

# Animal Communication Mastery Course

By Arno De Beer

## 1. About This Course

### Section 1 - Self-Work

## 2. Animals Have a Pure Energy

## 3. Before You Start

## 4. Build a Relationship With The Animal Kingdom

## 5. Build Trust

### Section 2 - Observing & Deepening Your Connection With Animals

## 6. The Heart Connection

## 7. Eyes - The Window To The Soul

## 8. Body Language & Behaviour

## 9. Approaching An Animal In a Healing Capacity and Offering Support

### Section 3 - The Communication Process Part 1

## 10. How Do We Receive Information From Animals?

## 11. Trust Everything You Get

## 12. How To Prepare

### Section 4 - The Communication Process Part 2

## 13. The Practical Communication Process

## 14. Moving Your Consciousness Into That Of The Animal

## 15. Doing Animal Communication For a Friend or Client

## Section 5 - Additional Helpful Information

16. Stay Humble

17. Spirit Animals and Animal Symbolism

18. What Makes Pets So Special?

19. Practising Off Photos

1. About This Course

There are many people that have pets and love animals but the different communication styles in humans and animals have left a lot of information missing. Would it not be helpful if we could know what our beloved animals want to say? Animal communication is a profound and ancient practice that allows us to understand the thoughts, emotions, and needs of our beloved pets and wildlife. It's a skill that transcends language barriers and taps into the universal language of energy and intuition.

There is a form of communication that can connect all living beings with another despite the different communication styles and this is called telepathy. Telepathy is a highly evolved method of communication that we all possess but we have not all developed enough yet. It is the ability to transmit thoughts, feelings, or information directly from one person's or animal's mind to another's without the use of any traditional forms of communication, such as speaking or writing. In essence, it implies a form of non-verbal, mental communication. This is the type of communication we use when we communicate with animals.

I will give you all the fundamentals to help you access this style of communication and use it effectively. This will enable you to access an abundance of information that lies within each animal that we share the earth with and open up a whole new plane of exploration that is very exciting and enlightening. I look forward to sharing in this journey with you.

## Section 1 - Self-Work

### 2. Animals Have a Pure Energy

When you are able to see the energy or aura of plants and animals, you will notice that their energy is pure, consisting of a lot of white and bright colours. Like humans they can have an aura consisting of various colours and shades thereof depending on their emotional state, state of evolution, or what they might be going through at the moment. I believe that animals are always aligned with their highest purpose and connected with God energy and this gives them this beautiful pure aura. Now there can be other variations in this aura. For example when an animal has got some kind of infection or sickness the aura can have darker spots in it that is representative of the underlying infection or illness. But generally they have pure, clean auras. There are some species that have different coloured auras permanently and this is indicative of the state of evolution of that species. For example dolphins are considered highly evolved and have golden auras. It is important to understand what this clean energy means. Firstly it means purity. Animals cannot be corrupted like us humans and they don't have egos like we do so they do not see themselves better than other animals nor are they overly focussed on themselves. They operate in what we call a collective consciousness or a collective oversoul of the species they form a part of. The only time they might become more like us is when they are tamed and taught by us. In the world of energy it is important to remember that energy either matches or repels.

Keeping in mind that animals have this pure, innocent energy they will naturally push away or be cautious of any energy that is the opposite of this or that do not match theirs. This is where the self-work comes in. We need to work on ourselves and our energy so that we can also come close to this pure clean energy if we want the communication to flow better. I'm not saying you need a perfect white and bright aura but any emotional baggage and ill intentions will be visible to the animal and they might feel the need to close off to protect themselves. Think of it this way. All children are born with white auras and innocence and depending on what happens in their lives

these auras change colour to represent their experiences. For example someone who is a teacher will typically have a more blue aura representative of the throat chakra which is blue in colour. Other factors that alter the aura colour include emotional struggles, mental illness and any imbalances or disease in the body. These imbalances can affect the clarity and brightness of the aura and often appear as dark, grey or dull. For instance a person with a bright green aura can be seen as hard-working and nature loving while a dark or murky green aura can be indicative of jealousy and competition.

This is an example of how animals will interpret your aura and make a decision based on that. Cats are known to see and read the aura of a person first before they even pay attention to the physical appearance. Your aura is like your fingerprint and it tells everything about you. Animals can see and sense this and this is why it is important to be neutral when you approach them for communication. In our original state we also have pure auras but it is very rare to see an adult with a completely clean and clear aura. It would be safe to say that because animals do not rely on language for their communication, they are more evolved in other communication styles that involve the sensing of energy, telepathy and empathy. This is why we need to look into these subjects to really connect with animals on their level. It is also good to know that we as humans have used the same method of communication thousands of years ago before language was invented and this skill still lies within our DNA. It is just a matter of remembering.

### 3. Before You Start

Before we start approaching animals and attempt communication we need to look at what animals are and how they perceive us. Animals are not lesser than us and should be treated with the same dignity and respect as us. They also have the divine essence of God within them. In this section we have to take a look at ourselves and what we think of animals and how we treat and approach them. Animals are sensitive to energy because unlike us humans that rely on a written and spoken language, they rely on the language of energy or intuition. This means they can sense your energy. Whatever

thought, emotion or intention you have can be interpreted by animals. This requires us to clear any untruthful information about animals we carry within ourselves so that they can trust us and open up to communication. Unlike humans, animals have no egos. They rely on instinct and the sensing of energy and when they feel uncomfortable they close up or flee. In this state it is nearly impossible to communicate with them. Animals can sense tension, worry, anger, depression, anxiety and fear in people to name a few. Some animals also dislike a lack of confidence and will test you on this.

Other animals such as dogs and horses can sense when you are battling emotionally and will offer you support. You will therefore have to rely on your ability to read the energy of a specific animal before you approach them. To start building the trust practice approaching animals with respect, seeing them as divine beings and your equal. This change in energy is needed if you wish to have any success in communicating with animals. Clear your mind of any preconceived ideas around animals and communicating with them. That which you might have learned from family or friends and even in your education. To get an animal to open up you need to embody an energy of respect, unconditional love, acknowledgement of their divinity and neutrality. Do not approach them with the intent to get something out of them but rather allow them to come to you with the sharing of information when they feel comfortable to do so. This is the only way. We do not force anything out of them. They share information when they feel comfortable to do so.

Never see yourself as higher or more evolved than an animal and never underestimate their intelligence. We need to ensure an equal playing ground. Look at them as you would look at your own soul and notice the essence of love within them.

#### 4. Build a Relationship With The Animal Kingdom

Animals share a collective consciousness or soul. Pack soul if you wish. So how you treat your dog will be transferred to your neighbour's dog and so forth. Therefore it is important to build your relationship with the animal kingdom as a whole. By using the guidelines mentioned in the previous section practice this approach and mindset with

all animals. This builds trust and allows animals to feel safer with you which is a vital ingredient for effective animal communication. Next time you look at the birds focus on seeing God within them and allow yourself to be their equal. When you start experiencing this with all animals then you have started building trust with the animal kingdom and you are ready to move onto the next step in animal communication.

It is also important that we remove our emotional attachment from animals as well. For example we can't let our sick pet pass on because it hurts us too much losing them and we would rather see them suffer than allow them the freedom to transition into the spiritual world. This is a selfish and attached love. It is a love based in what we can get from an animal and not what is best for them. It is a love based on certain expectations and constrictions that we put onto animals. The same goes for people that train animals and punish them if they get it wrong or reward them when they get it right. There are definitely animals that love to be trained but punishment or disappointment should not be a part of that training or else the trust might be broken. Remember that animals have free will just like we do.

Work on building your relationship with all animals using this information provided. You will feel when you have made progress and when your outlook on animals has changed you are one step closer to communicating with them. Always remember that animals are pure souls that do not carry corruption or dark energy within them like us humans sometimes do. Therefore it is good to work on yourself as well so that you don't carry that energy within yourself either. When you have respect and love for all living beings including tiny bugs like ants then you are ready to move on. Remember that we don't have any more right to exist than any other living being on this planet. Also keep in mind that what you think about yourself and how you feel might be projected onto other living things. For example you feel irritated and an ant walks on your arm. You then squash it because it irritates you. The truth is actually that you were irritated to start off with and you now actually behave in an abusive way towards another living being.

What if I told you that most of the times another living being connects with you they are actually delivering a message but our egos are so focussed on ourselves that we see the negative in everything. I have been getting a lot of ants on my desk while creating this course and they climb all over me. At first I felt like they are in the way and then I got the message from them. They are there to encourage me to work hard on successfully completing this course. When I see them now I thank them and I am able to feel the support they offer.

## 5. Build Trust

As mentioned earlier animals share a collective soul and information is stored in this soul. This information is then available to all animals that share this soul. So in order for you to build trust with animals you need to respect and love all of them. In one of the previous lessons I mentioned that animals rely on their supernatural senses to read our energy and if there is something there that might trigger concern within them they might not open up to us fully. So work on the way you treat animals, the way you see them and really start honouring them as divine beings. When you approach an animal, especially a new one that you haven't met before, you've got to allow them to trust you first. We must never come onto an animal in a strong or dominant way. Or with the mindset that we are superior and they are not. We should also never demand information out of them.

These are typical downfalls for people trying to communicate with animals. The animal must always come to you. This eliminates the need for them to be cautious because it was their choice. When it is their choice the connection happens naturally and flows effortlessly. While spending time with an animal and you notice them pulling back a bit allow them to do this. Never be pushy. You might end up ruining the connection. Ask yourself why did they pull back and go through the previous lessons again to investigate yourself. Make sure that it wasn't something from you that pushed them away. Then stand back and wait for them to come to you again. Keep on building the trust in this way and always give them the power to choose.

## Section 2 - Observing & Deepening Your Connection With Animals

### 6. The Heart Connection

What does it mean to make the heart connection? This is to connect with an animal through the essence of universal unconditional love. Can you open your heart and feel love for an animal when there is nothing to be gained? No expectation and no judgement? Not based on the reaction you receive? Not based on how the animal responds to you? Some animals will test you on this. They might push you away or even do something to upset you just to test if you will still have an open heart towards them. Like I mentioned earlier you have to build trust with animals and only when there is trust in place, the animal knows that your intentions are pure and you have proven that you will still show them love despite how they behave will they fully open up to you.

I have once connected with a horse and did healing on him. While communicating with him he told me that I'm wasting my time and he doesn't need my healing. I thought this was very funny and didn't take it personally. I carried on working on him as much as he would allow me to. I left and came back a month or two later to work on him again. I was still busy with one of the other horses on the farm and he came from behind and put his head on my shoulder and showed me the most perfect love. He then apologised for his behaviour the last time and allowed me to work on him as much as I like. Now in this situation I could've went into my ego and decided that this horse insulted me and I'm going to push him away because of his behaviour. This is a typical test from an animal to see if your are connecting with them through ego or through the heart. Because I loved him despite feeling pushed away he felt it was safe to trust me and open up to me. I still work with this horse today and he always comes up to me to greet me with love and respect.

### 7. Eyes - The Window To The Soul

The eyes are the windows to the soul and you will be surprised at how much information you can get through looking into the eyes of an animal. When you connect



through the eyes of an animal the first thing you will tap into is the emotional state of the animal. A lot of animals, especially those that have experienced trauma or abuse, are not willing to open up initially and then using the eyes as an ice-breaker can be really helpful. You will gain an understanding of the emotional state and even what is going on in the mind of the animal. This can prepare you to adapt your approach so that the animal can feel comfortable with you.

Let's say the animal experienced abuse where the abuser would get anger outbursts and then take it out on the animal in a violent manner. When you see this in the eyes of the animal and through observing the body language, which would usually be overly submissive and scared, or fearful and avoidant, you can approach them with slow movements, a soft voice and keep some distance until you get the signal that they are willing to trust you. Using the eyes to gain information is also really effective for remote communication where you might only have a photo of the animal and you can't really observe their behaviour. You will then meditate on the image while staring into the eyes and wait for the information to come through. Other information that can be obtained through the eyes is the current state of the mind.

Let's say that the left eye is more closed, almost like there is pressure in one side of the brain, this can mean that the animal is suppressing a side of their personality. A more closed left eye can signify that there is a suppression in the creative, right side of the mind. This can then again mean that the animal is not comfortable expressing themselves. This can be due to various factors including getting punished for making noise or even making a mess. The expression is then punished and the animal will show this in the eyes. The same for the right eye which will show you if there are problems with the logical, left side of the mind. This can then mean that the animal battles to make sense of things or they are confused. This information will really help guide you in your approach and allow you to start connecting with them on an emotional level.

## 8. Body Language & Behaviour

Animals and even people communicate with us daily through body language. This is an

expression and one doesn't need to connect and communicate to read this information. It is their subconscious behaviour and can give you a lot of information before you make the connection. It is wise to read the eyes and body language first before you attempt to connect, especially if it's a wild animal or an animal you have just met. How you do this is you spend some time just deeply observing them without making it obvious you are doing so and without forming a premature judgement, otherwise they will get their guard up. Try to understand why they move the way they do, what peaks their interest and draws their attention, their posture and how they carry themselves and so forth.

For example an animal might appear to be proud and protect its territory and won't easily allow someone from the outside in. Your approach must then be extra respectful and observe them until you can feel them allowing you to move closer. At this stage they are merely just showing us who they are and what they stand for. See it as a kind of ice-breaker where they introduce themselves. In this course we will not be focussing on the body language and behaviour of an animal and then make an assumption based on that alone. We will rather use this as a tool to assist the communication process. For example when we witness a behavioural issue we will ask the animal why it behaves that way. Doing it this way will help remove confusion where we might read the energy incorrectly and we will hear it out of the horses mouth literally so that they can explain it to us for a much deeper understanding.

## 9. Approaching An Animal In a Healing Capacity And Offering Support

I have noticed in my work that when I include healing or emotional support in my approach with animals they open up more to me. Sometimes they are so overwhelmed with what they are dealing with, be that emotional struggles or physical illness, that they simply battle to open up and communicate. I will show you how you can offer support through touch, through voice and through eye contact and respect. Much like us humans when we are for example angry and someone approaches us in a bossy, dominant way we might snap at them. Animals have emotions just like we do so pay

attention to these. We need to practice empathy or at least sympathy for this. In doing this we show the animal that we truly care from a heart space and trust can quickly be built.

Compassion and love are probably the two biggest gifts we can give animals. In saying this, being overly sweet or revelling in the cuteness of an animal is not the goal here. The goal is to put yourself aside, your emotions and thoughts, and hold space for the animal. We all have healing centres in our hands that can transfer healing energy when we touch another living being. All you have to do is set the intention and put your hands on the animal and the energy will do the work. I have also noticed that some animals love touch even if they are resistant in the beginning and gently touching them in a supporting way can help them relax and feel comfortable. Keep in mind that a lot of animals have a strong sense of smell and allowing them to smell your hand can create a powerful connection.

### Section 3 - The Communication Process Part - 1

#### 10. How Do We Receive Information From Animals?

In this section I would like to share with you how we might receive information through communicating with animals. Much like our physical senses we also have supernatural or psychic senses that work more with energy than physical sensations such as touch or sight. These senses work very similar to physical senses except that they are all perceived in the mind. Sometimes they can feel just like physical senses especially if you have done your preparation properly. What happens here is that the animal will send thoughts, images, feelings, sounds, smells, tastes and emotions in thought form (telepathy). When your mind is receptive to these thoughts you will experience and understand them almost as your own.

Let me use a few examples. You have connected with an animal and images, similar to imagination pop into your mind. These images will make sense to you somehow even if you don't know how. The reason for this is that the information is being received in the mind the way that the mind would normally decipher information. You see a cow and

you think of milk for example. Sometimes these images can form a short video clip that will tell a story so that you can understand the message. Let's say you ask an animal with a leg injury how it got hurt. The animal will send you the scene that caused the injury as clear as they can. Keep in mind that these scenes might not make perfect sense to you in the beginning but that is the way the animal perceived it. You then make notes or communicate this to the animal owner. You bring your focus back to the animal and wait for more information to come through.

Just like images the animal can share their emotions and thoughts which you might feel physically in your body. Let's say you work on the same animal with the leg injury you might just out of the blue get a pain in your leg or your attention will be drawn to a specific area in the leg. This will help you identify where exactly the problem lies. In the same way an animal might send you smells. Let's say that you are working with an animal that seems to be fearful and seems to get a fright easily. You want to know why the animal is scared so you ask it. Suddenly you will smell smoke and hear a bushfire crackling without any fires around you. This will be the animal's way to show you that it fears fire and might have had a bad experience in a bushfire.

Sometimes when communicating with an animal and saying their name a different name might pop up in your thoughts. This could then be indicative of the animal's previous name or the name they would like to be called. All names hold a vibration or meaning and sometimes animals don't like their names based on the meanings and how it suits their personality. For example a very gently, peace loving and withdrawn animal will not like the name Ares, which means "God of war" or "spirit of battle". Animals do have their own will and personalities so keep this in mind.

## 11. Trust Everything You Get

When you start receiving information from an animal a rule of thumb is to trust everything you get. Sometimes the information you get can be symbolic in nature or it can just be the way the animal sees the world. It doesn't mean it is wrong if it doesn't make complete sense initially. It is important to share or write down everything you get.

When the session is done you will usually put the pieces of information together like a puzzle and then everything will make sense.

Until you have fully developed your unique telepathic language with animals, rather blindly trust and believe everything you get. The quicker you can accept everything as truth the more the information will flow. The information sometimes stops flowing or flows very slowly when you sit and analyse or judge everything you are getting. Like I said just accept everything, share it or write it down and get back to your focus on the communication process.

## 12. How To Prepare

Once you have made progress with section two and three and you have experienced a shift in your relationship with animals you can start with this section where we prepare for our first attempt at animal communication. As mentioned we use telepathy to communicate with animals. Keeping in mind that telepathy is a mental form of communication we have to remove the noise that is already present in our minds. For this we have to learn how to meditate. Now there are many forms of meditation but we will keep it simple for the purpose of communicating with animals.

Meditation involves focussing on one thing at a time without allowing other thoughts to interrupt this focus. When it comes to animal communication we will use the animal as the focal point. You can either use a picture of the animal or if you are physically with the animal just focus all your energy on the animal. When doing this do not have any expectation and follow the guidelines in the last two sections to get your energy and mind in the right place. When you do this in person with an animal you can occasionally close your eyes and maintain that image in your memory. This is helpful when the animal moves a lot and it distracts you.

Keep your focus until the only thing left in your mind is the animal. You can also focus on taking in nice deep and slow breaths during this meditation to help slow down the frequency in the brain. Remember to leave your own emotional and mental baggage at the door before you even approach an animal so that you can be in a neutral space. I

have provided a meditation with this lesson to help you start off. Now you can move onto the next section.

## Section 4 - The Communication Process Part - 2

### 13. The Practical Communication Process

When it comes to talking to animals and asking them questions there are two ways to do so. Firstly you can verbally communicate. Even though they do not understand our language they do pick up on the energy behind the words. Think of how dogs can listen to our instructions. When verbally asking questions make sure that you play with the tone of your voice and that you put emotion behind what you are saying. The intention and feeling will be what the animal picks up first. Another way of asking animals questions is through your mind or thoughts. They way you would talk to yourself in your head except this is then directed at the animal. In short you are using your voice in your head.

Because thoughts are energy and animals read energy they will be able to get the information through their senses whether you say it out loud or in your head. A lot of the times though you do not have to be actively asking questions and they will automatically share the most suitable information that is linked to your whole decision to communicate with them. Animals are really fond of communicating with us and telling us everything they want us to hear and making us aware of how we can be of assistance to them. After you have done your self-work and built a strong connection with animals you can now start the communication process. As discussed in the previous lessons you will clear your mind and leave your own personal baggage at the door. You should now be in a neutral space with your heart open and allowing love to flow back and forth between you and the animal.

Now it's time to do the special meditation that I mentioned where all of your focus goes onto the animal. In this calm state you will stay focussed and also observe how the animal reacts with you in their space. Remember to be respectful and allow them to come to you and open up. You could wait for a few minutes or longer depending on

how calm and focussed you can remain for the information to come through. Once you receive the first part of information the ice is broken and you will get more and more the more time you spend in this state. Keep an eye on the animal's behaviour and don't be pushy. When they move away allow them. If they come back and open up again good. If they stay away but allow you closer also good. Slowly approach them again and offer support. Ask if you can do anything for them and reassure them that you are there to listen to them and support them in anyway they might need.

Remember that you might deal with an animal that has got some form of trauma or even just a strong personality and you need to be constantly aware of what you are dealing with so that you can adjust your approach and still make the connection.

#### 14. Moving Your Consciousness Into That Of The Animal

Moving your consciousness into that of the animal can provide you with a perspective of the animal that you cannot otherwise have. When done correctly you can actually see the world through the eyes of the animal the way that they perceive it. To be able to do this you have to be able to put yourself aside completely. This is only possible when you use the meditation I teach in this course and you go in even deeper to the point where you are not fully aware of yourself any more. You then set the intention that you want to merge with the energy or consciousness of the animal and you take your point of view to that of the animal's.

This can feel similar to imagination or visualisation and you could use these techniques to start the process of merging. I have provide a special meditation for this purpose. Imagine seeing the world through the eyes of an animal. How different will it be to our way of seeing the world? Will the colours change? I have done this on dogs and the world does turn black and white. I have experienced what it feels like running around and sniffing everything. I have also done it on horses but I could still see colours with them. With the horses I have experienced that they are very concerned about those around them and are focussed on connection more than anything else. It is a really special form of connection and can be done on living or passed on animals.

## 15. Doing Animal Communication For a Friend or Client

When you do animal communication for another person the animal should still be the one in control of the process. A lot of people can be very demanding and controlling over their animals and if you allow them to lead or control the process you might end up making the animal feel uncomfortable and this can negatively impact the communication channel. It is good to have a list of questions from the client ready before you start so that the client doesn't interrupt you too much. Also remember that your client or friend doesn't have the knowledge that you have learnt in this course and therefore you cannot let them lead because of their possible lack of understanding around the animal communication process.

Another challenge you might face when you do animal communication for someone else is that the animal might say things that the owner won't like. Animals do not have filters like we do and they speak their truth the way that they know it. The animal can be very blunt and mention that they feel abused or that their owners are too pushy or hard on them. They will very often also mention mental or emotional issues within their owners. The reasons for this are that they want their owners to be happy and healed and also that they want their owners to treat them in the best possible way and if something within the owner is causing issues in their relationship they will mention it. It is therefore up to you to bring that information through in a way that will not offend the client too much and will still get the message across so that things can be corrected.

Animals want to have a beautiful connection and relationship with us and sometimes we do things unknowingly that can be hurtful to them or cause disconnection. Your client should thus be willing to make the necessary changes to ensure a deeper bond and connection with their animals. You can tell if you are working with a client that shares a deep and pure connection with their animals. Things will flow much better and you will also become aware of the love and fondness the animals has for their owner. This is what we want for people and animals to share and as an animal communicator this can be seen as a divine purpose for you. I would highly recommend that you see



yourself as a lightworker when working with animals and becoming a mediator to help people and animals connect in the essence of love and understanding.

## Section 5 - Additional Helpful Information

### 16. Stay Humble

As you start gaining confidence in communicating with animals just remember to stay humble and not get cocky. Always remember that animals sense energy. Subtle shifts in your energy such as over-confidence can be sensed by them and they will possibly just cut you off. Always keep these words in mind when doing animal communication: respect, humbleness, love, compassion, understanding, consideration, oneness and optimism. I know it sounds like we have to walk on eggshells around animals we want to communicate with but the fact is we should treat all living beings this way.

As humans we have just had to learn to grow a thick skin or strong ego and not let the words and actions of others get us down. Animals don't have egos so they are extremely vulnerable and sensitive, therefore your actions and energy will influence them directly. The truth is that when you get over-confident and cocky with this type of work your ego also grows bigger and you start losing touch with the magic of animal communication. You start regarding the body or your abilities higher than the soul work you set out to do. I have seen many people lose their abilities because of this so always keep your feet grounded and stay humble and amazed by the skill.

### 17. Spirit Animals And Animal Symbolism

We are going to look at some animal symbolism, spirit animal meanings and animal guides. These all fall under the same category as they bring the same qualities into your life. I will mention a few but it is good for you to explore these yourself as they appear in your life as well. You can do a search on the internet about the meanings or symbolism of animals that cross your path to gain an understanding of how they can assist you on your journey.

Butterflies are all about transformation, the ability to know or to change the mind and

spiritual evolution. Dogs are all about loyalty, nobility, a true and loyal friend and protection. Horses are all about swiftness, strength, enlightenment, freedom, free will and possessing healing powers. Cats are all about grace, intelligence, cunning, independence and psychic ability. Cats are also known as the protectors of the underworld and they can effortlessly sense spirits. Birds have different meanings based on the species but some meanings of birds include a great deal of empathy, intelligence, selflessness, higher perspective, observation, wisdom and freedom. Fish also have different meanings based on the species but a few are rebirth, fertility, the unconscious or higher self, luck, change, health, emotions and feelings. The meanings of snakes include wisdom, protection, rebirth, fertility, healing, renewal, primal energy and letting go of the past. Spiders are all about creativity, rebirth, being self-aware, connectedness and weaving your dreams into reality. Ants are all about hard work, cooperation, partnership and perseverance. Lizards have meanings that include sun, light, regeneration, renewal and independence. Bees are all about respect, wisdom, sharing, abundance, harmony and wealth.

If you keep on seeing a specific animal or insect on your path, whether that be physically, in dreams, during meditation or you just have a pull or a fondness for a specific animal always ask what are they trying to teach me and which of their qualities do I need in my life. Animals are great teachers for those willing to listen.

## 18. What Makes Pets So Special?

I am now going to share something very special with you that I have learnt in my years of communicating with animals. Remember I said that animals have a shared soul or pack consciousness? This all changes when you take an animal in, give it a name and help it develop an individual personality. Animals that turn pets and live in this way are climbing the ladder of evolution and they then become their own entities or souls. After a lifetime as a pet they then have the opportunity to reincarnate as a human being.

It is in this that great honour lies because you are helping a soul evolve beyond what they normally would if you didn't take them in and they were left in their pack environment. In this process an animal forms a soul contract with you and you act as their guide and they act as your guide. A strong soul bond is made and you will then be a part of the same soul group. I have heard a lot of animals refer to their owners as their soul mates. People have also told me that they feel a deep soul connection with their pets. Well now you know why. After passing on to the other side your pet can then also act as a support soul or animal spirit guide to you.

### 19. Practising off photos

It is fair to say that you will not always be in the physical presence of an animal when doing animal communication and that is where photos come in handy. The same way you would focus on an animal in person you would then focus on their picture. When asking someone for a photo of an animal you want to communicate with make sure you get a photo where the eyes of the animal is clearly visible. When reading the photo also pay attention to body language and other subtle signs they might show you of how they are feeling or what they are dealing with. What I normally do is I start by looking at the body language and their eyes and get the first pieces of information from there. When you run out of information from these two focal points you then start the meditation work where the animal sends you further information. Remember that the type of communication we are using is based on thoughts and energy and these don't have limits when it comes to distance or location. The same information you would get in person working with an animal you can get on a photo or over a video call. We can also do energy healing or just send love and support to them remotely through intention. When working remotely the merging of the consciousness becomes easier as well because of the lack of distractions. Where your focus goes energy flows and where your intention goes the receiver will notice it.