

HIGH BLOOD PRESSURE



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Hypertension High Blood Pressure Health Center WebMD

It could help lower cholesterol and blood pressure. High blood pressure or hypertension increases the risk of heart disease and stroke. Hypertension risk factors include obesity, drinking too much

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High Blood Pressure American Heart Association

The Facts About High Blood Pressure. High blood pressure (also referred to as HBP, or hypertension) is when your blood pressure, the force of blood flowing through your blood vessels, is consistently too high.

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High Blood Pressure Hypertension Signs Causes Diet

High blood pressure (hypertension) is defined as high pressure (tension) in the arteries, which are the vessels that carry blood from the heart to the rest of the body.; Blood pressure readings are given as two numbers:. The systolic blood pressure (the top number) equals the pressure in the arteries as the heart contracts.; The diastolic pressure (the bottom number) is the pressure in the

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High blood pressure hypertension Symptoms and causes

High blood pressure is a common condition in which the long-term force of the blood against your artery walls is high enough that it may eventually cause health problems, such as heart disease.

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High Blood Pressure National Heart Lung and Blood

High blood pressure is a common disease in which blood flows through blood vessels, or arteries, at higher than normal pressures. Blood pressure is the force of blood pushing against the walls of your arteries as the heart pumps blood.

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High Blood Pressure Symptoms Signs Causes Diet

High blood pressure (hypertension) is known as the "silent killer" since it has no initial symptoms, but can lead to long-term disease and complications. Many individuals have high blood pressure, but do not know it.

Important complications of uncontrolled or poorly treated high blood pressure are due to chronic damage that occurs to different organs in the body and include heart attack

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High blood pressure Causes symptoms and treatment

High blood pressure is also known as hypertension. Blood pressure is the amount of force exerted against the walls of the arteries as blood flows through them.

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Causes of High Blood Pressure Risk Factors Weight Diet

High blood pressure, also called hypertension, is dangerous because it makes the heart work harder to pump blood out to the body and contributes to hardening of the arteries, or atherosclerosis

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High Blood Pressure Hypertension MedlinePlus

Primary, or essential, high blood pressure is the most common type of high blood pressure. For most people who get this kind of blood pressure, it develops over time as you get older. For most people who get this kind of blood pressure, it develops over time as you get older.

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10 ways to control high blood pressure without medication

If you've been diagnosed with high blood pressure, you might be worried about taking medication to bring your

numbers down. Lifestyle plays an important role in treating your high blood pressure. If you successfully control your blood pressure with a healthy lifestyle, you might avoid, delay or
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