

## [DR FUHRMAN EAT TO LIVE](#)



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### **Eat to Live by Joel Fuhrman Food list Chewfo**

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### **Eat to Live Cookbook 200 Delicious Nutrient Rich Recipes**

JOEL FUHRMAN, M.D., is a board-certified family physician and nutritional researcher who specializes in preventing and reversing disease through nutritional and natural methods.

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