one year and less of experience and eight years of experience. The experiment showed a seven year span that did not include any management personnel.

Is this good, or is this bad for University Place? Although I would like to see a steady progression of management team staff for every year, I believe a staff without as much experience in one place brings a different perspective because they are not as ingrained in doing things the same way. On the other side, an experienced staff brings a lot of stability and knowledge to each conversation.

"Because that is how we have always done it," is not an acceptable answer to me. I want to know why we (the management team) are doing procedures and protocols that are in place. Unlike the seasons, everything does not need to change. Change is not always a bad thing either.

When I arrived, I told the staff I would not start making any changes until May. I do not believe in making changes just to change things. At the same time, I want to make sure we are following best practices and being competitive in the marketplace. I do not yet see a need for sweeping changes, but I am looking at areas that need tweaked.

Thank you so much for this opportunity to serve you. A couple of you have mentioned you have tried to see me, but I "was out running around the building." You will see me outside of the office quite a bit. I do look forward to getting to know all of you better. Enjoy the spring.



## **MY DAILY PRAYER**

Gracious God, thank you  
for the gift of today.

May my living today  
reveal your goodness.

Refresh me; invite me  
to discover your presence  
in each person I meet,  
each event I encounter.

Teach me when to speak  
and when to listen,  
when to ponder and  
when to share.

In moments of  
challenge and decision,  
attune my heart to

the whispering of Your wisdom.

As I undertake ordinary and  
unnoticed tasks,  
gift me with simple joy.

When the day goes  
well, may I rejoice!

When it grows difficult,  
surprise me with new  
possibilities.

When life is overwhelming,  
call me to Sabbath  
moments to restore

Your Peace and Harmony.

And please, make me a blessing to  
someone today.

Submitted by: Spiritual Life Committee

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## **UP'S EASTER BRUNCH**

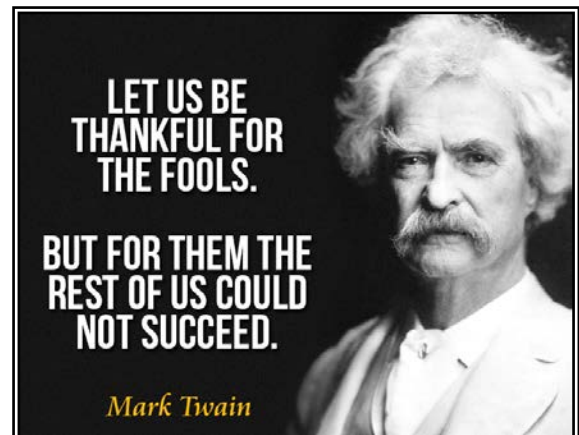
On March 20, 2016, approximately 310 residents, friends and family members were greeted in the lobby by the beautiful ice sculpture wishing each of us a Happy Easter.



We indeed enjoyed the tasty foods that had been prepared for us such as deviled eggs, Harvard beets, corn

pudding, sliced ham with a raisin sauce if we wanted the sauce, sliced lamb plus a green mint sauce, a delicious pretzel jell-o salad, muffins, and the fixings for strawberry short cake to make our own dessert. There were many other items available, but I only named those I particularly enjoyed as being special.

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# **THE BULLETIN BOARD**

## IMPORTANT MESSAGE FROM THE WELLNESS NURSE

I regret to tell you that the Wellness Nurse through St. Elizabeth Home Care is coming to an end on April 14, 2016, which will be my last day. I thank you all for your warm welcoming and support. You need not to worry because you have a great administrator and Director who will make sure the Wellness Program will continue serving you. I will miss you greatly.

Love, Maria Palmeier, RN.



## APRIL EVENTS

- April 6 - 2:30pm ED/ED Room Katie Bunder, representing Food Finders
- April 7 - 7:00pm GR/ED Room Greg O' Haver
- April 13 - 11:00am GR/ED Room Missioning Service,
- April 13 - 6:30pm GR/ED Room Bluegrass/Gospel Songs
- April 15 - 10:00am GR/ED Room Volunteer Breakfast
- April 16 - 2:00pm GR/ED Room 50th Anniversary party for Emma & Harley Frey
- April 19 - 3:00pm GR/ED Room Columbian Park Zoo Animals
- April 22 - 10:00am GR/ED Room Early Voting



## UNIVERSITY PLACE SOFTBALL

The UP softball team will begin practicing in April to start playing ball in May. Good Luck to our UP Team!

-- Audrey Roberts

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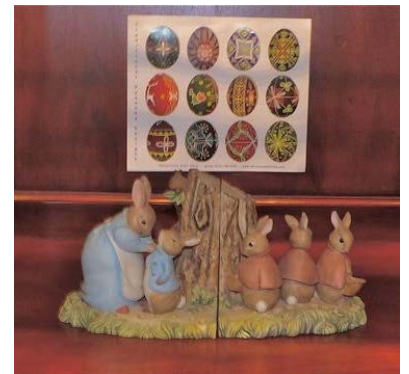
## Taizé Information

Sunday April 10, 2016, at 1 p.m. the 35th Annual Greater Lafayette Holocaust Remembrance Conference at Fowler Hall, Stewart Center, Purdue University, opens with prayers, candle lighting, the Bach Chorale Youth Chorus, the Mayors' Proclamation and Engel Educator Awards. At 2 p.m. hear the guest lecturer, Daniel Mendelsohn, author of *The Lost: A Search for Six of Six Million* about his family's tragic past in World War II. The next Tippecanoe Taizé will be at 7 p.m., April 19, 2016, at Our Saviour Lutheran Church, 300 West Fowler Avenue, West Lafayette. Join us for this inspirational, ecumenical worship service of scripture, prayer, song, and silence. You may sign up for 6:30 p.m. transportation at the concierge desk.

## **JEAN CHEW'S PYSANKY'S EGG COLLECTION**

Jean Chew shared her daughter's Ukrainian Pysanky eggs for a beautiful Easter display during March. Melinda Chew was introduced to the art of Pysanky ten years ago, while living in Columbus, Indiana. She was invited to an evening lesson in a friend's home during the traditional pysanky season of Lent. In three hours she had her first completed egg and was delighted with this new art form. She continued making eggs throughout that first season, one every few weeks, as new 'egg writers' gathered at her friend's home. The following year she began purchasing her own Pysanky supplies, making more eggs, and improving her skills. Over ten years she has completed more than 100 eggs, and has continued to delight in the art of 'writing eggs'. Grateful to the friend who reached out to share this art form, Melinda has paid it forward by teaching many other women and children, by giving public talks on Pysanky and by sharing her eggs with others.

Traditionally, before a Ukrainian woman could make Pysanky, she was supposed to be in a perfect spiritual state of mind. Pysanky were made at night after the children were asleep. Only women in the family could work together and no one else was allowed to peek, because the purpose of creating Pysanky was to transfer goodness from the household to the designs and push away evil. The women in the family asked different blessings for each egg, for they felt their good wishes traveled with every Pysanky. -- Mary Jean Chew





## Opportunities for Exercise at UP

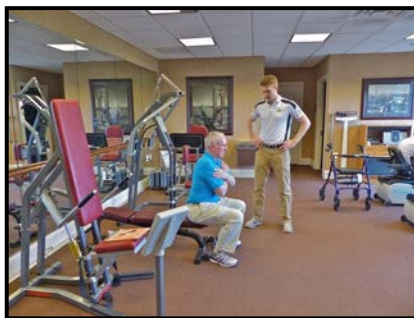
Hi there! In case we haven't had a chance to meet, my name is Andrew Airey and I have been working here at University Place for the past couple months as the new Fitness Director. I have had a great time working with you all so far and I just want to thank you again for how welcoming you have been. I am really excited about what has been happening since I've been here, as well as future possibilities for exercise and living an active and healthy lifestyle! Last Tuesday I had the opportunity to talk at the Wellness Committee meeting where I went into more detail about my background, education and experience. In case you missed it, I'd like to recap some of my thoughts for the UP Beat on what we've been doing lately with my position and where I think we can go in the future.

For the past couple months I have had a great time continuing with exercise opportunities that have been provided in the past. I have been leading Motions and Balance Classes to go along with providing one-on-one training sessions for anyone who is interested.

The one-on-one trainings have been especially encouraging as many are already seeing progress and improvement in such a short amount of time!

Looking to the future I believe that more can be done in providing opportunities to stay active here at University Place. I would love to be able to set up times for different walking clubs and have also thought about utilizing the space outside of the fitness center for activities as well as bringing back line dancing. From new programs to new equipment in the fitness center, all are possible- it just depends on what you want! There are endless amounts of directions which we can go, but ultimately I want to make sure that we are doing what interests the residents.

I am open to any of your ideas and/or feedback. You can contact me at 765-464-5649, [aairey7@gmail.com](mailto:aairey7@gmail.com), or just stop by the fitness center. I also want to add that I still have spots available for one-on-one sessions. If you have an area of exercise in which you would like help, or if you have a specific goal to work towards I would love to be able to help in any way I can. Use any of the three previously mentioned ways to contact me and we can set up a time that works for you! Thanks again and I look forward to getting to know you all. -Andrew Airey



## **APRIL FOOL'S DAY HISTORY AND THEORIES**

References to April Fool's Day can be found as early as the 1500s. However, these early references were infrequent and tended to be vague and ambiguous. Shakespeare, writing in the late sixteenth and early seventeenth centuries, made no mention of April Fool's Day, despite being, as Charles Dickens Jr. put it, a writer who "delights in fools in general."

Many theories have been put forward about how the tradition began. Unfortunately, none of them are very compelling. So the origin of the "custom of making April Fools" remains as much a mystery to us as it was back in 1708.

April Fools' Day (sometimes called All Fools' Day) is celebrated every year on 1 April by playing practical jokes and spreading hoaxes. The jokes and their victims are called April fools. People playing April Fool jokes expose their prank by shouting April Fool. Some newspapers, magazines, and other published media report fake stories, which are usually explained the next day or below the news section in small letters. Although popular since the 19th century, the day is not a public holiday in any country.

In modern times, people have gone to great lengths to create elaborate April Fools' Day hoaxes. Newspapers, radio and TV stations and Web sites have participated in the April 1 tradition of reporting outrageous fictional claims that have fooled their audiences. In 1957, the BBC reported that Swiss farmers were experiencing a record spaghetti crop and showed footage of people harvesting

noodles from trees; numerous viewers were fooled, calling on how to order the spaghetti plant. In 1985, *Sports Illustrated* tricked many of its readers when it ran a made-up article about a rookie pitcher named Sidd Finch who could throw a fastball over 168 miles per hour. In 1996, Taco Bell fast-food restaurant chain duped people when it announced it had agreed to purchase Philadelphia's Liberty Bell and intended to rename it the Taco Liberty Bell. In 1998, after Burger King advertised a "Left-Handed Whopper," scores of clueless customers requested the fake sandwich.

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## **A BEAUTIFUL POEM ABOUT AGING**



Aw, Heck – I Forget!



## **GETTING TO KNOW YOUR NEW NEIGHBORS**



Max and Laura Belle Jackson moved into their Garden Home at 2244 Franciscan Drive on November 20, 2015, from their home of the past twelve years in Bradenton, Florida. Laura Belle and her brother were born in Haubstadt, Indiana, and grew up on her family's farm. Her paternal great grandmother came by ship from Germany to the U.S. with plans to have her two sons come over later; instead, her seven year old slipped away from his older brother and stowed away on the ship on which their mother was. Laura Belle's grandmother's family also came to the U.S. from Germany. Laura Belle enjoyed ten years in 4-H in projects including clothing, baking, crafts, Junior leadership and raised and showed Angus cattle; her brother showed Herefords. From 5<sup>th</sup> grade through high school, she played clarinet in the orchestra and band, held office in the Sunshine Society and was active in the Warrenton church youth group. In 6<sup>th</sup> grade, her 4-H health project won a trip to Purdue University for Laura Belle which lead to her enrolling in Home Economics Education at Purdue after her Haubstadt High School graduation. Max was born

the same year as Laura Belle up in Galveston, Indiana. He grew up with four younger brothers on a farm in Jackson Township of Cass County, Indiana, to which his British ancestors came from Virginia and his great, great grandfather had been a Justice of the Peace. The Jackson farm had dairy, beef and chickens but primarily was a Duroc hog operation. Max showed Durocs in local, county and state 4-H fairs, and in state and national open-class competitions. In high school he played basketball, ran track and cross country, was in the high school chorus, Future Farmers of America and had trips to Purdue for 4-H Round Up. After graduation from Galveston High School, Max went to Purdue for a B.S. in Animal Science. During their sophomore year, Max and Laura Belle met at a Collegiate 4-H skating party at the rink in the Student Rec Center. The following summer they became engaged. They were married the summer before their senior year. After graduation they moved to Crawfordsville where Laura Belle taught third grade for one year while Max was in grad school. They returned to Lafayette for Max to complete an M.S. in Agricultural Economics and where daughter Jenny was born. Their next move was to Morton, Illinois, where Max worked in Farm Analysis Service for 172 farms in Tazewell County. Daughter Daphne was born here. When Jenny was three, after six months back in Indiana where Max managed a large hog operation, they moved to Henderson, Kentucky, where Max worked as an area farm management specialist and also taught one semester of Agricultural Economics at Henderson Community



**NEW NEIGHBOR (cont'd)**

College. Laura Belle taught Home Economics at Henderson City High School. After five years, Max accepted an offer as a partner from a Fort Branch, Indiana, Insurance agency as a partner begun by Laura Belle's father. Max worked there in insurance and real estate from 1972 until retirement in 1994. Laura Belle taught Family and Consumer Science in the South Gibson School Corporation until retiring in 1990. Max played sandlot softball as a child but not in high school as softball season was the busy season on a farm. He played church league and independent league and managed girls' softball in Fort Branch; during their 12 years in Florida he played on independent, travel, and tournament teams; in 2012, 2013 and 2014 his Florida tournament team went to World Senior Games in St. George, Utah. Max also likes golf and to do yard work, but this summer he plans to play with the UP Coed Team, the St. Andrew UMC team, and in the Cumberland Park Senior Ball Games. Laura Belle enjoys genealogy and plans to publish a family history. She does needlework and used to sew - even wedding dresses and draperies. They both are active in their church, and she has done tutoring at their church. They admit to missing the Florida sunshine but are happy to now live nearer their family and enjoy UP's many activities. Daphne is a Purdue graduate in Early Childhood Education and lives with her husband, Dale Budreau, in Fowler; Jenny is a Purdue Pharmacy graduate living in Indianapolis and is a consultant with nursing homes. Max and Laura Belle's four grandchildren are Dale and Daphne's

son Brent, a 2015 Purdue graduate in Agricultural Business Management; Leah is a Purdue junior in Elementary Education; Maria is a Purdue sophomore in Early Childhood Education; Kendra, is a senior at Benton Central High School. Max and Laura Belle, your new neighbors are happy that you are here and heartily say, "Welcome"!

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**Daddy's Going to Eat Your Fingers**

This one is for all who:

- a) have kids
- b) had kids
- c) was a kid
- d) know a kid!

As I was packing for my business trip, my 3-year old daughter was having a wonderful time playing on the bed. At one point, she said, "Daddy, look at this," and stuck out two of her fingers. Trying to keep her entertained, I reached out and stuck her tiny fingers in my mouth and said, "Daddy's going to eat your fingers!" pretending to eat them before I rushed out of the room again. When I returned, my daughter was standing on the bed staring at her fingers with a devastated look on her face. I said, "What's wrong, honey?" She replied, "What happened to my booger?"

--Daddy Unknown

(A Mountain Wings Moment Issue Number 4119)

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**HERE SOON- APRIL 15<sup>TH</sup>**

The only difference between a tax man and a taxidermist is that the taxidermist leaves the skin.

-- Mark Twain

I thought this list of living “Ageless in the Lord” was very interesting and inspiring. As you read over the 25 ways, you might like some of them and not some of the others as we all have different ways to go through life. I liked number 11, 12 and especially number 15. Number 15 says Aging teaches me that the “maturing years” can be my finest spiritual hour. As we are reminded during Holy Week, often things are hardest before we see the joy. Through the many struggles we have as we age, we also have the opportunity to learn from whatever lesson God places before us. So many of you here at University Place inspire me as you go through each day. Some have physical challenges, there are often losses and many other hardships as we age but I am inspired over and over again, day after day as you all show me how your faith takes you through. Thank you for the privilege of serving you here. Your graciousness and kindness inspire me and I am humbled by your care for one another. You will have to look over the list of 25 and see which ones you think are helpful!

Sincerely,  
Nancy Eberhard  
Director of Pastoral Care  
University Place

### 25 WAYS TO LIVE

#### "AGELESS IN THE LORD" BY: RICHARD P. JOHNSON, Ph.D

Aging teaches me....

1. That the true purpose of maturation is gaining closer communion with God
2. That as my body diminishes, my spirit advances
3. To live in a new abundance of inner light
4. To light the path to sacred agelessness
5. To tend the garden of my soul
6. To pursue personal and spiritual transformation
7. To embrace my True Self
8. To step beyond the "fake" of the world
9. The paradox of living; that loss is my primary means for growth
10. To become a spiritual elder, not "an elderly"
11. To become comfortably "Who" I am
12. To seek love everywhere
13. To honor close relationships

14. To live in the holy present moment
15. That the "maturing years" can be my finest spiritual hour
16. The power and necessity of forgiveness
17. That I have no more need for anger
18. The immense value of letting go
19. That I feel best when I give of myself
20. That as I celebrate (not just practice) my faith, I find childlike freshness
21. The true purpose of life...To become "living virtue"
22. The ultimate failure of life is not death; the ultimate failure of life is living without love
23. That my feelings are holy, they give me insight into where I need to change
24. To live life balanced on Christ
25. That as I mature my spiritual pace quickens

## The UP Talent Show

Indeed, it was standing-room only as Karl Zollner once again handily emceed this second annual UP Talent Show on March 10th. Gerri Fish, with one of the OUT OF ORDER signs and an orange whistle around her neck, she welcomed everyone to an evening of fun and talent. John Lindenlaub, our Technical Director, who adjusted each person's microphone for its best sound, escorted Sandra Weinhardt to the microphone for this Singer of Songs who clearly enjoyed singing and sharing her special songs with her audience.

Then, with his wife Esther in mind, Chuck Boonstra read the touching Christmas story of "Esther's Gift" by author Jan Karon.

Chef Joseph Peretin presented another beautiful cello solo, followed by charming Ezra Peretin, age 6 who, with his dad's assistance, demonstrated how to blow up a balloon without using your mouth, with results to everyone's delight.

Next, Deb Lindenlaub read a want ad for a black female "...who would be at the door when you get home from work, wearing only what nature gave me"; Daisy's phone number followed -at the Atlanta Humane Society, that received over 15,000 calls!

Barbara and Marty Becker waltzed beautifully and artistically to the music of "Tennessee Waltz".

"Talking to God" was a skit presented by Barbara Becker, Nancy Hardy, Deb Lindenlaub, Cliff Swensen, and Ron Stoup - in which "...as a reflection of my own name" God created 'DOG'. But Adam became full of pride so God created CAT to teach Adam humility. God was pleased, DOG wagged his tail, "and CAT did not

care one way or the other." Chris Flowers, who serves in the Conservatory, played the piano, a very beautiful and familiar piece of classical music with much difficult finger-work; nervous before such a large audience, Chris had trouble remembering some spots in the music, but his unneeded apology as he left the piano, met with much heartfelt applause of appreciation.

Doris and Cliff Swensen had some sage words of advice on growing old. Doris closed this wonderful evening with stories, one of which took place at a Wal-Mart. At the checkout, her purchases on the belt, Doris placed a divider between her goods and those of the lady behind. Her purchases paid for, the cashier then picked up the divider, looked for the bar code, and finding none asked Doris if she knew how much it was. Doris declined to purchase it after all, and as she left the aisle, the lady behind smiled, knowing just what had happened. The cashier never had a clue! Thus ended a special evening, leaving everyone laughing, happy, and already looking forward to next year's.

Karl expressed sincere thanks, and appreciation for all the hard work, hours, and expertise Gerri Fish had put in to getting this show together. Gerri was pleased, the audience was happy, and the animals couldn't wait until next year!

--Deb Lindenlaub



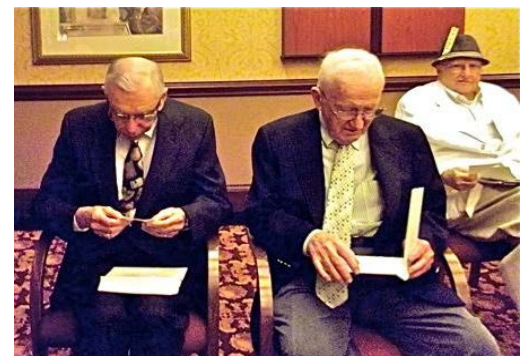


## Murder at UP



She was no Angel in any sense of the word, and deserved whatever she got, this home wrecker! So also felt the murderer who left several clues but was eventually apprehended. Millionaire Vanity Affair had more money than she knew what to do with so decided to have a lavish, post-Oscar Hollywood-themed party. Among the invited A-list celebrities were Dana Darling, Angel Wood's sister Steffi, Jada Broken, Lola and Mario Talent, Bobby Calling a casting director, and Princess Pop; Barbie Doll said she had left Ken at home. As the lights blinked, Angel was struck in the head with her award and killed. Each character had a role to play and there were clues as to who was the murderer. Missing, perhaps, Ronald Frump?? With just a change of clothes and the addition of a wig...many of our neighbors became unrecognizable as each acted out his/her character's personality. It was a different kind of a fun evening, starting with Mel's delicious salmon salad plate, topped off with apple pie and coffee. Serving 30 people, pretty tables were arranged in a U-shape, thus facilitating free movement among the guests. Nicole McBee, and Leslie Dezarn from Life Enrichment, did a great job to keep things moving and everyone guessing and sleuthing until the very end.

--Deb Lindenlaub alias Lola Talent (Mrs. Mario)



## The War Is Not Over

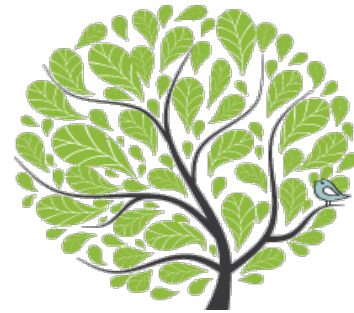
James F. Nettleman was the speaker at the Wednesday Book Luncheon in March. He kept his audience of about two dozen UPers thoroughly entertained by his presentation. He told us his background, he is a chemical engineer and has traveled around the country for various jobs. He works for Lilly where his main responsibility is for the health and safety of the workers. His skill is in communication, so he writes *procedures*. He said his book; "THE WAR IS NOT OVER" was fun for him to write. He told how he suffered from insomnia, always worrying about the next day's work. He decided he had to break that pattern. He always liked westerns, where the hero wears a white hat and the villain wears a black one. He decided to write one of his own. He used his family's genealogy records to choose names for his characters.

His book is about the Civil War. He told of the battle at Tom's River where the conflict was staged cavalry against cavalry; the Union had superior weaponry, the Confederates had better strategy. The Union commanded by General Sheridan won.

First Nettleman had written the history as straight narrative, but was advised by his editor to loosen it up and add dialogue. His hero, therefore, gained a dog companion named Pal to whom he talked (I don't know if the dog talked back). He found a publisher that didn't require him to work through an agent. Copies of his book were available for buying and signing. He said that the neatest thing was when his Dad told him he cried while reading the book. The lunch, as always, was delicious.

-- Audrey Roberts

## Arbor Day



National Arbor Day is the Tree Planter's holiday, and has been celebrated since 1872. It began in Nebraska, a largely treeless plain, back in the 1800's. It is a day to plant and dedicate a tree to help nature and the environment. Millions of trees are planted on this day.

The National Arbor Day Foundation provides millions of trees for planting. It is estimated that 18 million trees are planted each year on Arbor Day. **Did you know?** The Latin word for "Tree" is "Arbor" It is always the last Friday in April. This year it falls on April 29th.

## NATIONAL BEER DAY



On March 22, 1933, President Franklin D. Roosevelt, signed into law, the Cullen-Harrison Act. This act repealed prohibition for beer. Effective April 7, 1933, people could once more buy, sell, and consume beer.

The night before, was called "New Beer's Eve" That night millions of Americans lined up waiting for the stroke of midnight. On April 7, 1993, the first National Beer Day, Americans consumed 1.5 million barrels of legal beer and ale.

Let's all lift our frothy mugs in celebration on this very special day.

## **COLUMBIAN PARK ZOO**

On March 15, 2016 Samantha (Sam) made her first return visit to U.P. since last year. She warned us that the strong odor coming from the largest cage she brought was from the animal in it and not her B.O. I recognized the unique odor immediately since we had the same animal at the Lansing, MI Zoo where I was a docent before we moved. She saved that animal until last to keep people guessing.

The first animal Sam showed was a RED RAT SNAKE. This reptile is also sometimes known as a CORN SNAKE.

This type of snake usually stays under cover during the day and is most active in the morning and the evening. As its name implies it eats small rodents. It is arboreal being adapt at climbing trees where it eats small birds or their eggs. The color of this type of snake varies greatly from one location to another. Sadly it is often mistaken for a copperhead and killed.

This constrictor lays eggs which take about 60 days to incubate. It is often kept as a pet and in captivity it can live to be 20 to 30 years old.

The second animal shown, a spider was a CHILEAN ROSE HAIR TARANTULA. This desert dweller injects its venom into its prey. That dissolves the prey's insides which the tarantula then slurps up. Sam, in response to a question, said she has never been bitten but has been told it would be equivalent to a bee sting and would not be fatal to a human. Tarantulas shed their exoskeleton about 25 times when they grow, until they reach adult size. The females live to about 20 years old, the males only to about four or five. They shed their barbed hairs as a defense against larger predators so we were not allowed to

touch it. They are basically ground dwellers that do not spin webs to catch their prey.

The third animal was a BEARDED DRAGON, a lizard native to Australia. It is a desert dweller. Many are kept as pets. In the pet trade they are bred to be more colorful than their natural sand color. While they do not move much they can move swiftly for short spurts when necessary.

These very curious animals will investigate anything new in their area. They are omnivores that can live to be about 20 years old. When threatened they puff up the skin around their necks and can change the color of that portion of their skin to black to scare off predators.

Before opening the last animal's carrier, Sam assembled a wooden ladder and placed it on the table. I had guessed correctly as the animal was an AMERICAN PORCUPINE. I was surprised that Sam was able to handle it without having quills stuck in her but learned it had been raised to be handled from the time it was very young.

These large rodents are used to colder climates and are active even in the winter.

They are excellent climbers, shown as it climbed the ladder to get the pieces of apples Sam placed at the top. It used its tail when backing down the ladder. Interestingly, it happily ate the apples but rejected the peels. At the zoo they are fed rodent chow along with some fruits and vegetables. They are also given large sticks to gnaw on to wear down their constantly growing front teeth. When threatened they lift up the hollow, barbed quills on their tail. While they cannot "throw" these quills they are extremely dangerous to any predator that gets close enough to touch them. They have guard quills on their back but none on the underside of their bodies. Sam thanked us for being a great audience and we in turn



**COLUMBIAN PARK ZOO****PICTURES**

thanked her for coming and hoped she comes back soon. --Karl Zollner

**NO APPETITE FOR PETS?**

Featuring pet biographies instead of those of new residents began as an April Fool's Day prank in the April, 2004, UP BEAT and then became a tradition. This year we are sorry to report that no new pets have become UP residents. We still remember and do enjoy the presence of many of these well-loved pets: Molly Million, Barney Adams, Meggie, Ralphie and Purdy Wade, Angus Hart, Bitty Ingleman, Patches and Cali Lindenlaub, Heidi Sharp, Sammy McNew, Cally Goffman, Sir Winston Collins, Tanner Beach, Skitz Morse, Kody Schilling, Jiminy Wollan, Nickie Stroup, Yin Winslow-Myers, Mocha and Morgan Hutton Rice, Isabelle and Missy Olsen, Bill, Jr. Weinhardt, Fred Fish, Gabby Kampen, Sebastian Jones, Trixie DeBoer and Willy Suddarth.

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**APRIL FOOL'S DAY WISDOM**

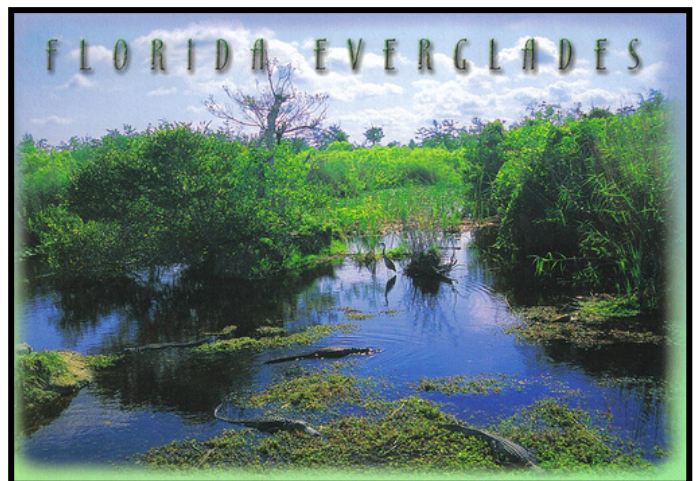
- You can't count your hair.
- You can't wash your eyes with soap.
- You can't breathe when your tongue is out.
- Put your tongue back in your mouth, you silly person.
- The trouble with quotes on the Internet is that you can never know if they are genuine.

## **ONE OF MANY NATIONAL PARKS IN THE UNITED STATES**

A national park that we will be learning about this month of April is the Everglades National Park in Florida. It protects the southern 20 percent of the original Everglades. In the United States, it is the largest subtropical wilderness; it contains temperate and tropical plant communities as well as marine and estuarine environments. It boasts rare and endangered species including the Wood Stork and the American Crocodile. It is the third-largest national park in the lower 48 states after Death Valley and Yellowstone. It has been declared an International Biosphere Reserve, a World Heritage Site, and a Wetland of International Importance, one of only three locations in the world to appear on all three lists.

Although most U.S. national parks preserve unique geographic features, Everglades National Park was the first created to protect a fragile ecosystem. The Everglades are a network of wetlands and forests fed by a river flowing .25 miles (0.40 km) per day out of Lake Okeechobee, southwest into Florida Bay.

The Park is the most significant breeding ground for tropical wading birds in North America, contains the largest mangrove ecosystem in the western hemisphere; it is home to 36 threatened or protected species including the Florida panther, the American crocodile, and the West Indian manatee, and supports 350 species of birds, 300 species of fresh and saltwater fish, 40 species of mammals, and 50 species of reptiles. The majority of South Florida's fresh water, which is stored in the Biscayne Aquifer, is recharged in the park.



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You say you know too little about Gnus? Then here's a tour that should amuse by giving you a few close-up views of what they do at the Club Zoo de Gnus.

There Gnu members pay hefty dues, and ladies always do teas in twos, with fine tea cups in hues of blues. Oooh what posh pastries they choose while they chew over recent Gnu news, like who's got the latest sniffle-y flus or who saw whom on the singles cruise.

In the Grill the gents savor a stew of whatever the chef just slew, with potatoes mashed by his crew, all washed down with Gnuweiser, the club's own brew, and then it's time for an armchair snooze.

Now, aren't you glad you didn't lose this chance to know your local Gnus?

By Robert L. Forbes

**No April Foolin' – read your local news in the UP BEAT!**

**UNIVERSITY PLACE  
1700 LINDBERG ROAD  
WEST LAFAYETTE, IN 47906**