- Following are the important idioms and phrasal verb from The Hindu Editorial that we learnt last week. (From 17 MAR to 22 MAR).
- Note: Read this PDF simultaneously with respective editorial to understand the better usage of the phrase. (Don't try to mug up instead try to understand the inherent meaning with the help of editorials)

Sr.no	Particulars		Meaning			
31.110		lu Editorial: A volunt				
1	The Hindu Editorial: A voluntary mandate (17/03/2025)					
1.	In place	phrase	Established, Operational, Functional, Active, Set up लागू			
2.	Rattle sabre	phrase	Threaten, Intimidate, Warn, Bluster, Menace धमकी देना			
3.	Tall claim	phrase	Exaggerated claim, Overstated assertion, Boastful statement, Grand promise, Overblown declaration बढ़ा-चढ़ा कर दावा			
4.	Take effect	phrase	Become active, Come into force, Start, Operate, Implement लागू होना			
5.	Steer clear of	phrase	Avoid, Evade, Shun, Dodge, Stay away from दूर रहना			
	The Indian Express Editorial: Indian universities climb QS rankings (18/03/2025)					
6.	Call out	phrasal verb	Highlight, Point out, Identify, Expose, Criticize उजागर करना			
7.	Take stride	phrase	Make progress, Advance, Move forward, Improve, Develop प्रगति करना			
8.	Set up	phrasal verb	Establish, Create, Form, Organize, Initiate स्थापित करना			
9.	The need of the hour	phrase	Urgency, Priority, Necessity, Requirement, Demand समय की मांग			
10	Take cue	phrase	Follow, Imitate, Learn, Adopt, Emulate संकेत लेना			
	The Hindu Editorial: A jab in time (19/03/2025)					
11	Keep tabs on	phrase	Monitor, Track, Watch, Observe, Follow नजर रखना			
12	In sync with	phrase	Aligned, Coordinated, Harmonized, Matched, Synchronized तालमेल में			
13	At hand	phrase	Immediate, Present, Current, Pending, Available तत्काल			
14	Pay attention	phrase	Focus, Concentrate, Heed, Attend, Listen ध्यान देना			
15	Get the short shrift	phrase	Neglect, Ignore, Overlook, Sideline, Disregard उपेक्षा करना			
The Hindu Editorial: Changed circumstances (20/03/2025)						
16	Take place	phrase	Occur, Happen, Transpire, Materialize,			

			Unfold घटित होना
17	By and large	phrase	Generally, Mostly, Overall, Mainly,
			Predominantly आम तौर पर
	The Indian Express	Editorial: Cancer ca	re, closer home (21/03/2025)
18	For starters	phrase	Initially, To begin with, First of all, At first, In
			the beginning शुरुआत में
19	Come forward	phrase	Volunteer, Step up, Offer, Present oneself,
			Emerge आगे आना
			rs plant the seeds of health (22/03/2025)
	Settle down	phrasal verb	Relax, Calm, Comfort, Stabilize, Unwind शांत होना
21	Set up	phrasal verb	Establish, Create, Build, Arrange, Organize स्थापित करना
	The Tribun	e editorial: HP's was	ste woes (17/03/2025)
22	Bridge gap	phrase	Close gap, Fill gap, Narrow gap, Connect, Link अंतर कम करना
23	Press upon	phrasal verb	Urge, Insist, Emphasize, Stress, Push जोर देना
		e editorial: Empty st	tomachs (18/03/2025)
24	Ring hollow	phrase	Sound insincere, Seem false, Appear empty,
			Lack credibility, Be unconvincing खोखला लगना
25	Follow suit	phrase	Imitate, Copy, Emulate, Mirror, Conform अनुसरण करना
	The Tribu	ne editorial: A rotte	en deal (19/03/2025)
26	Sticking point	phrase	Obstacle, Hurdle, Impasse, Issue, Problem अड़चन
27	On the edge	phrase	At risk, In danger, Under pressure, Precarious, Vulnerable खतरे में
,	The Pioneer editorial: G	athered by love, glu	red by familial bonds (20/03/2025)
28	Bog down	phrasal verb	Stuck, Overwhelm, Burden, Hinder, Slow फंस जाना
29	Wing out	phrasal verb	Fly, Travel, Depart, Venture, Set out उड़ान भरना
20			
30	Set out	phrasal verb	Begin, Start, Embark, Depart, Commence शुरू करना
	Steel up	phrasal verb	
31		-	करना Brace, Prepare, Strengthen, Fortify, Gird खुद
31	Steel up	phrasal verb	करना Brace, Prepare, Strengthen, Fortify, Gird खुद को मजबूत करना Abandon, Quit, Surrender, Relinquish,
31 32 33	Steel up Give up	phrasal verb	करना Brace, Prepare, Strengthen, Fortify, Gird खुद को मजबूत करना Abandon, Quit, Surrender, Relinquish, Renounce छोड़ देना Ignore, Overlook, Disregard, Downplay,

			अंदर जाना	
36	Highs and lows	phrase	Ups and downs, Peaks and valleys, Successes	
			and failures, Good and bad times उतार-चढ़ाव	
	The Pioneer ed	ditorial: illicit kidney	trafficking (21/03/2025)	
37	Shine a light on	phrase	reveal, expose, disclose, highlight, uncover प्रकाश डालना	
38	Up to the mark	phrase	satisfactory, adequate, acceptable, sufficient, competent मानक पर	
39	Off the hook	phrase	released, exempted, freed, absolved, excused छूटना	
	The Hindu editorial: Co	ming of age: On the	IPL, its 18th edition (22/03/2025)	
40	Coming of age	phrase	Maturing, growing up, blossoming, evolving, ripening परिपक्व होना	
41	Set the tone for	phrase	Establish the mood, define the pace, shape	
			the atmosphere, lay the groundwork,	
		- 1	influence the direction माहोल बनाना	
		_	Norkweek (17/03/2025)	
42	Take something by storm	phrase	Captivate, Amaze, Overwhelm, Impress, Sweep off तूफान ले आना	
43	Lay the groundwork	phrase	Prepare, Establish, Set up, Initiate, Found आधार तैयार करना	
44	Pave the way for	phrase	Facilitate, Enable, Prepare, Smooth, Open doors रास्ता बनाना	
	The Economic Times Edito	rial: Gold rush, safe	from getting trumpled (18/03/2025)	
45	Hold on to	phrase	Retain, Keep, Cling, Maintain, Preserve पकड़े रहना	
46	Run out of breath	phrase	Exhaust, Tire, Deplete, Lose momentum, Falter थक जाना	
	The Indian express Editor	ial: Incentivising ele	ectronic manufacturing (19/03/2025)	
47	In a bid to	phrase	In an attempt to, In an effort to, Aiming to, Trying to, Seeking to के प्रयास में	
48	Carry out	phrasal verb	Execute, Implement, Perform, Conduct, Accomplish पूरा करना	
49	Seize the moment	phrase	Act now, Take advantage, Grab the opportunity, Make the most of, Capitalize मौके का फायदा उठाना	
The Hindu Editorial: High base effect (20/03/2025)				
50		phrase	Delay, Restrain, Withhold, Hesitate, Refrain रोकना	
51	Take effect	phrase	Become active, Come into force, Start, Operate, Implement लागू होना	
52	Account for	phrasal verb	Represent, Comprise, Constitute, total, form बनाना	
			भागा	

The Hindu Editorial: Safe from space (21/03/2025)						
53	Splash down	phrasal verb	(of a spacecraft) land on water. पानी में उतरना			
	The Indian Express Editorial: US Fed's delicate dance, RBI's task ahead (22/03/2025)					
54	Strike a note of	phrase	Express, Convey, Indicate, Suggest, Imply ज़ीर देना			
55	Deal with	phrasal verb	Address, Manage, Handle, Tackle, Confront सुलझाना			
56	Point towards	phrase	Indicate, Suggest, Hint, Signal, Direct इशारा करना			
57	Pick up	phrasal verb	Increase, Rise, Accelerate, Improve, Recover बढ़ना			
58	Play out	phrasal verb	Unfold, Develop, Evolve, Progress, Happen घटित होना			
59	Work out	phrasal verb	Resolve, Solve, Develop, Plan, Calculate हल करना			
60	Better off	phrasal verb	Advantageous, Improved, Fortunate, Preferable, Beneficial बेहतर स्थिति में			
61	Factor in	phrasal verb	Include, Incorporate, Consider, Account for, Take into account शामिल करना			