

# A Very Short Introduction to Diffusion Models



Kailash Ahirwar  · Follow

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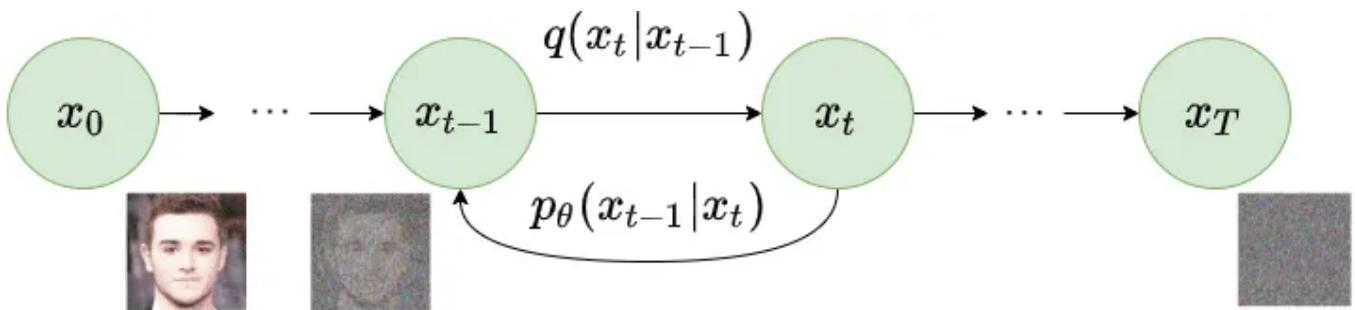
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Artificial Intelligence is constantly evolving to solve hard and complex problems. Image generation is one such complex problem for AI models. GANs, VAEs, and Flow Models have been good but struggled to generate high-resolution images with high fidelity. On the other hand, Diffusion Models are very good at producing high-resolution images of diverse quality with great accuracy. Currently, they are at the forefront of the generative AI (GenAI) revolution that we see everywhere. Models like GLIDE, DALL.E-3 by OpenAI, Imagen by Google, and Stable Diffusion are some trendy diffusion models. Let's have a look at Diffusion Models.

## What are Diffusion Models?

Diffusion models are a class of generative AI models that generate high-resolution images of varying quality. They work by gradually adding Gaussian noise to the original data in the **forward diffusion process** and then learning to remove the noise in the **reverse diffusion process**. They are latent variable models referring to a hidden continuous feature space, look similar to VAEs(Variational Autoencoders), and are loosely based on **non-equilibrium thermodynamics**.



Diffusion Models: Credits: <https://theaisummer.com/diffusion-models/>

## Problems with the existing models

Existing deep learning models like GANs and VAEs are good at generating images but they struggle with some problems. GANs still struggle with

training instability and generating diverse image problems, due to their adversarial training nature. The surrogate loss in VAEs creates issues.

## Let's understand Diffusion Models in detail

A denoising diffusion modeling is a two step process:

1. **Forward diffusion process** — The forward diffusion process is the Markov chain of diffusion steps in which we slowly and randomly add noise to the original data.
2. **Reverse diffusion process** — The reverse diffusion process tries to reverse the diffusion process to generate original data from the noise.

### Forward diffusion process

In the forward diffusion process, we slowly and gradually add Gaussian noise to the input image  $x_0$  through a series of  $T$  steps. We start with sampling a data point  $x_0$  from the real data distribution  $q(x)$  like  $(x_0 \sim q(x))$  and then adding some Gaussian noise with variance  $\beta_t$  to  $x_{t-1}$ , producing a new latent variable  $x_t$  with distribution  $q(x_t|x_{t-1})$

$$q(\mathbf{x}_t|\mathbf{x}_{t-1}) = \mathcal{N}(\mathbf{x}_t; \sqrt{1 - \beta_t}\mathbf{x}_{t-1}, \beta_t\mathbf{I}) \quad q(\mathbf{x}_{1:T}|\mathbf{x}_0) = \prod_{t=1}^T q(\mathbf{x}_t|\mathbf{x}_{t-1})$$

Forward diffusion process. Credits: <https://lilianweng.github.io/posts/2021-07-11-diffusion-models/>


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 $q(x_t | x_{t-1})$ 

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Forward diffusion process. Credits: <https://theaisummer.com/diffusion-models/>

Here,  $q(x_t | x_{t-1})$  is defined by the mean  $\mu$  as

$$\mu_t = \sqrt{1 - \beta_t} x_{t-1}$$

and  $\Sigma$  as  $\Sigma_t = \beta_t I$ . FYI,  $I$  is the identity matrix and  $\Sigma$  will always be a diagonal matrix of variances. As  $T$  approaches  $\infty$ ,  $x_{\{T\}}$  becomes isotropic Gaussian distribution.

## The reparameterization trick

Applying  $q(x_t | x_{t-1})$  and calculating  $x_t$  for an arbitrary time step can get very costly for a large number of steps. The reparameterization trick solves this problem and allows us to sample  $x_t$  at any arbitrary time step from the following distribution:

$$x_t \sim q(x_t | x_0) = \mathcal{N}(x_t; \sqrt{\bar{\alpha}_t} x_0, (1 - \bar{\alpha}_t) I)$$

After parameterization trick

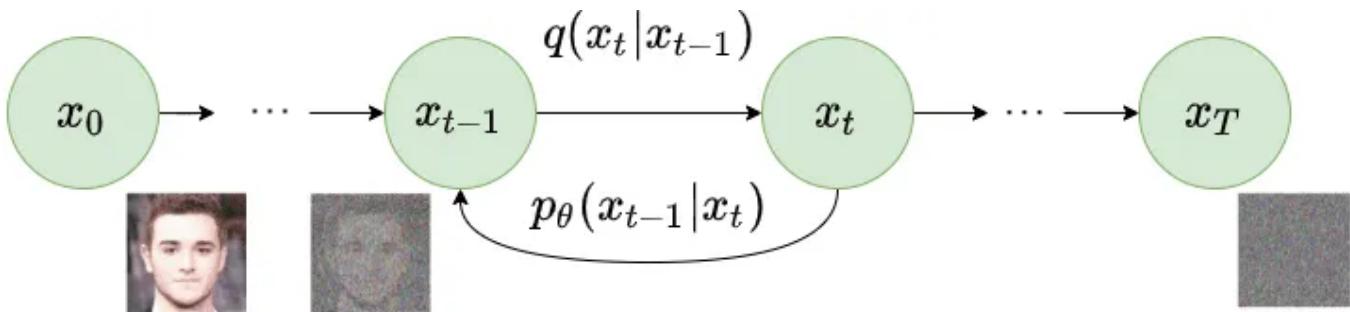
You can learn more about the reparameterization trick here.

## Reverse diffusion process

It is the process of training a neural network to recover the original data by reversing the noising process applied in the forward pass. Estimating  $q(x_{t-1}|x_t)$  is difficult as it can require the whole dataset. That's why a parameterized model  $p_\theta(\text{Neural Network})$  can be used to learn the parameters. For small enough  $\beta_t$ , it will be a Gaussian and can be obtained by just parameterizing the mean and variance.

$$p_\theta(\mathbf{x}_{0:T}) = p(\mathbf{x}_T) \prod_{t=1}^T p_\theta(\mathbf{x}_{t-1}|\mathbf{x}_t) \quad p_\theta(\mathbf{x}_{t-1}|\mathbf{x}_t) = \mathcal{N}(\mathbf{x}_{t-1}; \boldsymbol{\mu}_\theta(\mathbf{x}_t, t), \boldsymbol{\Sigma}_\theta(\mathbf{x}_t, t))$$

Reverse diffusion process. Credits: <https://lilianweng.github.io/posts/2021-07-11-diffusion-models/>



Reverse diffusion process. Credits: <https://theaisummer.com/diffusion-models/>

We train the network to predict the mean and variance for each time step. Here  $\mu_\theta(\mathbf{x}_t, t)$  is the mean, and  $\Sigma_\theta(\mathbf{x}_t, t)$  is the covariance matrix.

## Top Diffusion Models

1. Diffusion probabilistic models (DPM; [Sohl-Dickstein et al., 2015](#))
2. Denoising diffusion probabilistic models (DDPM; [Ho et al. 2020](#))
3. Cascading Diffusion Models (CDM; <https://cascaded-diffusion.github.io>)

#### 4. Latent Diffusion Models (LDM; <https://arxiv.org/abs/2112.10752>)

This was a very short introduction to Diffusion Models. I wanted to give a basic understanding of Diffusion Models and how they work. If you want to understand Diffusion Models in detail and learn the mathematics behind them, read the following articles:

1. What are Diffusion Models? – <https://lilianweng.github.io/posts/2021-07-11-diffusion-models>
2. How diffusion models work: the math from scratch – <https://theaisummer.com/diffusion-models>
3. Introduction to Diffusion Models for Machine Learning – <https://www.assemblyai.com/blog/diffusion-models-for-machine-learning-introduction>
4. Diffusion Models Made Easy – <https://towardsdatascience.com/diffusion-models-made-easy-8414298ce4da>
5. Diffusion Models: A Comprehensive Survey of Methods and Applications – <https://arxiv.org/pdf/2209.00796.pdf>

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Keras is a powerful and easy-to-use deep learning library for TensorFlow. It provides a high-level neural networks API to develop and evaluate deep learning models.

**A Basic Example**

```
<> from keras.layers import Dense
<> from keras.layers import Sequential
<> data = np.random.randint(1000, 10000)
<> model = Sequential()
<> model.add(Dense(100, activation='relu'))
<> model.add(Dense(100, activation='relu'))
<> model.add(Dense(100, activation='relu'))
<> model.add(Dense(100, activation='relu'))
<> model.compile(optimizer='adam', loss='categorical_crossentropy')
<> model.fit(data, data, epochs=10, batch_size=32)
<> predictions = model.predict(data)
```

**Data**

Your data needs to be stored as NumPy arrays or as a list of NumPy arrays. Ideally you will have data in memory when you run this, so why you can't want to use the `np.loadtxt` module of NumPy.

**Keras Data Sets**

```
<> from keras.datasets import mnist
<> (x_train, y_train), (x_test, y_test) = mnist.load_data()
<> x_train = x_train / 255.0
<> x_test = x_test / 255.0
<> x_train, x_test, y_train, y_test = np.array(x_train), np.array(x_test), np.array(y_train), np.array(y_test)
<> x_train = np.reshape(x_train, (60000, 28 * 28))
<> x_test = np.reshape(x_test, (10000, 28 * 28))
```

**Other**

```
<> from util import unpickle
<> with open('fashion-mnist.pkl', 'rb') as f:
<>     ((x_train, y_train), (x_test, y_test)) = unpickle(f)
<> x_train = x_train / 255.0
<> x_test = x_test / 255.0
<> x_train, x_test, y_train, y_test = np.array(x_train), np.array(x_test), np.array(y_train), np.array(y_test)
```

**Preprocessing**

Also see [NumPy & SciKit Learn](#)

Sequence Padding

Train and Test Sets

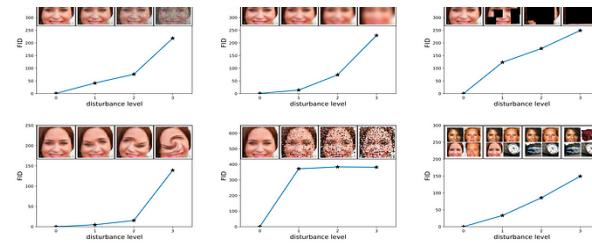


Figure 3: FID is evaluated for upper left: Gaussian noise, upper middle: Gaussian blur, upper right: implanted black rectangles, lower left: swirled images, lower middle: salt and pepper noise, and lower right: CelebA dataset contaminated by ImageNet images. The disturbance level rises from zero and increases to the highest level. The FID continues the disturbance level very well by

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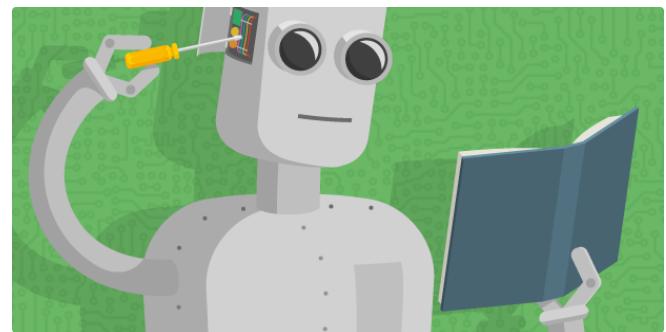
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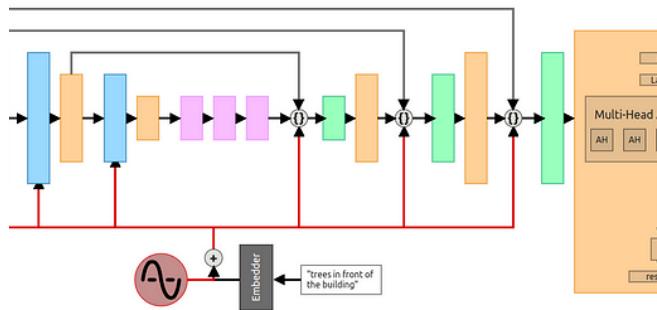
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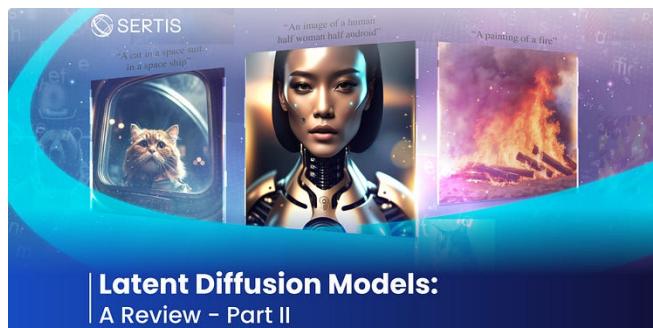
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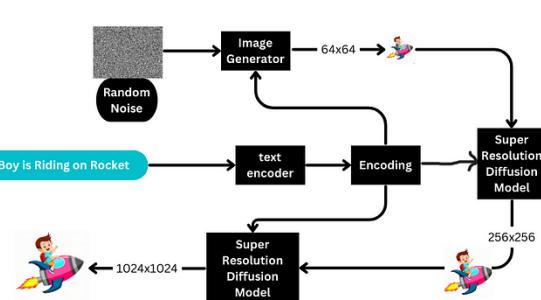
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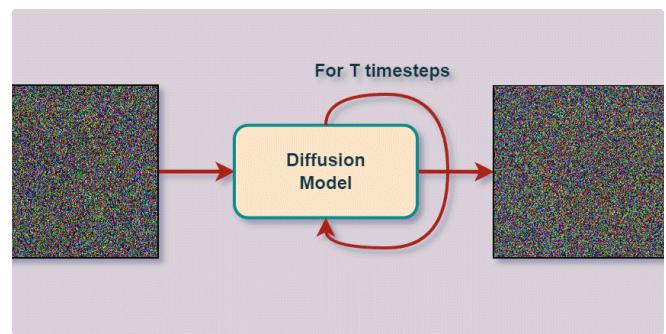
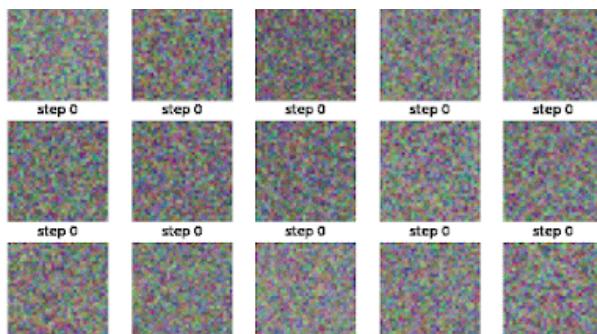
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