# **CHILDREN AND OBESITY**



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## **Obesity Facts Healthy Schools CDC**

Childhood obesity has immediate and long-term effects on physical, social, and emotional health. For example: Children with obesity are at higher risk of having other chronic health conditions and diseases that influence physical health.

http://ebookslibrary.club/download/Obesity-Facts-Healthy-Schools-CDC.pdf

## **Preventing Obesity in Children Causes of Child Obesity**

Children become overweight and obese for a variety of reasons. The most common causes are genetic factors, lack of physical activity, unhealthy eating patterns, or a combination of these factors.

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# **Childhood Obesity Trends The State of Obesity**

The prevalence of obesity and severe obesity increases with age. In 2015-2016, 13.9% of children ages 2 to 5, 18.4% of children ages 6 to 11 and 20.6% of children ages 12 to 19 had obesity.

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## Childhood obesity Symptoms and causes Mayo Clinic

Childhood obesity is a serious medical condition that affects children and adolescents. Children who are obese are above the normal weight for their age and height. Childhood obesity is particularly troubling because the extra pounds often start children on the path to health problems that were once

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## Obesity In Children And Teens aacap org

The problem of childhood obesity in the United States has grown considerably in recent years. Approximately 12.7 million, or 17 percent, of children and adolescents are obese. Obesity is among the easiest medical conditions to recognize but most difficult to treat.

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# Obesity and overweight who int

Childhood obesity is associated with a higher chance of obesity, premature death and disability in adulthood. But in addition to increased future risks, obese children experience breathing difficulties, increased risk of fractures, hypertension, early markers of cardiovascular disease, insulin resistance and psychological effects.

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