

FORKS OVER KNIVES BOOK AUTHOR



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Plant Based Vegan Thanksgiving Ideas Forks Over Knives

I always have my basics like Whole Grain Stuffing with Pecans and Currants, or Mashed Potatoes, but I like to change around the rest of the menu every year. Cranberry Orange Biscotti (recipe by Isa Chandra Moskowitz) is a great introduction to the evening for my guests. Chestnut Soup, usually a

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Forks Over Knives Is the Science Legit A Review and

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