

HIGH BLOOD PRESSURE READING



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Blood Pressure Blood pressure chart

What blood pressure readings mean. As you can see from the blood pressure chart, only one of the numbers has to be higher or lower than it should be to count as either high blood pressure or low blood pressure: 90 over 60 (90/60) or less: You may have low blood pressure. More on low blood pressure.

<http://ebookslibrary.club/download/Blood-Pressure-Blood-pressure-chart.pdf>

Blood pressure chart What your reading means Mayo Clinic

Blood pressure readings fall into four general categories, ranging from normal to stage 2 high blood pressure (hypertension). The level of your blood pressure determines what kind of treatment you may need.

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Blood Pressure Chart Numbers Normal Range Systolic

A normal diastolic blood pressure is lower than 80. But even if your diastolic number is lower than 80, you can have elevated blood pressure if the systolic reading is 120-129.

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Blood Pressure Readings Explained

Blood pressure readings are expressed in millimeters of mercury. This unit is abbreviated as mm Hg. A normal reading would be any blood pressure below 120/80 mm Hg and above 90/60 mm Hg in an adult.

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High Blood Pressure Understanding Blood Pressure Readings

Blood pressure readings: What's normal and when is it high blood pressure? Blood pressure (BP) readings are expressed as a ratio of the systolic pressure (the first number or numerator), over the diastolic pressure (the second number or denominator). A blood pressure of 120/80 mmHg (millimetres of mercury) is expressed verbally as 120 over 80. A healthy blood pressure reading should be lower than 120/80 mmHg.

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What is a high blood pressure reading Hypertension

High blood pressure (hypertension) happens when a blood pressure reading is 140/90 or higher. Your doctor may label your high blood pressure as primary (essential) or secondary. There is no underlying cause of primary (essential) hypertension.

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