

## [WHAT BLOOD PRESSURE](#)



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### **Blood Pressure Chart Numbers Normal Range Systolic**

If your blood pressure is elevated -- systolic blood pressure between 120 and 129 or diastolic blood pressure of less than 80 -- your doctor will probably want to check it every 3-6 months.

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### **Blood Pressure Blood pressure chart**

What blood pressure readings mean. As you can see from the blood pressure chart, only one of the numbers has to be higher or lower than it should be to count as either high blood pressure or low blood pressure: 90 over 60 (90/60) or less: You may have low blood pressure. More on low blood pressure.

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### **Blood pressure chart What your reading means Mayo Clinic**

Diastolic blood pressure, the bottom number, measures the force your heart exerts on the walls of your arteries in between beats. Blood pressure readings fall into four general categories, ranging from normal to stage 2 high blood pressure (hypertension).

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### **Blood pressure What is normal Medical News Today**

Blood pressure readings consist of two figures - the systolic pressure first and the diastolic pressure second. The reading is given as, for example, 140 over 90 mmHg.

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### **Blood pressure Wikipedia**

Blood pressure (BP) is the pressure of circulating blood on the walls of blood vessels. Used without further specification, "blood pressure" usually refers to the pressure in large arteries of the systemic circulation .

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### **What Your Blood Pressure Should Be According To Your Age**

High blood pressure occurs when the force of the blood being pumped through your arteries is too strong . Over time, extreme hypertension can cause blood vessels to become inflamed and even leak fluid or blood.

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