



MARCH, 2016

U_{niversity} P_{lace} BEAT



Dear University Place Residents:



Thank you for the warm and heartfelt welcome into the University Place community. It is truly an honor and a privilege to come to a vibrant community and serve the residents and staff at University Place.

You have a tremendous advantage over me right now. You have only one name to learn, and I need to master around 300 between residents and staff. Please be patient with me. You will see me around and about University Place. I do not like to spend much time in my office. I would rather be near the residents and staff. I have an open door policy, so feel free to stop by and let me know your thoughts – positive or negative. I recognize University Place is the place you have decided to call home. You could have chosen other places, but you chose to live here, and I want to make University Place the best possible home for you.

In my last position, I served as the President/CEO at Wesley Manor in Frankfort. The continuing care retirement community is a faith-based not-for-profit with over 300 residents and 240 staff. There are 91 independent Village houses and a 360,000 square foot Manor House, which hosts independent and assisted living residents as well as a 96-bed health center with two state-of-the-art memory care units. It was a total career change for me.

For the past 21 years, I have worked at various not-for-profit organizations. The majority of my time was spent in the affordable housing industry building low income housing, tax credit

apartment complexes and writing and administrating grants to assist low income seniors repair their homes and cities in Indiana to build community projects such as senior centers, Head Start facilities and youth clubs. I was the Area Five Agency Aging Director and worked for the Indiana Housing and Community Development Authority and the City of Fort Wayne. Overall, I have been a part of over 500 units of affordable housing being built or renovated. My for-profit career stops included stints in several factories and as a sports reporter.

My wife Tammy, and I live in Frankfort and have been married for over 20 years. Tammy works at a church in Frankfort. We have four sons. Gabe is a senior at Frankfort High School and headed to Ball State next year. Nic is a freshman at FHS and a member of the varsity tennis team. Our oldest son, Mac, and his wife and our only grandchild live in Plymouth, MA, where he is a CPA. Our other son, Sam, and his wife live in Franklin, IN, where he teaches high school and is an assistant basketball coach at Franklin College.

I am an avid sports fan. My favorite teams are the St. Louis Cardinals, Indianapolis Colts, Indiana Pacers and anything Purdue. I coached youth baseball for 31 years. I umpire high school baseball and referee high school basketball for stress relief. When I am at home relaxing, I like to work logic problems.

I appreciate the opportunity to work at University Place. I look forward to getting to know all of you.

Sincerely,
Dave Kinder, Executive Director



MARCH 2016 HAPPY DAYS



HAPPY BIRTHDAY

- 01 Shirley Raub
- 07 Jean Crouse
- 17 Mary Jay
- 22 Christine Mills
- 31 Beverly Blume



HAPPY ANNIVERSARY

- 02 Richard and Phyllis Wasson



Consider making a donation to the UPR Foundation
in your friend's name on their special occasion



"NOTHING IS OFTEN A GOOD THING TO DO
AND ALWAYS A CLEVER THING TO SAY."

---WILL DURANT

Because the University Place population changes almost daily, if we did not include your happy date, we are sorry and would like to be notified of the omission. Regarding IL & GH call Beth Brumit, 463-0203; for AL & HC call Concierge, 464-5600.

FIRST FLOOR NEWS

On the last few days of January KARL ZOLLNER, his son and his 11-year-old granddaughter Isabella again went ice fishing in Michigan. The professional guide hired to lead us was a Christmas gift from our daughter-in-law. It certainly was not like the ice fishing Karl did in his earlier years.

We left on a Friday evening. We would have liked to have left earlier but because our son, Pat, had to serve on a late afternoon graduate review committee that went on and on, we didn't get on the road until evening. That meant we only got as far as Whitehall before we had to find a motel that had two queen size beds, a cot for Bella, and a swimming pool. We finally found one that met all those requirements with only one problem; the pool was an outside pool rather than an indoor pool.

The next morning we got up early, ate and hit the road to drive further north to Onekama. There we met our guides at Portage Lake. Bella got to ride behind the snow mobile driver while Pat and Karl got pulled behind it on a plastic sled. It was a long, cold ride out to the tent type fishing shanty. It had a portable heater in it that made it very comfortable. It also had four holes drilled in the six inch thick ice. One hole had a remote controlled camera in the 20 feet of water in which we were fishing. We let Bella point the camera at the bottom of the hole where she was fishing so she could watch the fish approach her bait and pull up at just the right time. Naturally she caught far more fish than Pat or Karl.

The guides had explained that we were fishing on Portage Lake rather than on Crystal Lake where we fished last year because they didn't consider the ice thick

enough on Crystal Lake to safely hold snow mobiles. As it turned out we were happy with that decision because we caught far more perch than last year, and they were much larger. We brought home a large bucket full of fish.

By the late afternoon so much of the snow on top of the ice had melted that they brought us back to where our car was parked behind individual snowmobile drivers rather than being pulled in on a trailing sled. We changed out of our warm clothes, ate a large pizza in Onekama, and then drove all the way back to West Lafayette that same night. We arrived at about 11:15 p.m. where Karl surprised Mary because she wasn't expecting us until Sunday afternoon. Thus ended our now annual ice fishing expedition.

--Karl Zollner

An Old Chestnut

A Department of Agriculture representative visited a farmer to perform an inspection on his property. "You'd better not go in the back field", warned the farmer.

The representative was clearly annoyed. "Under the authority of the U.S. Government, I am allowed to go wherever I wish on agricultural land," said the representative, showing the farmer his official card. So the farmer returned to his chores.

Soon the farmer heard loud screams and saw the government rep running for the fence. Close behind was the farmer's prize bull.

"Help," the rep shouted to the farmer. "What should I do?"

"Show him your card," the farmer said.

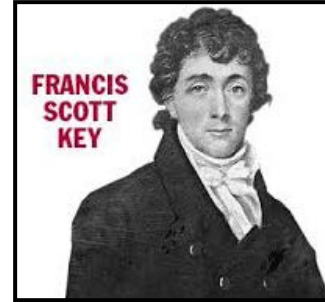
--Karl Zollner

GARDEN HOME NEWS

JANICE and JOHN RICE spent three weeks in Florida in three timeshares. In West Palm Beach we stayed at one of our favorite places, Palm Beach Shores on Singer Island. Although we could see the ocean from our balcony, it was too windy and cool (50-60) to do much on the beach. We did enjoy having dinner with a relative and lunching at one of our favorite spots, Sailfish Marina. We were also fortunate to attend an excellent matinee performance of "Will Rogers Follies" and a great production of "Carmen" at The Kravis Center. At Orlando we dined with John's former colleagues, the Marinescus, and also with two of Janice's former students who teach in the area. We played detective at a "sleuth dinner" where we joined others in identifying the murderer in the play. One of our highlights was a visit to "The Holyland," an extensive park with buildings depicting events from the New and Old Testaments. We were impressed with the beautiful life-like figures, the huge depiction of the city of Jerusalem at Jesus' time that was explained by a narrator and the inspiring musical. This place is the work of several Protestant groups. At Ormond Beach, a new timeshare for us, we stayed at a charming smaller site right on the ocean. Because the weather had improved, we enjoyed a long walk on the almost empty beach. We loved watching the waves roll in and the birds land in groups on the beach. Our highlight was a visit from Joyce and Dick Young, great friends who live at Palm Coast. Even though the weather wasn't great, it beat the temperature in West Lafayette!

-- Janice Rice

OUR NATIONAL ANTHEM



The *Star-Spangled Banner* is the national anthem of the United States of America. It was written by Francis Scott Key. National Anthem Day on March 3 celebrates this song and the rich history behind its creation. The song officially became our national anthem on March 3, 1931.

Many people think the *Star Spangled Banner* was written during the Revolutionary War. It was actually written during the war of 1812 (1812-1814).

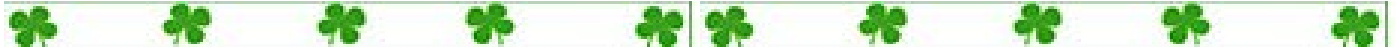
In August 1814, the British army detained Dr. William Beanes as a prisoner of war. He was a friend of Francis Scott Key. On Sept. 13, 1814, Key and a U.S. negotiator boarded a British vessel where Beanes was being held. He negotiated his friend's release. But then, Francis Scott Key was detained that day along with the negotiator. They were held until after the attack on Fort McHenry, which guarded the harbor and the city of Baltimore. Francis Scott Key watched the bombardment of the fort from the ship.

The next morning, he was ecstatic to see that the American flag was still flying over Fort McHenry. This historic event inspired Francis Scott Key to write "The Star-Spangled Banner" on the following day September 14, 1814.

THE BULLETIN BOARD

EGG HUNT

I'm looking for eggs to put in the "breakfront" for March. If you have any you would be willing to share for the month of March display case, please let me know. (candnhardy@gmail.com) or when you see me! Thanks, Nancy Hardy



Daylight Saving Time begins at
2:00am on Sunday, March 13, 2016



Dr. Seuss

Theodor Seuss Geisel was an American writer and illustrator best known for authoring popular children's books under the pen name Dr. Seuss.

Born: March 2, 1904, Springfield, MA
Died: September 24, 1991, La Jolla, CA
Full name: Theodor Seuss Geisel
Movies and TV shows: The Lorax, More



Quotes

- *Today you are you! That is truer than true! There is no one alive who is you-er than you!*
- *The more that you read, the more things you will know. The more that you learn, the more places you'll go.*
- *Don't cry because it's over. Smile because it happened.*



MEET THE NEW EXECUTIVE DIRECTOR OF UNIVERSITY PLACE

On Tuesday, March 1, 2016, there will be a meeting at 2:30pm in the GR/ED room where John Glover will be introducing David Kinder to the residents.



A Talk On Faith by Cliff Swensen

We were so fortunate to have our own resident Cliff Swensen present a lecture on Faith on Monday, February 15, 2016. If you are new to the University Place Community, you may not know that Cliff is a retired Purdue Professor and has a Ph.D. in Clinical Psychology. When I asked Cliff to talk on something to begin our season of Lent, he quickly mentioned the topic of "Faith" as he said, "That it is the basis of everything."

As Cliff began his lecture, he stated that faith is, "What I believe to be true." He mentioned three statements that influence our thoughts on faith connected through nature. First, that "Evidence from this world shows us what is true, next that there is consistency in these laws, and third that nature operates universally." Cliff gave many examples that helped us to think about the faith we have in life situations such as every person having the faith to get on an airplane and having the faith to know that it can fly and that the pilot will do his job. He gave interesting examples of science and how this is brought into the faith discussion. Cliff then made an interesting comment that, "most of our data is from the last 10,000 years and really, the last 100 years, while scientists believe the earth may be 13.7 billion years old." This comment made me think how limited our experiences can be and how there is always so much more we may not know.

Cliff's talk had many thought provoking comments that we could ponder on. Questions like "Why we exist instead of nothing?" and "Why is a dollar worth something?" Cliff also

mentioned how our belief that the dollar has value is actually a part of why it does. As he brought this together, he said, "Science can tell you how, but it can't tell you why. Why are we here?"

Overall Cliff mentioned that, "Everything in life is based on faith", and that "Faith is powerful."

Cliff quoted the scripture "The Righteous Live By Faith, Romans 1:17."

Through the many stories and examples Cliff gave us, we left with some great ideas to inspire us as we go through this sacred time of Lent. We were reminded how our beliefs and thoughts can make a large difference in our lives and in the lives of others.

Thank you, Cliff, for sharing with us.

--Nancy Eberhard

Director of Pastoral Care

EASTER SUNDAY **MARCH 27, 2016**

The real meaning of Easter is the Resurrection of Jesus Christ from the dead. To Christians, it is the most special day of the year. Yes, the birth of Christ is quite important. But, his resurrection offers the hope of everlasting life to everyone!

The Lenten season leading up to Easter Sunday is a time of fasting, sacrifice and prayer. It is the Christian way of replicating in a small way what Christ sacrificed for us, both in his fasting and his final death on the cross.

The word "Easter" comes from the Saxon pagan festival, honoring the goddess "Eastre" (also called Oestre). The goddess Eastre's symbol is the rabbit.

EMAIL FROM TOM KELLY

Hi all,

On Sunday I went to an art museum in Ft. Worth with my daughter Claire and grandson Zachary (10 yrs old). It was, of course, a French impressionist artist (Caillebotte) on exhibit. Am attaching a photo Claire took. Note the anachronistic iPhone held by Zach with his top hat and umbrella in front of a Paris street scene painted by Caillebotte. Last evening I looked at the on-line copy of this month's UP-Beat - with photos of the water damage due to freezing pipes. Not pretty. I was also amused to see that Betty Wade included some puns I had sent by email. Also, a tug of sadness as I read the obits for Ann Landgrebe and Vera Conkright. In my new CCRC there is the same reality. We have a memorial service tomorrow for a neighbor who died last week. **Sic transit gloria mundi**, as we used to say in the days when we spoke Latin and sang in Gregorian chant.

Cordially, Tom

**FAREWELL, KELLY
DUHAIME**

On Wednesday, February 24, 2016, during the Residents' social hour in the Great Room, Larry Ogborn spoke to the assembled residents and Kelly Duhaime, our Interim Executive Director, who arrived at UP on October 6, 2015, and remained with us for 5 months. Cinnamon rolls and coffee were served by two Hospitality Committee members; Ron Stroup and Mary Zollner.

Larry mentioned that when building problems occurred, Kelly managed them well. She found good workers (Service Pro) to handle the disaster of the water leaks. Rather than make a speech, Kelly wanted to talk to people individually as she walked from table to table.

Nancy Eberhard spoke about the staff's appreciation, and she and Mandy presented Kelly with a bouquet of roses.

Kelly's last day at UP will be on February 29th, and we were informed that she will soon be starting a new job in Fort Wayne.

Best wishes, Kelly, from all of us at University Place, we will miss you.



TREASURED MEMORIES

Craig Okeley treasures this picture with Rita Von Tobel because she was the generous donor to the UPR Foundation which enabled the therapy room to be doubled in size so that Craig, Emily, Hazel, Elizabeth, Josh, Andrea, and Amanda can do their "magic" in a more pleasant atmosphere.

--Doris Swensen



90th BIRTHDAY CELEBRATION



It was Marion Baumgardner's 90th birthday party, and the Great Room was buzzing with activity, laughter, many hugs, and much happy conversation. The colorful balloons and streamers helped set a festive mood, as did the beverage table, and the table with wonderful cakes, sweets, and fruits. Around this part of the room were tables set with flowers and linen cloths where people could sit and enjoy each other's company. The other half of the room was darkened a bit, and chairs were set up so partygoers could watch continuous pictures of Marion's early years, his career, and his family. He came from Texas but has very strong connections to nearby Tipton, Maralee's

home town, from which many came to share in Marion's day; there were family members from near and far, and a special student from Marion's time in Hungary added to this very special occasion. Harley Frey had agreed to play Happy Birthday right at 3 o'clock, but the piano had been stashed out of the way in the library, so the party just went merrily on without the music. Not one to just enjoy all his guests, Marion was busy moving from table to table, and group to group so as not to miss chatting with those who came to share in this special occasion with him.

--Deb Lindenlaub



ZOLLNER'S DISPLAY CASE COLLECTION

I hope everyone enjoyed the miscellaneous collection of items in the display case in February. Most were some of the bears Karl gave me through the years. Others included Hummel figurines from Germany, shot glasses with German cities depicted on them, and Maruska dolls our daughter brought from her year teaching in Odessa, Ukraine. All hold treasured memories. -- Mary Zollner



BONE HEALTH

Three Purdue students in a Geriatrics course, assigned to perform a community service, presented a program on bone health to a small group of UP residents, largely female, at 6:30 p.m. February 11, 2016, in the Education Room. Two female students, studying to become a nurse and a dietitian and a male Pharmacy student each presented information from his or her area of expertise. Their combined effort taught us that exercise and a diet full of Calcium and Vitamin D. are essential to bone health but also, there are a number of bone-strengthening medications. Healthy bones are a storehouse for minerals vital to our body systems. Guard them by stopping smoking and getting screened!

LEAP YEAR

February has come and gone, and UP BEAT forgot to mention that it had twenty-nine days because 2016 is a Leap Year. Leap years are needed to keep our modern day Gregorian calendar in alignment with the Earth's revolutions around the sun. Roman general Julius Caesar introduced the first leap years over 2000 years ago, but the Julian calendar had only one rule: any year evenly divisible by four would be a leap year. This formula produced way too many leap years but was not corrected until the introduction of the Gregorian calendar more than 1500 years later. It takes the Earth approximately 365.242189 days – or 365 days, 5 hours, 48 minutes, and 45 seconds – to circle once around the Sun. However, the Gregorian calendar has only 365 days in a year, so if we didn't add a leap day on February 29 nearly

every four years, we would lose almost six hours off our calendar every year. After only 100 years, our calendar would be off by around 24 days! A Leap year can be evenly divided by 4; if the year can be evenly divided by 100, it is NOT a leap year, unless the year is also evenly divisible by 400. According to an old Irish legend, or possibly history, St. Brigid struck a deal with St. Patrick to allow women to propose to men – not just the other way around – every four years. In some places, leap day has been known as “Bachelors’ Day” for the same reason, but it is not the same as “Sadie Hawkins Day”, cartoonist Al Capp’s November event in Dogpatch. If a man refused a marriage proposal from a woman, he was expected to pay a penalty such as a gown or money. In many European countries’ upper classes of society, tradition dictated that any man who refuses a woman's proposal on February 29 has to buy her 12 pairs of gloves. The intention is that the woman can wear the gloves to hide the embarrassment of not having an engagement ring. During the middle ages there were laws governing this tradition. People born on February 29 are all invited to join The Honor Society of Leap Year Day babies. In February 1988 the town of Anthony, Texas, declared itself "Leap Year Capital of the World", and an International Leaping Birthday Club was started. In Scotland, it used to be considered unlucky for someone to be born on Leap Day. Greeks consider it unlucky for couples to marry during a Leap Year, and especially on Leap Day. Leap Day is also St. Oswald’s Day, named after the archbishop of York who died on February 29, 992.

GETTING TO KNOW YOUR NEW NEIGHBORS



Jim and Pari BeMiller moved into IL 310 on October 13, 2015, from their home of the last 27 years in West Lafayette's Moss Creek subdivision. Jim was born in Evansville, IN, on the day that Prohibition ended. His birth made the front page of the paper but not because of beer. His mother's M.D. had an accident with a pig truck enroute to the hospital and tied up traffic with pigs running around, so the physician walked the rest of the way to the hospital! Jim's father was a Purdue graduate and a chemist at Mead Johnson Nutrition Company in Evansville. Jim, second of four boys, grew up first in Evansville, then in McCutchanville, then about twenty miles north of Evansville on sixty-three acres with a five acre lake, half of the rest in virgin timber and the other half planted with 13,000 pine trees by the CCC among the brome sage. Jim was an Eagle Scout. At the end of two summers he spent two weeks hiking in the Smoky Mountains, partly on the Appalachian Trail. Pari was spending her summers swimming in the Mediterranean Sea. After being a state winner of the National Science Talent Search and graduating from Evansville's Reitz High School, Jim came to Purdue and earned a B.S. in Agricultural Chemistry and M.S. and Ph.D. degrees in

Biochemistry. He taught Biochemistry for two years at Purdue and met Pari. She and her brother (now deceased) were born in Beirut, Lebanon, to Greek parents who were born in Turkey. Her father was a businessman in Beirut before he died when Pari was seven. Pari attended a Greek elementary school with multi-lingual classmates, an all-girls' French-speaking high school and earned a B.S and M.S. degrees in Biology with a minor in Organic Chemistry at the American University of Beirut. She began learning English in third grade; Arithmetic and French history were taught in French. She also understands a little Arabic. At the university she ran 100 and 200 meter track events. Pari's father's Iraqi friend, a glassblower at Purdue, urged her to continue her studies and brought her an application form for the Graduate School at Purdue. In 1958 she came by ship to Nova Scotia and then to New York City where the friend she expected to meet her didn't show up; without a place to stay, she found a hotel for a few nights and ate at the Automat before travelling to Lafayette by train. In 1959 Pari's father's friend arranged an opportunity to introduce her to Jim at his Purdue office. Soon he and his Danish wife, living in West Lafayette, invited Pari and Jim to Sunday dinner at their home. Their next dinner together was a date, and in 1960 they were married. The following year Pari finished her Ph.D. in Physiology and Biochemistry, and they moved to Southern Illinois University at Carbondale, where Jim taught Biochemistry, and Pari began her life as a mother. When a Medical School was

NEW NEIGHBOR (cont'd)

formed in 1970, Jim was hired as the first non-clinical faculty member and head of Medical Biochemistry. Pari taught Embryology. Students referred to the two as “Dr. HeMiller and Dr. SheMiller”. In 1985 Jim was invited to return to Purdue and start a carbohydrate research center in the Food Science Department. The industry-supported center now has about seventy students and researchers in three departments. Pari taught at the I.U. Medical School at Purdue. She retired in 1991. In 2005 Jim retired as Director of Whistler Center for Carbohydrate Research but still has active research. The BeMillers have two sons. Bryon is an Electrical Engineer in Atlanta, GA. He and his wife have three children: Emma, a senior at the University of Virginia, Alex, a freshman on a swimming scholarship at the University of Georgia and Katie in high school. Son Philip and his wife live in Columbus, Ohio, with their two cats and two dogs. Jim and Pari have enjoyed extensive travel – the most memorable trips being family vacations on Cape Hatteras and then, when their grandchildren were old enough, their biennial trips exploring Greek islands. Pari is a past president of Purdue Women’s Club and started its International Friendship Group. They are happy to now be University Place residents. Pari and Jim, your new neighbors are happy that you are here, and heartily say, “Welcome”!

**Running Big, An Adam Gossard Presentation**

On February 16, 2016, UP residents were honored to see and hear the film story of Alan Gossard's amazing experience running the Pike's Peak ascent and marathon in August 2015.

This was quite a challenge for a Hoosier farm boy who grew up and still lives near Frankfort. Alan trained for years, running, bicycling and mowing his huge lawn with a push lawnmower. He normally gets up at 4:30 and works out before driving to Indianapolis to his job as deputy director of the office of Fiscal and Management Analysis in the Indiana Legislative Services Agency.

Alan's brother David, a retired MIT professor, was also challenged in producing an entertaining, educational and factual film honoring his brother's achievement.

Both brothers won. Alan completed the "Doubler", the 13.2 mile ascent one day and the ascent plus descent of that mighty mountain the next day in record time. David won by creating the professional-like record of Alan's experience. The film was sparked with flashbacks of Alan's growing up and training as well as with insightful interviews with relatives and friends. The film made us feel as though we were there, gasping for breath, hastily sipping from a water-bottle or sometimes stumbling on a protruding rock.

The noise and excitement of the crowd of onlookers at each end added to the enthusiasm of competing. Shining through all the glory was the love and support of the entire Gossard family who helped to make the experience an enormously successful achievement for Alan and David.

(Recorded by Maralee Bamgardner)

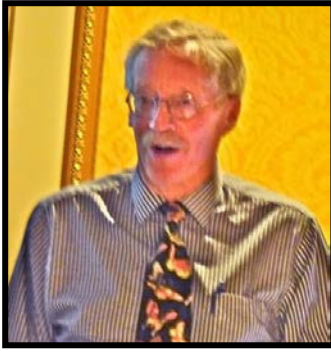
COLUMBIAN PARK ZOO

On February 16 Mackenzie brought 4 colorful animals from the Tippecanoe County Zoo for "show and tell". First, on her open palm, she had a MADAGASCAR HISSING COCKROACH. About 4" long and a lustrous dark brown color, they prefer the heat of warm places and are found only in Madagascar, living on the floor of the rain forest. When a number get together their collective hissing becomes very loud which, to a prey, resembles that of a snake, definitely to be avoided. The male has tiny horns on the top of his head which the female does not. CLYDE, a PACMAN FROG, an amphibian, appeared next with his beautifully speckled skin for good camouflage. His huge mouth, about half the length of his body, enables him to eat anything that he can fit in it! Very territorial, he makes a loud screeching noise when threatened, His skin excretes toxins, poisonous to prey, also a protective measure that tells prey that he's not good eating. Mackenzie handled him with gloves, and sprayed hand cleanser on the hands of those who touched him.

Next, perched on her glove, OTIS was the cutest little EASTERN SCREECH OWL, only about 8" and weighing only a couple of ounces. He wasn't touchable, but Mackenzie handed around an artifact which showed both the top and underside of his very soft and practically weightless feathers. He doesn't hoot as such, and as a nocturnal hunter, silence and stealth are his 'modus operandi'. Contrary to popular belief, owls cannot turn their heads 360 degrees for obvious reasons, but because they cannot move their eyes within their heads, they turn their whole head 280 degrees instead. Tufts on top of the head are not actually ears; their purpose is rather to add to the apparent size of the bird; his facial tufts however channel sounds around to his ear holes. Last but far from least, the 'star' of Mackenzie's friends today was IRWIN, the 3 to 4 foot tall WALLABY. Happy to be out of his cage he went merrily hopping around the room much to everyone's delight! What makes him so interesting are two particular features: his tail is very long, pure muscle, and used constantly to balance his heavy body as he leaps; then there are his big feet used also for balance and to propel him along, brought up along the outside of his short front legs when he stops. Family oriented, they are very much at home around people, as was evidenced in that he wasn't at all interested in returning to his cage. He has to be heavy, and we wondered just how, if it came to that, Mackenzie would manage to pick him up! Joseph provided a bit of rear persuasion, and into his cage Irwin finally went. Mackenzie is a well-spoken zoo representative; she speaks clearly and loudly, uses no notes, and is very in charge of her facts concerning each animal. She presented a most pleasant hour.

--Deb Lindenlaub



INSECTS IN POETRY**INSECTS IN POETRY**

On February 17, Dr. Tom Turpin, Purdue Professor of Entomology, gave a lecture titled "Insects in Poetry" to a large audience of residents. Dr. Turpin is nationally known as the originator of the Bug Bowl, an opportunity at Purdue's Spring Fest to learn more about insects, including tasting them and spitting crickets. The subject of insects in poetry came about because a large number of Liberal Arts students wanted to combine science and literature in some of their courses.

Dr. Turpin had a large number of poets to discuss. He began with Solomon in the Bible who wrote "Look to the ant, thou sluggard" William Shakespeare came next with an analogy about beehives but referring to the king (rather than the queen) of the hive. This elicited a comment that the male poets often got insect characteristics wrong, assuming that the male was the biter and the female the buzzer. **WRONG!**

There were lot of Victorian poets mentioned, including John Greenleaf Whittier's poem, "Telling the Bees" which referred to the Victorian practice of notifying the bees whenever their beekeeper died. Longfellow's "Song of Hiawatha" mentioned mosquitoes in a mal area (from which the word malaria

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comes), and Oliver Wendell Holmes poem about the KATYDID, which referenced their loud buzzing at night. Some said Katy did and some said Katy didn't.

Poems cited by James Whitcomb Riley included "Little Orphant Annie", which referred to a child who arrived on one of the Orphan Trains, which stopped in Indianapolis in the years between 1854 and 1929. Robert Frost wrote a poem about ants, in which he compared an ant colony to the squabbling in his college English department.

Humorists included Ogden Nash and Don Marquis. Ogden Nash's poem "The Flea", quoted in its entirety is "Adam/Had 'em." Columnist Don Marquis had an alter ego named Archie, a cockroach, who would write poetry on his typewriter after hours by leaping from the top of the typewriter onto the correct keys to spell out his thoughts. Here is an example of a spider poem written by a cockroach:

"Twas an elderly mother spider
grown gaunt and fierce and gray
with her little ones crouched beside her
who wept as she sang this lay:
Curses on these here swatters
what kills off all the flies
for me and my little daughters;
unless we eats we dies.
-Archie

--Barbara Becker



MEET OUR NEW
WELLNESS NURSE
MARIA PALMEIER



Some residents met in the Ed Room at University Place at 10:00 a.m. to hear Maria Palmeier talk about some of her activities as wellness nurse. She said vitals signs will be checked. Things that she can help with or discuss are:

- Problems of continence.
- Ways to manage high blood pressure.
- Ways to manage Diabetes.
- How to manage other health problems/issues you may want to discuss.

Maria also mentioned that you can order medical supplies such as; support hose with an assisting tool to help pull them on, and Med-Line skin care products of different types.

She also stated that if you need emergency help, call 911. Be sure your Vial of Life is updated and place a copy of your living will in an envelope next to it.

Maria mentioned that if you take a large quantity of medications per day, to try to space them out over the course of the day to avoid dizziness and/or drowsiness, which can cause dangerous falls.

Maria went on to talk about blood pressure and its importance due to the kidneys being filters for our blood, so we need to eat well and drink at least 64 ounces of liquids per day unless restricted by your doctor. She emphasized that the liquids are not just water; they can be milk, juices, Jell-O, and other types of healthy drinks.

Maria was born and raised in Panama where as a child at home she spoke Spanish, but while in school she learned to speak English as well. She is the 5th of 7 children and loves the mountains.

Maria has an associate's degree in nursing from Panama where she worked for 13 years before moving to the USA with her husband Grant in 1989. While Grant served in Desert Storm in Iraq, they lived in Fort Riley, Kansas. They moved to Lafayette in 1991, and she worked at the former George Davis Manor, Indiana Veterans Home, Home Hospital, then transferred to the Dialysis Unit where she spent 7 years becoming specialized in Kidney disease. Then she transferred to St. Elizabeth Home Care where she has worked for the last 7 years. After being a nurse for 15 years she went to Purdue and graduated in 2002. A daughter Giselle is 36 years old and lives in Nebraska. They have a dog, a Lhasa Apso named Angel, who will be 10 years old on St. Patrick's Day.

She travels to Panama at least twice a year to visit her 89 year old parents, sibling, relatives and friends.

She loves gardening, reading, church activities, meeting people and traveling. Currently, she is learning to play the violin.

Her office hours on the second floor are Mondays, Wednesdays, and Thursdays from 8:30am to 12:30pm; she is off on Tuesdays and on Fridays works 8am to 12 noon.

--Betty Wade

Talk by Rabbi Cohen on The Jewish View of God



We were very fortunate to have Rabbi Cohen from Temple Israel come back to speak to us about the Jewish View of God on February 24, 2016. As he began to talk, he started out with the topic of God the Creator and then quoted the scripture from Genesis 1:27 “So God created man in his own image, in the image of God he created him; male and female he created them.” From this he spoke on the vertical relationship we have going up to God and then the horizontal relationship we have seeing God in the image of people of his creation. Throughout his talk there were several times that Rabbi Cohen quoted the scripture in Hebrew before speaking in English. It was very nice to hear the Hebrew spoken.

The Rabbi talked about a variety of topics, and the one point that he made which stood out to me was when he made reference to the scripture from I Kings 19. “Then a great and powerful wind tore the mountains apart and shattered the rocks before the Lord, but the Lord was not in the wind. After the wind there was an earthquake, but the Lord was not in the earthquake. After the earthquake came a fire, but the Lord was not in the fire. And after the fire came a still small voice.” The passage reminds us of God speaking to us. A great aspect of faith. We have been very blessed to have Rabbi Cohen come to

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speak with us here at University Place. It is a special opportunity to have interfaith dialogue and learn from others.

--Nancy Eberhard

LENTEN FASTING

FAST FROM judging others;
FEAST ON the Christ dwelling in them.
FAST FROM emphasis on differences;
FEAST ON unity as God's children.
FAST FROM thoughts of illness;
FEAST ON the healing power of God.
FAST FROM words which pollute;
FEAST ON phrases that nourish.
FAST FROM anger;
FEAST ON patience.
FAST FROM worry;
FEAST ON God's guiding presence.
FAST FROM complaining;
FEAST ON appreciation.
FAST FROM negatives;
FEAST ON positives.
FAST FROM discontent;
FEAST ON phrases that nourish.
FAST FROM unrelenting pressure;
FEAST ON relaxation in God.
FAST FROM hostility;
FEAST ON bringing peace.
FAST FROM bitterness;
FEAST ON forgiveness.
FAST FROM anxiety;
FEAST ON hope.
FAST FROM yourself;
FEAST ON God and a silent heart.

Contributed by:
Spiritual Life Committee
Thank you,
Opal Reiff,
Spiritual Life Chairman

University Place Art Collection

We have such unique and talented residents at University Place, on Monday, February 22, 2016, a few of them shared their talent. Around 20 residents brought their art work to share with their friends, neighbors and staff. Each piece was displayed in the great room on tables and placed so each would have the best light to bring out its subject matter and color. We had paintings, sculptures, needlepoint, quilts, crochet work, and much more displayed. With such great art and attendance we hope to have even a bigger art show this Fall!

--Nicole McBee





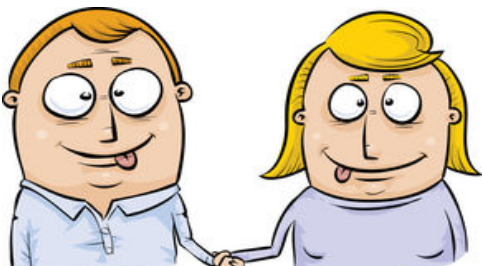
An Irish Blessing

"May God grant you always...

A sunbeam to warm you,
a moonbeam to charm you,
a sheltering Angel so none can harm you,
Laughter to cheer you.
Faithful friends near you.
And whenever you pray,
Heaven to hear you."

Paddy went into the confessional box after a long time away from the church. Inside he found a fully equipped bar with Guinness on tap. On one wall, there's a row of decanters with fine Irish whiskey and Waterford crystal glasses. On the other wall is a dazzling array of the finest cigars and chocolates. Then the priest comes in. Paddy says to him, "Father, forgive me for it's been a very long time since I've been to confession, but I must first admit that the confessional box is much more inviting than it used to be." The priest replies: "Get out, you moron, you're on my side."

Ninety eight percent of cross-eyed teachers have difficulty controlling their pupils.



Life is like a roller coaster. You can either scream every time you hit a bump or throw up your hands and enjoy the ride.



Old Cemeteries

Some fascinating things on old tombstones:

London, England:

Here lies Ann Mann, who lived an old maid but died an old Mann. Dec. 8, 1767

~~~~~

In a Ribbesford, England , cemetery:

Anna Wallace,

The children of Israel wanted bread, and the Lord sent them manna.

Clark Wallace wanted a wife, and the Devil sent him Anna.

~~~~~

In a Uniontown, Pennsylvania, cemetery:

Here lies the body of Jonathan Blake,
Stepped on the gas instead of the brake.

~~~~~

Anna Hopewell's grave in Enosburg Falls, Vermont :

Here lies the body of our Anna, done to death by a banana.

It wasn't the fruit that laid her low,  
But the skin of the thing that made her go.



WE WISH TO EXTEND  
OUR SINCERE SYMPATHY TO  
THE FAMILY AND FRIENDS OF

**BARBARA D. ETZEL**

Barbara Dawn Shoup Etzel, a University Place resident, was born December 8, 1929, in Reading, PA, and died February 18, 2016, at University Place. Barbara graduated from Reading High School in 1947 and married her high school sweetheart, James E. Etzel, on September 3, 1950. Following his graduation in 1951 at Pennsylvania State University, they came to Purdue where James earned his M.S., Ph.D and joined the Purdue faculty in 1958. They lived on a farm near Crawfordsville for many years. James preceded Barbara in death in 2011. Surviving Barbara are daughter Pamela, sons Gregory, Mark, Scott, and Christopher, four grandchildren and two sisters.



**CHARLES R. ELLIOTT**

Charles R. "Charlie" Elliott, a University Place resident, was born March 19, 1924, in Indianapolis, IN, and died February 20, 2016, at University Place. Charlie graduated from Shortridge High School in Indianapolis in 1942 and served in the U.S. Navy from 1943 to 1945 as a Pharmacist Mate aboard the U.S.S. Shelikof during the battle of Saipan. He married Lou Ann Pfaff in 1945. After graduation from Butler University School of Pharmacy in 1949, he owned Elliott Pharmacy in Zionsville, IN, for twenty-one years. They moved to University Place from their home in Naples, FL. Charlie is survived by Lou Ann, daughter Paula, two granddaughters, two great grandchildren and a sister.

*You left us beautiful memories.  
Your love is still our guide.  
And though we cannot see you,  
You are always by our side.*



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