

[VEGAN FOODS RECIPES](#)



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Vegan Recipes. Vegans, rejoice! Find recipes for a variety of meat-free meals, for celebrations, date night or just a simple dinner. This dairy- and egg-free classic is creamy and satisfying, thanks to the combo of silken tofu and vegan cream cheese.

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11 Foods Healthy Vegans Eat Written by Alina Petre, MS, RD (CA) on October 14, 2016 Vegans avoid eating animal foods for environmental, ethical or health reasons.

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Vegan recipes BBC Food

BBC Food has hundreds of healthy vegan recipes for breakfast, lunch and dinner as well as delicious vegan cakes and desserts.

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40 Vegan Party Food Recipes Vegan Richa

40 Vegan Party Food Recipes. Jalapeno Popper Dip + Havarti Dip. make both dips and mix or serve separately as 2 dips. GF option Thai Layered Dip with Peanut butter sauce, carrots, sprouts, spicy salsa, cilantro, mint GF Melty Dairy-free Cashew mozzarella Sticks. make them baked or fried.

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Healthy Vegan Recipes EatingWell

22-Day Vegan Meal Plan. Following a vegan diet is a healthy approach to eating when you fill your plate with a balance of vegetables, fruits, whole grains and legumes. These next-level vegan recipes are packed with wholesome ingredients and fantastic flavors that will leave you feeling nourished and satisfied.

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50 Healthy Vegan Recipes Cooking Light

Whether you're searching for vegan desserts, soup, pasta, or pancakes, we have you covered for any occasion.

Note: These recipes follow a broader interpretation of the vegan diet, as some do contain honey.

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Easy vegan recipes Jamie Oliver

Vegan recipes (135) Whether it's delicious vegetarian or easy vegan recipes you're after, or ideas for gluten or dairy-free dishes, you'll find plenty here to inspire you.

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