Dear Sir/Madam

My name is Parwana Alizada. I graduated from Asif Maiel High School and hold a bachelor's degree in management. My passion for community service and education led me to manage a book reading program for Afghan girls. This initiative aimed to foster a love for reading and improve educational opportunities for young women, encouraging them to pursue their dreams and goals. Additionally, I organized various seminars and workshops on social issues, providing participants with valuable knowledge and skills.

After the Taliban took control of Afghanistan, severe restrictions were imposed on women and girls, limiting their access to education and social activities. Many initiatives were shut down, and women's basic rights came under constant threat. Despite these challenges, I was determined to continue my efforts and started teaching at Marefat School, where I educate girls in grades below seventh. These classes are still permitted under Taliban rule, allowing me to contribute to their education.

Now, after enduring prolonged stress and uncertainty, I feel the need for a change of environment. To improve my mental well-being and escape the exhausting routine of daily life, I plan to travel abroad for three months. This journey will allow me to gain new experiences, broaden my skills, and return with renewed energy and motivation.

