A GUIDE TO ESSENTIAL OILS



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Reference Guide for Essential Oils Soft Cover 2013 [Connie Higley, Alan Higley] on Amazon.com. *FREE* shipping on qualifying offers. Join the millions of individuals who are rediscovering the natural healing powers of essential oils! Essential oils-the volatile aromatic liquids created by plants to help them maintain their own health and vitality-have been used by mankind for thousands of

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Essential Oils Guide for Beginners Young Living

Essential oils are highly aromatic oils derived from plants. They can be pulled from any botanical matter and are typically extracted from flower petals, citrus peels, grasses, tree barks, and resins. The oils are extracted through a variety of methods, including cold pressing and steam distillation

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Essential oils Bo Jensen

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