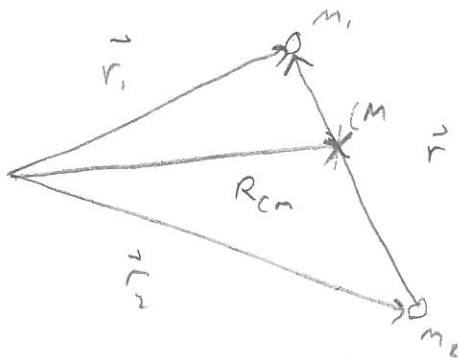


Chapter 8

Central Force Motion

Reduced Mass \rightarrow 2 body to 1 body



$$\vec{r}_2 + \vec{r} = \vec{r}_1 \quad \vec{r}_2 = \vec{r}_1 - \vec{r}$$

$$\vec{r} = \vec{r}_1 - \vec{r}_2$$

$$|\vec{r}| = |\vec{r}_1 - \vec{r}_2|$$

$$L = \frac{1}{2} m_1 |\dot{\vec{r}}_1|^2 + \frac{1}{2} m_2 |\dot{\vec{r}}_2|^2 - U(r)$$

$$\text{Let } \vec{R}_{cm} = 0$$

$$\text{Then } \frac{m_1 \vec{r}_1 + m_2 \vec{r}_2}{m_1 + m_2} = 0 \quad \text{or } m_1 \vec{r}_1 + m_2 \vec{r}_2 = 0$$

Essentially we shift our origin

$$\text{Then } m_1 \vec{r}_1 + m_2 \vec{r}_2 = 0 = m_1 (\vec{r}_2 + \vec{r}) + m_2 \vec{r}_2 = 0$$

$$\text{or } (m_1 + m_2) \vec{r}_2 = -m_1 \vec{r}$$

$$\vec{r}_2 = -\frac{m_1}{(m_1 + m_2)} \vec{r}$$

$$\text{and } m_1 \vec{r}_1 + m_2 (\vec{r}_1 - \vec{r}) = 0 \quad (m_1 + m_2) \vec{r}_1 = m_2 \vec{r}$$

$$\vec{r}_1 = \frac{m_2}{m_1 + m_2} \vec{r}$$

If $m_2 = m_1$

$$\vec{r}_1 = \frac{m_2}{m_1 + m_2} \vec{r} = \frac{1}{2} \vec{r} \quad \vec{r}_2 = -\frac{1}{2} \vec{r}$$

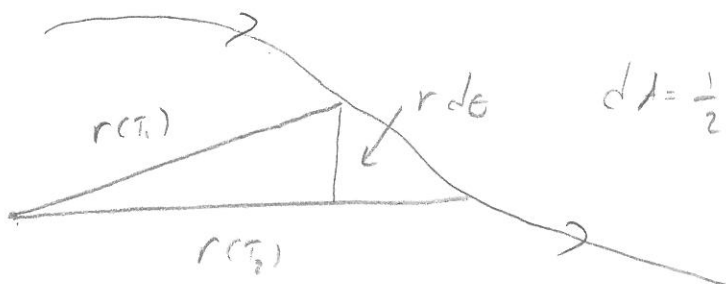
orbit



$$L = \frac{1}{2} \mu (\dot{r}^2 + r^2 \dot{\theta}^2) - u(r)$$

$$\dot{P}_\theta = \frac{\partial L}{\partial \theta} = 0 \rightarrow \frac{d}{dt} \frac{\partial L}{\partial \dot{\theta}} = 0 \quad \text{angular momentum is conserved}$$

$$P_\theta = \text{constant} = \frac{\partial L}{\partial \dot{\theta}} = \mu r^2 \dot{\theta} = |L|$$



$$dA = \frac{1}{2} r^2 d\theta$$

$$\frac{dA}{dt} = \frac{1}{2} r^2 \dot{\theta}$$

$$\vec{r}_1 = \frac{m_2}{m_1 + m_2} \vec{r} \quad \text{and} \quad \vec{r}_2 = \frac{-m_1}{m_1 + m_2} \vec{r}$$

gives $L = \frac{1}{2} \mu [\dot{r}]^2 - U(r)$

where $\mu = \frac{m_1 m_2}{m_1 + m_2}$

Solve $r(t)$ get $\vec{r}_1(t)$ and $\vec{r}_2(t)$ For the price of one

What if $m_1 \gg m_2$

$$\mu = \frac{m_1 m_2}{m_1 + m_2} = \frac{m_2}{1 + \frac{m_2}{m_1}} \approx m_2$$

$$\vec{r}_1 = \frac{m_2}{\frac{m_1}{m_1} + \frac{m_2}{m_1}} \vec{r} = 0 \quad \vec{r}_2 = -\frac{m_1}{\frac{m_1}{m_1} + \frac{m_2}{m_1}} \vec{r} \approx -\vec{r}$$

So $|\vec{r}|$ essentially $|\vec{r}_2|$

Orbit



$$\frac{1}{2} r^2 \dot{\theta} = \frac{|L|}{2m} = \text{constant}$$

Kepler's Second Law

$$\frac{dA}{dt} = \frac{|L|}{2m} = \text{Equal Areas in Equal Times}$$

Now $E = T + U$

$$E = \frac{1}{2} m (\dot{r}^2 + r^2 \dot{\theta}^2) + U(r)$$

$$E = \frac{1}{2} m \dot{r}^2 + \frac{1}{2} \frac{|L|^2}{mr^2} + U(r)$$

Motion?

Motion

$$\rightarrow E = \frac{1}{2} m \dot{r}^2 + \frac{1}{2} \frac{L^2}{mr^2} + U(r)$$

Trick

$$d\theta = \frac{d\theta}{dt} \frac{dt}{dr} dr = \frac{\dot{\theta}}{\dot{r}} dr$$

$$\text{but } \dot{\theta} = \frac{L}{mr^2}$$

$$\text{So } \frac{\dot{\theta}}{\dot{r}} dr = \frac{L}{mr^2} \cdot \frac{dr}{\dot{r}} = d\theta$$

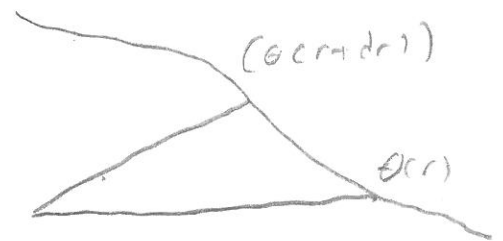
$$\pm \left(\frac{2(E-U) - \frac{L^2}{mr^2}}{m} \right)^{1/2} = \frac{dr}{dt} = \dot{r}$$

$$\pm \frac{L}{mr^2} \cdot \left(\frac{2(E-U)}{m} - \frac{L^2}{mr^2} \right)^{-1/2} dr = d\theta$$

$$\pm \frac{L}{mr^2} \cdot \frac{1}{\sqrt{\frac{2(E-U)}{m} - \frac{L^2}{mr^2}}} dr = d\theta$$

$$\pm \frac{L}{r^2} \cdot \frac{1}{\sqrt{2m(E-U) - \frac{L^2}{r^2}}} dr = d\theta$$

$$\pm \left(\frac{L/r^2 dr}{\sqrt{2m[E-U - \frac{L^2}{2mr^2}]}} \right) = d\theta$$



$$\Theta(r) = \left(\frac{\pm (e/r^2) dr}{\sqrt{2m(E - U - \frac{e^2}{2mr^2})}} \right)$$

$\dot{\Theta} \propto L \leftarrow \begin{matrix} \text{constant} \\ \text{same} \end{matrix} \right.$ so $\Theta \uparrow$ or \downarrow only

Only analytic for $F(r) \propto r^n$ when $n=1, -2, -3$ HW?

(can also do via Lagrangian \rightarrow

$$L = \frac{1}{2} m (\dot{r}^2 + r^2 \dot{\Theta}^2) - U(r)$$

$$\frac{\partial L}{\partial r} - \frac{d}{dt} \frac{\partial L}{\partial \dot{r}} = 0 \quad \frac{d}{dt} \frac{\partial L}{\partial \dot{r}} = m r'' \quad \frac{\partial L}{\partial r} = m r \dot{\Theta}^2 - \frac{\partial U}{\partial r}$$

$$m r' - m r \dot{\Theta}^2 = - \frac{\partial U}{\partial r} = F(r)$$

) Let $u = \frac{1}{r}$

$$\dot{\Theta} = \frac{e}{mr^2}$$

$$a.) \frac{du}{d\Theta} = \frac{du}{dr} \frac{dr}{d\Theta} = -\frac{1}{r^2} \frac{dr}{d\Theta} = -\frac{1}{r^2} \frac{dr}{dt} \frac{dt}{d\Theta} = -\frac{1}{r^2} \frac{\dot{r}}{\dot{\Theta}} = -\frac{m}{e} \dot{r}$$

$$b.) \frac{d^2 u}{d\Theta^2} = \frac{d}{d\Theta} \left[\frac{du}{d\Theta} \right] = \frac{d}{d\Theta} \left(-\frac{m}{e} \dot{r} \right) = \frac{d\tau}{d\Theta} \frac{d}{d\tau} \left(-\frac{m}{e} \dot{r} \right) = -\frac{1}{\dot{\Theta}} \frac{m}{e} \ddot{r}$$

$$\frac{d^2 u}{d\Theta^2} = - \frac{m^2 r^2}{e^2} \ddot{r}$$

Then

$$\ddot{r} = -\frac{\ell^2}{m^2} u^2 \frac{d^2 u}{d\theta^2} \quad , \quad r\dot{\theta}^2 = \frac{\ell^2 u^3}{m^2}$$

$$\text{Then } m \left[-\frac{\ell^2 u^2}{m^2} \frac{d^2 u}{d\theta^2} - \frac{\ell^2 u^3}{m^2} \right] = F\left(\frac{1}{u}\right)$$

$$\text{Or } \frac{d^2 u}{d\theta^2} + u = -\frac{m}{\ell^2} \cdot \frac{1}{u^2} F\left(\frac{1}{u}\right)$$

$$\text{Or } \frac{d^2}{d\theta^2} \left(\frac{1}{r} \right) + \frac{1}{r} = -\frac{m}{\ell^2} \cdot r^2 F(r) \rightarrow \text{Want } r(\theta)$$

↑ Force which gives rise to orbit

Ex What Force allows $r = k e^{\alpha\theta}$

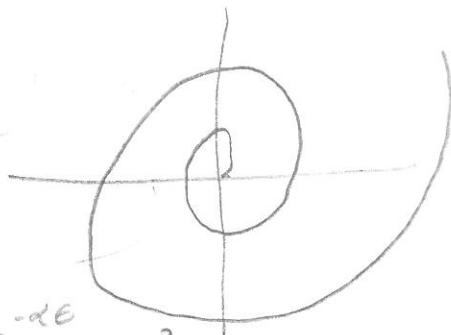
$$\frac{1}{r} = \frac{1}{k} e^{-\alpha\theta}$$

$$\frac{d}{d\theta} \left(\frac{1}{r} \right) = -\frac{\alpha}{k} e^{-\alpha\theta} \quad \frac{d^2}{d\theta^2} \left(\frac{1}{r} \right) = \frac{\alpha^2}{k} e^{-\alpha\theta} = \frac{\alpha^2}{r}$$

$$\frac{d^2}{d\theta^2} \left(\frac{1}{r} \right) + \frac{1}{r} = \frac{1}{r} (\alpha^2 + 1) = -\frac{m}{\ell^2} r^2 F(r)$$

$$F(r) = -\frac{1}{r^3} \frac{\ell^2}{m} (\alpha^2 + 1)$$

↑
 $n=3$



$r(t)$ and $\theta(t)$

$$\dot{\theta} = \frac{l}{mr^2} = \frac{l}{mk^2 e^{2\alpha\theta}} = \frac{d\theta}{dt} \rightarrow \frac{l}{mk^2} dt = e^{2\alpha\theta} d\theta$$

$u = 2\alpha\theta \quad du = 2\alpha d\theta$

$$\frac{lT}{mk^2} = \frac{1}{2\alpha} e^{2\alpha\theta} + C$$

$$\rightarrow \frac{2\alpha lT}{mk^2} + C' = e^{2\alpha\theta} \rightarrow \frac{1}{2\alpha} \ln \left[\frac{2\alpha lT}{mk^2} + C' \right] = \theta(t)$$

$$\text{Then } r = ke^{\alpha\theta} \rightarrow r^2 = k^2 e^{2\alpha\theta} \rightarrow \frac{r^2}{k^2} = e^{2\alpha\theta}$$

$$\text{So } \frac{r^2}{k^2} = \frac{2\alpha lT}{mk^2} + C' \rightarrow r^2 = \frac{2\alpha lT}{m} + D$$

$$r(t) = \pm \sqrt{\frac{2\alpha l}{m} T + D} \quad n = -3$$

Energy? $E = T + U$

$$U? \quad U(r) = - \int \vec{F} \cdot d\vec{r} = + \frac{l^2}{m} (\alpha^2 + 1) \int r^{-3} dr = \frac{l^2}{2m} \frac{(\alpha^2 + 1)}{r^2}$$

$$\dot{r} ? \quad \dot{\theta} = \frac{d\theta}{dt} \frac{dr}{dt} = \frac{l}{mr^2} \rightarrow \dot{r} = \frac{dr}{d\theta} \frac{l}{mr^2}$$

$$\dot{r} = \alpha k e^{\alpha\theta} \frac{l}{mr^2} = \frac{\alpha l}{mr}$$

$$\text{And } \frac{1}{2} m \dot{r}^2 + \frac{l^2}{2mr^2} - \frac{l^2(\alpha^2 + 1)}{2mr^2} = E$$

$$\frac{\alpha^2 l^2}{m^2 r^2} \rightarrow \frac{1}{2} \frac{\alpha^2 l^2}{mr^2} + \frac{l^2}{2mr^2} - \frac{1}{2} \frac{\alpha^2 l^2}{mr^2} - \frac{l^2}{2mr^2} = E = 0$$

Central Field orbits

$$\dot{r} = \pm \sqrt{\frac{2}{m} (E - U) - \frac{l^2}{mr^2}} = 0 \text{ when } = 0$$

Turning points between r_{\min} and r_{\max}

If only one root orbit is circular

If closed orbit repeats path if not, not.

See Figure 8-4

$$\Delta\theta \text{ in } r_{\min} \rightarrow r_{\max} \rightarrow r_{\min} = 2 \int_{r_{\min}}^{r_{\max}} \frac{\ell^2 dr}{\sqrt{2\mu[E - U - \frac{\ell^2}{2\mu r^2}]}}$$

closed For $\Delta\theta = 2\pi \left(\frac{a}{b}\right) = \text{integers}$

closed non-circular $n = -2, +1 \leftarrow$ harmonic oscillator

$$U(r) \propto r^{n+1}$$

\nwarrow inverse square law

gravity

$$r^{-1}, r^2$$

Centrifugal Energy, Potential with effective potential

$$\frac{1}{2} \mu r^2 \dot{\theta}^2 = \frac{\ell^2}{2\mu r^2} \rightarrow U_c = \frac{\ell^2}{2\mu r^2}$$

$$F_c = -\frac{\partial U}{\partial r} = \frac{\ell^2}{\mu r^3} = \mu r \dot{\theta}^2$$

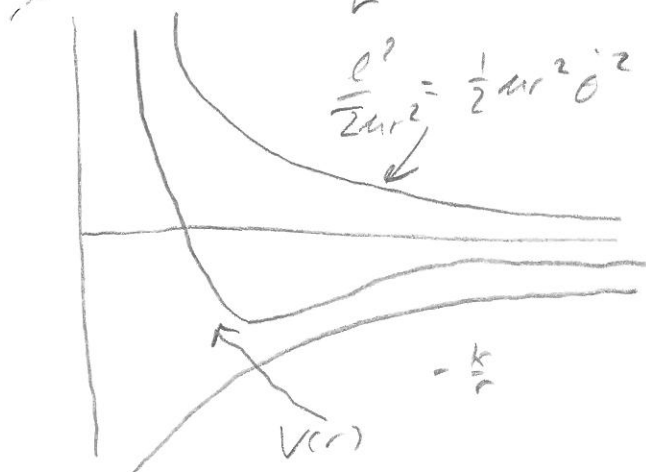
\uparrow
Centripetal Force

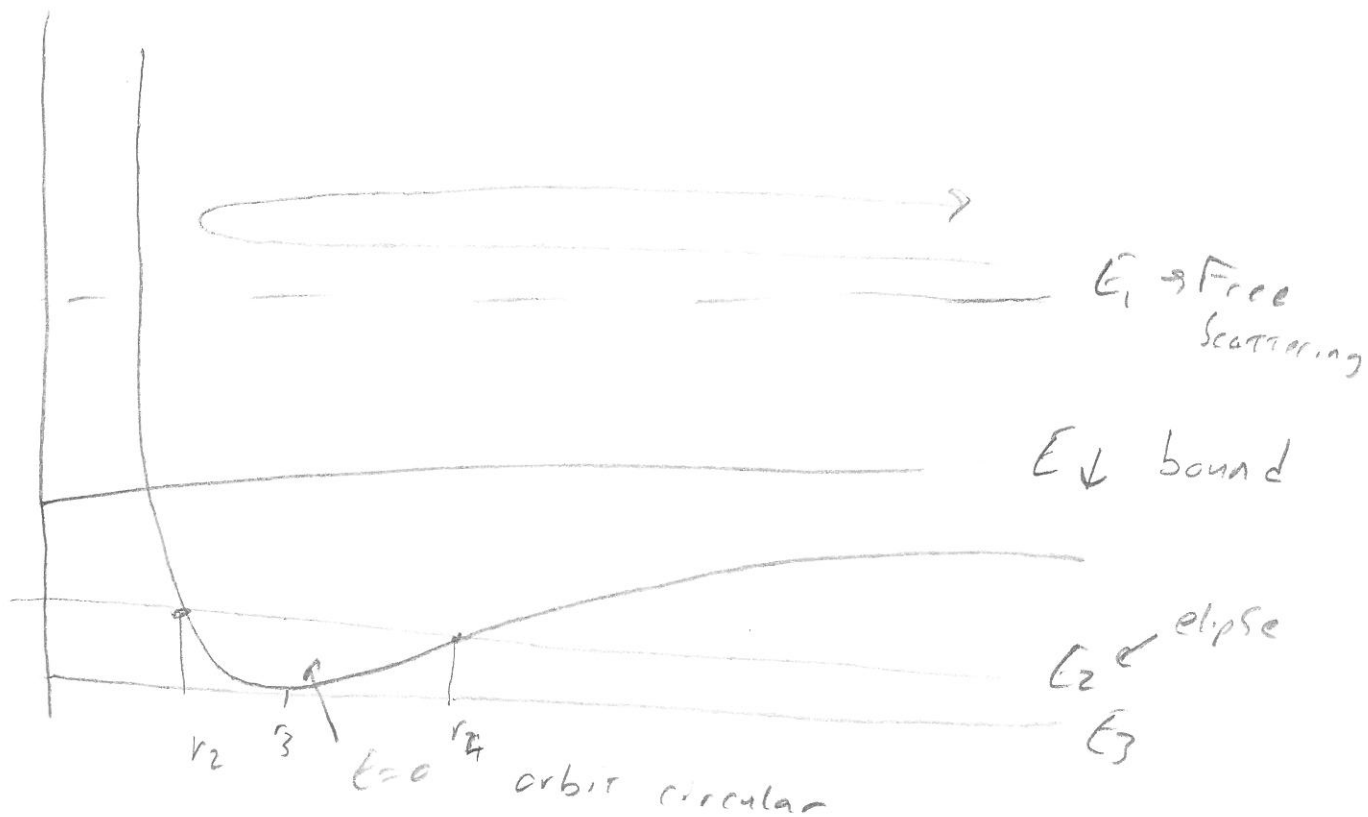
$$V(r) = U(r) + \frac{\ell^2}{2\mu r^2}$$

\nwarrow Centrifugal barrier when $F(r) = -\frac{k}{r^2}$

and $U(r) = -\frac{k}{r}$ so $V(r) = -\frac{k}{r} + \frac{\ell^2}{2\mu r^2}$

$$\frac{\ell^2}{2\mu r^2} = \frac{1}{2} \mu r^2 \dot{\theta}^2$$





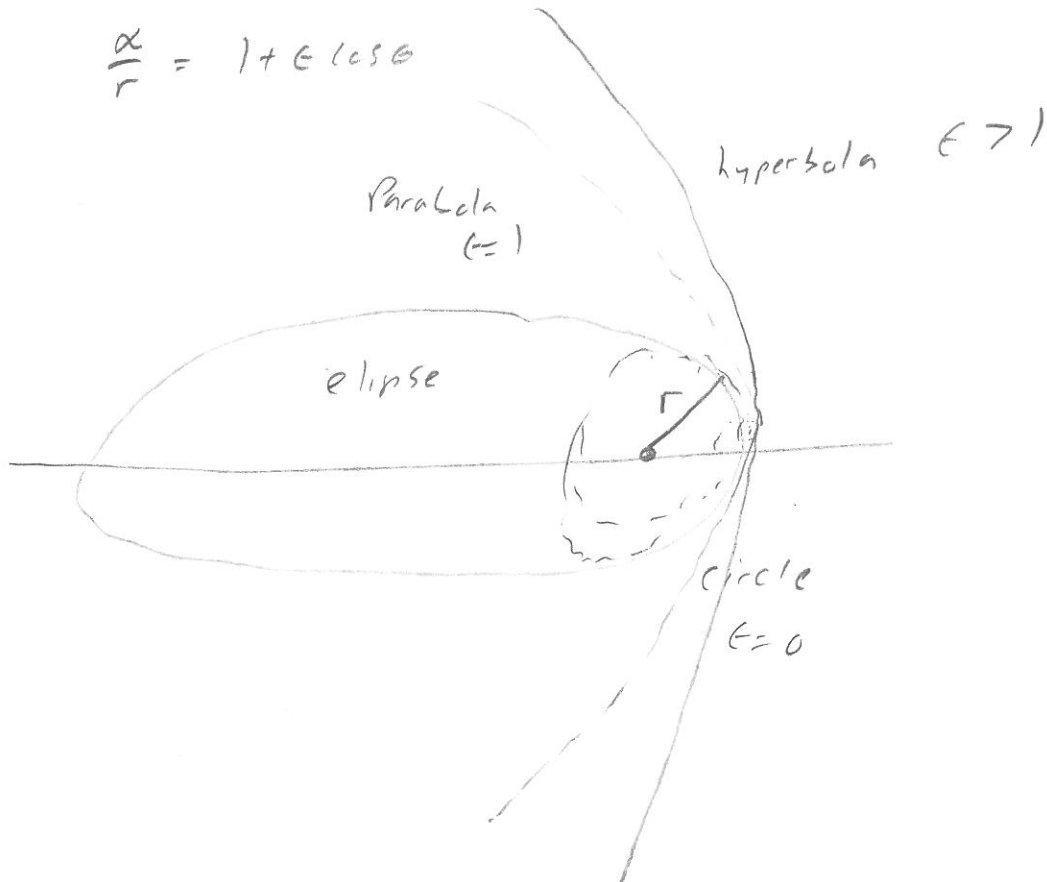
Orbits

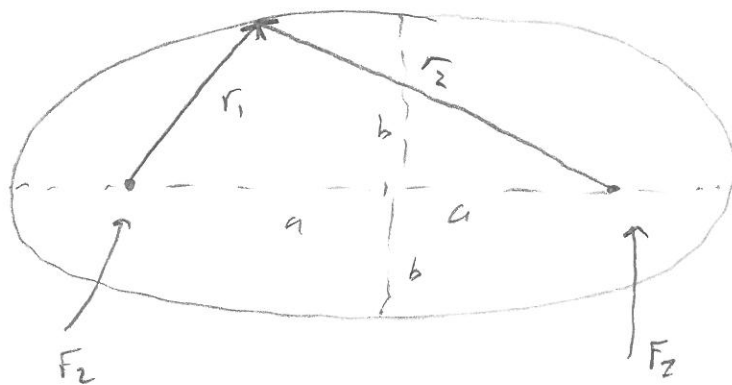
$$\theta(r) = \int \frac{l/r^2 \, dr}{\sqrt{2m(E + \frac{k}{r} - \frac{l^2}{2mr^2})}} + C$$

$$\cos(\theta) = \frac{\frac{l^2}{mk} - 1}{\sqrt{1 + \frac{2El^2}{mk^2}}}$$

where $\alpha = \frac{l^2}{mk}$
 $E = \sqrt{1 + \frac{2El^2}{mk^2}}$

gives $\frac{\alpha}{r} = 1 + E \cos \theta$





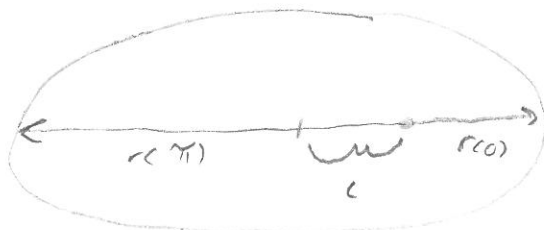
$$F_i \rightarrow \text{Foci}$$

$$r_1 + r_2 = 2a$$

$$r_1 + r_2 = 2a$$

a = Semi major axis
 b = Semi minor axis

$a = ?$



$$\text{also } \frac{\alpha}{r} = 1 + e \cos \theta$$

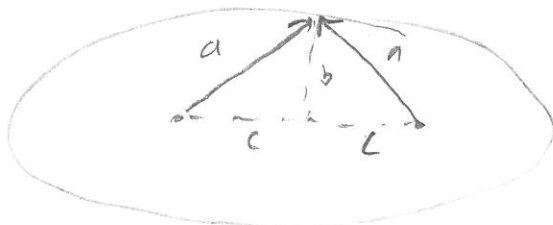
$$r(0) + r(\pi) = 2a$$

$$r = \frac{\alpha}{1 + e \cos \theta} \rightarrow r_0 = \frac{\alpha}{1 + e} \quad r(\pi) = \frac{\alpha}{1 - e}$$

$$r_0 + r_\pi = \frac{\alpha [1 - e + 1 + e]}{(1 + e)(1 - e)} = \frac{2\alpha}{(1 - e^2)}$$

$$\frac{r_0 + r_\pi}{2} = \frac{\alpha}{1 - e^2} = a = \frac{k}{2|e|}$$

$b = ?$



$$b = \sqrt{a^2 - c^2}$$

$$c = a - r(0)$$

$$c = a - \frac{\alpha}{1 + e} = \alpha \left[\frac{1}{1 - e^2} - \frac{1}{1 + e} \right]$$

$$\frac{c}{\alpha} = \frac{1 - (1 - e)}{1 - e^2} = \frac{e}{1 - e^2}$$

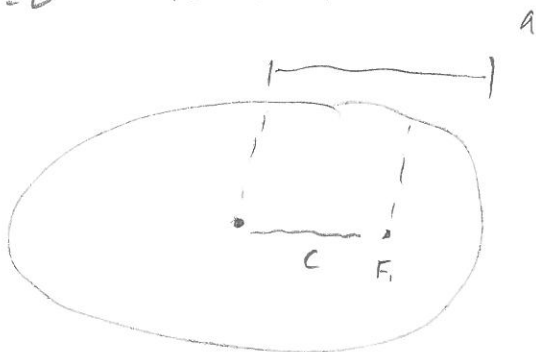
$$C = \frac{\alpha E}{1-E^2} \rightarrow b = \left(\frac{\alpha^2}{(1-E^2)^2} - \frac{\alpha^2 E^2}{1-E^2} \right)^{1/2}$$

$$b = \left(\frac{1}{(1-E^2)^2} \cdot \alpha^2 (1-E^2) \right)^{1/2} = \frac{\alpha}{\sqrt{1-E^2}}$$

$$r_{\min} = \frac{\alpha}{1+E} \quad \text{Perihelion} \quad r_{\max} = \frac{\alpha}{1-E} \quad \text{aphelion}$$

$$= a(1-E) \quad \quad \quad = a(1+E)$$

if $E=0$ $r=a \rightarrow$ circle



$$C = \frac{\alpha E}{1-E^2} = E a$$

$$\text{or } \frac{c}{a} = E$$

recall $\frac{dA}{dt} = \frac{L}{2m} \rightarrow dt = \frac{2m}{L} dA$

$$\int_0^T dt = \frac{2m}{L} \int_0^A dA \rightarrow T = \frac{2m}{L} A = \frac{2m}{L} \pi a b$$

$$T = \frac{2m}{L} \pi a b = \pi k \sqrt{\frac{m}{2}} |E|^{-3/2}$$

$$\text{or } b = \sqrt{\kappa a} \quad \pi_{ab} = \pi a^{3/2} \sqrt{\kappa}$$

$$\uparrow \frac{e^2}{4k}$$

$$\gamma = \frac{2m}{\hbar} \pi_{ab} = \frac{2m}{\hbar} \pi a^{3/2} \sqrt{\kappa}$$

$$\gamma^2 = \frac{4m^2}{\hbar^2} \pi^2 a^3 \frac{e^2}{4k} = \frac{4m\pi^2 a^3}{k}$$

$$\text{For } F(r) = -\frac{Gm_1 m_2}{r^2} = -\frac{k}{r}$$

Kepler's Third Law

$$\gamma^2 = \frac{4\pi^2 a^3}{G(m_1 + m_2)} \rightarrow \mu = \frac{m_1 m_2}{m_1 + m_2}$$

$$\gamma^2 = \frac{4\pi^2 a^3}{G(m_1 + m_2)} \quad \frac{\alpha}{r} = 1 + \epsilon \cos \theta \quad \frac{dA}{dt} = \frac{L}{2m}$$

$$\gamma^2 = \left(\frac{2\pi a}{\bar{v}^2} \right)^2 \bar{v}^2 = \frac{4\pi^2 a^2}{\gamma^2} = \frac{4\pi^2 a^2}{4\pi^2 a^3} \frac{G(m_1 + m_2)}{\gamma^2} \rightarrow \bar{v}^2 = \frac{G(m_1 + m_2)}{a}$$

$$v = \left(\frac{G(m_1 + m_2)}{a} \right)^{1/2} \rightarrow r \dot{\theta} = v \quad r \rightarrow a$$

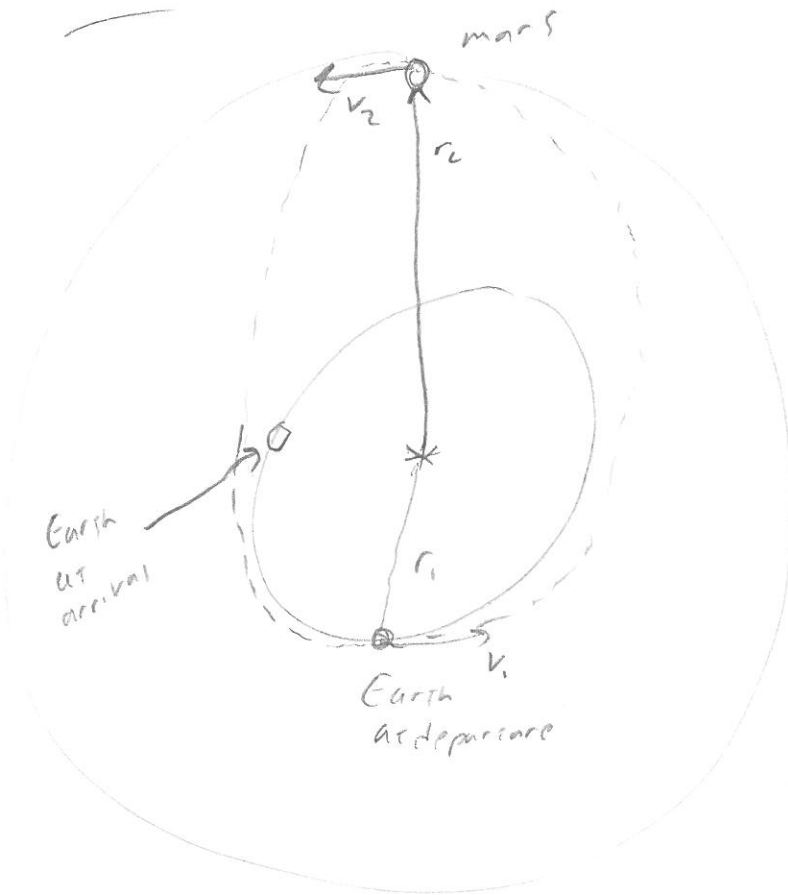
$$\frac{v}{a} = \dot{\theta} = \left(\frac{G(m_1 + m_2)}{a^3} \right)^{1/2}$$

$r \uparrow \quad v \downarrow$

$$l = m r^2 \dot{\theta} = m [G(m_1 + m_2) a]^1 \quad r \uparrow \quad l \uparrow$$

Orbital dynamics

$$E = -\frac{k}{2a} \rightarrow \text{For circle } E = \frac{1}{2}mv_1^2 - \frac{k}{r_1} = -\frac{k}{2r_1}$$



$$\frac{1}{2}mv_1^2 = \frac{k}{r_1} \left[1 - \frac{1}{2} \right] = -\frac{k}{2r_1}$$

$$v_1 = \left(\frac{k}{mr_1} \right)^{1/2}$$

Make orbit into ellipse

$$r_1 + r_2 = 2a_T \quad \text{Semi-major axis transfer orbit}$$

$$\text{at perihelion } E_T = \frac{-k}{r_1 + r_2} = \frac{1}{2}mv_{T2}^2 - \frac{k}{r_1}$$

$$\text{Or } v_{T2} = \sqrt{\frac{2k}{mr_1} \left(\frac{r_2}{r_1 + r_2} \right)}$$

$$\Delta v = v_{T2} - v_1 \quad \text{Change in } v \text{ to go from orbit}$$

$$a = r_1 \text{ so } r_1 + r_2 = 2a$$

Similarly $\Delta V_2 = V_2 - V_{T2} \rightarrow$ To go from orbit at r_2 to $2a = r_1 + r_2$

with $V_2 = \left(\frac{k}{m r_2} \right)^{1/2}$ $V_{T2} = \sqrt{\frac{2k}{m r_2} \left(\frac{r_1}{r_1 + r_2} \right)}$

Total $\Delta V = \Delta V_1 + \Delta V_2$

Transfer Time = $\frac{T_T}{2}$ ← half period = $\pi \sqrt{\frac{m}{k}} a_T^{3/2}$

Ex. → Transfer from earth orbit to mars orbit

$\frac{m}{k} = \frac{m}{G M_S} = \frac{1}{G M_S} = 7.53 \cdot 10^{-21} \frac{s^2}{m^3}$

$\frac{k}{m} = 1.33 \cdot 10^{20} \frac{m^3}{s^2}$

$a_T = \frac{1}{2} (r_{E-S} + r_{mars \rightarrow sun}) = 1.89 \cdot 10^{11} m$

$T_T = 2\pi \sqrt{\frac{m}{k}} a_T^{3/2} = 2.24 \cdot 10^7 s = 259 \text{ days}$

and $V_{T2} = \sqrt{\frac{2k}{m r_1} \left(\frac{r_2}{r_1 + r_2} \right)} = 32.7 \frac{km}{s}$

$V_2 = 29.8 \frac{km}{s}$ $\Delta V = 2.9 \frac{km}{s}$

USE ORBITAL velocity note ↑ Small corrections

Hohmann Transfer to outer planets

Launch in direction of Earth's orbit to gain it's orbital velocity.

To Inner Planets

Launch \rightarrow against direction of Earth velocity, it's

ΔV that matters

See figure 8-11

Hohmann Transfers are Minimum energy Transfers

but not minimum time orbital Transfers

To go Earth \rightarrow Mars \rightarrow Earth = 2.7 yrs

Enter

Gravitational Sling Shots

See Figure 8-14, 8-13

Analogy

Boy throws a ball at a train. The ball

goes 30 mph

Train 50 mph




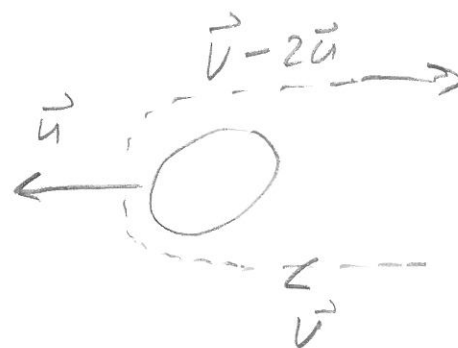
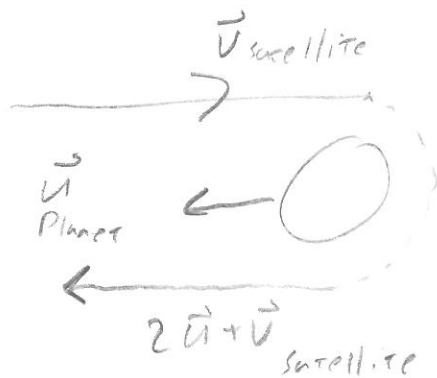
Imagine ball thrown
30 mph \rightarrow

Train
50 mph \leftarrow

Train sees ball coming at 80 mph hits it
ball rebounds at 130 mph

$$V_{bf} = \frac{V_b (m_b - m_t) + 2m_t V_t}{m_b + m_t} \rightarrow -V_b + 2V_t = V_{bf} = (30 + 2(50)) \text{ mph}$$

Similarly $\begin{matrix} 30 \text{ mph} \\ 0 \rightarrow \\ V \end{matrix}$ $\begin{matrix} 50 \text{ mph} \\ \leftarrow \\ u \end{matrix}$ 



Satellite gains $2m_s \vec{u}_p$

Looses $2m_s \vec{u}_p$

Planet loses angular momentum

Planet gains angular momentum

$$V_{\text{venus}} \rightarrow 3.5 \cdot 10^4 \frac{\text{m}}{\text{s}}$$

$$\Delta(\vec{r} \times \vec{p}) = m_s 2u_p d_{\text{c sun}}$$

$$d_{\text{sun}} \rightarrow 1.1 \cdot 10^8 \text{ m}$$

$$\text{Mass Cassini} \rightarrow 2.5 \cdot 10^3 \text{ kg} = 1.9 \cdot 10^{14} \frac{\text{kg} \cdot \text{m}^2}{\text{s}}$$

Venus has $1.83 \cdot 10^{42} \frac{\text{kg} \cdot \text{m}^2}{\text{s}^2}$

$$\frac{\Delta L_v}{L_v} = 1.05 \cdot 10^{-21}$$

Now $\frac{L^2}{mk} \propto$

assume $\frac{\kappa}{r} = 1 + \epsilon \cos \theta \rightarrow \text{let } \epsilon = 0$ for simplicity

Then $r = \kappa$ and $r_{\text{new}} = \frac{(L - \Delta L)^2}{mk}$ $r_{\text{old}} = \frac{L^2}{mk}$

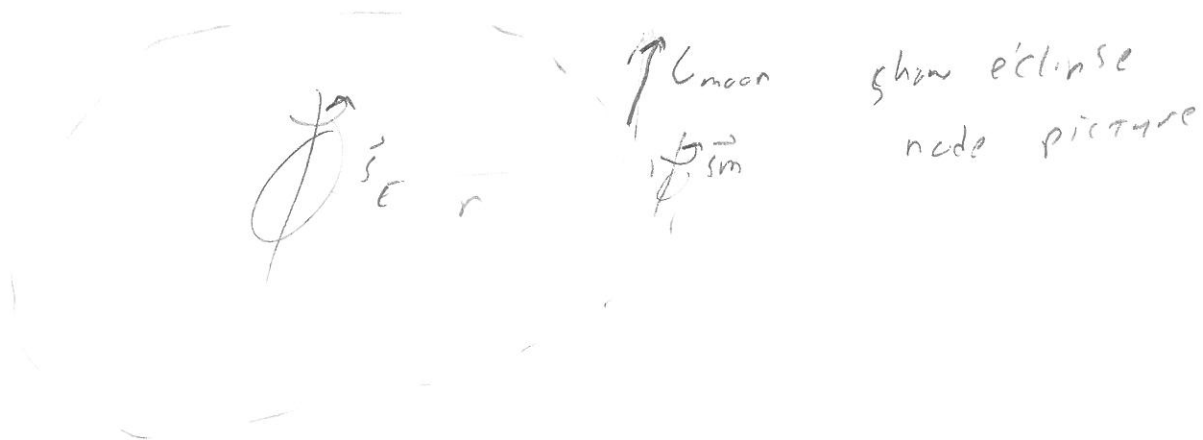
$$\frac{r_{\text{new}}}{r_{\text{old}}} = \frac{L^2}{(L - \Delta L)^2} = \frac{L^2}{L^2 \left(1 - \frac{\Delta L}{L}\right)^2} \approx \frac{1}{1 - 2\frac{\Delta L}{L}} = 1 + \frac{2\Delta L}{L}$$

$$r_{\text{new}} = r_{\text{old}} \left(1 + 2 \cdot 10^{-21}\right)$$

Orbital Evolution of Moon → Earth

$$\vec{J} = \vec{L} + \vec{S} = \text{constant} = (L+S)\hat{L}$$

$m_{\text{cs}}^2 \omega_{\text{orbit}}$ $\frac{2}{5} m r^2 \omega_{\text{rotation}}$
 $I \omega_{\text{rot}}$



Move to reference frame with Earth at rest

$$E = \frac{1}{2} m v_m^2 - \frac{k}{r} + \frac{1}{2} I_m \omega_{\text{rot}}^2$$

assume circular orbit

$$\frac{m v^2}{r} = \frac{k}{r^2} \quad \text{and} \quad |\vec{S}| = I \omega_m$$

$$k = m v r = L$$

$$E = \frac{-m k^2}{2 L^2} + \frac{S^2}{2 I} \quad \text{but} \quad J = L + S = \text{constant}$$

$$\text{So} \quad E = \frac{-m k^2}{2 L^2} + \frac{(J-L)^2}{2 I}$$

$$\frac{dE}{dL} = \frac{1}{L^3} - \frac{(J-L)}{I} = 0 \rightarrow \frac{L}{m_e r^2} = \frac{S}{I}$$

$$S = I\omega \quad L = m_e r^2 \Omega$$

$\Omega = S$ orbit = day \rightarrow Tidally locked

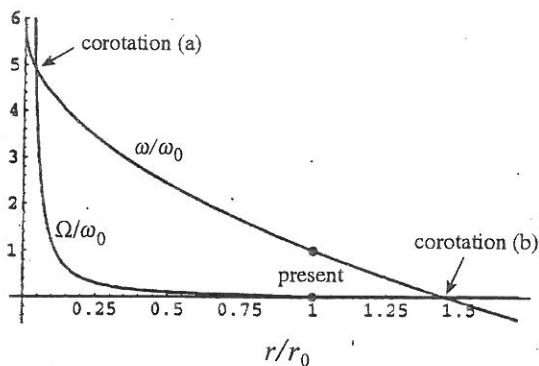


FIGURE 8-7. The spin angular velocity ω and the orbital angular velocity Ω for the earth-moon system as a function of orbital angular momentum. The subscript 0 denotes present value.

$$\dot{\omega}_{\text{Earth}} = -1.85 \cdot 10^{-21} \text{ rad/s}^2 \sim \text{Earth day} \uparrow 4.4 \cdot 10^{-8} \text{ s/day}$$

$$\dot{r}_{\text{Moon}} \sim 4 \text{ cm/month} \rightarrow \text{Finger nail growth rate}$$

Steps at $r = 1.44 r_0$ Tides End on Earth