

## **HEART BLOOD PRESSURE**



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Enough pressure is needed in the arteries for blood to travel from the heart to the different parts of the body. High blood pressure is when the force of the blood flowing through the blood vessels is persistently too high.  
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Blood pressure is commonly measured by wrapping an inflatable cuff around the upper arm. Air is pumped into the cuff until circulation is cut off; when a stethoscope is placed over the cuff, there is silence.  
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### **Heart Attack National Heart Lung and Blood Institute**

Figure A is an overview of a heart and coronary artery showing damage (dead heart muscle) caused by a heart attack. Figure B is a cross-section of the coronary artery with plaque buildup and a blood clot.  
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