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The Coconut Oil Miracle Penguin Random House

About The Coconut Oil Miracle. A completely revised and updated guide for maximizing the health and beauty benefits of coconut oil For years, The Coconut Oil Miracle has been a reliable guide for men and women alike. Now in its fifth edition, this revised and updated version has even more information on the benefits of coconut oil and shows

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TITLE: The Coconut Oil Miracle AUTHOR NAME: Dr. Bruce Fife. AUTHOR CREDENTIALS: Dr. Bruce Fife is a certified nutritionist and naturopathic physician and one of the leading authorities on the health benefits of coconut oil. He serves as the director of the Coconut Research Center in Colorado, USA. He has written more than 20 health and nutrition books including The Coconut Oil Miracle

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The Coconut Oil Miracle An Interview with Dr Bruce

The coconut oil and coconut boom might not have been possible if not for the work of Dr. Bruce Fife, author of the pivotal book The Coconut Oil Miracle, which dug deep into the volumes of medical studies showing the crucial benefits of coconut oil, and brought them to the masses, for the first time.

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The Coconut Oil Miracle 5th Edition by Bruce Fife

The Coconut Oil Miracle book by Bruce Fife, CN, ND is generally well written. The information contained in the book is amazing. Coconut oil has many health applications. I have used coconut oil for a serious skin infection on my scalp and face and coconut oil cleared up the infection completely. It is great for your complexion.

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Jay Notes The Coconut Oil Miracle by Bruce Fife

Jay Notes: The Coconut Oil Miracle by Bruce Fife I started using coconut oil myself and began recommending it to my clients (I coconut oil can kill bacteria and viruses that cause influenza, herpes, bladder infections, gum disease, and numerous other conditions.

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