Example for MS Fig. 3a:

- 1. From the full FOV of the series, crop an area of 1024-by-1024 pixels, and bin each frame by a factor of two, thus dimensions in the config file should be [512,512]. This is a recommendation for a quick reconstruction, but larger areas or no binning, using a powerful computing machine, will work as well.
- 2. The reconstruction limit chosen is 1.6 Å (Limit=6).
- 3. All frames are used for the reconstruction, therefore: Range=[[0,29]].
- 4. The focal range is: Foci=[-270.0,-90.0]
- 5. All other relevant parameters are in the attached config-example.fsr file.
- 6. In order to choose an area for the alignments:
 - a. Temporally save "exampleframe 000.raw" in another folder.
 - b. Bin over the whole series, and save it as "exampleframe_000.raw".
 - c. Then, use the following command line:\$> python PyFSRec.py -config-example.fsr --showarea
 - d. Correct the config file offset accordingly, and iterate with the same command line.
 - e. When finished, move the original "exampleframe_000.raw" file back to the input folder.
 - f. In this example case: Offset=[0,0] and AREA=[128,128]
- 7. Resave the original "example frame 000.raw" in the examples file folder.
- 8. To reconstruct the wavefunction, use the following command line:
 - \$> python PyFSRec.py -config-example.fsr
- 9. It will save in the given config file output folder some Excel files, and two ".wav" files which are the wavefunction and the filtered wavefunction.
- 10. To autofocus, run the following command line:
 - \$> python PyFSRec.py -config-example.fsr --autofocus
- 11. To finish, present the phase of "Rec-bin2-av10_filt.wav"