

Guiding Questions

a. What are the concerns of Mrs. Chan (including physical, psychological, social, and spiritual aspects)?

- Cannot fulfill Religion Needs (Cannot go to church)
- Walking Problem (arthritis), constipation for 6 days
- Social: No 散步, 朋友聚餐
- Psychological: 煮飯 → Family Harmony → 自責 (Guilty Feeling)

b. What are the further questions that you want to ask and/or physical examinations to clarify the suspected needs of Mrs. Chan's knee problem?

[行幾步]

COLDSPA

- Character: [紅腫痛, 好 Hing]
- Onset: 4yrs, but much more two week
- Location: Keen
- Duration: 4yrs, but increased severity before two week
- Severity: [疼痛指數:8/10]
- Pattern: Walking, 行路
- Associated factors: Painful so Constipation, High Stress Level

c. Please differentiate the subjective and objective data for Mrs. Chan from the scenario

Subjective	Objective
<ul style="list-style-type: none">● Pain Index (疼痛指數): 8/10● Stress Level Assessment● Interference of Social Network	<ul style="list-style-type: none">● Vital Signs● Severity (紅腫, 好 Hing, 唔可以行路)● Morse Fall Scale

d. How are you going to validate these data against your hypotheses?

Hypotheses	Validation
<ul style="list-style-type: none">● High Stress Level● Pain Index● Severity Constipation (High Stress Level & Low Intention for Food Intake & Worry)● Social Health	<ul style="list-style-type: none">● Psychological Consultation● Morse Fall Scale● Bristol Stool Chart● Consult their family

Guiding Questions From Other Group

Subjective:

- Pain Index
- Hotness (although it is assessment done by the Healthcare Professional)
- Constipation for 6 days

Objective:

- Vital Sign
- Redness

How to differentiate:

- Subjective: Patient Self-Report
- Objective: Assessment Done by the Healthcare Professional, Vital Sign