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Judith S. Beck, PhD, is President of the Beck Institute for Cognitive Behavior Therapy (www.beckinstitute.org),

which provides state-of-the-art training in CBT and offers online courses on a variety of CBT topics, including Essentials of CBT: The Beck Approach. She is also Clinical Associate Professor of Psychology in Psychiatry at the University of Pennsylvania School of Medicine.

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Judith S Beck Wikipedia

Judith S. Beck (born May 5, 1954), is an American psychologist who is best known for her work in cognitive therapy and cognitive behavioral therapy. Her father is Aaron Beck, MD, the founder of cognitive therapy, with whom she has worked on many occasions.

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