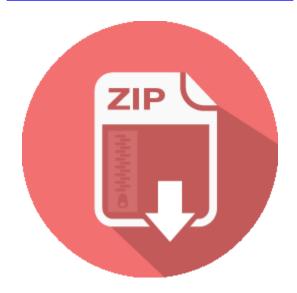
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The Body Reset Diet is a low-calorie, 15-day diet created by celebrity fitness trainer Harley Pasternak, who cohosted ABC's daytime talk show "The Revolution" in 2012 and has worked with

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