ACID REFLUX AND HEARTBURN



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Acid reflux is when stomach acid gets pushed up into the esophagus, which is the tube that carries food and drink from the mouth to the stomach.

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GERD is the chronic form of acid reflux. It s diagnosed when acid reflux occurs more than twice a week or causes inflammation in the esophagus.

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Acid reflux and GERD The same thing Mayo Clinic

Acid reflux and gastroesophageal reflux disease (GERD) are closely related, but the terms don't necessarily mean the same thing. Acid reflux is the backward flow of stomach acid into the esophagus the tube that connects the throat and stomach.

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Acid Reflux vs Heartburn vs Gerd What's the Difference

The difference between acid reflux vs. heartburn vs. GERD F8 studio/Shutterstock So the answer to the differences is that acid reflux is what causes that feeling of heartburn.

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Proven Home Remedies for Heartburn Acid Reflux Natural

Heartburn that becomes a chronic condition is called gastroesophageal reflux disease, or GERD for short. Symptoms of acid reflux The most common symptom of heartburn or acid reflux is a painful burning sensation in your chest .

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