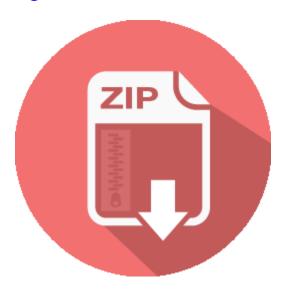
# **QUICK VEGAN MEALS**



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#### **Quick and Easy Vegetarian Recipes Allrecipes com**

Quick and Easy Vegetarian Recipes Meatless meals are as tasty and filling as their meaty counterparts. With vegetarian lasagna, chili, and more, Allrecipes makes going veggie easy and delicious.

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#### 21 Easy Vegan Weeknight Dinners Wallflower Kitchen

Vegan burger + burger bun + chips + ketchup; Falafel (egg-free) + pita wrap + hummus + tahini + salad; The above meal ideas aren t all necessarily healthy but for when you re on the verge of giving up, feeling lazy or just want some fast food, these will definitely hit the spot. Just make sure you always check the ingredients to watch for added dairy, particularly in sauces and baked goods.

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#### **Quick and Easy Vegetarian Recipes Cooking Light**

This hearty vegetarian dish is a fun twist on the usual takeout version of fried rice, incorporating lots of nutty flavor from toasted sesame oil, roasted cashews, peanut butter, and sesame seeds. The rice is drizzled with a savory, creamy peanut sauce that takes the whole thing right into indulgence territory.

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#### Easy Vegetarian Weeknight Dinners Kitchn

Cooking vegetarian meals on a weeknight can be simple. Let this collection of easy and delicious ideas inspire you to get in the kitchen. Fast and filling veggie-packed meals that'll leave you satisfied.

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### 20 Simple Vegetarian Dinner Recipes Cookie and Kate

Find 20 popular vegetarian dinner recipes that are easy to make and good for you, too! Bonus: these healthy recipes make great leftovers. 20 Simple Vegetarian Dinners. 82 Comments. Especially for someone who premakes meals it was very quick and stays well in the fridge. Reply. Kate. August 25, 2017. Hooray! Thanks, Sara!

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#### 54 Best Vegan Recipes Easy Vegan Dinner Ideas You'll Love

If you think eating vegan is boring, think again. Browse through these hearty recipes and find main courses, salads, and soups that'll fill you up and even satisfy your meat-loving friends.

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#### **Quick Meatless Recipes Martha Stewart**

Find quick meatless recipes from Martha Stewart. Browse our collection, including vegetarian lasagna, pizza,

salads, tacos, and more.

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## **EASY VEGAN RECIPES FOR LAZY PEOPLE 10 minute dinners**

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30-Minute Vegetarian Main Dish Recipes Looking for 30-minute meatless main dish recipes? Allrecipes has more than 190 trusted 30-minute meatless main dish recipes complete with ratings, reviews and cooking tips. A quick delicious Indian-style curry with spinach, chickpeas, onions, and/or whatever veggies you have. I have added cauliflower

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