## **Voluntary Service**

### Community Service

**Adult Literacy** 

Conversation & Ecological Project

Fund Raising For a specific purpose

Helping At Orphanage/Children's

Helping at Old Age Home

Looking After Old/Sick/Handicapped

Hospital Volunteering work

Organising collection of magazines, clothes, book, medicines, etc. to meet community needs.

Remedial coaching, Tribal Welfare work, Work in slums.

Work in rural areas, Work through any recognized organisation like Red Cross,

Visiting of prisons or detention centres

#### **Environmental Service**

Participating in a conservation project

Conserve Public or School Garden

Animal care

working in a clean up campaign

Promoting Environmental sustainability

#### **Service Required Specific Qualification**

First Aid

Fire Service

Home Guard

Life saving (in pools)

Child Care

Home Nursing

Scouting

Guiding

#### Service Requiring Courses Of Specialised Training

Working with Lepers

Mountain Rescue

Road Safety

Patrol Service through Religious Education

Training to help the Mentally Handicapped

Youth work Award Scheme

Leadership, NCC, Scouts and Guides Leadership

Care for Animals

Fire Service

Working with Drug Addicts

Work with Blind

Working with Hearing impaired

Safety at home

#### **Community Education & Health Education**

Educating & Creating awareness in the local community against many dreadful diseases.

Teaching a person to read or write

#### **Emergency Services**

Helping an emergency service team

Assisting with local or natural disaster operations

#### **Youth Work**

Leadership role in a youth club or uniformed youth organisation

Teaching Primary School Children

Helpingotheryoungpeopleinparticipatingintheaward(Bronze&Silver)undertheguidanceofone'sownawardleader (in case of Gold Awardees)

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Award for Young People for any clarification required on above information.

### Skills

Indian Culture
Art of Mehendi
Art of Rangoli/Alpana
Beadwork
Bridal Makeup
Carpet Weaving
Fabric Painting
Hindustani Music- Vocal & Instrumental
Puppetry
Indian Dancing-Bharat Natyam, Kathak,
Manipuri, Kuchipudi, Odissi
Mat Weaving

Nature
Agriculture
Aquarium Keeping
Dog Training and Handling
Keeping of Pets
Ornithology
Bee Keeping
Bird Watching
Orchid Growing
Poultry Farming
Gardening

Handicrafts
Basketry (Cane Work)
Clay Modelling & Sculpture
Model Constructions
Needle Craft
Dress Making
Embroidery
Soft Toys Making
Lace Making
Book Binding
Origami
Crocheting
Leather Craft
Insect Study

Sports Related
Sports Officiating
Snooker
Sports equipment maintenance
Sports ground maintenance

Appreciation of Art
Fine and Applied Arts and Designs
Music-Classical (Western & Indian)
Music- Popular
Sound
Ballet
Singing in a Group
Folk Music

Collections, Studies & Surveys
Archaeology
Astronomy
Religious Study
Librarianship
Local & Historical Survey
Natural History
Philately
You & the Commonwealth
Coin Collection

Music
Classical Guitar
Playing any musical instruments
Jazz music
Pan Playing (Steel Bands)
Wind Instruments
Brass Bands
Bugles

Recreative Skills
Chess
Fishing
Marksmanship
Cookery
Elocution

Transportation
Aeronautics
Air Craft Recognition
Motor Cars-Mechanism &
Maintenance
Railway Affairs
Bicycle Maintenance

Communication	
Debating	
Drama & Stagecraft	
Languages, Public Spea	king
Reading	
Speech	
Writing	
Braille	
Computer	
Magazine Productions	

<b>Graphic Arts</b>
Cinematography
Drawing, Painting & Design
Photography
Calligraphy & Lettering
Printing, Applied Art & Design

Crafts General
Cookery
Electricity
Floral Art
Radio Construction
Fabric Painting

Workshop Crafts
Metal Work
Pottery
Woodwork & Woodcarving
Candle Making
Spinning & Weaving
Furniture Making

Games
Billiards,
Card Games
Chess
Draughts
Darts
Backgammon
Other Table games
Snooker or Pool

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# **Physical Recreation**

Aerobics
Aikido
Archery
Artificial Rock Climbing/Rock Climbing
Athletics (Track & Field)
Badminton
Base Ball
Basket Ball
BMX
Boat Pulling
Bobsleighing
Bowling
Boxing
Canoe Polo
Canoeing
Caving & Pot holding
Cricket
Croquet
Cross Country Running
Curling
Cycling (Trained as cyclist)
Diving
Fencing
Folk Dance/Group Dance
Football
Gym
Gymnastics
Hand Ball
Hand gliding

Hockey
Horse Riding
Ice Hockey
Ice Skating
judo
Kabaddi
Karate
Kayaking
Kendo
Kho kho
Kickboxing
Kite Boarding
Kite Surfing
Kung Fu
Lacrosse
Lawn Tennis
Luge
Martial Arts
Mountaineering
Net Ball
Parachuting
Physical Achievement Test
Polo
Riding
Rock Climbing
Roller Skate
Rowing
Rugby
Running

Sailing
Scuba Diving
Sepak takraw
Shooting
Skate Boarding
Skating
Skiing
Skipping
Snow Boarding
Softball
Squash
Surfing
Swimming
Synchronized Swimming
Table Tennis
Taekwondo
Tennis
Throw Ball
Trampoline
Trampolining
Volley Ball
Walking
Water Polo
Weight Lifting
Weight training
Windsurfing
Wrestling
Yoga

Physical A	Achievement Test
Speed Test	Push Ups
Sit-Ups	Bailey Bridge
Burpees	Broad Jump
Stamina	Ball Speed Bounce

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## **Adventurous Journey**

#### **Explorations & Expeditions**

Explore the natural world

Explore historic land use

Investigation of survival or extinction of a language

Carrying out Health Surveys or Health Education in remote areas

Exploring Human Impact: natural parks,

**Pollution Monitoring** 

Demanding journey by Foot, Cycle or canoe/Kayak

Investigate group dynamics in challenging conditions

Kayaking the navigable stretch of a river

#### **Other Adventurous Journey**

Extensive Sail Across Ocean

Climbing High Mountain Peaks

Cycling from one end of a country to another or from coast to coast

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# **Residential Project**

Personal Training Courses
Residential Language Courses
Leadership Training
Skills Development
Ecology Study Course
Youth Camps
Youth Parliaments

Activity Based
Outdoor Adventure Courses
Sports Coaching
Sport Skills Development
Crew Member On A Till Ship

Environment And Conservation Projects
Environmental Clean Up
Volunteer Work With National Parks
Research On Habitats And Ecosystems
Restoration Of Buildings

Service To Other People And Communities
Provision Of Facilities
Construction Projects
Assisting As A Leader At An Annual Camp For
Young People
Working With Overseas Aid Charity
Working In A Care Home Or Hospital

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