

DEEPEST ACCEPTANCE JEFF FOSTER



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This acceptance of the ocean for its waves is beyond the conceptual opposites of acceptance and non-acceptance the acceptance is the inseparability of the ocean and the waves, and as such it has no opposite. Every wave is already accepted by the ocean. This is the deepest acceptance of life that you as an individual cannot do.

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The Deepest Acceptance Jeff Foster

With The Deepest Acceptance, Jeff Foster invites us to discover the ocean of who we are: an awareness that has already allowed every wave of emotion and experience to arrive.

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Jeff Foster Quotes Author of The Deepest Acceptance

33 quotes from Jeff Foster: 'Perhaps our dreams are there to be broken, and our plans are there to crumble, and our tomorrows are there to dissolve into todays, and perhaps all of this is all a giant invitation to wake up from the dream of separation, to awaken from the mirage of control, and embrace whole-heartedly what is present.

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The Deepest Acceptance Radical Awakening in Ordinary Life

I immediately connected with the wisdom and simplicity found in the basic premise of Jeff Foster's teaching, summed up as: a deep and fearless acceptance of whatever comes your way. He sees seeking what is pleasant (love and acceptance) and escaping what is unpleasant, as leading to suffering.

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No 051 The Deepest Acceptance Interview with Jeff Foster

No. 051 The Deepest Acceptance Interview with Jeff Foster September 26, 2018 by Gabriel Gonsalves Leave a Comment The love we so eagerly seek from others can become readily available to us the moment we start to truly love and accept each part of ourselves.

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The Deepest Acceptance with Jeff Foster Academy for

The Deepest Acceptance with Jeff Foster July 5, 2016 by Gabriel Gonsalves 2 Comments Isn't it amazing how many of us spend money on courses, books, CD's, self-help programs, coaching, etc. just to be reminded that who we really are is already perfect, whole and complete?

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Sounds True The Deepest Acceptance

The Deepest Acceptance rings with the power and authenticity of Jeff Foster's deeply felt, deeply lived wisdom. His affirmation of life and compassion for the full range of human experience is a much needed contribution."

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Jeff Foster Official YouTube

Author/teacher Jeff Foster busts the core myth of healing - that you should be healed 'by now'. Healing is not a

destination, but a present-moment welcoming of all the 'guests' in awareness, a
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