



*Your children at the heart of all we do*

# Kirklees School Meals Service

Two Week Winter Menu 2019/20

## St Patrick's Catholic Primary School



All our menus are planned in line with the Government's **Food Based Standards**

We serve a tasty 2 course meal, freshly prepared on site for

**£2.25**

To find out more about school meals and view your child's school menu online go to:  
[www.kirklees.gov.uk/schoolmeals](http://www.kirklees.gov.uk/schoolmeals)

We cater for special diets

We offer healthy choices like our Sugar Smart initiative: serving reduced sugar desserts at least once per week

This menu runs from **4th November 2019** until schools break up for **Easter 2020**

We hold the Soil Association '**Silver Food For Life Served Here**' accreditation, which means:

- At least **75%** of dishes on the menu are **freshly prepared**
- We use **local and seasonal** produce
- All eggs are **free range**
- Meat is '**farm assured**' as a minimum
- All fish comes from **sustainable** stocks
- No undesirable additives or artificial trans fats are used

### THEME DAYS

December 2019 – Christmas Lunch

January 2020 – Mulan's Chinese Buffet

March 2020 – World Book Day



**munchin**





Available daily: fresh bread, freshly prepared salad bar and drinking water

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Cottage Pie</b> <i>served with</i> Seasonal Vegetables	<b>Southern Style Chicken</b> <i>served with</i> Crispy Sliced Potatoes & Garden Peas	<b>Roast of the Day</b> <i>served with</i> Traditional Accompaniments Oven Roast & Creamed Potatoes Winter Cabbage & Fresh Carrots	<b>Homemade Loaded Vegetable Pizza</b> <i>served with</i> Herby Diced Potatoes & Crunchy Coleslaw	<b>Crispy Crumbed Fish</b> <i>served with</i> Oven Baked Chips & Mushy Peas
<b>Quorn Dippers</b> <i>served with</i> Seasoned Wedges & Baked Beans	<b>Organic Penne Pasta</b> <i>served with</i> Italian Tomato Sauce & Garlic Bread	<b>Vegetarian Sausage &amp; Gravy</b> <i>served with</i> Oven Roast & Creamed Potatoes Winter Cabbage & Fresh Carrots	<b>Quorn Spaghetti Bolognaise</b> <i>served with</i> Garlic Bread	<b>Vegetable Balti Curry</b> <i>served with</i> Fluffy Wholegrain Rice & Raita Sauce
<b>Sponge of the Day</b> <i>served with</i> Creamy Custard  <b>Flapjack</b> <i>served with</i> Fresh Fruit Juice  <b>Chunky Fruit Pots</b>	<b>Chocolate Fudge Pudding</b> <i>served with</i> Chocolate Sauce  <b>Fruit in Jelly</b>  <b>Fresh Fruit Kebabs</b>	<b>Creamy Rice Pudding</b> <i>served with</i> Mixed Berry Compote  <b>A Selection of Reduced Sugar Desserts</b>	<b>Lemon Crunch Tart</b> <i>served with</i> Creamy Custard  <b>Assorted Cupcakes</b>  <b>Chunky Fruit Pots</b>	<b>A Selection of Home Baking</b>  <b>Organic Yoghurt</b>  <b>Fresh Fruit Salad</b>



Available daily: fresh bread, freshly prepared salad bar and drinking water

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Baked Sausage &amp; Gravy</b> <i>served with</i> Creamed Potatoes & Seasonal Vegetables	<b>Creamy Chicken Pie</b> <i>served with</i> Herby Diced Potatoes & A Medley of Peas & Golden Sweetcorn	<b>Roast of The Day</b> <i>or</i> <b>Quorn Fillet</b> <i>served with</i> Traditional Accompaniments Oven Roast & Creamed Potatoes & Broccoli Florets	<b>Chicken Burger</b> <i>or</i> <b>Vegetable Burger in a Bread Bun</b> <i>served with</i> Jacket Wedges & Golden Sweetcorn	<b>Golden Crumbed Fish Fingers</b> <i>served with</i> Oven Baked Chips & Garden Peas
<b>Mac 'n' Cheese</b> <i>served with</i> Garlic Bread	<b>Quorn Tikka Masala</b> <i>served with</i> Fluffy Wholegrain Rice & Raita Sauce	<b>Salmon Fillet &amp; Sweet Chilli Sauce</b> <i>served with</i> Roast Potatoes & Broccoli Florets	<b>Margherita Swirl</b> <i>served with</i> Jacket Wedges & Baked Beans	<b>Vegetable Pasta Bake</b> <i>served with</i> Crispy Mixed Salad
<b>Sticky Toffee Pudding</b> <i>served with</i> Toffee Sauce  <b>Fresh Milkshake &amp; Homemade Biscuit</b>  <b>Fresh Fruit Salad</b>	<b>Assorted Gateaux</b>  <b>Chunky Fruit Pots</b>  <b>Organic Yoghurts</b>	<b>Seasonal Fruit Crumble</b> <i>served with</i> Creamy custard  <b>A Selection of Reduced Sugar Desserts</b>	<b>Hot Sweet of the Day</b>  <b>Chocolate &amp; Beetroot Cake</b>  <b>Chunky Fruit Pots</b>	<b>Jam Sponge</b> <i>served with</i> Creamy Custard  <b>A Selection of Home Baking</b>  <b>Fresh Fruit Kebabs</b>