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Official Andrew Weil website. Arizona Center for Integrative Medicine, University of Arizona (formerly the Program in Integrative Medicine). Andrew Weil Interview, Academy of Achievement, May 22, 1998. Andrew Weil Interview, The Joe Rogan Experience, December 12, 2018. Weil, Andrew (2015). "Dr. Weil's Anti-Inflammatory Food Pyramid".

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In addition, Dr. de Mello has written several articles for different publications and has most recently written a chapter on the microbiome and food addiction for Dr. Andrew Weil's upcoming new book as part of his Integrative Medicine library.

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Andrew Weil is the author of many scientific and popular articles and of 11 books, including: The Natural Mind; The Marriage of the Sun and Moon; From Chocolate to Morphine (with Winifred Rosen); Health and Healing; Natural Health, Natural Medicine; and the international bestsellers, Spontaneous Healing and Eight Weeks to Optimum Health.

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