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Dr. Kevin B. Skinner is a licensed marriage and family therapist (LMFT) and certified sexual addiction therapist (CSAT). He is the author of "Treating Pornography Addiction: The Essential Tools for Recovery" and "Treating Trauma from Sexual Betrayal: The Essential Tools for Healing."

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Compiled by Andrea L. Mitchell, SALIS: Substance Abuse Librarians and Information Specialists. Email: amitchell@salis.org Addiction publishes new book lists five times per year, both in print and on this website. Items are alphabetised by author within each list.

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