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Control the crazy : my plan to stop stressing, manage haters, and maintain inner cool. [Vinny Guadagnino; Samantha Rose] -- "We all have the power to make our lives better in an instant. You have absolute power to control your crazy.

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Control the Crazy: My Plan to Stop Stressing, Avoid Drama, and Maintain Inner Cool (Paperback) By Vinny Guadagnino, Samantha Rose. \$14.00 In this book, Vinny discusses how he's confronted his demons head on, and he gives readers the tools to do so themselves. For the millions of his fans who are also feeling overwhelmed with the world

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The book, Control the Crazy: My Plan to Stop Stressing, Avoid Drama, and Maintain Inner Cool [Bulk, Wholesale, Quantity] ISBN# 9780307987242 in Hardcover by Rose, Samantha;Guadagnino, Vinny may be ordered in bulk quantities.

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'Jersey Shore' Star Vinny Tells All In 'Control The Crazy

'Jersey Shore' Star Vinny Tells All In 'Control The Crazy' Book 'It's a perfect opportunity to help people now,' Vinny tells MTV News about his book, which chronicles the star's battle with

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Birth Control Makes Women Unattractive And Crazy

God-fearing nutcases like me have long argued that birth control, like abortion (or the murder of children, if you prefer), is the work of the Devil. Like all things discouraged by the Bible, it leads only to misery and suffering for young men as well as women.

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BOOK REVIEW Control the Crazy by Vinny Guadagnino

I really enjoyed the book. The video is just me expressing my thoughts and feelings on Control the Crazy. Check it out. Especially is you've struggled with anxiety. This book is really more of a

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