

CASE APPROACH TO COUNSELING AND PSYCHOTHERAPY



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Group psychotherapy Wikipedia

Group psychotherapy or group therapy is a form of psychotherapy in which one or more therapists treat a small group of clients together as a group. The term can legitimately refer to any form of psychotherapy when delivered in a group format, including cognitive behavioural therapy or interpersonal therapy, but it is usually applied to psychodynamic group therapy where the group context and

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Psychodynamic psychotherapy Wikipedia

Psychodynamic psychotherapy or psychoanalytic psychotherapy is a form of depth psychology, the primary focus of which is to reveal the unconscious content of a client's psyche in an effort to alleviate psychic tension.. Psychodynamic psychotherapy relies on the interpersonal relationship between client and therapist more than other forms of depth psychology.

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The Boulder Psychotherapy Institute

Transformational Counseling Services: Unfolding the Authentic Path to Inner Transformation. Belle Abramson, a licensed professional counselor and certified addictions counselor, offering Transformational Counseling Services in downtown Boulder, Colorado since 2003, brings a unique array of services to the Boulder counseling community.

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Borow (Ed.) Man in a World at Work. (Pp. 434-459). Boston: Houghton Mifflin, 1964

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