

## **HOW CAN YOU INCREASE YOUR CHANCES OF GETTING PREGNANT**



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Still, there are ways you can increase your chances of getting pregnant. Stash Marvin away for special occasions and try one of these ob-gyn-approved tips instead. 1. Take prenatal vitamins.

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### **How to Increase Your Chances of Getting Pregnant**

However, one thing is for sure, there are ways to increase your chances of getting pregnant. Here are a few factors that you should look into if you're trying to get pregnant. Work on Your Timing. Before anything else, you need to be in tune with your own menstrual cycle.

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### **How to Increase Your Chances of Getting Pregnant**

There is just one exception. If you are not ovulating, you can't get pregnant. No egg means no pregnancy.

Conclusion. Despite all the complications and risks, the majority of women have healthy pregnancies and healthy children. You increase your chances of becoming pregnant by nurturing your body. Stick to avoiding drugs, alcohol, and medications.

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