

## **WHAT IS HIGH BLOOD PRESSURE**



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### **High Blood Pressure National Heart Lung and Blood**

Primary, or essential, high blood pressure is the most common type of high blood pressure. This type of high blood pressure tends to develop over years as a person ages. Secondary high blood pressure.

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### **Causes of High Blood Pressure Risk Factors Weight Diet**

When a direct cause for high blood pressure can be identified, the condition is described as secondary hypertension. Among the known causes of secondary hypertension, kidney disease ranks highest.

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### **Blood Pressure What is high blood pressure**

You probably have high blood pressure (hypertension) if your blood pressure readings are consistently 140 over 90, or higher, over a number of weeks. You may also have high blood pressure if just one of the numbers is higher than it should be over a number of weeks.

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### **High Blood Pressure Hypertension Signs Causes Diet**

High blood pressure or hypertension is a condition in which pressure in the blood vessels is higher than it should be. Blood pressure is measured as two readings, systolic and diastolic. Normal blood pressure is 120/80. New guidelines state that blood pressure between 120/80 and 129/80 is elevated, and 130/80 is high.

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### **High Blood Pressure Prevention Causes and Treatment**

High blood pressure, stage 2 is 160 or higher on top and 100 and over on the bottom. The higher your blood pressure is, the more often you need to have it checked. After age 18, have your blood pressure checked at least once every two years. Do it more often if you have had high blood pressure in the past.

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### **High blood pressure Causes symptoms and treatment**

High blood pressure is also known as hypertension. Blood pressure is the amount of force exerted against the walls of the arteries as blood flows through them.

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### **Blood pressure chart What your reading means Mayo Clinic**

Stage 1 high blood pressure (hypertension) Maintain or adopt a healthy lifestyle. Talk to your doctor about taking one or more medications. 140 or higher: or: 90 or higher: Stage 2 high blood pressure (hypertension) Maintain or adopt a healthy lifestyle. Talk to your doctor about taking more than one medication.

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### **What Is High Blood Pressure National Kidney Foundation**

Blood pressure is the force of blood pushing against the walls of your blood vessels as your heart pumps blood around your body. When you have high blood pressure, it means the pressure is too high. High blood pressure is a leading cause of kidney disease, heart attacks, and strokes. Most people

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### **Hypertension Wikipedia**

High blood pressure typically does not cause symptoms. Long-term high blood pressure, however, is a major risk factor for coronary artery disease, stroke, heart failure, atrial fibrillation, peripheral vascular disease, vision loss, chronic kidney disease, and dementia.

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### **What Is High Blood Pressure**

High blood pressure, also known as hypertension, is a common and dangerous condition wherein the blood flows

through the arteries at a pressure that is consistently higher than normal.

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### **What Are the Symptoms of High Blood Pressure in Women**

Blood pressure is the force of blood pushing against the inside lining of the arteries. High blood pressure, or hypertension, occurs when that force increases and stays higher than normal for a

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