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The Mind~Body Prescription By John Sarno, MD Book Summary Dr John Sarno is a rehabilitation specialist based at the Rusk Rehabilitation Institute in New York and a leader in mind~body medicine. Dr Sarno has developed a theory based on Freud s model of unconscious

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The Mindbody Prescription The TMS Wiki

The Mindbody Prescription has been translated into Korean, Japanese, Polish, Spanish, Turkish, Romanian, and Hebrew . Treatment Methods. In The Mindbody Prescription Dr. Sarno restates his treatment methods he discussed in Healing Back Pain. Dr. Sarno suggests that there are three key components to any successful treatment of TMS.

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Musculoskeletal pain disorders have reached epidemic proportions in the United States

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