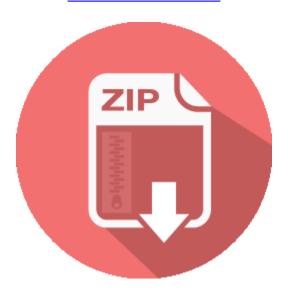
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Dieting Wikipedia

Dieting is the practice of eating food in a regulated and supervised fashion to decrease, maintain, or increase body weight, or to prevent and treat diseases, such as diabetes. A restricted diet is often used by those who are overweight or obese, sometimes in combination with physical exercise, to reduce body weight. Some people follow a diet to gain weight (usually in the form of muscle).

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Eat STOP Eat

In every other corner of my life I was in charge. And if you re like me, you probably wonder how a free-thinking, sophisticated, clever and successful person like you can find losing weight so complicated and impossible. Which is why I m writing this page for you.

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The Healthiest Choice Top 10 Alkaline Foods for Your Diet

Acids are mostly used for home cleaning and certainly your stomach is not your kitchen sink. The modern diet, which is greatly influenced by today s hyped up media and enslaving consumerism, is very acidic.

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Dr Pepper Wikipedia

Dr Pepper is a carbonated soft drink marketed as having a unique flavor. The drink was created in the 1880s by pharmacist Charles Alderton in Waco, Texas and first served around 1885. Dr Pepper was first nationally marketed in the United States in 1904, and is now also sold in Europe, Asia, North and South America, and Australia, as well as New Zealand and South Africa as an imported good.

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