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Ayurveda Wikipedia

Ayurveda (/j r v i d , - v e -/) is a system of medicine with historical roots in the Indian subcontinent. Globalized and modernized practices derived from Ayurveda traditions are a type of alternative medicine. In countries beyond India, Ayurveda therapies and practices have been integrated in general wellness applications and in some cases in medical use.

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Oneworld Ayurveda Panchakarma center in Ubud Bali

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