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A yoga story integrates yoga postures and yoga philosophy into a storybook for children. The purpose of Kids Yoga Stories is to use reading, movement, and fun to encourage critically thinking children who are creative, responsible, and globally minded.

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Yoga for Children Selecting the Right Yoga for Your Child

Teaching your children yoga can be extremely beneficial to them now and in the future. But how do you choose the right practice for your children? Tripaneer is the world's leading marketplace to discover, plan and safely book unique travel experiences. We are specialized in holidays that include yoga, surf, safaris

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