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Bodybuilding Wikipedia

This period also saw the rise of anabolic steroids in bodybuilding and many other sports. In bodybuilding lore, this is partly attributed to the rise of "mass monsters", beginning with Arnold Schwarzenegger, Sergio Oliva, and Lou Ferrigno in the late 1960s and early 1970s, and continuing to the present day with Lee Haney, Dorian Yates, Ronnie Coleman, and Markus Rühl.

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Arnold Schwarzenegger Wikipedia

Arnold Alois Schwarzenegger was born on July 30, 1947, in Thal, Styria, to Aurelia (née Jadrny; 1922–1998) and Gustav Schwarzenegger (1907–1972). His father was the local chief of police and had served in World War II as a Hauptfeldwebel after voluntarily joining the Nazi Party in 1938, was wounded during the battle of Stalingrad, but was discharged in 1943 following a bout of malaria.

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Arnold Schwarzenegger American politician actor and

Arnold Schwarzenegger: Arnold Schwarzenegger, Austrian-born American bodybuilder, film actor, and politician who rose to fame through roles in blockbuster action movies and later served as governor of California (2003–11). Schwarzenegger was known as the Styrian Oak, or Austrian Oak, in the bodybuilding world, where he

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Corinna Kneuer (born January 4, 1958), best known by her stage name Cory (or Corey) Everson, is an American female bodybuilding champion and actress. She won the Ms. Olympia contest six years in a row from 1984 to

1989.

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