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Why Is It Always About You User Review - Overstock.com I bought this book to help with a narcissistic family member and came to realize we are all narcissistic in one way or another.

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This may not be the most in depth writing on the subject but, for those of you like me who know in your heart that there is something wrong with someone in your life, this book can be a real eye opener, give voice to what you know is there, and set you on a road to recovery.

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Why Is It Always About You Quotes by Sandy Hotchkiss

If you and others feel you must walk on eggshells to avoid setting off a landmine, suspect underlying narcissism and tailor your responses accordingly. Sandy Hotchkiss, Why Is It Always About You? : The Seven Deadly Sins of Narcissism

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Why Is It Always About You New Insights

In her book Why is it Always About You? The seven deadly sins of narcissism, Sandy Hotchkiss describes how

people come to have these shortcomings, how others get drawn into their orbit and how one can cope or break free. Hotchkiss describes how a narcissist* has not developed a realistic sense
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