

Mrs. Chan has to take care of her family members and does some house work, she seems to enjoy her daily life very much. She speaks Cantonese and has no communication barrier. She states "I used to have good relationships with my family and friends"; "I often prepare meals with fresh food brought from the wet market for my husband and son" and "I am a Christian that God renewed my life". She consumes 3 regular meals every day. She complains "In the past, I would accompany my husband for a morning walk every day. But recently I stopped walking because my knee pain was dramatically worsen to severe after a fall 2 weeks ago". Pain score at 8/10 (NRS). She said that she was unable to take care of family since her knee problem getting worst. She was unhappy because she cannot attend her usual social activities such as having afternoon tea with friends every day and going to church on Sunday. She also expresses that she felt worries about no bowel opening. She wants to move her bowels but cannot do so. In the past, she used to have her bowel movement every alternate day.

