HERBS FOR MEDICINAL USE



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To use our herbs list encyclopedia to look up a herb and learn more about how it can benefit you, just click on one of the category links. You may always return to the home page by clicking on the title Herbs List at the top of the page. On each page, one herb (with picture) is featured.

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It is used to treat psoriasis, eczema, chickenpox, diaper rash, slow-healing wounds, abscesses, and gum inflammation, 13 and according to Herb Wisdom may also be useful for the following conditions: 14 "The oil serves many medicinal purposes, but one of the best-documented uses is for relaxation.

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7 Ways to Use Medicinal Herbs at Home Melissa K Norris

7 Ways to Use Medicinal Herbs at Home. 1. Herbal Tea. Some herbs are meant to be ingested and brewing a strong tea is a good way to do this, especially for cough and colds as a warm tea will help soothe an irritated throat like little else.

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Herbal decoctions of Wood Sorrel herb are used to relieve hemorrhages and urinary disorders, and as a blood cleanser. Yarrow, Milfoil Yarrow herb tea is used to regulate menses, stimulate the flow of bile, and purify the blood, and for many other herbal uses.

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