# **CHRONIC FATIGUE SYNDROME FIBROMYALGIA**



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### Fibromyalgia and Chronic Fatigue WebMD

Fibromyalgia and chronic fatigue syndrome are considered separate but related disorders. They share a common symptom -- severe fatigue that greatly interferes with people's lives.

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## Link between Fibromyalgia Fatigue Chronic Fatigue

Chronic pain and fatigue are common symptoms of both fibromyalgia and chronic fatigue syndrome. The difference is that, in fibromyalgia, fatigue often takes a backseat to debilitating muscle pain. In chronic fatigue syndrome, people have an overwhelming lack of energy, but also can experience some pain.

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## Chronic Fatigue Syndrome Fibromyalgia Chronic Fatigue

CFS displays similar symptoms. However, a practical way to differentiate the disorders is that pain is the predominant problem in people with fibromyalgia, whereas fatigue is the major complaint in people with CFS. The pain of fibromyalgia is typically chronic and widespread, and is often associated with stiffness. http://ebookslibrary.club/download/Chronic-Fatigue-Syndrome-Fibromyalgia-Chronic-Fatigue--.pdf

#### Chronic Fatigue Syndrome and Fibromyalgia

Chronic Fatigue Syndrome and Fibromyalgia CFS and fibromyalgia may significantly affect your quality of life. Learn about the symptoms, diagnosis, treatment, and health-promoting changes you can make.

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## Chronic Fatigue Syndrome CFS and Fibromyalgia Fibro Pulse

Chronic Fatigue Syndrome and Fibromyalgia Any detailed discussion of fibromyalgia is incomplete without also talking about chronic fatigue syndrome. In this post, we ll break break down what chronic fatigue syndrome is and its relationship to fibromyalgia.

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### **Chronic Fatigue Syndrome and Fibromyalgia Treatment**

When faced with patients suffering from chronic fatigue syndrome (CFS) or fibromyalgia, doctors are often at a loss. In a poorly-informed attempt to relieve symptoms, they might prescribe antidepressants, muscle relaxants, pain pills, or sleep medications. None of these will resolve the condition and side effects may make you feel worse.

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## **Chronic Fatigue Syndrome and Fibromyalgia CFIDS**

Chronic Fatigue Syndrome and Fibromyalgia (CFIDS) Chronic fatigue syndrome (CFIDS) is an immune system dysfunction characterized by severe unrelenting fatigue, low body temperature, sore throat, lymphadenopathy, arthralgia, fibromyalgia and various neurological and mental symptoms.

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