

THE COMPLETE BOOK OF ESSENTIAL OILS AND AROMATHERAPY



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Valerie Ann Worwood has a doctorate in complementary health and is a clinical aromatherapist who teaches throughout the world training therapists and medical practitioners. Her books include The Fragrant Mind, The Complete Book of Essential Oils and Aromatherapy, Aromatherapy for the Healthy Child, Endometriosis Natural Treatment Program (with Julia Stonehouse) and Aromatherapy for the Soul.

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