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Dr. Fiona Challacombe is a research fellow, clinical psychologist, and part of a specialist service treating individuals with severe and complex OCD. Her research focuses on the impact of OCD on parenting and families and investigating the delivery and refinement of cognitive behavioral therapy (CBT) for parents with OCD.

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### **Obsessive compulsive disorder Wikipedia**

Obsessive compulsive disorder (OCD) is a mental disorder where people feel the need to check things repeatedly, perform certain routines repeatedly (called "rituals"), or have certain thoughts repeatedly (called "obsessions"). People are unable to control either the thoughts or the activities for more than a short period of time. Common activities include hand washing, counting of things

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### **Obsessive compulsive disorder OCD SANE Australia**

OCD is an anxiety disorder. People living with OCD are troubled by recurring unwanted thoughts, images, or impulses, as well as obsessions and repetitive rituals.

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