



Quentin Facon-Barillot

PHD STUDENT IN CLINICAL PSYCHOLOGY

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As a clinical psychologist and psychotherapist, I have been working for more than a year on a PHD in clinical psychology on student mental health under the supervision of Lucia Romo and Yannick Morvan. I also carry out voluntary consultations for the Fondation Santé des Étudiants de France in Paris (FSEF).

Professional experiences

Teaching activities : second year undergraduate students

January 2023 → Present

PARIS NANTERRE UNIVERSITY

Nanterre

- Psychotherapies : Theory and practices
- Development of different psychotherapeutic approaches : psychoanalysis, Human therapy, systemic therapy et CBT

Teaching activities : master's degree students

September 2022 → Present

PARIS NANTERRE UNIVERSITY

Nanterre

- Research seminar
- Supporting students in the conceptualisation and writing of their research paper

Teaching activities : third year undergraduate students

January 2022 → May 2022

PARIS NANTERRE UNIVERSITY

Nanterre

- CBT specialty class : Personality disorders and addictive disorders
- CBT specialty class : Research paper training

Doctoral contract

September 2021 → Present

PARIS NANTERRE UNIVERSITY

Nanterre

- Three year grant allocated by the 139 Doctoral School

Teaching activities

June 2021 → August 2021

CROIX-ROUGE FRANÇAISE

Montrouge

- Communication module for paramedic training

Psychological assistant

May 2019 → July 2019

MEDICAL RESIDENCE OF LA LENDEMAINE

Les Molières

- Psychological assistant for autistic adults in permanent residence

Qualifications

TRAINING

Acceptance and commitment therapy training

2021 → 2021

PSYCHOLOGICAL FLEXIBILITY WEBSITE

Online

- 2 day training led by Jean Louis Monestès : Begin the ACT approach

Cognitive Behavioral Therapy training

2021 → Present

ASSOCIATION FRANÇAISE DE THÉRAPIE COGNITIVE ET COMPORTEMENTALES

Paris

- Advanced training in Cognitive Behavioral Therapy

DIPLOMAS

PHD in clinical psychology

2021 → Present

PARIS NANTERRE UNIVERSITY

Nanterre

- PHD affiliated with the 139 Doctoral School (Knowledge, language, modelling), in the Clipsyd research laboratory
- Thesis title : A modelization approach to students' mental health : from epidemiological data to psychological interventions

Master's degree in clinical and empirical psychology

2019 → 2021

PARIS NANTERRE UNIVERSITY

Nanterre

- Magna cum laude
- Masters dissertation on network analysis of socio-demographic and temperamental variables in relation to the intensity of subjective effects experienced during first-time cannabis use.

Publications

1. Facon-Barillot, Q., Romo, L., Vansimaey, C., Chevance, A., Frajerman, A., & Morvan, Y. (2023). "La santé mentale, son importance et sa mesure chez les étudiants dans les enquêtes de l'OVE depuis 2016." In *Être étudiant avant et pendant la pandémie* (La Documentation Française).
2. Facon-Barillot, Q., Romo, L., Vansimaey, C., Chevance, A., Frajerman, A., & Morvan, Y. (2023). "Quels déterminants de la santé mentale des étudiants dans l'enquête condition de vie 2020." In *Être étudiant avant et pendant la pandémie* (La Documentation Française).
3. Facon-Barillot, Q., Romo, L., Vansimaey, C., Chevance, A., Frajerman, A., & Morvan, Y. (2023). "Le recours aux soins des étudiants : Quelques indicateurs à partir des enquêtes de l'OVE depuis 2016." In *Être étudiant avant et pendant la pandémie* (La Documentation Française).

Internships

Addiction center

CSAPA APS CONTACT

- Individual and joint patient care

September 2020 → July 2021

Provins

Medical center for the elderly

RÉSIDENTE DE L'EMPEREUR

- Individual patient care, management of memory working groups, psychological assessments

January 2020 → June 2020

Garches

Medical residence

LA LENDEMAINE

- Third year internship within a medical residence for autistic adults

May 2019 → April 2019

Les Molières

Congress

ORAL COMMUNICATIONS**Encéphale 2023**

MENTAL HEALTH AND SEEKING CARE : EVOLUTION SINCE 2016

Paris, France

January

Clipsyd Seminar 2023

IDENTIFICATION OF INTERVENTION TARGETS FOR STUDENT'S MENTAL HEALTH IN 2021

Nanterre, France

January

AFTCC 2022

IDENTIFICATION OF INTERVENTION TARGETS FOR STUDENT'S MENTAL HEALTH IN 2021

Paris, France

December

POSTER SESSIONS**ICPS 2023**

CAUTION IS ADVISED WITH PREVALENCE COMPARISONS: THE CASE OF PSYCHOLOGICAL DISTRESS WITH STUDENTS AND COVID IN

FRANCE, A NETWORK APPROACH

Brussels, Belgium

March

Encéphale 2023

STUDENT'S MENTAL HEALTH : FROM LATENT MEASURE TO NETWORK MODELING

Paris, France

January

Grepaco 2022

NETWORK MODELING OF STUDENT'S PSYCHOLOGICAL DISTRESS IN 2016, 2020 AND 2021

Lausanne, Switzerland

May

Administrative duties

Substitute for doctoral student representatives

ÉCOLE DOCTORALE 139

[Current](#)

Nanterre

Statutory representative of the doctoral students in the Evaclipsy team

CLIPSYD LABORATORY

[Current](#)

Nanterre

Statutory representative of the doctoral students' room

EPNR PLATFORM

[Current](#)

Nanterre

Volunteering

Fondation Santé des Étudiants de France

CLINICAL ACTIVITY

[Paris](#)

[Current](#)

- Individual psychotherapy for students

Croix-Rouge Française

PSYCHOTHERAPEUTIC CONSULTATION

[Remote interview](#)

2022

- Individual psychotherapy of students in nursing schools

Skills

RESEARCH

- R and Rstudio
- Git and Github
- Iramuteq and textual analysis
- Network analysis
- Structural equation modeling
- Logistic regression
- Meta-analysis and systematic reviews
- Ecological momentary assessment
- C1 in english

CLINICAL PRATICE

- Cognitive behavioral therapy
- Acceptance and commitment therapy
- Psychological assessment
- Motivational interview
- Psychological support