



3/8 Daylight Savings Time

MARCH 2015

3.1415926
π

3/14 National **Pi Day!**



3/17 St. Patrick's Day

U niversity P lace BEAT

3/29 Palm Sunday



3/20 First Day of Spring

MARDI GRAS ACTIVITIES

UP celebrated Mardi Gras on February 17, 2015. Mardi Gras is also referred to as Shrove Tuesday. It consists of events of the carnival celebrations beginning on or after the Christian feasts of the Epiphany and ends on the day before Ash Wednesday. At UP we had wonderful decorations. During and after dinner, Robbyn Freeman, and her brother entertained with participation from Sandra Weinhardt, Barbara and Marty Becker. Chef Joseph and other Associates added to the fun.



-- Doris Swensen





MARCH 2015 HAPPY DAYS



HAPPY BIRTHDAY

- 01 Shirley Raub
- 04 Scott Robbins (AL)
- 13 Virginia Martin (AL)
- 16 Aaron Allen (HC)
- 16 Jean Grimes (AL)
- 17 Mary Jay
- 19 Charles Elliott
- 22 Christine Mills
- 31 Beverly Blume

HAPPY ANNIVERSARY

- 03 Richard and Phyllis Wasson

Leprechauns, castles,
good luck and laughter;
Lullabies, dreams
and love ever after.
Poems and songs
with pipes and drums;
A thousand welcomes
when anyone comes....
That's the Irish for you!



**Consider a donation to the UPR
Foundation in honor of your
or a friend's special day.**



**May good luck be a friend in whatever you do;
May trouble be always a stranger to you.**



Because the University Place population changes almost daily, if we did not include your happy date, we are sorry and would like to be notified of the omission. Regarding IL & GH call Beth Brumit, 463-0203; for AL & HC call Barb Irwin 464-5604.

FIRST FLOOR NEWS

Welcome back, AUDREY and AL ROBERTS! What a day to return to UP along with the March lions roaring!

Pop Pop and Nana Tracer are proud of their grandchildren. At this moment they are particularly proud of Sydney Tracer. Sydney began playing volleyball in middle school. As she grew taller, her skills also improved. As a Freshman at McCutcheon High School she made the Varsity Volleyball team. Mary Lou and Trace suddenly became avid Volleyball fans. Sydney and her teammates had successful high school volleyball careers. Most of the time she played the position of Setter. She has had some great high school coaches. The last two years she was coached by Sara Sutter. In addition to high school Sydney played club volleyball; first she played in Lafayette, and the last two years she played on a club in Indianapolis. She has been very appreciative of her parents' financing and personal commitment to club work volleyball. In club work they had tournaments in Louisville, Chicago, Indianapolis, St. Louis, Florida, and a few other places. On Thursday, January 29, 2015, at McCutcheon High School, Sydney signed a commitment to play volleyball at Davenport University in Michigan for a four year volleyball and scholastic scholarships. Attending the signing in addition to family, grandparents, and cousins were the volleyball team, girls' basketball team and coaches. Also present were Head Coach Megan Lenhart, and Asst. Coach Desiare Hammes from Davenport University. We will miss Sydney while she is in Michigan but hope to see her a few times playing college volleyball.

Sydney has a younger sister, Madison, that will be a junior at McCutcheon High School next year. She will be playing Varsity Volleyball for Coach Sara Sutter, and Grandma and Grandpa Tracer will be present when possible.

Ponder These Thoughts

If you want a little humor to take your mind off the bleak winter weather, consider the following:

- If walking is good for your health, the postman would be immortal.
- A whale swims all day, only eats fish, drinks water, but is still fat.
- A rabbit runs and hops and only lives 15 years, while a tortoise doesn't run and does mostly nothing, yet it lives for 150 years.
- And you tell me to exercise?? I don't think so.
- Just grant me the senility to forget the people I never liked, the good fortune to remember the ones I do, and the eyesight to tell the difference.

Are You Getting Old?

If on some days you feel you are getting older, ask yourself if the following pertains to you:

- You don't care where your spouse goes just as long as you don't have to go.
- You are cautioned to slow down by the doctor instead of by the police.
- "Getting lucky" means you

FIRST FLOOR NEWS (cont'd)

find your car in the parking lot.

- You are not sure these are jokes!
- "Young at heart," means you are slightly older in other places!

--Karl Zollner

February Observations

The outdoor temperature swings and the sunny versus cloudy days this February are what I call roller coaster weather. We have had a few days of relatively comfortable temperatures with the sunshine immediately followed by several days of bitterly cold, windy weather, followed again by nice (for February) weather and then back to extreme cold. However toward the end of the month the roller coaster hit bottom and stayed at the bottom for many days. At least the days are getting noticeably longer. There is hope for spring!

On some of the nicer days I got up ambition to walk around the outside of University Place. Even if I hadn't heard and seen many more geese around recently, the evidence of their presence could be observed on many of our sidewalks. These days the geese seem to congregate around the pond behind the garden homes.

We have a wind chime that hangs outside our bedroom window. We brought it from our yard in Lansing, MI, where it had hung on a black walnut tree. My Dad and I had planted that tree from a nut. That nut was taken from a tree at our cottage at Cass Lake (a tree I had climbed on and fallen from when I was a boy). Anyway, here at U.P. the wind seems to blow harder and more frequently than it did in Lansing. When the chime sounds loudly all night long as it has during several February nights, I worry that it might be disturbing some of our 2nd and 3rd floor neighbors. So sorry if that is true but we enjoy the sound.

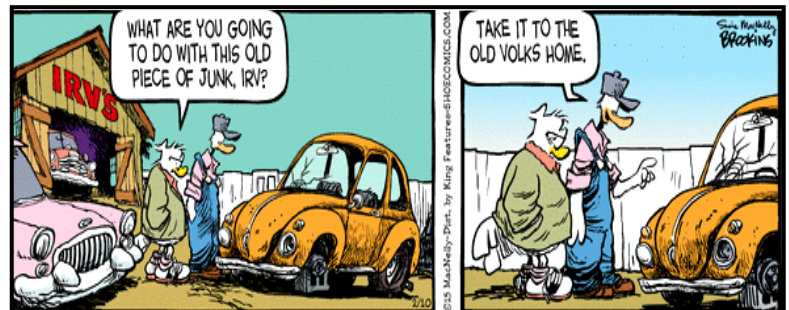
March UP Beat 2015

Speaking of neighbors, we had several new neighbors move to the first floor in February. We hope we all make them feel welcome. Sadly, we also had our immediate neighbors, the Ertels, move to Assisted Living in February. Change is a part of life. That's my news from the first floor. -- Karl Zollner

SECOND FLOOR NEWS

Several people on SECOND FLOOR have found a beautiful bouquet of flowers outside their door. These have been placed by a mysterious donor, and a big thank you goes to that person!

WHAT A GREAT FEBRUARY FOR SAM POSTLETHWAIT! He was visited here recently on a Sunday by his one-year old twins from Zionsville and a trip on Thursday to Michigan to see his great-granddaughter perform in a Shakespeare play, The Tempest. His twins recognized him on the cell phone using Facetime, and he got to visit with his son John (who took him to Michigan and back), daughter-in-law Nita, grand daughter Holly, her husband Lance, and great-granddaughter Hannah. It was hugs after hugs after hugs for Sam. WOW!

THIRD FLOOR NEWS

Submitted by: Sandra Weinhardt

THIRD FLOOR NEWS (cont'd)

MY SKIING LIFE

By Barbara Becker



In 1954, the year I graduated from Library School, I got the job I wanted. I was hired as a civilian librarian for the U.S. Army and sent to Salzburg, Austria. As part of the army's recreation program, there were frequent opportunities to go on ski trips. My friends and I immediately joined in on these weekend jaunts to places like Kitzbuhel, Saalfelden, and St. Anton. Not knowing how to ski, I devised a fail-safe alternative to unexpected falls.

Ski to where you want to turn, fall, turn in a prone position, ski to the next change of direction spot, fall, etc. When I learned that classes were available, I was exposed to the painful beginner's turn, the snow plow. Arranging your skis in a v position, you could go as slowly as you wished, and turn to the right or left, just by leaning the way you wanted to go (until your knees gave out.) Skipping over the next few years of learning and improving, I was able to enjoy skiing in Germany, Italy, Switzerland, and Yugoslavia.

Returning to the U.S. three years later, I was delighted to find that my home in Somerset, Pennsylvania, was just a few miles from an up and coming ski resort called Seven Springs. After accepting a job at Purdue, I would usually spend holidays with my family back in Pennsylvania and enjoy skiing with my brothers, two of whom I taught to ski.

When I married John Pinzelik, we would go to Boyne Highlands, Michigan, during spring break every year. As he learned to ski, we went further afield, to Vail, Aspen, Park City, Whistler Mountain, and even Zermatt, Switzerland. This venue didn't match my skill very well. Its runs were unpredictable, and you could find yourself on a catwalk, with a net below to save you from a fall of several hundred feet.

So far, I was a downhill skier. But living in Indiana, it was inevitable that we investigate cross-country skiing as well. Purchasing x-country skis from The Sportsman in downtown Lafayette, we ventured onto the Par-View golf course on probably the worst winter day of the year, froze, but decided that cross-country was better than not skiing.

When I moved to University Place, I gave up my downhill skis but kept the cross country. There have been a few times when the snow was right over the 12 years I have been here. This year, the first time I went out, my ski boots fell apart after 40+ years of dependable service. But thanks to Amazon, I was able to buy new boots that fit in the ancient ski bindings, and that fit me, and I was back on the trail again.

NEW RESIDENT OFFICE
COMPUTER

Please visit the Resident Business Office if you have not done so lately. You will find a new Dell 23 inch 'All-in-One' PC sitting in place of the old obsolete PC that served us faithfully for many years. This should alleviate security concerns users may have had in doing online purchasing and banking with the old PC.

Thanks to David Henke and Mandy Altman, the new Dell was procured very quickly once the request was made via your Resident Council.

The new PC is equipped with MSOffice and uses the Windows 8.1 Operating System with 'Touch Screen' navigation. If you are a PC User, there may be a bit of a learning curve in using the new PC. It does have a DVD drive on the right side edge of the display monitor and two user-available USB ports on the left side edge of the display.

There are some very brief guidelines for use of this computer posted on the cabinet door above the PC. If you haven't done so, visit the Resident Office and give the new PC a trial drive, and when you see David and Mandy, thank them for making this happen so fast.
--Bill Weinhardt



MARCH 14th

National Pi Day celebrates Pi, a mathematical concept and a number that never ends....at least no one has found the end yet. Often, we round it off to 3.14.

If you are a mathematician, this is your day. For National Pi Day is a celebration of mathematics. And, more specifically.... it celebrates "Pi".

Today is the birthday of physicist Albert Einstein. Einstein was born on March 14, 1879. The date is also represented as 3.14. We strongly suspect some combination of these two facts is why someone created the day on March 14th. However, "Pi" was around long before Albert Einstein was born.

HAVE YOU HEARD?

- Barbara Irwin is retiring in March.
- Brandy Jo (Concierge) and family are moving to Newport Beach, Virginia, in March.
- Bob Fish and family are moving to St. Louis, Missouri, in March.
- Rebecca (Becca) Deweese is leaving sometime in March.
- Rachel Buchanan
- Brandon Schaulk

We hate to see each and everyone of these UP employees leave us during the month of March. We wish them well in their new endeavors and hope to get updates from all of them in the near future. Good-bye!



THE BULLETIN BOARD



Thanks to all of you who attended the 2014 Annual Meeting of the UPR Foundation, Inc. The Board met briefly following the meeting and elected the following officers: President, Erik Spykman; Vice President, Doris Swensen; Treasurer, Ron Coolbaugh; Secretary, Barbara Hansen.

Focusing on the dream of the 2025 Annual Meeting, you can help make it a reality by filling out the Charitable Contribution Agreement and pledging all or a part of your refundable deposit to the Foundation. Forms are available from the Concierge or by contacting Barbara Hansen. Completed forms should be turned in to Mandy Altman or placed in the Foundation black box in the mailroom.

-- John Lindenlaub



Daylight Saving Time begins

Sunday, March 8, 2015

and ends

Sunday, November 1, 2015



Your **Spiritual Life Committee** invites you to join us in attending the March Tippecanoe Taizé ecumenical service of prayer, song and silence to be held at 7 p.m., March 24, 2015, at St. Thomas Aquinas Roman Catholic Church, West Lafayette, Indiana. You may sign up for transportation at 6:30 p.m. at the Concierge Desk.



Resident Dining Services Handbook December 2014

Excerpt from: Pg. 3 paragraph 2:

You may use Plan dollars for lunch or dinner in the dining room or for "Plan Allowable" food items in Bistro 1700. Plan Allowable food items are those items prepared by Dining Services' kitchen staff. Plan Non-Allowable food items include, but may not be limited to, prepackaged food and beverages sold in the Bistro 1700, delivery charges, room service and catering.

Excerpt from: Pg 3 paragraph 6:

Plan "dollars" can be applied to items made by the Communities' kitchen such as soup, sandwiches, and cookies. Pre Packaged items such as bottled beverages, bags of chips are **not eligible** for plan dollars. The intent of the declining meal plan was for residents to manage their food allowance so the residents could have options at meal times. Stockpiling food, buying numerous containers of soup or ice cream is neither safe nor sustainable. University Place's food service is governed by the Indiana State Department of Health. The packaging rules are quite strict on labeling items sold for later consumption. Example: Restaurant take out Pizza vs store bought Pizza for baking later.

-- Mel Brutsman

Breakfast at Dinnertime - INDEED!

On the 14th, after choosing some of the delicious fresh fruits Mel's crew had prepared and displayed, at the carving station were the choices of greens, hash, fried potatoes, scrambled eggs, and Eggs Benedict. On the dessert table were several wonderful muffins, along with cinnamon rolls. Quite a deviation from the usual dinner fare, but most welcome, tasty, and enjoyed by everyone. (Maybe especially the Eggs Benedict and the Cinnamon Rolls YUM!)

--Deb Lindenlaub

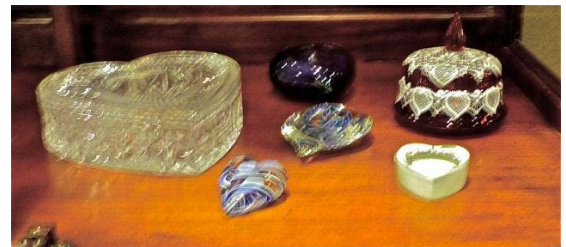


THE HEART

The heart symbol is an ideograph used to express the idea of the heart as the center of emotion, including affection and love, especially romantic love. The heart metaphor developed at the end of the Middle Ages. With early examples in the 13th to 14th century, the familiar symbol of the heart representing love developed in the 15th century and became widely popular in the 16th. The geometric shape is found in much earlier sources, but in such instances does not depict a “heart”, but typically foliage such as fig leaves and the leaves of ivy and water lily. The first known depiction of a heart as a symbol of romantic love dates to the 1250s when it occurs in a miniature decorating a capital S in a French manuscript. In the miniature a kneeling lover offers his heart to his beloved lady. Giotto in a 1305 painting shows Charity handing her heart to Christ. The heart has been used in playing cards since the late 15th century.

-- Barbara Hansen

The various shaped hearts below were contributed by several UP residents.



Chinese New Year Dinner - Year of the goat or sheep

On Thursday, February 19, 2015, Mel, Joseph, and their crew prepared and presented an interesting and tasty array of foods in celebration of the Chinese New Year. Set up in the lobby, tables were set in an S-configuration allowing access on both sides. Under colorful lanterns and dragons that swayed back and forth in the draft as the front door opened, residents sampled such as nice hot Egg Drop Soup, a variety of seasoned vegetables and rice, beef and pork and chicken dishes, fruits, and different - Steamed Chinese Buns. Having little signs on each food was a big help. In the dining room tables were decorated for the occasion, the centerpiece being a cardboard kimono containing, what else?, Fortune Cookies! These were shared, while a colorful Rice Pudding parfait dessert polished off another really great and memorable dinner. --Deb Lindenlaub

2015 Chinese New Year

The first day of the 2015, Chinese New Year is on February 19, 2015 in China's time zone. This day is a new moon day, and is the first day of the first Chinese lunar month in the Chinese Lunar Calendar system.

The Chinese believe that the first king of China was the Yellow King (he was not the first emperor of China). The Yellow King became king in 2697 B.C., therefore China will enter the 4712th year on February 19, 2015. Also, the Chinese Year uses the cycle of 60 Stem-Branch counting systems and the Green Wood Sheep is the 32nd Stem-Branch in the cycle. Since $(60 * 78) + 32 = 4712$, therefore 2015 is the Wooden Sheep year, which is the 4712th Chinese Year.

2015 is the year of Sheep. Some people say 2015 is a Green Sheep or Wooden Sheep year. This is because the Stem-Branch Calendar is connected to the Five Element theory. Chinese calendars used the Stem-Branch system to count the days, months and years. There are 10 Stems and 12 Branches in this system. Stems are named by the Yin-Yang and Five Elements (Metal, Water, Wood, Fire and Earth). A Sheep is a farmland animal. Sheep are herbivores and like to eat grass. Therefore, Sheep contains Earth and Wood in the Chinese Five Element theory. The Sheep hour of Chinese Horoscopes is from 1 P.M. to 3 P.M. The ground has absorbed lots of heat at noon. July is connected to Sheep. July is still summer. Therefore, Sheep also contains Fire. Some Chinese eat lamb during the winter in order to keep warm.

Sheep is one of Chinese lucky animals. Sheep don't have to do the farm work. Instead, all the farmland jobs go to the Ox. Therefore, Ox doesn't like Sheep. Sheep have freedom to look for any kind of grass. They never worry about running out of grass. They have mild personalities and are friendly to humans. Chinese treat Sheep as an auspicious animal.



GET ACQUAINTED WITH YOUR NEW NEIGHBOR



Opal Girard Reiff moved into IL 128 on February 3, 2015, from her home on the Reiff family dairy farm at Burnettsville, IN. She and her sister (now in Virginia) grew up on their parents' general farm at Idaville, IN, about three miles from Burnettsville. Their Girard ancestors had come from France to Canada and then to Indiana, and their father was a Purdue graduate who worked as an extension agent in Shoals, IN, before returning to the Idaville farm. UP resident Betty Girard Ertel is Opal's first cousin. Opal was active in 4-H and the local Methodist church. She graduated from Burnettsville High School and then Indiana Business College (now Harrison College). Harold Reiff first met Opal at age three when his mother brought him over to the Girards to see the new baby! Opal and Harold had dated a little in high school and then dated others in college before getting back together and marrying. By then Opal was a Prudential Life Insurance Company secretary in Logansport and Harold, like his father a Purdue School of Agriculture graduate, was farming. Because of the Korean War draft facing him, Harold enlisted in the U.S. Marine Corps, completed Officer Candidate School, and Opal's two and a half years at Quantico,

Virginia, and Camp Lejeune, North Carolina, with Harold were her only years lived away from the Burnettsville – Idaville area. They returned to farming in January, 1957, and purchased forty acres of the Girard farm to add to the Reiff farm where Opal was busy raising four children and milking Holstein cows. Son Howie, a Purdue grad and father of four, now operates the Reiff Farm Corporation of which Opal is Vice President. Son Gary is a Purdue grad working at Western Southern in Cincinnati and father of three. Daughter Linda, a Purdue grad with two children, lives near Marion, Indiana, and is East District Extension Director. Daughter Teresa, a Ball State University graduate and mother of three, is a retired teacher in Petal, Mississippi. All twelve of Opal's grandchildren now live "all over the map"; six are Purdue graduates. After Opal was past age fifty, she decided to prepare for the ministry and accomplished this by commuting to Christian Theological Seminary in Indianapolis. From 1986 to 1998 at Lower Deer Creek and 2000 to 2005 at Monticello Pike Creek she served as pastor for small country Church of the Brethren congregations. Harold died unexpectedly on October 9, 2013. Opal has many happy memories of their sixty year marriage, their family, the cows, attending a presidential ball and other festivities of the Bush-Quayle inauguration due to Harold's service on the National Dairy Board, enjoying live theater, and travel in the U.S., Canada and Europe. Opal loves her choice of apartments at University Place and has found many surprising connections with residents she has met in her few weeks here. Although not a Purdue graduate, Opal has a special "Purdue wall" in her den where you will see a photo of Harold and three

NEIGHBOR (cont'd)

grandsons; all four had sung in the Purdue Men's Varsity Glee Club; of her May 2014 Purdue graduate grandson in the Glee Club picture on the 2013-2014 program cover; a cover of the July – August, 1976, Purdue Alumni Magazine which features Harold, son Howie and some of their dairy cows; a photo of the Purduettes in which a Reiff granddaughter sang; a page from the 2007 Purdue Band Calendar in which a grandson playing his trumpet is front and center of the photo and last but not least, the document stating that Opal is a Life member of the Purdue Alumni Association. Your new neighbors are proud to have you join us, Opal. We all say, "Welcome"!

THE NEW MAN IN BLACK

Daryle Loveless, a Lafayette vocalist with a deep bass-baritone voice much like that of Johnny Cash, entertained approximately thirty-five UP residents and guests on February 25, 2015, in the Great Room. Johnny Cash and his musicians had originally begun performing in black because it better maintained a good appearance in spite of their demanding travel schedule. Johnny became known as "The Man in Black". Before Loveless' performance, his son helped with set up and play back of the Cash bass guitar sound. With this accompaniment, he then sang, including all of Johnny's famous hits such as "Folsom Prison Blues" (where Johnny performed concerts but was never a prisoner. He had, however, spent many

overnights in jail cells for misdemeanors, usually prescription drug-related.), "Ring of Fire", "A Boy Named Sue" and for a special request by Ron Stroup: "Sunday Morning Coming Down". This hour long program was well-received by the audience and even inspired a spontaneous solo dancer!

The Big Band Era

On February 5, 2015, Harley Frey shared his DVD of Doc Severenson hosting a program of the Big Band Era, and to quote Harley, it was "62 minutes of pure delight."

Lawrence Welk's band played music of 25 bands, including that of Glenn Miller, Harry James, Jimmy Dorsey, Tommy Dorsey, Benny Goodman and many others. It took us back to the 40s and 50s when we danced down the aisles in our local theaters, when we attended live concerts of these fantastic bands. Sometimes the film showed the original band playing; then it would switch to the Lawrence Welk band with a such a smooth transition that one could not tell when it happened. There were singers neither seen nor heard for decades. There were dancers doing the jitterbug and tap, dances that are no longer in vogue. It was fun to hear Duke Ellington's TAKE THE A TRAIN, Artie Shaw's BEGIN THE BEGUINE, and so many more wonderful songs. Some of the music was from the 20s - Paul Whiteman's, for one. Some of these bands have lasted for 50-plus years. Doc Severenson did some reminiscing, talking about playing for the Johnny Carson Show. In viewing some of the bands playing on the program, it seems certain that Johnny was indeed spotted playing the drums. Space prohibits mentioning all the bands included in this presentation. Sorry if you missed this one - Harley was right!

--Doris Swenson

THE ZOO

This week Bailey brought 4 more special friends from the Tippecanoe County Zoo to 'meet and greet' UP residents. Her first offering was a LEOPARD GECKO, so named for his pretty yellow skin peppered with black leopard-like spots and whose name, aptly, is Freckles. His skin is a defense mechanism in that he blends with the sand where he lives in the deserts of Asia, Pakistan, and northern India. Unlike some geckos he doesn't have sticky feet for climbing, being a ground dweller. When a predator might bite off part of his tail, he can just let it go and scurry away to safety; the tail will regrow, Bailey said. He is an insect eater, and lives a solitary life. Her next animal was an insect, a TARANTULA, of the Chilean Rose variety, by name of Chili. He is a 'no touch animal' which Bailey brought around as he sat on a piece of wood, in that the tiny hairs that cover his whole body are like wee daggers that can get into your skin. A ground tarantula, he comes from South America and is an insectivore. He does shed and molt. Next, after some coaxing, Bailey succeeded in getting Otis out of his cage. Native to this area, this small pretty bird is an EASTERN SCREECH OWL. Many expected an owl would be larger, but he is the second smallest owl in the United States. No - owls cannot turn their heads 360 degrees as is commonly believed. They do have 14 neck bones that allow them to turn their heads 270 degrees; because they don't have moveable eye sockets (right, left, up or down) they need to be able to move their whole head. On the top of his head are 2 little tufts of feathers which do look like ears. No again- his ears are on the sides of his head; these tufts are just to make him look bigger. He is nocturnal and has special feathers that make his wings silent as he swoops for prey. Bailey got him to flutter a tiny bit, and there indeed was no sound. He does make little chirping noises; he is very light, 8 ounces, half a pound. From the biggest carrier Bailey let Irwin out; he is a WALLABY, a joey born last summer. His front legs which he uses like hands, are very short; his muscular hind legs are amazing - feet maybe 4 inches long, and when he hops he brings the hind feet 'way up ahead of the body. The very muscular tail is used for balance, and we saw him gracefully hop over the table leg. Native to Australia, he lives in the grasslands; the zoo feeds him a diet of wallaby food, including his favorite sweet potatoes and carrots, and Cheerios for special treats. Bailey didn't know if they made any noises or not, but she did say that they aren't desirable as pets because of their very stinky defecation. As Bailey's first time here, she did a fine job telling us about her friends as she talked to them and handled each capably and lovingly.

-- Deb Lindenlaub



Frequently Asked Questions: Bistro 1700

WHAT? WHEN? AND WHY?

On the first Saturday of every month, you will hear a loud, shrieking, ear-splitting, siren that continues for approximately five minutes. What is it? It is a county wide emergency test signal that all is well and working as it should to let all citizens of Tippecanoe County know that if we hear this type of siren at any time other than the first Saturday morning of a new month at 11:00 am, we are to be alert to the fact that there might be some type of impending disaster such as a tornado, high winds, and flood warnings.

A NEW TOPIC FOR DISCUSSION

A suggestion has been made that UP stage a costume jewelry sale from donated items. The items could then be purchased by residents, associates and others. The proceeds would go to a worthy cause. Give us your opinion. Would you participate?

A TIME OF PREPARATION

Lent, the period of prayer and fasting in preparation for Easter, is the time between Ash Wednesday and Easter Sunday. University Place residents observed Ash Wednesday, February 18, 2015, with a morning Catholic Mass and an afternoon Protestant Ash Wednesday Service. On February 25, 2015, there was a panel discussion introduced by Pastoral Care Director Nancy Eberhard during which Janice Rice shared Catholic Lenten traditions of attending Mass, family prayers, Scripture reading, the giving of alms and a sacrifice of giving up a favorite food, drink or pastime. Bruce Cooke described the many changes in the church in his 65 years as an Episcopalian priest. He described Lenten practices of his childhood and how there was little or no interaction with other denominations and none with a Catholic Church. Today, Lent has become a time of reaching out to other denominations. The thirty residents and guests attending then had an opportunity to share their practices of observing Lent and to ask questions. This 55 minute service concluded with Gene Soderberg reading Maya Angelou's poem "Christians". After the closing prayer, a punch fountain was enjoyed. Additional plans during Lent include showing faith-inspired films, an ecumenical worship service at 4 p.m. on March 8, 2015, and a bus trip at 10 a.m., March 25, 2015, to the Shrine of Christ's Passion, St. John, IN. Please sign up soon at the Concierge desk for the bus trip.



ORIGIN OF THE FORTY DAYS OF LENT



The season of Lent is the 40 days before Easter and commences with Ash Wednesday. The ashes that are used are obtained from burning the palms from the previous year's Palm Sunday. The palms are blessed with holy water, and then sit in burning incense to give them a scent.

The number forty has many Biblical references: the forty days Moses spent on Mount Sinai with God; the forty days and nights Elijah spent walking to Mount Horeb; the forty days and nights God sent rain in the great flood of Noah; the forty years the Hebrew people wandered in the desert while traveling to the Promised Land; the forty days Jonah gave in his prophecy of judgment to the city of Nineveh in which to repent or be destroyed.

Jesus retreated into the wilderness, where He fasted for forty days. It is the traditional belief that Jesus lay for forty hours in the tomb which led to the forty hours of total fast that preceded the Easter celebration in the early Church. One of the most important ceremonies at Easter was the baptism of the initiates on Easter Eve. The fast was initially undertaken by the catechumens to prepare them for the reception of this sacrament. Later, the period of fasting from Good Friday until Easter Day was extended to six days, to correspond with the six weeks of training, necessary to give the final instruction to those converts who were to be baptized.

Identity Theft Protection

On February 10th Sgt. Kim Riley and Detective Jay Harder of the Indiana State Police Lafayette Post, came to University Place to speak to a large number of residents. Their important topic was how we can protect ourselves from identity theft and other scams intended to separate us from our savings. They spent most of the hour answering questions that residents asked them. The following are a few of the tips they provided:

- Carefully review your bank statements or other account statements to determine if there is anything out of line.
- Don't wait for 30 days to receive your statements. Instead check your balances far more frequently.
- Those with online accounts can check their balances daily if they wish.
- Keep receipts.
- Don't respond to telephone calls requesting personal or financial information. If it is a legitimate request from a bank, credit card agency, etc., you will receive it in writing, not by telephone.
- Don't call back if you are requested to call a certain number by someone claiming they represent a certain agency. Instead call a number you know is that of the agency to verify that the original call was legitimate.
- Don't believe calls stating that they are the IRS stating that you owe money and must send it to an address they provide or you will suffer severe penalties. The IRS will only contact you in writing if you really owe money.
- Carefully check written requests for spelling or grammar mistakes as many scams originate in other countries where the scammers do not have a good command of the English language.
- Pay careful attention to the utility or other regular bills you receive to make sure you are not paying someone else's bills. As strange as this sounds, it apparently does happen.
- If an ad or other offers sounds too good to be true, it probably is.

They also mentioned phishing, a term describing mass calls sent out to thousands of users of smart phones in the hopes that at least some people will respond and provide the information they are seeking. Another scary scam described were tiny skimming devices that scammers can insert into an ATM or even into a credit card reader that provides them with your information when you use your debit or credit card in that ATM or credit card reader. The sad thing they said is that once your money goes to a scammer, it is gone! There is little likelihood that the crime will be investigated by the police and even less likelihood that scammers will be prosecuted even if they are caught. Finally they distributed three handouts providing information on three different agencies that will provide you with your Credit Report. Each will do this once per year so you can obtain your Credit Report three times annually by requesting it once every four months from a different agency. These are Experian, Trans Union, Equifax Complete TM Premier.

--Karl Zollner

LAUGHTER IS THE BEST MEDICINE



Paddy had long heard the stories of an amazing family tradition. It seems that his father, grandfather and great-grandfather had all been able to walk on water on their 18th birthday. On that special day, they'd each walked across the lake to the pub on the far side for their first legal drink. So when Paddy's 18th birthday came around, he and his pal Mick, took a boat out to the middle of the lake. Paddy stepped out of the boat and nearly drowned! Mick just barely managed to pull him to safety. Furious and confused, Paddy went to see his grandmother. "Grandma," he asked, "Tis me 18th birthday, so why can't I walk across the lake like me father, his father and his father before him?" Granny looked deeply into Paddy's, troubled blue eyes and said, "Because ye father, ye grandfather and ye great-grandfather were all born in December, when the lake is frozen, and ye were born in August, ya idiot!"

QUESTIONS

1. Is it good if a vacuum really sucks?
2. Why is the third hand on the watch called the second hand?
3. If a word is misspelled in the dictionary, how would we ever know?
4. If Webster wrote the first dictionary, where did he find the words?
- 5 Why do we say something is out of whack? What is a whack?
6. Why does "slow down" and "slow up" mean the same thing?
7. Why do "fat chance" and "slim chance" mean the same thing?

8. Why do "tug" boats push their barges?
9. Why do we sing "Take me out to the ball game" when we are already there?
10. Why are they called "stands" when they are made for sitting?

Children In A Family

Children in a family are like flowers in a bouquet: there's always one determined to face in an opposite direction from the way the arranger desires.

Authoress - Marcelene Cox

-Submitted by: Unknown

Expecting

For weeks, a six-year old lad kept telling his first-grade teacher about the baby brother or sister that was expected at his house.

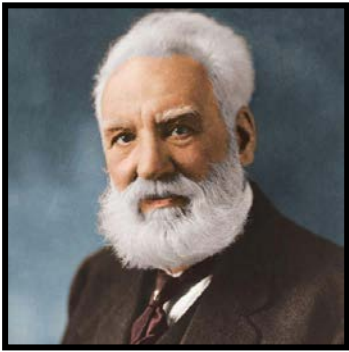
One day the Mother allowed the boy to feel the movements of the unborn child. The six-year old was obviously impressed, but he made no comment. Furthermore, he stopped telling his teacher about the impending event.

The teacher finally sat the boy on her lap and said, "Tommy, whatever has become of that baby brother or sister you were expecting at home?" Tommy burst into tears and confessed, "I think Mommy ate it!"

-- Submitted by: Unknown



A FAMOUS INVENTOR BORN IN **MARCH**



Alexander Graham Bell was born on March 3, 1847, in Edinburgh, Scotland and died on August 2, 1922, on Cape Breton Island, Nova Scotia, Canada.

He was one of the primary inventors of the telephone, did important work in communications for the deaf and held more than 18 patents in his name alone and 12 that he shared with collaborators.

His education was largely received through numerous experiments in sound and the furthering of his father's work on visible speech for the deaf. His grandfather and father were experts on the mechanics of voice and elocution.

Alexander's mother Eliza was nearly deaf, became an accomplished pianist and inspired him to undertake big challenges. His mother home-schooled him and instilled an infinite curiosity of the world around him. He received one year of formal education in a private school and two years at Edinburgh's Royal High School.

On one of his trips to America, Alexander's father discovered its healthier environment and decided to move the family there. At first, Alexander resisted for he was establishing himself in London but eventually relented after both his brothers had succumbed to tuberculosis. In July, 1870, the family settled in Brantford,

March UP Beat 2015

Ontario, Canada. There Alexander set up a workshop to continue his study of the human voice. In 1871 Alexander Graham Bell moved to Boston and began work on a device that would allow for the telegraph transmission of several messages set to different frequencies. He found financial backing through local investors. Bell spent long days and nights trying to perfect the harmonic telegraph. During his experiments, he became interested in another idea, transmitting the human voice over wires. The diversion frustrated Bell's benefactors, and Thomas Watson, a skilled electrician, was hired to refocus Bell on the harmonic telegraph. But Watson soon became enamored with Bell's idea of voice transmission, and the two created a great partnership with Bell being the idea man and Watson having the expertise to bring Bell's ideas to reality.

On July 11, 1877, Alexander Graham Bell married Mable Hubbard, a former student and the daughter of Gardiner Hubbard, his initial financial backer. Over the course of the next year, Alexander and Mable traveled to Europe demonstrating the telephone. Upon their return to the United States, Bell was summoned to Washington D.C., to defend his telephone patent from law suits by others claiming they had invented the telephone or had conceived of the idea before Bell. Even during the patent battles, the company grew. Between 1877, and 1886, over 150,000 people in the U.S. owned telephones. Improvements were made on the device including the addition of a microphone, invented by Thomas Edison, which eliminated the need to shout into the telephone to be heard.

What would Alexander Graham Bell say about the portable cell phones of today?



WE WISH TO EXTEND
OUR SINCERE SYMPATHY TO
THE FAMILY AND FRIENDS OF:

MAXINE CHABOT BENNER

Maxine Chabot Benner was born October 5, 1920, in Earl Park, IN, and died January 28, 2015, at University Place. She married Harold Benner while he was serving in the U.S. Army Air Force, and she moved to Fowler where she lived for most of the rest of her life. They were married for 65 years. Surviving Maxine are sons Dean, Ross and Stan, eight grandchildren and six great grandchildren. She is predeceased by her husband, a sister and two brothers.



I'm no longer by your side, but
there's no need to weep;
I've left sweet recollections I'm
hoping you will keep.
Eternal joy and memories stay in our
hearts forever,
Strengthening our special bond that
parting cannot sever.
Now it's time to journey on, so let
your faith be strong,
For I am in a better place. I'm home
where I belong.
And if times of loneliness bring
sorrow and dismay,
Don't despair, for I am there...
Just a Memory Away.

~Rita S. Beer

UP BEAT, a monthly publication of residents of University Place, 1700 Lindberg Road, West Lafayette, IN 47906. News items requested by the 25th day of the month for 1st day of the following month distribution. Betty Wade (Editor), Marilyn Lahr, Deb Lindenlaub, Doris Swensen. Photo credits: Sam Postlethwait.

**UNIVERSITY PLACE
1700 LINDBERG RD
W LAFAYETTE IN 47906**

**Mission San Juan Capistrano Courts Cliff Swallows
Return to San Juan Capistrano on March 19, 2015.**



The swallows that migrate to the Mission of San Juan Capistrano in Southern California every year on March 19th (St. Joseph's Day) stay and repopulate; then on the day of San Juan, Oct. 23rd, they return to Argentina. No one knows for sure why they come back every year, but they do.