

“SUCCESS IS KNOWING THYSELF”

AN EXPERT TALK BY DR. GEETHA RAMANUJAM

DATE – 20TH JUNE, 2023

ORGANIZING- ‘SPARK’, The IUCEE-RVCE STUDENT CHAPTER

An expert talk was planned to the students of **SPARK** mainly aiming to share the expertise of the experts and to motivate towards the betterment of their lives. The event started with a warm welcoming by the Dignitaries on the stage. The event began with a welcome speech by **Vice-Principal, Dr. K S Geetha**. She introduced us to our special guest **Dr. Geetha Ramanujan, Founder of GREI**. The event was then carried forward by our **Principal, Dr. K.N Subramanya** who addressed the gathering by praising the expertise and the works done by the Geetha Ramanujam Mam. After the address by the principal sir, our special guest took over the stage.



Dr. Geetha Ramanujam mam captured the attention of all through her mesmerizing words of wisdom, confidence and self-reliability to oneself which is utmost important. According to mam, indeed, knowing oneself is often considered a crucial aspect of achieving success. Understanding who we are, our strengths and weaknesses, and our values and aspirations, can provide a solid foundation for personal growth and accomplishment.

When we deeply understand ourselves, we can make more informed decisions about our goals and direction in life. We can align our choices with our core values and leverage our strengths to pursue meaningful endeavours. Knowing ourselves also helps us recognize our limitations and areas for improvement, allowing us to focus on personal development and acquire the necessary skills and knowledge to succeed in our chosen path.

Moreover, self-awareness enables us to navigate challenges and setbacks more effectively. By understanding our emotional triggers and patterns of behaviour, we can respond to difficulties with resilience and adaptability. We can identify opportunities for learning and growth in every situation, maintain a positive mindset, and use setbacks as stepping stones to future success.



Knowing our values, passions, and aspirations enables us to live a more authentic life. The success that aligns with our true self brings a sense of fulfilment and satisfaction. When our actions and goals are congruent with our core identity, we are more likely to experience a deeper sense of purpose and happiness.

Mam also emphasized on the timely completion of tasks and procurement of tasks is highly not commendable as it may lead to the delay in obtaining fruitful results. Mam gave her life examples and motivated students not to lose hopes and to be confident enough no matter what comes in life. Mam synthesized that hardwork is the key for success and having self-confidence is of utmost importance in one's life. Mam gave the example of how she interacts with her students and solves their issues and build confidence in them. The aspects which have to be highlighted in educating students were briefed to the teachers present and remarkable note given was the success is hidden in ourselves and we are the key openers of the lock towards success!!



In summary, while success can be defined in various ways, knowing oneself is fundamental. By gaining self-awareness, we can make better decisions, leverage our strengths, overcome challenges, build meaningful relationships, and pursue a path aligned with our values and aspirations. While knowing oneself is essential to success, it is also a lifelong journey. People grow, change, and evolve over time, so it's crucial to regularly engage in self-reflection and self-discovery to maintain a strong connection with oneself.

Lastly, we express our sincere appreciation to Dr. Geetha Ramanujam Mam for sharing her expertise, insights, and vision which was truly mesmerizing and undoubtedly an eye opener for the youths. An set of success was remarked in everyone hearts and build the synergy of enthusiasm towards achieving success.

