

WORK YOUR BRAIN



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How To Work Out Your Brain. Tai Sep 05, 2017 This is a deeper and more complex concept, so I m going to give your brain a workout -- some advanced ideas for you to chew on and help make you smarter. This concept came from two scientists, Maynard Smith and George Price. I m going to break it down in a simpler way first so that the

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If you remember your high school biology, think of the lock-and-key model. Adenosine is a key that opens up a variety of locks, with the locks actually being receptors in the brain. Once adenosine (the key) locks into a certain receptor (the lock) in the brain, it has a unique effect on the brain.

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