

WHAT IS CHRONIC FATIGUE



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Chronic fatigue syndrome (CFS) is a debilitating disorder characterized by extreme fatigue or tiredness that doesn't go away with rest and can't be explained by an underlying medical condition.

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Chronic fatigue syndrome Symptoms and causes Mayo Clinic

Overview. Sometimes it's abbreviated as ME/CFS. The cause of chronic fatigue syndrome is unknown, although there are many theories ranging from viral infections to psychological stress. Some experts believe chronic fatigue syndrome might be triggered by a combination of factors.

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Chronic fatigue syndrome Wikipedia

Chronic fatigue syndrome. Jump to navigation Jump to search. Chronic fatigue syndrome (CFS), also referred to as myalgic encephalomyelitis (ME), is a medical condition characterized by long-term fatigue and other lingering symptoms that limit a person's ability to carry out ordinary daily activities.

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Chronic Fatigue Syndrome CFS Symptoms and Causes

Chronic fatigue syndrome is more than feeling tired all the time. It comes with a lot of other symptoms that can make it hard to handle daily life. Even simple things like walking to the mailbox or writing a letter can make it worse. The fatigue and symptoms can last 6 months, or can go on for years. Sleep and rest don't make it better, either.

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Chronic Fatigue Syndrome Symptoms Causes Diagnosis and

Article Table of Contents. Chronic fatigue syndrome is a condition involving deep fatigue, unrefreshing sleep, and a worsening of symptoms after exertion. Its exact cause is unknown, but it is believed that a combination of genetic predisposition and environmental factors bring it about. With no simple test to identify it available,

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Chronic Fatigue Syndrome CFS MedlinePlus

Chronic fatigue syndrome (CFS) is a serious, long-term illness that affects many body systems. Another name for it is myalgic encephalomyelitis/chronic fatigue syndrome (ME/CFS). CFS can often make you unable to do your usual activities.

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