

The Holy Quran Academey Secondary School

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Reading comprehension:-

Q1) Read the text and do the tasks below:

18 pts

It used to be thought that friendship was something that 'just happened' between people. However, many studies by social scientists have shown that becoming friends with another person is a complex process, but one that can be learnt. Making (and keeping) friends isn't easy - it takes effort. Here are the top five tips for turning someone you know into a lasting friend.

Reinterested

Everyone has acquaintances - people we know, but who aren't (yet) friends. To take your relationship further than just discussing the weather, you need to show an interest in their lives. Ask them questions (but don't get too personal at first). Even more importantly, listen to their answers and remember the information for the next time you meet.

2 Don't let one wint take get in the way.

Maybe you made a joke that annoyed your new friend, or forgot to call when you promised to. It's almost inevitable that something will go wrong at some point, but it's how you react to the situation that may be more important than the initial error. An honest apology and making the effort not to let it happen again are usually all that's needed.

3 Be clear, but not too demanding

When making arrangements, there are two opposite ways of behaving that can harm a friendship. The first is forcing the other person to make all the decisions by saying things like 'I don't mind, you choose' or 'Whatever you want'. The other is being too particular and inflexible about what you want to happen, or where, or when. Try to find a middle way between the two extremes.

4 Dow't try too have

It's understandable that you want to impress a new friend and make them aware of your good points, but don't go too far. Research shows that most of us tend to like people who don't boast about their achievements or take themselves too seriously.

5 Keep seeless to yourself

If someone tells you something 'in confidence', it means just that - they are confident that you won't tell anyone else. In other words, they trust you. If you then pass on this information to another person, that trust is broken. Even if your friend doesn't find out what you've done, this kind of behaviour can easily destroy a friendship over time.

1- Read then match the titles below with the tips in the text.

A) Be clear, but not too demanding

B) Don't try too hard

C) Keep secrets to yourself

D) Don't let one mistake get in the way E) Be interested

2-What are the results shown by the social scientists about friends and friendship?
Studies by social scientist have shown that becoming friends with another
person is a complex process, but it can be tearnt. And Research shows that most of its tend to like people who dow't boast about their achievements or take themselves to series 3-What are the things that you should take into consideration if you want to show how good you are?
When you want to impress a new Friend and make them aware of your good point, you
Yourself too seriously because People Bonth like who does these things. 4-Get words or phrase from the text that have the meaning of the following:
*1. not wanting to change inflexible 2. Impossible to avoid inevitable
3. be too proud boast 4. secretly in confidence
5- Write suitable tips for the following people, using ideas from the text above:
a)' My friend tells me everything about his life. It seems he trusts me a lot'.
Keep secrets to yourself, passing secrets to another person will break the trust between you and your friend even it your friend doesn't find out what you're done, b)'Should I always accept my friend's decision or I have to be the one to decide?'
Be cleen, but not a to demanding you shouldn't a force the other person to make all the decisions nor be too particular and inflexible about want you want, you have to find a middle-Say what the underlined words, phrases in the text refer to: way between the two extremes
One (line 3): process / complex process it (line 12): the error (the initial error
7-Say whether the following sentences are True or False:-
a-The text advised you to go too far if you want to impress your friend (F
b-Making friends is complicated process ().

Q2- Read the following passage carefully then answer the questions that follow: 10 pts

Normal life never stays normal for long simply because it is full of change. Stress is our reaction to change – all change, whether we see it positively or negatively. Most people think stress is a negative reaction leading to feelings like anxiety. However, it can also be a positive reaction that helps us deal well with change. Stress reactions depend not only on the situation, but also on

One person is confident, so he experiences a positive stress reaction – active concentration –
and this leads to success. The other lacks confidence. Negative stress reactions - fear and
worry – take over. These emotions easily turn to panic, and failure becomes more likely.
We get stressed for different reasons and in different ways, but it is part of everyday life. In fact,
we need some stress in our lives. It can make us feel more alive and energetic. Without it, life
would be very boring. Problems only develop when there is too much negative stress. Any change in normal life may cause stress, but some 'stressors' are bigger than others. Here are
some common ones, on a well-known scale of 0–100 such as Death of a husband or wife - Death
of a close family member - Major personal injury or illness - Getting married - Losing one's job
- Being pregnant - Son or daughter leaving home(e.g. for college) - Finishing education - Moving
to college or a new school - Holiday festivals (e.g. Eid).
Signs of stress may be emotional, mental or physical reactions, or strange behaviour -or a mixture
of them all. All the following are signs of severe stress. Emotional effects can include
nervousness, depression and anger over small things. Mentally, many people lose concentration
and others worry endlessly about small things. Some people sleep badly and suffer bad dreams.
Anxiety attacks are a common physical reaction. This is when one's hands get sweaty, the heart
starts beating too fast and one may begin to shake. As for strange behaviour, some people start
crying for no apparent reason. Others begin to eat too much or too little, or drink alcohol or take
drugs. Some of these forms of behaviour are dangerously self-destructive. Fortunately, much can be done to reduce or even get rid of negative stress. First, though, people
must accept that they are stressed and understand the causes and effects. Having done that, action
becomes possible.
1. What four signs of stress are these examples of?
(a) difficulty in sleeping; Mental sign
(b) loss of interest in food; Stronge behaviour
(c) a sudden feeling of anger; Emetional effects!
(d) a sudden feeling of shakiness. Physica Ceastion.
2) Say what these pronouns and words refer to.
1. because it is full of change. Line (1)like / normal like
2. the other. Line (6) . person.
3. them in line (18): . Signs. o. s stress . (emetional, montal, physical reactions and strange behaviour)
3)Find the same meaning of :-
focus: concentration whave a problem with: with ordinary: normal
suffer /

Vocabulary :-

1-Complete the sentences with words from the box:- 16 pts
initial / factor / boasted / remote / panic / restrictions /
1-He boasted of his family's wealth.
2-They intend to place restrictions on smoking indoors.
3-His mission is to transport medical supplies to areas of the globe.
4-He has attacks whenever she has to speak in public.
5-You can start work after you've completed the
2-Choose words from the box and match them with their meanings:
borders / hub / capable / extremes / genuine
a- genuive: not false b- extremes :opposite ends
c- hub :central point d- borders : dividing lines
3-Choose the correct answer :-
1 at the hotel, please go to the reception desk. (on arrival)/ in arrival)
2-There were a lot of productsshow and I didn't know which one to buy (on) in)
4-Complete the sentences with suitable phrasal verb from the box :-
hand on /came across / turned out / came out / ran into
1-I wanted it to be secret, but it come on , and now everyone knows.
2-While I was in Jordan I ran into someone I was at school with.
3-I didn't intend to buy a shirt but I come across this really nice one in the market.
4-I didn't expect to like it but it twined out to be very enjoyable.
5-Take one copy for yourself and hand the others on to the next person.

1-Complete the sentences with the correct tense of the verbs in brackets:-	. Laborer
a- I can't stand it anymore. I have been polishing the furniture since breakfast. (polishing b-Fatirma was cleaning up the kitchen when John ask) c- All the tickets had been told (be sell) before the concert began d-When I got home, my little brother was crying (cry), probably because son had showled (shout) at him.	nim. (clear
e-Where have you been (you be) recently?	
2-Rewrite the sentences using reduced relative clauses 1. People who answered the question correctly were very unusual. People answering the question correctly were very unusual. 2. This is a photo taken during my holiday. This is a photo taken during my holiday.	ille colors
3- Change the parts that underlined so that the sentences make sense. 1. I'm rather tired, so I won't probably go out tonight. I probably won't go 2. We can't make any plans yet because he could not come. 3. That wall doesn't look safe. It's falling over one day. : it's going to fall over	
4-Circle the correct answer:- 1-People here don't seem	
Writing:-	0 nts

Write about How are technological ways of written communication different from letters, and which purposes or situations are better for different methods?

Paragraph 1: advantages of modern communication methods

Paragraph 2: advantages / disadvantages of social media, Twitter, etc. for communication

Paragraph 3: purposes / situations where letters are more suitable

Conclusion: different types of writing suit different purposes and situations, so people will probably continue to write letters, even if less than before.