

WHAT MAKE BLOOD PRESSURE HIGH



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When a direct cause for high blood pressure can be identified, the condition is described as secondary hypertension. Among the known causes of secondary hypertension, kidney disease ranks highest.

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High blood pressure hypertension Symptoms and causes

Uncontrolled high blood pressure can lead to complications including: Heart attack or stroke. High blood pressure can cause hardening and thickening of the arteries (atherosclerosis), which can lead to a heart attack, stroke or other complications. Aneurysm. Increased blood pressure can cause your blood vessels to weaken and bulge, forming an aneurysm.

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High blood pressure Causes symptoms and treatment

The causes of high blood pressure are divided into two categories: Essential high blood pressure: This has no established cause. Secondary high blood pressure: There is an underlying cause.

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What Foods Cause High Blood Pressure 9 Foods to Avoid

Butter is high in trans and saturated fats which can lead to high blood pressure. In addition, it is connected to high cholesterol and, as a result, coronary heart disease.

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High Blood Pressure

You can have high blood pressure, or hypertension, and still feel just fine. That's because high blood pressure often does not cause signs of illness that you can see or feel. But, high blood pressure, sometimes called "the silent killer," is very common in older people and a major health problem.

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High Blood Pressure Hypertension Signs Causes Diet

Blood pressure between 120/80 and 129/80 is elevated blood pressure, and a blood pressure of 130/80 or above is considered high. The American Academy of Cardiology defines blood pressure ranges as: Hypertension stage 1 is 130-139 or 80-89 mm Hg, and hypertension stage 2 is 140 or higher, or 90 mm Hg or higher.

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High Blood Pressure Symptoms Symptoms of Hypertension

High blood pressure, or hypertension, occurs when your blood pressure increases to unhealthy levels.

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How High Must Blood Pressure Get to Cause Stroke

Is a stroke pretty much guaranteed once your blood pressure reaches a point higher than a specific number?

When the top number (systolic) is at least 140 and the bottom number (diastolic) is at least 90, this is considered high blood pressure (hypertension).

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What Causes High Blood Pressure 10 Reasons You Have

High blood pressure and heart disease definitely have a genetic component, Kloner says, who notes that African Americans are at a higher risk of high blood pressure and heart disease compared to Americans of European, Asian, and Hispanic decent.

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9 Surprising Foods That Raise Blood Pressure Next Avenue

It s well-known that too much sodium can contribute to high blood pressure, but these foods that can also cause blood pressure to rise. 9 Surprising Foods That Raise Blood Pressure Table

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High Blood Pressure Symptoms Signs Causes Diet

High blood pressure is the leading cause of death and disability in the United States. While it ranks second to tobacco use as a preventable cause of death for any reason, high blood pressure is the number one cause of preventable heart- and stroke-related death. Public awareness of these dangers has increased.

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What causes high blood pressure hypertension Sharecare

The most common type of cardiovascular disease, high blood pressure causes our hearts to work harder by forcing blood to push against the walls of our arteries at an elevated level. Hypertension is the leading cause of strokes and heart attack.

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The Best Ways to Raise Blood Pressure wikiHow

If low blood pressure is a problem, you should invest in a home blood pressure monitor. Taking a multivitamin helps nutrition levels which, in turn, maintain appropriate blood pressure levels. Compression stockings are a necessary aid in maintaining good circulation, for those with chronic low blood pressure.

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High Blood Pressure National Heart Lung and Blood

High blood pressure is a common disease in which blood flows through blood vessels, or arteries, at higher than normal pressures. Blood pressure is the force of blood pushing against the walls of your arteries as the heart pumps blood.

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