

BLOOD PRESSURE WHAT IS HIGH



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Complications of high blood pressure include heart disease, kidney (renal) disease, hardening of the arteries (atherosclerosis or arteriosclerosis), eye damage, and stroke (brain damage). Hypertension is a major public health problem.

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Blood Pressure What is high blood pressure

If you have high blood pressure, this higher pressure puts extra strain on your heart and blood vessels. Over time, this extra strain increases your risk of a heart attack or stroke. High blood pressure can also cause heart and kidney disease, and is closely linked to some forms of dementia.

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What Is High Blood Pressure

Story at-a-glance. High blood pressure, also known as hypertension, is a common and dangerous condition wherein the blood flows through the arteries at a pressure that is consistently higher than normal. In November 2017 the National Heart, Lung and Blood Institute published updated guidelines for blood pressure, redefining high blood pressure,

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High Diastolic Blood Pressure What is Normal and How to

The diastolic blood pressure indicates the pressure in the arteries when the heart rests between beats. A normal diastolic blood pressure is 80 or less. Anything between 80 and 89 is still considered normal, and high diastolic blood pressure is reading over 90.

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Causes of High Blood Pressure Risk Factors Weight Diet

When a direct cause for high blood pressure can be identified, the condition is described as secondary hypertension. Among the known causes of secondary hypertension, kidney disease ranks highest.

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High blood pressure Causes symptoms and treatment

High blood pressure is also known as hypertension. Blood pressure is the amount of force exerted against the walls of the arteries as blood flows through them.

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Blood pressure chart What your reading means Mayo Clinic

Blood pressure readings fall into four general categories, ranging from normal to stage 2 high blood pressure (hypertension). The level of your blood pressure determines what kind of treatment you may need.

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High Blood Pressure National Heart Lung and Blood

High blood pressure is a common disease in which blood flows through blood vessels, or arteries, at higher than normal pressures. Blood pressure is the force of blood pushing against the walls of your arteries as the heart pumps blood. High blood pressure, sometimes called hypertension, is when this force against the artery walls is too high.

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Blood Pressure Blood pressure chart

Blood pressure chart. The top number is your systolic blood pressure. (The highest pressure when your heart beats and pushes the blood round your body.) The bottom one is your diastolic blood pressure. (The lowest pressure when your heart relaxes between beats.) The blood pressure chart below shows ranges of high, low and healthy blood pressure readings.

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New Blood Pressure Guidelines Mean Yours Might Be Too High Now

High blood pressure damages blood vessels and can lead to organ damage such as kidney and heart failure, as well as heart attacks and stroke. It s one of the leading killers around the world as

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High Blood Pressure

Blood pressure is the force of blood pushing against the walls of arteries. When the doctor measures your blood pressure, the results are given in two numbers. The first number, called systolic blood pressure, is the pressure caused by your heart contracting and pushing out blood. The second number

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How High Is Too High for Your Blood Pressure Health

Researchers found that people with pre-high blood pressure (blood pressure between 120/80 and 139/89) were 66 percent more likely to develop a stroke than people who had normal blood pressure.

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