

## **HIGH BLOOD PRESSURE AND STROKES**



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### **The Terrifying Link Between High Blood Pressure and Stroke**

Studies show that that over time, that makes you more likely to have a stroke. How Does High Blood Pressure Cause a Stroke? Hypertension puts your arteries under constant stress.

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### **Blood Pressure Stroke and high blood pressure**

High blood pressure is a major cause of strokes in the UK. By lowering your blood pressure, you can reduce your risk of developing a stroke. This page will show you how high blood pressure causes strokes, what you can do about it and the signs, symptoms and treatments for stroke.

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### **High blood pressure dangers Hypertension's effects on**

Uncontrolled high blood pressure can lead to stroke by damaging and weakening your brain's blood vessels, causing them to narrow, rupture or leak. High blood pressure can also cause blood clots to form in the arteries leading to your brain, blocking blood flow and potentially causing a stroke. Dementia.

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### **High Blood Pressure and Strokes How Are They Connected**

High Blood Pressure and Mini Strokes A mini stroke, or transient ischemic attack (TIA), occurs when a temporary clot forms. The symptoms are similar to a full-blown stroke: paralysis or numbness on one side of the body, difficulty talking, trouble with balance, blurred vision, confusion, and an altered sense of taste or smell.

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### **Medical Risk Factors National Stroke Association**

High blood pressure, atrial fibrillation (AFib), high cholesterol, diabetes and circulation problems are all medical risk factors, which are controllable, for stroke. Medical risk factors are often caused by a combination of things including family history.

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### **High Blood Pressure and Stroke The Connection**

Many people believe that high blood pressure only affects one's heart, and that stroke solely exists as a response to stress on the brain. However, both of these ideas are misconceptions. While in some scenarios they could be true, one of the biggest and most overlooked causes of stroke is, in fact, high blood pressure.

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### **Blood Pressure and Stroke Stroke Association**

Several factors can increase your risk of high blood pressure, including family history, advanced age, lack of physical activity, poor diet, gender-related risk patterns, overweight and obesity, and drinking too much alcohol.

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### **The Number One Reason For Stroke High Blood Pressure**

High Blood Pressure And Stroke. Stroke is a leading cause of death and severe, long-term disability. Most people who've had their first stroke also had high blood pressure (HBP or hypertension). High blood pressure damages arteries throughout the body, creating conditions where they can burst or clog more easily.

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### **Mind Your Risks**

High blood pressure can also lead to diffuse white matter disease and silent strokes, which are linked to later development of cognitive decline and vascular dementia. High blood pressure is the most preventable cause of stroke. As many as 30 percent of stroke survivors develop post-stroke dementia.

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### **High Blood Pressure and Stroke**

Brain blood vessels rupture due to high blood pressure, resulting in regional brain bleeding. Hemorrhagic stroke is uncommon situation comprising about 15% of all brain strokes but is the cause of death for 40% of them.

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**High Blood Pressure Fact Sheet Data Statistics DHDSP CDC**

Having high blood pressure puts you at risk for heart disease and stroke, which are leading causes of death in the United States. 1 About 75 million American adults (32%) have high blood pressure that s 1 in every 3 adults . 3

<http://ebookslibrary.club/download/High-Blood-Pressure-Fact-Sheet-Data-Statistics-DHDSP-CDC.pdf>

**Will High Blood Pressure Cause a Stroke cheatsheet com**

Most people living with high blood pressure do not know they have it. This is one of many reasons the condition endangers your heart, brain, and overall health. There are many reasons strokes occur.

<http://ebookslibrary.club/download/Will-High-Blood-Pressure-Cause-a-Stroke--cheatsheet-com.pdf>

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