

TREATMENTS FOR HEART DISEASE



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Treatment & Care . Things that you and your health care professional can do for heart disease can be all over the map, from CPR, to high-tech surgeries, to caregiving.

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In general, treatment for heart disease usually includes: Lifestyle changes. These include eating a low-fat and low-sodium diet, getting at least 30 minutes of moderate exercise on most days of the week, quitting smoking, and limiting alcohol intake.

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Treatment for Heart Disease

Treatment for heart disease will vary for each person's situation. Everyone diagnosed with heart disease will need to undergo lifestyle changes. Depending on the severity, these may be the only changes a person needs to make. For more serious conditions, heart disease treatment may include medications or certain procedures.

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They can keep harmful clots from forming in your heart, veins, or arteries. Clots can block blood flow and cause a heart attack or stroke. Common names for anticoagulants are "warfarin" and "heparin." Digitalis makes the heart contract harder when the heart's pumping function has been weakened. It also slows some fast heart rhythms.

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The root of heart disease is when that blood flow is blocked. Heart Disease: Types, Prevention & Treatments Heart disease, or cardiovascular disease, encompasses a range of conditions.

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Treatments for Heart disease: Treatment of heart disease begins with prevention. Many forms of heart disease can be prevented or controlled effectively with prevention measures that include regular exercise, not smoking or drinking excessively, achieving and maintaining a healthy weight, and eating a heart-healthy well-balanced diet.

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