

Summary

The interviewee lives with his parents. The mother does almost everything in the household, but it is accepted by all members. They don't plan or track anything and they live very intuitively together. The interviewee thinks that an app wouldn't help them.

General Information

Do you work or study?

Study

Living situation

How many people do you live with?

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How long have you been in this living situation?

Since birth

What is your relationship with these people? (Family, shared apartment, colleagues, friends, partners)

family

How would you rate yourself on a scale from 1 (completely spontaneous) to 10 (everything planned)?

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Cohabitation/Communication

How would you describe your cohabitation?

Mostly harmonious, some problems with invoices, otherwise very peaceful

Is the cohabitation as you imagined it? (What is different?)

nothing envisioned, always better, but no reasons to complain

How would you describe the current communication in your living situation?

if someone goes, they say where, talk about the day and anything else, exchange verbally

Are expectations clearly communicated?

not really → more intuitive

How do you handle differing expectations?

How would you describe your relationships with your housemates?

good

How do you deal with conflicts?

talk, don't keep quiet, you may avoid each other for a while

How do you handle forgotten tasks?

rarely occurs with important tasks, other person is made aware of this

Are there any wishes you have regarding your communication?

No, communication is good

How do you handle shared spaces and tasks in your living situation?

Planning: talk to each other, no calendar, outings initiated by mother, but not so often (planning by mother)

Vacations: Mother plans everything, everyone decides when and where

Shopping: Father never, mother always (60% with me), mother asks for wishes, but I/father say if then, only snacks, shopping list exists, but not always shopping so exactly according to it

no garden

Craftsmen: will rarely call (if then mother or father)

Phone calls: whoever has the most time (accept whoever can), without a name on the phone display will not be accepted

Plants: no great care

Bills: Mother (wait as long as possible)

*Children: big enough

Household Work/Tasks

How is the household work divided?

Father does almost nothing, I do a bit more, mother does the most, without planning, except washing

Do you think the distribution of tasks is fair? Do others see it that way?

no, but everyone knows that

Are you supported?

yes, but mother not

How often do you notice things in the household that still need to be done?

sometimes

How do you deal with it?

do it yourself (e.g. if you have your own room then certainly do it yourself)

How is it handled when something isn't done satisfactorily?

Sometimes "anger" if something doesn't fit (if so, then dishes or bread crumbs) → guilty conscience

Personally (e.g., estimates, product opinions, etc.)

Are there things in the household or living situation that cause you stress?

no

Do you think of other reasons for mental load?

no

Can you estimate how large your share of the household planning is?

0 (but no big plan, except washing and that's not much planning)

Can you estimate how large your housemates' share is?

Father 0, mother registers in the laundry plan, shopping on Friday/Saturday, otherwise cleaning when dirty (i.e. no big plan)

Product

Have you ever tried to track your work in household planning?

Planning 0, therefore no

Do you think tracking mental load would be helpful?

No, the apartment is too small for that

What aspects would you find interesting to see or share with others?

nothing

Are there things that are often underestimated in task distribution?

Mother's work underestimated