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Toxic Parents Overcoming Their Hurtful Legacy and

This was a quick read but really didn't offer any useful, or real world, advice on how to overcome toxic parenting and reclaim your life. The book mostly focused on realizing and confronting the toxic parents. I would have given this book 2.5 stars if I could.

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Toxic Parents Quotes by Susan Forward Goodreads

But, as in other forms of toxic parenting, it is the frequency, the cruelty, and the source of these jokes that make them abusive. Children believe and internalize what their parents say about them. It is sadistic and destructive for a parent to make repetitive jokes at the expense of a vulnerable child.

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Toxic Parent Consistent Parenting Advice

I highly recommend this book to anyone wanting clear, understandable and trust worthy advice on this difficult subject. Dr. Susan Forward is the definitive writer on the topic of Toxic Parenting.

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10 Simple Steps to Stop Toxic Parenting The Good Men Project

Toxic parenting sets the stage for abusive adults and starts a cycle that is hard to escape. Thomas Fiffer offers 10 dos and don'ts to keep your parenting healthy and safe. Perhaps the worst

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