

## **BLOOD PRESSURE IS HIGH**



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### **High Blood Pressure Hypertension Signs Causes Diet**

Complications of high blood pressure include heart disease, kidney (renal) disease, hardening of the arteries (atherosclerosis or arteriosclerosis ), eye damage, and stroke ( brain damage ). Hypertension is a major public health problem.

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### **Causes of High Blood Pressure Risk Factors Weight Diet**

When a direct cause for high blood pressure can be identified, the condition is described as secondary hypertension. Among the known causes of secondary hypertension, kidney disease ranks highest.

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### **Blood Pressure What is high blood pressure**

If you have high blood pressure, this higher pressure puts extra strain on your heart and blood vessels. Over time, this extra strain increases your risk of a heart attack or stroke. High blood pressure can also cause heart and kidney disease, and is closely linked to some forms of dementia.

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### **High blood pressure hypertension Symptoms and causes**

Overview. High blood pressure is a common condition in which the long-term force of the blood against your artery walls is high enough that it may eventually cause health problems, such as heart disease. Blood pressure is determined both by the amount of blood your heart pumps and the amount of resistance to blood flow in your arteries.

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### **High Blood Pressure Symptoms Symptoms of Hypertension**

High blood pressure, or hypertension, occurs when your blood pressure increases to unhealthy levels. Your blood pressure measurement takes into account how much blood is passing through your blood vessels and the amount of resistance the blood meets while the heart is pumping. Narrow arteries increase resistance.

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### **High blood pressure Causes symptoms and treatment**

High blood pressure is also known as hypertension. Blood pressure is the amount of force exerted against the walls of the arteries as blood flows through them.

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### **High Blood Pressure Hypertension MedlinePlus**

Primary, or essential, high blood pressure is the most common type of high blood pressure. For most people who get this kind of blood pressure, it develops over time as you get older. For most people who get this kind of blood pressure, it develops over time as you get older.

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### **High Blood Pressure Hypertension Information cdc gov**

High blood pressure is a common and dangerous condition. Having high blood pressure means the pressure of the blood in your blood vessels is higher than it should be. But you can take steps to control your blood pressure and lower your risk of heart disease and stroke.

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### **Blood Pressure Blood pressure chart**

Blood pressure chart. The top number is your systolic blood pressure. (The highest pressure when your heart beats and pushes the blood round your body.) The bottom one is your diastolic blood pressure. (The lowest pressure when your heart relaxes between beats.) The blood pressure chart below shows ranges of high, low and healthy blood pressure readings.

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### **High Blood Pressure Symptoms Signs Causes Diet**

High blood pressure (hypertension) is known as the "silent killer" since it has no initial symptoms, but can lead to long-term disease and complications. Many individuals have high blood pressure, but do not know it.

Important complications of uncontrolled or poorly treated high blood pressure are due to chronic damage that occurs to different organs in the body and include heart attack

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### **High blood pressure hypertension NHS**

High blood pressure, or hypertension, rarely has noticeable symptoms. But if untreated, it increases your risk of serious problems such as heart attacks and strokes.

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### **High Blood Pressure National Heart Lung and Blood**

High blood pressure is a common disease in which blood flows through blood vessels, or arteries, at higher than normal pressures. Blood pressure is the force of blood pushing against the walls of your arteries as the heart pumps blood. High blood pressure, sometimes called hypertension, is when this force against the artery walls is too high.

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