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In[25]:= (* This script should calculate the Effective Hamiltonian in the rotating frame,
given a Hamiltonian in the lab frame H0, U the matrix of the
transformation (see Hoberst diploma thesis, p. 18 plus appendix) *)

H0 = {{0, mu * Exp[I * (w * t + phi[t])]}, {mu * Exp[-I * (w * t + phi[t])], w}};

In[26]:= U = {{1, 0}, {0, Exp[I * (wrot * t + phi[t])]}};

In[40]:= (* Formula found in appendix Oberst*)

Refine[Simplify[U.H0.ConjugateTranspose[U] - I * U * D[ConjugateTranspose[U], t]],
Assumptions -> phi[t] ∈ Reals && t ∈ Reals && w ∈ Reals && wrot ∈ Reals]

Out[40]= {{0, e^{i (t w - t wrot)} mu}, {e^{-i t (w - wrot)} mu, w - Conjugate'[t wrot + phi[t]] (wrot + phi'[t])}}

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