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#### **NFHS Track Field Track Field Rules Information**

Track & Field Rules Information. 11/9/2018. 2019 Uniform Rule. Please click here for the 2019 NFHS Track and Field/Cross Country Uniform Rule. 11/9/2018. 2018 Track and Field Interpretations. Click here to view the 2018 NFHS Track and Field Interpretations. Corrections to Rules Book: Page 2, 6-4-9g f; Page More 12/19/2014.

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#### 2018 Track Field Rule Changes scausaff org

The field event time limit will now be 30 seconds even in the high jump after a competitor s name is called.

Youth Athletics still has one minute when there are 3 or more competitors at the start of a round.

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