

# Roque Andersson Benedet

Stockholm/Gothenburg, Sweden  
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## EDUCATION

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### Royal Institute of Technology

*Master of Science in Engineering, Engineering Physics*

**Stockholm, Sweden**

Aug 2022 –

### Sigrid Rudebecks Gymnasium

*Natural Sciences Programme*

**Gothenburg, Sweden**

Aug 2019 – Jun 2022

## PROFESSIONAL EXPERIENCE

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### S02 Swim Club

*Swim Coach*

**Gothenburg, Sweden**

Aug 2021 – Jun 2022

- Helped kids and teenagers in developing their swimming with a particular focus on technique.
  - Competitive swimmers:
    - Developed competitive swimmers' conditioning and technique.
    - Planned sessions with a thought out structure to take advantage of the time in the pool in the most efficient way.
    - Worked together with other coaches to plan and lead the sessions.
    - Had more responsibility regarding the swimmers' technique due to my own background in competitive swimming.
  - Younger swimmers:
    - Developed the children's confidence in the water with a particular focus on developing technique.

### Sigrid Rudebecks Programming Association

*President*

**Gothenburg, Sweden**

Nov 2021 – Jun 2022

- Planned programming sessions after school for students interested in programming at Sigrid Rudebecks Gymnasium.
  - Problem solving abilities:
    - Developed our ability to solve programming challenges as a group through teamwork.
    - Planned and worked on projects together with the other students.
    - Improved my own programming skills in python

## SKILLS

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**Languages:** Fluent in English, Swedish, and Spanish; Elementary proficiency in French.

**Interests:** Former competitive swimmer and interested in all things related to computers.