

THE BIBLE AND FASTING



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Fasting What The Bible Says

Fasting and Abstinence Although the word fast is used as abstaining from food in the Bible and does not refer to giving up other things, during a fast one can practice abstinence from other pleasures as well, such as entertainment, TV, hobbies and sex, as spoken about in 1 Corinthians 7:1-5.

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Christian fasting what does the Bible say

Question: "Christian fasting - what does the Bible say?" Answer: Scripture does not command Christians to fast. God does not require or demand it of Christians. At the same time, the Bible presents fasting as something that is good, profitable, and beneficial.

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What Does the Bible Say About Fasting

100 Bible Verses about Fasting Matthew 6:16-18 ESV / 1,689 helpful votes Helpful Not Helpful And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others.

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What the Bible Says About Spiritual Fasting ThoughtCo

For New Testament believers, fasting was neither commanded nor forbidden in the Bible. While early Christians were not required to fast, many practiced prayer and fasting regularly. While early Christians were not required to fast, many practiced prayer and fasting regularly.

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Thus fasting is presented as an accepted observance in the church in the Book of Acts.(57) Yet the fact that fasting is mentioned in only three chapters would seem to indicate that fasting was the exception and should not be presented as the generalized picture of the church in its early beginnings.

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What Does the Bible Say About Fasting Is Christian

In Bible times, fasting was acceptable to God when it was done with the right motive. But when it was done for the wrong reasons, it brought God's disfavor. However, the Bible neither commands nor forbids fasting for people today.

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Biblical Fasting AllAboutGOD.com

Biblical Fasting - Is there a proper method to fasting? Biblical fasting, unlike fasting for medical or health reasons, must be done with an attitude of seriousness and sincerity. When we fast, we willingly deprive the body of nourishment and the pleasurable taste of food.

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Chris Pratt Is Fasting And Praying For 21 Days With Bible

The Daniel Fast is based on the fasting experiences of the Old Testament prophet of the same name, according to its website. The diet restricts individuals from consuming meat and animal products

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How to fast what does the Bible say GotQuestions org

So, if fasting is something that Christians do, what is the proper way to fast? What does the Bible say about how to fast? The Bible mentions different types of fasting. There is limiting yourself to a certain type of food (Daniel 1:8 14). There is fasting from food entirely (Daniel 10:2 3). There is fasting from food and water (Luke 4:2; Acts 9:9).

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