

WHAT IS HIGH FOR BLOOD PRESSURE



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Primary, or essential, high blood pressure is the most common type of high blood pressure. This type of high blood pressure tends to develop over years as a person ages. Secondary high blood pressure. Secondary high blood pressure is caused by another medical condition or occurs as a side effect of a medicine.

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Causes of High Blood Pressure Risk Factors Weight Diet

High blood pressure, also called hypertension, is dangerous because it makes the heart work harder to pump blood out to the body and contributes to hardening of the arteries, or atherosclerosis

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Blood Pressure What is high blood pressure

You probably have high blood pressure (hypertension) if your blood pressure readings are consistently 140 over 90, or higher, over a number of weeks. You may also have high blood pressure if just one of the numbers is higher than it should be over a number of weeks.

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High Blood Pressure Hypertension Signs Causes Diet

Blood pressure between 120/80 and 129/80 is elevated blood pressure, and a blood pressure of 130/80 or above is considered high. The American Academy of Cardiology defines blood pressure ranges as: Hypertension stage 1 is 130-139 or 80-89 mm Hg, and hypertension stage 2 is 140 or higher, or 90 mm Hg or higher.

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High Blood Pressure Prevention Causes and Treatment

High blood pressure, stage 1 is 140-159 on top and 90-99 on the bottom. High blood pressure, stage 2 is 160 or higher on top and 100 and over on the bottom. The higher your blood pressure is, the more often you need to have it checked. After age 18, have your blood pressure checked at least once every two years.

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High blood pressure Causes symptoms and treatment

High blood pressure is also known as hypertension. Blood pressure is the amount of force exerted against the walls of the arteries as blood flows through them.

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What Is Considered High Blood Pressure Healthline

High blood pressure (hypertension) is when blood flows through your blood vessels with excessive force or pressure. This is a common condition, but it shouldn't be ignored. High blood pressure

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Blood pressure chart What your reading means Mayo Clinic

This blood pressure chart can help you figure out if your blood pressure is at a healthy level or if you'll need to take some steps to improve your numbers. Your total blood pressure reading is determined by measuring your systolic and diastolic blood pressures.

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Hypertension Wikipedia

High blood pressure typically does not cause symptoms. Long-term high blood pressure, however, is a major risk factor for coronary artery disease, stroke, heart failure, atrial fibrillation, peripheral vascular disease, vision loss, chronic kidney disease, and dementia.

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