QUICK AND EASY VEGAN BREAKFAST RECIPES



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Yum. Yum! Sarah Kramer, co-author of How It All Vegan Quick and Easy Vegan Comfort Food is filled with accessible, invigorating recipes. Alongside simple preparation instructions are cooking tips and suggestions for pairings with other dishes in the book . . .

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Making this Easy Vegan Granola recipe is only slightly harder and much more fun than scooping it out of the bulk bins at the local health food store. It features almond butter for its base, rolled oats, cinnamon and nutmeg and just the right amount of walnuts and pecans to round out the crunch. A

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Healthy Vegan Breakfast Recipes EatingWell

These blueberry muffins may not have eggs or milk, but they are light, fluffy and loaded with sweet fruity flavor. Flaxseed acts as an egg replacement in these vegan muffins that are perfect for a quick breakfast, Sunday brunch or late-night snack.

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Raw Breakfast Parfaits Vegan Recipes from Cassie Howard

These raw vegan breakfast parfaits are the perfect thing to wake up to any morning! Creamy cashews, sweet fruit and a healthy amount of nuts and seeds - yum!

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Easy Vegan Recipes Cooking with Plants

Healthy, quick and tasty vegan recipes that your whole family will love! From kids to stay fast meat eaters, you will have a mouthwatering range of foods for everyone to enjoy.

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15 Vegan Porridge Recipes for a Protein Packed Breakfast

10. High-Protein Creamy Amaranth Porridge This High-Protein Creamy Amaranth Porridge is a whole lot of wow! This is a great breakfast to make early in the week and store it for a quick and easy meal.

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Quick Easy Vegan French Toast Wallflower Kitchen

A few weeks back, I asked my readers on Twitter what recipe they d like to see next on the blog and there was a big percentage asking for vegan French toast so here it is! It was perfect timing for this post as around the same time, I was asked by Circulon if I d like to try one of their

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Easy vegan recipes Jamie Oliver

Vegan recipes (135). Whether it s delicious vegetarian or easy vegan recipes you re after, or ideas for gluten or dairy-free dishes, you ll find plenty here to inspire you.

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