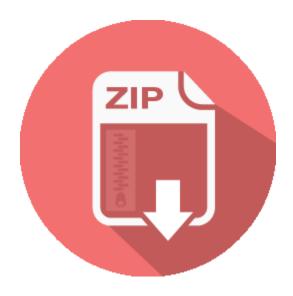
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Sarah Wilson is an Australian media personality, journalist, health coach and blogger. She's the former editor of Cosmopolitan magazine and was the host of the first series of MasterChef Australia, the highest-rating show in Australian TV history, as well as the health makeover show Eat Yourself Sexy.

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