Social Network Manager

1) Integrate Google to your project following this guide :

https://developers.google.com/+/mobile/ios/getting-started

2) Integrate Facebook frameworks following this guide :

http://developers.facebook.com/docs/getting-started/facebook-sdk-for-ios/

3) Integrate AfNetworking following this guide :

https://github.com/AFNetworking/AFNetworking/wiki/Getting-Started-with-AFNetworking

* Don't forget to replace Facebook and Google+ IDs.
/!\ Facebook can't ask 'read' AND 'write' permissions at the same time! You need 2 different API calls.