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Marie Mongan, M.Ed., M.Hy., is a life-long educator, former college dean, clinical hypnotherapist, and Director of the Hypnobirthing Institute. She is the recipient of the 1995 National Guild of Hypnotists President's Award and received the coveted More about Marie Mongan

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Marie Mongan explodes the myth of pain as a natural accompaniment to birth. It is the fear of pain, a fear that keeps the body tense and closed during birth, which must be released to allow the experience of a gentle birth. Marie Mongan is the founder of the HypnoBirthing(R) programme and has helped over 10,000 couples to change their lives

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Marie Mongan Method HypnoBirthing

Marie Mongan Hypnobirthing Institute Founder Marie Mongan, M.Ed., M.Hy., of The Villages, Florida, is an award-winning hypnotherapist, who brings to her classroom over thirty years experience in education and counseling on the college level and in the private sector.

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HypnoBirthing founder Marie Mongan explodes the myth of pain as a natural accompaniment to birth.

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Marie Mongan is the founder of the HypnoBirthing(R) programme and has helped over 10,000 couples to change their lives through its practice. Souvenir Press ; April 2007 ISBN 9780285639607

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