# **MARY J SHOMON THE THYROID DIET**



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# Living Well With Hypothyroidism The Mary Shomon

A bookstore featuring a selection of recommended books about thyroid disease, weight loss and other related health conditions, as recommended by patient advocate and best-selling author Mary Shomon, author of New York Times best-seller Thyroid Diet, and the popular Living Well series from HarperCollins, including Living Well With Hypothyroidism

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## Thyroid Disease Medications Types and Their Uses

Thyroid medications encompass an array of different options, which differ not only in their composition but their intent. Hormone replacement therapy, such as Synthroid (levothyroxine), is the most widely used drug for hypothyroidism. An anti-thyroid drug like Tapazole (methimazole) may be used for hyperthyroidism, and thyroid cancer patients may require or radioactive-iodine therapy or

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Goitrogens are substances found in foods that may interfere with thyroid hormone production, although this is usually only in people with iodine deficiency (which is rare in the United States).

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## Hypothyroidism swollen symptoms average Definition

Causes and symptoms Congenital hypothyroidism is a disorder that affects infants from birth, resulting from the loss of thyroid function due to the failure of the thyroid gland to develop correctly.

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