

CHRIS CROWLEY YOUNGER NEXT YEAR



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Younger Next Year: Live Strong, Fit, and Sexy - Until You're 80 and Beyond [Chris Crowley, Henry S. Lodge] on Amazon.com. *FREE* shipping on qualifying offers. Announcing the paperback edition of Younger Next Year , the New York Times, USA Today, Wall Street Journal

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Bios Younger Next Year

Chris Crowley. Chris Crowley is the New York Times bestselling co-author (with leading NY internist and Columbia Medical School Professor, Henry S. Lodge M.D. , Harry) of the Younger Next Year books which have sold over two million copies and have been translated into 20 languages worldwide. The Younger Next Year books have been called The Boomers Bible and The Best thing

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Younger Next Year Live Strong Fit and Sexy Until You

Chris Crowley, a former litigator (Davis Polk & Wardwell), is the coauthor, with Henry S. Lodge, of the Younger Next Year books, and the coauthor, with Jen Sacheck, PhD, of Thinner This Year. Though in his eighties, he fully lives the life, skiing black diamonds and routinely doing fifty-mile bike rides.

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Henry S Lodge Author of Younger Next Year Books Dies

Dr. Henry S. Lodge, whose series of health-advice books, Younger Next Year, written with his patient Chris Crowley, sold in the millions, died on Friday in Manhattan. He was 58. The cause

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