

WHAT IS THE BLOOD PRESSURE



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Blood Pressure Chart Numbers Normal Range Systolic

This force creates pressure on those blood vessels, and that's your systolic blood pressure. A normal systolic pressure is below 120. A reading of 120-129 is elevated.

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Blood pressure chart What your reading means Mayo Clinic

Diastolic blood pressure, the bottom number, measures the force your heart exerts on the walls of your arteries in between beats. Blood pressure readings fall into four general categories, ranging from normal to stage 2 high blood pressure (hypertension).

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Blood pressure Wikipedia

Blood pressure (BP) is the pressure of circulating blood on the walls of blood vessels. When used without further specification, "blood pressure" usually refers to the pressure in large arteries of the systemic circulation.

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Blood Pressure Blood pressure chart

What blood pressure readings mean. As you can see from the blood pressure chart, only one of the numbers has to be higher or lower than it should be to count as either high blood pressure or low blood pressure: 90 over 60 (90/60) or less: You may have low blood pressure. More on low blood pressure.

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Blood pressure What is normal Medical News Today

Blood pressure readings consist of two figures - the systolic pressure first and the diastolic pressure second. The reading is given as, for example, 140 over 90 mmHg.

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What the New Blood Pressure Guidelines Mean for You

If your blood pressure is over 120/80, lifestyle changes are in order, says Mary Norine Walsh, M.D., president of the American College of Cardiology and a cardiologist at St. Vincent Heart Center

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Blood Pressure Readings Explained

For a normal reading, your blood pressure needs to show a top number (systolic pressure) that is between 90 and less than 120 and a bottom number (diastolic pressure) that is between 60 and less

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Blood Pressure Highs Lows What's Normal Live Science

Blood pressure is one of the vital signs that doctors measure to assess general health. Having a high blood pressure, also called hypertension, that is not under control can result in heart problems, stroke, and other medical conditions.

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How Is Blood Pressure Measured Hypertension Center

When you visit your health care provider, a blood pressure measurement is one of the most important routine tests you'll have. Blood pressure is the force exerted by your blood against your arteries. As your heart pumps, it forces blood out through arteries that carry the blood throughout your body.

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What is normal blood pressure The Heart Foundation

Blood is pumped out of the left side of your heart into the arteries - the blood vessels that carry the blood's oxygen and nutrients to your body. As the blood pumps out of the heart and into the arteries, it pushes against the artery walls. Blood pressure is the measurement of the pressure of the blood in the artery.

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