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Middle Eastern cuisine Wikipedia

Middle Eastern cuisine is the cuisine of the various countries and peoples of the Middle East. The cuisine of the region is diverse while having a degree of homogeneity. It includes Arab, Iranian/Persian, Israeli/Jewish, Assyrian, Armenian, Kurdish, Cypriot, and Turkish cuisines. In 2017, Middle Eastern cuisine was claimed by many sources to be one of the most popular and fastest growing ethnic

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Asian cuisine Wikipedia

West Asian cuisine is the cuisine of the Middle East, minus Egypt. Middle Eastern cuisine is the cuisine of the various countries and peoples of the Middle East. The cuisine of the region is diverse while having a degree of homogeneity. Some commonly used ingredients include olives and olive oil, pitas, honey, sesame seeds, dates, sumac, chickpeas, mint and parsley.

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Pizza, pasta, calzones and more! Impress your friends with a traditional Italian meal from our collection of Italian recipes from shows like Ciao Italia and others.

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Food Cooking Recipes Lifestyle

Recipes are further divided into ingredient collections, so if you would like to search for chicken recipes you will find a great collection of the best chicken recipes, ranging from simple chicken recipes to difficult, chicken recipes from celebrity chefs, the best chicken recipes for the barbecue and ideas of how to roast a chicken. You can get involved with LifeStyle FOOD too.

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The Food Timeline history notes cookies crackers biscuits

Benne wafers Food historians tell us benne/sesame seeds were introduced to colonial-era America by West African slaves. The traditional use in that region was as a thickener for soups and stews. Not cake or candy. Confections composed of seeds and nuts originated in the Middle East (think: Medieval halva & brittle). Europeans overlaid local culinary traditions creating confits and seed cakes

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Lebanese Recipes Lebanese Food Cuisine Nestl

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