

BOOK SIMPLIFY YOUR LIFE



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Elaine St. James wrote "Simplify Your Life" in 1994, and is really one of the "pioneers" of the current simplifying, minimizing, and downsizing movement (as I read through recent book reviews, newer authors are given this credit).

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Simplify Your Life 100 Ways to Slow Down and Enjoy the

Just finished "Simplify Your Life: 100 Ways to Slow Down & Enjoy the Things That Really Matter" by Elaine St. James. It was a quick read and kept me engaged. I particularly enjoyed the sections devoted to "Lifestyle" and "Work", as there were several new suggestions I plan on implementing in my own life.

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Simplify Your Life by Sarah O'Flaherty NOOK Book eBook

Simplify Your Life is packed with straightforward, honest, and practical advice. If you enjoy easy reads that really add value to your life, then you'll love this book. Sarah takes you straight to the foundational aspects of life that, if you get right, will ensure a satisfying and meaningful life.

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Books by Elaine St James Author of Simplify Your Life

Elaine St. James has 25 books on Goodreads with 7302 ratings. Elaine St. James's most popular book is Simplify Your Life: 100 Ways to Slow Down and Enjoy

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7 Ways to Simplify Your Life Be More with Less

7 Ways to Simplify Your Life. Written by Courtney Carver. Editor's note: This is a guest post from Tess Marshall of The Bold Life. I write double time in my gratitude book. We were in Mexico yesterday and there is so much poverty but the greatest joy. It reminds me, I have no problems only minor inconveniences!

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The 10 Most Important Things to Simplify in Your Life

Books; Hope; Magazine; Uncluttered; Becoming Minimalist. Own less. Live more. Finding minimalism in a world of consumerism. The 10 Most Important Things to Simplify in Your Life. here is a list of the 10 most important things to simplify in your life today to begin living a more balanced, joyful lifestyle: 1.

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25 Easy Ways To Simplify Your Life The Blissful Mind

25 Easy Ways To Simplify Your Life 1. Set monthly goals. Instead of New Year s resolutions, set yourself 1-3 goals each month. I ve been setting three goals each month since January, and it s allowed me to start new habits, break down larger goals into manageable chunks, and achieve things I ve been meaning to do for a long time. 2.

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Simplify Your Life Marcia Ramsland 9780849944420

Is it really possible to simplify your life? The answer is a resounding "yes," if you know the necessary steps to unclutter your life and lifestyle. Get the inside scoop from professional organizer Marcia Ramsland and begin to solve your life management issues like a pro.

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