# **COGNITIVE BIAS BOOK**



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## Cognitive bias mitigation Wikipedia

Cognitive bias mitigation is the prevention and reduction of the negative effects of cognitive biases unconscious, automatic influences on human judgment and decision making that reliably produce reasoning errors. Coherent, comprehensive theories of cognitive bias mitigation are lacking. This article describes debiasing tools, methods, proposals and other initiatives, in academic and

http://ebookslibrary.club/download/Cognitive-bias-mitigation-Wikipedia.pdf

## Cognitive dissonance Wikipedia

In the field of psychology, cognitive dissonance is the mental discomfort (psychological stress) experienced by a person who simultaneously holds two or more contradictory beliefs, ideas, or values. This discomfort is triggered by a situation in which a person s belief clashes with new evidence perceived by that person.

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## 24 Cognitive Biases stuffing up your thinking yourbias is

Cognitive biases make our judgments irrational. We have evolved to use shortcuts in our thinking, which are often useful, but a cognitive bias means there s a kind of misfiring going on causing us to lose objectivity. http://ebookslibrary.club/download/24-Cognitive-Biases-stuffing-up-your-thinking-yourbias-is.pdf

#### Cognitive Biases A Visual Study Guide Bias Causality

Cognitive Biases - A Visual Study Guide - Free download as PDF File (.pdf), Text File (.txt) or read online for free. Hello Everyone, A big thank you for all the interest in this study guide. It was originally created as a fun introduction that took the Cognitive Bias wiki and tried to make it easier to memorize. However, the authors of the wiki article have expressed some concern over the

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### **Cognitive Bias and Premature Closure The Poison Review**

Life in the Fast Lane discusses an interesting case that demonstrates the danger of premature closure (that is, jumping to conclusions) when evaluating complex acutely ill patients. We had an example of this pitfall fortunately avoided by the sharp emergency doc presented at tox rounds this morning.

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#### 50 Common Cognitive Distortions Psychology Today

A giant list of ubiquitous cognitive distortions. 14. Belief that self-criticism is an effective way to motivate yourself toward better future behavior.

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#### **Avoiding Psychological Bias in Decision Making From**

Hi Bryan, Thanks for your feedback - I also find the phenomenon of bias and blindspots in decision-making extremely interesting. How to manage cognitive bias in safety critical workers is a complex topic. http://ebookslibrary.club/download/Avoiding-Psychological-Bias-in-Decision-Making-From--.pdf

#### The Irrational User Startup Grind Medium

Cognitive biases arise when a mental shortcut generates an incomplete or inaccurate judgement. Some categories of cognitive bias are easily avoided if System 2 is given ample time to reason

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#### The 25 Cognitive Biases Uncovering The Myth Of Rational

The 25 cognitive biases are an essential to understand for all. I first learned about the significance of

understanding all 25 of these cognitive biases through the teachings of Charlie Munger, the business partner of Warren Buffet.

http://ebookslibrary.club/download/The-25-Cognitive-Biases--Uncovering-The-Myth-Of-Rational--.pdf 30 Best CBT Books to Teach Yourself Cognitive Behavioural

Cognitive behavioral therapy (CBT) is a type of therapy that has been used for decades to treat a variety of disorders, from depression and anxiety to eating disorders and insomnia.

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