

THE SHAME THAT BINDS US



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John Bradshaw Quotes Author of Healing the Shame that

250 quotes from John Bradshaw: 'To truly be committed to a life of honesty, love and discipline, we must be willing to commit ourselves to reality.', 'Hell, in my opinion, is never finding your true self and never living your own life or knowing who you are.', and 'Since the earliest period of our life was preverbal, everything depended on emotional interaction.

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