

# HEALTH ASSESSMENT REPORT

## PATIENT INFORMATION

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Name: John Doe

Age: 30

Report Date: 2025-08-06 06:29:24

## BMI ASSESSMENT

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BMI Value: 24.2

Category: Normal

## RISK ASSESSMENT

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Risk Level: Medium

## SYMPTOMS & TREATMENT PLAN

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### Selected Symptoms:

1. Fever
2. Cough
3. Headache

### Recommended Medicines & Treatment:

1. Condition: Flu
  - Medicine: Paracetamol
  - Medicine: Cough Syrup
2. Condition: Migraine
  - Medicine: Ibuprofen

### Detailed Symptom-Medicine Mapping:

1. Fever -> Flu -> Paracetamol
2. Cough -> Flu -> Cough Syrup
3. Headache -> Migraine -> Ibuprofen

## MENTAL WELLNESS

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Current Mood: Okay

Sleep Duration: 7 hours per night

Mental Health Recommendations:

VITAL SIGNS

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Blood Pressure: 120 mmHg

Blood Sugar Level: 90 mg/dL

Heart Rate: 75 bpm

Vision Issues: No

Vital Signs Analysis:

- Blood pressure is within normal range
- Blood sugar is within normal range

HEALTH SUMMARY

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Total Symptoms Reported: 3

Medical Conditions Identified: 2

Medicines Recommended: 3

MEDICAL RECOMMENDATIONS

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- Schedule an appointment with your doctor within 1-2 days
- Monitor symptoms for any changes or worsening
- Follow prescribed medication regimen carefully
- Rest and stay hydrated
- Take all medications as prescribed by your healthcare provider
- Follow up with your doctor as recommended
- Keep track of any symptom changes or new symptoms
- Maintain a healthy diet and regular exercise routine

IMPORTANT MEDICAL DISCLAIMER

This report is generated based on the symptoms and information provided. It is for informational purposes only and is NOT a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your physician or other qualified healthcare provider with any questions you may have regarding a medical condition. Never disregard professional medical advice or delay seeking it because of something you have read in this report.