





# **NEXI** for the quantification of human gray matter microstructure on a clinical MRI scanner

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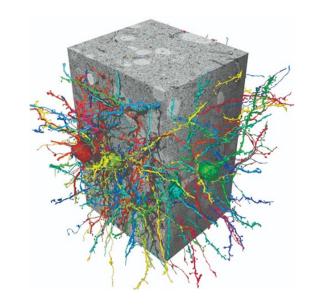


Speaker Name: Quentin Uhl

I have no financial interests or relationships to disclose with regard to the subject matter of this presentation.



#### Modeling Gray Matter...



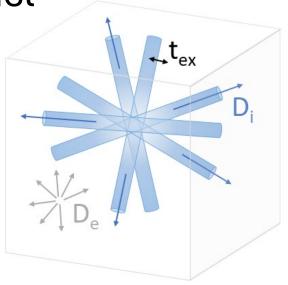
#### **Gray matter microstructure models require:**

- Water exchange across the cell membrane
- Signal contribution from cell bodies
- Non-Gaussian diffusion (structural disorder)

Songbird Basal Ganglia, Neurobiology, J. Kornfeld Sources:

> Jelescu et al. 2022. NeuroImage Olesen et al. 2022. NeuroImage

using the Neurite Exchange Imaging (NEXI) model



Volume fraction

Intra-neurite space

Extra-neurite space

 $t_{ex}$ : exchange time

f: intra volume fraction

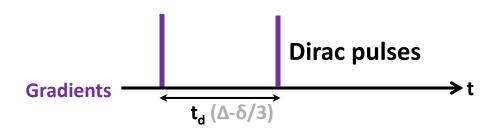
 $D_{i/e}$ : intra/extra diffusivities

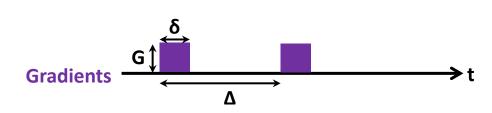


## Solving the NEXI differential equation

Narrow Pulses Approximation **NEXI**<sub>NPA</sub>

Actual Wide Pulses
NEXI<sub>WP</sub> (a.k.a. SMEX)





Fast analytical solution

Computationally expensive (ODE solver)
 but more accurate for clinical scanners

Both applied using preclinical scanners (short  $\delta$ )

Already applied to human gray matter in vivo on CONNECTOM scanners (short δ)

Sources: NPA described in Jelescu et al. 2022. NeuroImage

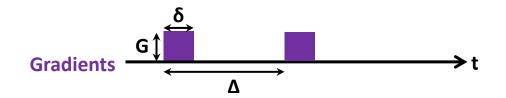
WP described (as SMEX) in Olesen et al. 2022. NeuroImage

C1: Uhl et al. 2024. Imaging Neuroscience

C2: Chan et al. ISMRM Annual Meeting 2024 #0644



## Gradient pulses: lower means longer



NEXI requires high b-values: above 5ms/µm<sup>2</sup>

$$b_{max} = \gamma^2 G_{max}^2 \delta^2 \left( \Delta - \frac{\delta}{3} \right)$$

	Preclinical	CONNECTOM 2.0	CONNECTOM 1.0	PRISMA
$G_{max}$ (mT/m)	1000	500	300	80
$\delta$ (ms)	4	6	9	16.5

Sources: Preclinical: Jelescu et al. 2022. NeuroImage

C1: Uhl et al. 2024. Imaging Neuroscience

C2: Chan et al. ISMRM Annual Meeting 2024 #0644

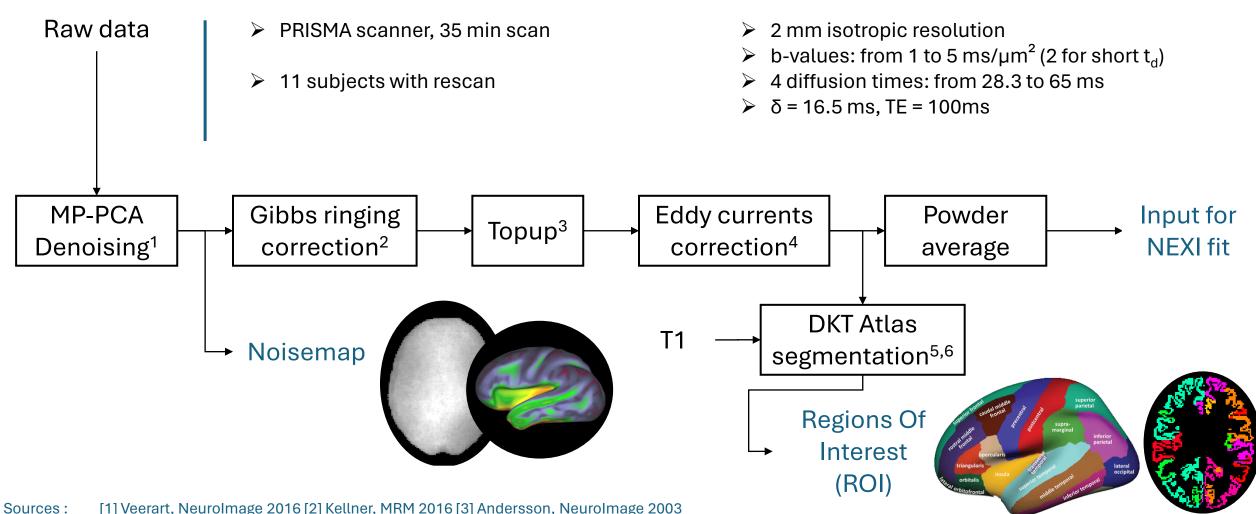


# Objectives

- ➤ Obtain NEXI parametric maps in the human cortex from a clinical scanner.
- Check whether, in the case of long gradient pulses, NEXI<sub>NPA</sub> approximation is valid and gives equivalent results to NEXI<sub>WP</sub>.
- Since exchange is supposed to reflect permeability, investigate how would these estimates relate to myelination in gray matter.
- Check consistency with previous & ongoing studies.
- Check the reproducibility (scan/rescan) and sensitivity to variations among subjects.



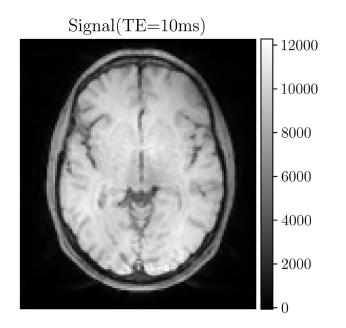
#### Preprocessing Diffusion-Weighted Images



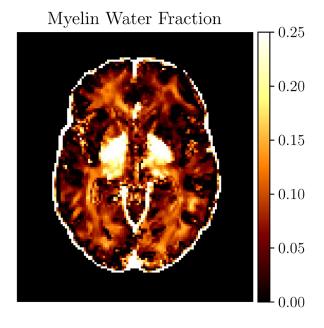


### Processing Multi-echo T2-weighted images

- Additional 10 min scan
- > GRASE sequence (Piredda et al., 2020)
- > 1.8 mm isotropic resolution



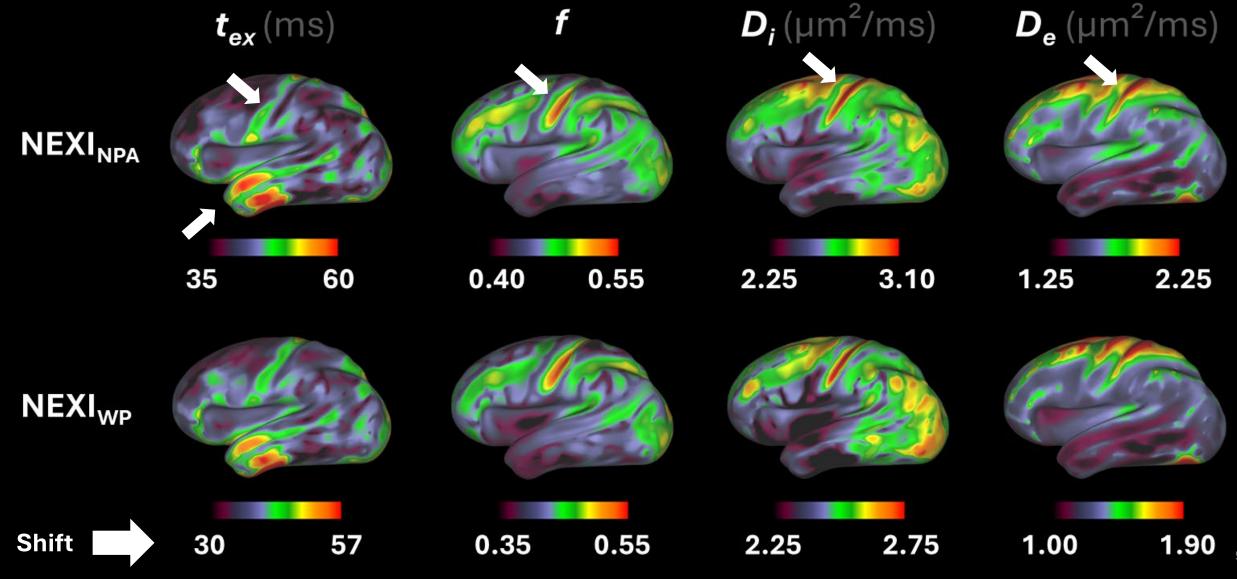
Non-parametric  $T_2$  relaxometry method for MWF estimation ( $\chi^2$ -I)



Sources: Piredda et al., Magnetic Resonance in Medicine, 2020 Jorge Canales-Rodríguez et al., Medical Image Analysis, 2021 Jorge Canales-Rodríguez et al., Neurolmage, 2021



#### Results - Cortical maps of NEXI parameters



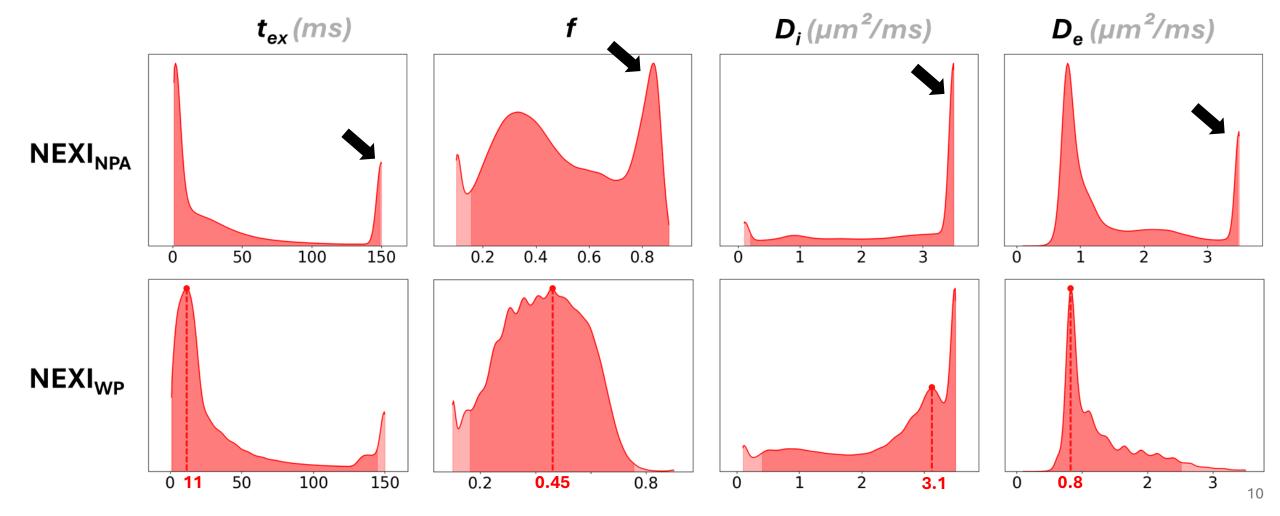






#### Distribution across the whole cortex

 $t_{ex}$ : exchange time f: intra volume fraction  $D_{i/e}$ : in./ex. diffusivities



80

0.3

0.4

0.5

0.6

2.0

2.5



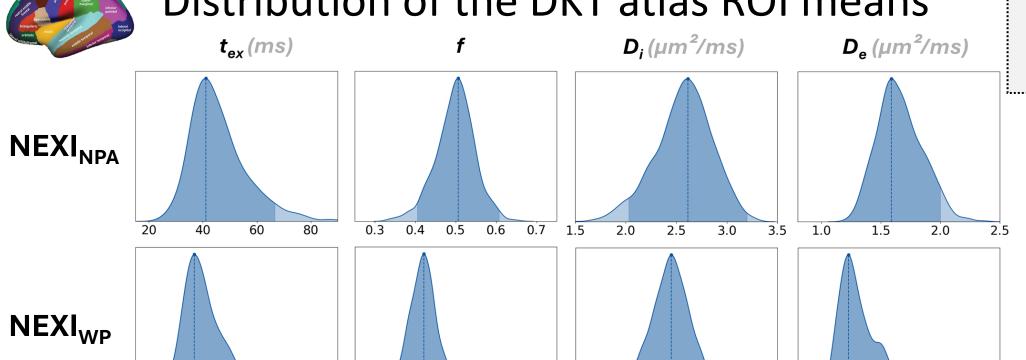


20

40

60

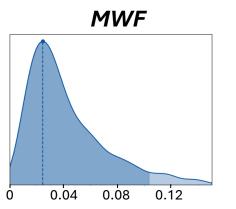
#### Distribution of the DKT atlas ROI means



0.7

1.5

 $t_{\rm ex}$ : exchange time f: intra volume fraction  $D_{i/e}$ : in./ex. diffusivities



	t <sub>ex</sub> (ms)	f	D <sub>i</sub> (μm²/ms)	D <sub>e</sub> (μm²/ms)	AICc	MWF
NEXI <sub>NPA</sub>	41.1	0.51	2.61	1.59	-93	
	[15.5 - 66.7]	[0.41 - 0.61]	[2.03 - 3.20]	[1.18 - 2.00]	[-99,-84]	0.024
NEXI <sub>WP</sub>	36.8	0.42	2.45	1.23	-88	[0.000 - 0.103]
	[17.6 - 58.0]	[0.34 - 0.50]	[1.99 - 2.90]	[0.88 - 1.61]	[-94 , -81]	

2.0

2.5

3.0

3.5

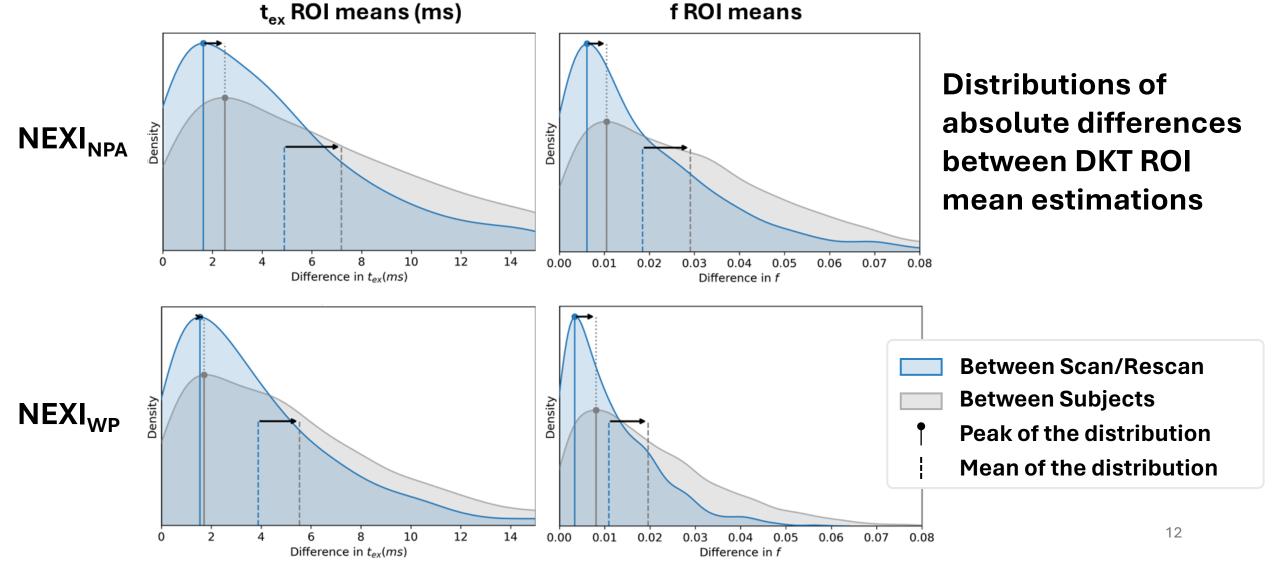
1.0

1.5



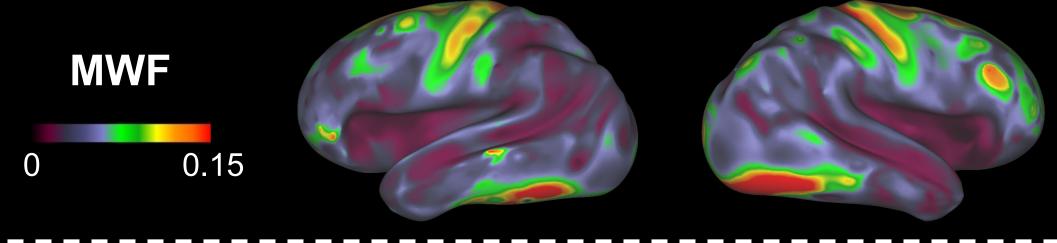


## Reproducibility



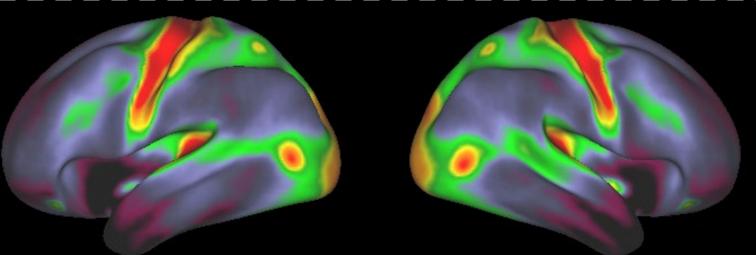


# Result - Myelin quantification



Myelin Map T<sub>1</sub> / T<sub>2</sub> (Glasser et al.)

I Another technique

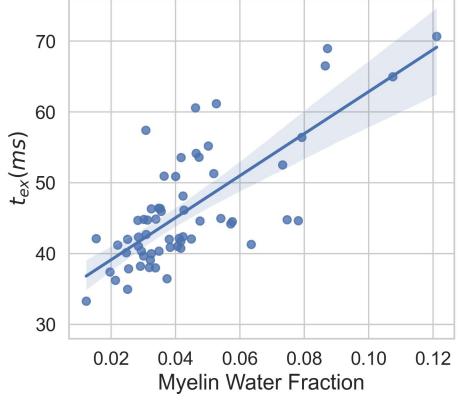




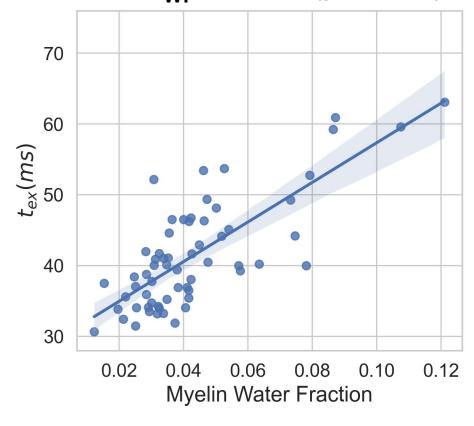


# Correlation between the estimated exchange time and MWF



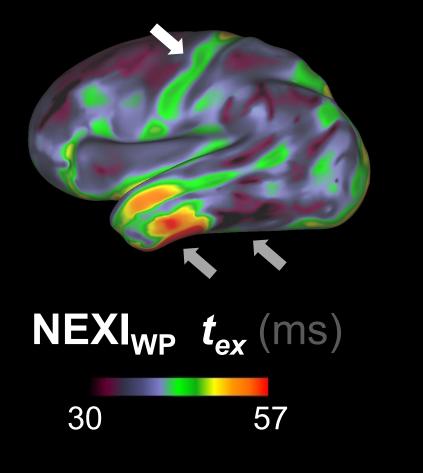


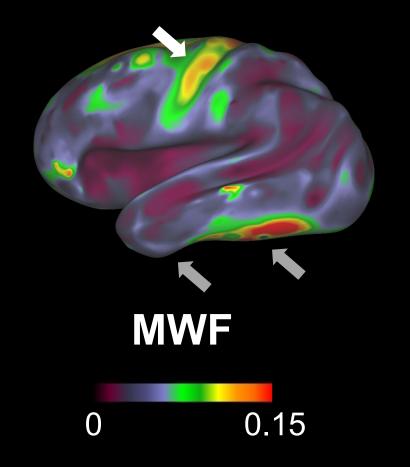
#### $NEXI_{WP}$ : r=0.79 (p=3e-14)





# Cortical maps from DKT-correlated parameters





# Take-home message

- The first NEXI parametric maps in the human cortex from a clinical scanner.
- $\triangleright$  For the microstructure parameter patterns, NEXI<sub>NPA</sub> is enough.
- For a more theoretically comprehensive approach, or studies with multiple scanners and different  $\delta$ , NEXI<sub>WP</sub> is more appropriate.
- $\triangleright$  Out of all NEXI parameters,  $t_{ex}$  correlates the best with a myelin quantification method.
- $\triangleright$  Our results are **consistent** with previous & ongoing studies. Notably, mean  $t_{ex}$  is around 40 ms, with a peak in the distribution around 10-15 ms.
- ➤ Good scan-rescan reproducibility + sensitivity to variations among subjects.



## Gray Matter Swiss Army Knife



















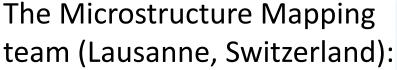
pip install graymatter\_swissknife

from graymatter\_swissknife import estimate\_model **estimate\_model**(model, dwi, b,  $\Delta$ ,  $\delta$ , noisemap)



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