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Diet For A New America is a powerful indictment of our dietary practices that should be read by everyone interested in healthy living. It is a well-researched, well-documented, and eye-opening account of the myths and truths about meat, milk, fat and protein.

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Diet for a New America Wikipedia

Diet for a New America is a 1987 bestselling book by John Robbins. The book discusses vegetarianism, the environmental impact of factory farming and animal rights. In 1991 KCET, the Los Angeles PBS affiliate, produced a film documentary based on the book called Diet for a New America: Your Health, Your Planet.

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Diet for a New America How Your Food Choices Affect Your

Diet For a New America (HJ Kramer Publishing, 1987), is Robbins potent condemnation of American food consumption and is a revealing expose of the truths about the meat and dairy industries. Robbins father lived the materialistic Ame He was a millionaire twice over.

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Diet For A New America Hosted by John Robbins

I wanted to share this video with those who are interested in improving the quality of their lives through healthy eating, Be Aware, and think about what you are eating everyday.

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Diet for a New America: How Your Choices Affect Your Health, Happiness & the Future of Life on Earth by John Robbins (1998-05-29) 1818. by John Robbins. Paperback. \$6.24 (11 used & new offers) Unknown Binding. \$193.26 (2 used & new offers) 4.6 out of 5 stars 244.

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Diet for a new America John Robbins Free Download

This well-documented expose of America's "factory farms" should prompt even die-hard meat-and-potatoes lovers to reevaluate their diets.

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Diet for a New America 25th Anniversary Edition How Your

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Diet for a New America TV Movie 1991 IMDb

Based on the book of the same name by John Robbins, son of the man who co-founded the Baskin-Robbins ice cream empire, Diet for a New America is a powerful exploration and expose of the negative health and environmental consequences of the meat production-and-consumption cycle, as well as the cruel treatment and suffering of animals.

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Diet for a New America by John Robbins Michael Bluejay

Diet for a New America is considered by many to be the bible of vegetarianism because it's both incredibly comprehensive and deeply moving. While some vegetarian books cover only factory farming, or health & nutrition, or environmental benefits of vegetarian diets, Robbins covers all three.

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