

# HEALTH ASSESSMENT REPORT

## PATIENT INFORMATION

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Name: Test Patient

Age: 28

Report Date: 2025-08-06 06:19:45

## BMI ASSESSMENT

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BMI Value: 26.8

Category: Overweight

## RISK ASSESSMENT

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Risk Level: High

## SYMPTOMS & TREATMENT PLAN

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### Selected Symptoms:

1. Chest Pain
2. Shortness of Breath
3. Dizziness

### Recommended Medicines & Treatment:

1. Condition: Cardiac Issue  
- Medicine: Consult Doctor
2. Condition: Asthma  
- Medicine: Inhaler
3. Condition: Vertigo  
- Medicine: Meclizine

### Detailed Symptom-Medicine Mapping:

1. Chest Pain -> Cardiac Issue -> Consult Doctor
2. Shortness of Breath -> Asthma -> Inhaler
3. Dizziness -> Vertigo -> Meclizine

## MENTAL WELLNESS

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Current Mood: Stressed

Sleep Duration: 5 hours per night

**Mental Health Recommendations:**

- Practice relaxation techniques
- Consider stress management counseling
- Aim for 7-9 hours of sleep per night
- Establish a regular sleep schedule

**VITAL SIGNS**

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Blood Pressure: 145 mmHg

Blood Sugar Level: 110 mg/dL

Heart Rate: 95 bpm

Vision Issues: Yes

**Vital Signs Analysis:**

- Blood pressure is HIGH - consult doctor immediately
- Blood sugar is within normal range

**HEALTH SUMMARY**

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Total Symptoms Reported: 3

Medical Conditions Identified: 3

Medicines Recommended: 3

**MEDICAL RECOMMENDATIONS**

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- Seek immediate medical attention from a healthcare provider
- Contact your doctor or visit emergency room if symptoms worsen
- Monitor symptoms closely and keep a symptom diary
- Take prescribed medications as directed
- Take all medications as prescribed by your healthcare provider
- Follow up with your doctor as recommended
- Keep track of any symptom changes or new symptoms
- Maintain a healthy diet and regular exercise routine

**IMPORTANT MEDICAL DISCLAIMER**

This report is generated based on the symptoms and information provided. It is for informational purposes only and is NOT a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your physician or other qualified healthcare provider with any questions you may have regarding a medical condition. Never disregard professional medical advice or delay seeking it because of something you have read in this report.