

SIMPLIFY YOUR LIFE



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Elaine St. James wrote "Simplify Your Life" in 1994, and is really one of the "pioneers" of the current simplifying, minimizing, and downsizing movement (as I read through recent book reviews, newer authors are given this credit).

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42 Ways To Radically Simplify Your Financial Life

The more you simplify your financial life, the easier it is to dominate it. I've made this concept one of the pillars of my financial life in the last couple of years.

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100 Ways to Simplify Your Life and Make Yourself Happier

I've been striving to simplify my life for many years now, and have recently (through my writing) been advising others how to do the same. In the process, I've learned that making little changes in our attitudes, habits, and environment can have a big impact.

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5 Easy Things You Can Do to Simplify Your Life The Everygirl

2. Declutter your home. A messy home doesn't necessarily mean a messy life, but it's a lot more relaxing to sit on your couch than on the pile of laundry (from last week) that's currently dumped on top of it.

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The 10 Most Important Things to Simplify in Your Life

Based on our personal journey, our conversations, and our observations, here is a list of the 10 most important things to simplify in your life today.

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Simplify Your Life Series 1 Schedule jojobi.com

Simplify Your Life Series #: Schedule. From the different moms that I have worked with, there is one issue that comes up time and time again.

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Living Simply 40 Tips to Simplify Your Life Planet of

Simplifying your life means to gently turn your life upside down and to shake patiently. It means to let go of aspects of your life that do not add value, meaning, purpose and fulfillment.

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Five Resolutions to Simplify Your Tech Life The New York

In 2017, why not try a new kind of New Year s resolution? Instead of just hitting the gym and dropping some pounds, consider changing some personal habits to simplify the tech in your life.

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25 Ways to Simplify Your Life in 10 Minutes or Less Be

While we ve established that simplicity is a practice and not a destination, there are practical things you can do every day to simplify your life. And the good news is, there are practical things you can do quickly. Set a timer for 10 minutes. Choose any of the following tasks. Stop after 10

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Declutter Your Life simplifymagazine com

No. 004 Declutter Your Life. In this issue of Simplify Magazine, we tackle the important issue of living clutter free. The insightful articles were written by professional organizers, storytellers, life coaches, authors, and some of today s leading minds and voices in the simplicity movement.

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Have you been living in CHAOS? FlyLady is here to help you get your home organized! She teaches you to eliminate your clutter and establish simple routines for getting your home clean!

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