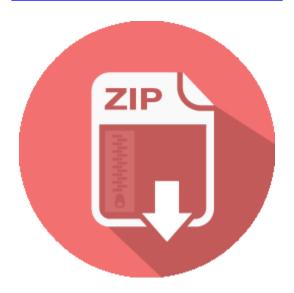
101 JUMPING EXERCISES



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101 Jumping Exercises (Part One) This article has appeared previously with Equestrian Life. To see what is in our latest issue, please click here. By Linda L Allen. Riding and jumping, like most other activities are best learned by doing. Practice is as essential for riders as ongoing training is for horses, no matter their current level. http://ebookslibrary.club/download/Equestrian-Life-101-Jumping-Exercises--Part-One-.pdf

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Get jumping! This collection presents a logical series of fun and rewarding exercises that are designed to develop your horse-jumping skills. With straightforward instructions and clear arena maps, this guide can be hung on a pole and easily referenced from the saddle.

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The ground pole exercises, even without any jumping, improve accuracy, security, balance, and control, while offering an easy and fun new aspect to riding in the arena. - Riders who are totally new to jumping, feel the urge to try it, and wish to do so in a way that is simple, safe, sensible, and fun.

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best beginner transition. The canter pole exercises come after about midway through the book and I found some of the distances to be a little off.Overall, a pretty good book that would benefit from a design change. 101 Jumping Exercises: For Horse and Rider 101 Jumping Exercises for Horse & Rider (Read & http://ebookslibrary.club/download/Read-Download--PDF-Kindle--101-Jumping-Exercises--For--.pdf

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Linda Allen has spent more than 35 years in the equestrian industry, training, riding, jumping, competing, and designing courses. In 101 JUMPING EXERCISES FOR HORSE & RIDER, she provides a logical and consistent series of exercises presented in a fun and appealing way, with clear arena maps and straightforward instructions.

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101 Jumping Exercises For Horse and Rider by Linda L

Containing 101 jumping exercises every horse and rider should kw, it starts with basic work over and around poles to help horse and rider establish and maintain a dialogue with each other. The exercises then progress in

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What others are saying "This fun, simple jumping exercise helps riders of all levels improve straightness, turns, track riding and rhythm." "Even though this is a jumping exercise I feel like this is a great exercise to so on the flat if you substituted the mini jumps for poles."

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