

## [ACCEPTANCE AND COMMITMENT THERAPY BOOK](#)



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Kelly G. Wilson, PhD, is Professor of Psychology at the University of Mississippi. He is a co-founder of acceptance and commitment therapy (ACT). Dr. Wilson is coauthor of Acceptance and Commitment Therapy, Second Edition, and has published numerous other books, articles, chapters, treatment manuals, and technical reports. Dr. Wilson trains and consults internationally on the design and

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