

CHILDREN WITH OBESITY



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Obesity Facts Healthy Schools CDC

Childhood obesity has immediate and long-term effects on physical, social, and emotional health. For example: Children with obesity are at higher risk of having other chronic health conditions and diseases that influence physical health.

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Preventing Obesity in Children Causes of Child Obesity

Children become overweight and obese for a variety of reasons. The most common causes are genetic factors, lack of physical activity , unhealthy eating patterns, or a combination of these factors.

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Childhood obesity Symptoms and causes Mayo Clinic

Childhood obesity is a serious medical condition that affects children and adolescents. Children who are obese are above the normal weight for their age and height. Childhood obesity is particularly troubling because the extra pounds often start children on the path to health problems that were once considered adult problems diabetes, high blood pressure and high cholesterol.

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Obesity In Children And Teens

The problem of childhood obesity in the United States has grown considerably in recent years. Approximately 12.7 million, or 17 percent, of children and adolescents are obese. Obesity is among the easiest medical conditions to recognize but most difficult to treat.

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Obesity in Children MedlinePlus

Children grow at different rates, so it isn't always easy to know when a child has obesity or is overweight. Ask your health care provider to check whether your child's weight and height are in a healthy range.

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Overweight and Obesity for Parents KidsHealth

Preventing or treating overweight and obesity in kids may help protect them from these problems as they get older. Obese kids also might have emotional issues to deal with (such as low self-esteem), and may be teased, bullied , or rejected by peers.

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