

## [EVOLVE YOUR BRAIN](#)



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### **Dr Joe Dispenza Official Site**

Joe Dispenza, D.C. is an international lecturer, researcher, corporate consultant, author, and educator who has been invited to speak in more than 32 countries on five continents. As a lecturer and educator, he is driven by the conviction that each of us has the potential for greatness and unlimited abilities.

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### **Evolve Your Brain The Science of Changing Your Mind Part**

Evolve Your Brain is designed to serve as a practical tool to guide us as we experience the processes that we can use to change our mind and evolve our brain. Most self-help or human potential books focus on the mind, the emotions, or the body but place little attention on the brain.

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### **Evolve Your Brain The Science of book by Joe Dispenza**

It is so much easier to live in a reactive, rather than proactive, manner. To change is to break the habit of being yourself." "Evolve Your Brain" is an encouraging guide for anyone who wants to change their life but has become discouraged by this seemingly insurmountable task.

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### **How to Rewire Evolve Your Brain to Experience a New Reality Dr Joe Dispenza**

Dispenza's postgraduate training and continuing education has been in neurology, neuroscience, brain function and chemistry, cellular biology, memory formation, aging and longevity.

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Dr. Joe Dispenza . Joe Dispenza, D.C. is an international lecturer, researcher, corporate consultant, author, and educator who has been invited to speak in more than 32 countries on five continents. (Hay House, 2012) and Evolve Your Brain: The Science of Changing Your Mind (2007), both of which detail the neuroscience of change and epigenetics.

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Evolve Your Brain presents this information in depth, while helping you take control of your mind, explaining how thoughts can create chemical reactions that keep you addicted to patterns and feelings including ones that make you unhappy.

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