

THE END OF OVEREATING KESSLER



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Dr. David Kessler has written a fascinating account of the science of human appetite, as well as its exploitation by the food industry. The End of Overeating is an invaluable contribution to the national conversation about the catastrophe that is the modern American diet. Michael Pollan, author of In Defense of Food David A. Kessler, who led the battle against the tobacco industry

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Overeating Wikipedia

Overeating is the excess food consumed in relation to the energy that an organism expends (or expels via excretion), leading to weight gaining and often obesity. It may be regarded as an eating disorder.. This term may also be used to refer to specific episodes of over-consumption. For example, many people overeat during festivals or while on holiday.

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David A Kessler Wikipedia

David Aaron Kessler (born May 13, 1951) is an American pediatrician, lawyer, author, and administrator (both academic and governmental). He was the Commissioner of the Food and Drug Administration (FDA) from November 8, 1990 to February 28, 1997.

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Gates of Vienna

Note: The following post accompanies Takuan Seiyo s latest piece. Both are being kept sticky until tonight. Scroll down for other posts that have appeared since Wednesday. Certain posts at Gates of Vienna, among them those by Takuan Seiyo, tend to attract the attention and comments of people who are preoccupied with the Jews.

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