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John E. Sarno, M.D., is Professor of Clinical Rehabilitation Medicine, New York University School of Medicine, and attending physician at the Howard A. Rusk Institute of Rehabilitation Medicine, New York University Medical Center.

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John E. Sarno. Jump to navigation Jump to search. John E. Sarno. Born: John Ernest Sarno Jr. June 23, 1923. Williamsburg, Brooklyn, New York, U.S. Died: June 22, 2017 (aged 93) Danbury, Sarno's books describe two follow-up surveys of his TMS patients. The first in 1982 interviewed 177 patients selected randomly from those Sarno treated in

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### **John E Sarno Official Site**

John E. Sarno M.D., a graduate of Columbia University College of Physicians and Surgeons, is Board Certified in Physical Medicine and Rehabilitation, and a Professor of Rehabilitation Medicine on the faculty of the New York University School of Medicine. Dr. Sarno has written four books on pain disorders in the period 1984 to 2006.

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Dr John E. Sarno identifies a condition he refers to as TMS, which stands for Tension Myositis Syndrome. In a nutshell, Sarno believes that TMS is a condition whereby some physical pain (in this case back pain) is actually caused by the subconscious mind repressing emotions.

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10 Lessons From Healing Back Pain by Dr John Sarno: Part 1 / In Healing Back Pain (and his other books), Dr Sarno introduces the concept of Tension Myositis Syndrome (TMS). Today TMS is often referred to as Mind Body Syndrome, and in my mind the terms can be used interchangeably.

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### **Books by John E Sarno on Google Play**

John E. Sarno is Professor of Rehabilitation Medicine, New York University School of Medicine, and attending physician at the Howard A. Rusk Institute of Rehabilitation Medicine, New York University Medical Center. He graduated from The Columbia University College of Physicians and Surgeons in 1950.

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### **Healing Back Pain Official Site**

Dr. Sarno, a pioneer in the practice of Mindbody medicine and best-selling author of three books on the subject, has successfully treated thousands of patients with persistent and often seemingly incurable pain.

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La mente dividida (Spanish Edition) by John E. Sarno and a great selection of related books, art and Sarno, John E. Published by Grand Central Publishing. ISBN Pages can include considerable notes-in pen or highlighter-but the notes cannot obscure the text. An ex-library book and may have standard library stamps and/or stickers.

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