

[THE EASY WAY TO QUIT SMOKING](#)



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Champix. This is a non-nicotine therapy developed specifically to help people stop smoking.

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Mom's Quit Connection HELP TO QUIT SMOKING

Mom's Quit Connection (MQC) for Families provides free, one-on-one counseling for pregnant and postpartum women; moms, dads, and family members who want to quit smoking to protect children, 7 and under, from exposure to harmful tobacco smoke.

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