

## **HIGH BLOOD PRESSURE STROKES**



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### **The Terrifying Link Between High Blood Pressure and Stroke**

There are two main types of strokes -- and high blood pressure makes both more likely. Strokes caused by blocked blood flow. In almost 9 out of 10 cases, you have a stroke because something, usually a clot, blocks the flow of blood to the brain. Doctors call this an ischemic stroke. Without oxygen, brain cells start dying within minutes.

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### **Blood Pressure Stroke and high blood pressure**

Having high blood pressure is a major risk factor for stroke. If you can lower your blood pressure through lifestyle changes and medicines, you can reduce your risk. If you have high cholesterol it is very important that this is treated as well.

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### **High Blood Pressure and Strokes How Are They Connected**

High Blood Pressure and Mini Strokes A mini stroke, or transient ischemic attack (TIA), occurs when a temporary clot forms. The symptoms are similar to a full-blown stroke: paralysis or numbness on one side of the body, difficulty talking, trouble with balance, blurred vision, confusion, and an altered sense of taste or smell.

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### **Medical Risk Factors National Stroke Association**

High blood pressure is the number-one cause of stroke. Blood pressure is the force of blood pushing against the walls of your arteries. High blood pressure causes the heart to pump harder to move blood through the body. This can weaken blood vessels and damage major organs, such as the brain.

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### **Will High Blood Pressure Cause a Stroke cheatsheet com**

Most people living with high blood pressure do not know they have it. This is one of many reasons the condition endangers your heart, brain, and overall health. There are many reasons strokes occur.

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### **The Number One Reason For Stroke High Blood Pressure**

High blood pressure is a huge factor, doubling or even quadrupling your stroke risk if it is not controlled. High blood pressure is the biggest contributor to the risk of stroke in both men and women, Dr. Rost says.

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### **High blood pressure dangers Hypertension's effects on**

Damage to your brain. Uncontrolled high blood pressure can lead to stroke by damaging and weakening your brain's blood vessels, causing them to narrow, rupture or leak. High blood pressure can also cause blood clots to form in the arteries leading to your brain, blocking blood flow and potentially causing a stroke.

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### **How High Must Blood Pressure Get to Cause Stroke**

Is a stroke pretty much guaranteed once your blood pressure reaches a point higher than a specific number?

When the top number (systolic) is at least 140 and the bottom number (diastolic) is at least 90, this is considered high blood pressure (hypertension).

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### **High Blood Pressure and Hemorrhagic Stroke**

More in Stroke. Long term high blood pressure, typically referred to as hypertension, is a known risk factor for ischemic strokes, which are strokes caused by interruption of blood supply in the brain. Extremely high blood pressure, even for a short period of time, can cause hemorrhagic strokes, which are strokes caused by bleeding in the brain.

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**Controlling high blood pressure to reduce stroke risk WTOP**

A stroke can occur when the high blood pressure affects the brain's arteries. Additionally, the brain's tissue is very sensitive to changes in pressure, Dr. Benson added.

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