



**HKU
Med**

LKS Faculty of Medicine
School of Nursing
香港大學護理學院

NURS1600 GETTING INTO NURSING

Nursing History Education & Organizations

Social & Cultural Factors affected Nursing

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Learning Outcomes

By the end of this lecture, students will be able to:

1. Describe the definition and scope of nursing
2. Discuss the evolution of nursing through historical development
3. Acknowledge historical & local contemporary nursing leaders
4. Familiarize with nursing education & importance of CNE
5. Recognize functions of nursing & health organizations
6. Introduction of health care delivery
7. Identify sociocultural factors influenced the development of nursing

Definition & Scope of Nursing

What is Nursing?

- “**Nurse**” stems from the Latin word *nutrix* or *nutria*
 - Means **to nourish**
- Nursing developed into a **career & profession** from an unorganized way of caring babies & the sick
- Among various definitions, there are 4 common goals:
 - *To promote wellness*
 - *To prevent illness*
 - *To restore health*
 - *To facilitate coping*

Definition of Nursing

“Nursing encompasses autonomous and collaborative care of individuals of all ages, families, groups and communities, sick and well and in all settings. Nursing includes the promotion of health, prevention of illness, and the care of ill, disabled and dying people.

Advocacy, promotion of a safe environment, research, participation in shaping health policy and in patient and health systems, management, and education are also key nursing roles.”

(International Council of Nurses, 2002)

Evolution of Nursing & Historical Development

Evolution of Nursing – Early Civilizations

- Since 4000_{BC} – Primitive societies
 - *medicinal value of plants & herbs*
 - *wound management & bleeding control*
 - *therapeutic use of water & heat*

Evolution of Nursing – Ancient Greece

- 700BC, ancient Greeks built temples to honor *the goddess of health*
- Temples like health spas rather than hospitals
- ***Nursing was done by women at home***

Evolution of Nursing – Roman Empire

- 390_{AD}, Eastern Roman Empire (Byzantine Empire)
 - **Hospitals were first established**
- Western hospitals
 - *primarily religious and charitable institutions*
 - *housed in monasteries and convents*
- Caregivers volunteered their time to nurse the sick
 - *no formal training in therapeutic modalities*

Evolution of Nursing – Middle Ages

- 11-12th centuries - formal **medical education** in **university**
 - *not enough physicians to care of the sick*
 - **care-givers** were **not required** to receive formal **training**
- **Nursing was viewed as**
 - **a natural nurturing job for women**

Evolution of Nursing – Renaissance

- 1400–1550
 - *renewed interest in science, universities were established*
 - *but **no formal nursing schools were founded***
- Social status and customs
 - *women were not encouraged to leave homes*
 - *fulfill the **traditional role of nurturer / caregiver at home***

Evolution of Nursing – Industrial Revolution

- Early to mid-1800s
 - *women in hospitals: **to make beds, scrub floors, and bathe the poor***
- End of 18th century
 - ***no standards** for nurses who worked in hospitals*
- Most nursing care - at home by female relatives of patient

Indexing Historical Events

Period	Event
390 AD	Fabiola: founded the first hospital
1552	Military nursing orders
1800	Royal College of Surgeons
1820	Florence Nightingale was born
1841	Founded of Nursing Sisters of the Holy Cross
1859	Nightingale's Notes on Nursing published in England
1860	First Nightingale School of Nursing: St. Thomas's Hospital, London
1893	First Nursing Training in HK: Nethersole School of Nursing
1931	Nursing Board of Hong Kong

Nursing Leaders

Florence Nightingale (1)

- 1820 - 1910
- *The founder of modern nursing*
- Wealthy upper-class family in England
- Well educated
- ***Called by God*** to help others
 - To improve **well-being** of mankind
- ***First scientist-theorist & nurse researcher***

Florence Nightingale (2)

- 1860 - Nightingale Training School of Nurses
 - *St. Thomas' Hospital in London*
- **First nursing school**
 - *provided both theory-based knowledge & clinical skill building*
- **Nightingale's novel beliefs about nursing education:**
 - *Holistic framework inclusive of illness & health*
 - *Theoretical basis for nursing practice*
 - *Liberal education as foundation for nursing practice*
 - *An environment that promotes healing*
 - *A body of nursing knowledge that was distinct from medical knowledge*

(Nightingale, 1969)

Florence Nightingale (3)

- Nightingale introduced many other concepts
- Unique in her time, are still used today:
 - systematic method of assessing clients
 - individualizing care on basis of the client's needs & preferences
 - maintaining confidentiality

Other Historical Nursing Leaders (1)

Clara Barton (1821-1912)

- *organized the American Red Cross*

Linda Richards (1841-1930)

- *first diploma from an American training school*
- ***practice of keeping nurses' notes & wearing uniforms***

Marry Mahoney (1845-1926)

- *the first African American professional nurse*
- ***respect cultural diversity & promotion of equal opportunities***

Lilian Wald (1867-1940)

- *first community health nurse*
- ***founder of public health nursing***

Other Historical Nursing Leaders (2)

Lavinia Dock (1858-1956)

- *protest movements for women's rights*
- ***granted women right to vote***
- ***first editor of American Journal of Nursing***

Margret Sanger (1879-1966)

- *pioneer in women's health*
- ***"birth control", planned parenthood, contraception***

Mary Breckinridge (1881-1965)

- *established the Frontier Nursing Service (FNS)*
- ***created a decentralized system for primary nursing care***

Local Contemporary Nursing Leaders



Professor Sophia Chan
*Former Secretary of Food & Health
in HK with nursing background*



Professor CHAIR Sek Ying
President, the Hong Kong
Academy of Nursing (HKAN)



Professor TIWARI Agnes
Chairperson, Nursing Council
of Hong Kong



Prof. Sylvia FUNG
*First HK nurse received the Florence
Nightingale Award*
*Ex-Chief Manager (Nursing) of the
Hospital Authority*



Dr Susie Lum
*Ex-Chief Nurse Executive/ Chief Manager
(Nursing) of
the Hospital Authority for over 14 years*
*Past President of Hong Kong Academy of
Nursing*



You??

Nursing Organizations

Nursing Organizations – Global (1)

- **International Council of Nurses (ICN)**
 - *A federation of national nurses associations*
 - *Founded in 1899, headquartered in Geneva, Switzerland*
 - *First international organization for health care professionals*
 - **Goals:**
 - to bring nurses' organizations together in a worldwide body
 - to advance the socio-economic status of nurses
 - to influence global and domestic health policy
 - *Website: <http://www.icn.ch/>*



Nursing Organizations – Global (2)

- The Honor Society of Nursing, Sigma Theta Tau International (STTI or ΣΘΤ):
 - *Second-largest nursing organization in the world*
 - *Founded in 1922, based in USA*
 - **Goals:**
 - is advancing world health and celebrating nursing excellence in scholarship, leadership, and service
 - Website: <http://www.nursingsociety.org/>



Nursing Organizations – Local (1)

- **The Nursing Council of Hong Kong (NCHK)**
 - *Former Nursing Board*
 - *Named in 1931 when Nurses Registration Ordinance 1st enacted*
 - *Re-named as Nursing Council in 1999*
 - ***The main functions of the Council:***
 - Registration or enrolment
 - Accredit nursing programme for registration or enrolment
 - Determine standards of Licensing Examinations
 - To exercise regulatory & disciplinary powers under the Ordinance
 - *Website: <http://www.nchk.org.hk/en/home/index.html>*

Nursing Organizations – Local (2)

- The Hong Kong Academy of Nursing (HKAN)

- Independent institution to organize, monitor, assess & accredit all **nursing specialist training** programs
- Since 2011
- 14 colleges
- **Missions:**
 - To protect safety of the public
 - To legitimize advanced nursing practice
 - To increase visibility & professional impact of advanced nursing practice
 - To shape health policy anticipating public interest & concerns
 - Foster transdisciplinary and intersectoral collaboration to enhance care quality in achieving efficient, effective & best care for the community;
 - Networking with global partners to foster advanced practice nursing development within & outside Hong Kong



The Hong Kong Academy of Nursing Limited
香港護理專科學院有限公司

- Website: <http://www.hkan.hk/main/en/>

Nursing Organizations – Local (3)

- **College of Nursing Hong Kong (CNHK)**

- *Began as the Hong Kong Nurses Association in 1964*
- *Organization of nurses committed to professional excellence in nursing for benefits of the health of the community*
- Website: <http://www.cnhk.org.hk/>



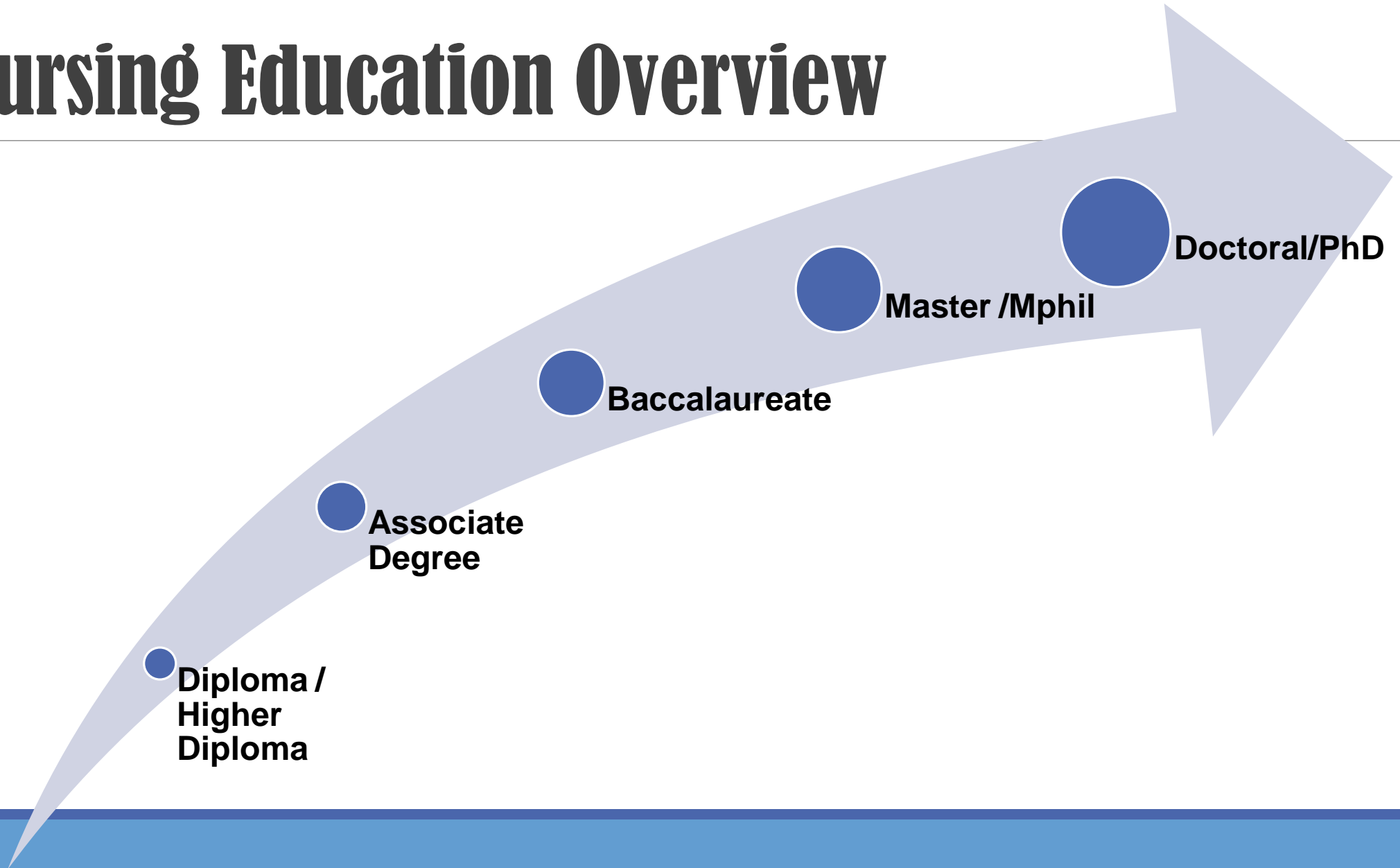
Nursing Organizations – Local (4)

- **Association of Hong Kong Nursing Staff**
 - *Founded in 1977*
 - *Formerly known as the "Government Nurses Association"*
 - ***Nurse union that is made up of nurses***
 - *The Association has been pursuing its commitment*
 - to care for the community
 - to improve health care and protect the public
 - to strive for the care of the care industry
 - to improve the quality of local care services
 - *Website: <http://www.nurse.org.hk/>*



Nursing Education

Nursing Education Overview



Diversity of Nursing Educational Programs

Programs	Diploma/ Higher Diploma	Associate Degree	Baccalaureate	Master	Master (Graduate Entry)	Doctoral
Characteristic						
Since	1873	1952	1909	1950s	1979	1960s
Origin	Hospitals	Community Colleges	Universities	Universities	Universities	Universities
Length	2-3 years	2 years	4-5 years	2 years	2-3 years	3-5 years
Outcomes	Clinically competent to plan, direct & implement care	Technically competent to plan, direct & implement care	Professionally prepared to plan, implement & coordinate care, health promotion & disease prevention	Advanced practice nurse prepared in a special area	Professionally prepared to plan, implement & coordinate care, health promotion & disease prevention	Leaders for advanced clinical practice, education, administrati on and research
Entry	DSE	DSE	DSE	BN / BSN	Non-nurse degree	MN
Licentiate	EN or RN	---	RN	---	RN	---

Trends in Contemporary Nursing Education (1)

- Technology Assisted Learning
 - ***Applications: Online learning, simulation & virtual reality***
- Problem-Based Learning
 - *Ensure accountability for patient care / safety*
 - *Enhance critical thinking & problem solving ability*
 - *Increase awareness of self-responsibility*
 - *Improve communication & negotiation skills*
 - ***Applications: Tutorial discussions, clinical PBL***

Trends in Contemporary Nursing Education (2)

- **Practice-Based Competency Learning**
 - *Nursing is a practicing profession*
 - *Practice ensure ~75% of learning retention*
 - *Professional psychomotor skills*
 - ***Applications: OSCA, presentation, etc***
- **Performance –Based / Outcome-Based Learning**
 - *With expected learning outcomes & assessment guide / rubric*
 - ***Applications: Performance examination, clinical practicum assessment, portfolio documentation***

Trends in Contemporary Nursing Education (3)

- **Evidence-Based Practice**

- *Integration of evidence-based standards / research findings into practice*
- *Emphasis on critical thinking & problem solving abilities*
- ***Applications: Change in skill practice, improve effectiveness***
- ***Examples: oral / rectal to tympanic temperature, hand wash to alcohol hand rub***

Trends in Contemporary Nursing Education (4)

- **Interdisciplinary Approach / Team-Base Learning**
 - *Collaborative learning with other disciplines*
 - *Diverse & broaden scope of clinical practice*
 - ***Applications: PCP, Inter-professional Education (IPE)***

Continuing Nursing Education (CNE) (1)

CNE - planned learning beyond basic nursing program

- *No basic program covers all knowledge & skills for lifelong*

Responsibility for self-learning - personal accountability

- *Ensure professional & personal responsibility to clients*
- *Practice up to current standards ensures care is legally safe*

To meet with requirement of specialty practice

- *e.g. Midwifery, renal nursing ...etc*

Continuing Nursing Education (CNE) (2)

Preparing nurses for tomorrow's challenges

- *"To stand still = move backwards" → lifelong learning*
- *Advance in technology → previous practice obsolete*

Staff development

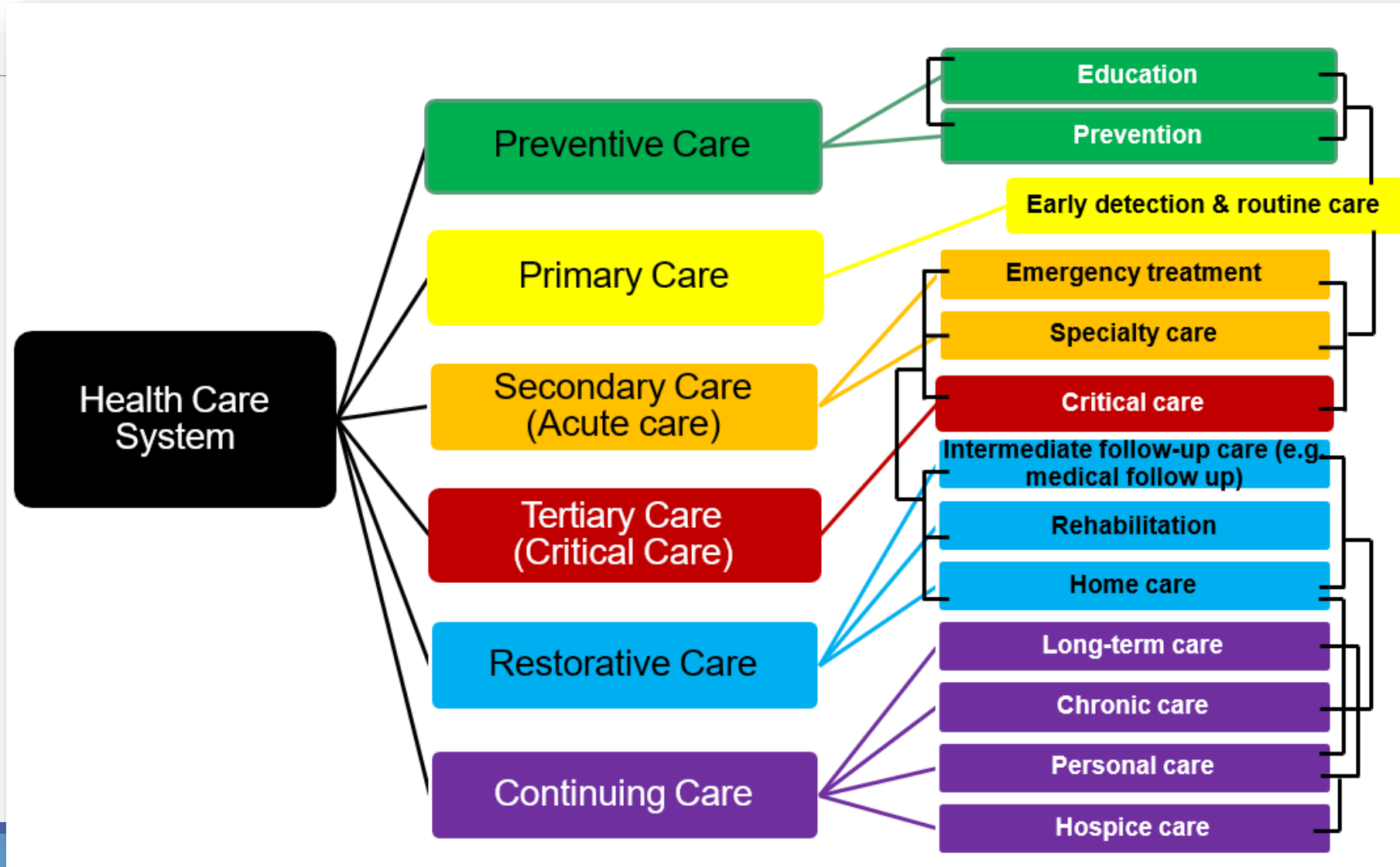
- *For higher qualification / promotion*

Mandatory for renewal of practicing license in some localities

Only recommended in Hong Kong

Health Care Delivery

Health Care Delivery



Levels of Health Care Delivery (1)

Primary

- *health care services in the community*
- *to promote wellness, prevent illness and/or early screening*

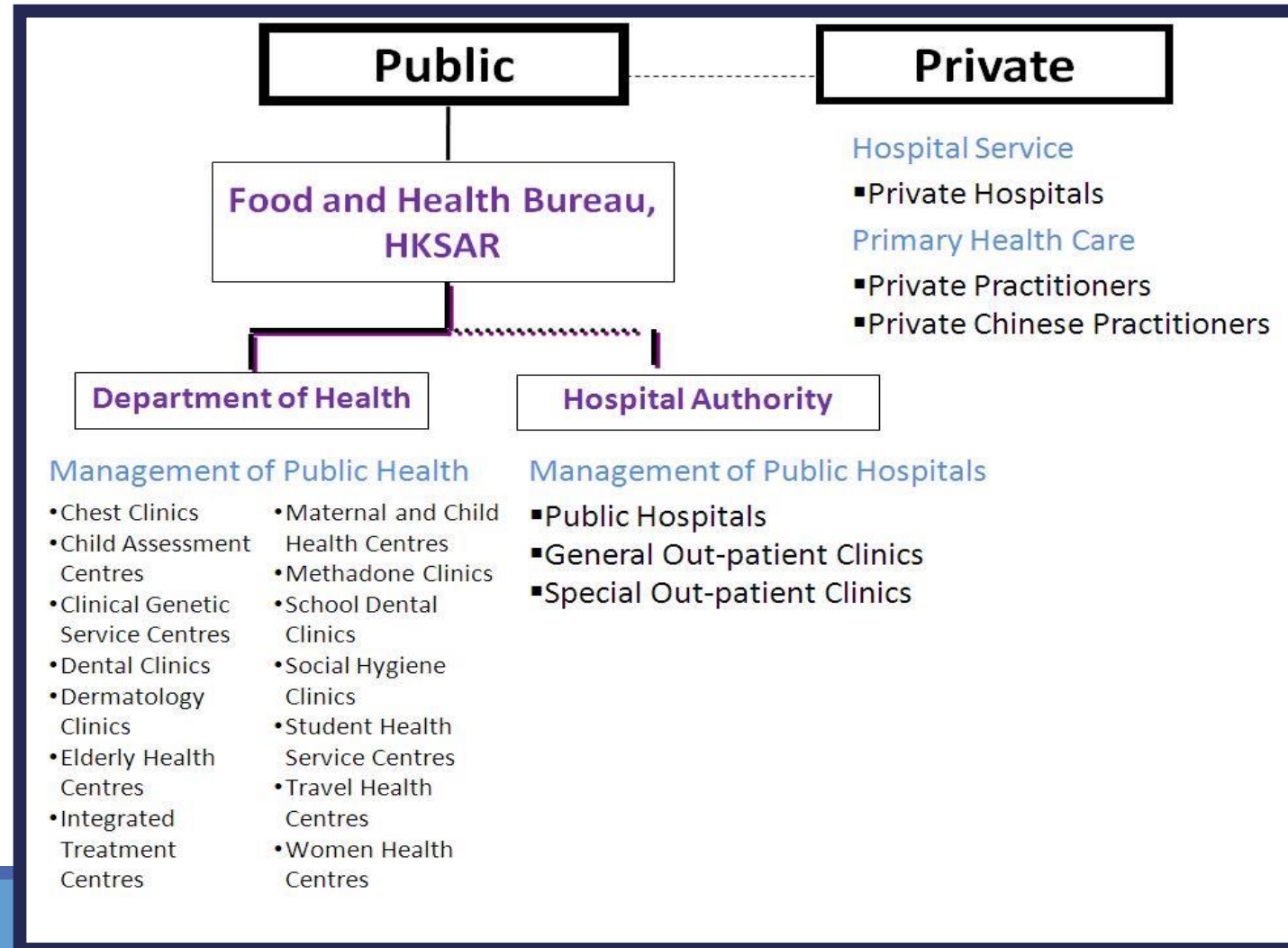
Secondary

- *health care services provided by medical / health professionals*
- *treatment for a short period of time for a brief but serious illness*
- *treat in outpatient / inpatient settings*

Tertiary

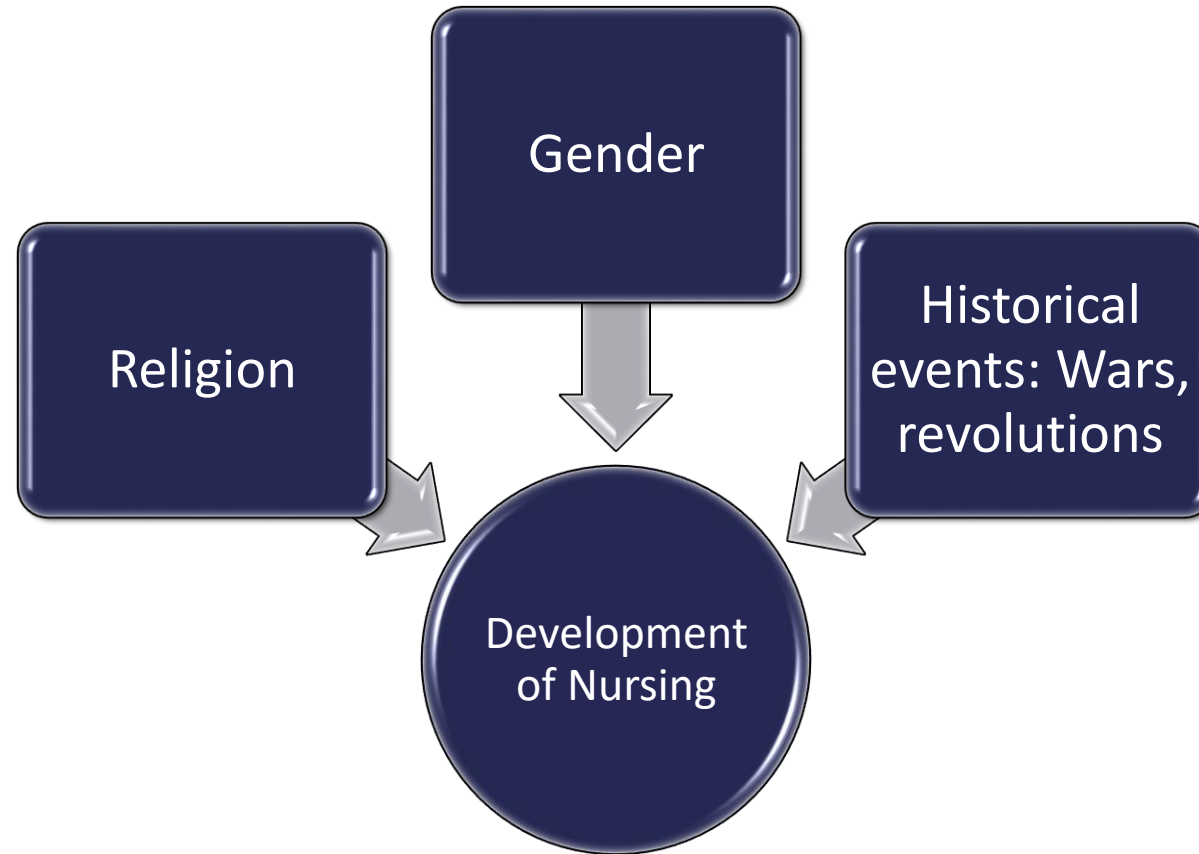
- *specialized consultative health care*
- *for advanced medical investigation and treatment*
- *high cost, intensive care*
- *treat in inpatient setting*

Health Care System of Hong Kong



Sociocultural factors influenced the development of nursing

Sociocultural Factors influenced the Development of Nursing



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