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Books Understanding Addiction

Informed by unparalleled neuroscientific insight and written with his usual flare, Marc Lewis's *The Biology of Desire* effectively refutes the medical view of addiction as a brain disease. A bracing and informative corrective to the muddle that now characterizes public and professional discourse on this topic. Gabor Maté, M.D., author of *In The Realm of Hungry Ghosts: Close Encounters*

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Understanding and Loving a Person with Alcohol or Drug Addiction: Biblical and Practical Wisdom to Build Empathy, Preserve Boundaries, and Show Compassion (The Arterburn Wellness Series)

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Understanding Addiction How Addiction Hijacks the Brain

Understanding Addiction How Addiction Hijacks the Brain Addiction involves craving for something intensely, loss of control over its use, and continuing involvement with it despite adverse consequences. Addiction changes the brain, first by subverting the way it registers pleasure and then by corrupting other normal drives such as learning and motivation.

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For the addict in recovery and for the family of the afflicted, *Understanding Addiction* provides crucial information to demystify this disease and provide clear guidance toward recovery. For human resource workers, attorneys, social workers, nurses, corrections officers, school counselors, and teachers, the book provides a framework of

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Addiction. When a person succumbs to the grip of an addiction, it is extremely difficult to quit on their own. Understanding how a substance abuse problem develops helps to shed light on why they are so hard to beat.

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Understanding Addiction Memoirs of an Addicted Brain

Presently, he speaks and blogs on topics in addiction science, and his critically acclaimed book, *Memoirs of an Addicted Brain*, is the first to blend memoir and science in addiction studies. His newly released book, *The Biology of Desire*, debunks the currently popular disease model of addiction.

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6 Essential Books for Those with an Addicted Loved One

6 Essential Books for Those with an Addicted Loved One Loving someone who suffers from addiction is one of the hardest things a human being can go through. The situations and emotions a person experiences while a loved one struggles with drugs or alcohol can be completely overwhelming. *Clean* is a landmark book on addiction that tackles

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What is Addiction Definition Signs Test Causes

Addiction is more common than diabetes, which occurs in approximately 7% of the population. Addiction crosses all socio-economic boundaries. 10% of teachers, 10% of plumbers, and 10% of CEOs have an addiction.

The terms alcohol addiction, alcoholism, and dependence are all equivalent.

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10 Best Books on Addiction and Recovery Sober Nation

Here is a list of Sober Nation's ten best books written about addiction. There are many books written on the subject of alcoholism and addiction. Here is a list of Sober Nation's ten best books written about addiction.

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