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The A T Guide A Handbook for Hiking the Appalachian Trail

The A.T. Guide is the guidebook of choice for hikes of any length on the Appalachian Trail. The book contains thousands of landmarks such as campsites, water sources, summits and gaps. The trail's elevation profile is included and every landmark is aligned to the profile.

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Popular Appalachian Trail Books Goodreads

Ben Montgomery, Grandma Gatewood's Walk: The Inspiring Story of the Woman Who Saved the Appalachian Trail 1 likes She introduced people to the A.T., and at the same time she made the thru-hike achievable.

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Appalachian Trail 101 The Complete Guide For Beginners

Walking the Appalachian Trail is a challenge, so being prepared for safe hiking is essential. Tell us about your AT experience in the comments! Bonus: Best Guide Books for Hikers. How to Hike the Appalachian Trail: A Comprehensive Guide to Plan and Prepare for a Successful Thru-Hike; App. Trail Thru-Hikers Companion (2017)

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Books Trail Journals Backpacking and Hiking Journals

Appalachian Trail Data Book - 2016 Basic guide to all major stops along the 2,174-mile footpath. This is a consolidation of the basic information from all 11 official Appalachian Trail guidebooks into a lightweight table

of distances between major trail shelters, road crossings, and features.

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51 Of The Best Hiking Books Of All Time The Adventure

51 Of The Best Hiking Books Of All Time. Bram Reusen. Hiking Tips. Contents.

BACKPACKINGBEGINNERS COURSE; 1. INSPIRATION Lost On The Appalachian Trail: A humorous and exciting account of a hike on the Appalachian Trail. A book that tells a story as much as it teaches, motivates and inspires.

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The Appalachian Trail Conservancy Hiking Basics

The Appalachian Trail (A.T.) is almost 2,190 miles long, passes through 14 states, eight different national forests, six national park units and numerous state parks, forests, and game lands. But you don't have to hike every mile of the Trail to experience its beauty (and toils).

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