GROUP EXERCISE CERTIFICATION



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ACSM Group Exercise Instructors provide safe instruction across many class types and equipment sets, from aerobics, to bicycles and beyond. Because of their excellent communication skills, ACSM GEIs work in gyms and health clubs, as well as community, university,

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Group Exercise Certification netafit org

The Fitness Professional s Manual is the primary resource recommended for candidates preparing for NETA s Group Exercise Instructor certification exam. The updated fifth edition includes 27 comprehensive chapters and over 380 pages covering topics including exercise science, nutrition and weight management, fundamentals of group exercise, communication and leadership, guidelines for exercise programming, and special populations. http://ebookslibrary.club/download/Group-Exercise-Certification-netafit-org.pdf

Group Fitness Certification Online Bootcamp

Group Fitness/Bootcamp Instruction Certification. ASFA s Online Group Fitness/Bootcamp Instruction Certification is geared toward experienced fitness professionals working toward their continuing education goals specializing in group instruction. Many clients thrive in the energy of group dynamics.

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FiTOUR Primary Group Exercise Certification FiTOUR

FiTOUR Primary Group Exercise Certification. The FiTOUR Primary Group Exercise Certification is for all fitness professionals who teach exercise in a group setting whether you are a Group Fitness Instructor or Personal Trainer. The FiTOUR Primary Group Exercise Certification is also great for experienced Group Exercise Instructors who would like

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Top 5 Group Fitness Instructor Certifications

ACE (American Council on Exercise) It is considered by many to be the gold standard in group fitness

certifications. The American Council on Exercise reports that health and fitness professionals holding the ACE GFI cert make, on average, nearly \$53,000 per year or \$26.00 per hour.

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