PHY293: Waves and Modern Physics

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1 Simple Harmonic Oscillators: Energy and Damping

- Simple harmonic motion takes place about an equilibrium position and the motion is periodic.
- The most simple system is a mass attached to a spring. The restoring force given by Hooke's Law.

$$\vec{F} = -k\Delta \vec{x} \tag{1}$$

• The period (time/period) and frequency (amount of cycles/second) is related via

$$f = \frac{1}{T} \tag{2}$$

Note: This also applies for other oscillatory systems, such as pendulums, LC circuits, i.e.

Warning: Since acceleration is not constant, the standard kinematic equations do not apply.

Example 1: Consider a mass on a spring (and only affected by it). We get a second order differential equation:

$$m\frac{d^2x}{dt^2} = -kx \implies \frac{d^2x}{dt^2} + \frac{k}{m}x = 0.$$
 (3)

This is a second order ODE. After solving, we get

$$\omega^2 = \frac{k}{m}. (4)$$

• For a mass on a vertical spring, we have a slightly different situation.

First, note that the equilibrium location shifts. The spring will extend by a distance $\Delta y = (y_1 - y_0) = \frac{mg}{k}$, and will then oscillate around this new equilibrium point.

Let y_0 be the equilibrium height (measured from top) and let y be the location of the mass (measured from top). The spring force will then be

$$\sum F_y = ma = k(y - y_0) - mg \tag{5}$$

$$=k(y-y_0-y_1+y_0) (6)$$

$$=k(y-y_1) \tag{7}$$

Since y_1 is a constant, we can turn the differential equation to be

$$\frac{d^2(y-y_1)}{dt^2} = \frac{k}{m}(y-y_1) \tag{8}$$

and therefore the angular frequency stays the same.

Warning: There are issues related to energy when using this trick. Be careful!

• The general solution to $\frac{d^2x}{dt^2} + \omega^2 x = 0$ is

$$x(t) = x_0 + A\cos(\omega t + \phi_0) \tag{9}$$

Oftentimes, $x_0=0$ is set as convention. However, the other constants A and ϕ_0 are determined by initial conditions.

• The maximum speed is given by

$$v_{\mathsf{max}} = A\omega \tag{10}$$

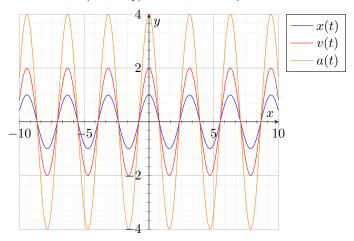
and the maximum acceleration is

$$a_{\text{max}} = A\omega^2 \tag{11}$$

These can be derived by taking the first and second derivatives of x(t).

• We can visualize the position, velocity and acceleration graphs:

Position/Velocity/Acceleration Graphs



• There are other ways to express the general solution:

$$x(t) = a\cos\omega t + b\sin\omega t \tag{12}$$

Example 2: Determine the amplitude and phase constant of a pendulum moving with a motion described by a sum of two functions, $x_1(t) = 0.25 \cos \omega t$ and $x_2(t) = -0.5 \sin \omega t$.

To figure out ϕ_0 , we take the ratio to get

$$\frac{0.5}{0.25} = \tan \phi_0 \implies \tan \phi_0 = 2 \tag{13}$$

Be careful with the assignment of the angle; $\tan(x)$ takes value of 2 twice during one period, at $x_1=1.107$ rad and $x_2=x_1+\pi=4.25$ rad.

To determine which one is correct, you need to look at your original functions: both $\sin \phi_0 > 0$ and $\cos \phi_0 > 0$. Therefore, $\phi_0 = 1.107$ rad.

- ullet Energy of a simple harmonic oscillator. It has a kinetic energy $K=rac{1}{2}mv(t)^2$ and potential energy.
- The potential energy is related to the restoring force and, by a definition of potential energy, the cahnge in system's potential energy when moving from a position x_i to position x_f is

$$\Delta U = -\int_{x_i}^{x_f} (-kx') \, \mathrm{d}x' = \frac{1}{2} kx_f^2 - \frac{1}{2} kx_i^2. \tag{14}$$

For a reference, let $x_i=0$ such that we can define $U=\frac{1}{2}kx^2$.

• Energy is conserved, i.e.

$$U + K = \frac{1}{2}kx^2 + \frac{1}{2}mv^2 = \text{constant}$$
 (15)

• Note that we can show conservation of energy explicitly. The potential energy is

$$U = \frac{1}{2}kx^2 = \frac{1}{2}kA^2\cos^2(\omega t)$$
 (16)

and the kinetic energy is

$$K = \frac{1}{2}mv^2 = \frac{1}{2}m\omega^2 A^2 \sin^2(\omega t).$$
 (17)

Note that $\omega^2 = \frac{k}{m}$ so the total energy is

$$E = K + U = \frac{1}{2}kA^2 = \frac{1}{2}m\omega^2 \tag{18}$$

- When an object is $\frac{1}{\sqrt{2}}A$ from the maximum compression/extension, the kinetic energy equals the potential energy.
- Physics of small vibrations: Most systems will oscillate with SHM when the amplitude is small. But what if it's not?

Example 3: The potential energy of a pendulum is given by

$$U = mgy = mgL(1 - \cos\theta) \tag{19}$$

We can use the Taylor series:

$$f(x) = f(a) + \frac{x - a}{1!} \left(\frac{\partial f}{\partial x}\right)_{x=a} + \frac{(x - a)^2}{2!} \left(\frac{\partial^2 f}{\partial x^2}\right)_{x=a} + \cdots$$
 (20)

The energy about x = 0 is then:

$$U(x) = U(0) + x \frac{dU}{dx} \Big|_{x=0} + \frac{x^2}{2} \frac{d^2U}{dt^2} \Big|_{x=0} + \cdots$$
 (21)

Using this, we can make the lowest order (nonzero) approximation to be

$$U = \frac{1}{2} mgL\theta^2 \tag{22}$$

- ullet In this course, any angle smaller than 10° would be considered a *small angle*.
- For example, the differential equation that describes a pendulum is

$$L\frac{d^2\theta}{dt^2} = -g\sin\theta\tag{23}$$

If $heta\ll 1$, then we can approximate $heta\approx\sin heta$ such that the differential equation becomes

$$\frac{d^2\theta}{dt^2} = -\frac{g}{L}\theta\tag{24}$$

which is the familiar second order differential equation. The period is:

$$T = \frac{2\pi}{\omega} = 2\pi \sqrt{\frac{L}{g}}. (25)$$

• The energy of a pendulum is given by

$$E = K + U = \frac{1}{2}mv^2 + mg\left(\frac{x^2}{2L}\right). \tag{26}$$

2 Damped Harmonic Oscillator

- The drag force is proportional to the speed F = -kv.
- The equation of motion for dampened harmonic oscillator is given by

$$\frac{d^2x}{dt^2} + \gamma \frac{dx}{dt} + \omega_0^2 x = 0 \tag{27}$$

where $\omega_0^2 = \frac{k}{m}$ and $\gamma = \frac{k}{m}$.

• **Light Damping** occurs when $\gamma < \omega_0$. The general solution for lightly damped (underdamped) oscillator is

$$x(t) = A_0 \exp\left(-\frac{\gamma t}{2}\right) \cos(\omega t + \phi_0) \tag{28}$$

 \bullet Overdamping (Heavy) occurs when $\gamma>2\omega_0$ and we have

$$C_1 e^{-\mu_1 t} + C_2 e^{-\mu_2 t} (29)$$

where

$$\mu_1 = \frac{\gamma}{2} \tag{30}$$