

READING A BLOOD PRESSURE



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Blood Pressure Readings Explained

Blood pressure readings are expressed in millimeters of mercury. This unit is abbreviated as mm Hg. A normal reading would be any blood pressure below 120/80 mm Hg and above 90/60 mm Hg in an adult.

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Blood Pressure Chart Numbers Normal Range Systolic

A normal diastolic blood pressure is lower than 80. But even if your diastolic number is lower than 80, you can have elevated blood pressure if the systolic reading is 120-129.

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Blood Pressure Blood pressure chart

What blood pressure readings mean. As you can see from the blood pressure chart, only one of the numbers has to be higher or lower than it should be to count as either high blood pressure or low blood pressure: 90 over 60 (90/60) or less: You may have low blood pressure. More on low blood pressure.

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Blood Pressure Reading Blood Pressure Readings

Blood Pressure Reading. Welcome to our blood pressure reading guide. In this section we provide a review of how to take blood pressure; assessment guides for adults and children; practice drills for the assessment of hypertension in children; and a series of case studies on hypertension and hypotension blood pressure.

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Blood pressure chart What your reading means Mayo Clinic

This blood pressure chart can help you figure out if your blood pressure is at a healthy level or if you'll need to take some steps to improve your numbers. Your total blood pressure reading is determined by measuring your systolic and diastolic blood pressures.

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What Is A Normal Blood Pressure Reading Understanding

Blood pressure is a measure of the force of blood pushing against the blood vessels, or arteries, of the body. If you were able to hold on to one of your arteries, the blood pressure is the

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How to Read Blood Pressure 15 Steps with Pictures

Recognizing blood pressure reading features. Your blood pressure reading is made up of two numbers, a top and bottom one. The top number is called the systolic pressure and the bottom one is the diastolic.

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How to Interpret Your Blood Pressure Readings

Normal Blood Pressure Range. For most people, normal blood pressure occurs when readings are in the range between 85/55 mm Hg and 120/80 mm Hg. In most case, the lower the reading the better. However, there can be consequences to very low blood pressure, or hypotension, over an extended period or if there is a sudden drop in pressure.

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Understanding Blood Pressure Ultimate BP by Age Chart

Blood pressure readings higher than 140/90 mm Hg indicate stage 2 hypertension, which is considered severe high blood pressure. This is a serious condition and requires immediate treatment - which includes eliminating the root causes of the condition.

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Reading Blood Pressure

Welcome to this introduction to the skill of reading blood pressure. There are many parts to the skill of taking a

blood pressure. This video is focused on learning to read the gauge. You will
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