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Arnold Alois Schwarzenegger (Graz, 30 de julho de 1947) um ator, fisiculturista, empres rio e pol tico austro-americano, tendo servido como 38 Governador do estado da Calif rnia de 2003 a 2011.. Apaixonado por artes marciais e esportes radicais, Schwarzenegger iniciou um treinamento f sico intenso aos 15 anos de idade, visando sua sa de e a vaidade em definir seu corpo.

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My hair was pulled. I was hit with belts. So was the kid next door. It was just the way it was. Many of the children I've seen were broken by their parents, which was the German-Austrian mentality.

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