# **BOOKS ON INTROVERTS AND EXTROVERTS**



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Rebecca Knight is a freelance journalist in Boston and a lecturer at Wesleyan University. Her work has been published in The New York Times, USA Today, and The Financial Times.

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## Extraversion and introversion Wikipedia

The trait of extraversion introversion is a central dimension of human personality theories. The terms introversion and extraversion were popularized by Carl Jung, although both the popular understanding and psychological usage differ from his original intent. Extraversion tends to be manifested in outgoing, talkative, energetic behavior, whereas introversion is manifested in more reserved

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Im glad I found this article about ratio of introverts. Id just read some where that the ratio was like 50/50 and before I found this site Id read 20/80.

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## Susan Cain Speaker TED

Our world prizes extroverts but Susan Cain makes a case for the quiet and contemplative. She reaches millions of people through her books, podcasts and her mission-based organization, Quiet Revolution, which empowers introverts for the benefit of everyone.

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5 Introverts Salivate A Lot. There are two kinds of people in the world: extroverts and introverts. The two rarely cross paths, because the introverts are usually too busy hiding.

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