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Mel Robbins is a best-selling author, award-winning CNN commentator, and motivational speaker. Her TEDx Talk, How To Stop Screwing Yourself Over, has been viewed more than 10 million times, and her book, Stop Saying You re Fine, is a business bestseller. A Dartmouth-educated lawyer-turned-life coach, she s also a blogger, relationship expert and working mom.

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### **Stop Saying You're Fine Mel Robbins 9780307716736**

Mel Robbins is a best-selling author, award-winning CNN commentator, and motivational speaker. Her TEDx Talk, "How To Stop Screwing Yourself Over," has been viewed more than 10 million times, and her book, Stop Saying You're Fine, is a business bestseller.

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