# **EASY AND FAST VEGETARIAN RECIPES**



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## **Quick and Easy Vegetarian Recipes Cooking Light**

Talk about quick and easy: This recipe takes 10 minutes and five ingredients. But it's still delicious, satisfying, and contains just 264 calories per serving. The eggs take on lots of flavor from poaching in pasta sauce, and polenta adds body and unique texture.

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# **Quick and Easy Vegetarian Recipes for Dinner Tonight**

Vegetarian Swap: Use vegetable broth in place of chicken broth. Serve with Romaine-Tomato Salad: Combine 2 tablespoons minced shallots, 1 tablespoon lemon juice, 1 tablespoon extra-virgin olive oil, teaspoon minced fresh thyme, teaspoon salt, and teaspoon pepper, stirring with a whisk.

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Whether you re looking for healthy recipes and guides, family projects and meal plans, the latest gadget reviews, foodie travel inspiration or just the perfect recipe for dinner tonight, we re here to help.

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# **Quick Vegan Recipes Hurry The Food Up**

Quick Vegan Recipes. All these recipes are vegan and take between 5 and 25 minutes to prepare. They are all healthy and only call for common ingredients. Quick and Easy Thai Green Curry (30 Minutes, Vegan) Quick Tomato Chutney - Anglo-Indian Cuisine made perfect.

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#### 50 Easy Vegan Recipes for Beginners It Doesn't Taste

I get a lot of emails and comments from new vegans so I wanted to help out with a collection easy vegan recipes for beginners. If you are new to my blog, then be sure to check out my recipe index, my cookbook Fuss-Free Vegan, and subscribe to my mailing list. Quick and easy recipes are the name of the game here on this blog. http://ebookslibrary.club/download/50-Easy-Vegan-Recipes-for-Beginners---It-Doesn't-Taste--.pdf

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