# **HEART TUNE UP**



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# **RELATED BOOK:**

# Tune Up Your Heart in 30 Days Everyday Health

How to Tune Up Your Heart In my new book, The 30-Day Heart Tune-Up, I explain how to shrink plaque, improve circulation, and strengthen your heartbeat. Here are your tools to accomplish these goals: http://ebookslibrary.club/download/Tune-Up-Your-Heart-in-30-Days-Everyday-Health.pdf

# The 30 Day Heart Tune Up for Your Heart Health with Dr

Dr. Masley s 30-Day Heart Tune-Up is a state-of-the-art program for preventing and reversing heart disease. His breakthrough supplement recommendations will help all Americans tune-up not only their hearts but their energy, their waistlines, and their sex lives, too.

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## Dr Steven Masley The Better Brain Solution Steven

Hi, I'm Dr. Steven Masley. I empower individuals to achieve optimal health and wellness with cutting-edge medical information and the latest nutritional advice. I want to help you to be mentally sharper, quicker, more productive, and to assist you in preventing heart disease and memory loss.

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#### The 30 Day Heart Tune Up A Breakthrough Medical Plan to

THE 30-DAY HEART TUNE-UP takes readers step by step through a revolutionary program to tune up their hearts, energy, waistlines, and sex lives, with 60 delicious recipes to help jump-start a heart-healthy diet. Cardiovascular disease is the #1 killer of Americans today.

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#### The 30 Day Heart Tune Up Life Extension Magazine

In his new book The 30-Day Heart Tune-Up, Steven Masley, MD, explains how you can reduce your risk factors for heart disease and stroke in just one month.

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#### 30 Day Heart Tune Up with Steven Masley MD and Deborah

Tune up your heart, energy, waistline, memory and even your romantic life. Find out which healthy techniques are practical, useful and can make a difference. Learn how to prevent 90% of cardiovascular events.

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#### The 30Day Heart TuneUp Home Facebook

In THE 30-DAY HEART TUNE-UP Dr. Masley will first help you to determine your heart health. He will then take you step-by-step through a program to tune up your heart, energy, waistline, and sex life. Also included in the program, sixty delicious recipes to help jump start a heart-healthy diet.

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# 30 Day Heart Tune Up Event ProHealth Care

The 30-Day Heart Tune-Up. featuring Steven Masley, MD, FAHA, FAAFP, FACN, CNS . If you have heart disease or are at risk of developing it, The 30-Day Heart Tune-Up is for you! Join us to see Steven Masley, M.D. as he shares his secrets of how to prevent the #1 killer of Americans heart disease. Dr.

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