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Addendum: Where did Sarno go so wrong? It appears that John Sarno extrapolated the findings derived from a large group of hospitalized male air force personnel to members of the general population who were experiencing persistent idiopathic back pain.

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Dr. Sarno, a pioneer in the practice of Mindbody medicine and best-selling author of three books on the subject, has successfully treated thousands of patients with persistent and often seemingly incurable pain.

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America's Best Doctor and His Miracle Cures Dr John E Sarno

Radio personality Howard Stern and I probably don't have much in common, other than our longstanding relationship with, as well as supreme admiration for Dr. John E. Sarno, Professor of

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Back Pain Symptoms Cause Remedy DonsNotes

Source: IOMStudy.com from the Institute of Medicine. The Femoral Nerve arises from nerve fibers from the the L2-L3-L4 portion of the lumbar spine. The Femoral Nerve then passes down the inside edge of the thigh, past the inside of the knee and towards the ankle and foot. The Sciatic Nerve is the largest nerve in the body and it is comprised of nerves from the L4-L5-S1-S2-S3 level of the spine.

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