

## **THE HEART OF YOGA**



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### **Yoga Heart of Yoga School**

In 2018 the physical space of Heart of Yoga School will close and I ll continue focusing on teaching sincere practitioners as a YACEP provider, no longer bound exclusively to NC. Below is a very brief synopsis of what I can offer your you or your community.

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### **Heart of Yoga Training Yoga Teacher Training**

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### **The Heart of Yoga Leamington Yoga Instructors Therapy**

Here at The Heart of Yoga we support and innovate, in terms of the way students are shaped and continue to shape their practice, enhancing personal growth. The Heart of Yoga Studios, 1st Floor, 15 Dormer Place, Leamington Spa, Warwickshire, CV32 5AA, UK.

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### **Home Yoga From The Heart**

yoga from the heart Yoga From The Heart is a community-based yoga studio in the heart of West Hartford Center. We provide a variety of yoga experiences, including heated and unheated.

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