

## **HENRY LODGE YOUNGER NEXT YEAR**



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### **Henry S Lodge Author of Younger Next Year Books Dies**

Dr. Henry S. Lodge, whose series of health-advice books, *Younger Next Year*, written with his patient Chris Crowley, sold in the millions, died on Friday in Manhattan.

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### **Younger Next Year Live Strong Fit and Sexy Until You**

Chris Crowley, a former litigator (Davis Polk & Wardwell), is the coauthor, with Henry S. Lodge, of the *Younger Next Year* books, and the coauthor, with Jen Sacheck, PhD, of *Thinner This Year*. Though in his eighties, he fully lives the life, skiing black diamonds and routinely doing fifty-mile bike rides.

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### **Bios Younger Next Year**

Chris Crowley. Chris Crowley is the New York Times bestselling co-author (with leading NY internist and Columbia Medical School Professor, Henry S. Lodge M.D. , Harry ) of the *Younger Next Year* books which have sold over two million copies and have been translated into 20 languages worldwide. The *Younger Next Year* books have been called *The Boomers Bible* and *The Best thing*

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### **Henry Adams Wikipedia**

Henry Brooks Adams (February 16, 1838 March 27, 1918) was an American historian and member of the Adams political family, being descended from two U.S. Presidents.. As a young Harvard graduate, he was secretary to his father, Charles Francis Adams, Abraham Lincoln's ambassador in London. The posting had much influence on the younger man, both through experience of wartime diplomacy and

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### **Henry Kissinger Wikipedia**

Early life and education. Kissinger was born Heinz Alfred Kissinger in F rth, Bavaria, Weimar Republic (present-day F rth, Bavaria, Germany) in 1923 to a family of German Jews. His father, Louis Kissinger (1887 1982), was a schoolteacher. His mother, Paula (Stern) Kissinger (1901 1998), from Leutershausen, was a homemaker. Kissinger has a younger brother, Walter Kissinger (born 1924).

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### **Brockville Road Runners BRRC Homepage**

Road Runners on the Road; November 4, 2018 Club and area runners participated with some success away from

home this past Sunday. In the Hamilton Marathon, Ilona Thomas ran a remarkable 3:47:21.

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House by House Directory of Coltman Street Originally known as Coltman's street (source- White's directory 1851) Some of this information was originally used to form the basis for a 'Living Museum'.

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