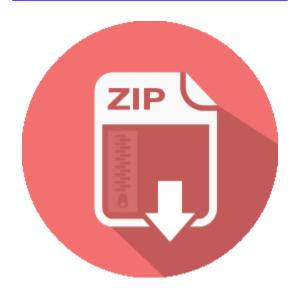
# THE IMPACT BODY PLAN



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The guy works with Superbowl MVP Drew Brees, Olympic Gold Medalist Shaun White and countless other athletes companies like TRX, Under Armour, Bosu, and Total Body Gym are always knocking at his door because he lives and breaths the lifestyle.

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## Todd Durkin's IMPACT Body Plan A 10 Week Program

Written for all, everyone regardless of fitness level or age, The IMPACT! Body Plan incorporates the physical, mental/emotional and spiritual elements of health and well being. If you're looking to make a big change, order a

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