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Book Description. The essential book on Health Anxiety from the bestselling author of Overcoming Obsessive Compulsive Disorder. About the Author. David Veale and Rob Willson are the authors of the bestselling Overcoming Obsessive Compulsive Disorder, Manage Your Mood, and Overcoming Body Image Problems, all published by Robinson.

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Health Anxiety Professor David Veale

This information is taken from our book, Overcoming Health Anxiety published by Robinson. Health anxiety is a condition that consists of a preoccupation with having a serious illness or a fear of developing a serious illness despite medical reassurance.

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