CHINESE MEDICINE FOR ALLERGIES



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Traditional Chinese medicine uses herbs, diet, and acupuncture to treat pollen allergies. Allergies occur when the body's immune system misidentifies a normally harmless substance as a threat to the body.

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Chinese herbal medicine can help prevent the occurrence of infection, relieve symptoms, correct immune system imbalances, and allow healing of sinus tissues. In fact, many of the western treatments for allergies have been derived from isolated compounds of single herbs.

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What can Chinese medicine do about this? In Chinese medicine, the treatment principles for eliminating allergic rhinitis are to 1) fortify the spleen and boost the qi, 2) dispel wind and eliminate evils, and 3) transform phlegm and dry dampness. These principles deal with the root and branches of allergic rhinitis.

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How to Treat Allergies with Traditional Chinese Medicine

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Traditional Chinese Medicine and Allergies

That was followed by the publication of Traditional Chinese Medicine, Western Science, and the Fight Against Allergic Disease, which Dr. Li and I wrote together. Another big milestone was the East-West Integrative Medical Practice and Scientific Technology for Allergies & Wellness held at Mount Sinai, Dr. Li s home base. http://ebookslibrary.club/download/Traditional-Chinese-Medicine-and-Allergies.pdf

Traditional Chinese Medicine The Cure for Food Allergies

Traditional Chinese medicine as practiced by Dr. Li works on modulating the immune system. There are two kinds of helper cells involved, Th1, which helps fight infections, and Th2, which is associated with allergies. http://ebookslibrary.club/download/Traditional-Chinese-Medicine--The--Cure--for-Food-Allergies-.pdf

Chinese Allergy Remedies Solstice Medicine Company

Chinese Allergy Remedies. Solstice Medicine Company has a variety of effective solutions for people suffering from allergies. Solstice products feature the highest quality Chinese herbs for allergies and offer a natural, healthy alternative to regular allergy pharmaceuticals.

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