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About The Four Desires. For more than three decades, master teacher Rod Stryker has taught yoga in the context of its deepest philosophy. His course, called The Yoga of Fulfillment, has helped thousands recognize their soul s call to greatness and to achieve their dreams. Now, in this wise and richly practical book,

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Rod Stryker (Yogarupa) Rod Stryker is the founder of ParaYoga and the author of The Four Desires: Creating a Life of Purpose, Happiness, Prosperity, and Freedom. Rod is widely considered to be one of the preeminent yoga, tantra, and meditation teachers in the United States.

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