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Richard Carlson author Wikipedia

Richard Carlson (May 16, 1961 December 13, 2006) was an American author, psychotherapist, and motivational speaker. His book, Don t Sweat the Small Stuff and it s all Small Stuff (1997), was USA Today's bestselling book for two consecutive years. and spent over 101 weeks on the New York Times Best Seller list. It was published in 135 countries and translated into Latvian, Polish

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