

Question on Health and Failure above topic:

1. According to WHO, health is a state of ...
 - a. Complete physical, mental and social well being
 - b. Merely the absence of disease or infirmity
 - c. All of the above
 - d. None of the above
2. Factors which influence the health are: ...
 - a. Hereditary factors
 - b. Environmental factors
 - c. Social, Economic and Psychological factors
 - d. All of the above
3. Health Failure is....
 - a. Lack of nutrition, Injury, Illness
 - b. Only Injury
 - c. Illness due to spoil food
 - d. None of the above
4. Air, Water, Land and Noise Pollution are the reason for.....
 - a. Good Health
 - b. Bad Health
 - c. Sound Health
 - d. Clean Environment
5. Natural Calamities like Earthquake and Cyclone make your.....
 - a. Health at risk
 - b. Business at risk
 - c. Property at risk
 - d. None of the above
6. Good health requires food and proper nourishment and these based on certain factors are...
 - a. Job opportunities
 - b. Good Economic Conditions
 - c. Better food availability and accessibility
 - d. All of the above
7. Factors For good Mental and Social Health are....
 - a. Equality and Social Harmony
 - b. Satisfaction in life
 - c. Safety and security
 - d. All of the above
8. Depression is the reason for bad health and affect mostly.....
 - a. Mental Health and Physical Health
 - b. Only Social Health

- c. a and b
 - d. None of the above
9. Illness in body is caused by
- a. Due to lack of nutrition
 - b. Lack of sleep or relaxation
 - c. Above a and b
 - d. None of the above
10. To recover from Injury you require
- a. Rest
 - b. Proper Medication and Rest
 - c. Proper Food, Medication and Rest
 - d. None of the above

Answers

- 1.a
- 2.d
- 3.a
- 4.b
- 5.a
- 6.d
- 7.d
- 8.c
- 9.c
- 10.c