

LANGUAGE OF LETTING GO BY MELODY BEATTIE



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I used to spend so much time reacting and res

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I first met Melody Beattie at about the time that I became acquainted with John Bradshaw and all of the others who had it figured out when it comes to forgiveness and acceptance. I carried a ratty copy of "The Language of Letting Go" with me everywhere I went for many years before I passed it on to a dear friend.

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