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The Brain that Changes Itself Norman Doidge MD

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The Brain That Changes Itself Stories of Personal Triumph

the brain that changes itself Norman Doidge, M.D., is a psychiatrist, psychoanalyst, and researcher on the faculty at the Columbia University Center for Psychoanalytic Training and Research in New York and the University of Toronto's department of psychiatry, as well as an author, essayist, and poet.

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Book Summary The Brain That Changes Itself Norman Doidge

The Brain That Changes Itself: Stories of Personal Triumph from the Frontiers of Brain Science , Norman Doidge 448 pages Paperback | eBook This summary is part of an ongoing project to read, note and summarise ~70 books on Learning How to Learn - for more, see the full reading list .

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His is just one of the incredible stories brain expert Norman Doidge tells as he reveals our brain's remarkable ability to repair itself through the power of positive thought. In The Brain That Changes Itself Doidge introduces us to the fascinating stories at the cutting edge of the brain science and the emerging discipline of 'neuroplasticity' .

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This book is about the revolutionary discovery that the human brain can change itself, as told through the stories of the scientists, doctors, and patients who have together brought about these astonishing transformations. Without operations or medications, they have made use of the brain's hitherto unknown ability to change.

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The Brain that Changes Itself: Stories of Personal Triumph from the Frontiers of Brain Science is a book on neuroplasticity by psychiatrist and psychoanalyst Norman Doidge. The New York Times gave a mostly positive review of the book.

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Norman Doidge, MD, is the author of the best-selling book, The Brain That Changes Itself: personal triumph from the frontiers of brain science, which has sold over one million copies worldwide. Dr Doidge is a psychiatrist, psychoanalyst, researcher, author, essayist and poet.

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To benefit from a concept, one must first grasp it, and that is what makes The Brain That Changes Itself such a terrific book. You don't have to be a brain surgeon to read it -- just a person with a curious mind. Doidge is the best possible guide.

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Norman Doidge, M.D., is a psychiatrist, psychoanalyst, and New York Times bestselling author. He is on the Research Faculty at Columbia University's Center for Psychoanalytic Training and Research, in New York, and on the faculty at the University of Toronto's Department of Psychiatry.

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The Brain that Changes Itself Audiobook Norman Doidge

The Brain that Changes Itself, like psycho-cybernetics, uses research, reasoning and real world examples to bring to life interesting facts about the human brain, and practical solutions to take control and optimise our use of it.

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