

[ABOUT HIGH BLOOD PRESSURE](#)



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Hypertension High Blood Pressure Health Center WebMD

Hypertension Overview. High blood pressure or hypertension increases the risk of heart disease and stroke.

Hypertension risk factors include obesity, drinking too much alcohol, smoking, and family

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High Blood Pressure Hypertension Signs Causes Diet

Blood pressure between 120/80 and 129/80 is elevated blood pressure, and a blood pressure of 130/80 or above is considered high. The American Academy of Cardiology defines blood pressure ranges as: Hypertension stage 1 is 130-139 or 80-89 mm Hg, and hypertension stage 2 is 140 or higher, or 90 mm Hg or higher.

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High Blood Pressure National Heart Lung and Blood

Heart-healthy lifestyle changes can prevent high blood pressure, reduce elevated blood pressure, help control existing high blood pressure, and prevent complications, such as heart attack, heart failure, stroke, vascular dementia, or chronic kidney disease.

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High blood pressure hypertension Symptoms and causes

Uncontrolled high blood pressure increases your risk of serious health problems, including heart attack and stroke. High blood pressure generally develops over many years, and it affects nearly everyone eventually. Fortunately, high blood pressure can be easily detected.

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High Blood Pressure Hypertension MedlinePlus

Primary, or essential, high blood pressure is the most common type of high blood pressure. For most people who get this kind of blood pressure, it develops over time as you get older. For most people who get this kind of blood pressure, it develops over time as you get older.

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High blood pressure Causes symptoms and treatment

High blood pressure is also known as hypertension. Blood pressure is the amount of force exerted against the walls of the arteries as blood flows through them.

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High Blood Pressure Symptoms Signs Causes Diet

Based on these new 2017 guidelines defining high blood pressure, as many as half of all Americans will have this disease (48% of men and 43% of women). Uncontrolled high blood pressure is responsible for many cases of death and disability resulting from heart attack, stroke, and kidney failure.

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Blood Pressure What is high blood pressure

You probably have high blood pressure (hypertension) if your blood pressure readings are consistently 140 over 90, or higher, over a number of weeks. You may also have high blood pressure if just one of the numbers is higher than it should be over a number of weeks.

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High Blood Pressure Symptoms Symptoms of Hypertension

High blood pressure problems in pregnancy remain an important cause of maternal death in the United States. Complications for the baby include low birth weight, early birth, and stillbirth.

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List of High Blood Pressure Hypertension Medications

diastolic blood pressure is consistently over 90 (diastolic is the "bottom" number of your blood pressure

measurement, which represents the pressure in the vessels when the heart is at rest) Either or both of these numbers may be too high.

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