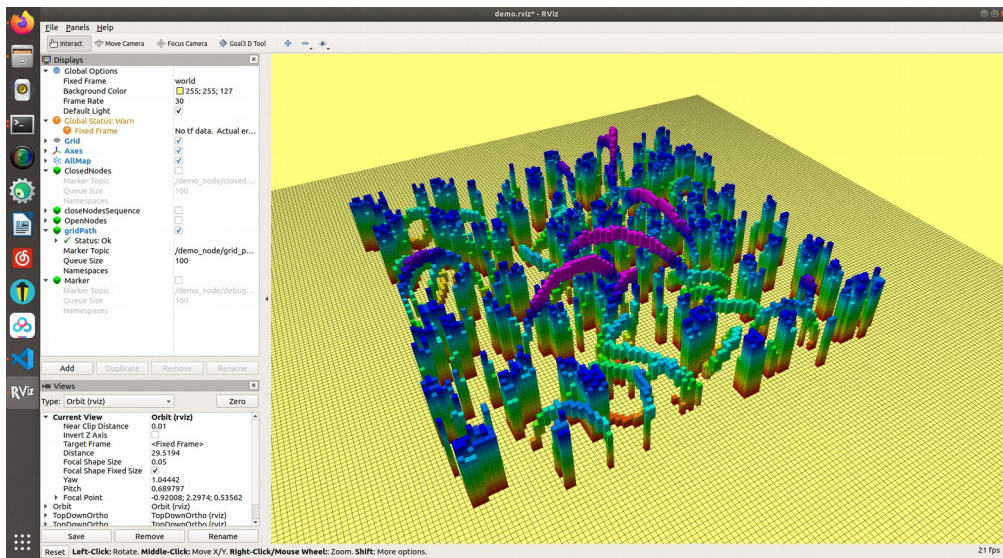按照教程就行