

Threads

- Threads are threads of control through your program
 - Sometimes called lightweight processes
 - Share the text section and the data section with other threads
 - Have their own program counter, registers and stack
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Messages

- Messages are a mechanism that is provided by the operating system to enable processes to communicate
- The data is parcelled up by the processes and sent via a link between them using two operations
 - send
 - receive
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