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The Daniel Plan 40 Days to a Healthier Life

In this five-DVD, five-book study, The Daniel Plan team explores both the spiritual and the health benefits of following a healthy lifestyle by focusing on the five essentials of The Daniel Plan: Faith, Food, Fitness, Focus, and Friends.

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"The Daniel Plan - In Action" is a 40-day fitness system with an innovative approach to creating a healthy lifestyle, rooted and framed by five life areas: faith, food, fitness, focus, and friends.

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The Daniel Plan Official Site

Some friends wanted to start a new plan to get healthy and invited them to take part in "The Daniel Plan". It is amazing to see how far they've come in such a short time, and that with God incredible change is possible.

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The Daniel Plan Small Group DVD store pastors com

The Daniel Plan is an innovative approach to achieving a better, healthier life based on the essentials of faith, food, fitness, focus, and friends. And The Daniel Plan small group DVD is a vital component of this exciting journey.

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The Daniel Plan In Action Workout DVD's Rick Warren

A companion to the best-selling Daniel Plan, this 40-day fitness program features four dynamic workouts to help you meet your goals. Also includes an introduction and sermon from Rick Warren; a quick-start guide; an exercise calendar; and access to a FREE online nutrition guide.

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The Daniel Plan in Action 2 DVD Set DVD at Christian

The Daniel Plan In Action is a 40-day fitness system with an innovative approach to creating a healthy lifestyle, rooted and framed by five life areas: faith, food, fitness, focus and friends. Three expert instructors lead the variety of inspiring workouts with a strong backbone of faith and community, complemented by a soundtrack of exclusive Christian music.

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The Daniel Plan Study Guide with DVD LifeWay

This six-session video-based small group study from Rick Warren, Dr. Daniel Amen, and Dr. Mark Hyman is centered on five essentials that will launch your journey to health: faith, food, fitness, focus, and friends.

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The Daniel Plan Campaigns Resources store pastors com

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The Daniel Plan Get Started

The Daniel Plan was designed to be experienced in community. Grab a friend, family member, or coworker and get your best results with this small group Study Guide and DVD video teaching! Includes 6 weekly sessions.

<http://ebookslibrary.club/download/The-Daniel-Plan-Get-Started.pdf>

The Daniel Plan Study Guide with DVD 40 Days to a

The Daniel Plan small group study teaches simple ways to incorporate healthy choices into your daily lifestyle. This study guide includes biblical inspiration from Pastor Rick, instruction from our doctors and wellness experts, practical food and fitness tips, and much more.

<http://ebookslibrary.club/download/The-Daniel-Plan-Study-Guide-with-DVD--40-Days-to-a-.pdf>

The Daniel Plan DVD CUM Books

The Daniel Plan (The Daniel Plan Series) (Paperback . The Daniel Plan DVD small group study gives individuals, small groups, and whole congregations the encouragement and accountability needed to succeed in living a healthier lifestyle. This DVD can be used for personal reflection or for group discussion, with the study guide sold separately.

<http://ebookslibrary.club/download/The-Daniel-Plan--DVD--CUM-Books.pdf>

The Daniel Plan Study Guide with DVD 40 Days to a

The Daniel Plan Study Guide with DVD: 40 Days to a Healthier Life. This six-session video-based, small group Bible study from Rick Warren, Dr. Daniel Amen and Dr. Mark Hyman is an innovative approach to achieving a healthy lifestyle that is both transformational and sustainable because it is about abundant choices, not diet deprivation.

<http://ebookslibrary.club/download/The-Daniel-Plan-Study-Guide-with-DVD--40-Days-to-a-.pdf>

Daniel Plan In Action DVD Set Brave Daily

THE DANIEL PLAN IN ACTION is a 40-day fitness system with an innovative approach to creating a healthy lifestyle, rooted and framed by five life areas.

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