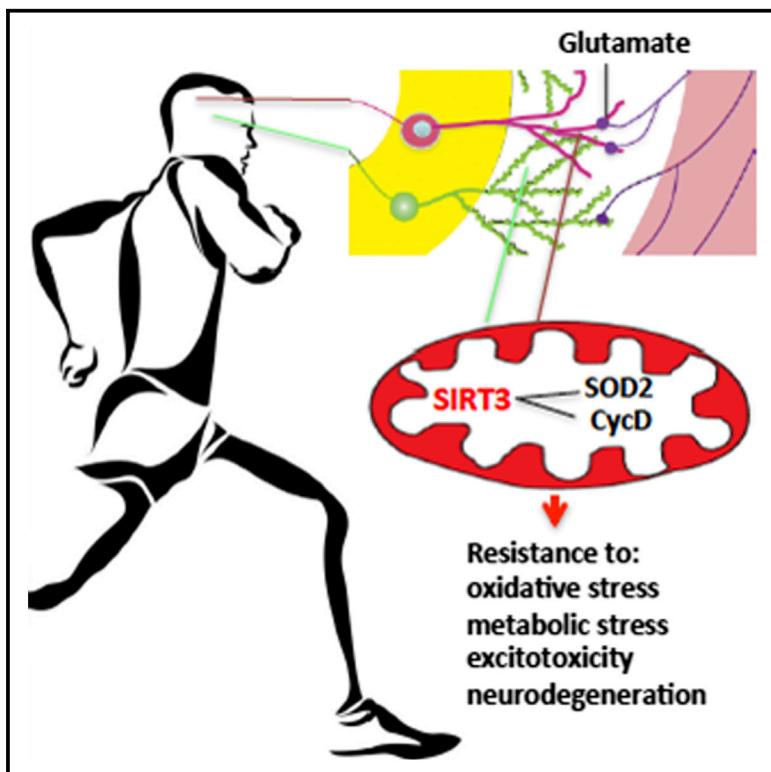


Cell Metabolism

Mitochondrial SIRT3 Mediates Adaptive Responses of Neurons to Exercise and Metabolic and Excitatory Challenges

Graphical Abstract



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In Brief

Cheng et al. find that neurons lacking the mitochondrial deacetylase SIRT3 are more vulnerable to dysfunction and degeneration in mouse models of epilepsy and Huntington's disease. Exercise and synaptic activity induce hippocampal SIRT3 expression to modulate mitochondrial protein acetylation and bolster neuronal resistance to oxidative stress and apoptosis.

Highlights

- Exercise and glutamatergic signaling induce SIRT3 expression in cortical neurons
- SIRT3 deacetylates SOD2 and cyclophilin D in neuronal mitochondria
- SIRT3 prevents neuronal death in mouse models of epilepsy and Huntington's disease
- SIRT3 mediates adaptive responses of neurons to excitotoxic and metabolic stress

Mitochondrial SIRT3 Mediates Adaptive Responses of Neurons to Exercise and Metabolic and Excitatory Challenges

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SUMMARY

The impact of mitochondrial protein acetylation status on neuronal function and vulnerability to neurological disorders is unknown. Here we show that the mitochondrial protein deacetylase SIRT3 mediates adaptive responses of neurons to bioenergetic, oxidative, and excitatory stress. Cortical neurons lacking SIRT3 exhibit heightened sensitivity to glutamate-induced calcium overload and excitotoxicity and oxidative and mitochondrial stress; AAV-mediated *Sirt3* gene delivery restores neuronal stress resistance. In models relevant to Huntington's disease and epilepsy, *Sirt3*^{-/-} mice exhibit increased vulnerability of striatal and hippocampal neurons, respectively. SIRT3 deficiency results in hyperacetylation of several mitochondrial proteins, including superoxide dismutase 2 and cyclophilin D. Running wheel exercise increases the expression of *Sirt3* in hippocampal neurons, which is mediated by excitatory glutamatergic neurotransmission and is essential for mitochondrial protein acetylation homeostasis and the neuroprotective effects of running. Our findings suggest that SIRT3 plays pivotal roles in adaptive responses of neurons to physiological challenges and resistance to degeneration.

INTRODUCTION

Glutamate, the major excitatory neurotransmitter in the vertebrate brain, triggers membrane depolarization, influx of Na⁺ and Ca²⁺, and increased mitochondrial oxidative phosphorylation and superoxide production in neurons (Mattson et al., 2008). Neurons normally recover rapidly from excitation by restoring the transmembrane ion gradients, replenishing energy

substrates, and removing reactive oxygen species (ROS). This recovery depends critically on properly functioning mitochondria that generate ATP and buffer Ca²⁺ transients. However, in pathological conditions where neurons are excited excessively (epilepsy), deprived of oxygen and glucose (stroke and cardiac arrest), or suffer more insidious metabolic and oxidative stress (Alzheimer's, Parkinson's, and Huntington's diseases), mitochondria fail to counteract the stress and neurons therefore degenerate and die (Mattson, 2003).

When transiently exposed to mild to moderate levels of metabolic, oxidative, and excitatory stress, neurons respond adaptively by engaging signaling pathways that bolster their bioenergetics, antioxidant defenses, and abilities to prevent and repair molecular damage (Mattson, 2008). For example, exposure of neurons to a low level of glutamate can protect them from being killed by a higher level of glutamate, and intermittent exercise and fasting can counteract neurodegenerative disease processes in animal models of Alzheimer's disease (AD), Parkinson's disease (PD) and Huntington's disease (HD), epilepsy, and stroke (Mattson, 2012; Zigmund and Smeayne, 2014). Evidence supports the involvement of several underlying mechanisms including upregulation of neurotrophic factors, DNA repair enzymes, protein chaperones, and autophagy (Mattson, 2012). Mitochondria might play several roles in adaptive responses of neurons to excitatory, metabolic, and oxidative stress (Mattson et al., 2008). For example, manganese superoxide dismutase (SOD2) is an essential antioxidant enzyme that serves as the first line of defense against the superoxide free radicals generated by the electron transport chain. SOD2 can protect neurons against degeneration in experimental models of neurodegenerative disorders (Keller et al., 1998; Andreassen et al., 2001). While mitochondria are crucial for neuronal stress resistance, they are also the organelle that mediates apoptosis, a form of programmed cell death implicated in many acute and chronic neurodegenerative conditions (Mattson, 2000). Excessive DNA damage, Ca²⁺ overload, and oxidative stress causes the association of cyclophilin D with mitochondrial membrane permeability transition pores (PTPs), which triggers opening of the PTP, through which cytochrome C passes into the cytosol where it

activates caspase enzymes that execute the cell death process (Galluzzi et al., 2009).

Sirtuins are a family of enzymes that remove acetyl groups from lysine residues on specific protein substrates. SIRT1, the most intensively studied sirtuin, is located in the nucleus where it regulates adaptive changes in gene expression in response to bioenergetic challenges (Chalkiadaki and Guarante, 2012). In contrast, SIRT3 is located in mitochondria, where its functions are beginning to be revealed. Recent findings suggest that SIRT3 deacetylates and activates mitochondrial enzymes involved in fatty acid β -oxidation, amino acid metabolism, the electron transport chain, and antioxidant defenses (He et al., 2012; Kincaid and Bossy-Wetzel, 2013). Studies of non-neuronal cells suggest that SIRT3 mediates adaptations of mitochondria to increased energy demand (Palacios et al., 2009; Kincaid and Bossy-Wetzel, 2013). SIRT3-mediated deacetylation of cyclophilin D suppresses age-related cardiac hypertrophy (Hafner et al., 2010). Moreover, it was recently reported that SIRT3 overexpression protects cultured motor neurons against the cell-death-promoting effect of an SOD1 mutation that causes familial ALS (Song et al., 2013) and protects mice against noise-induced hearing loss (Someya et al., 2010), suggesting neuroprotective roles for SIRT3. However, the mechanisms that regulate the expression of SIRT3 in neurons, and its potential roles in neuronal responses to stress are unknown.

RESULTS

SIRT3 Deficiency Renders Neurons Vulnerable to Excitatory, Oxidative, and Metabolic Stress

In preliminary analyses, we established that *Sirt3*^{-/-} mice lack SIRT3 protein in the cerebral cortex and that SIRT3 is present in high amounts in the mitochondrial fraction and absent from the cytosolic fraction of cortical cells (Figures S1A–S1C). To investigate how SIRT3 can influence neuronal survival, we established cultures of primary neocortical neurons that were isolated and cultured from embryonic day 15 *Sirt3*^{+/+} and *Sirt3*^{-/-} mice. Immunostaining of cells on culture day 7 using antibodies against the neuronal marker beta III tubulin (Tuj1), and the astrocyte marker glial fibrillary acidic protein (GFAP) indicated that the cultures are predominantly Tuj1⁺ neurons (approximately 95%) for both *Sirt3*^{+/+} and *Sirt3*^{-/-} mice and that cultured cortical neurons from *Sirt3*^{+/+} mice exhibit a subcellular distribution of SIRT3 immunoreactivity consistent with a mitochondrial localization (Figures S1D and S1E). There were no apparent differences in neuronal morphology (neurites illustrated by Tuj1 immunostaining) under basal culture conditions. Cultured cortical neurons from *Sirt3*^{+/+} mice and *Sirt3*^{-/-} mice were incubated in the presence of H₂O₂, glutamate, N-methyl-D-aspartate (NMDA), kainic acid (KA), or 3-nitropropionic acid (3-NPA; succinate dehydrogenase inhibitor) at various concentrations as indicated. After 24 hr treatment, live cultures were stained with Hoechst, and neuronal cell death was quantified by determining the percentage of neurons that exhibited condensed nuclear DNA with intense Hoechst fluorescence (apoptotic cells) (Figure 1A). The results were further confirmed by double staining with Tuj1 antibody and Hoechst dye in fixed cells (Figure 1B). Neurons in vehicle-treated control cultures

exhibited very weak diffuse nuclear Hoechst staining and intact neurites under phase-contrast microscopy with no differences between neurons from *Sirt3*^{+/+} mice and *Sirt3*^{-/-} mice (Figures 1A and S1D). Neurons damaged and killed by glutamate, KA, NMDA, H₂O₂, and 3NPA exhibited highly condensed nuclear DNA-associated fluorescence and neurite fragmentation or loss depending on the severity of damage (Figures 1A and 1B), whereas the surviving cells exhibited relatively intact healthy Tuj1⁺ neurites (Figure 1B). Neurons lacking SIRT3 exhibited a significant increase in vulnerability to excitotoxic death induced by glutamate, KA, and NMDA across a broad range of concentrations of each excitatory amino acid (Figures 1A and 1C–1E). SIRT3 deficiency also significantly increased the percentage of neurons killed by H₂O₂ concentrations from 1 to 50 μ M (Figure 1F) and 3-NPA concentrations of 5 and 10 mM (Figure 1G).

SIRT3 Deficiency Endangers Striatal and Hippocampal Neurons in Mouse Models of Huntington's Disease and Temporal Lobe Epilepsy

To determine whether SIRT3 plays a role in protecting striatal neurons against 3-NPA, we first administered 3-NPA to *Sirt3*^{-/-} and *Sirt3*^{+/+} mice on a daily basis (30 mg/kg/day) and evaluated survival as an end point (see Experimental Procedures). Whereas all *Sirt3*^{-/-} mice succumbed within 7–11 days of the onset of 3-NPA administration, more than 50% of the *Sirt3*^{+/+} mice survived through day 14, indicating an acceleration of the clinical progression to end-stage in this HD model (Figure 2A). In a second experiment, the motor performance of *Sirt3*^{-/-} and *Sirt3*^{+/+} mice was evaluated on a rotarod apparatus, and then they were administered 3-NPA (30 mg/kg) once daily for 7 days, and their performance on the rotarod test was again evaluated. The latency to the first fall from the rotarod and the number of falls over 5 min was recorded in three consecutive trials, and the average of these three trials was calculated. Prior to 3-NPA administration, the *Sirt3*^{-/-} and *Sirt3*^{+/+} mice exhibited similar levels of performance on the rotarod as indicated by equivalent time intervals to fall off the rotarod and numbers of falls during the testing session (Figures 2B and 2C). After 1 week of 3-NPA administration, the rotarod performances of all *Sirt3*^{+/+} and *Sirt3*^{-/-} were significantly impaired. However, the magnitude of motor impairment was significantly greater in *Sirt3*^{-/-} mice compared to *Sirt3*^{+/+} mice (Figures 2B and 2C).

Immediately after evaluation of motor function, the mice were euthanized and their brains prepared for histochemical analysis of damage to striatal neurons. Neurons stained with NeuN appeared to be homogeneously distributed in the cortex and striatum of control *Sirt3*^{+/+} and *Sirt3*^{-/-}. Wild-type mice treated with 3-NPA exhibited loss of some striatal neurons but retention of cortical neurons (Figures 2D and 2E). In contrast, the same dosage of 3-NPA caused a much larger lesion area in the striatum with complete neuronal loss in the central region of the lesion (Figures 2D and 2E). The extent of neuronal loss caused by 3-NPA in *Sirt3*^{-/-} mice was significantly greater than that of *Sirt3*^{+/+} mice, as quantified by measuring the area of cell loss in NeuN-stained sections (Figures 2D and 2E) or by counting NeuN immunoreactive neurons in vertical bins across the striatal throughout the dorsal-ventral axis of the striatum (Figures 2F and

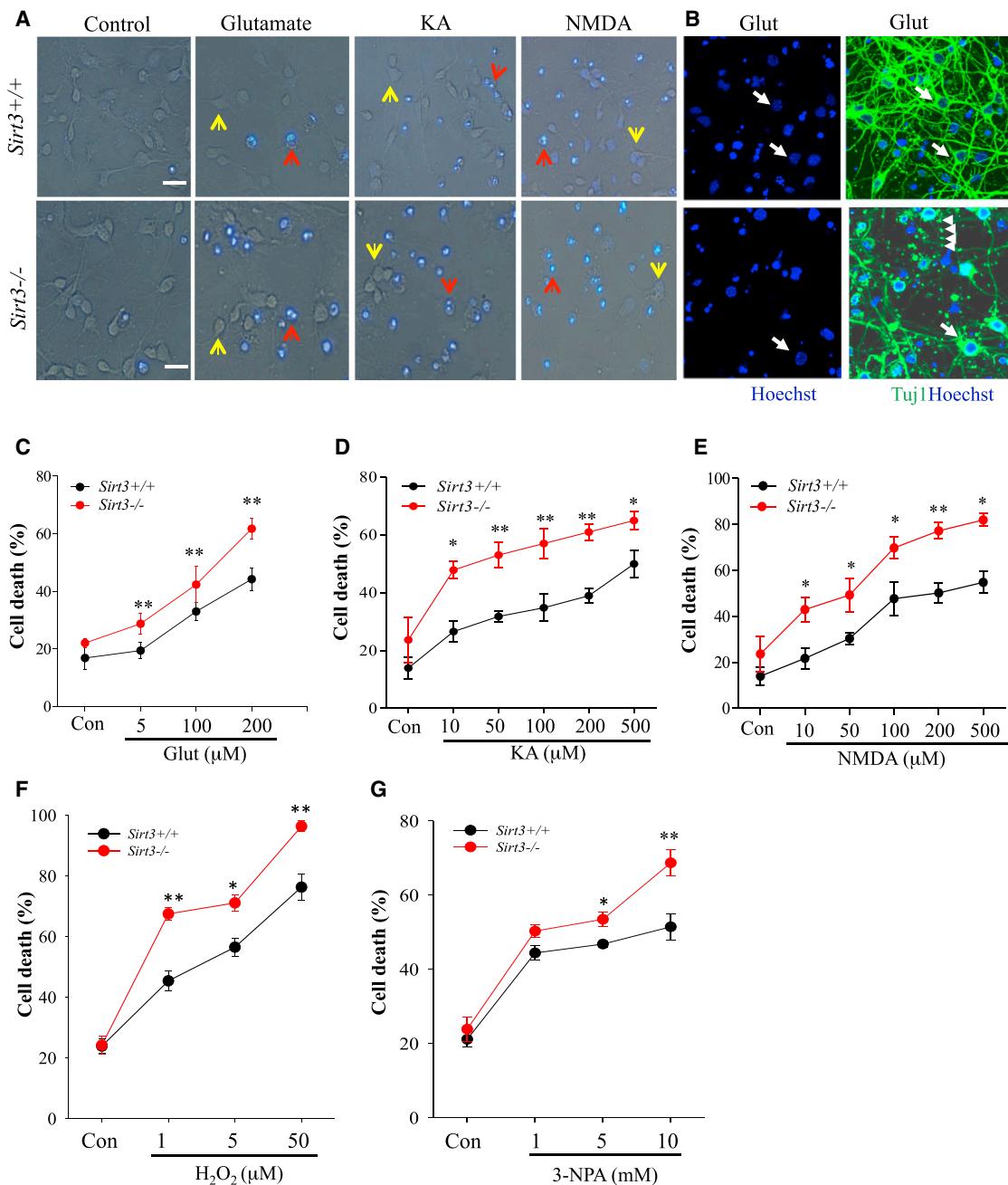


Figure 1. Neurons Lacking SIRT3 Exhibit Increased Vulnerability to Excitotoxic, Oxidative, and Metabolic Stress

(A) Representative merged phase-contrast and Hoechst dye fluorescence (blue) images of cultured cortical neurons from *Sirt3^{+/+}* and *Sirt3^{-/-}* mice that had been exposed for 24 hr to the indicated agents. Viable neurons (indicated by yellow arrowheads) exhibit weak diffuse nuclear DNA-associated (Hoechst) fluorescence and intact neurites, whereas dying/dead neurons (indicated by red arrowheads) exhibit intense punctate Hoechst fluorescence as a result of nuclear chromatin condensation and fragmented neurites. Treatment concentrations: 200 μ M glutamate, 200 μ M KA, 200 μ M N-methyl-D-aspartate (NMDA). Scale bar, 20 μ m. (B) Representative images of Hoechst staining (blue) and merged Tuj1 fluorescent immunostaining (green) and Hoechst staining of cultured neurons from *Sirt3^{+/+}* and *Sirt3^{-/-}* mice that had been exposed to 200 μ M glutamate for 24 hr. Arrows indicate surviving Tuj1⁺ neurons and arrowheads indicate neurite fragmentation. (C–G) Results of quantitative analysis of neuronal death. Values are mean \pm SEM of cell counts performed on cultures established from four or five mice. *p < 0.05; **p < 0.01.

2G). These findings indicate that SIRT3 increases the resistance of striatal neurons to degeneration in this animal model of HD.

To determine whether SIRT3 influences neuronal vulnerability to excitotoxic stress, we used a model relevant to temporal

lobe epilepsy in which infusion of KA into the dorsal hippocampus causes severe seizures and degeneration of pyramidal neurons in regions CA1 and CA3. In control sham mice, there were no significant differences in the density of CA1 or

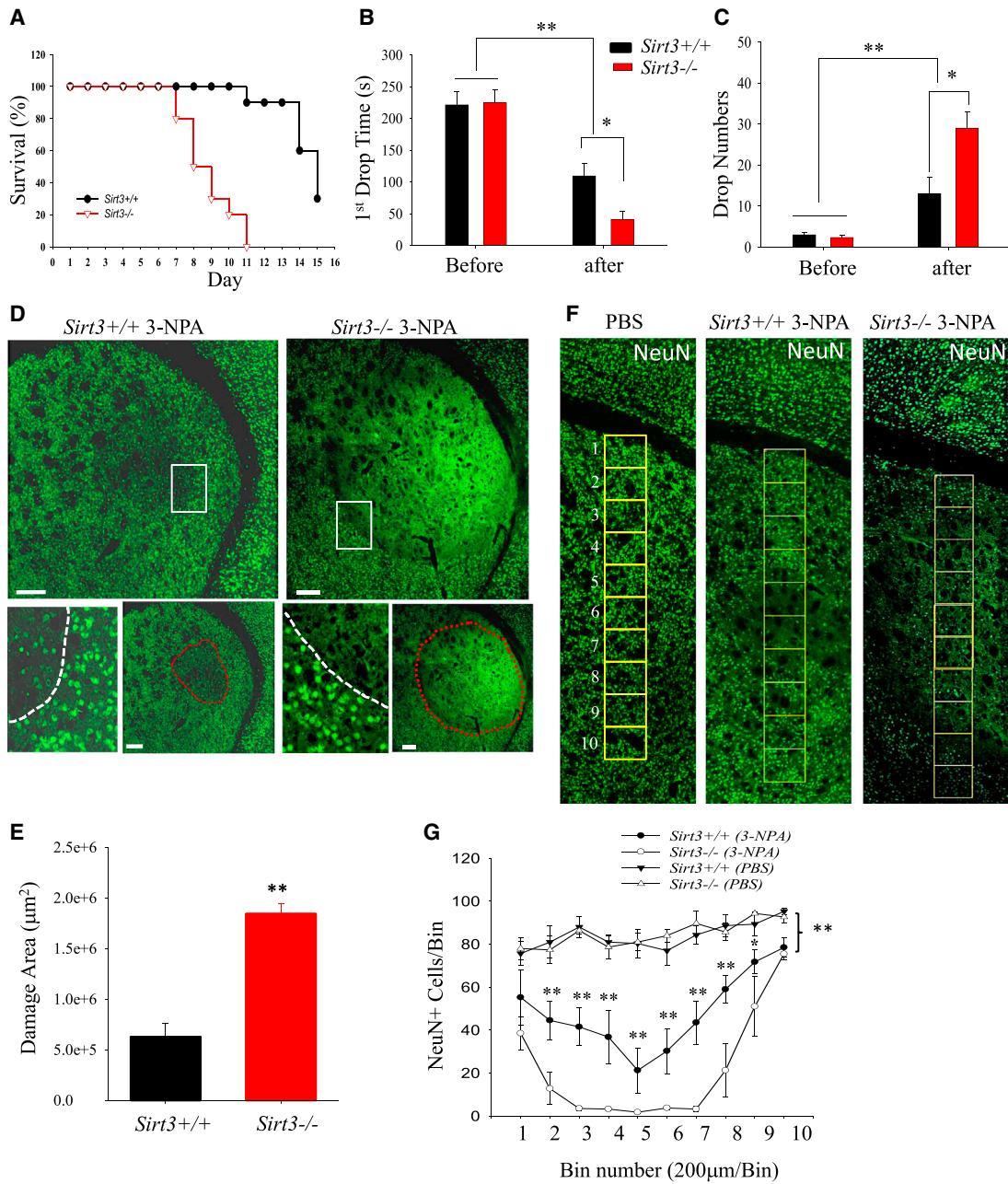


Figure 2. Striatal Neurons of Mice Lacking SIRT3 Exhibit Hypersensitivity to Degeneration in the 3-NPA Model of Huntington Disease

(A) Modified Kaplan-Meier survival curves for *Sirt3^{+/+}* and *Sirt3^{-/-}* mice. Mice (ten of each genotype) were given 3-NPA (30 mg/kg) once daily, and mortality was quantified as described in [Experimental Procedures](#).

(B and C) Results of rotarod testing. Before the initial 3-NPA injection, and after the seventh daily 3-NPA injection (30 mg/kg/day) motor performance was evaluated by measuring the latency to the first fall from the rotarod (B) and the total number of falls during a 300 s period (C). Values are mean \pm SEM (8–10 mice per group).

(D and F) Confocal images showing a cerebral hemisphere in a coronal brain section immunostained with NeuN (green) to label neuronal nuclei (after 7 days of 3-NPA injection). The lower images show the border (white dotted line) between the area of neuronal damage and the relatively undamaged area. In *Sirt3^{+/+}* mice, there were many NeuN⁺ cells in the area of cell loss compared to *Sirt3^{-/-}* mice that exhibited nearly complete neuronal loss. The area demarcated by the red dotted line indicates the damaged area in the same images of *Sirt3^{+/+}* and *Sirt3^{-/-}* mice, respectively, as shown in the corresponding upper panel. Bars, 200 μm .

(F) shows higher magnification confocal images of brain sections stained with NeuN with a vertical column of 200 \times 200 μm bins overlaid on the striatum.

(E) Graph showing values for area of striatal cell loss determined from analysis of brain sections from *Sirt3^{+/+}* and *Sirt3^{-/-}* mice (after 7 days of 3-NPA injection). Values are mean \pm SEM (n = 5 to 6 mice per group). **p < 0.01.

(G) The number of neurons (NeuN⁺ cells) were counted in bins of a vertical strip of each tissue section as showed in (F) that spanned the dorsal-ventral axis of the striatum. Control *Sirt3^{+/+}* and *Sirt3^{-/-}* mice were injected with PBS. Values are mean \pm SEM (n = 5 to 6 mice per group). *p < 0.05 and **p < 0.01 compared to *Sirt3^{+/+}* mice treated with 3-NPA.

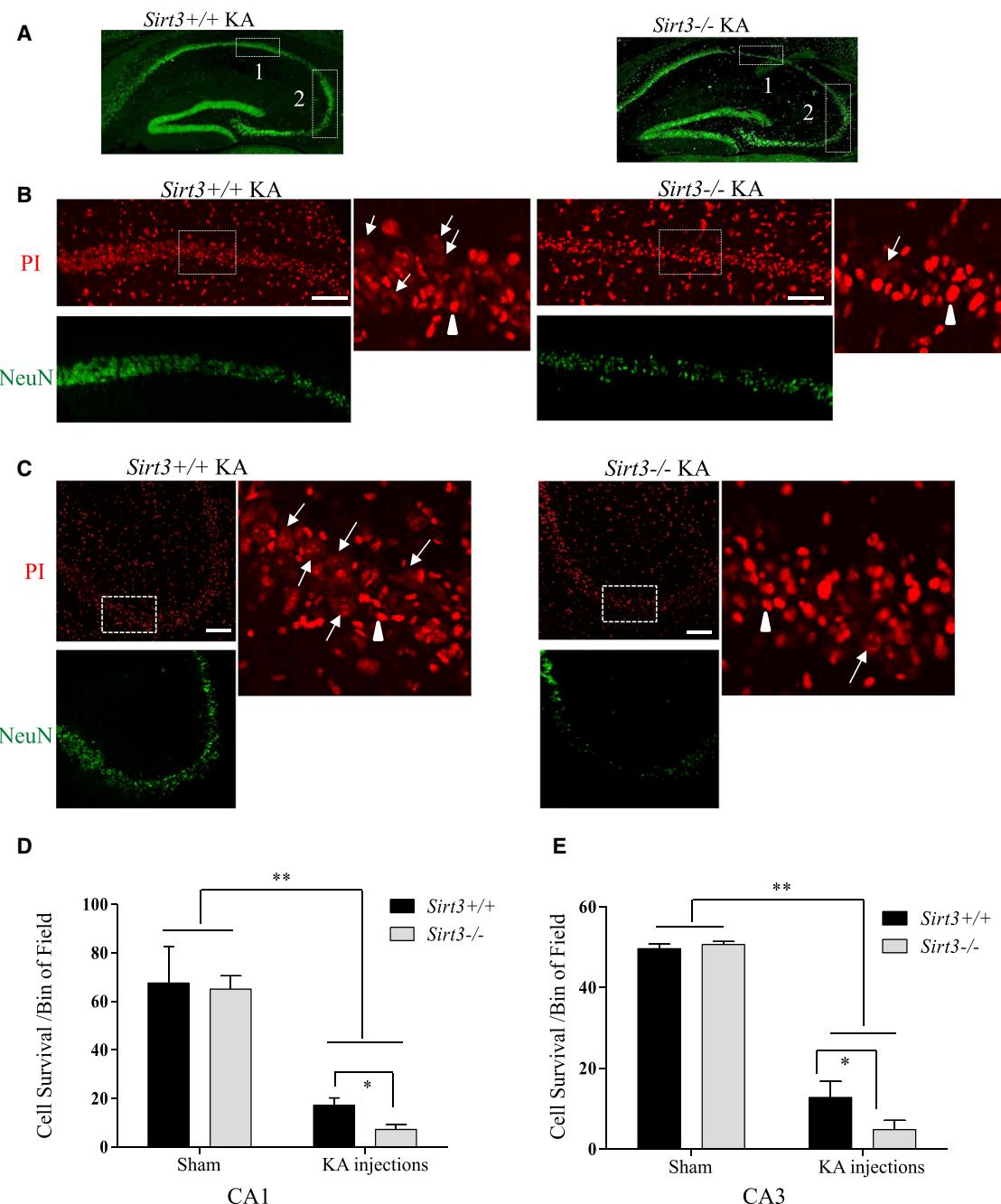


Figure 3. Hippocampal Neurons of SIRT3-Deficient Mice Exhibit Hypersensitivity to Seizure-Induced Degeneration

(A) Low-magnification images showing NeuN immunostaining in coronal sections of hippocampus of *Sirt3^{+/+}* and *Sirt3^{-/-}* mice that had been administered KA 7 days prior to euthanasia. Boxes 1 and 2 enclose pyramidal neurons in regions CA1 and CA3, respectively.

(B and C) Higher magnification confocal images showing NeuN immunostaining (green) and propidium iodide (PI) staining (red) in the CA1 (B) and CA3 (C) regions of the hippocampus of mice that had been administered KA 7 days previously. Arrows in the right panels point alive cells with evenly distributed and dimmer PI staining in contrast to the surrounding dead cells with condensed and bright PI staining of nuclei (arrow head).

(D and E) Results of quantitative analysis of the number of undamaged neurons in bin areas ($200 \mu\text{m} \times 50 \mu\text{m}$) of CA1 and CA3. Values are mean \pm SEM ($n = 5$ mice per group); analysis was performed on two sections anterior to and two sections posterior to the needle track. * $p < 0.05$ and ** $p < 0.01$.

CA3 neurons between *Sirt3^{+/+}* and *Sirt3^{-/-}* mice. The KA-induced loss of CA1 and CA3 neurons was quantified as described in the [Experimental Procedures](#). The extent of KA-induced loss of CA1 and CA3 neuron was significantly greater

in *Sirt3^{-/-}* mice compared to *Sirt3^{+/+}* mice in both CA1 and CA3 regions (Figure 3), indicating that SIRT3 deficiency increases the vulnerability of hippocampal neurons to excitatory stress *in vivo*.

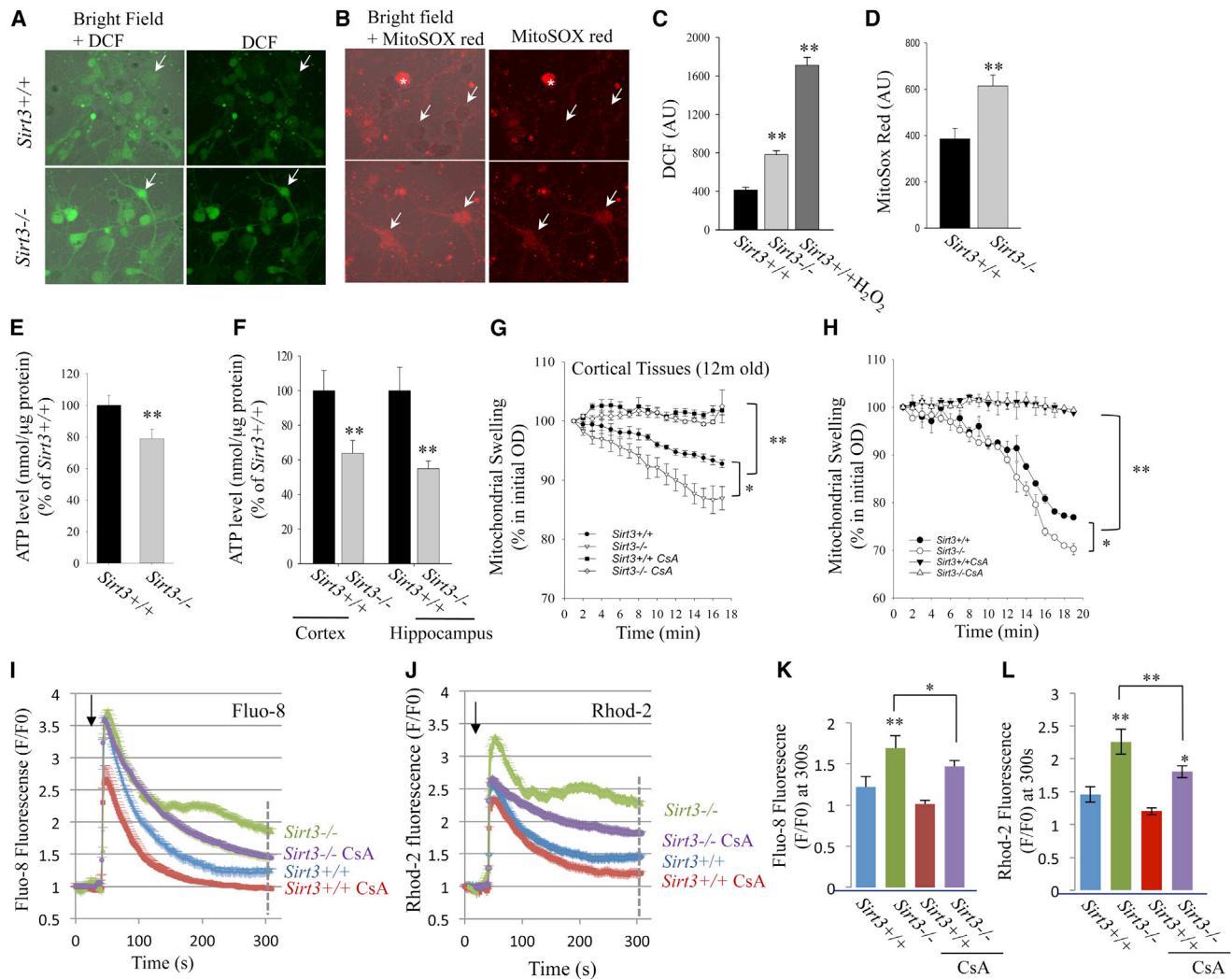


Figure 4. Evidence that SIRT3 Suppresses Mitochondrial Oxidative Stress, Sustains ATP Levels, Inhibits Mitochondrial Membrane Permeability Transition, and Improves Cellular Ca²⁺ Handling in Neurons

(A and B) Representative images of DCF fluorescence (A) and MitoSOX Red fluorescence (B) in primary *Sirt3*^{+/+} and *Sirt3*^{-/-} cortical neurons (8 days in culture). The left panels are merged phase-contrast and fluorescence images to enable visualization of neurons that exhibit very low levels of fluorescence.

(C and D) Results of measurements of DCF fluorescence (C) and MitoSOX Red fluorescence (D) intensities (arbitrary units, AU), expressed as a percentage of the values for *Sirt3*^{+/+} neurons. As a positive control for DCF measurement, *Sirt3*^{+/+} neurons were exposed to 100 μM H₂O₂. Values are the mean ± SEM (n = 5 mice). **p < 0.01 (Student's t test).

(E) ATP levels (normalized to cellular protein levels) in primary cultured *Sirt3*^{+/+} and *Sirt3*^{-/-} cortical neurons (8 days in culture). Values are mean ± SEM (n = 4 to 5 mice). (F) ATP levels (normalized to cellular protein levels) in cerebral cortex and hippocampus tissues from 10-month-old *Sirt3*^{+/+} and *Sirt3*^{-/-} mice. Values are mean ± SEM (n = 9–12 mice). **p < 0.01 (Student's t test).

(G and H) Mitochondrial swelling assays. Mitochondria were isolated from the cerebral cortex of adult (12-month-old) *Sirt3*^{+/+} and *Sirt3*^{-/-} mice (G) or primary cultured *Sirt3*^{+/+} and *Sirt3*^{-/-} neurons (H) and were then treated with vehicle or cyclosporin A (CsA; 2 μM) and then exposed to 800 μM CaCl₂, and the optical density (OD 450 nm) of the mitochondria was monitored. Values are mean ± SEM (separate mitochondrial preparations from 4 or 5 mice). *p < 0.05 and **p < 0.01.

(I and J) Cytosolic and mitochondrial Ca²⁺ concentrations were measured by imaging of the probes Fluo-8 and Rhod-2, respectively, prior to and during exposure of *Sirt3*^{+/+} and *Sirt3*^{-/-} cortical neurons to 5 μM glutamate ([C] and [D]) (n = 15–30 neurons for each trace) without or with 20 min pretreatment with 1 μM CsA. Arrowheads mark the time of glutamate stimulation. Values are mean ± SEM.

(K and L) Fluo-8 and Rhod-2 fluorescence (F/F₀ value) at 300 s after exposure to glutamate. Values are mean ± SEM. *p < 0.05 and **p < 0.01.

SIRT3 Suppresses Oxidative Stress, Sustains Bioenergetics, Stabilizes Mitochondrial Membranes, and Improves Neuronal Ca²⁺ Handling

We first determined whether neurons lacking SIRT3 exhibited increased oxidative stress. Relative levels of global cellular ROS and mitochondrial ROS (principally superoxide) were eval-

uated by imaging of 2,7-dichlorofluorescein diacetate (DCF) and MitoSOX Red fluorescence, respectively, in *Sirt3*^{-/-} and *Sirt3*^{+/+} cortical neurons. Levels of DCF and MitoSOX Red fluorescence were significantly greater in neurons lacking SIRT3 compared to wild-type neurons (Figures 4A–4D). Oxidative stress can compromise the ability of cells to generate ATP. We found that

cellular ATP levels were significantly lower in cultured *Sirt3*^{-/-} neurons compared to cultured *Sirt3*^{+/+} neurons (Figure 4E). Moreover, ATP levels were significantly lower in homogenates of cortical and hippocampal tissues of adult *Sirt3*^{-/-} mice compared to *Sirt3*^{+/+} mice (Figure 4F).

To further evaluate the roles of SIRT3 in mitochondrial function and stress resistance, we isolated mitochondria from cortical tissues of adult *Sirt3*^{-/-} and *Sirt3*^{+/+} mice, and from primary cultured embryonic cortical neurons from *Sirt3*^{-/-} and *Sirt3*^{+/+} mice. Because excessive glutamate receptor activation and impaired mitochondrial bioenergetics can render cells vulnerable to mitochondrial PTP opening and cell death, we exposed the isolated mitochondria to 800 μM Ca²⁺ and monitored light scattering using a well-established assay for mitochondrial swelling and PTP opening. Mitochondria isolated from cortical tissue or cultured cortical neurons of *Sirt3*^{-/-} mice and were significantly more prone to Ca²⁺-induced mitochondrial swelling compared to mitochondria from *Sirt3*^{+/+} mice (Figures 4G and 4H). The mitochondrial swelling was completely prevented by the PTP inhibitor cyclosporin A. Because PTP opening is critically sensitive to mitochondrial Ca²⁺ overload, we determined whether SIRT3 deficiency alters subcellular Ca²⁺ regulation following glutamate-induced Ca²⁺ influx. Cortical neurons from *Sirt3*^{-/-} and *Sirt3*^{+/+} mice were loaded with fluorescent probes that enable imaging of cytoplasmic free Ca²⁺ ([Ca²⁺]_i; Fluo-8) and intramitochondrial Ca²⁺ ([Ca²⁺]_m; Rhod 2). The neurons were then imaged prior to and during exposure to glutamate. When exposed to a low concentration of glutamate (5 μM), neurons from *Sirt3*^{+/+} mice exhibited a rapid rise of [Ca²⁺]_i and [Ca²⁺]_m, which both peaked within several seconds of glutamate application and then recovered toward baseline levels over the next 2 min (Figures 4I and 4J). In *Sirt3*^{-/-} neurons, the initial peak [Ca²⁺]_i and [Ca²⁺]_m responses to 5 μM glutamate were similar to the responses of *Sirt3*^{+/+} neurons; however, in contrast to *Sirt3*^{+/+} neurons, neurons lacking SIRT3 exhibited a subsequent sustained elevation of both [Ca²⁺]_i and [Ca²⁺]_m (Figures 4I and 4J). Pretreatment of neurons with 1 μM cyclosporin A (20 min) resulted in recovery of [Ca²⁺]_i in *Sirt3*^{-/-} neurons back to baseline levels within 5 min of exposure to 5 μM glutamate (Figures 4I and 4K). In *Sirt3*^{-/-} neurons, pretreatment with 1 μM cyclosporin A (20 min) significantly attenuated but did not completely prevent the delayed elevation of [Ca²⁺]_m measured at 5 min after exposure to 5 μM glutamate (Figures 4J and 4L). Collectively, the Ca²⁺ imaging data suggest that SIRT3 deficiency impairs subcellular Ca²⁺ regulation following glutamate-induced Ca²⁺ influx and that inhibition of the mPTP counteracts this adverse effect of SIRT3 deficiency on neuronal Ca²⁺ homeostasis.

SIRT3 Expression Is Increased in Neurons in Response to Mild Excitation and Running Wheel Exercise

Our data above (Figures 1, 2, 3, and 4) suggested that SIRT3 is important for the maintenance of mitochondrial functions by suppressing oxidative stress, sustaining bioenergetics, stabilizing mitochondrial membranes, and improving neuronal Ca²⁺ handling. Previous studies have shown that neurons can be protected against excitotoxic and metabolic stress by challenging them with low levels of excitatory and energetic stress (Mattson, 2008). To determine whether SIRT3 might play a role in such

adaptive responses of neurons to excitatory and metabolic challenges, we first exposed cultured wild-type neurons for 24 hr to increasing concentrations of glutamate, or the glutamate receptor subtype-specific agonists NMDA and KA, and then measured relative levels of SIRT3 by immunoblot analysis. In the case of each glutamate receptor agonist, neurons treated with a low concentration(s) exhibited elevated SIRT3 levels, whereas neurons treated with higher (excitotoxic) concentrations exhibited reduced SIRT3 levels (Figures 5A–5C). We next measured SIRT3 levels in cerebral cortical and hippocampal tissues from *Sirt3*^{+/+} mice that had been maintained for 30 days in cages without (sedentary) or with running wheels. Levels of SIRT3 protein and *Sirt3* mRNA were elevated by approximately 50% and 350%, respectively, in the cerebral cortex of runner mice compared to sedentary mice (Figures 5D and 5E). Levels of SIRT3 protein and *Sirt3* mRNA were each elevated by approximately 2-fold in the hippocampus of runner mice compared to sedentary mice (Figures 5F and 5G). Exercise did not significantly affect levels of the mitochondrial marker proteins voltage-dependent anion channel ([VDAC]; a porin ion channel protein located on the outer mitochondrial membrane) and cytochrome C oxidase subunit I (COXI) (Figure S2), suggesting that SIRT3 induction in runner mice was not the result of increased mitochondrial mass. Examination of SIRT3 immunoreactivity in brain sections from sedentary and running *Sirt3*^{+/+} mice revealed granular SIRT3 immunoreactivity in NeuN+ cells throughout the hippocampus, cerebral cortex, and other regions (Figure 5H). Lack of any SIRT3 immunostaining from *Sirt3*^{-/-} mice confirmed the specificity of SIRT3 immunostaining in *Sirt3*^{+/+} mice. Quantification of SIRT3 immunofluorescence intensity in hippocampal and cortical neurons demonstrated that SIRT3 levels were significantly increased in runner mice compared to sedentary mice.

Because we found that SIRT3 expression is increased in cultured neurons in response to low to moderate concentrations of glutamate and NMDA, and because exercise is known to increase glutamatergic neuronal network activity in many brain regions including the hippocampus (Nishijima et al., 2013), we asked whether excitatory glutamatergic synaptic activity was responsible for exercise-induced SIRT3 expression. To test this possibility, both sedentary and runner mice received intra-peritoneal injections of saline (control condition) or 0.5 mg/kg of the NMDA receptor antagonist MK801 once daily for 1 week. The SIRT3 level increased robustly in response to running in mice in the saline control group, whereas the effect of running on SIRT3 expression was largely abolished in MK801-treated mice (Figure 5I). These findings indicate that glutamatergic signaling mediates the upregulation of SIRT3 in response to wheel running.

SIRT3 Is Essential for Mitochondrial Protein Acetylation Homeostasis

Our immunoblot analysis of cortical tissue from adult animals using an acetyl-lysine antibody revealed numerous proteins that exhibited increased acetylation in *Sirt3*^{-/-} mice compared to *Sirt3*^{+/+} mice (Figures 6A–6C). Previous studies reported that SIRT3 (~28 kDa) is located in mitochondria of non-neuronal cells (Schwer et al., 2002). We found that, in samples from *Sirt3*^{+/+} mice, SIRT3 (~28 kDa) was localized exclusively to the

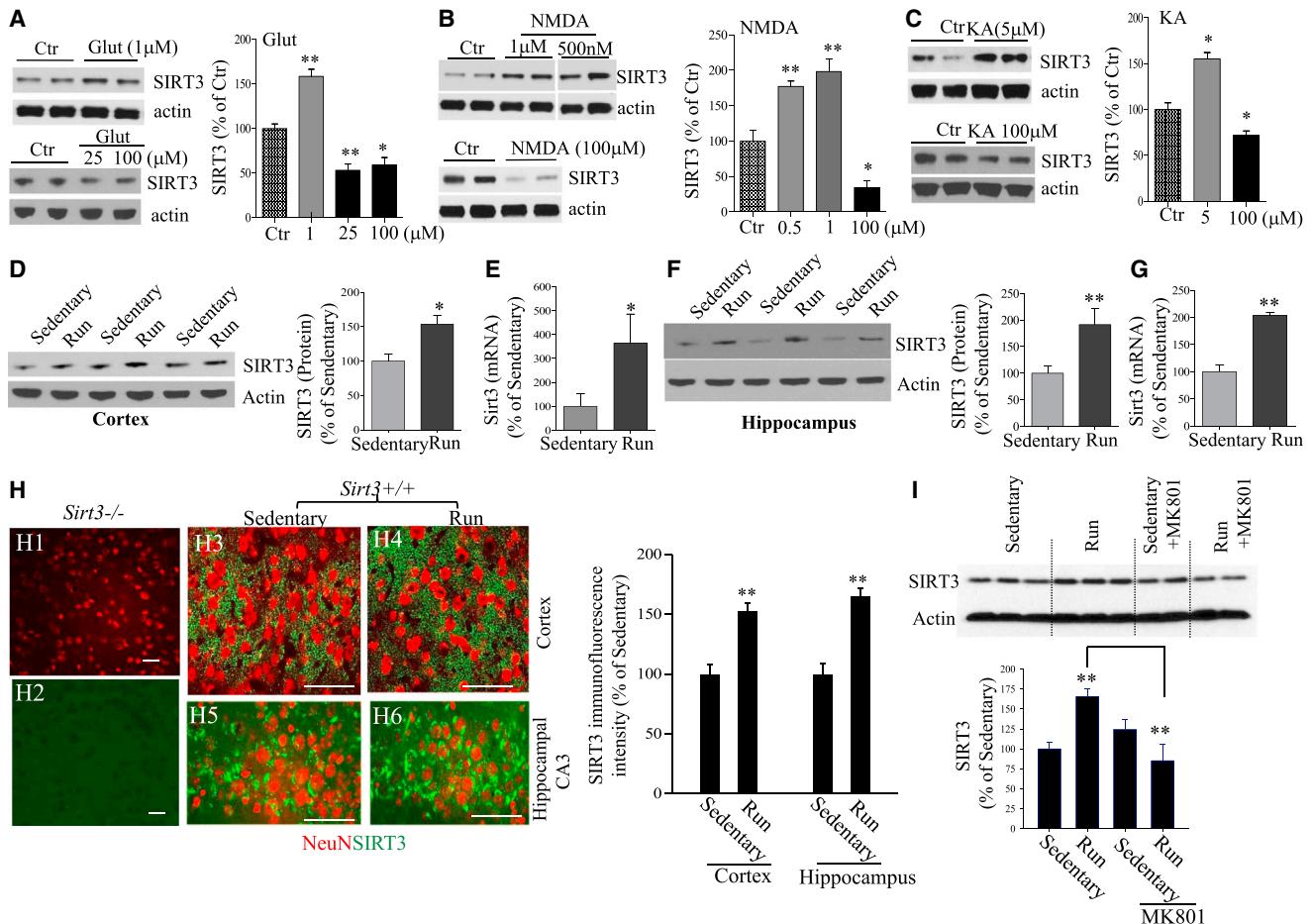


Figure 5. Low Levels of Glutamate Receptor Stimulation, and Voluntary Wheel Running, Induce SIRT3 Expression in Brain Cells

(A–C) Immunoblot analysis of SIRT3 protein levels in primary cortical neurons that had been exposed for 24 hr to vehicle (control) or the indicated concentrations of glutamate (Glut), KA, or NMDA. Each lane is a sample from an individual culture, and quantitative data include results of three separate experiments. Values were normalized to the actin level in the same sample, and values are expressed as percentage difference from the value for vehicle control cultures. * $p < 0.05$ and ** $p < 0.01$ (ANOVA with Student Newman–Keuls post hoc tests).

(D–G) Immunoblot analysis of SIRT3 protein levels ([D] and [F]) and qRT-PCR analysis of *Sirt3* mRNA levels ([E] and [G]) in cerebral cortical ([D] and [E]) and hippocampal ([F] and [G]) tissues of wild-type mice that were maintained for 1 month without (sedentary) or with running wheels in their cages. Values for SIRT3 protein and *Sirt3* mRNA were normalized to actin protein or mRNA, respectively. Values are expressed as a percentage of the average value for sedentary mice and are mean \pm SEM ($n = 6$ –8 mice). * $p < 0.05$ and ** $p < 0.01$ (Student's *t* test).

(H) Representative confocal images of double-label fluorescence staining of brain sections with a SIRT3 antibody (green) and NeuN (red) showing cerebral cortex of *Sirt3*^{−/−} (H1 and H2) and *Sirt3*^{+/+} (H3 and H4) mice and the hippocampal CA3 region (H5 and H6) in both sedentary and runner mice. Bar, 50 μ m. The results of SIRT3 immunofluorescence intensity quantification are shown in the graph. The mean value in areal bins in the cortex (100 \times 100 μ m) and hippocampal CA3 region (50 \times 100 μ m) are expressed as a percentage of the mean value for sedentary mice (mean \pm SEM; $n = 4$ mice). ** $p < 0.01$ (Student's *t* test).

(I) Immunoblot analysis of SIRT3 in samples of hippocampal tissues of *Sirt3*^{+/+} and *Sirt3*^{−/−} sedentary or running mice that received intraperitoneal injections of saline (control condition) or 0.5 mg/kg of the NMDA receptor antagonist MK801 once daily for 1 week. Sirt3 levels (densitometry analysis) (right panel) were normalized to actin protein levels and expressed as a percentage of the value for *Sirt3*^{+/+} sedentary mice. Values are mean \pm SEM ($n = 6$ mice). ** $p < 0.01$.

mitochondria and, as expected, no SIRT3 protein was detected in samples from the *Sirt3*^{−/−} mice, confirming the specificity of the antibody for endogenous SIRT3 protein (Figure S1). Indeed, whereas multiple proteins were hyperacetylated in the mitochondrial fraction of cortical tissue from *Sirt3*^{−/−} mice, protein acetylation was not different in cytosolic fractions of cortical tissues from *Sirt3*^{−/−} and *Sirt3*^{+/+} mice (Figure 6B). Densitometric analysis of all acetylated proteins detected by immunoblot analysis using an antibody against acetyllysine revealed that the total acetylation level in *Sirt3*^{−/−} hippocampal tissue was approximately 2.5-fold of that of *Sirt3*^{+/+} hippocampal tissue (Figure 6C).

Interestingly, the protein acetylation level in *Sirt3*^{+/+} runners appeared unchanged compared to that of *Sirt3*^{+/+} sedentary mice, whereas the acetylation level in *Sirt3*^{−/−} runners appeared greater than in sedentary *Sirt3*^{−/−} mice (Figure 6C). We next performed a total acetylation assay in the mitochondrial fractions isolated from the cerebral cortex of sedentary or runner (7 days of running) *Sirt3*^{+/+} and *Sirt3*^{−/−}. The acetylation level in the mitochondria of *Sirt3*^{+/+} runners was similar to that of sedentary *Sirt3*^{+/+} mice. In contrast, running resulted in a significant increase in the acetylation level in the mitochondrial fraction of *Sirt3*^{−/−} runners compared to sedentary *Sirt3*^{−/−} mice; the

NMDA receptor antagonist MK801 administration did not block this effect of running (Figures S3A and S3B).

We evaluated the acetylation status of SOD2 and cyclophilin D in hippocampal tissue from *Sirt3*^{-/-} and *Sirt3*^{+/+} mice. Whereas levels of total SOD2 and cyclophilin D proteins in brain tissues were unaffected by SIRT3 deficiency (Figure S4), both proteins were hyperacetylated in *Sirt3*^{-/-} mice compared to *Sirt3*^{+/+} mice (Figures 6D and 6E). Running did not affect the acetylation level of SOD2 in *Sirt3*^{+/+} mice but did result in a small significant increase in SOD2 acetylation in *Sirt3*^{-/-} mice. Collectively, these data suggested that SIRT3 is critical for mitochondrial protein acetylation homeostasis and mitochondrial stress resistance.

SIRT3 Plays Roles in Exercise-Induced Resistance of Neurons to Excitotoxicity

Sirt3^{+/+} and *Sirt3*^{-/-} mice were housed with or without running wheels for 30 days; the average distance run per day by the mice was 16.8 ± 5.4 km with no significant difference in running distance or time between *Sirt3*^{+/+} and *Sirt3*^{-/-} mice. On day 31, sedentary and runner *Sirt3*^{+/+} and *Sirt3*^{-/-} mice received an intra-hippocampal injection of KA, and additional cohorts of sedentary *Sirt3*^{+/+} and *Sirt3*^{-/-} mice were subjected to a sham operation. Seven days after KA administration, the mice were euthanized and their brains processed for analysis of neuronal survival in regions CA1 and CA3 of the hippocampus in brain sections stained with propidium iodide to label all cells and with a NeuN antibody to label neurons (Figure 7A). The results of cell counts revealed that significantly more neurons survived KA exposure in *Sirt3*^{+/+} runner mice compared to *Sirt3*^{+/+} sedentary mice (Figures 7B and 7C), indicating the running can protect CA1 and CA3 neurons against KA-induced cell death. Fewer neurons survived exposure to KA in *Sirt3*^{-/-} mice compared to *Sirt3*^{+/+} mice, consistent with data shown in Figure 3. However, running was ineffective in protecting hippocampal neurons in *Sirt3*^{-/-} mice against KA-induced death (Figures 7B and 7C).

As demonstrated above (Figures 5A–5C), neurons treated with high (excitotoxic) concentrations of glutamate receptor agonists exhibited reduced SIRT3 levels. In the KA-induced seizure model of temporal lobe epilepsy, we found that SIRT3 levels were significantly decreased within 24 hr of KA administration in *Sirt3*^{+/+} mice (Figure 7D). The reduction of SIRT3 levels was associated with a significant increase in mitochondrial protein acetylation levels in KA-injected mice compared with control mice (Figure 7D). Moreover, in the 3-NPA mouse model of Huntington's disease SIRT3 levels were significantly reduced and total mitochondrial protein acetylation level was significantly increased in 3-NPA-treated mice compared to control mice (Figure S3C). These data are consistent with the hypothesis that deacetylation of SIRT3 target proteins is neuroprotective. To test this hypothesis, primary cultured *Sirt3*^{+/+} and *Sirt3*^{-/-} neurons were infected with adeno-associated virus (AAV) to increase the levels of SIRT3 protein (Figure 7E), and then total protein acetylation levels in cell lysates were evaluated. When neurons were exposed to an optimal concentration of AAV, over 90% of the cells were infected as indicated by GFP fluorescence (Figure S5). Immunoblot analysis showed that 3 days after exposure to virus, neurons infected with AAV-GFP-*Sirt3* expressed approximately 1.5- to 2.5-fold higher amounts of SIRT3 protein compared to control neurons infected with AAV-GFP (Figures

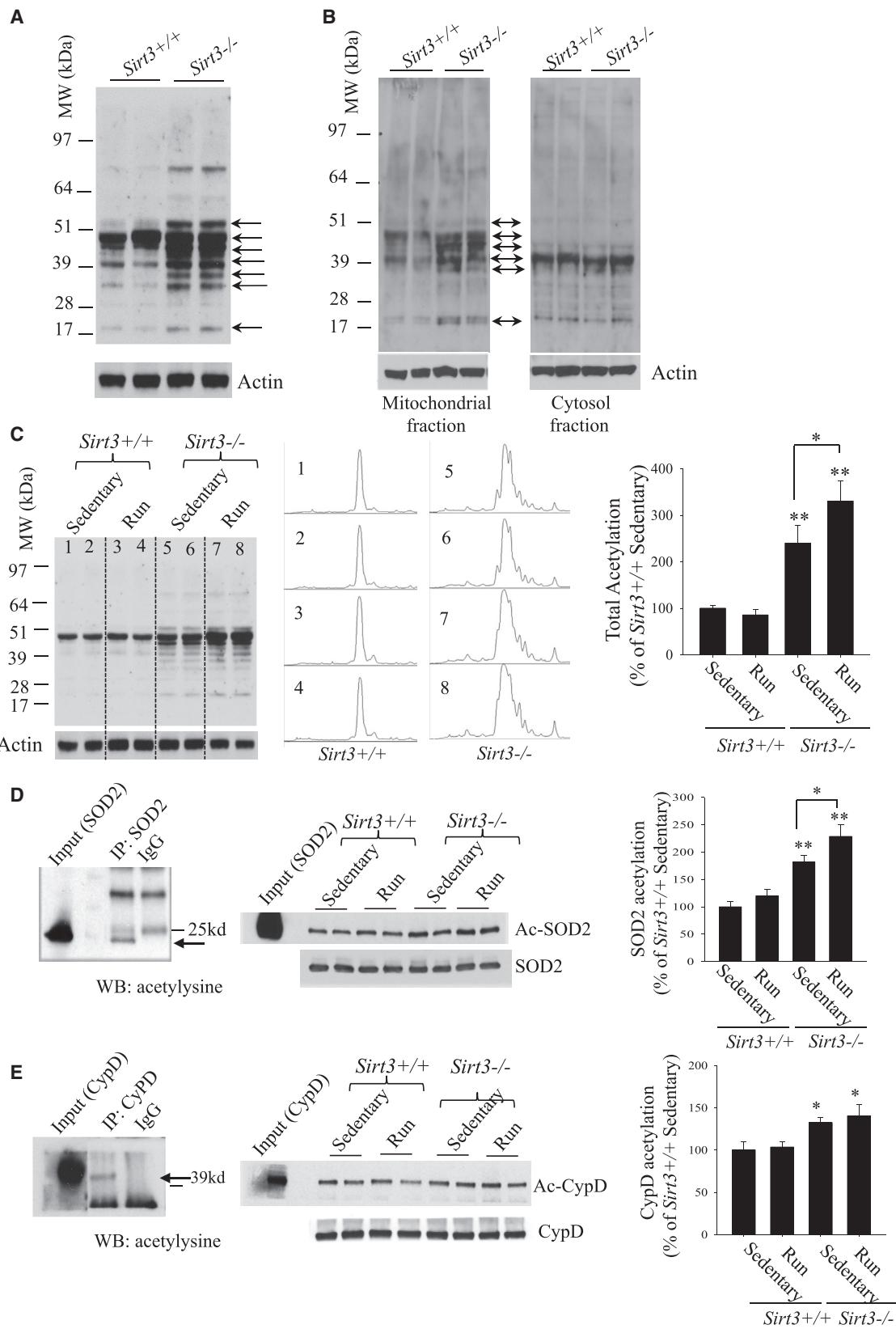
7E and S5). Examination of neurons in cultures exposed to AAV-GFP-*Sirt3* revealed that infected neurons exhibited robust SIRT3 immunoreactivity with a subcellular localization consistent with the expected localization in mitochondria, whereas uninfected neurons exhibited much weaker SIRT3 immunoreactivity (Figure S5). We next quantified neuronal cell death in cultured *Sirt3*^{+/+} and *Sirt3*^{-/-} neurons that had been infected with AAV-GFP or AAV-GFP-*Sirt3* and then 3 days later were exposed to neurotoxic concentrations of glutamate, KA, NMDA, or 3-NPA for 24 hr. *Sirt3*^{-/-} neurons were significantly more vulnerable than *Sirt3*^{+/+} neurons to glutamate, KA, NMDA, and 3-NPA. Overexpression of SIRT3 resulted in highly significant reductions in neuronal death induced by each glutamate receptor agonist and 3-NPA in both *Sirt3*^{+/+} and *Sirt3*^{-/-} neurons (Figures 7F and S6B).

Superoxide Removal and Cyclophilin D Inhibition Protect Neurons against Excitotoxicity

We next determined whether pharmacological agents known to reduce superoxide levels or inhibit cyclophilin D could protect *Sirt3*^{+/+} and/or *Sirt3*^{-/-} neurons against excitotoxicity. Similar to *Sirt3*^{-/-} mouse brain tissues, cultured embryonic cortical neurons from *Sirt3*^{-/-} mice exhibited hyperacetylation of multiple proteins including SOD2 and cyclophilin D compared to cultured cortical neurons from *Sirt3*^{+/+} mice (Figures 7E and S6A). Cortical neurons from *Sirt3*^{+/+} and *Sirt3*^{-/-} mice were preincubated with N-acetylcysteine ([NAC]; a glutathione precursor that principally reduces cytosolic ROS), the mitochondria-targeted superoxide scavenger MitoTEMPO, or the PTP inhibitor cyclosporin A, which acts by inhibiting cyclophilin D. The neurons were then exposed to neurotoxic concentrations of glutamate, KA, NMDA, or 3-NPA for 24 hr, and neuronal death was quantified. MitoTEMPO and cyclosporin A afforded significant protection of neurons against death induced by glutamate, KA, NMDA, and 3-NPA in both *Sirt3*^{+/+} and *Sirt3*^{-/-} neurons, indicating pivotal roles for mitochondrial superoxide and PTP opening in excitotoxicity and 3-NPA-induced cell death (Figures 7G–7I and S6B). NAC was moderately effective in protecting neurons against 3-NPA-induced cell death but was ineffective in protecting neurons against excitotoxicity. Interestingly, we did not observe additive effects of MitoTEMPO and cyclosporin A in protecting neurons against different stresses, indicating that oxidative stress and mPTP opening may be coupled events. In contrast to MitoTEMPO and cyclosporin A, NAC was not effective in protecting neurons against excitotoxicity or 3-NPA, although there was a non-significant trend toward protection against 3-NPA (Figures 7G–7I and S6B).

DISCUSSION

Our findings provide evidence that SIRT3 plays a critical role in mediating neuroprotective adaptive stress responses. We found that (a) both voluntary running and low levels of glutamate receptor activation induce *Sirt3* expression; (b) NMDA receptor activation mediates running wheel exercise-induced SIRT3 expression; (c) when challenged with metabolic or excitatory stress, neurons lacking SIRT3 exhibit a marked proclivity for dysregulation of mitochondrial function and increased vulnerability to death; (d) SIRT3 deficiency abolished the beneficial effects



(legend on next page)

of voluntary running in protecting hippocampal neurons in CA1 and CA3 region against KA-induced cell death; (e) overexpression of SIRT3 protects neurons from being killed by metabolic and excitatory stress; and (f) mechanistically, SIRT3 is essential for maintaining mitochondrial protein acetylation at low levels under physiological and mild stress conditions. SIRT3 deficiency or SIRT3 reduction under pathological conditions such as in the mouse models of temporal lobe epilepsy results in hyperacetylation of several mitochondrial proteins, including SOD2 and cyclophilin D. Therefore, by deacetylating mitochondrial proteins such as SOD2 and cyclophilin D, SIRT3 protects neurons against metabolic and oxidative stresses by reducing mitochondrial superoxide levels, stabilizing cellular and mitochondrial Ca^{2+} homeostasis, and inhibiting mitochondrial membrane PTP formation to prevent apoptosis.

Our findings suggest that SIRT3 plays important roles in bolstering mitochondrial health, in part by deacetylating SOD2 and cyclophilin D. By deacetylating and thereby activating SOD2, SIRT3 prevents excessive mitochondrial oxidative stress and its potentially damaging sequelae. Second, by deacetylating and inhibiting cyclophilin D, SIRT3 prevents PTP formation, sustains mitochondrial membrane potential, and maintains ATP production. Considerable evidence suggests that SOD2 is a direct SIRT3 target (Qiu et al., 2010; Tao et al., 2010, 2014) and that SOD2 is a major guardian of mitochondria in neurons. Indeed, mice with reduced SOD2 levels exhibit features of accelerated aging, neurodegeneration, and increased vulnerability to excitotoxicity (Paul et al., 2007; Li et al., 1998), whereas cultured neuronal cells overexpressing SOD2 are resistant to apoptosis induced by amyloid β -peptide and oxidative stress, and cortical neurons in mice overexpressing SOD2 exhibit increased resistance to a focal ischemic stroke (Keller et al., 1998). We found that neurons lacking SIRT3 exhibit hyperacetylation of SOD2 and CypD, and those neurons exhibit increased vulnerability to being killed by excitotoxic, oxidative, and metabolic stresses. Conversely, SIRT3 overexpression protected neurons against excitotoxicity. When subjected to excitatory challenges, neurons lacking SIRT3 exhibited elevated levels of mitochondrial ROS, excessive Ca^{2+} accumulation in mitochondria and the cytosol, and cell death that was significantly attenuated when PTP opening was inhibited with cyclosporin A or superoxide scavenged by mito-TEMPO, a mitochondrially targeted antioxidant. Whereas mito-TEMPO was effective in protecting against both excitotoxicity and 3-NPA, NAC, which acts by increasing global cellular glutathione levels, was ineffective. Our findings are therefore

consistent with suppression of mitochondrial ROS accumulation being a key mechanism by which SIRT3 protects neurons against excitotoxicity and 3-NPA.

Comparisons of the mitochondrial “protein acetylomes” of cultured cell lines in which *Sirt3* has been knocked down (Sol et al., 2012) and of liver cells from *Sirt3* knockout mice (Hebert et al., 2013) have revealed putative SIRT3 targets including proteins involved in branched chain amino acid catabolism, ketone body synthesis, the citric acid cycle, oxidative phosphorylation, antioxidant responses, and mitochondrial biogenesis (Choudhary et al., 2014; Lombard et al., 2007). Our immunoblot analysis of SIRT3-deficient cortical tissue or cultured neurons revealed numerous mitochondrial proteins in a hyperacetylated state. Mitochondrial proteins that were previously shown to be affected by SIRT3-mediated deacetylation include the complex I protein NDUFA9 (Ahn et al., 2008), complex V/ATP synthase (Rahman et al., 2014), the DNA repair enzyme OGG1 (Cheng et al., 2013), and isocitrate dehydrogenase 2 (Yu et al., 2012). Together with SOD2 and cyclophilin D, SIRT3-mediated deacetylation of some of these other proteins may also play roles in adaptive cellular stress responses. In addition, studies of non-neuronal cells suggest that SIRT3 can promote mitochondrial biogenesis (Kong et al., 2010). It is therefore becoming evident that SIRT3 serves as a key regulator of adaptive cellular responses to bioenergetic challenges such as those neurons experience in response to electrical/synaptic activity and vigorous exercise, as demonstrated in the present study. We found that levels of ATP were significantly lower in the hippocampus and cerebral cortex of *Sirt3*^{-/-} mice compared to wild-type mice. Because neurons have high energy requirements to support ongoing synaptic activity, it is possible that there are functional deficits resulting from SIRT3 deficiency. SIRT3 deficiency rendered hippocampal and striatal neurons vulnerable to pathological levels of excitotoxic and metabolic stress that are known to cause neuronal ATP depletion. Whether reduced ATP levels in SIRT3-deficient mice also compromise synaptic function under conditions of physiological challenges remains to be determined.

We found that in the KA-induced seizure model of temporal lobe epilepsy, SIRT3 levels were significantly reduced and acetylation of mitochondrial proteins was increased within 24 hr of seizure induction. Similarly, in the 3-NPA mouse model of Huntington’s disease, SIRT3 levels were decreased and mitochondrial protein acetylation levels were increased in brain cells, and SIRT3 deficiency rendered striatal neurons vulnerable to

Figure 6. Evidence that SIRT3 Regulates Neural Cell Mitochondrial Protein Acetylation Homeostasis

- (A) Immunoblot analysis of acetylated proteins, detected using an acetyl-lysine antibody, in samples of cortical tissue of adult (10 months old) *Sirt3*^{+/+} and *Sirt3*^{-/-} mice.
- (B) Immunoblot analysis of protein acetylation in mitochondrial and cytosolic fractions of cerebral cortex tissue from 10-month-old *Sirt3*^{+/+} and *Sirt3*^{-/-} mice.
- (C) Immunoblot analysis of acetylated proteins, detected using an acetyl-lysine antibody, in samples of hippocampal tissues of *Sirt3*^{+/+} and *Sirt3*^{-/-} sedentary and runner mice. Actin was used as a loading control. The middle panel shows the densitometry curves for the eight lanes of the blot in the left panel for the entire span of immunoreactive bands. Total protein acetylation levels (densitometry analysis) (right panel) were normalized to actin protein levels and expressed as a percentage of the value for *Sirt3*^{+/+} sedentary mice. Values are mean \pm SEM ($n = 6$ mice). * $p < 0.05$ and ** $p < 0.01$.
- (D and E) Proteins in lysates of hippocampal tissues from sedentary and runner *Sirt3*^{+/+} and *Sirt3*^{-/-} mice were immunoprecipitated with SOD2 or cyclophilin D (CypD) antibodies or normal rabbit IgG (IgG) as negative control, respectively, and subjected to immunoblotting with antibodies to acetyl-lysine (Ac-SOD2 and Ac-CypD). The blots were reprobed with SOD2 and CypD antibodies to control for protein loading. Input means direct immunoblotting of tissue lysate using antibody against SOD2 (D) or CyPD (E) as positive controls. Arrows show the specific acetylated SOD2 (ac-SOD2) and CypD (ac-CypD) bands. Acetylated SOD2 (D) or CypD (E) levels (densitometry analysis) (right panel) are expressed as percentage of the value for sedentary *Sirt3*^{+/+} mice. Values are mean \pm SEM ($n = 6$ mice). * $p < 0.05$ and ** $p < 0.01$.

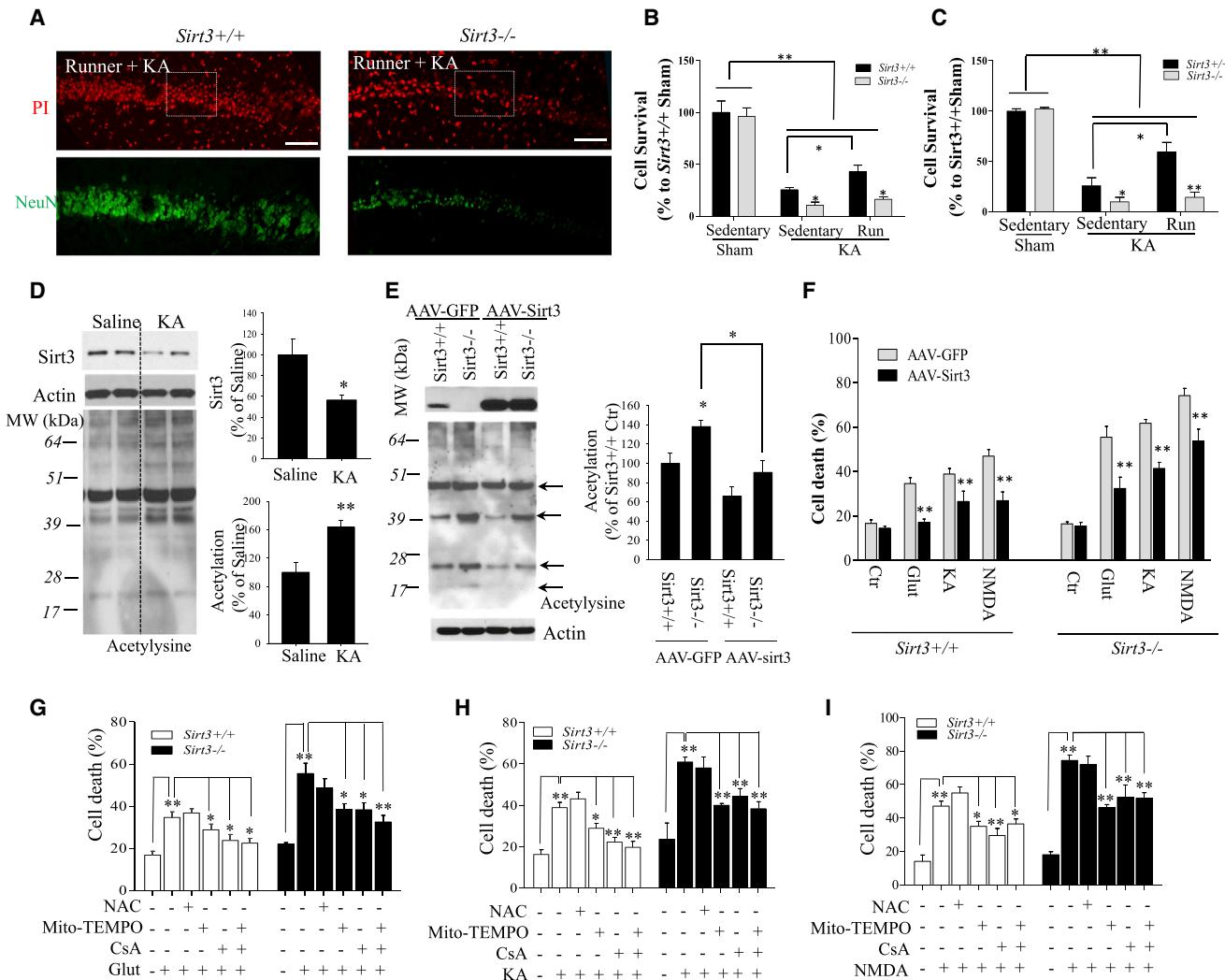


Figure 7. SIRT3 Deficiency Abolishes the Excitoprotective Effect of Running, and Neuronal Vulnerability to Excitotoxicity Can Be Ameliorated by Sirt3 Gene Therapy, a Mitochondria-Targeted Superoxide Scavenger, and a PTP Inhibitor

(A) Representative confocal images showing NeuN immunostaining (green) and propidium iodide staining (PI; red) in the CA1 region of the hippocampus of Sirt3^{+/+} and Sirt3^{-/-} mice that had been running for 30 days prior to, and for 7 days after, administration of KA.

(B and C) Results of counts of undamaged neurons remaining in regions CA1 (B) and CA3 (C) of Sirt3^{+/+} and Sirt3^{-/-} mice that had been maintained for 30 days without (sedentary) or with running wheels in their cages prior to intra-hippocampal infusion of KA, or sham surgery. Values are mean \pm SEM ($n = 5$ mice per group). * $p < 0.05$; ** $p < 0.01$.

(D) Immunoblot of SIRT3 and acetyllysine in the hippocampal tissues from Sirt3^{+/+} mice after 24 hr saline or KA stereotaxic injections. Actin was used as a loading control.

(E) Immunoblot analysis of SIRT3 protein levels and protein acetylation levels in wild-type cortical neurons 72 hr after infection with AAV-GFP or AAV-Sirt3-IRES-GFP. The SIRT3 protein level and total acetylated protein levels (densitometric analysis) (graphs in [D] and [E]) are normalized to actin protein levels and expressed as percentage of the value for Sirt3^{+/+} mice. Values are mean \pm SEM ($n = 4$ mice). * $p < 0.05$; ** $p < 0.01$.

(F) Results of quantitative analysis of cell death in cultures of Sirt3^{+/+} and Sirt3^{-/-} cortical neurons that had been infected with AAV-GFP or AAV-Sirt3-IRES-GFP for 3 days and then exposed for 24 hr to glutamate, KA, or NMDA (200 μ M each). Cell death was quantified as described in the Figure 1 legend.

(G–I) Sirt3^{+/+} and Sirt3^{-/-} cortical neurons were pretreated with the indicated agents and then exposed to 200 μ M glutamate (G), KA (H) or NMDA (I) for 24 hr. Cell death was quantified as described in the Figure 1 legend. NAC, N-acetyl-L-cysteine (1 mM); mitoTEMPO, a mitochondrial superoxide scavenger (1 μ M); CsA, the mitochondrial PTP inhibitor cyclosporin A (1 μ M). Values are mean \pm SEM (separate cultures from four or five mice; six images per culture were analyzed). * $p < 0.05$ and ** $p < 0.01$.

3-NPA-induced death. We found that in primary cultured neurons and in brain cells in vivo SIRT3 deficiency caused mitochondrial protein hyperacetylations, which could be restored back to physiological levels by overexpression of SIRT3. These findings suggest that SIRT3-mediated deacetylation of SOD2 and cyclo-

philin D functions as a defense mechanism against excessive oxidative, excitotoxic, and metabolic stress. Consistent with a role for SIRT3 in counteracting neurodegeneration in Huntington's disease, it was recently reported that a phenolic compound increases SIRT3 levels and protects cultured neuroblastoma

cells against the toxicity of mutant huntingtin protein (Fu et al., 2012).

Environmental factors and cellular signaling pathways that regulate the expression of SIRT3 in neurons are poorly understood. However, data from studies of skeletal muscle cells suggest roles for SIRT3 in adaptive responses to energetic challenges. As evidence, treadmill running increases SIRT3 expression in soleus and plantaris muscles in rats (Hokari et al., 2010), and transgenic mice that overexpress SIRT3 in skeletal muscle exhibit improved treadmill running performance and a higher percentage of slow oxidative muscle fibers (Lin et al., 2014). Moreover, aerobic exercise training results in an increase in SIRT3 expression in skeletal muscle in overweight human adolescents (Vargas-Ortiz et al., 2015). As with SIRT1, SIRT3 is an NAD⁺-dependent enzyme, it is likely that energy states that elevate NAD⁺ levels increase SIRT3 activity. It is therefore likely that, because of their differential subcellular locations, SIRT1 and SIRT3 coordinate inter-organellar responses to energetic challenges. We found that activation of glutamate receptors and running wheel exercise increased the levels of SIRT3 in neurons, consistent with roles for SIRT3 in activity-dependent neuroplasticity and neuroprotection. Previous studies have shown that physiological levels of synaptic glutamate receptor activation can stimulate neurotrophic factor production, upregulate DNA repair, bolster neuronal bioenergetics, and increase the resistance of neurons to oxidative and excitotoxic stress (Mattson, 2012). Our cell culture and *in vivo* data suggest that glutamate receptor activation is sufficient to induce SIRT3 expression and is necessary for upregulation of SIRT3 expression in hippocampal neurons *in vivo* in response to running wheel exercise. Our findings further demonstrate pivotal roles for SIRT3 in suppressing mitochondrial oxidative stress, sustaining neuronal bioenergetics, and Ca²⁺ handling. The latter actions of SIRT3 may explain our finding that SIRT3 deficiency negates the neuroprotective effects of running in the KA seizure model. Therefore, upregulation of the mitochondrial enzyme SIRT3 may be an important mechanism whereby bioenergetic challenges such as exercise and dietary energy restriction bolster brain health.

EXPERIMENTAL PROCEDURES

Mice and Primary Neuronal Cultures

All animal procedures were approved by the Animal Care and Use Committee of the National Institute on Aging Intramural Research Program. Breeding pairs of SIRT3-deficient mice were a generous gift from David Gius (then at the National Cancer Institute and now at Northwestern University). Methods for genotyping can be found in the *Supplemental Experimental Procedures* and Figures S1A and S1B. For some experiments, 6 month-old *Sirt3*^{-/-} and *Sirt3*^{+/+} mice were housed individually with or without access to a running wheel. Primary embryonic cortical neurons were prepared from E15 mice (see *Supplemental Experimental Procedures*).

Mouse Models of Huntington's Disease and Epileptic Seizures

Methods for the 3-NPA model of HD and the KA-induced seizure model of temporal lobe epilepsy have been described previously (Bruce-Keller et al., 1999) and are detailed in the *Supplemental Experimental Procedures*. For the HD model, motor performance was evaluated using the ENV-577M Rotarod system (Med Associates) as detailed in the *Supplemental Experimental Procedures*.

Immunohistochemistry and Quantification of Neuronal Damage

Methods for brain fixation and sectioning and for immunostaining of sections are detailed in the *Supplemental Experimental Procedures*. For the 3-NPA

model, two methods were used to evaluate neuronal loss in coronal sections stained with propidium iodide and NeuN antibody as described in the *Supplemental Experimental Procedures*. For the KA model, undamaged cells (cells in which the propidium iodide was distributed uniformly in the nucleus, compared to damaged cells with condensed nuclear DNA) in hippocampal regions CA1 and CA3 were quantified as described in the *Supplemental Experimental Procedures*.

Immunoblot Analysis and Immunoprecipitation

Immunoblot analysis was performed using 4%–10% SDS gradient PAGE followed by standard blotting procedure as described previously (Cheng et al., 2012) and detailed in the *Supplemental Experimental Procedures*.

For immunoprecipitation analysis, tissues or cultured neurons were solubilized, and protein extracts (500 µg) were used for immunoprecipitation with antibodies against SOD2 or cyclophilin D as detailed in the *Supplemental Experimental Procedures*.

Quantitative Reverse Transcriptase PCR Amplification

Total RNAs from mouse cortical or hippocampal tissues were extracted and purified using a RNeasy mini kit (QIAGEN) and analyzed by qRT-PCR as detailed in the *Supplemental Experimental Procedures*.

Measurement of Cellular ROS and Ca²⁺ Levels, and Neuronal Survival

The fluorescent ROS indicator 5-(and-6)-carboxy-2'7'-dichlorodihydrofluorescein diacetate (DCF) was used for measuring intracellular accumulation of ROS, and the mitochondrial superoxide indicator MitoSox Red was used for measuring mitochondrial superoxide levels. Fluo-8 AM was used to measure the cytosolic Ca²⁺ concentration, and Rhod-2 AM was used to measure the mitochondrial Ca²⁺ concentration. Neuronal survival was evaluated by staining cells with DNA-binding dye Hoechst 33342 and determining the percentage of live and dead cells based on nuclear morphology. Details of methods in this section can be found in the *Supplemental Experimental Procedures*.

Mitochondrial Isolation, Mitochondrial Swelling, and ATP Assays

Cortical tissues or cultured neurons were homogenized in a mitochondria isolation buffer, and mitochondria were isolated by multiple centrifugation steps as detailed in the *Supplemental Experimental Procedures*. Mitochondrial swelling was triggered by the addition of CaCl₂ (final concentration of 800 µM) to isolated mitochondria in the presence or absence of 1 µM cyclosporin A. Mitochondrial swelling was monitored by the decrease in light-scattering at 540 nm in a Perkin Elmer spectrophotometer (HTS 7000 plus) for 20 min. Brain tissue and primary cultured neurons were lysed and ATP measurements made using a commercially available kit (Promega) as detailed in the *Supplemental Experimental Procedures*.

Adeno-Associated Virus (AAV) Construction and Packaging

Details of the methods for cloning of *Sirt3* cDNA into an AAV-GFP vector, and for generation of virus in HEK293 cells, can be found in the *Supplemental Experimental Procedures*.

Statistical Analyses

Statistical analyses were performed by one-way ANOVA or t test using GraphPad Prism (GraphPad). Student Newman-Keuls post hoc tests were applied to detect statistical differences between groups. Data are expressed as mean ± SEM.

SUPPLEMENTAL INFORMATION

Supplemental Information includes six figures and Supplemental Experimental Procedures and can be found with this article online at <http://dx.doi.org/10.1016/j.cmet.2015.10.013>.

AUTHOR CONTRIBUTIONS

A.C., Y.Y., and M.P.M. designed the experiments; A.C., Y.Y., Y.Z., C.M., D.L., W.P., Y.L., R.W., K.M., and M.M. performed the experiments. A.C., Y.Y., and Y.Z. analyzed the data. A.C., Y.Y., V.A.B., and M.P.M. wrote the manuscript.

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