$$\begin{array}{ccc}
\alpha & \beta & \gamma \\
i & & \\
\epsilon & & \\
j & & \\
\delta & & \\
\end{array} = \sum_{\gamma,k,l} \left(F_{\delta}^{\alpha\beta\gamma} \right)_{\epsilon,ij}^{\zeta,kl} \qquad \begin{array}{c}
\alpha & \beta & \gamma \\
k & \\
\zeta & \\
\delta & \\
\end{array}$$