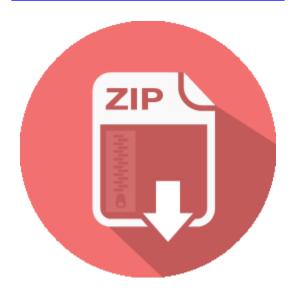
VERY LOW CARB MEALS



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Parmesan Tuna Patties (low fat, low carb) These are fast and tasty. If desired, top with a bit of marinara, mustard, etc. This makes 4 small patties, so I usually double the recipe for my family.

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