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Portia de Rossi Wikipedia

Portia Lee James DeGeneres (born Amanda Lee Rogers; 31 January 1973), known professionally as Portia de Rossi, is an Australian and American model, philanthropist, and actress.

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Unbearable Lightness Book by Portia de Rossi Official

Portia de Rossi is an Australian-born actress best known for her roles in the television series Ally McBeal, Arrested Development, and most recently Better Off Ted. She lives in Los Angeles with her wife, Ellen DeGeneres.

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Unbearable Lightness A Story of Loss and Gain by Portia

"Unbearable Lightness" is a memoir by the actress Portia de Rossi, well known for her roles on "Arrested Development" (one of my personal favorites!) and "Ally McBeal." It chronicles her struggle with anorexia and how she finally got help.

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Unbearable Lightness by Portia de Rossi ebook

In this searing, unflinchingly honest book, Portia de Rossi captures the complex emotional truth of what it is like when food, weight, and body image take priority over every other human impulse or action.

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Unbearable Lightness Portia De Rossi Book Depository

"Portia de Rossi's memoir reminds us that fame and celebrity is no substitute for feeling comfortable in one's own skin, and unconditional love. Her journey toward self-acceptance is an important lesson for those who struggle with eating disorders, sexual orientation, and confidence.

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Portia de Rossi Reveals Depths of Her Eating Disorders in

Actress Portia de Rossi says her decades-long battle with eating disorders was an "excruciating" experience that drove her to starve herself and at times eat only 300 calories a day.

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Portia de Rossi s memoir Important story but may trigger

Portia de Rossi s memoir: Important story, but may trigger those with eating disorders By now, you ve probably seen actress Portia de Rossi on Ellen , Oprah , and the cover of People magazine talking about her new book, Unbearable Lightness: A Story of Loss and Gain, which chronicles her eating disorder and how she recovered.

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