

SELF DEFENSE BOOK



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Japan Self Defense Forces Wikipedia

The Japan Self-Defense Forces (, Jieitai), JSDF, also referred to as the Self-Defense Forces (SDF), Japan Defense Forces (JDF), or the Japanese Armed Forces, are the unified military forces of Japan that were established in 1954, and are controlled by the Ministry of Defense. The JSDF ranked as the world's fourth most-powerful military in conventional capabilities in a Credit Suisse

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Japan Maritime Self Defense Force Wikipedia

The Japan Maritime Self-Defense Force (, Kaij Jieitai), JMSDF, also referred to as the Japanese Navy, is the maritime warfare branch of the Japan Self-Defense Forces, tasked with the naval defense of Japan. It is the de facto navy of Japan and was formed following the dissolution of the Imperial Japanese Navy (IJN) after World War II. The JMSDF has a fleet of 154 ships and 346

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Aikido as Self Defense the Problem of Realism

Aikido as Self-Defense Elusive Realism in Training I first came across aikido as a teenager, and was immediately taken by the genius of its martial art principles - its strategy, if you will.

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14 Self Defense Tips Every Woman Should Know RooGirl

When I lived in South Africa, we had some self-defense training. There is a LOT of street violence, and so much of it is aimed at women. I cannot stress how important to be aware of your surroundings.

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The Catholic Guide to Self Defense The Catholic Gentleman

With respect, I disagree (in part). I do not disagree in that the CCC is clear, and the article is accurate in defining cases of self defense to be an exception to the 6th commandment or the general Catholic believe of the wrongness of killing. but I am saying it would be wrong for me, personally, to kill anyone for any reason.

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