

## **HELP YOUR TEENAGER BEAT AN EATING DISORDER**



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The author of over 500 articles, books, book chapters, and published abstracts, Dr. Le Grange has published several books for professionals and parents in collaboration with James Lock, including Help Your Teenager Beat an Eating Disorder, Second Edition.

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Based on new research, Help Your Teenager Beat an Eating Disorder shows how parents can break the disorder's control over their child's mind and re-establish normal eating and family relations. The odds for full recovery drop precipitously if treatment is delayed. A radically important wake up call, this book urges parents to act now.

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Help Your Teenager Beat an Eating Disorder Amazon.com Rating: If your teenager shows signs of having an eating disorder, you may hope that, with the right mix of love, encouragement, and parental authority, he or she will just "snap out of it."

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### **Help Your Teenager Beat an Eating Disorder First Edition**

Help Your Teenager Beat an Eating Disorder provides the tools you need to build a united family front that attacks the illness to ensure that your child develops nourishing eating habits and life-sustaining attitudes, day by day, meal by meal. Full recovery takes time, and relapse is common.

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### **Help Your Teenager Beat an Eating Disorder Second Edition**

When families work together to get the most out of treatment and prevent relapse, eating disorders can be beat. Help Your Teenager Beat an Eating Disorder is your essential roadmap. Featuring the latest research, resources, and diagnostic information, the second edition has been expanded to cover binge-eating disorder.

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### **Help Your Teenager Beat an Eating Disorder James Lock**

"In the fall of 2005 our daughter was confined to a hospital bed. Her doctor recommended Help Your Teenager Beat an Eating Disorder. I recognized my daughter's anorexic behaviors in the very first paragraph of Chapter 1, but didn't realize then how invaluable the book would be in the months to follow.

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### **Help Your Teenager Beat An Eating Disorder Eating**

Help Your Teenager Beat An Eating Disorder. They present some new concepts on the management of eating disorders that are somewhat contradictory to current thinking, and make valid points backed by research (the authors have a five-year grant for studying the treatment of anorexia nervosa).

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### **Help Your Teenager Beat an Eating Disorder IACP**

The authors of Help Your Teenager Beat an Eating Disorder argue that while in some cases, providers have traditionally encouraged parents of teens with eating disorders to be uninvolved and to keep at a distance, the very opposite should be the case.

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**Help Your Teenager Beat an Eating Disorder James Lock**

Bloggat om Help Your Teenager Beat an Eating Disorder vrig information James Lock, MD, PhD, is Professor of Child Psychiatry and Pediatrics at Stanford University and Director of the Stanford Child and Adolescent Eating Disorders Program.

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**Help Your Teenager Beat an Eating Disorder Second Edition**

Learn how to monitor your teen's eating and exercise, manage mealtimes, end weight-related power struggles, and partner successfully with health care providers. When families work together to get the most out of treatment and prevent relapse, eating disorders can be beat. This book is your essential roadmap.

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