

MENTAL HEALTH ADVOCATE/ SCHOOL COUNSELLOR/WORK
COUNSELLOR/ORGANIZATIONAL COUNSELLOR

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PROFESSIONAL PROFILE

A diligent and exemplary counsellor exercising competency in individual and group therapy. Knowledgeable and empathetic counsellor adept at empowering individuals to become better... Driven to help people achieve success by providing guidance on higher education choices and life planning. Consistent in meeting the established goals of various organizational programs.

Skills and Abilities

- Flexibility and adaptability: I am always open to acknowledging and respecting other people's opinions and practices that are different from my own and can easily adapt to new situations. .
- An excellent team worker who is supportive of others.
- Communication and active listening: I am able to communicate effectively with clients and listen attentively.
- Commitment: I am committed to ensuring that clients receive the best services.
- Able to work with clients from diverse backgrounds and age groups.
- Competent: Understanding of client confidentiality and professional boundaries.
- Self-motivated and a fast learner.
- I have a warm and welcoming personality.
- I am kind, patient, empathetic and able to exercise emotional stability.
- I am capable of dispensing my duties without supervision.
- Proficient in Microsoft Applications.

PROFESSIONAL EXPERIENCE

COUNSELOR Attaché | JAN 2022 – APRIL 2022 LIL

MAGIC FOUNDATION/JFC MUNENE COLLEGE

Responsibilities/Roles:

- Providing counselling services to students.
- Providing psycho-education to the less vulnerable population on important issues.
- Organizing and executing psychosocial support programs.
- Mobilised my team during field work.
- Assisted in distributing various resources to the vulnerable communities.

EDUCATION

Bachelor of Counselling Psychology | Mount Kenya University | MAY 2019 – JULY 2022

International Certificate of Digital Literacy (ICDL) | ICDL AFRICA | JAN 2019– APRIL 2019

Kenya Certificate of Secondary Education (K.C.S.E) | Mugoiri Girls' High School | 2015 – 2018

Kenya Certificate of Primary Education (K.C.P.E) | PCEA KARIOBANGI SOUTH | 2005-2014

Hobbies and Interests

- Mentoring: I love to psycho-educate people on various issues.
- I enjoy travelling.

Referees available upon request.