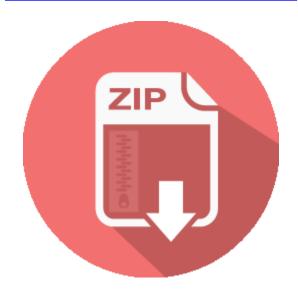
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About the author. Charles Duhigg is an American born author. He was a student at both Yale and Harvard.

Duhigg was an award-winning New York Times business reporter and worked there from 2006-2011.

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# The Power of Habit Wikipedia

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