Cucumbers Recalled for Salmonella Contamination (May 2025)

Key Takeaways

- What happened: A multistate Salmonella Montevideo outbreak (26 cases, 9 hospitalizations) was traced to whole fresh cucumbers grown by Bedner Growers, Inc. (Boynton Beach, FL) and distributed by Fresh Start Produce Sales, Inc. fda.govfda.gov. An official recall was issued May 19–20, 2025.
- **Reason:** The cucumbers are contaminated with *Salmonella* (an organism causing diarrhea, fever, cramps) fda.gov cdc.gov. An FDA environmental sample at Bedner's farm matched the outbreak strain fda.gov.
- Who is affected: Illnesses (no deaths) have been reported in 15 U.S. states (including AL, CA, FL, NY, PA, TN, etc.) fda.gov fda.gov. The cucumbers were sold in Florida and via national distributors (including on cruise ships from FL) cdc.gov fda.gov.
- **Timeline:** Illnesses began in late April 2025 (last onset April 28), investigation followed by recall in mid-May. FDA/CDC confirmed the source and Bedner Growers voluntarily recalled all cucumbers sold April 29–May 14 at Bedner's Farm Fresh Market (FL) and to a wholesale distributor fda.gov fda.gov. The outbreak is ongoing as of May 20, 2025.
- **Public response:** CDC and FDA issued alerts advising businesses to stop selling the cucumbers and consumers to **discard** any suspect cucumbers cdc.gov fda.gov. Officials also recommend thoroughly washing surfaces and produce, and seeking medical care if sick.

Reason for Recall

Cucumbers are being recalled due to contamination with *Salmonella* bacteria (specifically *Salmonella Montevideo*) fda.gov fda.gov. Salmonella can cause foodborne illness with symptoms like diarrhea, fever and abdominal cramps cdc.gov. In this case, FDA traceback and testing found the outbreak strain on cucumbers from Bedner Growers' farm fda.gov. The recalled cucumbers have been **linked to the outbreak** through lab (whole-genome sequencing) and epidemiologic data cdc.gov fda.gov.

Products and Companies Involved

- **Bedner Growers, Inc.** (Boynton Beach, FL) the grower and recall initiator fda.gov. All affected cucumbers were grown at Bedner's farm.
 - Bedner's Farm Fresh Markets three retail locations in Florida (Boynton Beach,
 Delray Beach, West Palm Beach) where these cucumbers were sold between April 29 and
 May

14, 2025 fda.gov fda.gov.

- **Fresh Start Produce Sales, Inc.** (Delray Beach, FL) the distributor for Bedner's cucumbers cdc.gov. Fresh Start distributed the cucumbers to various retail and foodservice customers.
- Wholesalers/Restaurants: A wholesale distributor received these cucumbers and was instructed to notify its customers. Some cucumbers were served on cruise ships departing Florida ports cdc.gov fda.gov.
- Product description: Whole fresh (non-organic) cucumbers sold loose or in bulk. They may have been sold individually or in small packs labeled generically as "supers," "selects," or "plains" fda.gov cdc.gov. Because they bore no brand stickers or lot codes, identification relies on sale dates and locations fda.gov. No other brands or cucumber types (e.g. organic, sliced, mini) are included in this recall.

Geographic Scope

- **United States (15 states):** As of May 20, 2025, illnesses have been reported in **15 states**: Alabama, California, Colorado, Florida, Illinois, Kansas, Kentucky, Michigan, North Carolina, New York, Ohio, Pennsylvania, South Carolina, Tennessee, and Virginia fda.gov
- Florida focus: The contaminated cucumbers were sold only at Bedner's Farm Fresh Market stores in Florida (Boynton Beach, Delray Beach, West Palm Beach) and via Fresh Start nationwide. Because Florida ports served as embarkation points, some exposure occurred on cruise ships leaving Florida cdc.gov fda.gov.

 No international cases reported: To date, only U.S. cases have been linked to this

outbreak. (By contrast, a separate November 2024 cucumber outbreak had involved products from Mexico cdc.gov.)

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Timeline of Outbreak and Recall

- April 28, 2025: Onset of the first reported illness in this outbreak fda.gov.
- **Mid-May 2025:** State health departments and CDC detect an unusual cluster of Salmonella Montevideo infections. By May 16, 26 people in 15 states were confirmed ill fda.gov. FDA traceback identifies a common grower (Bedner Growers).
- May 19, 2025: Bedner Growers, Inc. *voluntarily* announces a recall of all cucumbers sold April 29–May 14, 2025 at Bedner's Farm Fresh Markets and to its distributor fda.gov fda.gov.

 On this date, CDC issues a public outbreak alert ("Businesses should not sell or serve" these cucumbers) cdc.gov.
- May 20, 2025: FDA publishes its Outbreak Investigation report and confirmatory case count (26 illnesses, 9 hospitalized) fda.gov. The recall notice is posted on the FDA website fda.gov. The FDA/CDC investigation remains ongoing.
- **Updates:** FDA and CDC continue to update guidelines and case counts on their websites as new information becomes available fda.gov fda.gov.

Health Risks and Reported Illnesses

- **Symptoms:** *Salmonella* infection typically causes diarrhea, fever, stomach cramps (6–72 hours after exposure) _{cdc.gov}. Most healthy people recover within 4–7 days.
- **Severity:** Vulnerable groups (children <5, seniors, immunocompromised) are at higher risk of severe illness. In rare cases Salmonella can invade the bloodstream, causing serious complications (arterial infections, endocarditis) fda.gov.
- **Outbreak strain:** The investigations identified *Salmonella enterica* serovar Montevideo as the outbreak strain. An environmental sample from Bedner's farm tested positive for this strain fda.gov.
- **Case count:** So far 26 cases linked to this outbreak have been reported fda.gov. Of 23 people with available data, **9 were hospitalized**; no deaths have been reported fda.gov. Among those interviewed, the majority (85%) had eaten cucumbers before falling ill fda.gov.

Related outbreaks: For context, a separate *Salmonella* outbreak in late 2024 (different strain) sickened 113 people and was linked to cucumbers from Agrotato (Sonora, Mexico) cdc.gov cdc.gov. The current outbreak is unrelated and involves a U.S. grower.

Official Response (FDA, CDC, State Agencies)

- **CDC Alert (May 19, 2025):** CDC posted an outbreak notice warning consumers and businesses that "whole cucumbers grown by Bedner Growers Inc. and distributed by Fresh Start Produce Sales Inc." should not be sold or eaten cdc.gov. The notice includes case counts and safety advice.
- **FDA Recall Notice (May 20, 2025):** FDA published the company's recall announcement for cucumbers sold April 29–May 14, 2025, explicitly listing the Farm Fresh Market locations and describing the recall scope fda.gov fda.gov. FDA's Outbreak Investigation page describes the product, case counts (26 illnesses), and provides cleaning/sanitizing recommendations fda.gov fda.gov.
- Local agencies: State health departments (e.g. Florida DOH) typically coordinate on investigations; to date official CDC/FDA sources summarize the key alerts. Retailers and restaurants have been urged to check receipts and distribution records and to contact customers if they sold the affected cucumbers.
- Public updates: Both FDA and CDC maintain updated web pages and FAQs on this
 outbreak, and both urge ongoing reporting of illnesses (via state health departments)
 fda.gov fda.gov fda.gov.

Consumer Guidance

- **Do not eat/sell recalled cucumbers:** If you purchased or have any whole cucumbers that could be from Bedner Growers (sold April 29–May 14 at Bedner's markets or via Fresh Start), **discard them immediately** cdc.gov fda.gov. Do not attempt to wash or eat them. Because the cucumbers had no identifying labels, throw out any cucumber if you are unsure of its origin cdc.gov fda.gov.
- **Check with restaurants:** If dining out, ask if the establishment's cucumbers were supplied by Bedner Growers or Fresh Start Produce. If unsure, do not consume salad or other dishes with raw cucumber cdc.gov.
- **Kitchen hygiene:** Wash and sanitize any containers, cutting boards, utensils, or surfaces

that may have come into contact with contaminated cucumbers cdc.gov fda.gov. Use hot soapy water or a dishwasher. Clean bulk produce bins before refilling, and alert customers if you are a retailer fda.gov.

Symptoms watch: Monitor for Salmonella symptoms (diarrhea, fever, cramps). Seek medical care if you experience severe symptoms (high fever > 102°F, bloody diarrhea, prolonged vomiting, dehydration) cdc.gov. Inform your doctor about possible cucumber exposure.

 Reporting illnesses: If you become ill with suspected Salmonella symptoms after consuming cucumbers, contact your healthcare provider and report it to your local health department.

Recall Details

- **Scope:** All whole fresh (non-organic) cucumbers grown by Bedner Growers, Inc., and distributed from April 29 through May 19, 2025 (by Fresh Start Produce) are included cdc.gov fda.gov. This covers cucumbers sold at Bedner's three Florida market locations between April 29–May 14, 2025 fda.gov.
- **Identifiers:** The cucumbers had **no brand stickers or lot codes**. The recall is therefore conducted by sale date and location fda.gov. Retailers labeled them generically as "supers," "selects," or "plains" (terms for size/quality), not by a national brand fda.gov.
- What to do with product: Consumers should throw away recalled cucumbers even if they appear unharmed cdc.gov. Restaurants and stores should wash bins and equipment and alert customers (post signs or emails) if they sold the cucumbers cdc.gov fda.gov.

Summary

A recent Salmonella Montevideo outbreak has been traced to Bedner Growers' cucumbers, prompting a voluntary recall and national alerts <code>cdc.gov fda.gov</code>. Twenty-six illnesses (9 hospitalized) have been reported across 15 states <code>fda.gov</code>. To protect public health, authorities emphasize throwing out any suspect cucumbers, thoroughly cleaning food-contact surfaces, and seeking medical help for symptoms <code>cdc.gov cdc.gov</code>. Consumers and businesses should follow the official FDA/CDC guidance and check for updates on these recalls at the CDC and FDA websites.

Sources: Official CDC and FDA outbreak and recall notices cdc.gov fda.gov cdc.gov, which include case counts, company details, and consumer advisories.

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Todas las fuentes

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