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### **Mother Nurture Publishing**

Mother Nurture Publishing was started by husband and wife, John and Nicole, to share a beloved story created by Nicole with the world. Nicole is a self-professed homemaker, homeschooler, and homebody. She spends her days with her family and enjoys spending time in nature.

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### **Mother Nurture A Mother's Guide to Health in Body Mind**

He has several audio programs with Sounds True, and his first book was Mother Nurture: A Mother's Guide to Health in Body, Mind, and Intimate Relationships (Penguin, 2002). A summa cum laude graduate of UCLA, Dr. Hanson is a trustee of Saybrook University.

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