HOW WE CHOOSE TO BE HAPPY



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We choose the moon.org is an interactive experience recreating the historic Apollo 11 mission to the Moon in real time. Once where only three men made the trip, now millions can. Live event begins 9:32 AM EDT July 16, 2009. Exactly 40 years after Apollo 11 lifted off.

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Dan Gilbert The surprising science of happiness TED Talk

Dan Gilbert, author of "Stumbling on Happiness," challenges the idea that we'll be miserable if we don't get what we want. Our "psychological immune system" lets us feel truly happy even when things don't go as planned. http://ebookslibrary.club/download/Dan-Gilbert--The-surprising-science-of-happiness-TED-Talk.pdf

Happiness Quotes Sayings about Being Happy

Quotations about happiness, unhappiness, and attitude, from The Quote Garden.

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Shawn Achor The happy secret to better work TED Talk

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12 Things Happy People Do Differently Marc and Angel

Savoring life s joys is one of the things that has kept me happy for so long! It s like seeing the world from the mind of your inner child: all is new, and all is exciting.

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