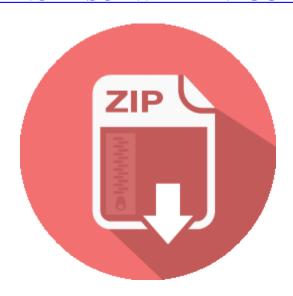
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The author of Arnold: The Education of a Bodybuilder, Arnold's Bodybuilding for Men, and the first edition of the Encyclopedia of Modern Bodybuilding, Arnold Schwarzenegger has won more bodybuilding titles than anyone else in the world, including three Mr. Universe titles. He lives in Los Angeles with his wife, Maria Shriver, and their four children.

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