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Amusing Ourselves to Death: Public Discourse in the Age of Show Business (1985) is a book by educator Neil Postman. The book's origins lay in a talk Postman gave to the Frankfurt Book Fair in 1984. He was participating in a panel on George Orwell's Nineteen Eighty-Four and the contemporary world. In the introduction to his book, Postman said that the contemporary world was better reflected by

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Anti-Social Grumblings. I recently gave a deliberatively provocative TEDx talk titled quit social media (see the video above). The theme of the event was visions of the future. I said my vision of the future was one in which many fewer people use social media.

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