SEARCH INSIDE YOURSELF CHADE MENG TAN

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About the Search Inside Yourself Leadership Institute SIYLI

Search Inside Yourself was born at Google from a dream to change the world. It began in 2007 when a team of leading experts in mindfulness, neuroscience and emotional intelligence developed an internal course for fellow Googlers.

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In his new book, Joy On Demand, Chade-Meng Tan gives practical advice on how you can easily and quickly access joy. He believes you can train yourself to experience joy with a few simple exercises.

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Dani Ballester Gerente de Projetos certificada pelo PMI e Coach de Lideran a e Produtividade, acredita que os sonhos podem ser realizados quando ACREDITAMOS.

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