

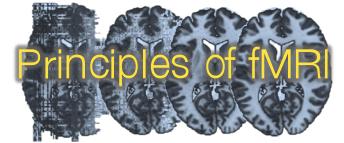
Martin Lindquist

Department of Biostatistics  
Johns Hopkins  
Bloomberg School of Public Health

Tor Wager

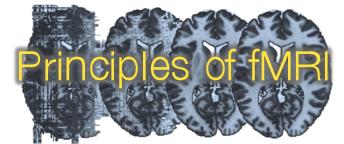
Department of Psychology and  
Neuroscience and the  
Institute for Cognitive Science  
University of Colorado, Boulder

# Bird's Eye View



- Goal
  - Induce human subject to do or experience the psychological states you're studying
  - Effectively detect brain signals related to those psychological states
- Design method
  - You control what to present and when
  - Two kinds of considerations: Psychological and statistical

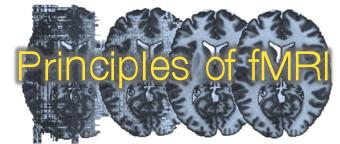




# Eight Principles of fMRI Design

- 1) Sample size.
- 2) Scan time.
- 3) Number of conditions.
- 4) Grouping of events.
- 5) Temporal frequencies.
- 6) Randomization.
- 7) Nonlinearity.
- 8) Optimization.

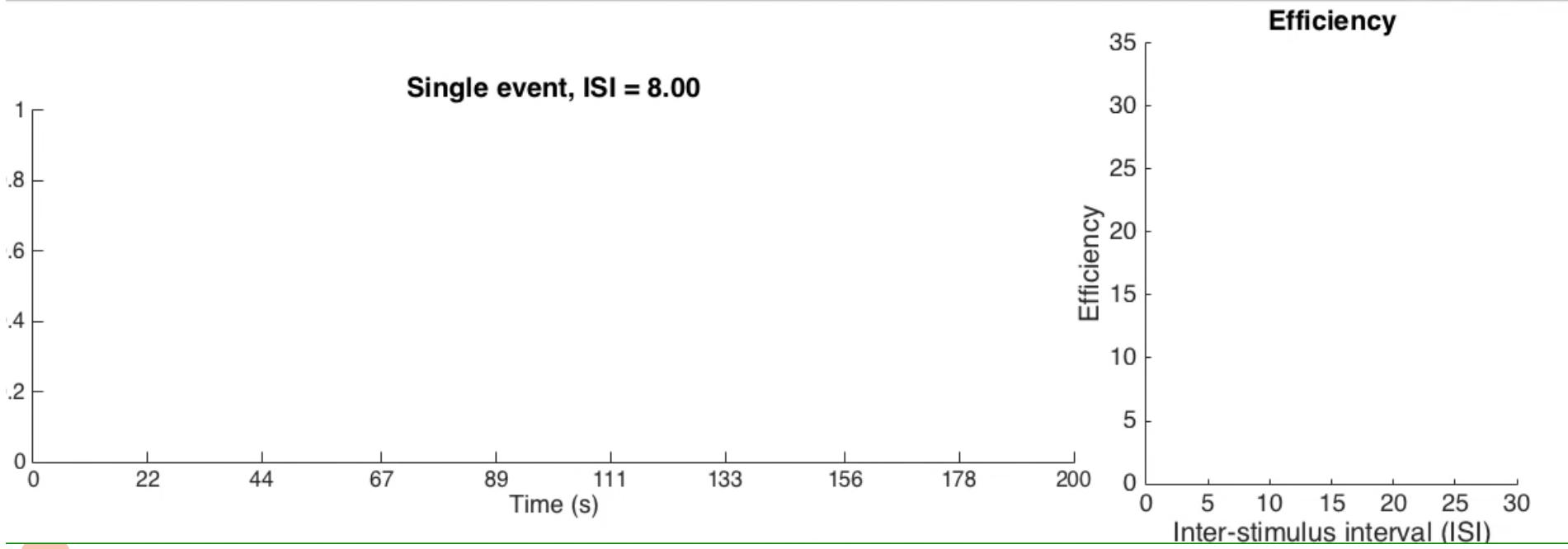




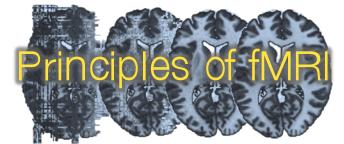
# Eight Principles of fMRI Design

- 1) **Sample size.** Number of subjects is usually rate-limiting factor. Larger samples increase power dramatically.
- 2) **Scan time.** More time on task is helpful, but consider psychological effects (fatigue, habituation)

**Within-person scan time: Maximize time on task**

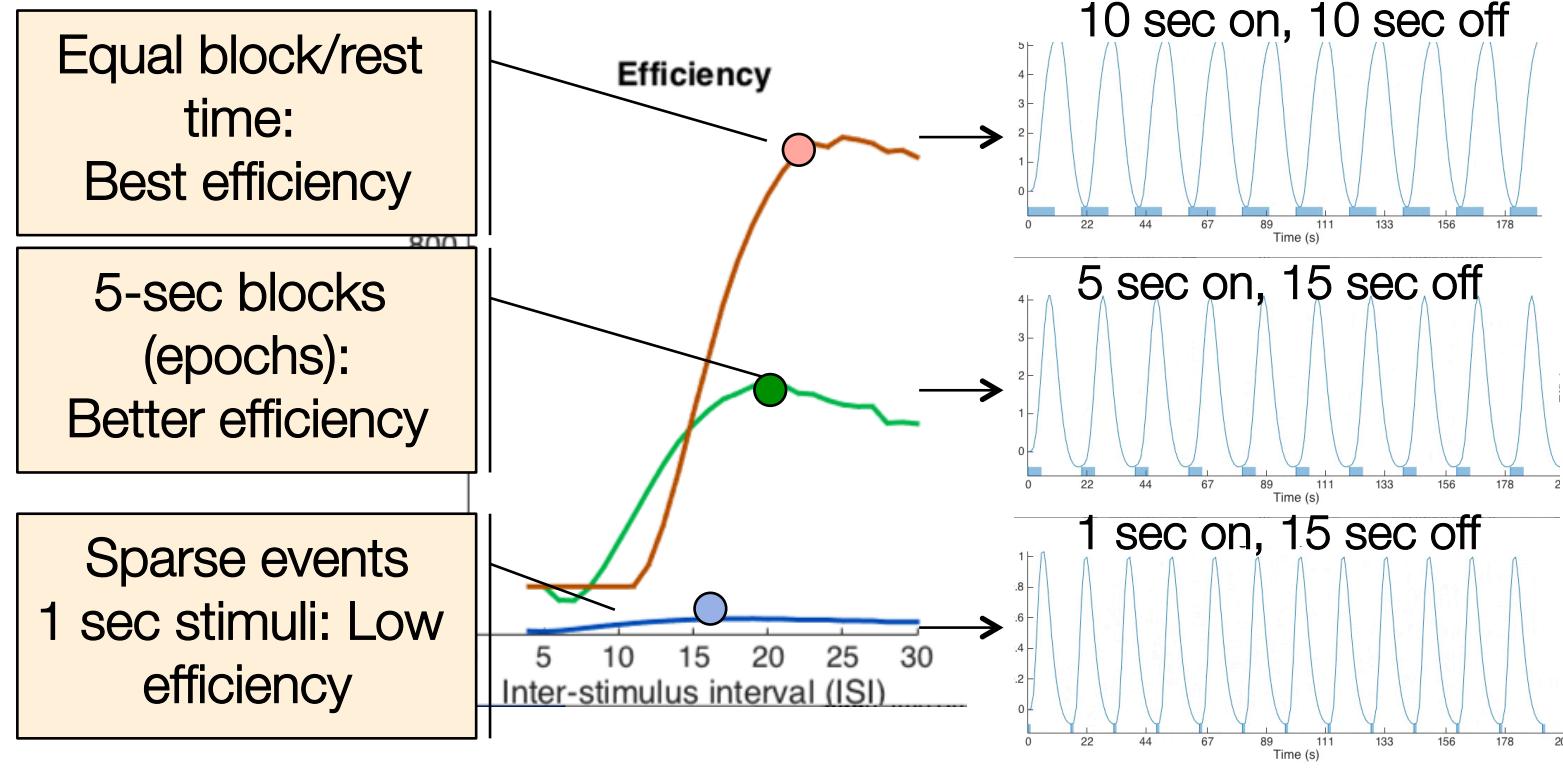


# Eight Principles of fMRI Design



- 1) **Sample size.** Number of subjects is usually rate-limiting factor. Larger samples increase power dramatically.
- 2) **Scan time.** More time on task is helpful, but consider psychological effects (fatigue, habituation)

## Within-person scan time: Maximize time on task



# Efficiency in a Multi-level Setting

- In a group analysis, efficiency (and power) depend on **within-person** and **between-person** variance.

$$\hat{S}(c^T \beta) = \sqrt{\frac{\hat{\sigma}_w^2 c^T (X^T X)^{-1} c + c^T \hat{\sigma}_B^2 c}{N}}$$

Variance/  
covariance of  
contrast values

Within-person  
standard errors  
(1/efficiency)

Variance/covariance of  
individual differences  
between people

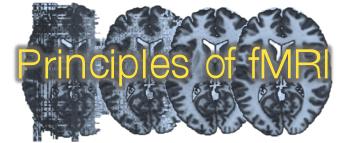
Sample size

- Increasing within-person efficiency (e.g., by collecting more data) helps up to a point
- Increasing sample size always helps
- The greater the between-person variance, the more sample size is important.



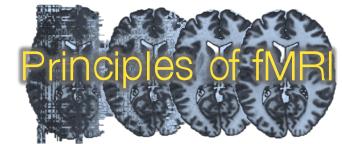
e.g. Wager & Nichols, 2003

# Sample Size and Scan Time



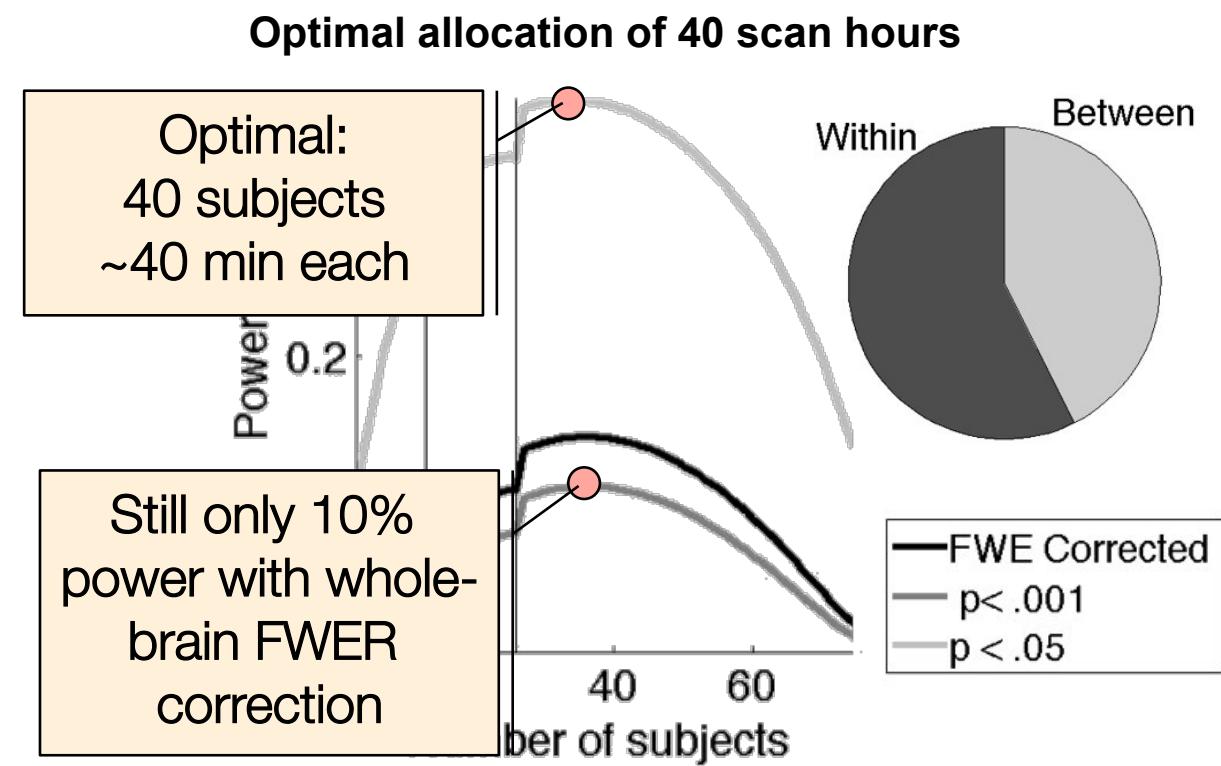
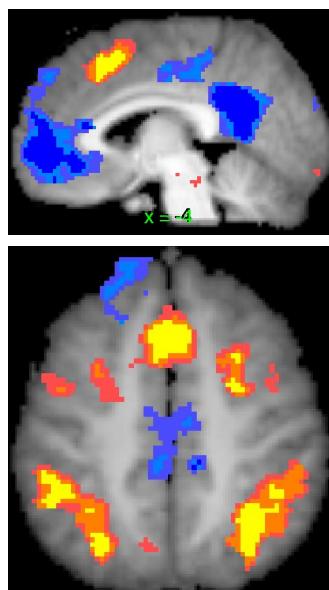
- Efficiency at the 1<sup>st</sup> level (single-subject) increases as the square root of the number of images
- However: Power in group analysis is limited by number of subjects collected, and this is often a bigger constraint on power
- Even if efficiency at 1<sup>st</sup> level is infinite, power and efficiency at group level limited by  $\sqrt{\frac{\hat{s}_B^2}{N}}$

# Balancing Scan Time and Participants

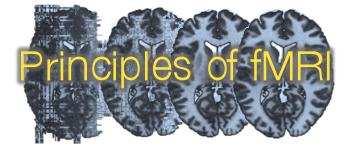


- Depends on the ratio of within-person to between-person variance in your task and brain regions of interest.
- Rule of thumb: 30-40 min functional time, scan as many participants as possible.
- Empirical example: N-back vs. Rest (data from van Ast et al. 2014)

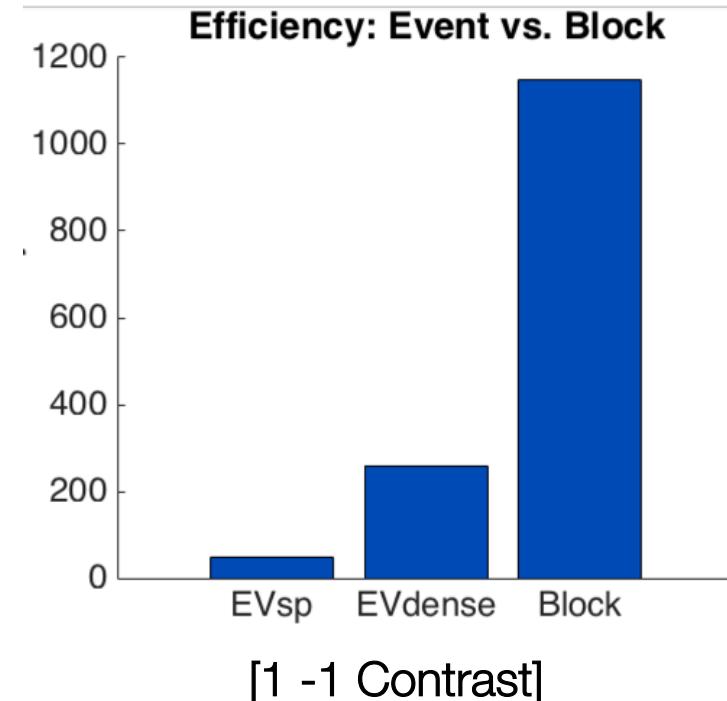
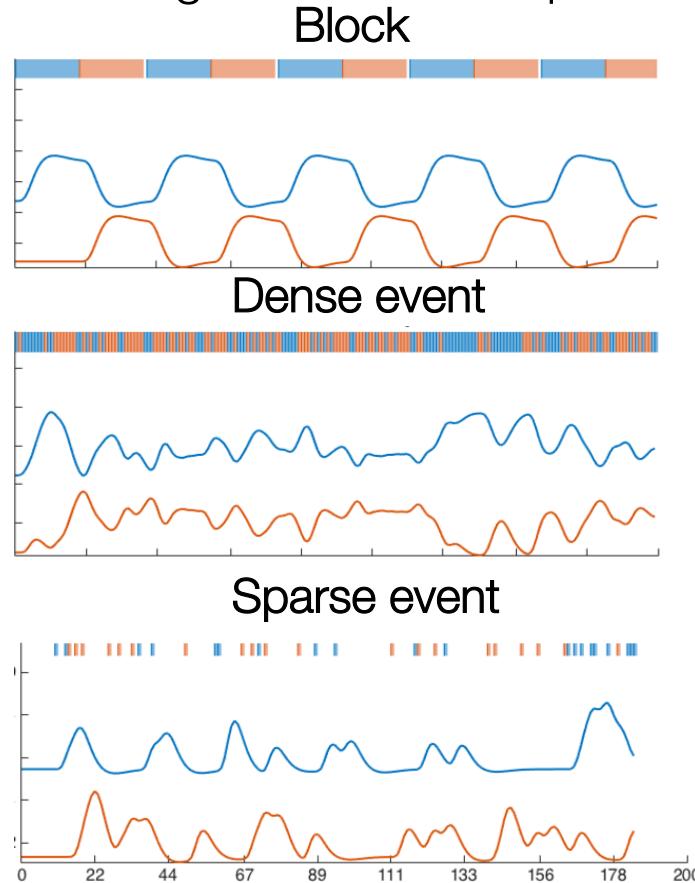
**Power calculated in these voxels**



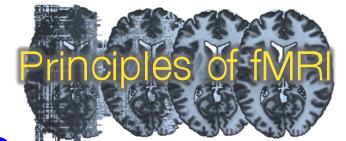
# Eight Principles of fMRI Design



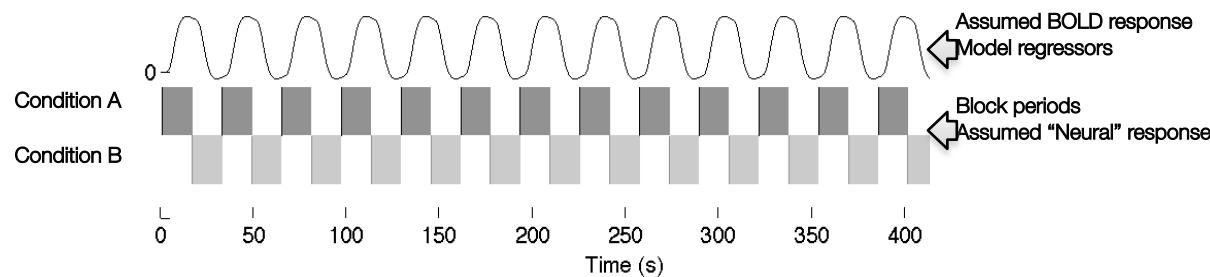
- 3) **Number of conditions.** For detection power, fewer conditions is better, and 2 (e.g., Task – Control) is optimal. For interpretability, more comparison conditions may be desirable.
- 4) **Grouping of conditions.** For detection power and robustness, block designs. For more specific inferences, event-related designs.



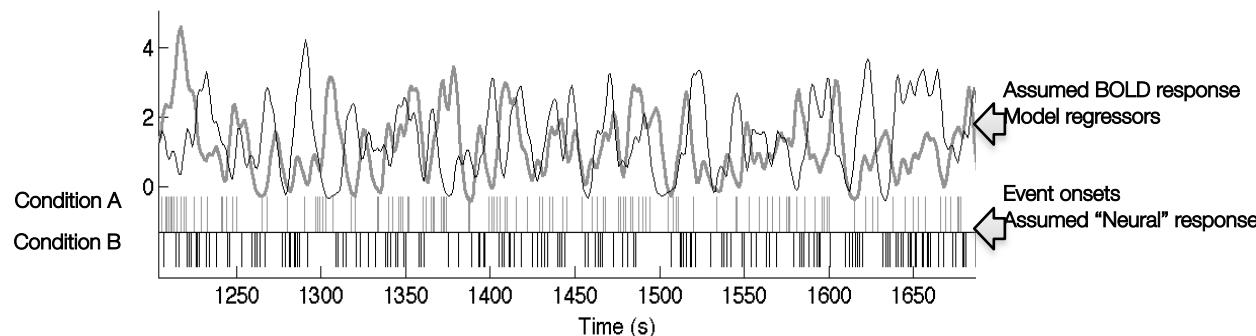
# A fundamental tradeoff: contrast detection vs. HRF estimation



Blocks of the same trials: Greater power to detect differences among conditions

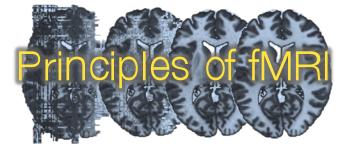


Unpredictable sequences of trials: Greater power to estimate the shape of the hemodynamic response



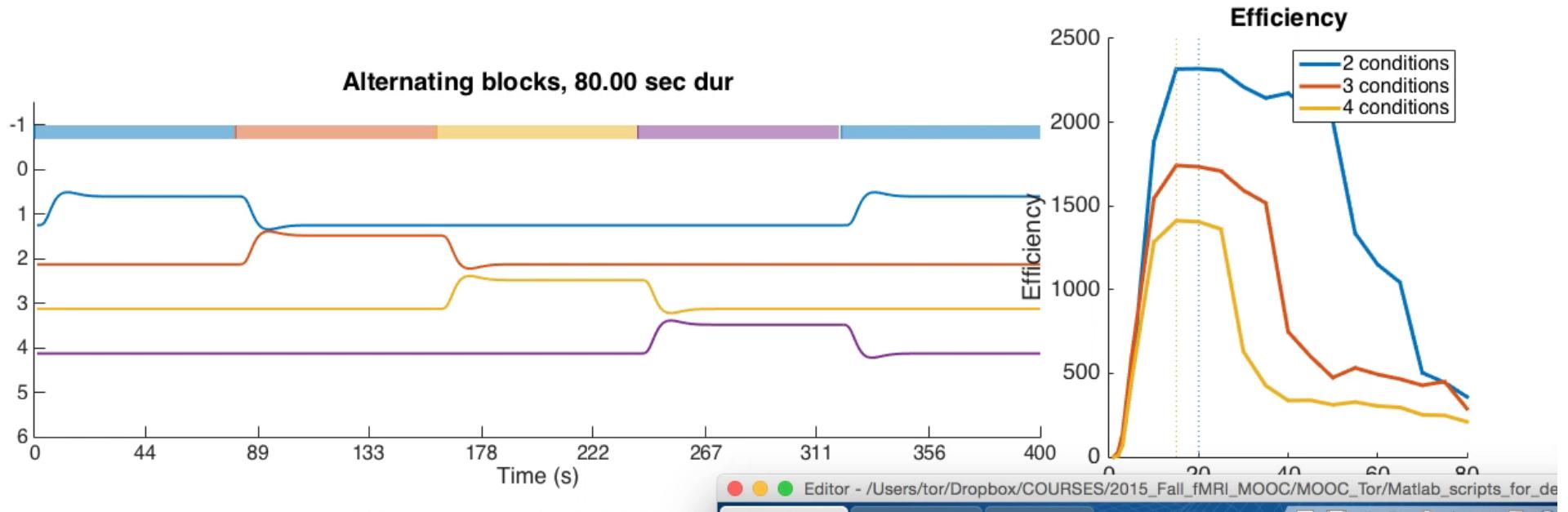
Josephs & Henson, 1999; Wager & Nichols, 2003; Liu, 2004; Smith et al., 2007; Buracas et al., 2004

# Eight Principles of fMRI Design



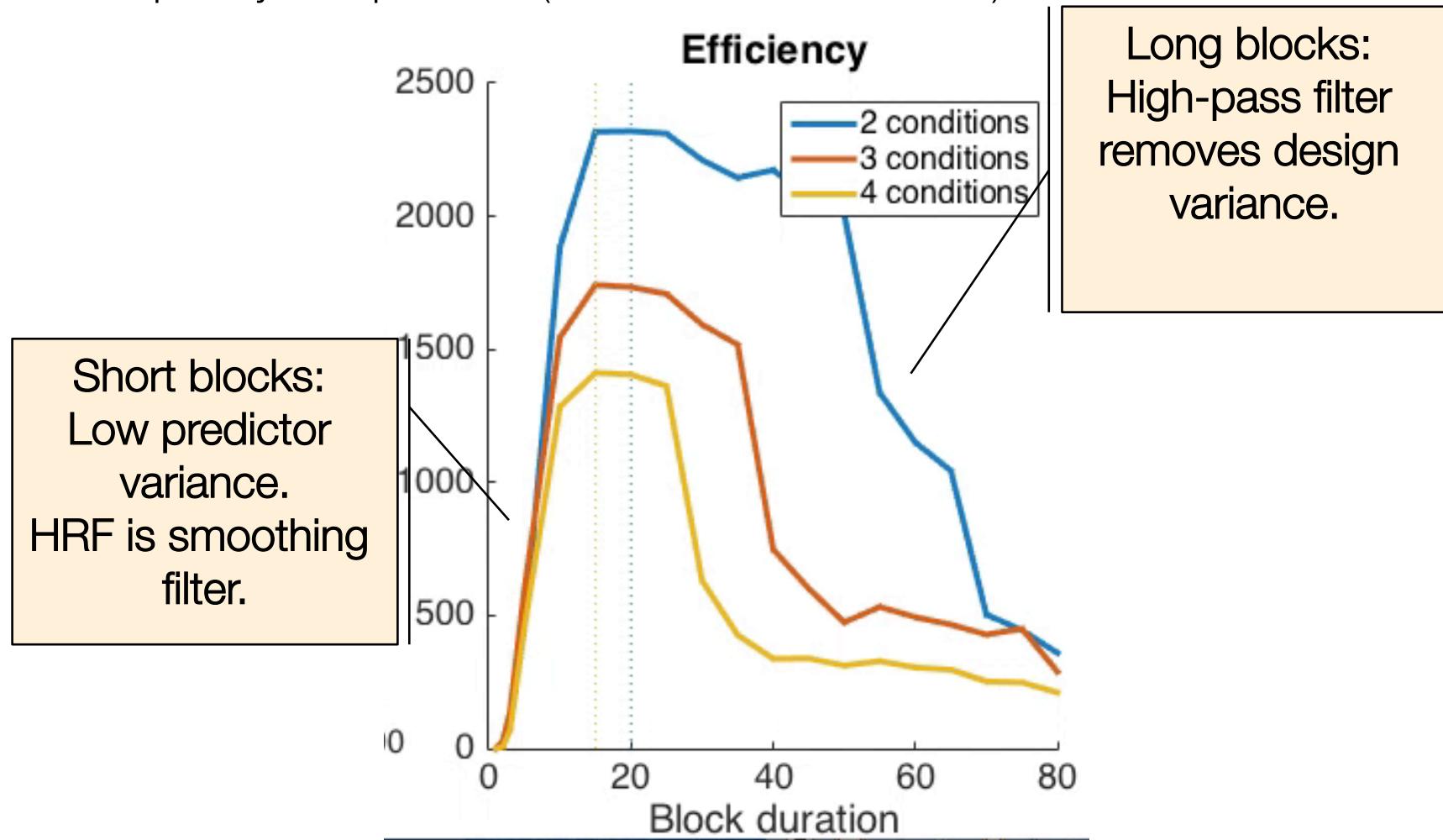
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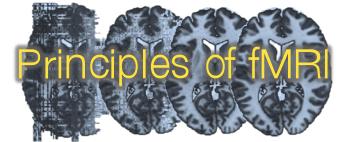
More blocks costs power



# Eight Principles of fMRI Design

5) **Temporal frequencies.** Use short blocks (18-20 sec is optimal, > 40 sec is risky) or event-related designs without strong low-frequency components (stratified randomization).





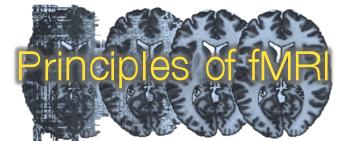
# Eight Principles of fMRI Design

6) **Randomization.** Randomize event-related designs individually for each participant. Randomize (or pseudo-randomize) the ordering of and/or jitter between events that are close together in time, or use **catch trials** when you cannot.

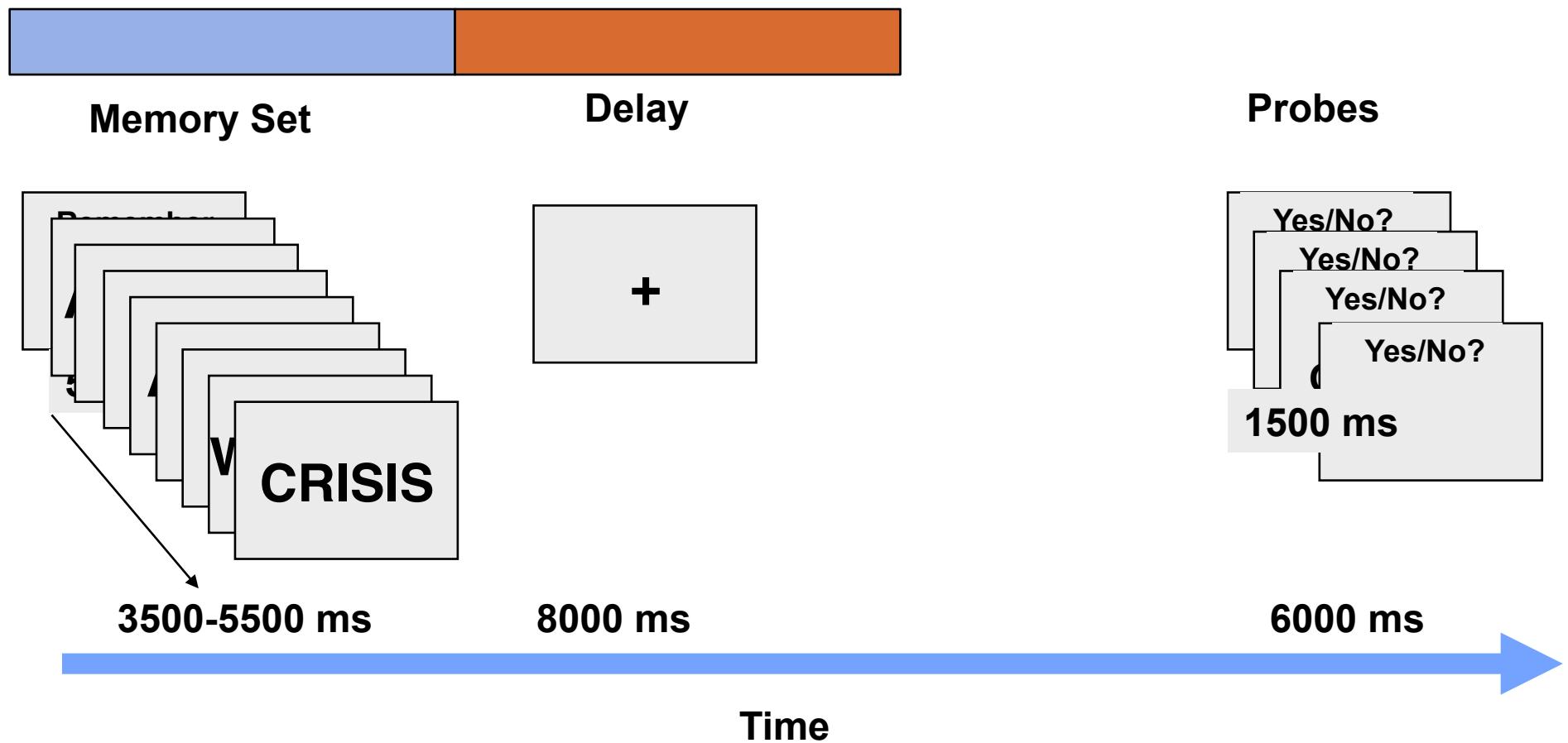
- **Causal inference** that your experimental manipulations caused the brain response **requires randomization** to avoid confounds.
- For example: If Trial type A always precedes B, then the brain may show a **spurious** A > B difference even if the neural response to the two is identical, because of:
  - Neural habituation
  - Vascular inelasticity
  - Psychological changes caused by order

# Temporally Dependent Events

## Example: Working memory

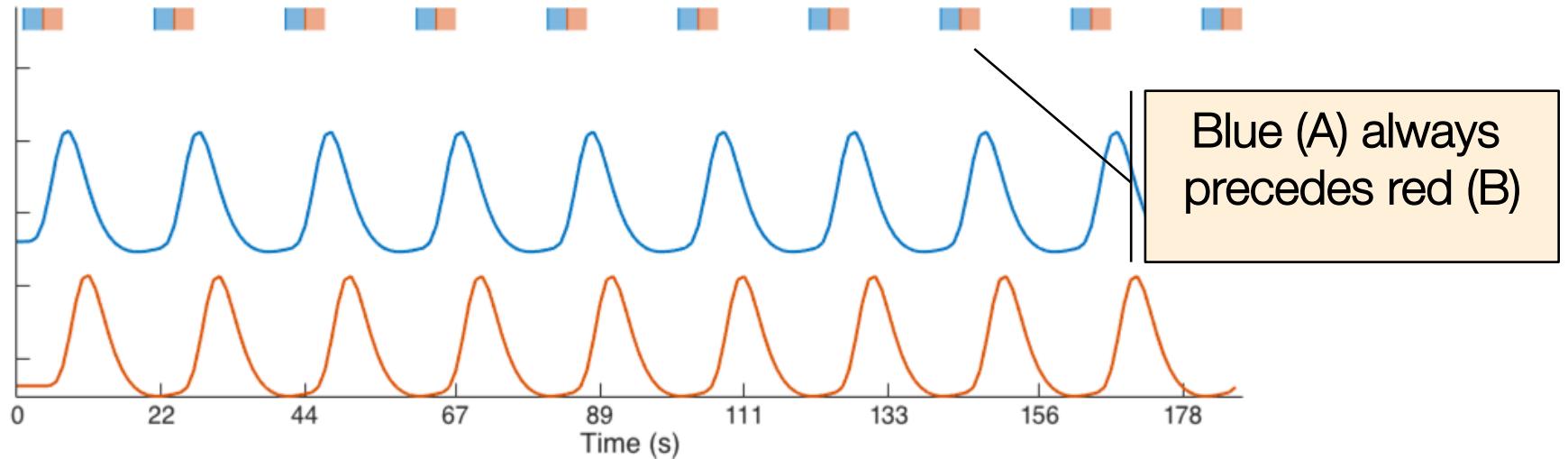


Memory encoding (A, blue) is always followed by maintenance during delay (B, red)



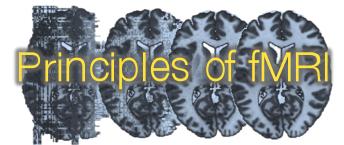
● Example from Wager et al. 2014

# Dependent Event Fail

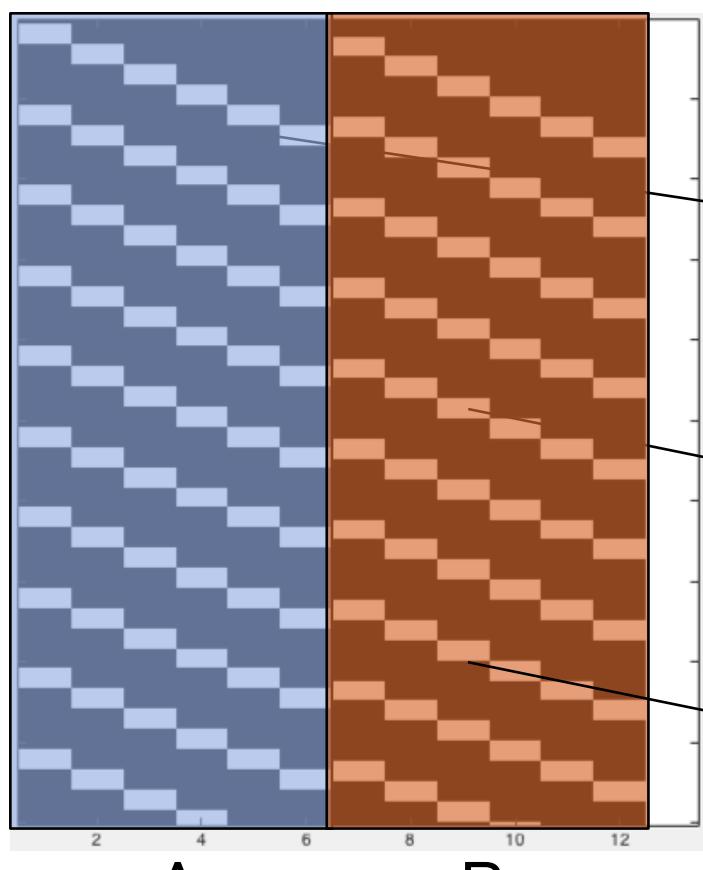


- Correlation between regressors is “only”  $r = 0.45 \dots$   
But strong reliance that assumed HRF shape is correct!
- Identical HRF is not likely to be strictly true in practice
- If not, we will get a wrong answer (without knowing it’s wrong)

# Dependent Event Fail



A more flexible model: FIR



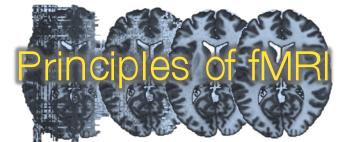
Blue (A) always precedes red (B)

Fixed ISI (20 sec) fail:  
A is correlated with **itself** shifted in time.

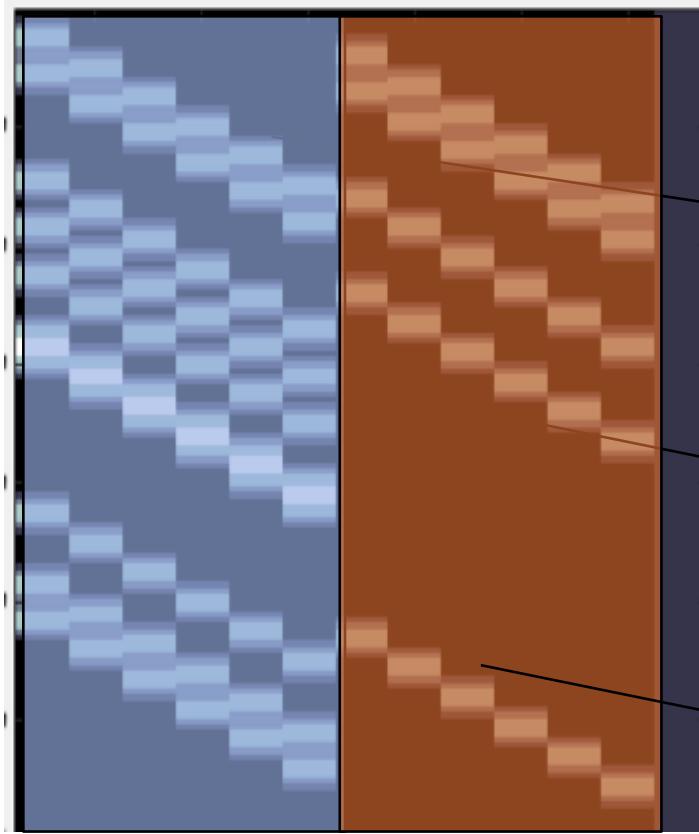
Later time points for A arecorrelated with earlier time points for B

Max correlation across regressors is  $r = 0.93!!$

# Catch Trials



A more flexible model: FIR



A

B

Red (B) follows  
blue (A) on  $\frac{1}{2}$  the  
trials

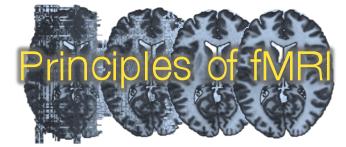
Jitter (variability in onsets)  
reduces correlations within  
trial type A

Catch trials (partial trials)  
reduce correlation between  
events dependent in time

Max correlation across  
regressors is  $r = 0.47$ . Better.

# Eight Principles of fMRI Design

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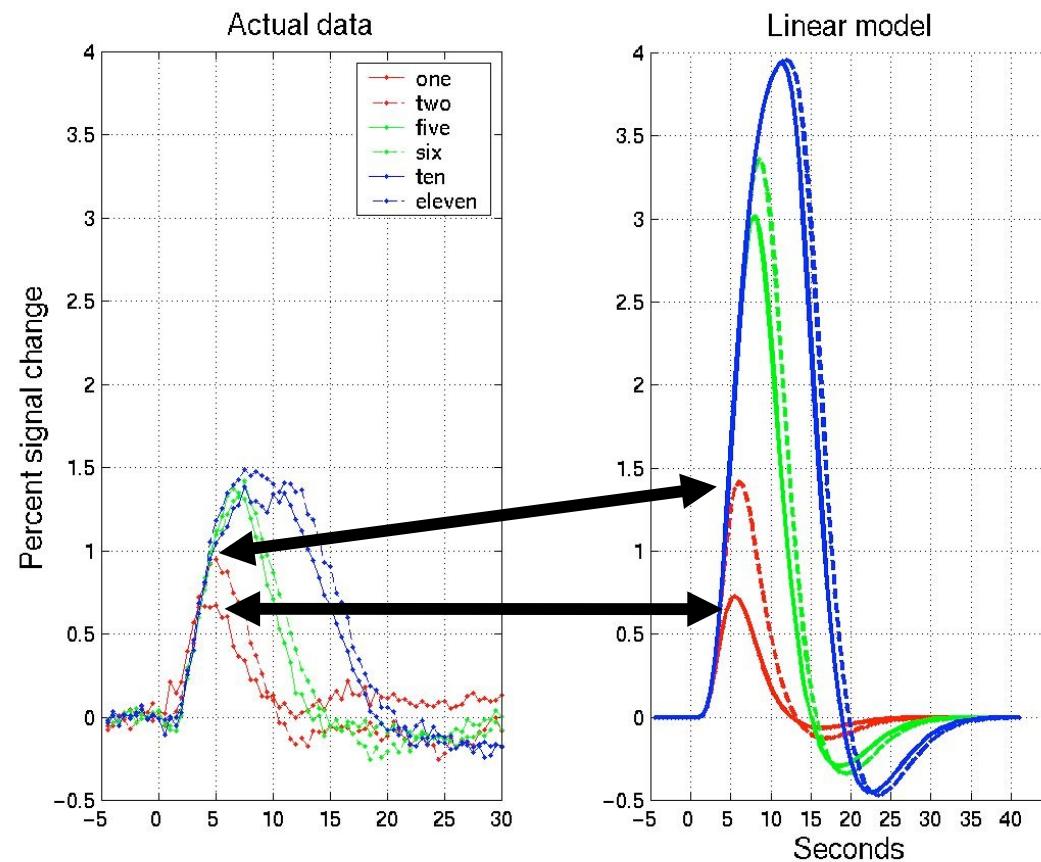
7) **Nonlinearity.** Avoid nonlinear interactions among events by spacing them by at least few seconds if possible, and avoid systematic differences in temporal grouping with stratified randomization.



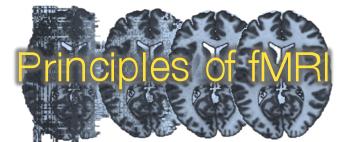
# BOLD Nonlinearity at Short ISIs

- Meizin et al. (2000): 10% nonlinear saturation at 5 s ISI
- Wager et al. 2005: Strong linearity at 1 sec ISI:

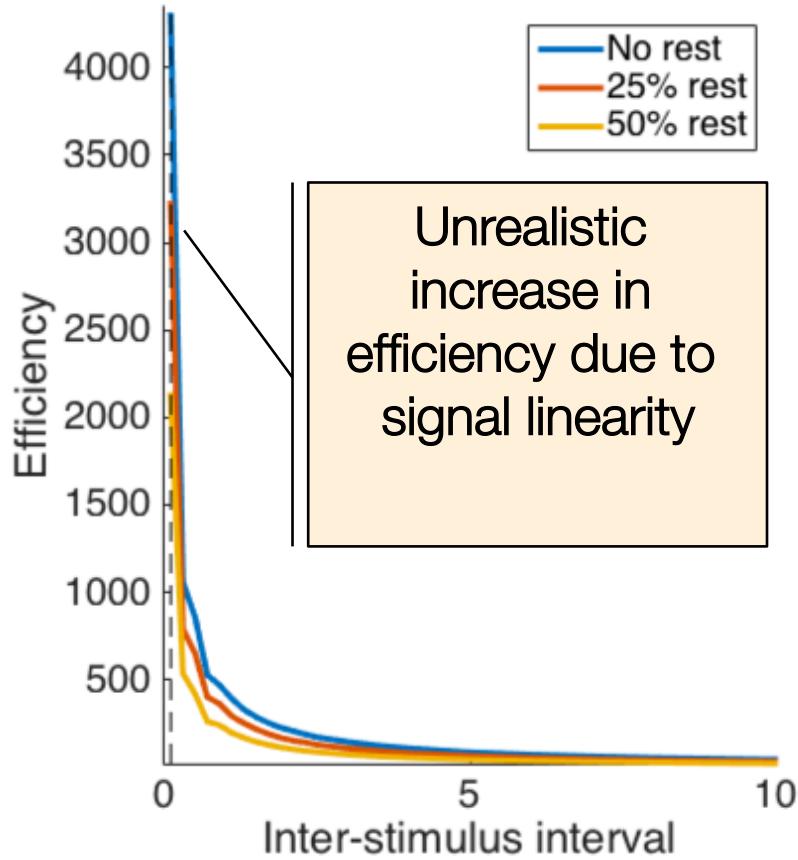
- Series of 1,2,5,6,10 or 11 events. Each event: 125 ms flashing checkerboard, 1s ISI. Series followed by 30s rest
- Note actual vs. predicted relative magnitude



# Efficiency of Randomized Designs



Contrast efficiency: LTI system

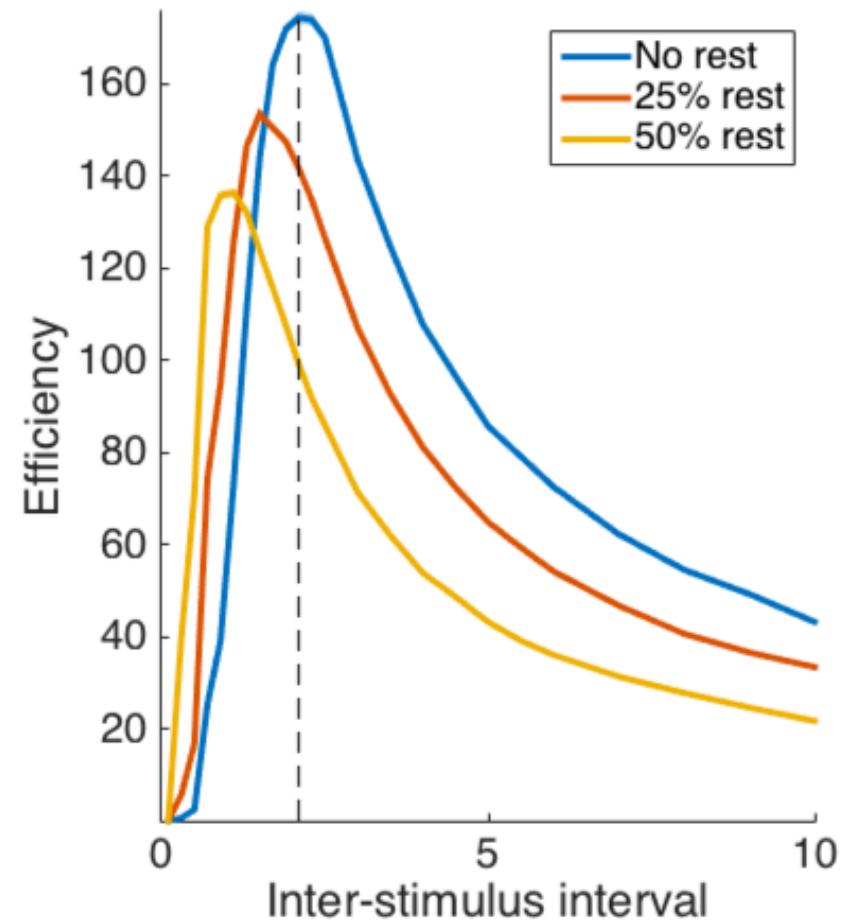


Contrast: [1 -1]

Best ISI = 0.10 (min in sim.)

Time between repetitions = 0.20 sec

A more realistic model

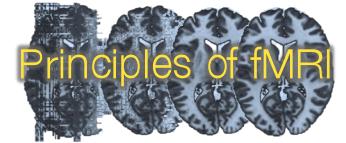


Contrast: [1 -1]

Best ISI = 2.10 sec

Time between repetitions = 4.19 sec

# Eight Principles of fMRI Design



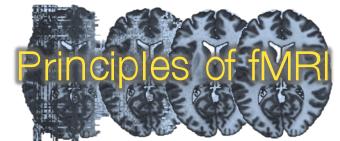
8) Optimization. Optimize your design choices with specific study goals and constraints (psychological, neural, and statistical) in mind

Specify:

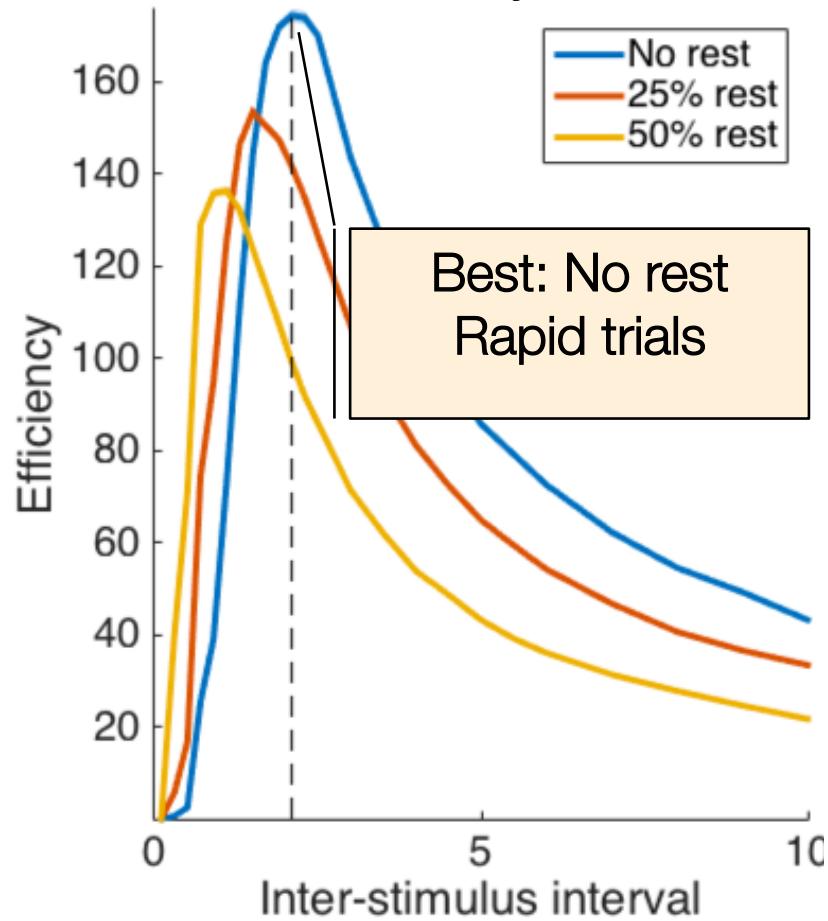
- A set of contrasts that you care about
- Relative importance of contrasts
- Desired high-pass filtering cutoff
- Desired model (canonical HRF for detection, FIR for shape estimation, combination of both)



# Efficiency of Randomized Designs



Contrast efficiency: Difference

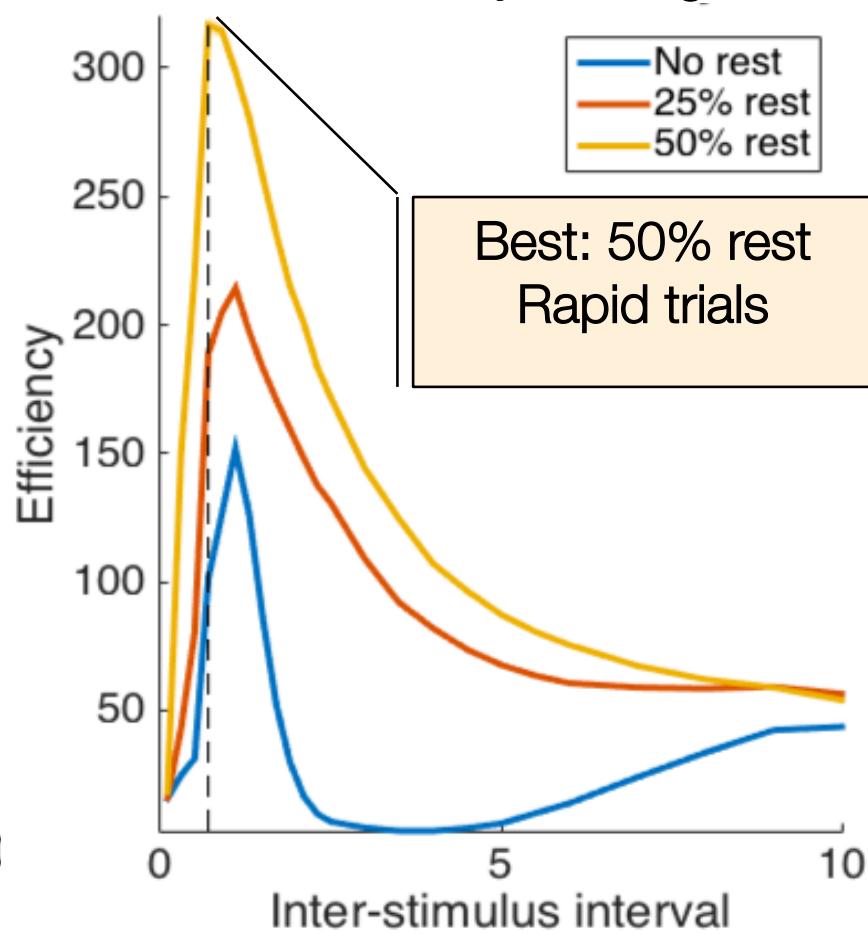


Contrast: [1 -1]

Best ISI = 2.10 sec

● Time between repetitions = 4.19 sec

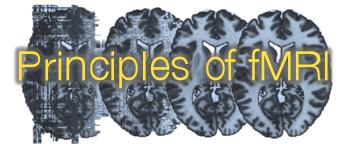
Contrast efficiency: Average vs. rest



Contrast: [0.5 0.5]

Best ISI = 0.70 sec

Time between repetitions = 2.79 sec



# Eight Principles of fMRI Design

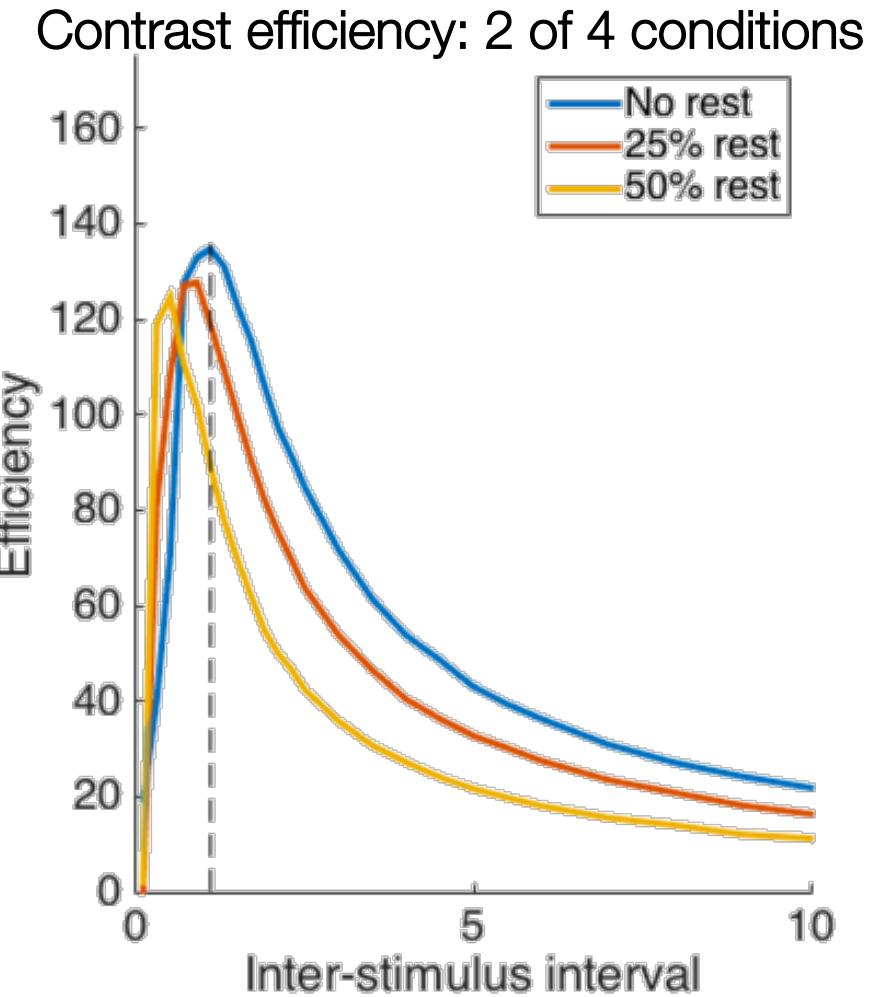
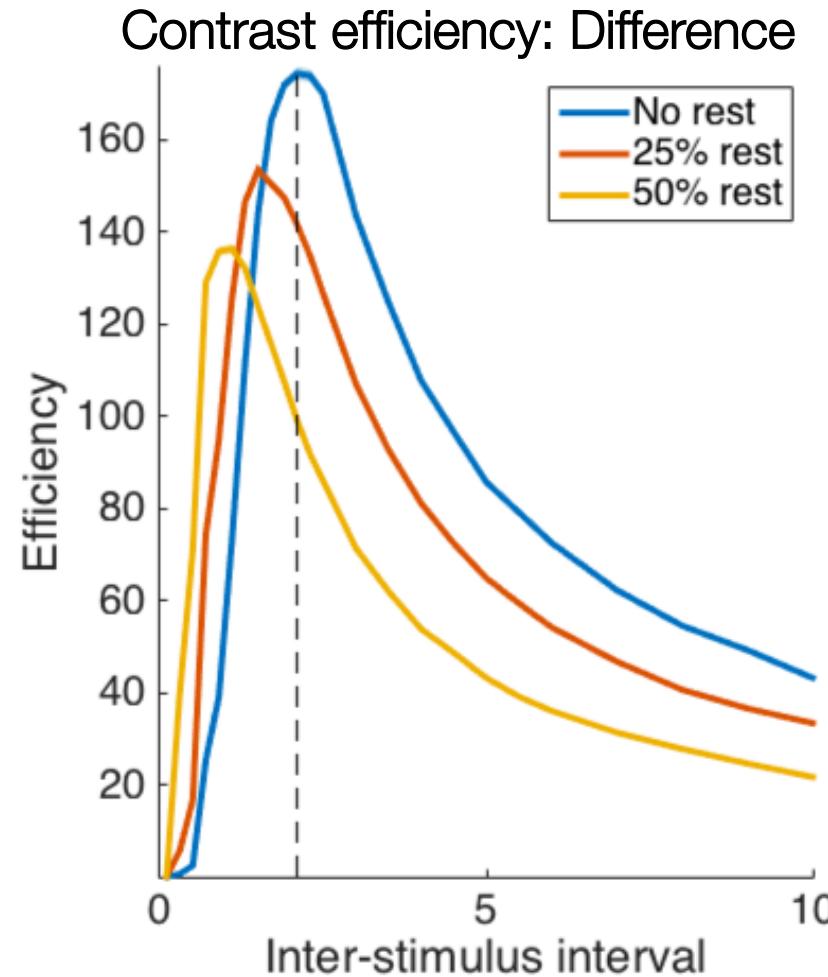
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End of this module.



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# Efficiency of randomized designs



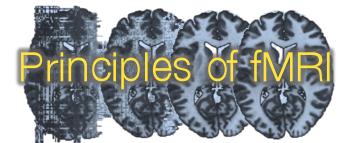
Contrast: [0.5 0.5]  
Best ISI = 1.1 sec

Time between repetitions = 4.39 sec

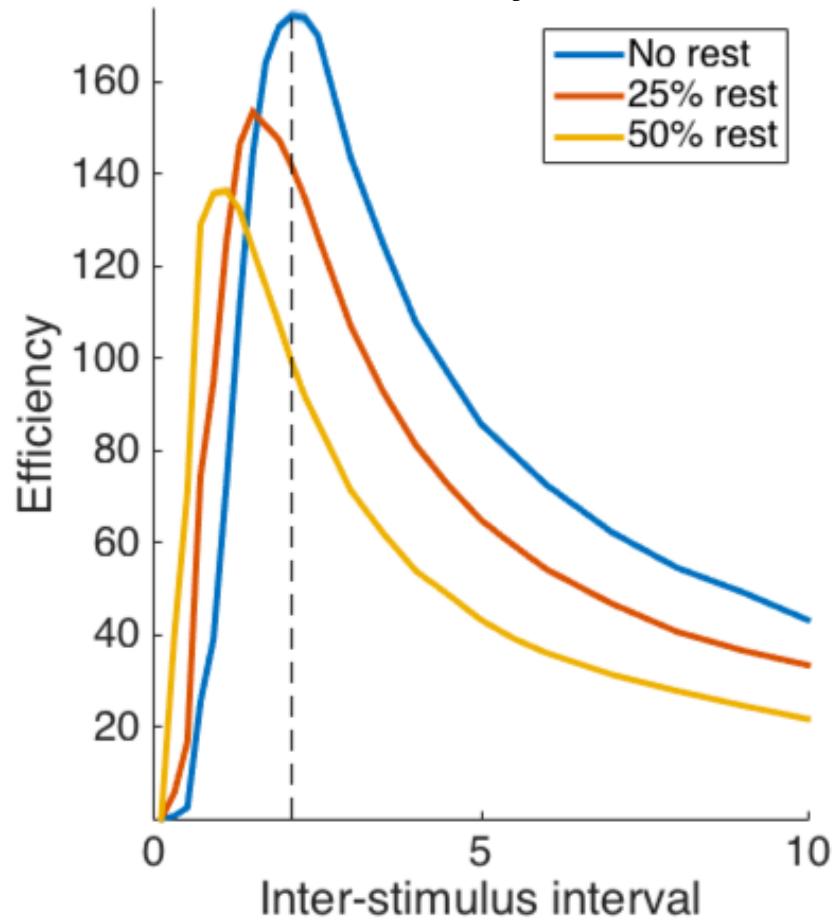


Time between repetitions = 4.19 sec

# Efficiency of randomized designs



Contrast efficiency: Difference

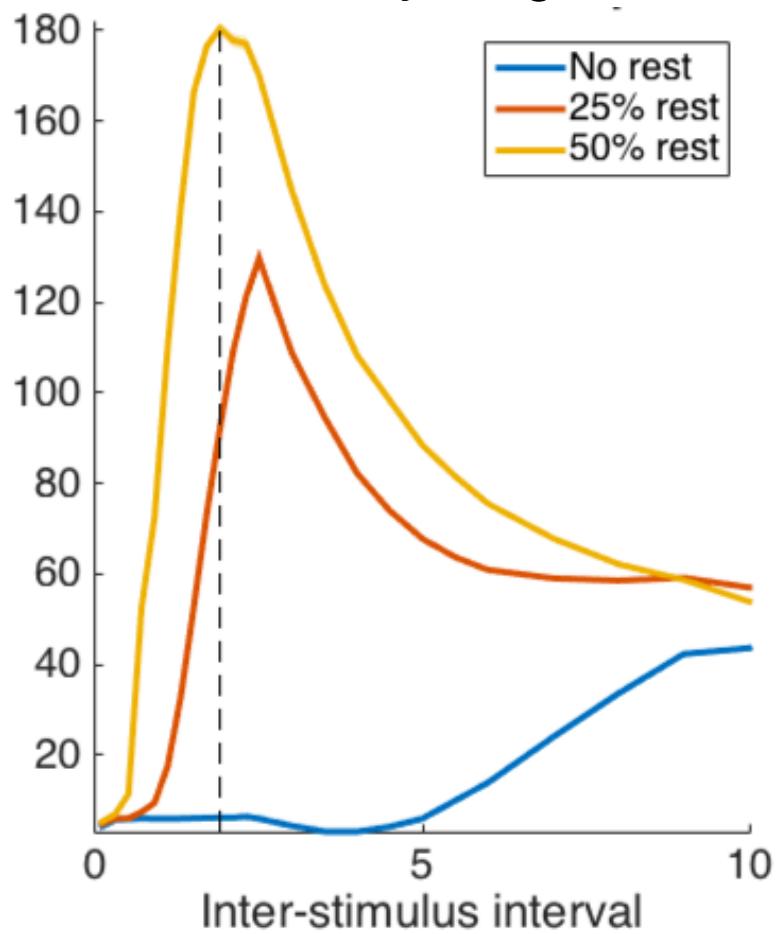


Contrast: [1 -1]

Best ISI = 2.10 sec

- Time between repetitions = 4.19 sec

Contrast efficiency: Single-event

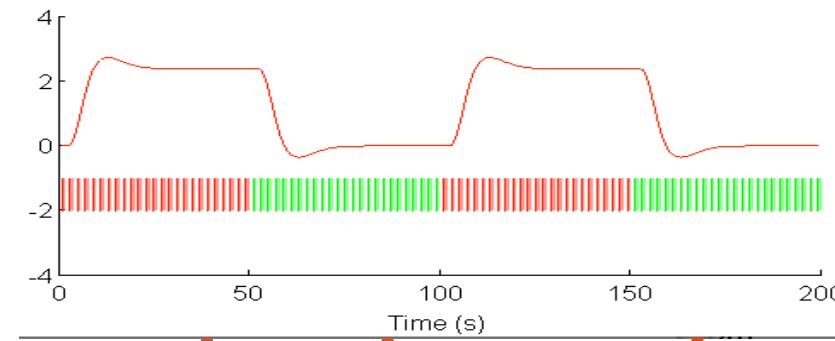
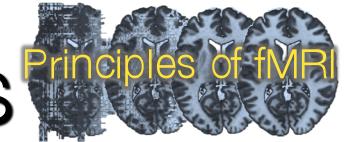


Contrast: [1]

Best ISI = 1.9 sec

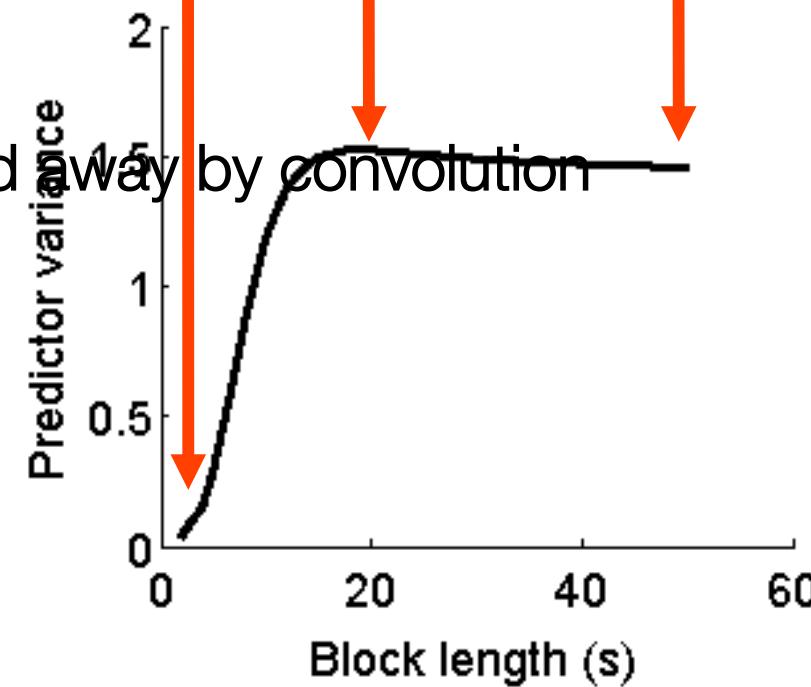
- Time between repetitions = 1.9 sec

# fMRI designs: Block length matters



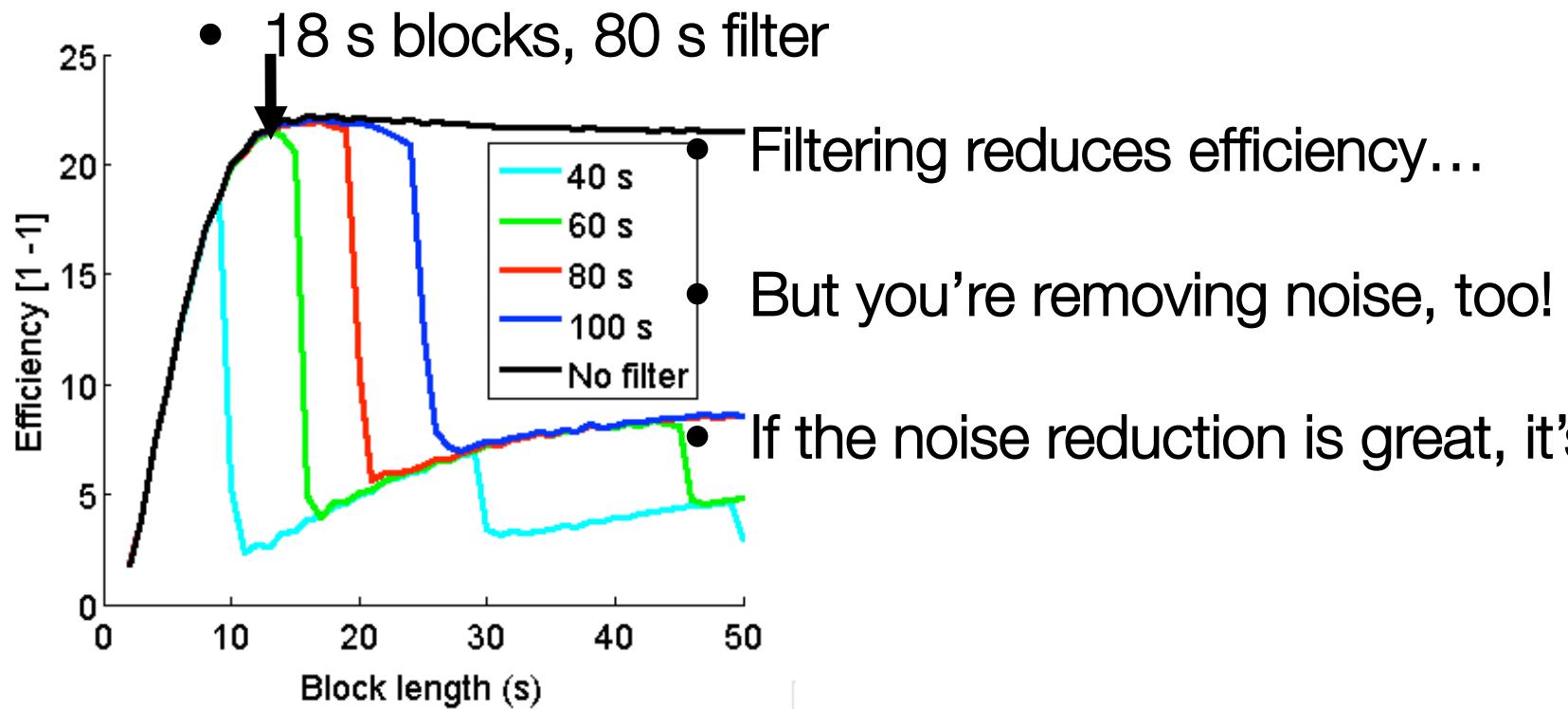
Rise and fall:  
High predictor variance

2 sec blocks:  
Too fast!  
Signal is blurred away by convolution



50 sec blocks:  
About the same

# Effects of filtering on efficiency



## Considering nonlinearity



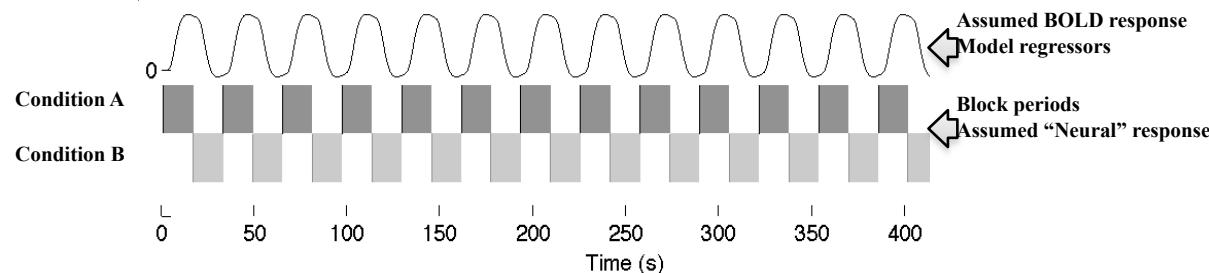
# Optimizing trial order

- Hemodynamic response blurs response to events close in time
- Other factors: Slow noise drift, filtering procedures, signal nonlinearity
- **Blocks of the same trials: Greater power to detect differences among conditions**
- **Unpredictable sequences of trials: Greater power to estimate the shape of the hemodynamic response**

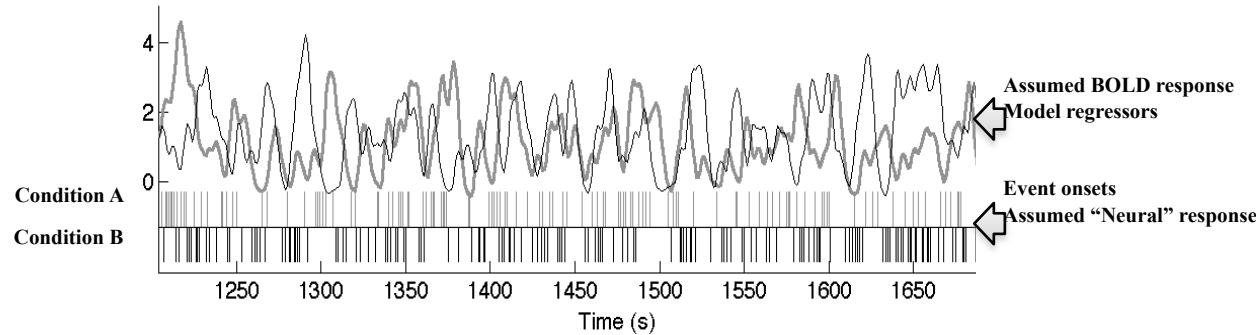
# A fundamental tradeoff: contrast detection vs. HRF estimation



- **Blocks of the same trials: Greater power to detect differences among conditions**



- **Unpredictable sequences of trials: Greater power to estimate the shape of the hemodynamic response**



Josephs & Henson, 1999; Wager & Nichols, 2003; Liu, 2004; Smith et al., 2007; Buracas et al., 2004

# Design efficiency

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Computer-aided design

Genetic algorithm (Wager & Nichols; see website below)

OptSeq (Doug Greve)

M-sequence program (Buracas).

Genetic algorithm

Rapid convergence on optimal designs

Can optimize across multiple contrasts

User can specify the relative importance of each contrast

Account for high-pass filtering and autocorrelation

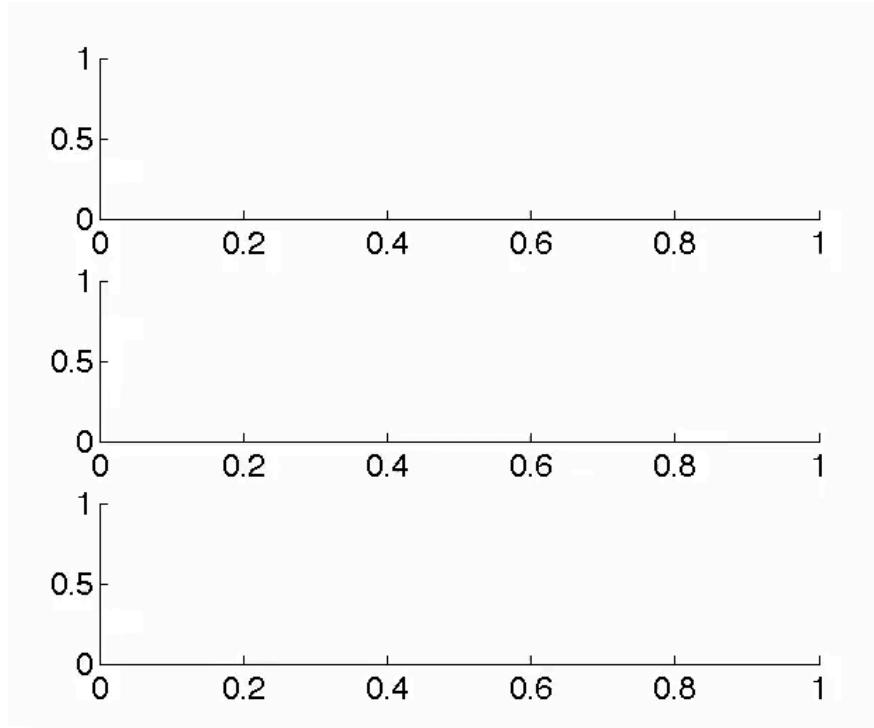
Account for nonlinearity (simple model)

Can optimize for combination of detection power, HRF estimation power, and counterbalancing

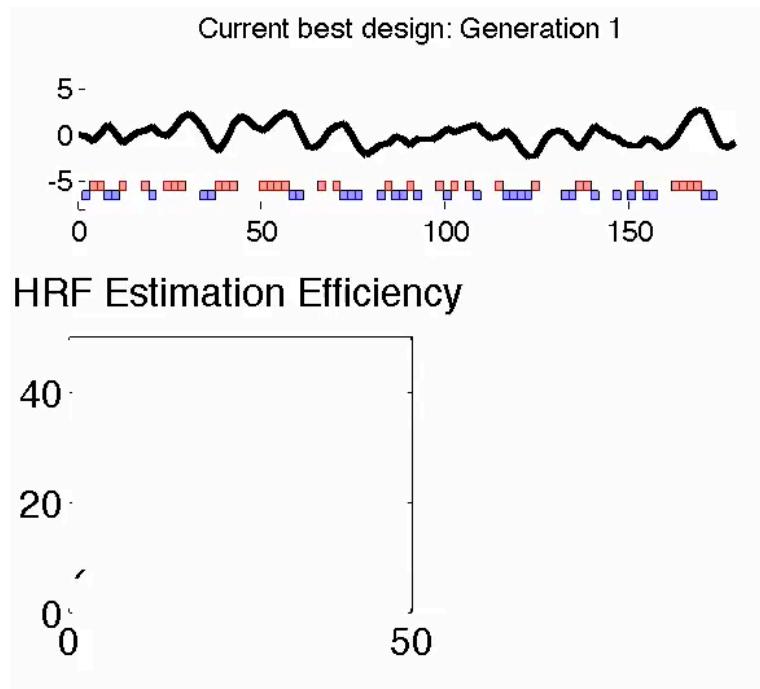


# Optimizing with a genetic algorithm

## [A - B] contrast power



## HRF estimation power



# Optimizing with a genetic algorithm

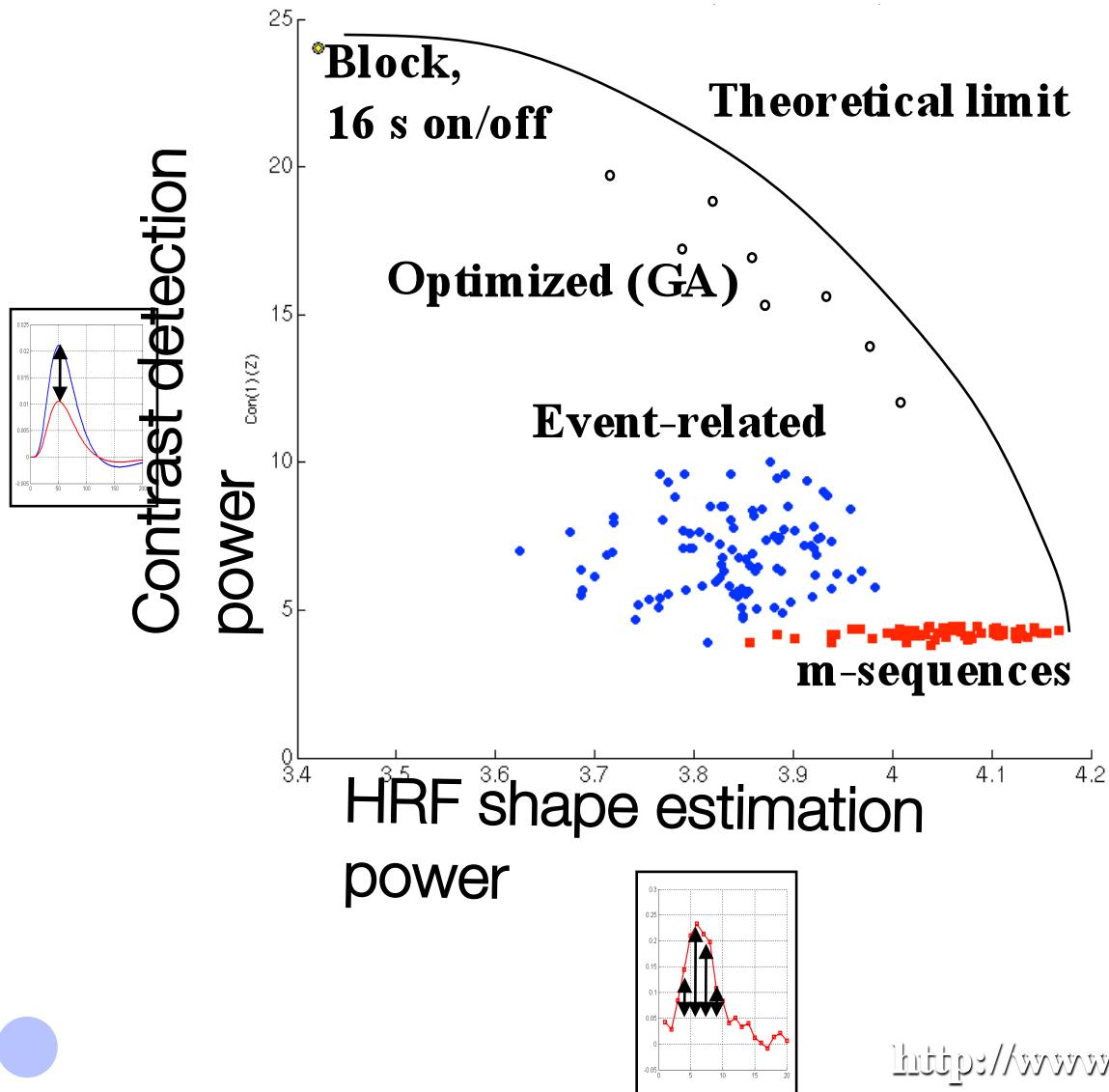
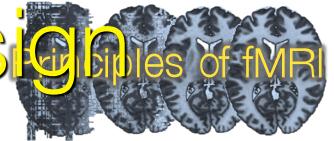
$$se(c^T \hat{\beta}) = \sqrt{\frac{\hat{\sigma}_e^2 c^T (X^T X)^{-1} c + c^T \hat{\sigma}_{\beta}^2 c}{N}}$$

- (1) Increase variation and balance in predictors
- (2) Reduce correlation among predictors (collinearity)

How to handle the tradeoff between estimating contrasts and hemodynamic response shape?

c is either a set of contrasts of interest, an FIR design matrix that specifies hemodynamic response estimation, or a combination

# Comparing efficiency for different design types



Block best for detection

M-sequence best for shape (Buracas et al.)

Event-related designs so-so on both

Optimized designs good tradeoff

# A design scheme I like

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Event-related: for psychological specificity

Pseudorandomized trial types (using genetic algorithm)

Balance detection power for [A - B] contrast and HRF shape estimation

Minimum of 4 s between events to prevent nonlinear weirdness



# Summary

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Five psychological considerations

- **Stimulus predictability**
- **Time on task**
- **Participant strategy**
- **Temporal precision of psychological manipulations**
- **Unintended psychological activity**

Four analysis considerations

Statistical efficiency: Power to detect results

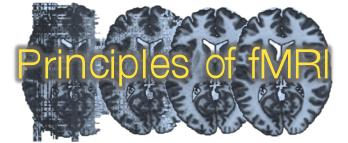
Effects of filtering, autocorrelation, and nonlinearity

Detection vs. response shape estimation

Computer-aided optimization



# Extra stuff



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Download the Genetic Algorithm toolbox at:

<http://psych.colorado.edu/~tor/>



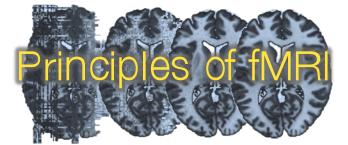
# Module Title Here



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# A growing new field

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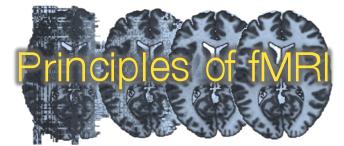
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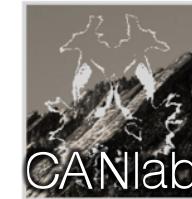
# Neuroimaging

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University of Colorado **Boulder**



Goals of neuroimaging:

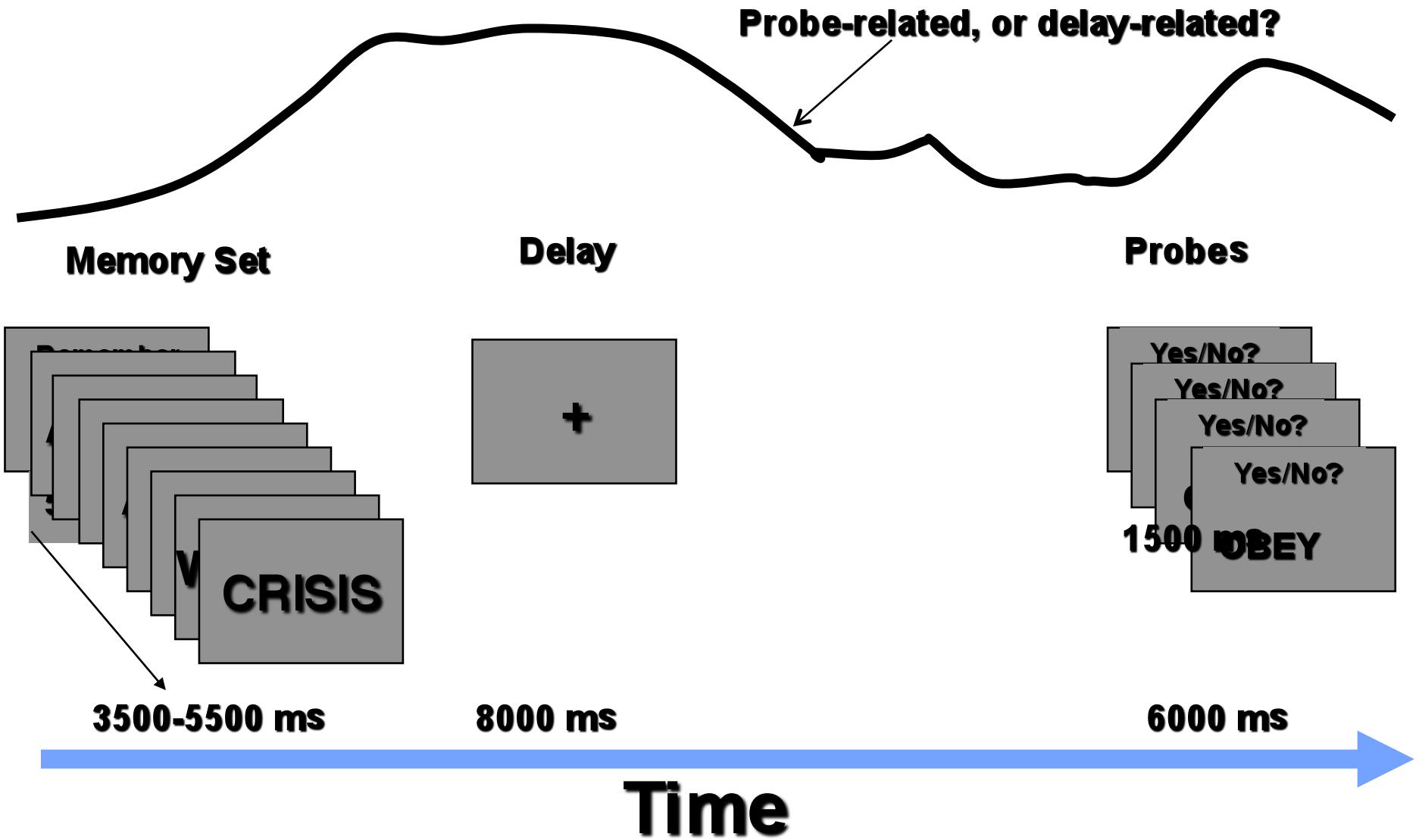
# TOWARD MULTIDISCIPLINARY SCIENCE

# End of Module



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## Catch trials



## Catch trials

