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coronary artery disease. coronary artery disease, condition that results when the coronary arteries are narrowed or occluded, most commonly by atherosclerotic deposits of fibrous and fatty tissue. Coronary artery disease is the most common underlying cause of cardiovascular disability and death.

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Heart Disease Books Mirror Linus Pauling's Heart

Don't wait until you already have heart disease before reading this book Eradicating Heart Disease is the perfect complement to the Linus Pauling video on Heart Disease. Dr. Rath, MD, is to be applauded for telling the truth and making such a good case so easy to read. Uncommon for a medical doctor, Rath makes essentially the same case as Linus Pauling.

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The End of Heart Disease lays out the science and steps to prevent and reverse the epidemic of heart disease. This must read book will be required for every one of my patients and family. This must read book will be required for every one of my patients and family.

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Prevent and Reverse Heart Disease by Caldwell B Esselstyn

Prevent and Reverse Heart Disease has helped thousands across the country, and is the book behind Bill Clinton

s life-changing vegan diet. The proof lies in the incredible outcomes for patients who have followed Dr. Esselstyn s program, including a number of patients in his original study who had been told by their cardiologists that they

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