

Coaching Plan

Name: Stanley

Coach: Rajdeep Kaur

Position: Student at Conestoga college

Date of Plan: 7 July 2020

Coaching Plan

Current Situation (reason for coaching, starting point)

By observing the current situation, it can be evaluated that unannounced fire drilling created panic among the team. At first, nobody paid attention to the smoke in the working area unless Fire Warden gave hint to the receptionist. When smoke presence was felt, everyone started shouting and moving here and there without listening to anybody. No one was aware of emergency evacuation routes of the building. The team was not listening to the instructions given to them. One person named Stanley became unconscious. Thus, it can be seen from the current situation, that the team was not well prepared for this emergency, and if fire have had been exploded in real, nobody would have come out alive.

Goals (where do you want to end up?)

1. Aware the working team in the building about the location of assembly points and evacuation routes through maps and training.
2. Give the team knowledge about tools such as different fire alarms, fire detectors and fire extinguishers.

Dates and Locations of Coaching Sessions

Fire drilling coaching should be conducted every 3 months to make the team habitual of following proper and safe evacuation procedures.

First coaching session will happen on 7 July 2020 at 12 pm.

Location chosen for performing coaching session is ATS Building in Conestoga College, Doon campus.

Coaching Plan

Responsibilities

Rajdeep Kaur (Coach)	Stanley (Person being coached)
<ol style="list-style-type: none">1. Communicate to the team about the time when fire drilling will happen.2. Ensure everyone is at the assembly point after evacuation.3. Note down the time taken to evacuate the building and if any improvements need to be made.	<ol style="list-style-type: none">1. Attend and get involve in the fire drilling training session.2. Follow the instructions of the coach properly to carry out evacuation procedures precisely.3. Provide feedback to the coach if he comes across any obstacle while performing the fire drilling.

Evaluation Plan (how will we measure success?)

<ol style="list-style-type: none">1. Whole team is participating in the fire drilling activity.2. People react quickly to the fire alarm and start evacuating the building.3. Everyone is gathered at assembly points of the building by following the correct route.4. Time taken to evacuate the building is reduced.
--

Coaching Plan

References:

(2020, July 04). Retrieved July 04, 2020, from <https://conestoga.desire2learn.com/d2l/le/content/358312/viewContent/7390966/View>

(2020, July 04). Retrieved July 04, 2020, from <https://conestoga.desire2learn.com/d2l/le/content/358312/viewContent/7405037/View>

How To Conduct A Fire Drill At Work: A Step-by-Step Guide. (2019, October 01). Retrieved July 04, 2020, from <https://www.alertmedia.com/blog/how-to-conduct-a-fire-drill-at-work/>

Kilbourne, C. (2017, March 03). Fire Drills: Why, When, and How. Retrieved July 04, 2020, from <https://ehsdailyadvisor.blr.com/2010/09/fire-drills-why-when-and-how/>

Johan. (2020, July 02). Retrieved July 04, 2020, from <https://vimeo.com/136822167>