# **RECIPES FOR VEGAN MEALS**



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Eating an exclusively plant-based diet can be incredibly satisfying and tasty especially with these hearty vegan recipes. Eating an exclusively plant-based diet can be incredibly satisfying and tasty especially with these hearty recipes.

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## Vegan Recipes Allrecipes com

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#### 54 Best Vegan Recipes Easy Vegan Dinner Ideas You'll Love

These vegan recipes are proof that eating without meat or dairy can be just as exciting. Wow your family with one of these vegan soup, salad, or main dish recipes.

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## 35 Easy Vegan Dinner Recipes for Weeknights Vegan Heaven

Especially during the week, I need easy vegan recipes that are still healthy. And of course delicious! So this roundup is all about easy vegan dinner recipes for weeknights!. I teamed up with some fellow food bloggers and compiled a list of 35 easy vegan dinners that are super easy to make!

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#### Easy vegan recipes Jamie Oliver

Vegan recipes (135) Whether it s delicious vegetarian or easy vegan recipes you re after, or ideas for gluten or dairy-free dishes, you ll find plenty here to inspire you. For more info on how we classify our lifestyle recipes please read our special diets fact sheet, or for more information on how to plan your meals please see our special diets guidance.

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## Vegan Main Dish Recipes Allrecipes com

This vegan-friendly recipe combines the flavors of arame seaweed, tahini, and kale in a soba noodle dish with a spicy, nutty flavor.

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#### 29 Delicious Vegan Dinner Recipes Cookie and Kate

You ll find wholesome vegan meals made with protein-rich whole grains, beans, and nuts. You ll also see plenty of fresh, colorful produce, and occasionally some tofu. You ll also see plenty of fresh, colorful produce, and occasionally some tofu.

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