# **HAPPINESS GILBERT**



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Guest Reviewer: Malcolm Gladwell Malcolm Gladwell is the author of bestselling books Blink and The Tipping Point, and is a staff writer for The New Yorker. Several years ago, on a flight from New York to California, I had the good fortune to sit next to a psychologist named Dan Gilbert.

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## **Happiness Wikipedia**

Happiness is used in the context of mental or emotional states, including positive or pleasant emotions ranging from contentment to intense joy. It is also used in the context of life satisfaction, subjective well-being, eudaimonia, flourishing and well-being. Since the 1960s, happiness research has been conducted in a wide variety of scientific disciplines, including gerontology, social

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## The emotional responses of browsing Facebook Happiness

2. Exploratory and correlational examination (Study 1)2.1. Study overview and hypothesis. In Study 1, we examined the momentary emotional states of Facebook users after reading a post, and investigated the role of tie strength in predicting happiness and envy.

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