

GROWING UP BRAVE



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Growing Up Brave is a new book by Dr. Donna Pincus, PhD. Dr. Pincus is a recognized expert in childhood anxiety. This book is a wonderful resource for parents

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Growing Up Brave Psychology Today

Donna B. Pincus, Ph.D. is an Associate Professor of Psychology at Boston University and author of Growing Up Brave: Expert Strategies for Helping Your Child Overcome Fear, Stress, and Anxiety.

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Growing Up Brave The Child Anxiety Network

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Essay on Growing Up Brave " written by Susana M. Morris, Associate Professor of Literature, Media, and Communication, Georgia Institute of Technology. Sample discussion questions for series books written by

Susana M. Morris. Related reading list, prepared by national project advisor Anna Cvitkovic.

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Growing up Brave Expert Strategies for Helping Your

Growing Up Brave : Expert Strategies for Helping Your Child Overcome Fear, Stress, and Anxiety, Hardcover by Pincus, Donna, ISBN 0316125601, ISBN-13 9780316125604 Offers a step-by-step approach for parents of anxious kids to promote secure attachment, foster coping skills, reinforce problem-solving behaviors, and help their children overcome their fears.

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