

THE THYROID DIET BY MARY J SHOMON



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Thyroid Diet and Weight Loss Information Center Mary Shomon

Thyroid Diet & Weight Loss Information Center, from patient advocate and best-selling author Mary Shomon, author of New York Times best-seller Thyroid Diet, and the popular Living Well series from HarperCollins, including Living Well With Hypothyroidism

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Diet and Weight Loss Tips for Thyroid Patients

If your thyroid is underactive, a lack of treatment, or insufficient treatment, may make weight loss almost impossible, despite diet and exercise. And the longer it takes you to get diagnosed, the more weight you could gain.

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Thyroid Disease Medications Types and Their Uses

Thyroid medications encompass an array of different options, which differ not only in their composition but their intent. Hormone replacement therapy, such as Synthroid (levothyroxine), is the most widely used drug for hypothyroidism. An anti-thyroid drug like Tapazole (methimazole) may be used for hyperthyroidism, and thyroid cancer patients may require or radioactive-iodine therapy or

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Hypothyroidism swollen symptoms average Definition

Causes and symptoms Congenital hypothyroidism is a disorder that affects infants from birth, resulting from the loss of thyroid function due to the failure of the thyroid gland to develop correctly.

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