



Quentin Facon-Barillot

PHD STUDENT IN CLINICAL PSYCHOLOGY

Maisons Laffitte, France

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As a clinical psychologist and psychotherapist, I have been working for more than a year on a PHD in clinical psychology on student mental health under the supervision of Lucia Romo and Yannick Morvan. I also carry out voluntary consultations for the Fondation Santé des Étudiants de France in Paris (FSEF).

Professional experiences

Teaching activities : second year undergraduate students

January 2023 → Present

PARIS NANTERRE UNIVERSITY

Nanterre

- Psychotherapies : Theory and practices
- Development of different psychotherapeutic approaches : psychoanalysis, Human therapy, systemic therapy et CBT

Teaching activities : master's degree students

September 2022 → Present

PARIS NANTERRE UNIVERSITY

Nanterre

- Research seminar
- Supporting students in the conceptualisation and writing of their research paper

Teaching activities : third year undergraduate students

January 2022 → May 2022

PARIS NANTERRE UNIVERSITY

Nanterre

- CBT specialty class : Personality disorders and addictive disorders
- CBT specialty class : Research paper training

Doctoral contract

September 2021 → Present

PARIS NANTERRE UNIVERSITY

Nanterre

- Three year grant allocated by the 139 Doctoral School

Teaching activities

June 2021 → August 2021

CROIX-ROUGE FRANÇAISE

Montrouge

- Communication module for paramedic training

Psychological assistant

May 2019 → July 2019

MEDICAL RESIDENCE OF LA LENDEMAINE

Les Molières

- Psychological assistant for autistic adults in permanent residence

Qualifications

TRAINING

Acceptance and commitment therapy training

2021 → 2021

PSYCHOLOGICAL FLEXIBILITY WEBSITE

Online

- 2 day training led by Jean Louis Monestès : Begin the ACT approach

Cognitive Behavioral Therapy training

2021 → Present

ASSOCIATION FRANÇAISE DE THÉRAPIE COGNITIVE ET COMPORTEMENTALES

Paris

- Advanced training in Cognitive Behavioral Therapy

DIPLOMAS

PHD in clinical psychology

2021 → Present

PARIS NANTERRE UNIVERSITY

Nanterre

- PHD affiliated with the 139 Doctoral School (Knowledge, language, modelling), in the Clipsyd research laboratory
- Thesis title : A modelization approach to students' mental health : from epidemiological data to psychological interventions

Master's degree in clinical and empirical psychology

2019 → 2021

PARIS NANTERRE UNIVERSITY

Nanterre

- Magna cum laude
- Masters dissertation on network analysis of socio-demographic and temperamental variables in relation to the intensity of subjective effects experienced during first-time cannabis use.