

THE DIET CURE



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Diet Cure by Julia Ross The Weston A Price Foundation

Step Two of the Diet Cure is to replace low-calorie dieting with a sensible diet plan that includes adequate fats and proteins. Some of Ross s strongest words are aimed at the whole concept of dieting.

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Anyone tried the supplements from The Diet Cure Julia

I've not read The Diet Cure but have read The Mood Cure and am taking the supplements. My diet is not entirely TF, and less so on bad days. My diet is not entirely TF, and less so on bad days. These supplements have really been helping - in many ways.

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The One Diet That Can Cure Most Disease Part I Dr Mark

If I told you there was one diet that could cure arthritis, fatigue, irritable bowel, reflux, chronic allergies, eczema, psoriasis, autoimmune disease, diabetes, heart disease, migraines, depression, attention deficit disorder, and occasionally even autism and that it could help you lose weight

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