

WHAT IS CHILDREN OBESITY



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Preventing Obesity in Children Causes of Child Obesity

Children become overweight and obese for a variety of reasons. The most common causes are genetic factors, lack of physical activity , unhealthy eating patterns, or a combination of these factors.

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Childhood obesity Symptoms and causes Mayo Clinic

Childhood obesity can also lead to poor self-esteem and depression. One of the best strategies to reduce childhood obesity is to improve the eating and exercise habits of your entire family. Treating and preventing childhood obesity helps protect your child's health now and in the future.

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Childhood Obesity Facts Overweight Obesity CDC

Childhood obesity is a serious problem in the United States putting children and adolescents at risk for poor health. Obesity prevalence among children and adolescents is still too high. For children and adolescents aged 2-19 years 1: The prevalence of obesity was 18.5% and affected about 13.7

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What is Childhood Obesity Who is at Risk Childhood

A sign of childhood obesity is a weight well above the average for a child's height and age. If left unchecked, research shows that these children are more likely to become obese adults and thus more likely to experience compromised health due to chronic disease, contributing to growing personal and health care costs.

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What is Childhood Obesity Obesity Action Coalition

Childhood obesity is a growing epidemic in the United States. It affects more than 18 percent of children, making it the most common chronic disease of childhood. This number has more than tripled since 1980. Childhood obesity is a health issue.

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Childhood obesity Wikipedia

Childhood obesity is a condition where excess body fat negatively affects a child's health or well-being. As methods to determine body fat directly are difficult, the diagnosis of obesity is often based on BMI .

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Childhood Obesity Get Facts on Prevention and Causes

Childhood obesity has reached epidemic proportions. Take the Childhood Obesity Quiz to test your knowledge of the facts and causes of overweight and obese kids and teens.

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Childhood Obesity Trends The State of Obesity

As with adult obesity rates, this site relies on multiple survey instruments to paint a complete picture of childhood obesity in America: The National Health and Nutrition Examination Survey at CDC measures obesity rates among Americans ages two and older and is the primary source for national obesity data in this report of children ages 2 to 19.

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Childhood obesity causes and consequences

Childhood obesity can profoundly affect children's physical health, social, and emotional well-being, and self esteem. It is also associated with poor academic performance and a lower quality of life experienced by the child.

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Childhood obesity Diagnosis and treatment Mayo Clinic

Treatment for childhood obesity is based on your child's age and if he or she has other medical conditions. Treatment usually includes changes in your child's eating habits and physical activity level.

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The State of Childhood Obesity The State of Obesity

Childhood Obesity Trends The national childhood obesity rate is 18.5%. The rate varies among different age groups and rises as children get older: 13.9% of 2- to 5-year-olds, 18.4% of 6- to 11-year-olds and 20.6% of 12- to 19-year-olds have obesity.

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