

# Under the Hood: How This AI Workflow Works (Reference)

This page explains the background concepts used in the demo. It's optional — you don't need to understand everything here to follow the session. Makes Documentation - [Router](#) - [Help Center](#)

## 1) Trigger

**What it is** The trigger decides *when* the workflow runs.

### In this demo

- Manual trigger [Run once]
- Can easily be replaced with:
  - Schedule [every 15 minutes]
  - Webhook
  - Form submission

### Key idea

No trigger = no agent. An agent only acts when something wakes it up.

## 2) Prompt (Stored as a Variable)

**What it is** The prompt is the agent's **job description**.

### Why we store it as a variable

- Easy to update in one place
- Reusable across multiple agents
- Cleaner than hardcoding instructions everywhere

### What a good prompt includes

- Role [who the agent is]
- Task [what it must do]
- Constraints [length, tone, format]
- Output expectations

## 3) Make AI Agent (LLM Step)

### What it does

- Reads the prompt
- Generates text based on instructions
- Returns raw output

### Important limitations

- It does NOT remember things unless you give it memory
- It does NOT guarantee structure unless you enforce it
- It outputs text — workflows decide what happens next

### Key mindset

The AI generates content. The workflow decides what's usable.

## 4) Router (Decision Logic)

**What it is** A router sends the same input down **different paths** based on rules.

### Common use cases

- Different outputs [email vs document]

- Different audiences
- Different formats (short vs long)

#### In this demo

- Same prompt
- Different processing paths
- Different final actions

#### Important note

Routers don't make decisions — *rules* do.

## 5) Text vs JSON Outputs (Very Important)

### Plain Text

#### ✓ Best for:

- Emails
- Documents
- Messages

#### ✓ Pros:

- Simple
- Reliable
- Hard to break

#### ✗ Cons:

- Not easily split into fields

### Structured JSON

#### ✓ Best for:

- Multiple outputs (option\_1, option\_2, etc.)
- Iterators
- Data stores

#### ✗ Cons:

- Fragile if prompt isn't strict
- One formatting mistake = broken workflow

#### Golden rule

If you don't need structure, don't force JSON.

## 6) Aggregators

### What they do

- Combine multiple items into one output

### Common uses

- Multiple AI responses → one email
- Iterator results → one document
- Multiple rows → one summary

### Very important

If your aggregator is empty, your upstream data didn't match what you expected.

This is the #1 cause of “it ran but nothing happened”.

## 7) Iterators (Why You Sometimes Get Multiple Emails)

### What they do

- Loop over items one by one

### Common mistake

- Sending an email inside an iterator → Result: multiple emails

### Fix

- Aggregate first
- Send once at the end

## 8) Outputs (Where Results Go)

An agent isn't useful until something happens with the output.

### Examples

- Email sent

- Notion page created
- Document saved
- Webhook triggered

#### Key idea

No final output = no visible value.

## 9) Common Failure Modes (Normal, Not You)

- Empty arrays → prompt/output mismatch
- Null values → schema not enforced
- Duplicate emails → iterator without aggregation
- “It ran but nothing happened” → no final output module

These are **workflow issues**, not AI issues.

## 10) The Mental Model to Remember

Every agent follows this loop:

**Trigger** → **Prompt** → **Process / Decide** → **Output**

Everything else is an enhancement.