

## [EASY TO COOK VEGAN MEALS](#)



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### **Vegan Recipes for Beginners How to Cook Easy Vegan Food**

When prepared properly with good vegan recipes consisting of fresh ingredients, vegan meals can be quite delicious and, of course, nutritious as well. This is by no means an attempt at providing a full length vegan cook book, but I would like to take this opportunity to present you with a few of my favorite vegan dishes.

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