

LABOR DAY



9/7

# SEPTEMBER, 2015



9/13 GRANDPARENTS

DAY9/13 ROSH HASHANAH



## U<sub>niversity</sub> P<sub>lace</sub> BEAT



9/23 AUTUMN BEGINS



9/22 YOM KIPPUR



## A MARVELOUS SATURDAY SUMMER EVENING EXPERIENCE

On a beautiful August evening, the Big Swing Band made a visit to the front lawn of University Place. A crowd of several hundred residents and visitors were treated to standards from the American Song Book, arrangements used by Harry James, Benny Goodman, and Glenn Miller. The MC, Dustin Hopkins, announced the songs, the soloists and the arrangements, and provided smooth vocals for songs like "The Summer Wind." The music was very danceable, and dancers were there from the Camelot Dance Club, Westminster Village, and University Place. Elizabeth Hendrickson who teaches ballroom dancing at Westminster, was there along with a number of her students. University Place was represented by Marty and Barbara Becker.

The band played two sets, beginning at 6:30 and finished at about 8:30. A few neighbors dropped in, curious about the melodious sounds emanating from an unusual source. Plenty of folding chairs were set out, and residents' balconies that faced west were put to good use as well. A beautiful evening was had by all. --Barbara Becker





# SEPTEMBER 2015 HAPPY DAYS



## HAPPY BIRTHDAY

## HAPPY ANNIVERSARY

03 Al Roberts  
04 Elfa Taylor  
08 Patricia Koger  
10 John Lindenlaub  
15 Sandra Weinhardt  
21 Karen Byrd

Happy Birthday to all AL and HC residents who have a birthday in September!

04 Janice and John Rice  
06 "Trace" and Marylou Tracer

Consider making a donation to the UPR Foundation in your friend's name on their special occasion.



*"The pessimist sees difficulty in every opportunity.  
The optimist sees the opportunity in every difficulty."*

— Winston Churchill

Because the University Place population changes almost daily, if we did not include your happy date, we are sorry and would like to be notified of the omission. Regarding IL & GH call Beth Brumit, 463-0203; for AL & HC call Concierge, 464-5600.



## **FIRST FLOOR NEWS**

**MARJ MANNERING** thanks everyone for their get well wishes and acts of kindness during her recent weeks of hobbling around after foot surgery. She especially thanks Beverly Bloom for delivering the mail to AL and Health Care on Thursdays for her over 6 weeks! During this time many family events were missed because of being incapacitated. She was especially thrilled to learn that granddaughter Megan Mannering was crowned "Queen" of the Cass County 4-H Fair". (She will represent Cass Co. in the state contest in January.) Megan graduated this spring from Lewis Cass High school at Walton, DSL. She plans to go to DePauw University this fall where her older brother, Clay, is one of the assistant football coaches. Megan will be one of the managers of the football team.

### **Thank you to the daughters of Pat Merrill**

Two daughters of Pat Merrill were pleased to see that jig-saw puzzles were once again being put together on the first floor. They brought five puzzles for the UP residents recently for use throughout the facility. A beautiful and useful tribute in their Mother's memory.

AUDREY ROBERTS and daughter Felicia drove to Fairfield, Iowa, for a long weekend of meditation at the TM center there.

## **SECOND FLOOR NEWS**

BRUCE and JAN COOKE had the pleasure of a two-day visit from her sister and brother-in-law, Jack & Beverly Stodghill, coming from Carlisle, PA. He's a retired math professor from Dickinson College. Also visiting a week later were two representatives from Jan's

alma mater, DePauw University, thanking her for her gifts to DePauw.

DICK SHOEMAKER is sad to report there will be no pumpkin this year! Seeds were planted, the vines grew - but rain pelted them and the only fruit that matured quickly rotted and the plants wilted and died. Hence they were removed from the garden.

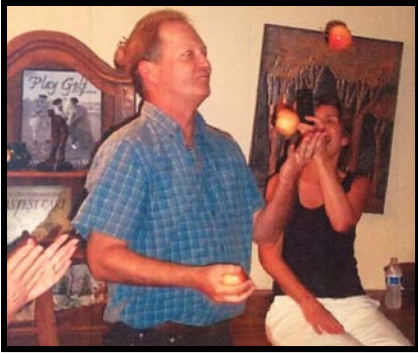
DORIS and CLIFF SWENSEN attended their annual family reunion in Brown County. All five of their children were there along with the spouses. Five of the grandchildren plus one spouse and the three great grandchildren. One big highlight was going to the bridal shop watching granddaughter Shannon choose her wedding gown. Another (highlight?) was the fashion/performance night. Doris and Cliff performed "Do You Love Me" from Fiddler on the Roof. Son-in-law Todd did a juggling act, son-in-law Steve did a magic trick, great granddaughters Evie and Charlie did a song and dance routine and son, Tim and his family did a very funny skit taking place in a court room. We played dominoes in the evenings plus some card games. Horseback riding and hiking were popular activities during the day. We highly recommend Brown County for its beauty and activities that are available.

--Doris Swensen



**SECOND FLOOR NEWS (cont'd)**

Swensen Family Pictures (cont'd)



\*\*\*\*\*

Bright and early on the morning of August 5, 2015, KAREN BOGAN and JANET STROUD got into the back seat of a Honda Civic and headed to Crested Butte, Colorado. Alan (affectionately known as "Buck") & Debbie Gossard were the drivers for the long trip west. The focus of the trip was for Buck to run the ascent AND the marathon at Pike's Peak. The trip was a family adventure for everyone involved. David (nicknamed "Butch") & Janie Gossard and their daughter JeanMarie (Tuey) flew from Andover, Massachusetts to film Buck's adventures, not only his training but his

**September UP Beat 2015**

actually completing the runs. The days between August 5 and the 15th were loaded with hikes, laughter, filming and discussing the footage of Buck's training. The discussions covered the "cornfields of Indiana", falling down with the camera on ML Shaw in New Hampshire, to practically dive-bombing Buck w/the drone camera because Butch was a novice operator of the drone. The family also discussed that regardless of whether the end film went to Hollywood or just stayed quietly with family & friends, it was a time that everyone enjoyed. As a special treat, Janet's daughter (Cindy) and her live in were to enjoy the craziness with ail in the family who carne to where the was. Two before the race, Butch, Janie & Tuey left for Manitou Springs to scope out great for the filming of the ascent and the trying to find the from which to film. Butch found building in which he found the rood to be quite the spot. He took it upon himself to ask the proprietor if he could plant Janie and some cameras on top. Deep down, he was sure that the owner would have a few words for him just for asking. Much to his surprise, not only did the owner tell him that he was welcome to film from the top of her building, she also had a second building which he could use if the first one didn't work out. The day of the ascent was filled excitement, the man with the loud speaker announcing various people throughout history who had won the races, but letting everyone know ALL of the rules of the race. Buck's goals were to finish the race in the allotted time, have no blood AND finishing with a smile. He was able to attain all of the above. He finished the ascent in 4 hours, 52 minutes, and some seconds, AND the marathon in 9 hours, 2 minutes, and some seconds. He finished it with not blood AND a smile on his face.

**SECOND FLOOR NEWS (cont'd)**

August 1st was the beginning of a memorable week for MARY PANTEA. It began with the beautiful wedding of her grandson Jason Pantea. It took place in a lovely all-white Chapel in Niles, Michigan. Color was provided by the 8 bridesmaids dressed in pale blue gowns, carrying bouquets of coral flowers. The white pews and alter were also decorated with coral bouquets. Very striking! The reception took place that evening in a large Serbian hall with a Dj providing the music. This led to a "Mary's moment" for the spotlight. Crossing the dance floor, Mary suddenly tripped and landed flat on the floor! Fortunately, her granddaughter Layne (an emergency room doctor) came to the rescue and administered first aide. Mary is recuperating well from her injuries. The next day, Mary and her son Vic and his wife Lynne left for their lake home (Scott Lake) in Bangor, Michigan. It was a pleasant week relaxing and enjoying old films of her children and grandchildren, enjoying days at the lake during their childhood years. Where have the years gone? In spite of her mishap, it was a wonderful week.

**Second Floor Mystery**

In this year of our Lord two thousand fifteen near the middle of the month of June, when the flags were flying I celebrated another birthday. Among the gifts which passed into our apartment was a bouquet of balloons, coming from one of our daughters. The seven-balloon cluster was hoisting a bag of chocolates. We allowed this array to drift around our living room, slowly ascending as we sampled its fare.

Soon the cluster seemed to take on a life of its own. It seemed to follow air currents I did not know existed. Two of

these balloons were rather large, filled with helium, probably, and sporting the words "Happy Birthday." The other five were colorful but smaller, less buoyant, so that they began to bend over, their lift gone, much like those occasional rosebuds among a dozen that droop prematurely.

The remaining two larger ones, free of the burden of their lesser siblings, now dwelt in the upper realms of space, shifting, sliding, slipping from position to position, sometimes together, often singly. They scooted from the windows which view the vast lawn to the north to the light fixture over the dining table, sending a clear message: "Bruce, isn't it time to eat?" Sadly, one of these two "sisters" began to lose steam (helium?) and descend to our level and lower. In the end we put it, him, her out of its misery.

The remaining sentinel seemed to roam even more freely, sad, though, to be so alone- the last living of the seven. Then this survivor began to seek out the lower elevations, turning up in the most surprising nooks and crannies. One evening it completely escaped our attention and somehow propelled itself down the hall, past the guest bedroom (office) and bathroom and through the master bedroom into not only that bathroom, but the shower stall.

The message was clear: "Bruce, it's time for a shower." Before I could heed its advice the next morning, we found our survivor breathing its last on the shower floor. Alas – the end of our saga. Jan carried its limp body to the kitchen for burial.

Please be assured that during these episodes we kept our hall door closed. No danger that one of them would escape so that you would wonder what the balloons would say to you.

-- Bruce Cooke

## **THIRD FLOOR NEWS**

On August 1st, MARION and MARALEE BAUMGARDNER attended a unique family wedding. The young couple, who met at Purdue, are both college graduates. They wanted a different venue for the ceremony, and they accomplished that purpose. The wedding and reception were held at "Bread and Chocolate," a relatively new special events facility in Goshen, Indiana. The site is an old abandoned bag factory. It is actually a complex of red brick and weathered barn-like building combined in a unique way around an old strip railway. There are several shops and restaurants in this old building complex. The area we were in on the second floor included a large room especially decorated with long white strips of fabric draped over the open beams in the ceiling. Here we sat in rows of lovely gray velvet chairs. On each side of the adjoining large, modern kitchen, behind the old barn siding, were two dining rooms with tables for eight. Each area was large enough to serve at least 200 diners who attended the two Saturday evening weddings. The food at the reception was wonderfully delicious. They used a buffet table with mixed green salad with homemade dressings, bread, stuffed salmon, steak, mashed red potatoes with skins, and broccoli. Champagne, water and coffee were served at the tables. The tables were beautifully decorated with flowers, etc. by the bride's mother. There was a DJ with music and dancing, a champagne toast, lots of photographs, and much visiting. The bride, Maralee Baumgardner's great-niece, wore a traditional white wedding dress and the men of the bridal party wore black suits. The actual wedding ceremony was traditional. It was a very festive evening, and the rustic atmosphere seemed to add to everyone's

enjoyment. The entire wedding experience certainly was beautiful and fun.

## **GARDEN HOME NEWS**

MARILYN LAHR saw two fawns Saturday. One was next door in Vicki Willis' backyard; the other was in the savanna so she could only see its head. Beautiful little animals; already old enough to no longer have spots.

JANET and JOHN RICE have learned that one of the Garden Homes has been visited by a nasty creature, a poisonous toad. Upon investigation on the internet, their neighbor's son has identified it as a Marine Toad called Cane. They are wondering what to do about it??

## **LAUGHTER IS THE BEST MEDICINE**



I named my dog "Five Miles" so I could tell people I walk five miles every day.

\*\*\*\*\*

My sister's eldest boy liked nothing better than to sit on his grandfather's knee and have stories read to him. One day after a story about Noah's ark, and how Noah led pairs of animals to the safety of the ark, the little boy asked,

"Granddad, you are very old; were you in Noah's ark?"

"Gosh no", said Granddad.

"In that case, how come you didn't drown when the flood came?" asked the grandson.

\*\*\*\*\*

The average man will bristle if you say his father was dishonest, but he will brag a little if he discovers that his great-grandfather was a pirate. - Bern Williams



# THE BULLETIN BOARD

## ART COMMITTEE CALLOUT

The Art Committee has been functioning for 12+ years under the able leadership of Barbara Hansen. Other members of the committee have been Barbara Becker, Elfa Taylor, Lillian Cote, and the late Sara Postlethwait. At the present time, the committee needs new members.

Activities of the committee include approving new art for the hallways, finding collections to show in the 1st floor cabinets, and varying the displays in the 1st floor hallway between the atrium and the elevator.

In past years the committee worked with the Purdue poster exchange. UP is the beneficiary of about 50 posters belonging to Purdue. Other sources of hallway posters are the travel posters from Ellie and Bernie Zook's extensive collection. The rest of the art in the hallways belongs to residents.

At the present time, Barbara Becker is the last remaining member of the committee. New residents: **THE ART COMMITTEE NEEDS YOU!**

Get in touch with Barbara Becker ([bjbecker324@aol.com](mailto:bjbecker324@aol.com)) or IL box 324 and you will be enthusiastically enrolled in a committee that offers a delightful and challenging outlet for your creativity.



Tippecanoe Taizé will be held at 7 p.m., September 22, 2015, at Our Saviour Lutheran Church, 300 West Fowler Street, West Lafayette, IN. Sign up for transportation at the Concierge Desk for this inspirational, ecumenical worship service of scripture, song and silence.



## **Spectacular Moon Viewing On September 5, 2015!**

Allegedly, on September 5, 2015, the moon will inexplicably duplicate 37 times and be visible from Earth. This event will not recur until the year 2274.

Positioned at a distance from Earth of 22 light years, we see the moon as it was 22 years ago. But on September 5, we will see a reflection of the last 37 years due to a cosmic light anomaly reflection from the sun.



## **GREG O'HAVER RETURNS**



When Greg O'Haver of The New Christy Minstrels performed at UP on October 9, 2014, the November 2014 UP BEAT reported that he was raised in Indianapolis, played guitar and sang as a child, was singing folk music in high school, and attended college for one semester. After the 1964 Newport, R.I. Folk Festival, he moved to Los Angeles and took a job at Randy Sparks' club. Singer/guitarist Randy Sparks founded the New Christy Minstrels in 1961. Sparks had been a solo musician in the late 1950s, mixing folk music with Broadway; 70ish Greg is not an original member.

His 2014 performance here included use of a banjo, three different Gill guitars and a "harmony machine" which made his voice sound like a duet, trio or larger group. Greg's wife died in 2010, and he lives in Noblesville.

When Greg recently performed at UP, the audience expressed their appreciation with toes-tapping, hands moving to the beat of the music, and in general heads were bobbing to the rhythms of some of his songs; "Dream, Dream, Dream"; "American Pie"; "Walking in Memphis"; "Country Roads"; "Can You Spare a Dime"; "Saturday Night"; and "This Land is Your Land".

Greg wrote a song for his wife in which some of the lyrics were: "Who would have thought we would make it" and another song "Hi Honey, Sometimes I hear you singing".

At the end of his performance Greg signed off by sending a kiss to heaven to his wife.

\*\*\*\*\*

## **GRANDPARENT HUMOR**

Little Ben came into the house with a new harmonica.

"Grandpa, do you mind if I play this in here?"

"Of course not, Ben. I love music. In fact, when your Grandma and I were young, music saved my life."

"What happened?", asked Ben.

"Well, it was during the famous Johnstown flood. The dam broke, and when the water hit our house, it knocked it right off the foundation. Grandma got on the dining room table and floated out safely."

"How about you?", asked Ben.

"Me? I accompanied her on the piano!"

\*\*\*\*\*

One evening a grandmother was babysitting her two granddaughters, Anne and Betty. Presently, 8:00 PM rolled around.

"Okay, time for bed," she informed the two children who were playing in the den.

"Why?" Anne asked (aged 6). "It's so early!"

"Your father said your bedtime is 8:00," the grandmother said.

"You don't have to listen to him," Betty (aged 4½) replied.

"Why not? the grandmother asked.

Betty answered, "Because you're **his** mother!"



## The Ship Hermione

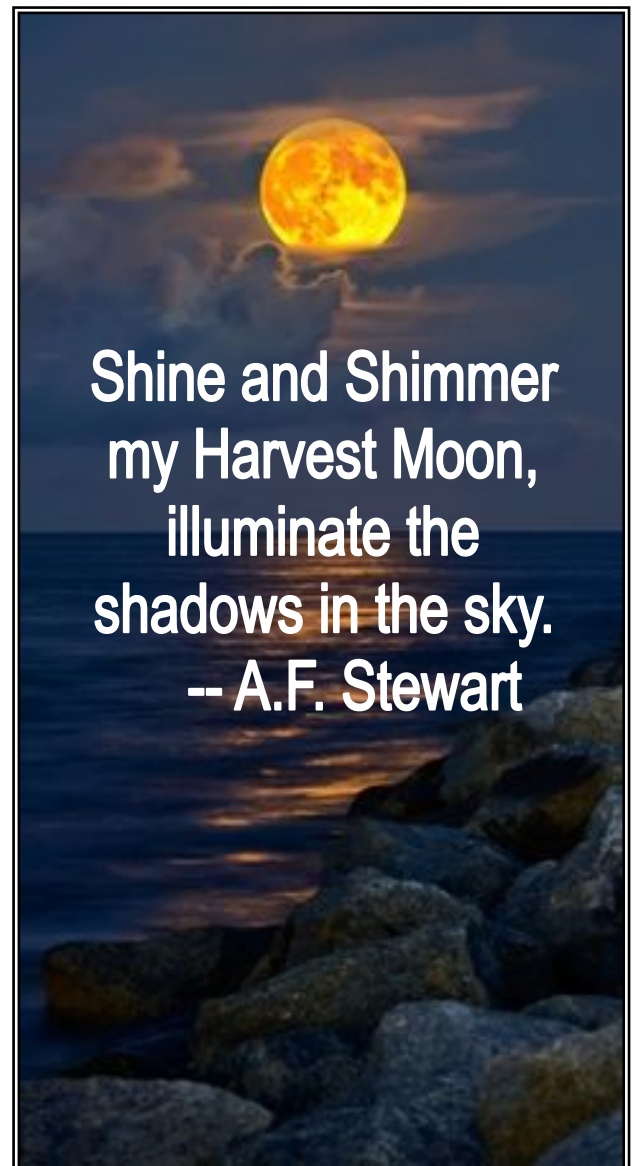


On May 14, 2015, an enthusiastic Tom Kelly presented his first program on this amazing French naval ship, furnishing much of her fascinating background history. On August 12, 2015 he followed up some of the same pictures with interesting dialogue of his recent visit to New York and the ship Hermione. Excerpting, "she is a frigate (a square-rigged sailing warship built for speed and maneuverability) built on the basis of exact line drawings from her sister ship La Concorde. With a sleek copper-bottomed hull, she could out-sail almost any ship it couldn't out-shoot." She is 145 feet long, has handmade lines, 3 masts and 16,000 square feet of hand-made sail, is 37 feet wide, draws 19 feet of water; she has 32 guns, and a crew of 255." Tom's colored slides and videos again chronicled her meticulous planning and construction which took 18 years, and then followed her voyage across the Atlantic. Much of the accompanying commentary was unclear, but Tom was able to read it aloud. Launched in 1779 she ferried General Lafayette to support the rebels in the American Revolutionary War; she stopped at many historic ports of call, from Yorktown, VA north up the coast to Lunenburg, Nova Scotia. She was one of the most authentically built Tall Ships. The

ship will return to France where she will tour a few ports along the Western coast before heading home to Bordeaux.

This was an especially memorable time for Tom who was actually able to board and tour the Hermione when she docked in New York, and he shared the experience with 2 of his daughters. Being fluent in French, Tom easily conversed with the crew and was interviewed on TV.

In addition to Tom's excellent slides and videos, the internet has some exciting footage of this marvelous ship and her voyages. --Deb Lindenlaub



## **Purdue University Retirees Association and the 2015 United Way Campaign**

The Purdue University Retirees Association (PURA) United Way campaign begins in early August. The 2015 theme is *Cradle to Career Continuum, Every person succeeding in Greater Lafayette*. This continuum signifies a pathway to a successful and happy life starting with being born healthy to succeeding throughout the school years and graduating to move into viable employment. PURA members will receive a letter about the campaign and a pledge form by mail. Collectively the Purdue family, which includes PURA member donations, is the largest donor to the annual campaign. Please help us again this year! As you consider your 2015 gift keep in mind the Eli Lilly Endowment match opportunity. Through this endowment, all new or increased gifts over last year of \$100 or more will be matched dollar for dollar! PURA supports Purdue Retirees. Purdue University, and the United Way of Greater Lafayette. Thank you for your response!

### **LABOR DAY IN AMERICA**

The first Monday in September was designated as a national Labor Day holiday in 1894 by Congress and President Grover Cleveland, paying tribute to the social and economic achievements of American workers.

Facts: The first Labor Day celebration was a New York City parade by 10,000 workers in 1882.

Labor Day was originally meant as a day to honor and exhibit the American spirit through it's hard-working people via the labor unions. This was how Labor

Day was often celebrated for a long time. Some feel this was the inspiration for company picnics as well. But it wasn't until later on, that politics began to creep into the holiday, and speeches by prominent people were introduced into the activities. As the country had economic struggles and other issues to deal with, Labor Day also became a day dedicated to the spiritual and educational issues of the labor movement.

- The number of people 16 and over in the nation's labor force (July 2014) = 155.6 million, a gradual decline in the past 10 years.
- The nation's unemployment rate (July 2014) = 6.2%.
- The highest minimum wage (July 2014) = Washington, D.C. \$9.32; lowest = Federal rate of \$7.25 which increased to \$8.75 on December 31, 2014.
- The highest-paying occupation = Oral and maxillofacial surgeons, \$187,200.
- Full-time workers covered by health insurance = 84.5%.
- Workers who worked from home = 4.4%.
- Average time it took for workers to commute to work (2012) = 25.7 minutes.
- Top most common jobs in the U.S.= Retail salespersons (4.5 million), Cashiers (3.3. million), Food preparation and serving (3.0 million), Office clerks (2.8 million), and Registered nurses (2.7 million).

\* SOURCES: U.S. Census Bureau's Facts for Features; Bureau of Labor Statistics; AAA; 24/7 Wall St.; National Employment Law Project; USA TODAY — Journal and Courier.

## COLUMBIAN PARK ZOO AT UP

Photos by Sam Posthlewait

On July 21st. two docents Katie and Samantha, brought four animals from the Columbian Park Zoo to visit us at UP.

The first animal presented was Cotton a four-year old AFRICAN PYGMY HEDGEHOG. These nocturnal animals live on the open savannahs of Africa. To protect themselves from predators spike-like hairs cover most of their body. When frightened, muscles raise these spikes and they roll into a tight ball to protect their soft bellies that are not covered by spikes. The spikes are replaced annually. They are insectivores whose favorite food in the wild is termites. Cotton shares the Zoo with another hedgehog named Prickly Pear, who, because of his personality is not taken out to visit people.

The second animal presented was Jackson, a calico colored GUINEA PIG. These mostly nocturnal animals can live to be about eight to ten years old. Jackson was born at the Zoo and was thought to be about five years old. Originally from the mountains of South America where they are raised to be eaten, here they are raised to be pets or research animals. Those of us sitting near the front could hear him softly squeak or snort, a sound they often make while walking.

The third animal shown was Sulay an AFRICAN GREY PARROT. These are considered to be the smartest of the parrots and have been evaluated to have intelligence equivalent to a two-year-old human. Sulay who is now 28 years old could live to be 75. When Sulay was taken from her cage Katie had to wait until Sulay defecated on a newspaper before taking her around so we could touch her beautiful tail. We were told these parrots typically defecate every eight to ten minutes. Back on her stand Sulay was fed slices of a banana. She carefully removed the banana peel to eat only the fruit inside, a behavior she exhibits with all fruits she eats. Parrots are not recommended as pets because of their longevity and because they tend to become attached to a certain individual.

The final animal presented was Izzy, a SAVANNAH LIZARD from Africa. This large eight-year-old lizard is an omnivore. They can live to be 40 years old. As with all lizards they are cold-blooded and have a forked tongue used to smell (taste?) the air to seek food or avoid predators.

We all thanked the two docents and look forward to future visits.

--Karl Zollner





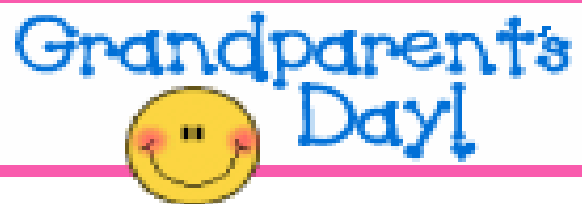
## **Hey! God, Was That You?**

Gene Soderberg introduced Ron Gluck, a friend since he was a student at Carnegie Tech, to residents and friends filling the Great Room at 7 p.m., July 28, 2015. Ron and daughter Sharon share a home in Arlington, VA, and were in Indiana to visit relatives in Cicero. Ron was first employed by the steel industry, next by the U.S. Air Force, followed by the Air National Guard flying over Pittsburgh during the Russian threat. His book “Hey! God, Was That You? Coincidences from over Five Thousand Flight Hours and Forty-Four Years” anecdotally revisits his experiences occurring from 1963 to 2007 in Papua, New Guinea; Cameroon and Washington, D.C. As a missionary bush pilot between 1965 and 1981, he flew five thousand accident-free hours mostly in single-engine planes over uncharted mountainous terrain of Papua, New Guinea, (where Sharon was born) transporting Wycliffe Bible Translator linguists into remote areas for five years and later in Cameroon—a safety he attributes to God’s grace and to quality aircraft maintenance by fellow JAARS (formerly called Jungle Aviation and Radio Service) specialists. He was moved to tears after telling us of his 1959 near miss with a TWA plane at the greater Pittsburgh airport; he also shared the story of the close call when his engine overheated and quit as he approached an 11,000 foot ridge in New Guinea; and the time his compass wouldn’t work because his cargo was sheets of corrugated steel; or the time he discovered the fuel tanks were being filled with water; his experiment of making an oil filter from toilet paper. He dismissed such incidents as coincidences at the time, accepted just as “how things worked out.” In his book, he highlights the workings of God in his life in

general and as a pilot, asking if the living God, maker of heaven and earth, is still involved in weather, ideas, timing, and answering prayers?

## **NATIONAL GRANDPARENTS' DAY**

National Grandparents' Day is celebrated annually on the first Sunday after Labor Day, this year September 13<sup>th</sup>. The Forget Me Not is the Grandparents' Day flower; its official song is “A Song for Grandma And Grandpa” by Johnny Prill. The day is an observance, not a legal holiday. It has more than one origin: perhaps from Michael Goldgar who, after he visited his aunt in an Atlanta nursing home in the 1970s, spent \$11,000 of his own money in lobbying efforts to have the day officially recognized; he also made 17 trips to Washington, DC, over a seven-year span to meet with legislators. Most others consider Marian Lucille Herndon McQuade, a housewife in West Virginia, who throughout the 1970s worked hard to educate the people about the important contributions senior citizens made and would be willing to make if asked. She also urged people to adopt a grandparent, not for one day a year and not for material giving, but for a lifetime of experience. On August 3, 1978, then-President Jimmy Carter signed the proclamation stating the day's purpose: "...to honor grandparents, to give grandparents an opportunity to show love for their children's children, and to help children become aware of strength, information, and guidance older people can offer".



## Columbian Park Zoo at UP

A cheer went up as Sam and Chesala brought in 4 crates of surprise zoo animals for our appreciation on August 18, 2015. Sam has been here before, Chesala's area is Animal Care. It's anyone's guess as to what each cage contained, and all was quiet this time.

Our first guest was ARONYA, a Mexican red-kneed tarantula, a big, hairy spider found in the southern US and in Mexico where it is hot and dry. She is "kind of particular, and doesn't like to be handled," Sam said. All spiders have some venom but it is of the order of a bee sting; more bothersome are the hairs on her back which she flips off to get stuck on the skin. To get her into her traveling cage, Sam donned heavy gloves, enticed Aronya onto a piece of bark, then placed it in the box. This colorful hairy spider was thus viewed, her bright red knees perhaps her most prominent attention-getting feature.

PAULEY emerged next, a female ball-python, actually the smallest of the constrictors, from the grasslands and rain forests of Africa. Beautifully marked she resembles leaves on the ground; when rolled into a muscular ball, it is so tight that even a strong man cannot uncoil her. Her mouth hinges open for food but she cannot eat anything wider than the widest part of her body. She has pink pits on her upper lip, which sense the body heat of potential prey.

Next, there were some beautiful bright colors as CALVIN emerged on a perch. A member of the parrot family from the tropical rain forests of South America, Calvin is a Gold and Blue Macaw, with brilliant gold and blue feathers and a blue tail as long as his body. He doesn't talk but rather squawks; Sam says they are very, very intelligent. Calvin has a girlfriend Emmi, who "talks all the time but rather than being taught mimics the sounds she hears". About every month or so, their flight feathers are trimmed to prevent flight; should one not be trimmed and escape, he would not be able to survive in the wild. He has 4 toes on each foot facing front and back to enable him to grasp tree limbs. Very light-weight, about 1 and 1/2 pounds, their bones are hollow to facilitate flight. The beak is used all the time, for which the zoo provides toys and enrichments; their favorite pastime is shredding - anything!, so are provided with cereal boxes, telephone books, etc. as well as 'puzzle foods' which require some time to get open or perhaps cracked.

Our last visitor is big furry OPIE, a Virginia opossum, coaxed out by Chesala and held and patted by her while Sam told us that these nocturnal scavengers will eat about anything, are found all over the US. Their whiskers are tactile for feeling, they have a good sense of smell, and their long hairless tail and ears act as a cooling system. Good climbers, the tail also acts just as a safety net - the body is too heavy for the tail to support it while hanging upside down as the myth holds. These animals have a pouch for the young, maybe as many as 15 or 16, but there are only 12 or 13 nipples in the pouch, so it's "first come, first serve!" The babies are in the pouch for 1-2 months. For protection, Adults can raise the hairs, hiss, and/or play dead with a certain "dead" smell that animals don't like. In the wild, one lives only about a year, a maximum of 3-4 years in captivity.

-- Deb Lindenlaub



## **ART WITHOUT BOUNDARIES**



Introduced by Nancy Eberhard, Julia Berry, an art teacher for nineteen years at McCutcheon High School, spoke to thirty residents and friends about Mneme Therapy on August 25, 2015, in the Education Room. Julia had spoken to UP residents about this on September 10, 2012, (October 2012 UpBeat, page 7) and is a regular at UP where she works with residents with dementia or a brain injury. Julia grew up with art; her parents were also teachers, Wood Shop and Art. In 2008 when arts teachers had concerns about future employment, she investigated the Art Without Boundaries online program and became the first of the three Mneme teachers in Indiana. Mneme is the Goddess of Memory. Mneme Therapy was begun by Noell Hammer, an artist and executive director of a small Alzheimer's Association chapter. Its lasting benefits have not been proven, but the client benefits during the thirty minute sessions of one-on-one attention and after from the resulting work of art from which praise and pride are realized. Julia also recognizes changes in her own life from this work such as being less forgetful, more positive, peaceful, and happy. The client must be willing to do the singing, hand exercises, painting with acrylic paint thickly applied

### **September UP Beat 2015**

with Julia's advice, then a repeat of the singing and hand activities. The cost of the sessions is paid by UP, \$25 for a private session. If you would like to observe a session, check with Cynthia about the AL schedule (765-464-5613); or to schedule a session via phone, call Julia Berry at (765-418-5502) or e-mail [ArtfulConnections@gmail.com](mailto:ArtfulConnections@gmail.com)





## **GETTING TO KNOW YOUR NEW NEIGHBOR**



Mabel Bahler moved to IL 314 last month from her home of the past 15 years in Columbus, OH. She was born in Remington, IN, and grew up on her family's farm with four sisters and 4 brothers; Mabel was number seven of the nine. Both her paternal and maternal grandparents had come from southern Germany; one grandmother did not speak English, but German was not spoken in Mabel's home. There were a lot of pigs on the Bahler farm, baby chicks, two work horses, dairy cows and later, just two dairy cows were kept for the family's milk supply, and their father raised beef cattle. She remembers her father had a Model T car, and that when her brothers were away in World War II, Mabel helped out by driving the tractor. After Remington High School her first paid job was as a Remington physician's office assistant, but she helped raise her 45 or 50 nieces and nephews including feeding them middle-of-the-night bottles. They now live from Indiana to Texas. Later Mabel lived in Fort Wayne for a number of years where she had bookkeeping jobs

and worked as a substitute teacher, teaching children and English as a Second Language. When she moved to Columbus, Ohio, she became a part-time student at Ohio State University and began over thirty years of working with international students. In the late 1970's, Mabel and others at Covenant Baptist Church had a vision to reach the thousands of internationals studying at Ohio State University but soon saw that the opportunity to reach the world at their doorstep was too much for one church. Recognizing the need for the entire Christian community to have a part, they saw the value of having a non-denominational missions agency established. So they joined another like-minded team led by Navigators staff, to form International Friendships, Inc. For twelve years Mabel lived in a rented house on campus shared with students. They all shared Mabel's kitchen, and she enjoyed learning their customs and to eat their ethnic favorites. She liked to do a lot of baking. Most of her students were Chinese, a few Japanese or from the Middle East, and she has since traveled there to visit them. Six members of the Bahler siblings are still living. Her nieces and nephews were very helpful with her unpacking and arranging her apartment. Mabel said she used to knit (Attention: Busy Bees!) and now is one of UP's third floor puzzle workers. As her oldest sister lives near Lafayette on IN 26 and a brother and a nephew live on Lindberg Road, she chose to retire to University Place and enjoy being near family and home. Mabel, we are pleased that you chose University Place, and all your new neighbors heartily say "Welcome"!

## **MEET JOEL EBARB**



Fred Fredericks introduced Joel Ebarb, Chairman of Purdue Theatre for the past four years and at Purdue for eighteen years, to over thirty residents and friends at 7 p.m. on August 5, 2015, in the Education Room. He spoke for forty-two minutes as his last “official act” as theatre chair before beginning his new role as Associate Dean of Undergraduate Education. He explained that the parts of the Patti and Rusty Rueff School of Performing Arts are the Departments of : 1) Theatre, 2) Art and Design, and 3) Music and Dance. Students in Theatre can earn a B.A. in Theatre, Acting, Design and Technology or Sound; they may minor in Theatre or Design and may earn a Masters in Fine Arts. The Department of Theatre presents four shows a year and four to eight non-ticket workshops. He described Yue-Kong Pao Hall which replaced the old Quonset buildings housing art, music and design. Pao was a Hong Kong businessman and philanthropist. Pao Hall includes the Dorothy Mennen lobby, Nancy Hansen Theatre and the Carole and Gordon Mallett Theatre. During the upcoming season a new play written by Carrie Newcomer, “Betty’s Diner”, will run September 25 to October 10. Ebarb is designing the costumes for the Shakespeare comedy “As You Like It”

## **September UP Beat 2015**

showing in November. For the full season schedule and ticket information, Purdue Theatre brochures are in the IL Mail Room.

\*\*\*\*\*



## **WHY SQUASH?**

Bob Zink and other residents were eating Roasted Butternut Squash at dinner on Friday, August 8<sup>th</sup> at a table in the Four Seasons Room. Curious Bob wanted to know why it is called “Squash”. A diligent researcher for UP BEAT has your answer, Bob. Squash is a *Cucurbita*, a genus of herbaceous vine in the gourd family Cucurbitaceae. Five species are grown worldwide for their edible fruit, variously known as squash, pumpkin, or gourd. The earliest known evidence of the domestication of *Cucurbita*, found in the Guilá Naquitz cave in Oaxaca, Mexico, during a series of excavations in the 1960s and 1970s, dates back at least 8,000 years ago.

Squash was domesticated first, followed 4000 years later by maize and then beans, becoming part of the Three Sisters agricultural system of companion planting. The English word "squash" derives from *askutasquash* (a green thing eaten raw), a word from the Narragansett language, which was documented by Roger Williams, the founder of Rhode Island, in his 1643 publication “*A Key Into the Language of America*”. Similar words for squash exist in related languages of the Algonquian family. Thank you, Roger Williams and Wikipedia.

## UP WELCOMES OUR NEW WELLNESS NURSE



Lisa Hite, RN, MSN, is our designated wellness nurse. She begins at University Place on 7/3 and commenced office hours on Tuesday 7/7. Her beginning office hours are Tuesday through Friday 8:30AM-1:00PM. Lisa will focus on meeting each of you and offering education and screening sessions in the near future.

We are excited about this venture that we have talked about for so long. It is finally started, so celebrate this news and stop by and welcome Lisa.

Lisa is a Transition Coach Nurse and a Telehealth Nurse with St. Elizabeth Health and St. Elizabeth Home Health Care. Lisa graduated from IVY Tech as an LPN in 1999, IU Kokomo (Associates degree) in 2001, Chamberlin College for Nursing with a BS in 2009, Chamberlin College of Nursing with a Master's Degree 2010, and is currently enrolled at Chamberlin in its Nursing Practitioner program.

Lisa is married to her best friend of 23 years and has four children and five grandchildren

Lisa is not authorized to care for:

- Wounds or remove stitches
- Administer B-12 or any kind of shots.
- Cannot discuss medications with residents

Lisa can give recommendations of different kinds of Health Care of the following:

- Bathing tips,
- Anything pertaining to Speech and/or Occupational Therapy,
- Hospice Care,
- Lifelines with GPS tracking

Lisa has no connections with UP Health Care. If he/she have chest pains etc., call 911.

\*\*\*\*\*

UP BEAT, a monthly publication of residents of University Place, 1700 Lindberg Road, West Lafayette, IN 47906. News items requested by the 25<sup>th</sup> day of the month for 1<sup>st</sup> day of the following month distribution. Betty Wade (Editor), Marilyn Lahr, Deb Lindenlaub, Doris Swensen. Photo credits: Sam Postlethwait.



## PECAN PIE-TASTING CONTEST

On Thursday, August 20, 2015, UP had a fundraising-pecan pie-tasting contest to benefit Alzheimer's. Residents voted for their favorite pie using money donations for each pie, each dollar bill representing a vote.

The bakers were; UP Dining, Sherry Jenkinson, and Nancy Eberhard. The guest judges were; Fred Fredricks, Gene Soderberg, Mel Brutsman, and David Henke.

The last two remaining pecan pies were auctioned off and David Henke won the first one, and Betty Wade won the second pie. The amounts paid for the auctioned pies were also donated to Alzheimer's.

Prior to the Pecan Pie tasting contest, at the monthly Resident meeting conducted by David Henke, one surprise was Kevin Finnegan announcing that he was leaving UP at the end of the day and wanted all of us to join him in singing "Take Me Out To The Ballgame" as he told us all good-bye.

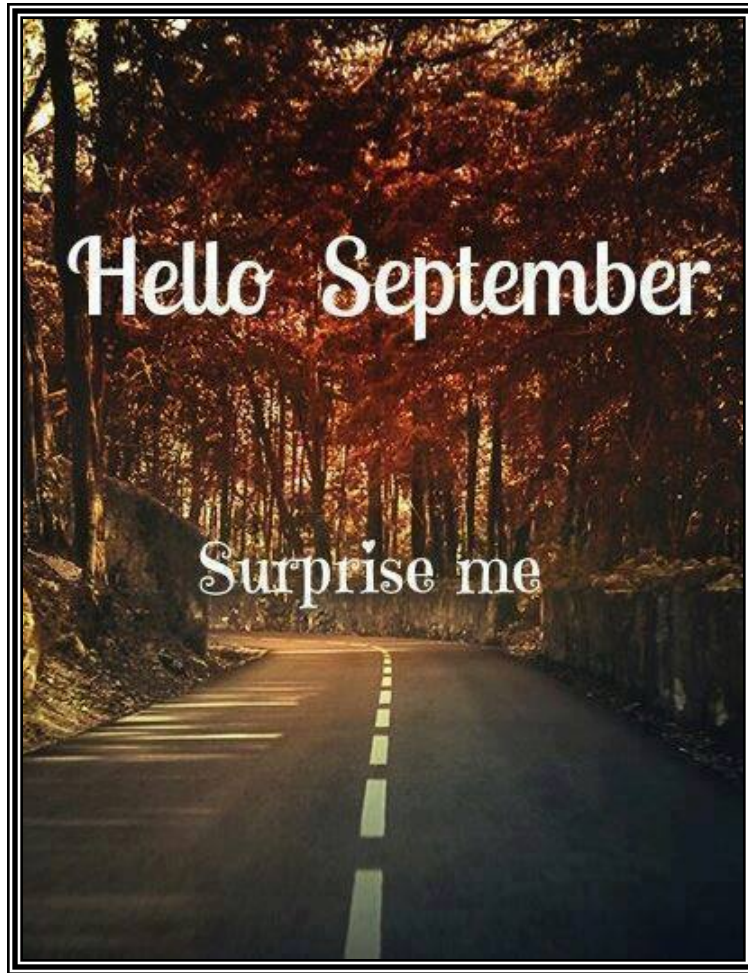




**UNUSUAL PICTURES OF NATURE AS SEEN BY  
SAM POSTLETHWAIT'S CAMERA IN THE CELERY BOG**







**UNIVERSITY PLACE  
1700 LINDBERG RD  
W LAFAYETTE, IN 47906**