

## **UNSTUFF YOUR LIFE**



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### **Unstuff Your Life Kick the Clutter Habit and Completely**

Unstuff Your Life! had some tips that may be helpful to some, but the majority of the book either 1- wasn't helpful to me specifically or 2- things I already do. The main point of the book is that 'everything has a home'.

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### **Andrew Mellen on Unstuff Your Life Kick the Clutter Habit and Transform Your Life**

Andrew J. Mellen, aka Virgoman, speaks on how to get past your feelings and reclaim your space. Andrew is a professional organizer and coach, has been featured in O, The Oprah Magazine, and on

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### **Unstuff Your Life Audiobook by Andrew J Mellen**

With Unstuff Your Life! he puts his powerful program in the hands of his widest audience yet. Acknowledging that it's often the "stuff behind the stuff" that holds people back, Mellen offers an action-based plan to redirect clutterers from dwelling on their feelings.

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### **Unstuff Your Life by Andrew J Mellen**

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