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### **Gabrielle Glaser Official Site**

Her Best-Kept Secret investigates the reasons behind the epidemic of female drinking in this country, our strange national history with alcohol, and the many ways in which women can get better if their consumption becomes risky.

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HER BEST-KEPT SECRET. Why Women Drink and How They Can Regain Control. by Gabrielle Glaser.

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Is it her ability to pretend that heels are more practical than a pair of Converse? Well, according to Gabrielle Glaser s new book Her Best Kept Secret, it is a woman s ability to hide her struggle with alcoholism. Huh. According the Glaser and some studies being done, women are drinking more than men and they are doing it in excess.

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### **Strong Proof The New York Times**

HER BEST-KEPT SECRET. Why Women Drink and How They Can Regain Control. By Gabrielle Glaser. Illustrated. 244 pp. Simon & Schuster. \$24.

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