# **CAROLINE MYSS ANATOMY OF THE SPIRIT**



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### **Anatomy of the Spirit Caroline Myss**

Author Information. Caroline Myss has been in the field of energy medicine and human consciousness for 20 years. Since 1982, she has worked as a medical intuitive, providing individuals with an evaluation of the health of their energetic anatomy system.

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### Anatomy Of The Spirit Caroline Myss 9780553505276

Description. Anatomy of the Spirit is the first book to unify Eastern and Western spiritual healing into a programme for physical healing and personal power. In this breakthrough view of mind, body and spirit, Caroline Myss demonstrates that the seven stages through which everyone must pass in the search for consciousness

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# Anatomy of the Spirit PDF Summary Caroline Myss Audiobook

Caroline Myss, a firm believer in energy medicine, explains both in The Anatomy of the Spirit. And uncovers the structure of the seven stages of power and healing tentatively present, in her opinion, in all major religions, and illustrated through three great traditions: Kabbalah, Christianity, and Hinduism.

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# Caroline Myss Quotes Author of Anatomy of the Spirit

74 quotes from Caroline Myss: 'The soul always knows what to do to heal itself. The challenge is to silence the mind', 'What drains your spirit drains your body. What fuels your spirit fuels your body.', and 'Just let go. Let go of how you thought your life should be, and embrace the life that is trying to work its way into your consciousness.'

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